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A Maryland restaurant owner stopped by to measure the Grab and Go banner posted outside Duck Donuts at Harrison Shopping Center in Arlington. "It looks like the right size for my restaurants in Maryland."



Big Wins for Clean Economy From Local Efforts

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Gutshall Resigns

PAGE 2

Picture This:
Grab and Go

PAGE 4

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CLASSIFIEDS, PAGE 6

PHOTO BY SHIRLEY RUHE/ARLINGTON CONNECTION

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NEWS

Gutshall Resigns from County Board

Arlington County Board Vice-Chair Erik Gutshall today announced on Facebook that he is resigning from the Board, after undergoing treatment for brain cancer for the past month. Gutshall said he will be quarantining with his family at their home.

"Thank you for all the support that you've given me over the past month as I undergo treatment for brain cancer," Gutshall posted. "My family and I really appreciate all the kind words and encouragement while I've been dealing with this sudden, difficult diagnosis. As a result of this health issue, it saddens me deeply to announce my resignation from the Arlington County Board. I decided to run for elected office because I believe in the power of community voices to make a difference in our County. Serving Arlington for the past 2+ years as a Board Member and many years before that as a Planning Commissioner has been an incredibly rewarding experience. I've had the honor of working side-by-side with many Arlingtonians who always inspired me to work harder and to do more. I will miss working with my County Board colleagues, whom I hold in the highest regard. Even though this is a particularly difficult time for our County and country, I know that I'm leaving this position in very capable hands.

"For now, I'm looking forward to quarantining at home with my wife Renee and our children. I thank you all for putting your

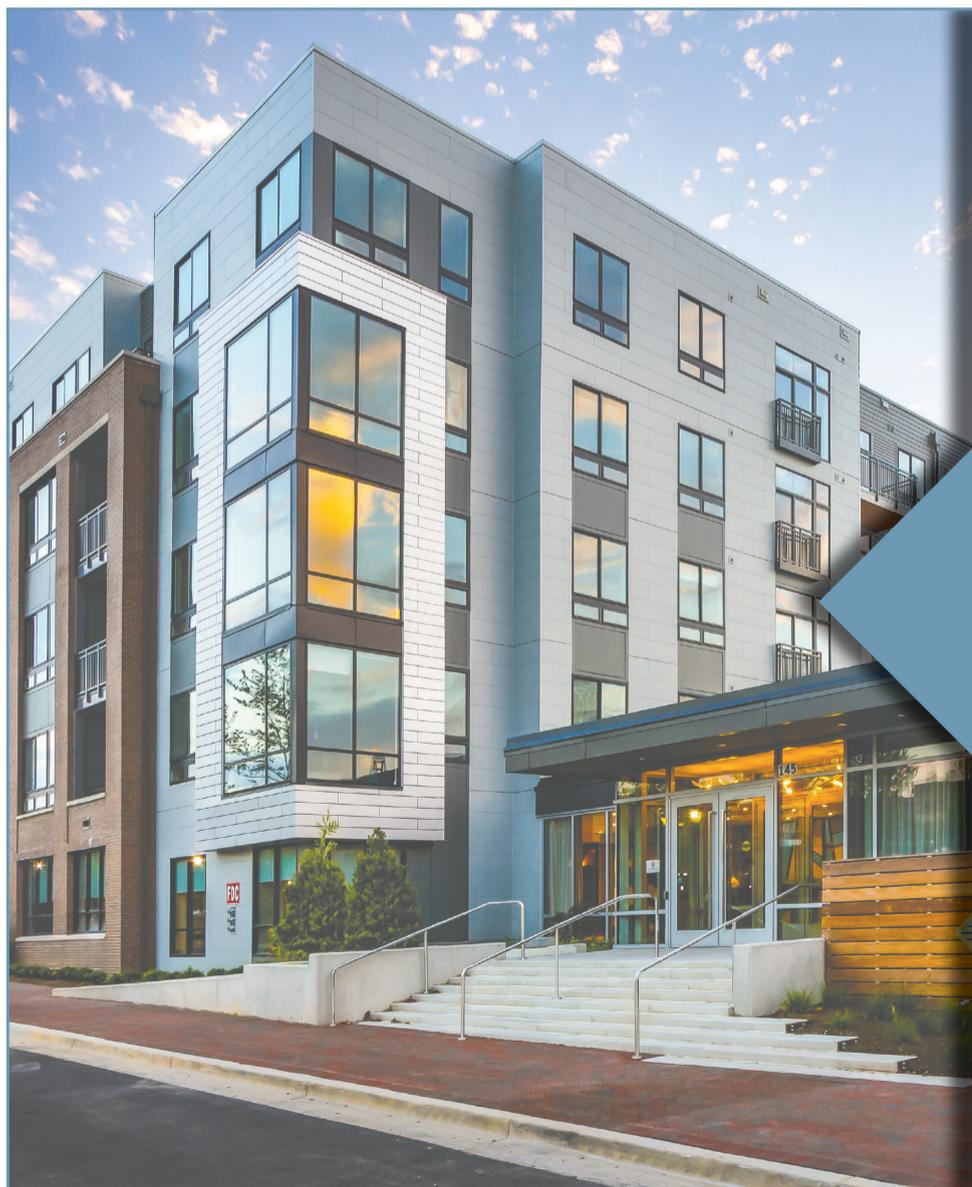
trust in me. It has truly been an honor to serve you. With highest regards, Erik Gutshall."

Gutshall was elected to the County Board in 2017, after Chairing the Planning Commission. He represents Arlington on several regional bodies.

"We are deeply, deeply saddened by Erik's resignation from the County Board this afternoon for health reasons," County Board Chair Libby Garvey said. "As they have been for the past weeks, our hearts continue to be with Erik and his family. Erik's statement reflects who he is, identifying his belief in the power of our community and focusing on the critically difficult time we are in as a County and as a country. We have missed Erik's presence with us at this critical moment in Arlington's history, and we will continue to miss him. We ask that you join us in continuing to support Erik and his family during this difficult time and send messages of love and appreciation for his work and friendship."

Garvey said the Board would welcome well wishes from the community for Gutshall and his family and will pass along any messages sent to the Board office: CountyBoard@arlingtonva.us

The Board will consult with the County Attorney about the next steps, as required under Virginia law, for holding a special election to replace Gutshall on the County Board.



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Local Activists Helped Pass a Stronger Virginia Clean Economy Act

Not the Green New Deal, but it's a beginning, local leaders say.

BY EDEN BROWN
THE CONNECTION

Arlington, McLean, Vienna, Alexandria, Reston, and Springfield activists were all smiles on March 6, when the General Assembly passed Senate Bill 851 calling for Virginia to pursue a clean economy. Making clean energy a priority was a long term goal for the Sierra Club, Audubon Society, VADE, We of Action Virginia, the Virginia Grassroots Coalition, and other climate change activists. This was their chance to pass a bill, after democratic victories in the last election tipped the balance in favor of more progressive legislation in Richmond.

The Virginia Grassroots Coalition's Climate Change Working Group played a major role in pressuring representatives in Richmond to pass the strongest Virginia Clean Economy Act possible.

Sharon Shutler of Arlington and co-chair Chris LeMenestrel of McLean were indefatigable in the weeks leading up to the Virginia Assembly's vote on the Virginia Clean Economy Act. They, and fellow activists in the Climate Action Group — Kathie Hoekstra, Nancy Nadjarian, Kathleen Nawaz, Rose Fabia, organized members of their groups to write letters and make phone calls, to text and to tweet, crucial delegates and senators, reminding them this is an issue with local consequences.

Audubon lobbyists mobilized members to take more than 400 actions by submitting petitions and making calls to legislators, advocating for their support on the clean economy act.

The day before the final vote, the Governor's office helped facilitate a House version of the bill with better provisions regarding State Corporation Commission oversight, energy efficiency, and rate payer protections.

Del. Rip Sullivan's (D-48) substitute bill — raising the efficiency goal to 5 percent (it had been 2.5 percent), calling for 100 percent clean energy by 2045 (it had been 2050), calling for greater SCC oversight, and promoting

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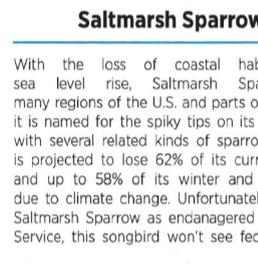
Climate Vulnerable Birds in Virginia

Released in October 2019, the National Audubon Society's latest climate report, **Survival by Degrees: 389 Bird Species on the Brink**, revealed that two-thirds of North American bird species are at risk of extinction from climate change, including nearly **70 species in Virginia**. The good news is Audubon's science shows that if we take action now we can help improve the chances for **76% of species at risk** across North America. We know what to do to protect the birds we love and the places we all need now and in the future.



Cerulean Warbler (*Setophaga cerulea*)

Surveys show strongly declining numbers of Cerulean Warblers in recent years. The sky-blue upperparts of the male Cerulean Warbler are difficult to observe in summer: At that season, the birds stay high in the tops of leafy trees in the eastern United States and extreme southern Canada. The bird itself has become harder to observe in recent decades, as its numbers have decreased in parts of its range. Based on Audubon's climate science, the Cerulean Warbler is projected to lose 98% of its current summer range nationally and nearly all of its range in Virginia if global temperatures rise 3°C.



Saltmarsh Sparrow (*Ammospiza caudacuta*)

With the loss of coastal habitat and major threat of sea level rise, Saltmarsh Sparrows have declined in many regions of the U.S. and parts of Virginia. A bird of the coast, it is named for the spiky tips on its tail feathers which it shares with several related kinds of sparrows. The Saltmarsh Sparrow is projected to lose 62% of its current winter range nationally and up to 58% of its winter and summer ranges in Virginia due to climate change. Unfortunately, due to a delay to list the Saltmarsh Sparrow as endangered by the U.S. Fish and Wildlife Service, this songbird won't see federal protections anytime soon.



Red-headed Woodpecker (*Melanerpes erythrocephalus*)

Once very common throughout the east, Red-headed Woodpeckers have been decreasing in numbers for years, and recent surveys show that this trend is continuing. Under a 3°C warming scenario, the Red-headed Woodpecker is projected to lose 94% of its summer range nationally, including nearly all of its current summer habitat in eastern and central Virginia. Often conspicuous because of its strong pattern, harsh calls, and active behavior in semi-open country, it tends to occur in small colonies. Although it migrates only short distances, little groups of migrants may be noticeable in early fall and late spring.



Photos, top to bottom: Frode Jacobsen/Shutterstock; Joesboy/Stock; Kathryn Keith/Audubon Photography Awards

increased competition had some risks. The House of Delegates passed Sullivan's substitute 53-45 and as activists were massing in Richmond on March 6 to remind state senators of how important this bill was. It passed the Senate, bringing Virginia "one step closer to leaping from the back of the pack to being a leading state on clean energy," Sullivan said.

"The VCEA will accelerate creating thousands of new jobs while spearheading action on climate change."

Alfonso Lopez (D-49), an advocate of the bill, said, "After nine years in the House of Delegates, I can say this has been the most rewarding year."

The local activists who travelled to Richmond made the rounds to senators to thank them for their support of the bill, stopping in to see Sen. George Barker (D-29), Alexandria; Lynwood Lewis (D-6); John Bell (D-58) and others.

Shutler of Arlington and LeMenestrel of McLean and their team had performed an important role: they helped clarify issues for supporters of the bill and they engaged in legal analysis helpful to those who had to make a decision.

House Bill 167, which passed, says the utilities would only be able to recover the cost of new fossil fuel infrastructure (including pipelines) if they can justify that the cost is lower than other types



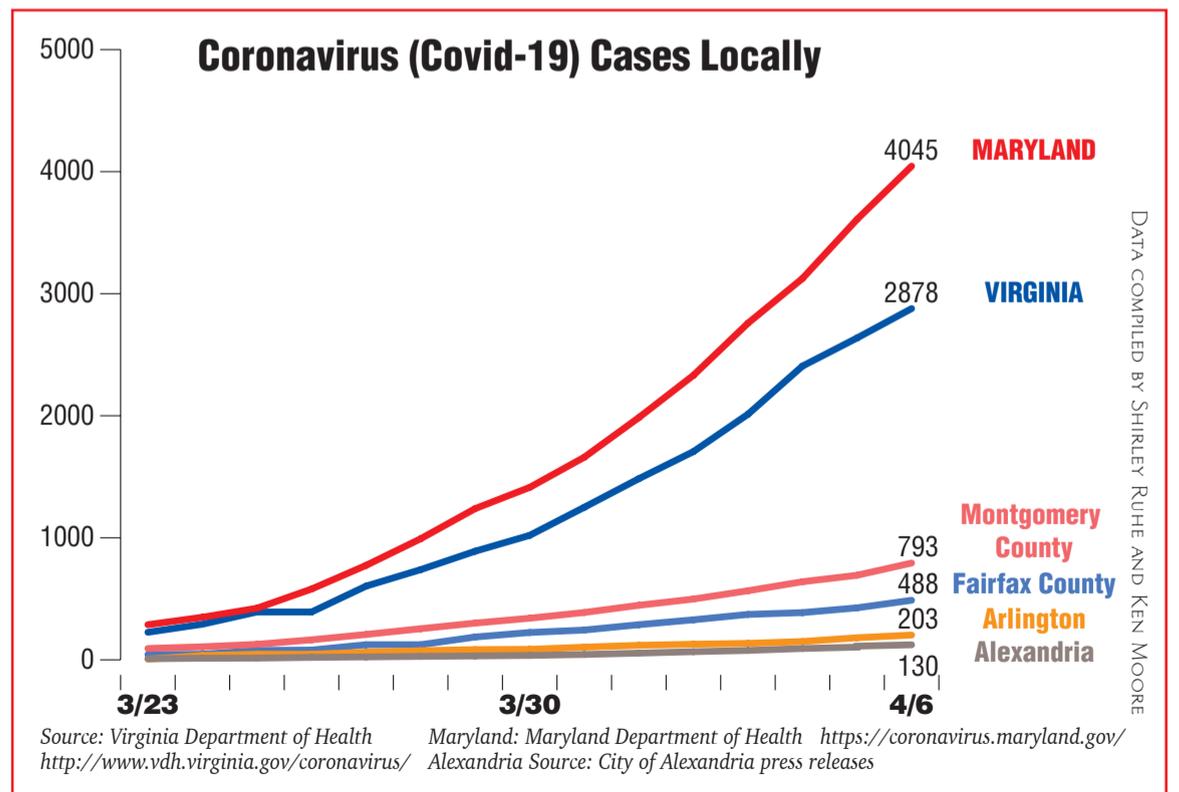
PHOTOS BY JULIA RENDELMAN

Del. Rip Sullivan (D-48), was jubilant after the Virginia Clean Economy Act passage. Sullivan's original House bill HB 1526 which passed 53-45 went to the senate as SB 851 and passed 22-17.



Jaime Sigaran, right, Audubon lobbyist who led the group to Richmond, speaks to Nikka De Mesa, an Audubon volunteer and Climate Campaigns and Outreach Intern from Springfield, Charlene Mosher of Alexandria, Christine Hedrick of Reston, and Beth Walseman of Fairfax, as they prepare to thank legislators.

of investment such as renewables. Dominion charge ratepayers for the Atlantic Coast Pipeline, activists said. This bill could send a signal to investors that the SCC may not let



What Day Is It Anyway? Arlington enters fourth week of coronavirus pandemic.



The regular morning men's coffee group observes social distancing outside Starbucks at Lyon village Shopping Center on April 3

PHOTOS BY SHIRLEY RUHE
THE CONNECTION



Arlington set up a drive through donation station site at the Central Library parking lot on April 3 for unused Personal Protective Equipment (PPEs), cleaning supplies and canned food. They report having 500 cars drive through with donations during the five hours they were open.

In the last week the number of cases of coronavirus identified in Virginia has grown from 1,020 to 3,333. In Arlington the number has grown from 86 to 237.



Who's behind the stroller moving down the street by itself? It's two-year-old Alex Steffee who goes out twice a day with his grandmother, Eleanor Clain-Stefanelli, She babysits him all day while his parents are both working at home. "Aren't I lucky?"



The Virginia Hospital Center drive through coronavirus testing site hours on Quincy Street have been extended to 8:30 a.m.-4:00 p.m. by appointment only with a physician's order. Call: 703-558-5766.



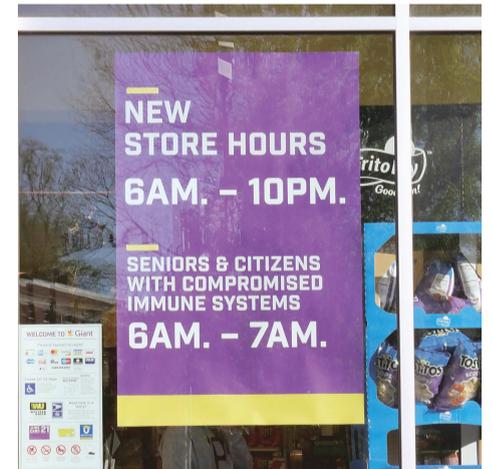
ABC liquor stores remain open as "essential business" across Arlington.



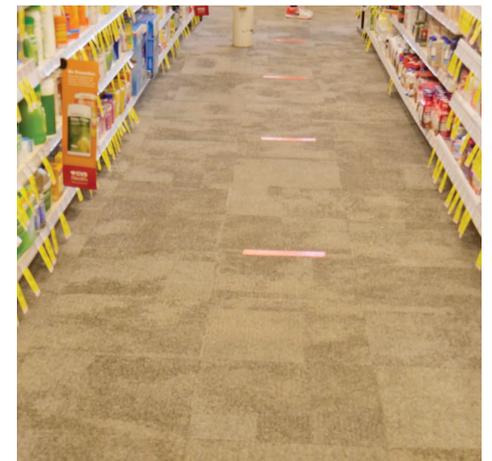
A long-time Arlington institution has just posted a Grab and Go banner.



Walker Chapel United Methodist Church posts a message of affirmation for all who drive by.



Giant establishes special shopping hours for seniors and people with disabilities.



A local drugstore marks off social distancing waiting lines for its customers.

What Does Stay Home Mean for the Homeless?

A-SPAN faces onslaught of uncertainty and change.

A-SPAN's Homeless Services Center is full, with 36 men's beds, 14 women's and one medical respite bed. But it isn't business as usual. The Homeless Services Center immediately put emergency protocols in place when the pandemic declaration was made. "We were told on March 13 to take everything we would need with us and be prepared to work from home for a month. People thought, what — a month?"

Scott Miller, Senior Director of Development for A-SPAN, says, "One of our first challenges was that the hypothermia designation, which gave us extra beds, had just ended the day before the pandemic was announced. We suddenly had this population with nowhere to go since the regular HSC beds were full."

Miller says the A-SPAN nurse practitioner, Kasia Shaw, identified the most vulnerable for COVID-19 in the homeless hypothermia population based on age, medical condition and history. She gave the list to the Arlington Department of Human Services, and Human Services revised the list based on their



Kasia Shaw, nurse practitioner at Homeless Services Center, with client, Mr. Ford. Shaw is deemed "essential personnel."

criteria.

These 12 most vulnerable homeless people were moved into hotel rooms paid for by the County budget. The Homeless Services Center and the hotel rooms were defined as "home" for the purposes of the Governor's Stay at Home order. "The County really stepped up and did the right thing. We're thrilled."

Miller continues, "We met some real challenges at first. People don't like change." He says, "our clients like a routine, and they are used to eating at noon." But he says the meal service was done in shifts to open up space and so there wasn't a wave of people. "There were a lot of restrictions with emergency protocols. And people could only sit on the left side of the tables so they weren't facing each other."

In addition, some of the cubicles sleep two people. As a result, they changed the arrangements so the people were sleeping head to toe to maintain appropriate distance. "Things were happening so fast. Every day there was a new rule. We had to take all things into consideration, to go with the flow and to create a 'chill environment.'"

Miller says A-SPAN currently has 37 full-time and 22 part-time staff. Currently 12 are deemed "essential" and working on-site while the others are working at home. The essential employees are medical, commercial kitchen, cleaning and 24-hour shelter monitors and directors.

Homeless Services Center is able to continue to staff the 8 a.m.-4 p.m. day program.

under normal conditions this program provides their homeless clients with a place to get a shower, wash clothes, get meals, job training and counseling, medical treatment and well as case management.

Now, Miller says the case managers are off site but still connecting with clients but just in a different format on-line. The laundry is now being bagged separately and done by staff.

The clothing room is still open but now the clients can't browse through the clothes themselves anymore. HSC has kept the "essential" life coaches at their new Westover site, which serves their clients who need added support. Miller says little has been cancelled; they have just had to rethink how to do things.

Miller says the on-site staff currently doesn't wear masks but they do have a supply in reserve. "Early on we thought we might need supplies and everyone was waiting for direction but it didn't happen." So we got proactive on meeting protocols and bought masks and hospital grade cleaning supplies, which are very expensive."

The staff get a lot of credit Miller explains but have health concerns themselves and go home to their families. Miller says we ask what happens when we don't have staff willing to work. In the meantime each day brings a new challenge. "The situation continues to be fluid."

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Legals

PUBLIC NOTICE

AT&T proposes to replace an existing 15.5' streetlight pole with a new 20' streetlight pole and install a top-mounted antenna at 26' at 1210 N Highland St, Arlington, VA (20200241). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

Legals

PUBLIC NOTICE

AT&T proposes to modify an existing facility (new tip heights 136', 137', & 140') on the building at 1401 Lee Hwy, Arlington, VA (20200306). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

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NEWS

APAH Jumps in to Identify Hardship, Protect Residents

BY SHIRLEY RUHE
ARLINGTON CONNECTION

Nina Janopaul, president and chief executive officer of Arlington Partnership for Affordable Housing (APAH) says, "It feels like I was on another planet. We had just held our APAH board meeting with 25 board members and 10 senior staff the night before the pandemic was declared. Business as usual." APAH is a non-profit that builds, preserves and operates affordable housing.

Then everything changed quickly. APAH immediately went to remote work. Everyone had laptops. She says they already had a conference call line, and added a video line.

"There were innovations every day," Janopaul says they stopped all of their special programs for children like Girls on the Run, Spanish, Ready to Read. They closed the community rooms and playgrounds.

"We did all kinds of scrambling and moving. We realized we had to step it up." She says, "The whole protocol about safety changes every day and CDC is not as helpful as they could be." APAH continually looks for best practices.

APAH has partnered with Arlington Food Assistance Center (AFAC) to deliver food on-site to three of their properties with 350 of their most vulnerable seniors and those with disabilities.

"They are socially isolated and need help getting groceries and medications." She said Long and Foster solved a logistical problem of easy access for the volunteers to their locked buildings by volunteering to loan APAH lock boxes, allowing the volunteers to more easily deliver food. Currently APAH owns 17 multi-family properties in Arlington. APAH owns rental properties that house 1,800



PHOTOS CONTRIBUTED

Gilliam Place, an APAH mixed-use project completed in 2019 with 173 new affordable units as well as ground floor and civic space.



Nina Janopaul, President and Chief Executive Officer, Arlington Partnership for Affordable Housing

households, mainly in Arlington, in a mix of renovated garden apartments and new construction, mixed-income, mid-rise and high-rise apartment buildings.

Janopaul says APAH has had to customize their food distribution because it was too interactive.

Now instead of customizing the groceries, everyone gets a bag with the same supplies. She says it isn't ideal because of different dietary needs but it is safer. Some of the frail elderly were added to the rolls of Meals on Wheels.

Janopaul says their maintenance staff wear masks when they go into residential units. Although APAH had a supply of masks regularly worn by their maintenance staff for hazardous and dirty work, "we were blessed by a number of volunteers who also needed protection. Penny De Filippi from my church got together her quilting group. They have been making really colorful masks for our staff and volunteers."

Last week APAH received the results of a client survey to identify hardship. It located an additional 240 residents with mostly financial issues.

"A lot of residents are in crisis. They can't pay their rent or utilities." She says this drove home for her "how vulnerable our residents

SEE APAH, PAGE 7

Keeping Kids Busy at Home

BY SHIRLEY RUHE

Week four and you've already used up all the good ideas for your stay at home children. How about trying one of these?

An outdoor scavenger hunt. Give each child a check list with boxes to mark: bug, dog, leaf, rock, flower, something red, something orange, stick, butterfly, bird, acorn, worm. Be creative.

Make dinosaur shadows. Place a 2-3 foot length sheet of white shelf paper on the floor. Put your favorite dinosaur figures (or action figures or mermaids) along the edge of the paper. Shine a light in back of the figures to cast a shadow on the paper. Trace the

shadow and color in the figures.

Make birdseed Easter eggs. Add 1/2 cup hot water to package of plain gelatin. When dissolved add 1/2 cup cold water. Mix in birdseed and pour in two-piece plastic Easter eggs. Let harden. Pop out and "hide" for the birds.

Make homemade bird feeder. Cover a toilet paper roll with peanut butter. Roll it in bird seed. put a string through the roll and tie in a circle. Place on a tree branch.

Make your own ice cream (courtesy of the Arlington County Parks and Recreation Department)

SEE KEEPING, PAGE 7

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Keeping Kids

FROM PAGE 6

Put 4 oz. milk, 4 oz. cream 1/4 tsp. vanilla and 4 Tbl. sugar into a small ziploc bag and close completely. Put a cup of ice into a large ziploc bag and cover ice with a small handful of salt.

Put the small bag into the large bag, with more salt, more ice until bag is full; close and shake back and forth for 5-8 minutes. Open large bag and take out small bag. Viola, you've made ice cream. Try other flavors by adding chocolate sauce, strawberries, M&Ms.

Try the hat toss. Turn a chair upside down so the legs are in the air. Mark a tape on the floor five feet away, 8 feet etc. Toss a hat to land on a chair leg. If you get a success, you get another turn. Keep score. Start with the closest marker on the floor and move back as you continue. The most hats to land on a chair leg in ten tries wins.

Story time. Tell stories of what you remember growing up: farmhands all came in at noon for dinner, milk delivered in glass bottles on your front porch, listening to The Shadow and Gunsmoke on the radio, taking a drive on Sunday afternoon for entertainment, walking to school in the snow in zero temperatures, gathering eggs from your grandmother's chickens, cars with manual roll up windows, dial telephones, Monday was washing day and laundry hung on the clothesline to dry, men wore hats when they went out; ladies wore hats and gloves to church. Ask them what they will most remember.

APAH

FROM PAGE 6

are. They have less savings and the huge income disparity in Arlington is going to hit them quite hard with the job loss."

She said there are a lot of conversations with their loan office, "especially today. Rent was due yesterday. We're trying to identify resources to get rent supplements, to apply for the new program, to keep up with the changing circumstances."

Currently APAH has identified essential employees who come in for a period of time with minimal contact. This includes the accountant who comes in once a week to print checks, the cleaning crew, an officer to sign contracts, and administrative staff a couple of hours a day to process mail.

So far there has been only COVID positive resident. But as a precaution Janopaul says they try to prepare the protocols for a high-rise building, tracking the contacts from the prior five days, notifying them, observing the HIPAA privacy rules. One of APAH's employees had symptoms but a test came back negative. Janopaul adds another employee just got sick last week and was told there was no testing available for non-medical personnel.

"Those of us in the affordable housing network know how important affordable housing is to keep people out of homelessness. I hope that Congress will put in funding for affordable housing to give people a safe home."

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Manual Labor



By KENNETH B. LOURIE

Having recently received in the mail the three-ring binder/manual on the dos, don'ts and what-fors concerning the upcoming treatment for my stage II papillary thyroid cancer; and information as well (including a cookbook) about the low iodine diet I am instructed to start two weeks before my actual treatment begins, my takeaway is that it is going to be long and hard six weeks from start to post-quarantine finish.

The reason for my apprehension is twofold. First and foremost is that I am an extremely picky/limited eater. There's only a handful of foods that I will eat on my best day ('best day' meaning completely normal circumstances where cancer is not involved), let alone on my worst day ('worst day' meaning in the midst of cancer treatment where what I eat is restricted). As a direct anticipated result, I fear there may be some heavy lifting - metaphorically speaking, ahead, specifically between April 27 and June 4.

The second reason which compounds the problem referred to in the previous paragraph is that we happen to be in the midst of a pandemic. Accordingly, the pandemic and the associated stay-at-home directives will minimize casual visits to the supermarket, restrictions intended to prevent the spread of the virus. Moreover, due to panic buying and the likely employee/staffing shortages at the supermarkets as the virus continues to take its toll, there may be more and more food shortages which will further eliminate what few food choices I had in the first place, before I even start this specialized diet.

This second reason is made even problematic because I am very much in an at-risk category: over 60, underlying medical condition with a compromised immune system, which prevents me or rather empowers my wife to prevent me from doing what I have done (the shopping) primarily, for the entirety of our marriage. That process never suited my wife, but it has always suited me. Consequently, I have become dependent on my wife to perform many of the tasks I have spent a lifetime perfecting: what to buy where, and when, and how to save some money doing it. Let's just say I am, as Sy Sims and his daughter Marci used to say, "an educated consumer." In our marriage, I have always described my role as the one taking care of the "business side," whereas my wife has always been the one taking care of the "social side." However, as we all try to navigate this pandemic, she is fulfilling both roles.

Now, as I roll the dice, so to speak, and plan/purchase for the present and the low iodine diet in the very near future, I am, to a certain degree, at her mercy. Given that the shopping process is hardly the adventure for her that it has always been for me, I have to rely, a little bit, on her benevolence and hope she keeps an open mind while in-store on the various indulgences that I require. Indulgences which, unfortunately, are very different from hers. As but one example, she loves a tuna fish sandwich whereas all I ever need is a cheese sandwich (and let's not even discuss the chocolate issue which is likewise not her priority as it is mine); and to quote my father: "the twain will never meet on the twack."

What many of us in this country have long taken for granted: 100 percent availability of food, medicine, health and miscellaneous household products is presently not so true anymore. Not purchasing some of these products until they go on sale is a pattern I likely won't be able to follow. If I do, their purchase may be too little, too late. The last thing my future diet/medical treatment can tolerate is 'too little, too late.' And I would imagine that unless I stay on track, the "twain" will be the least of my problems.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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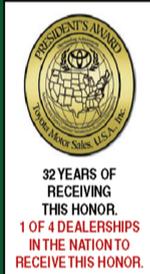
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