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Alexandria Gazette Packet

SENIOR LIVING
PAGE, 9

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MARCH 26, 2020



PHOTO BY JANET BARNETT/GAZETTE PACKET

A shopper wears a protective face mask while using self-checkout March 23 at the Giant grocery store on Duke Street.

The New Normal

City adjusts in wake of
COVID-19 mandates.

BY JEANNE THEISMANN
GAZETTE PACKET

The Royal Restaurant has weathered economic challenges before. Since opening in Old Town in 1904, it has maintained operations through two World Wars, the Great Depression and the more recent recessions of the 20th and 21st centuries. But the COVID-19 pandemic has altered life across the city for businesses and residents alike in a way never experienced in recent memory.

"No one expected this," said Chris Euripides of The Royal Restaurant. "I've had to cut some staff and no one likes to do that. But even though it would save some money, I won't completely shut down. I'm trying to get creative to keep people working, to keep paying them. They are like family."

Euripides and other business owners are adjusting to Virginia Governor Ralph Northam's executive order announced March 23 that mandates strict guidelines during the state of emergency due to the COVID-19 pandemic.

Executive Order 53 took effect at 11:59 p.m. March 24 and remains in effect through 11:59 p.m. April 23 unless otherwise modified. The order bans all gatherings of more than 10 people; closes non-essential recreation and entertainment businesses; permits food service establishments to remain open only for takeout and delivery; permits essential retail businesses to remain open only with social dis-

tancing and enhanced sanitizing practices; limits non-essential retail businesses to no more than 10 patrons per establishment with social distancing and sanitizing; and requires non-essential professional businesses to use telework as much as possible.

Businesses across the spectrum are being forced to modify services or close completely.

"We are taking this situation very seriously," said Scott Sanderford, managing partner of Everly-Wheatley Funeral Home. "Nothing is more important than the health and well-being of clients. Our associates are following all directives of the CDC and Virginia Department of Health and we are limiting gatherings to no more than 10 people. In making arrangements, we are trying to handle details over the phone or by email and fax but we want everyone to know that we are open and here for the community."

Law enforcement and first responders are also implementing procedural changes.

"We instituted changes four weeks ago by going in prevention mode," said Sheriff Dana Lawhorne. "All visitation to the detention center has ceased, new arrest protocols are in place, IT staff developed a system for virtual attorney visits, and our cleaning efforts have tripled. Our medical teams are monitoring our inmates and staff daily and we have worked with our judicial partners to reduce the jail population."

The most visible effects of the statewide mandates
SEE THE NEW NORMAL, PAGE 4



FILE PHOTO

The Eisenhower Avenue and Van Dorn Metrorail stations are among 17 stations closing effective March 26.

City, State Update Emergency Ordinances

**Metro reduces
service; city
COVID-19
cases hit 13.**

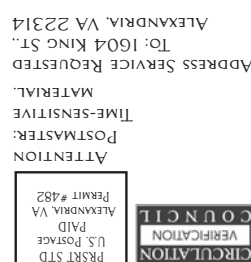
Virginia Governor Ralph Northam issued an executive order March 23 that detailed guidelines for social distancing amid the spread of the COVID-19 coronavirus. Alexandria City Council held an emergency meeting the following day to enact emergency ordinances that includes an extension for tax filings for local

businesses.

As of March 24, the Alexandria Health Department confirmed four additional cases of COVID-19, bringing the total to 13. AHD is contacting individuals who came in close contact with the confirmed cases and will test as needed. Alexandria Health Department continues to urge everyone to stay home except for essential trips such as food purchases and medical care.

**Governor's Order in
Effect March 24**

Northam's executive order,
SEE CITY, STATE, PAGE 10



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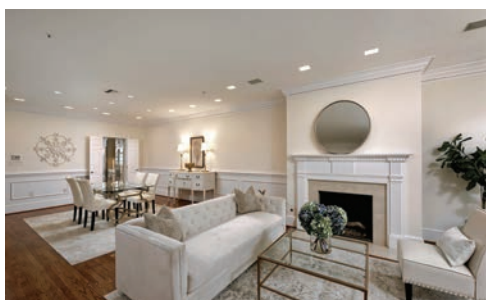
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Are Northern Virginia Hospitals Ready?

Projections show a critical lack of hospital beds and ICU beds.

BY MICHAEL LEE POPE
THE GAZETTE PACKET

Northern Virginia's health care system could be overwhelmed by an influx of patients infected with the novel coronavirus, according to an assessment from the Harvard Global Health Institute. The projections show hospitals in Fairfax, Arlington and Alexandria could quickly fill their available beds with patients, forcing administrators to either expand capacity or make the kind of life-and-death decisions about care that Italy has been forced into by the crisis.

"The numbers seem very daunting," said Thomas Tsai, assistant professor at the Harvard Global Health Institute. "Our goal was to motivate collective action so we are not making decisions when the epidemic is hitting individual hospitals."

One scenario presented by the institute paints a grim picture for the Arlington Hospital Referral Region, which includes Fairfax County and Alexandria. Assuming the virus infects 40 percent of the population and social distancing allows for the disease to be spread out over six months, more than 10,000 hospital beds would be needed to handle the crush of new patients. That's about 1,000 percent of available beds. Even if hospital administrators cancel most elective surgeries and double the number of beds available, that's still five patients for every hospital bed.

"Nobody really knows what the disease course is going to look like," said Tsai. "So it's important to stay grounded on what we do know, which is our bed supply and our ICU supply."

The data on intensive care unit beds is even more ominous, a particularly unsettling dimension of the projections because these are the patients who would need ventilators because of the intense respiratory problems associated with the disease. Under the scenario where the virus infects 40 percent of the population and social distancing allows for the disease to be spread out over a six-month period, more than 2,000 ICU beds will be needed. Even if most elective surgeries are canceled, according to the Harvard projections, that would still put the need for ICU beds at 700 percent. That's seven people for every available ICU bed.

"Our goal was to motivate collective action so we are not making decisions when the epidemic is hitting individual hospitals."

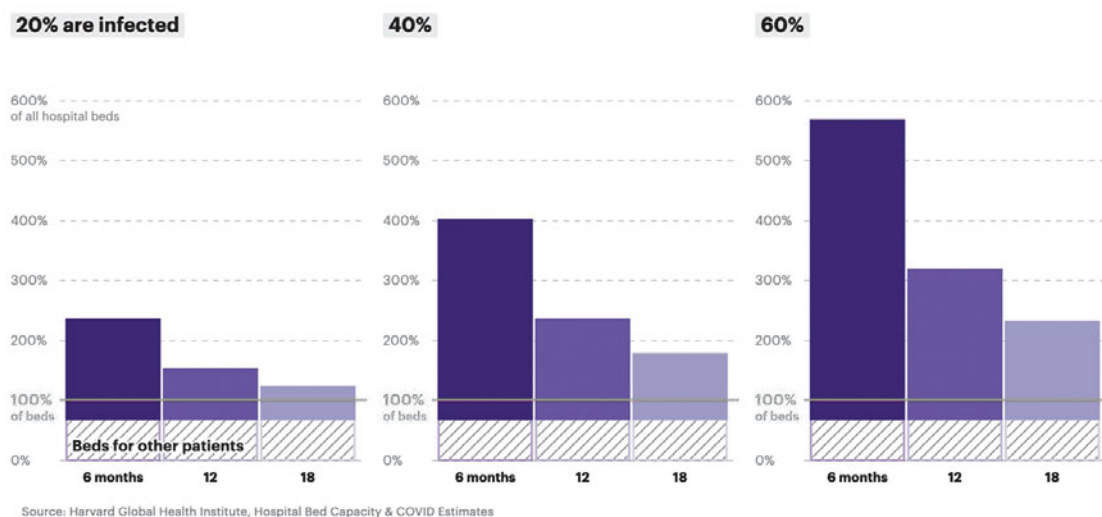
surgery centers for example, that are not counted in the hospital bed totals that could also be pressed into service in the event that there is a real medical surge issue here."

IF NO STEPS WERE TAKEN at social distancing, health experts say, the course of the disease would be about one month. That would totally overwhelm the system and create an unworkable crisis. Spreading the course of the disease out over six months would require a sustained effort at social distancing, an effort to flatten the curve that is still in the early stages.

"We are moving into a period of sacrifice," explained Gov. Ralph Northam as he cancelled all Virginia schools for the rest of the academic

According to the model, about a fifth of adults who are infected will need to be hospitalized.

This is how many hospital beds will be needed in Arlington, VA if infections are spread out over 6 months, 12 months or 18 months and...



GRAPH COURTESY OF PRO PUBLICA

having the way they are and that there's such an elevated panic."

HOSPITALS ACROSS VIRGINIA are taking steps to prepare for the potential crush of patients flooding their emergency rooms. Elective surgeries have been postponed or cancelled, placing a financial burden on the industry. Mary Washington Healthcare in Fredericksburg has already set up a field hospital, and other hospitals are exploring the idea of setting up their own field hospitals. The governor has also relaxed regulation on steps necessary to establish new hospital beds.

"During this public health emergency, government rules about establishing hospital beds are being relaxed," said Walker. "So all of the tools that are available are being explored and leveraged."

Walker also noted that the Virginia Healthcare Emergency Management Program was set up after 9/11 to prepare for a variety of public health emergencies. Participants include public health officials, state government leaders, the hospital community, first-responders and public-safety personnel. For more than 20 years, these groups have been engaged in strategic planning, operational planning, information sharing and resource coordination.

"The planning and prep work to respond to these situations is something goes on on a regular basis," said Walker. "And that kind of collaboration that has existed for the last 20 years is being brought to bear by assembling all of the stakeholders and assembling the resources to try to combat this head on."

year. "We all need to take care of each other from afar because social distancing is the only path forward."

Even if the course of the disease is spread out over 18 months, which would require a massive and unprecedented effort at social distancing, the predictive model still shows the system in Northern Virginia does not have enough capacity. Assuming every elective surgery is cancelled, doubling the availability of ICU beds, Northern Virginia will have a 150 percent need for ICU beds. That's two ICU beds for three patients who need respirators in September 2021.

"We are underprepared for this kind of an event," said Kevin Peach, chairman of the Local Emergency Planning Committee in Alexandria. "That's why people are be-

Spring2ACTion Set for April 15

COVID-19 outbreak prompts date change.

ACT for Alexandria has announced that Spring2ACTion, an online giving day originally scheduled for April 29, will now take place April 15 in an effort to meet immediate community needs in response to the COVID-19 outbreak. Early giving opportunities will begin April 3.

"Alexandria's nonprofits are on the front lines in responding to this public health crisis," said Heather Peeler, ACT for Alexandria President and CEO, in a statement announcing the change. "Like

many small businesses, nonprofits are facing an existential financial threat. Through Spring2ACTion they can raise the critical funds they need to purchase supplies, pay rent and reconfigure their programs and services to support our neighbors in need."

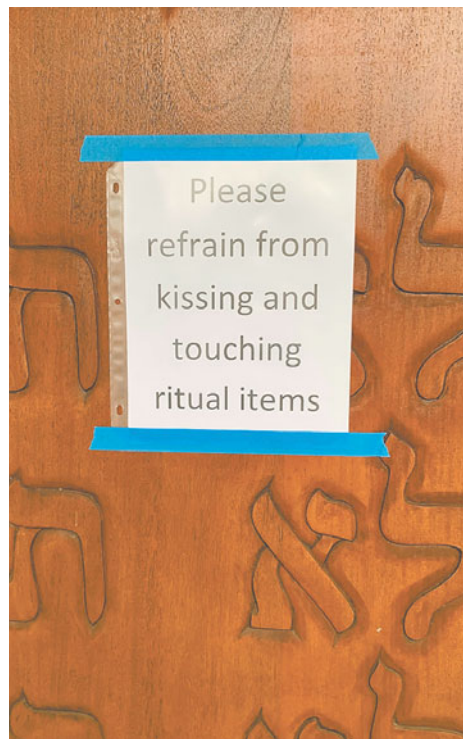
Since its inception in 2011, the online giving day has raised more than \$10 million for local nonprofits. Last year Spring2ACTion raised \$2 million and has set a goal of \$2.2 million for 2020. While Spring2ACTion has historically featured in-person events in addition to online giving, this year all activities will take place virtually.

For more information about Spring2ACTion, visit www.Spring2ACTION.org

The New Normal



Du Choe, owner of The Uptowner on King Street, will continue to serve take-out customers but has lost 80 percent of his business.



A sign at Agudas Achim Congregation.



Atlantis Restaurant in the Bradlee Shopping Center is open for take-out only.



An employee sanitizes empty shelves prior to restocking March 23 at the Giant grocery store on Duke Street.



Market Square stands empty on March 21, a Saturday morning that is usually bustling with Farmers Market vendors.

PHOTOS BY
JANET BARNETT
GAZETTE PACKET

FROM PAGE 1

are the empty streets of Old Town and Del Ray.

"King Street and Mount Vernon Avenue look like ghost towns, by design," said Bill Reagan, Executive Director of the Small Business Development Center. "We want people out of the flow so that the virus does not peak too heavily."

Reagan and Small Business Development Center staff are assisting small businesses in applying for Small Business Administration Economic Injury Disaster Loans, which were made available this week.

"About 90 percent of the businesses in Alexandria have fewer than 20 employees," Reagan said. "The most tangible thing a business owner can do today is apply for the EIDL. These are 30-year loans at 3.75 percent inter-

"Information is changing rapidly – a week ago seems like a month ago."

— SBDC executive director Bill Reagan

est with the first payment not due for a year. Additionally, the city is looking at what concessions it can make to ease the burden on businesses."

The Small Business Development Center has set up a COVID-19 Information and Resources page on its website to assist small business owners: www.alexandriasbdc.org

"We're really in the early stages of dealing with this," Reagan said. "Information is changing rapidly – a week ago seems like a month ago. The EIDL program might be what makes the difference in keeping people employed and businesses running for a while longer."

With restaurants under tight restrictions, some, like those operated by Alexandria Restaurant Partners, have temporarily closed their doors. The ARP group, which owns Vola's, Mia's Italian Kitchen, Riverside Taco, The Majestic, Lena's, Theismann's and Palette 22, is selling gift cards to raise money for an employee relief fund. So far more than \$30,000 has been collected and ARP has offered fresh produce, milk and toilet paper to over 80 employees free of charge.

Servers at Atlantis Restaurant in the Bradlee Shopping Center can come in for meals free of charge.

"Customers can get carryout and we are following closely the rules and regulations of the health department," said Atlantis owner Bill Patrianokos. "We are doing what we can and hoping for the best."

As the situation continues to evolve,
SEE THE NEW NORMAL. PAGE 5

WWW.CONNECTIONNEWSPAPERS.COM

The New Normal

FROM PAGE 4

Euripides is heartened by the way people are coming together during this unprecedented crisis.

“All across the country, we are seeing people working together,” Euripides said. “Detroit manufacturers are making ventilators, textile companies making masks. This is the America that I appreciate – Americans coming together to solve a problem. I hope and pray this comes and goes but we are in this together and will survive.”

A sign at the entrance to Everly-Wheatley Funeral Home reminds visitors of the state mandate limiting public gatherings to 10 people or less.

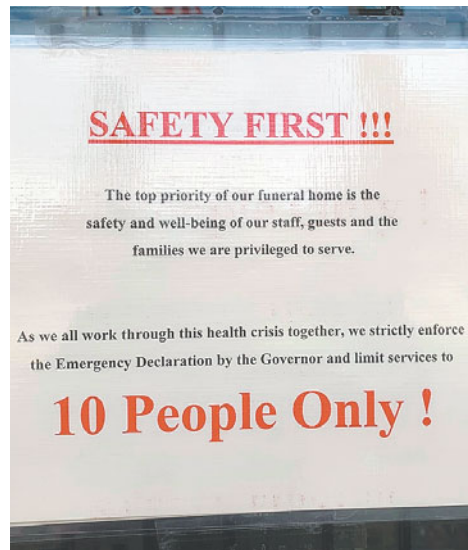


PHOTO BY JANET BARNETT/GAZETTE PACKET

ESSENTIAL BUSINESSES—these business may remain open during normal hours but are required to practice social distancing as much as possible and implement enhanced sanitization procedures:

- ❖ Grocery stores, pharmacies and other retailers that sell food and beverage products or pharmacy products, including dollar stores and department stores with grocery or pharmacy operations;

- ❖ Medical, laboratory and vision supply retailers;

- ❖ Electronic retailers that sell or service cell phones, computers, tablets and other communications technology;

- ❖ Automotive parts, accessories and tire retailers as well as automotive repair facilities;

- ❖ Home improvement, hardware, building material and building supply retailers;

- ❖ Lawn and garden equipment retailers;

- ❖ Beer, wine and liquor stores;

- ❖ Retail functions of gas stations and convenience stores;

- ❖ Retail located within healthcare facilities;

- ❖ Banks and other financial institutions with retail functions;

- ❖ Pet stores and feed stores;

- ❖ Printing and office supply stores; and

- ❖ Laundromats and dry cleaners.



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OPINION

Memories of Long Ago: Margaret V. Campbell Council

BY CHAR MCCARGO BAH

Leroy Council of Philadelphia became aware of Alexandria, Virginia through his mother's passionate love for the City of her birth. His mother, Margaret V. Campbell Council was born in Alexandria on April 19, 1917.

Margaret's mother, Ethel Slaughter, lived in the rural area of Orange County, Virginia, near the Rapidan River. She came to Alexandria to stay with relatives while she awaited the birth

of her first child Margaret. After she had Margaret, she returned home to Orange, Virginia. Margaret spent her first five years in Orange County in the household of her grandparents. When she was five, she and her grandparents migrated to Alexandria so Margaret could have better education. She started Parker-Gray School in 1922. By moving to Alexandria, her life changed forever.

Her mother Ethel migrated to Baltimore and then to Philadelphia for job opportunities. Margaret grew up in Alexandria with her loving grandparents, her uncle and aunt watching over her. Margaret and her grandparents first lived at 115 South Peyton Street.

Later in life, Margaret shared stories with her children about her life on South Peyton Street. In the rear of South Peyton was a large



dump, she and the neighborhood kids would put on their galoshes and get a stick to ward off the rats in the dump to search for keepsake items. She also told her children how she wrote letters for an elderly black man who owned a hotel at the corner of South Peyton Street. The man was the well-known hotel proprietor, Washington (Wash) N. Jackson, who owned one of the first black hotels in Alexandria.

Margaret had an excellent penmanship and she wrote all of Wash Jackson's letters. Mr. Jackson always wanted his letters to begin, "I take this golden opportunity to write to you." Margaret continued to write letters well into her adulthood using the style of writing that she learnt from Mr. Jackson.

Margaret witnessed a historical episode, one of the worst torna-

does to hit Alexandria. The tornado hit Alexandria and parts of Washington, DC in 1927. That storm destroyed Wash Jackson's hotel near King and South Payne Street. Margaret witnessed that destruction. She and her grandparents lived at 115 South Payne Street and Washington Jackson's hotel was near 105 South Payne Street. After the storm, her family moved to 419 South Alfred Street.

Margaret made some lifetime friends at school and had a lifetime education from her teachers. She was looking forward to graduating with her friends, but life dealt her a heavy blow. Her grandmother died in 1932 and Margaret was sent to Philadelphia to live with her mother.

Although she no longer lived in Alexandria, she communicated with friends and family who lived



in Alexandria. In 1935, she and her best friend from Alexandria decided to have a double wedding. Margaret married Charles Freeman Council and her best friend, Gertrude Thomas married her fiancé.

Over the years, Margaret frequently visited friends like Gertrude Thomas-Davis and Helen Anderson Miller, and her relatives in Alexandria. She had the opportunity to travel to Canada and Caribbean Islands. She spent 45-days in Germany visiting her son Leroy. Margaret continued to share her fond memories of her beloved City, Alexandria, with her children until the day she died. She had 13 children and 10 of them were living when she died in 1991 in Philadelphia at the age of 74.

Her memories of Alexandria live on in her son, Leroy.

LETTERS TO THE EDITOR

Potholes and Ruts

Dear Editor:

As I drive around Old Town, I continually encounter pot holes and ruts that have emerged over the winter. There seems to be more this year, which could be attributed to poor paving practices when completing construction work. Although I have not been the victim of a blown tire (or worse] to date, I am expecting that the front end of my car may need to be readjusted at my next service.

When I broached this subject with the City Manager his response was that he didn't agree with me. Well Mr. City Manager drive down Prince or Duke Streets or go to Del Ray on Commonwealth or just drive down any

street and you will see and feel the need for a needed increase in street maintenance. I have lived in Alexandria for 35 years and there is no doubt that our streets are in poorer shape now than at any other time during that period.

I am pleased to say that Alexandria has a pot hole repair number, and they are fairly responsive to requests for help. The City also has a repaving plan for its 550 miles of roads, which plans for fifty (50) miles each year. However, this is probably insufficient for this year's bumper crop of potholes and ruts. Hopefully the potholes and ruts will be repaired so that they do not reoccur.

I am sure that the City is overburdened this year with the pot-hole and rut situation. However, they need to dedicate more resources to the problem. Although it is a safety issue, it also has an

unequal social effect. I can afford to replace my tires, but what about those with limited means? This is a safety and social issue that needs the city's immediate attention.

Townsend A. "Van" Van Fleet
Alexandria

Poor Time to Raise Residential Taxes

With the economy entering into what could be a deep recession, private companies closing and their employees losing their jobs, this is a particularly poor time for the City of Alexandria to raise residential taxes by \$600 to \$9,240 for the average homeowner, while also increasing garbage collection

fees by almost \$50 or 12%, and raising stormwater fees by 4.5%.

The City Council should not raise the tax rate by 2.5 cents per \$100, but should seek to prune a plump operating budget that is scheduled to increase by 4.5% or \$35 million.

For starters, the Council needs to trim existing staff positions, rather than adding 34 additional employees. It should reconsider the proposed reduction in employee health insurance premiums from 20% to 15% and better target its across the board 1.5% hike in all city pay scales.

Further, the City has long had a history of gold plating most of its projects and should instead exercise better discretion in spending taxpayer money.

Tom Slayton
Alexandria



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NEWS DEPARTMENT:
gazette@connectionnewspapers.com

Editor & Publisher

Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Jean Card

Production Editor
jcard@connectionnewspapers.com

Jeanne Theismann

jtheismann@connectionnewspapers.com
@TheismannMedia

Janet Barnett, John Bordner,

Mark Mogle
Contributing Photographers
gazette@connectionnewspapers.com

Shirley Ruhe

Contributing Photographer and Writer
gazette@connectionnewspapers.com

Eden Brown, Michael Pope,

Hope Nelson
Contributing Writer
gazette@connectionnewspapers.com

ADVERTISING:

For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk

Display Advertising/National Sales
703-778-9444
debfunk@connectionnewspapers.com

Tara Lloyd

Display Advertising, 703-740-7128
tlloyd@connectionnewspapers.com

David Griffin

Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Classified & Employment

Advertising

703-778-9431

Publisher

Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Art/Design:

Laurence Foong, John Heinly,
Ali Khaligh

Production Manager:

Geovani Flores

Editor Emeritus:

Mary Anne Weber

CIRCULATION

Circulation Manager:

Ann Oliver
circulation@connectionnewspapers.com

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Buy a gift card to one of your favorite ALX restaurants or coffee shops	Re-watch the Washington Nationals win the 2019 World Series Championship	WASH YOUR HANDS	Practice social distancing on one of the local trails	Watch the Panda Cam courtesy of the National Zoo
Clean out your closet and donate clothes to the American Experience Foundation	Watch an NPR Tiny Desk concert	Re-watch the Washington Mystics win the 2019 WNBA Championship	Tour some of the Smithsonian Institution's collections in 3D	Set up a virtual happy hour with friends
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Commonwealth's Coronavirus Response

BY SEN. SCOTT SUROVELL

This week, I had planned to write about some of the major bills that we passed in the 2020 session of the General Assembly, but in light of the coronavirus risk and its impacts, I decided that updating the community on the Commonwealth's responses is a priority. Here is where things stand as of Sunday, March 22. Please keep in mind this will be published later and things change daily.

Multiple websites offer guidance and updates on the coronavirus and how to address it. The state's website is vdh.virginia.gov/coronavirus and I post daily updates on my blog, scottsurovell.blogspot.com.

I have spent most of the entire week home with my family like many other people. My law firm decided to remain open with a skeleton crew, four people versus 30 in the office every day, until further notice. I had my shift on Friday. Otherwise, I worked on my constituents' problems and my legal responsibilities from home and had some quality family time.

Coronavirus infections in Virginia continue to rise at a logarithmic rate. The increases on Saturday and Sunday were 37

percent and 55 percent over the prior day's total. The virus is continuing to expand its reach in Virginia at rapid rate and we still do not know the complete infection rate due to a lack of testing. The state and most of the rest of the country have moved beyond containment. We are now focused on mitigation.

Virginia Governor Ralph Northam requested our share of the national stockpile of personal protective equipment (PPE) early. Virginia received 10 percent of what we requested and that was 50 percent of the national stockpile. The country was clearly unprepared.

The state government has been requesting test kits, but the reagents for the kits are in limited supply as 50 states and 130 countries chase the same materials and our existing laboratory capacity is insufficient to process large volumes of tests. We have asked our university medical centers to step up their capacity to process tests. So far, the University of Virginia was able to help, but they are only able to process 80 tests per day starting this past weekend.

Again, the country was unprepared for this even though we had around 60 days to prepare for it before it arrived in the U.S. On Feb. 26, the President said we had 15 cases in the United States and that "within

a couple of days is going to be down close to zero." That is a quote.

Here is a summary of some of the major actions taken by the state of Virginia:

The Governor has prohibited from being in the same place at once. This means that gatherings of more than 10 people at most restaurants, churches and other places cannot occur. A violation is a Class 1 misdemeanor.

The state has extended the deadline to file and pay your state taxes from May 1 to June 1. We could not extend it 90 days like the federal government due to implications for the next fiscal year that begins July 1. (The federal government extended the deadline for paying 2019 federal taxes to July 1, 2020.)

The state has extended all deadlines to renew state vehicle licenses and state vehicle inspections by 60 days. Both Fairfax County and Prince William Police Departments have indicated that they will not enforce violations of overdue vehicle licenses and inspections during that period.

The state has cancelled all remaining Standards of Learning Tests and is seeking a waiver from the U.S. Department of Education which requires the test.

The state received an Economic Injury

Disaster Loan declaration which makes small businesses eligible to apply for loans of up to \$2 million each.

Unemployment claims spiked by 1,500 percent last week after 30,000 applications came in. Virginia has eliminated the one-week waiting period; expanded eligibility to those who are quarantined, sick or caring for a child whose school or childcare was closed; and eliminated the requirement to continue seeking work.

The State Corporation Commission granted Attorney General Mark Herring's petition to prohibit utilities from terminating utility services for 60 days.

The state Supreme Court has extended all filing deadlines for any proceedings to April 6 and most area courts have continued all cases until after that date. That has effectively temporarily postponed all eviction cases, for a short period of time.

We are still assessing the impact of the coronavirus pandemic on the state budget. It will be significant.

Strong, clear, consistent federal leadership in this crisis is critical and that has been lacking. In its absence, your state officials will continue to step up, but this is a national problem that requires national solutions. If you have any feedback, please email me at scott@scottsurovell.org.

City of Alexandria Facilities Closed, or Open by Appointment Only

To promote social distancing during the COVID-19 coronavirus pandemic, all City of Alexandria facilities are now either closed to the public or open by appointment only, until

further notice. Customers may call 311 or 703-746-4311 to request in-person information or service. If the request cannot be resolved over the phone or online, the customer will be accommodated in

person if possible.

"As we continue to do our part to slow the spread of COVID-19 in our area, the City is enhancing its social distancing measures by limiting access to City facilities,"

said City Manager Mark Jinks. "While these measures are intended to respond to staff shortages and the Governor's call to avoid non-essential gatherings of more than 10 people, City government remains operational and we will do our best to serve customers through alternate means."

All City recreation, nature and art centers; museums and indoor historic sites; and library branches are closed to the public. All other facilities, including City Hall, are open by appointment only. City officials will continuously re-evaluate these plans based on the status of the outbreak and guidance from the Alexandria Health Department. Facilities that are not closed may have modified hours of operation. More information on closures, cancellations and other operational changes can be found at alexandriava.gov/Coronavirus.

Residents, businesses, and visitors who need to access City services may use alternate means in order to complete necessary transactions, including the following examples:

- ❖ Over 175 City services are available through Alex311 on the web at alexandriava.gov/Alex311; via the Alex311 app for iOS or Android; at @AlexandriaVA311 on Facebook or Twitter; or by calling 311 or 703.746.4311, weekdays from 7 a.m. to 7 p.m. and Satur-

days from 8 a.m. to noon. Voicemail is available after hours and during heavy call volume, and messages will be returned.

- ❖ Facilities will be open to the public for in-person meetings of City Council or boards or commissions as required by state law. However, the public is strongly encouraged to follow meetings at alexandriava.gov/Dockets rather than attending in person. Check the City Calendar in advance of a public hearing for ways to participate online or by phone.

- ❖ The City will continue to maintain its multi-departmental "virtual" Permit Center in City Hall while the physical center is limited. The Permit Center allows customers to obtain construction-related permits and development review.

- ❖ Customers may make payments for taxes, fees, guest permits and parking citations through the City's online payment portal, by mail (City of Alexandria, PO Box 1423 Alexandria, VA 22313-1423), or by using the 24-hours payment drop box on the Royal Street side of City Hall for checks and money orders (no cash). For questions about payments, contact the Treasury Division at payments@alexandriava.gov or call 311.

- ❖ Voters are encouraged to re-SEE CITY OF, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM



PHOTO BY JANET BARNETT/GAZETTE PACKET

Alexandria Rotary Club members Pam De Candio and Connie Hammell, center, pose for a photo after receiving a certificate of membership in the Paul Harris Society, which supports the Rotary Foundation, March 3 at Belle Haven Country Club. With them are Rotary District 7610 Foundation Chair Ronnie Chantker, left, and Michael Arietti.

SENIOR LIVING

Protecting the Vulnerable

‘Social distancing’ for the sick, seniors.

BY JEANNE THEISMANN
GAZETTE PACKET

As “social distancing” becomes the new normal, those most vulnerable during the COVID-19 pandemic are also those that still need human interaction and extra care: those of any age with compromised immune systems and seniors over the age of 60.

With Virginia Governor Ralph Northam urging all residents to remain in their homes during the state of emergency, many seniors, particularly those in senior living facilities, are being cut off from family members and friends.

“Our visitation protocol changed on March 13,” said Lindsay Hutter, Chief Strategy and Marketing Officer of Goodwin House International. “The only individuals permitted access on campus are residents, staff members and essential contractors and health care providers. Family members can only visit if it is an end-of-life circumstance. We feel this is the best way to prevent the coronavirus from entering and spreading on our campuses.”

In implementing infection precaution measures, Hutter said that Goodwin House is equally focused on sustaining the quality of life for its residents.

“We have been quickly springing into gear to find ways to sustain the physical, emotional, spiritual and mental health of our residents,” Hutter said. “We want everyone to remain well in mind, body, soul and spirit.”

Goodwin House suspended communal dining two weeks ago and implemented social distancing in its public spaces. Residents are able to pick up meals or have them delivered.

“We are 100 percent laser focused on the health of our residents and the staff who serve them,” Hutter said. “This is a time of community spirit and every day we are humbled by the sense of family with our residents and staff.”

Dr. David Weintritt, founder of the Alexandria-based National Breast Center Foundation, is continuing to see patients but encourages individuals to call their doctor before making an in-person visit.

“Not just in my field, but in all fields,” Weintritt said. “Sometimes a simple answer can be provided by phone. We don’t want to expose health care providers or patients to unnecessary risk. We also need



PHOTO CONTRIBUTED

Food bags are assembled for distribution to Goodwin House employees experiencing immediate financial hardships.

to preserve critical resources.”

All elective surgical procedures have been suspended across the state but any new diagnosis or a suspicious mammogram will be given priority.

“I can imagine how much this new situation weighs on someone whose immune system is already compromised by chemotherapy or another illness,” Weintritt said. “Resources like ours are still open and functioning so people should not be afraid to see a doctor. It’s hard to write a playbook for something that has never occurred before but we are doing the best we can in this new reality.”

“This is a time of community spirit and every day we are humbled by the sense of family with our residents and staff.”

— Lindsay Hutter of Goodwin House International

Mitch Opalski of Synergy Home Care says his challenge is in regulating visitors for clients.

“Our clients are ideally situated since they are already needing home health care,” Opalski said. “Right now we are recommending clients shutout visitors. We want to protect both the client and the caregiver.”

Hutter said she expects the infection precautions to remain in place for the foreseeable future, but that Goodwin House is undertaking efforts to support the

1,000 employees whose family may have been affected by job loss or salary reductions.

“Goodwin House is undertaking extensive efforts to support its employees whose spouses, partners and immediate family members have lost their jobs due to the pandemic or need to stay home to care for children due to school closings,” Hutter said. “The Goodwin House Foundation is offering grants to staff who need emergency financial assistance and Goodwin House Incorporated prepared and distributed 400 bags of basic food supplies for workers experiencing immediate financial hardships. We all want to come out of this on the other side healthy and strong.”

These are extraordinary times and our hearts go out to everyone impacted directly or indirectly by this unprecedented challenge.

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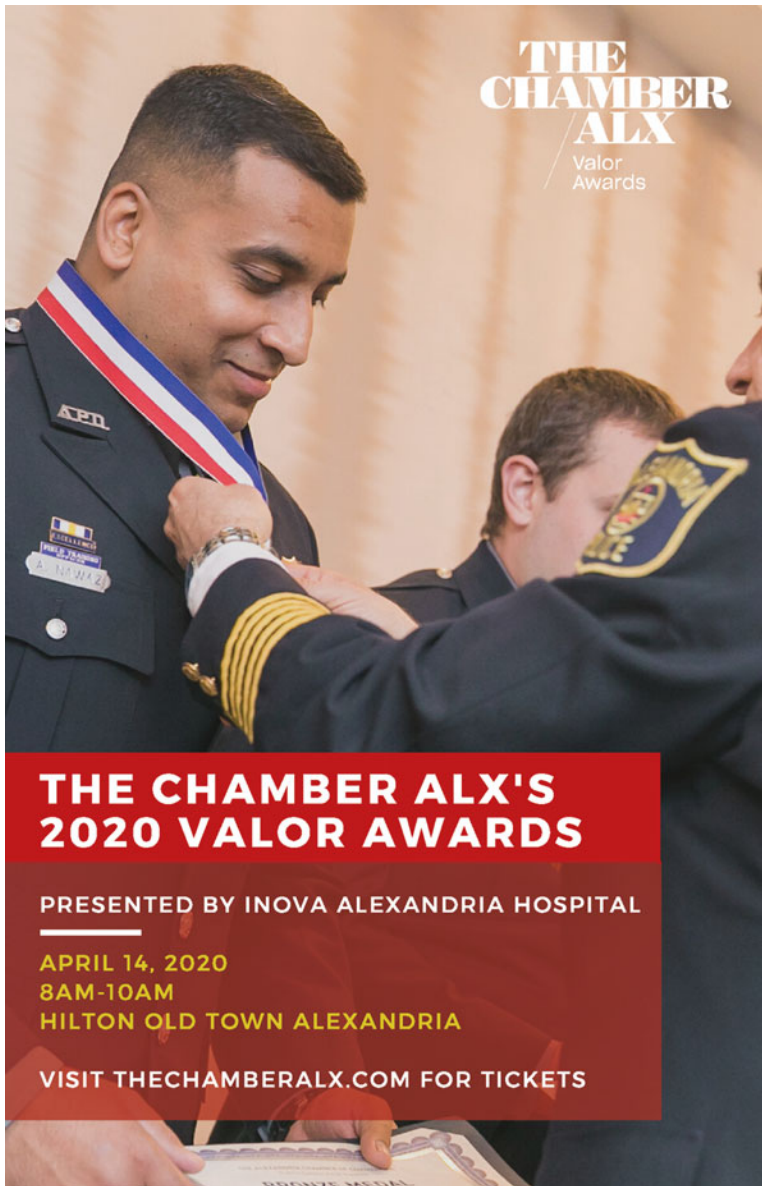
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NEWS

City, State Update Emergency Ordinances

FROM PAGE 1

which is in effect through April 23, bans all gatherings of more than 10 people, including for church services, and closes non-essential recreation and entertainment businesses; permits food service establishments to remain open only for takeout and delivery; permits essential retail businesses to remain open only with social distancing and enhanced sanitizing practices; limits non-essential retail businesses to no more than 10 patrons per establishment with social distancing and sanitizing; and requires non-essential professional businesses to use telework as much as possible.

City Council Adopts Emergency Ordinances

City Council unanimously adopted emergency ordinances and resolutions to implement procedures to ensure continuity of city government and modify public meeting procedures and other public practices; enacted a moratorium on penalties and interest and extended to June 30 the deadline for businesses to file hotel, short-term homesharing and restaurant meals taxes; and changed the filing schedule for quarterly business license taxes, business personal property taxes and elderly and disabled tax relief applications.

ALIVE! Saturday Food Distribution

On Saturday, March 28, ALIVE! will distribute free food for Alexandria residents in need from 8:30 a.m. to noon, or until supplies run out, in the parking lots of John Adams Elementary School (5651 Rayburn Ave.) and Cora Kelly Elementary School (3600 Commonwealth Ave.) Drive-through pickup is preferred. Each car will be eligible to receive one bag per family member; no more than four bags per vehicle.

AHDC Raises Funds to Avoid Home Loss

The Alexandria Housing Development Corporation (AHDC), which operates seven affordable housing developments, is accepting donations to help vulnerable residents avoid losing their homes. AHDC is also temporarily waiving late fees and evictions and helping residents make affordable payment plans. The organization's goal is to raise \$100,000 for the fund.

Metro Reduces Services; Closes Eisenhower Avenue and Van Dorn Street Stations

Effective March 26, Metro will close 17 of its 91

Metrorail stations, including Eisenhower Avenue and Van Dorn Street. The public is urged to only use Metro services if absolutely necessary.

If You Have Symptoms of COVID-19

The most common symptoms of COVID-19 are coughing, fever of over 100.4 F, and shortness of breath. If you are concerned you may have COVID-19, call your primary care physician to ask whether you should come for an exam or test before visiting in person. Most people with COVID-19 recover on their own at home and do not need testing or treatment. Anyone with symptoms of respiratory illness should isolate themselves; avoid contact with other people; wash their hands frequently; and disinfect surfaces regularly.

Protect Yourself and Others, Especially Vulnerable Community Members

❖ Wash Your Hands. Rub hands together with soap and water for at least 20 seconds.

❖ Use Hand Sanitizer. If you can't wash your hands, use hand sanitizer that contains at least 60 percent alcohol as you would wash your hands, rubbing them together for 20 seconds.

❖ Don't Touch Your Face. Avoid touching your eyes, nose and mouth with unwashed hands.

❖ Stay Home. If you are feeling sick, stay home. If you are well, avoid close contact with people who are sick.

❖ Use Your Elbow. Cough and sneeze into your elbow, not your hand. Alternatively, cough or sneeze into a tissue, then throw the tissue in the trash and wash your hands.

❖ Disinfect Surfaces. Clean and disinfect frequently touched objects and surfaces.

❖ Manage Stress. The Center for Disease Control recommends taking breaks from exposure to the news; take deep breaths or meditate; try to eat healthy; get sleep or rest; make time to do activities you enjoy; and connect with others to share your feelings.

To receive text message alerts from the City related to COVID-19, text ALEXCOVID19 to 888777. For more information about the COVID-19 coronavirus, visit alexandriava.gov/Coronavirus. For questions about COVID-19, call the Alexandria COVID-19 Information Line at 703-746-4988, weekdays from 9 a.m. to 6 p.m. Virginia residents can also call the Virginia Department of Health public information line at 877-ASK-VDH3.



CALENDAR

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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City of Alexandria Facilities Closed

FROM PAGE 8

quest absentee ballots online from the Virginia Department of Elections, and residents not currently registered to vote are encouraged to register to vote online through the Virginia Department of Elections. For questions about registering or voting, call 311 or 703.746.4311.

❖ With ongoing concerns about evictions, foreclosures, and housing insecurity during this difficult time, the Office of Housing will be available for questions by calling 311 or 703.746.4311. Information on Office of Housing services and programs, including contact information for each specific service or program, is available on the City's website.

❖ The Office of the City Attorney offers online options for requests for public records and requests for review of parking citations.

❖ The Office of Human Rights will continue to receive and investigate complaints of discrimination under the Alexandria Human Rights Code and applicable federal and

state laws. The Office of Human Rights enforces antidiscrimination laws in the City by investigating alleged discrimination in the areas of employment, housing, public accommodations, health and social services, education, credit and retaliation. Residents who suspect they are being illegally discriminated against can continue to call 311 or 703.746.4311, or fill out an intake form on the City's website.

❖ Candidates for City government jobs may continue to apply for employment on the City's website.

For more information about the COVID-19 coronavirus and how you can help protect yourself and those around you, visit alexandriava.gov/Coronavirus. For questions about COVID-19, call the Alexandria COVID-19 Information Line at 703.746.4988, weekdays from 9 a.m. to 6 p.m. Virginia residents can also call the Virginia Department of Health public information line, 877.ASK.VDH3, for questions about the novel coronavirus situation. If you have chest pain or shortness of breath, call or text 911.

BULLETIN BOARD

Any events meant to be conducted in person will likely be cancelled. Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

COVID-19 CLOSURES

Virginia Gov. Ralph Northam this week announced a number of COVID-related actions that impact Fairfax County and the entire Commonwealth, including:

❖ All schools (public and private) to remain closed at least through the end of the academic year. Fairfax County Public Schools is still considering

SEE BULLETIN, PAGE XX

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APRIL 1, 2020

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Every 10 years, the US Census counts every resident in the United States. Participating in the Census brings resources into your community and guarantees you and your household will have fair representation in government.

For more information, visit alexandriava.gov/Census2020.




HOW THE U.S. CENSUS AFFECTS YOUR COMMUNITY

 **SERVICES**
Funds our roads, schools, SNAP, CHIP, WIC, school lunches, and other programs.

 **COMMUNITY FUNDING**
The Alexandria loses \$1,200 per year for every person missed on the Census.

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Informs the City's planning for transportation, housing, schools, and emergency response.

 **REPRESENTATION**
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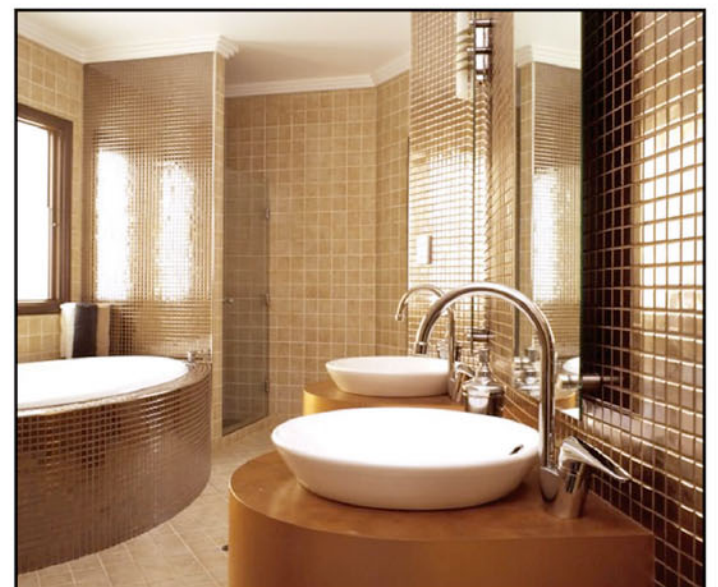
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ENTERTAINMENT

Restaurants Offering Takeout, Delivery Options During Pandemic

By HOPE NELSON

As the effects of the covid-19 pandemic continue to bear down on Alexandria, the city's restaurants are pivoting with the times (and the orders of city and state government). Just like that, gone are the days of loitering at a table in an eatery's dining room; in are the days of curbside pickup and delivery. And, thanks to some new regulations by the city government, restaurants can also offer beer, wine and cocktails for carryout or delivery (within VABC parameters, of course).

This week's "Appetite" column is less of a column than it is a listing of some – but decidedly not all – restaurants offering up delivery or carryout options in the face of the pandemic. From bagels in the morning to margaritas with dinner, the area's eateries have you covered.

Please note that while these listings are accurate as of press time, the landscape is changing quickly, so give restaurants a call or check out their social media pages before making a special trip.

Aslin Beer Company: Aslin's West End tasting room is closed, but the brewery is keeping the beer flowing with curbside pickup and home delivery. During tasting room hours, simply order and pay via Aslin's website and set a pickup time; or, for orders greater than \$75, request delivery to your home for an additional \$10 fee. <https://www.aslinbeer.com/online-ordering>

Chop Shop Taco: Let the taco shop make dinner for you and the family with Chop Shop Home Meals. Simply order the meal – which is suitable for a half-dozen

people and includes a quart of pork posole, a half-pound of chorizo-beef, a half-pound of chicken and all the side items – online and set your pickup time. Each order comes with a \$25 gift card – and two rolls of toilet paper. <https://www.chopshoptaco.com>

Elizabeth's Counter: The new plant-based outpost, which recently began its transformation from Sugar Shack, is offering in-store pickup as well as delivery. Order your meal online at <https://www.elizabethscounter.com/> for pickup, or order through UberEats for delivery.

Holy Cow, Pork Barrel BBQ and The Sushi Bar: The trio of restaurants situated next to each other on Mount Vernon Avenue offers tented curbside pickup. Order your meal online and then arrange a time for contactless pickup. Reach all three restaurants by going here: <http://www.holycowdelray.com>

Hops n Shine: Hops n Shine is offering a very limited number of dine-in tables as well as carry-out food and beer. Bring your growler for a fill-up or take home cans from the restaurant. Want to stay home instead? Order through Grubhub. <http://hopsnshine.com>

Jeni's Splendid Ice Cream: Order four or more pints of Jeni's ice cream, and the shop will deliver to your home. Or pick up a pint to go from the shop – order online before you head over. <https://jenis.olo.com>

Lost Boy Cider: Alexandria's only cidery is offering curbside pickup for both six-packs well as 19-ounce stovepipes. Order online and arrange a pickup time between 11 a.m. to 3 p.m. daily. <https://lostboycider.com>

lostboycider.com

Lost Dog Café: Order ahead and pick up your pizza – or sandwiches, or beer – from Lost Dog, or select delivery and have the goodies come to you. <https://www.lostdogcafe.com/>

Michael's Little Italy: Want to be pampered like a VIP? Choose the best table in the house at Michael's Little Italy – which is, incidentally, now the *only* table in the house. Reserve the table and feast on a private chef's dinner with wine pairing for two (\$200). Each reservation the restaurant receives will be matched and a second one given to two people who work in Old Town's hospitality industry. The restaurant's takeout menu and family meals are also on offer; delivery is available via Slice or UberEats. Call 703-548-9338 or visit the website at <https://www.michaelslittleitaly.com/temporarymenu>

Misha's Coffee: Misha's has switched over to carryout-only as self-distancing has taken its course, and it's also offering mail-order coffee beans. Visit the shop's website to place an order. <https://mishascOFFEE.com>

Port City Brewing: Port City's tasting room is closed during the self-isolation, but its curbside pickup business is picking up speed.

Order your beer ahead of time, set a pickup time and then swing by the brewery to snag your order without ever leaving your car. <https://www.portcitybrewing.com/events/curbside-pickup-at-port-city/>

Spice Kraft: The beloved Indian restaurant in Del Ray is offering both curbside pickup and delivery, along with a gift certificate special: Purchase a \$100 gift certificate and get an extra \$10 certificate, or buy a \$50 certificate and get \$5 extra. <https://www.spicekraftdelray.com>

Table Talk: Right now, the diner-style restaurant on Duke Street is earmarking 100% of all profits from curbside and takeout orders to support Table Talk's employees. Call 703-548-3989 to arrange curbside pickup. For delivery, order through UberEats, Grubhub or DoorDash.

Taqueria Poblano: Did someone say margaritas? Si, si! Taqueria Poblano is now offering take-home margaritas to accompany your dinner. Order from the eatery's full menu – and take advantage of the city's revised alcohol-sale policies if you're so inclined. Call 703-548-8226 to order.

The Italian Place: Belly up to the window for pick-up service. Pack a picnic of sandwiches, desserts and maybe even a soup and enjoy the springtime weather from an appropriate social distance. Order online or at kiosks at the shop. <https://theitalianplace.com>

Yunnan By Potomac: North Old Town's noodle shop is offering takeout with curbside pickup while its dining room is closed; restaurant delivery is an option for a very limited immediate area. For homes outside the immediate area, order delivery from UberEats, Doordash or GrubHub. <https://www.yunnanbypotomac.com>

Hope Nelson is the author of "Classic Restaurants of Alexandria" and owns the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

CALENDAR

Editor's Note: Be aware that most events could be cancelled as precaution to the spread of COVID-19. Please check before heading to events. Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

NOW THRU APRIL 4

"By the Seashore." Wednesdays thru Saturdays, 10 a.m.; 10:30 a.m.; 11:30 a.m. At the Convergence Main Building, 1801 N. Quaker Lane, Alexandria. "By the Seashore" takes us on a magical journey to a place children love to visit — the beach! Young audience members are invited to explore all the amazing things we find on the shore, in the ocean, and in the sky; from birds and fish, to sand and water, and everything in-between. Using an imaginative mix of puppetry, movement, and sound, this sensory-filled production is specifically designed for babies and young toddlers. Tickets are \$8. Discounts for groups and active duty military families are

available. Purchase tickets here: <http://www.artsonthehorizon.org/by-the-seashore-2020> or call 571-549-1270.

NOW THRU APRIL 19

"Henry the Fifth." Presented by Brave Spirits Theatre at the Lab at Convergence, 1819 N. Quaker Lane, Alexandria. The final chapter of The King's Shadow is about to begin. "Henry the Fifth" completes the first season in Brave Spirits Theatre's two-year project to stage Shakespeare's eight history plays about the Wars of the Roses. Tickets are \$35. Visit www.bravespiritstheatre.com

NOW THRU APRIL 25

High School Art Exhibit. At The Gallery @ Convergence, 1801 N. Quaker Lane, Alexandria. The Alexandria All City High School Art Exhibition hosted by the Convergence Arts Initiative returns for its fifth year. 2020's experience will feature over 90 Alexandria high school students representing six high schools including public, private, and independent spanning 10 different mediums of art. Returning for 2020's collaborative event are students from

LIKELY CANCELLED

Bishop Ireton, Episcopal High School, T.C. Williams, St. Stephen's and St. Agnes School, Commonwealth Academy, and The Howard Gardner School. Each year, these exhibits are overwhelmingly successful in bringing together students and faculty from the city of Alexandria's high schools for a friendly and collaborative event focused around the arts.

NOW THRU APRIL 26

Tell Me a Story Exhibit. At Del Ray Artisans Gallery, 2704 Mount Vernon Ave., Alexandria. Narrative art tells a story, either as a moment in an ongoing tale or as a sequence of events unfolding over time. In the "Tell Me a Story" exhibit, visual art and literary works will take you on an imaginative journey. Visit: www.DelRayArtisans.org/event/tell-me-a-story

NOW THRU MAY 31

"Looking Up" Art Exhibit. At the Veterinary Clinics of America Alexandria Animal Hospital, VCA Alexandria, 2660 Duke St., Alexandria. This exhibit features artwork by local artists depicting

objects seen above our horizon, as well as artwork that creates an optimistic or uplifting response, conveys an inspiring message, or represents an aspirational goal or standard. Artwork by Del Ray Artisans members. Details: DelRayArtisans.org/exhibits/gww

THURSDAY/MARCH 26

Key Success Factors For Sales & Business. 12-1:30 p.m. At Intelligent Office of Alexandria, 2800 Eisenhower Ave., Suite 220, Alexandria. Steve Smith, owner of a Fairfax Sandler Training Center, will discuss key factors for achieving success in sales and business. Topics will include the Success Triangle of Behaviors, Attitude and Techniques, the Sandler Selling System, and the interaction of buyers and sellers. Cost is \$20. Call 703-224-8800.

FRIDAY/MARCH 27

Mt. Vernon Swing Band. 7:30-9:30 p.m. At Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Live music and dancing presented by the Hollin Hall Senior Center Advisory Council. Cost is \$4 at door. Open to the community.

MARCH 27-28

Spring Children's Consignment Sale. 9 a.m. to 8 p.m. At Cameron United Methodist Church, 3130 Franconia Road, Alexandria. Come shop on Friday, March 27, from 9 a.m. to 8 p.m. and Saturday, March 28, from 9 a.m. to noon. Many items are half price on Saturday. To become a seller, email: CUMC.CCS@gmail.com.

SATURDAY/MARCH 28

Past Lives Workshop. 1-2:30 p.m. At Sacred Circle Books, 919 King Street, Alexandria. Ever wonder if you have lived before? You are invited to experience an engaging and highly participatory workshop that explains the need for many lifetimes in Soul's evolutionary journey and offers take-home techniques for recalling your past lives. This workshop is sponsored by Eckankar, The Path of Spiritual Freedom. Open to the public, free of charge. Call 703-916-0515 or visit www.eck-va.org/local-events/ and select Northern Virginia on the left.

OBITUARY

John William Griffin Jr.

March 11, 1972 - March 5, 2020: John William Griffin Jr. of West Hartford, CT died at home with family and close friends after an extended yet valiant battle with cancer on March 5, 2020. John was born in Washington, DC to Carolyn Johnson Griffin and the late John William Griffin. He grew up in Alexandria, Va., and graduated from Episcopal High School (Alexandria) and Wesleyan University with a degree in Modern European History in 1994. In both high school and college he played varsity football and lacrosse, and he was a member of Delta Kappa Epsilon fraternity.

After college he worked in New York City at Chemical Bank, Bear Stearns, Lazard Freres, Credit Suisse First Boston (also in London), UBS Securities, and Numerix, handling the post-bankruptcy of the estate of Lehman Brothers Holdings. He moved to Hartford ten years ago to work for the Hartford Investment Management Co. in Risk Management. He was a featured speaker at many financial conferences during that time.

John is survived by his mother, and three sisters, Jennifer Griffin (Greg Myre), Caitlin Penny (Carlos Penny) and Cassie Gordon Grant (Conrad Gordon Grant), his beloved nieces and nephews, Annalise, Amelia and Luke Myre, and Lachlan Gordon Grant, and cousins.

His many friends in Hartford, New York City and Virginia will always remember his wry wit, outsized personality, and his kind and gentle soul. In lieu of flowers please consider a donation in memory of John's name to The Prevent Cancer Foundation www.PreventCancer.org.

BULLETIN BOARD

FROM PAGE 11

- some form of continuity of learning for its students. The School Board will meet in an emergency session on March 23 to discuss further.
- ❖ Restaurants may only provide curbside, takeout or delivery service.
 - ❖ Recreation and entertainment facilities like gyms, bowling alleys and theaters must close.
 - ❖ Personal care services like spas, massage parlors and barber shops must close.
 - ❖ Essential businesses such as grocery stores, pharmacies and banks may remain open while maintaining social distancing guidelines; grocery stores must increase sanitizing procedures.
 - ❖ Non-essential brick and mortar establishments can stay open if they can maintain the 10-person limit, otherwise, non-essential businesses must close.
 - ❖ Gatherings of more than 10 people are still banned across Virginia.

SEE BULLETIN, PAGE 14

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Obituary

Elaine Elizabeth Vosburg (nee Fredricks), 93, passed away in Alexandria, VA on March 21, 2020. Elaine was married to the late Karl William "Bill" Vosburg for fifty-eight years. Elaine is survived by four of her six children: Linda Marie Javorski (Joe), Carol Ann Horn (John), Elizabeth Louise Welsh (Mark), Pamela Jeanne Tirrito (Bob). She was predeceased by her daughter, Trisha Marie Knuth (Tim), and her son, John Jay Vosburg (Ellen).

Elaine had 17 grandchildren, Jennifer Marino, Jamie Deppe, Joseph Javorski, Kathryn Coneway, Kimberly Fazio, Brian Horn, Mark Welsh, John Welsh, Matthew Welsh, Elizabeth Welsh, T.J. Knuth, Billy Knuth, Patrick Knuth, Robert Tirrito, Christopher Tirrito, and Michael Tirrito. She was predeceased by her granddaughter, Brianne Marie Knuth. Elaine also had twenty-three great grandchildren.

Born in New York City, Elaine graduated from Cathedral High School in New York. After graduation she worked for IBM. She met Bill Vosburg during WWII. Bill grew up on a dairy farm in East Smithfield, PA, joined the US Navy, and was sent to Navy Flight Engineer School in Jackson Heights. He served in the Pacific and they married right after the war. After his discharge from the Navy, Bill became a flight engineer for American Airlines. His first assignment was Boston, Ma and they bought a small Cape Cod house in Natick. Later Bill was transferred to New York and they settled in Oyster Bay where they raised their growing family.

Once the children left home, and Bill retired, they started spending their winters in Naples, Florida. They lived in a golf community six months of the year and thoroughly enjoyed the golf, the beach, and many good friends. They also loved to travel and visit their children and grandchildren both here and abroad.

Elaine was an award winning artist who painted over 200 works in oil and acrylics. Her paintings reside in the homes of family and friends throughout the United States. She won numerous awards for her paintings to include the prestigious Salmagundi award. Her subjects are varied and include florals, sailing ships, grandchildren, country scenes, and still life.

Elaine was a devout Catholic. She attended mass and was active in the choir and guild of St. Dominic Church in Oyster Bay for much of her life. After moving full time to Naples, FL, she became actively engaged in all aspects of the golf community, from fashion shows and golf events to beautification projects and art shows. Those who knew Elaine knew of her love for Bill, her family, the beach, birds, seashells, and flowers. She was a beautiful, creative soul with boundless energy, enthusiasm, and a love for life that will continue to live on in her children, grandchildren, and great grandchildren.

A memorial service and Arlington burial will be scheduled as soon as the current restrictions are lifted.

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SUMMONS

CIVIL (ORIGINAL)

IN THE SUPERIOR COURT OF THE VIRGIN ISLANDS
DIVISION OF ST. THOMAS AND ST. JOHN

RC ST. THOMAS, LLC,

Plaintiff,

Case No. ST-13-CV-239

vs.

ACTION FOR DEBT AND FORECLOSURE OF REAL PROPERTY, and MORTGAGE

PHILIP N. PILGRIM, CHARLES W. FERREL, JOHN AMARI, RICHARD AMARI, and Heirs at Law of NORMA J. AMARI, deceased, and her unknown heirs, devisees, grantees, assignees, lienors, creditors, trustees, or other claimants; and all parties having a claim, right, title or interest in the property herein,

Defendants.

TO: Richard Amari, Defendant
ADDRESS: 2121 Jamieson, Apt 502
Alexandria, VA 22314

Within the time limited by law (see note below) you are hereby required to appear before this Court and answer to a claim filed against you in this action. In case of your failure to appear or answer, judgment by default will be taken against you as demanded in the Complaint for **ACTION FOR DEBT AND FORECLOSURE OF REAL PROPERTY MORTGAGE**.

Witness my hand and the Seal of the Court this 25th day of February, 2019.

ESTRELLA GEORGE
Clerk of the Court

By:

Deputy Clerk

Richard P. Farrelly, Esq.
Birch, de Jongh & Hindels, PLLC
Poinsettia House at Bluebeard's Castle
1330 Estate Taarnejerg
St. Thomas, USVI 00802
Telephone: (340) 774-1100/Telecopier: (340) 774-7300

NOTE: The Defendant, if served personally, is required to file his/her answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the Plaintiff's attorney within twenty (20) days after service of this Summons, excluding the date of service. If served by publication or by personal service outside of the jurisdiction, the Defendant is required to file his/her answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the attorney for the Plaintiff within thirty (30) days after the completion of the period of publication or personal service outside of the jurisdiction.

Risking a Reward

By KENNETH B. LOURIE



In my 11-plus years as a lung cancer "diagnossee," I've done a pretty good job of facing the facts and acting/planning accordingly. I've accepted my reality and somehow managed to live so long beyond the original "13 month to two year" prognosis I was given by my oncologist that he has introduced me to some of his students as his "third miracle." Unfortunately, this characterization is not the end of the story.

In retrospect, dealing with/being treated for one type of cancer (non small cell lung cancer) seemed easy enough. Soon, I'll be getting treated for two types of cancer: papillary thyroid cancer stage 2, in addition to my pre-existing stage 4 lung cancer. And since the treatments are not identical and cannot occur simultaneously, I'll be receiving treatment for my thyroid cancer first and deferring treatment for my lung cancer until at least mid April. That's when I have my next scheduled appointment with my oncologist when no doubt we'll discuss strategy and all treating me forward.

In the interim, to address the thyroid cancer, I will be spending a night at the Washington Hospital Center. This will occur after I receive a dose of radioisotopes, a type of nuclear medicine designed to target and kill any remaining thyroid cancer in my body wherever it might be located. What happens after my "overnight" and subsequent follow-up appointment with my endocrinologist has yet to be discussed. What little I know is that I'll need a pre- and post-procedure CT scans and that upon release from the hospital, I'll need to be quarantined for a few days (away from children and pets primarily).

Hoping my body responds as anticipated, I'll presume there will be some kind of maintenance-type of treatment for my thyroid cancer which will likely be combined with the restart of my lung cancer treatment. But I don't really know. But what I really do know is that doctors, generally speaking, don't want to consider scenarios about what might happen if such and such or so and so happens, or not. Though I'm sure there's a reasonable expectation of something or other happening, my experience has been that doctors divulging what might happen (treatment/procedure etc.) next, since there are so many variables/results yet to be considered, is unlikely. Though I will still ask my fair share of questions about my future, ultimately, all I can do is wait and see.

Ordinarily, as in how I've managed since my diagnosis, being uncertain about the next medical step has been no problem. I realize that answer would likely be somewhere between a house of cards and definite maybe anyway, always depending. Now add to the mix of uncertainty, the coronavirus that has "pandemicked" the country. As a result of its spread, will I be prevented/rescheduled because the hospitals are overwhelmed? After all, I am the poster child for possible victims: male, over 60, weakened immune system with a severe underlying medical condition. I'm the exact person they don't want to see at the hospital. Yet, if I don't go/receive approval to go, I doubt I'll get any better at home without treatment. In my case, I don't believe leaving well enough alone is going to work very well.

Still, my choices feel almost counterintuitive. I have to risk my life (leave my home) in order to possibly save my life (cancer treatment) away from home. I can't do one without the other. To receive treatment, I'll have to expose myself, potentially, to the exact complication that my lung cancer diagnosis makes me most susceptible to: breathing issues. However, if I don't/can't, I'll be worse off than if I hadn't. Nor do I feel as if I can wait until the virus is more under control. Control which seems unlikely in the near term. And in every term (short, medium or long), the cancer is not going to wait. I sure hope I won't have to either.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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BULLETIN BOARD

FROM PAGE 13

COVID-19 UPDATES

Support for local businesses and food access — Effective March 19, the City of Alexandria has suspended enforcement of certain regulations and special use permit conditions that limit hours of operation, deliveries, off-premises alcohol sales, and outdoor sales and dining. The suspended enforcement is intended to support local businesses and access to food. The order from the Governor and the State Health Commissioner issued on March 17, which prohibits restaurants, fitness centers, and theaters from operating with more than 10 customers present, remains in effect. Violation of the order is a criminal offense. Visit Alexandria has a list of local restaurants and shops with options available, including carryout, delivery, gift cards, and virtual tours.

GUIDANCE FOR CHILDCARE

On March 18, the Virginia Department of Social Services issued guidance that classroom childcare centers should limit capacity to 10 individuals per room to include staff. Parents looking for child care that remains open should call 866-KIDS-TLC.

KING STREET TROLLEY

The King Street Trolley has started running mostly non-trolley DASH buses. Due to their single door for boarding, smaller passenger compartments, and high number of passengers per trip, trolleys require passengers to sit closer together than they would on a typical transit bus. Larger buses will provide more opportunity for social distancing.

AVOIDING SCAMS

Phone and email scams are on the rise. You may receive fake phone calls or emails that will try to trick you into revealing sensitive information or donating to fraudulent charities or causes, or malicious attachments or links to fraudulent websites. Exercise caution with any email that includes a COVID-19-related subject line, attachment, or hyperlink, and be wary of social media pleas, texts, or calls related to COVID-19. Obtain information directly from official sources such as alexandriava.gov/Coronavirus, vdh.virginia.gov, and cdc.gov.

PUBLIC PLAY SPACE CLOSURES

To encourage social distancing and slow the spread of the COVID-19 coronavirus, the City of Alexandria and the Alexandria City Public Schools (ACPS) have closed the following public play spaces until further notice:

- ❖ Recreation, nature and art centers
- ❖ Playgrounds
- ❖ Fenced fields
- ❖ Fenced basketball and tennis courts
- ❖ Fenced dog parks
- ❖ Park amenities, including restrooms and parking lots

All unfenced parks, trails and fields remain open to the public. The City, ACPS and AHD believe that safe, socially distant opportunities for exercise are crucial for our community, to maintain both physical and mental health. Patrons are urged to practice social distancing and wash their hands or use a hand sanitizer containing at least 60% alcohol, to protect themselves and others. Signage with these guidelines is being posted at play areas.

Visit alexandriava.gov/Recreation for a complete list of City recreation facility and service adjustments, and acps.k12.va.us/coronavirus for details about ACPS facilities and services.

ALEXANDRIA REC AND PARK ADJUSTMENTS

The Charles Houston and Patrick Henry Recreation Centers will now be closed through April 10 beginning Monday, March 23. Visit alexandriava.gov/Recreation for the complete list of service adjustments.

- ❖ All recreation programs, classes, activities, sports leagues, Out of School Time programs and Spring Break camps are suspended through April 10.
- ❖ All private facility and picnic rentals are suspended through April 10.
- ❖ All reservations and registrations are suspended until at least April 1.
- ❖ The following facilities are closed through April 10: Jerome "Buddie" Ford Nature Center; Chiquapin Park Recreation Center & Aquatics Facility; Mount Vernon Recreation Center; Leonard "Chick" Armstrong Recreation Center; William Ramsay Recreation Center; Nannie J. Lee Recreation Center; Oswald Durant Center; and Charles Barrett Recreation Center.

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Woodley Hills | \$685,000

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www.robinarnoldsells.com



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