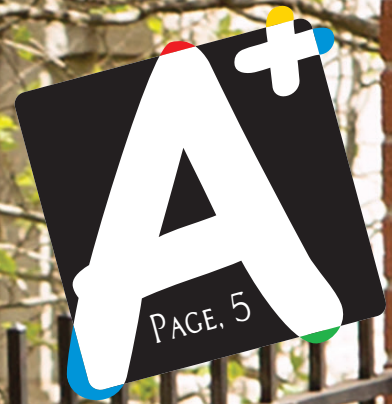




The Arlington Connection



On The Street

PAGE 3

Photos around
Arlington earlier
in the pandemic.

A Plan for School?

PAGE 4

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CLASSIFIEDS, PAGE 6

PHOTO BY JOAN BRADY/ARLINGTON CONNECTION

JULY 15-21, 2020

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

Commonwealth's Attorneys Voicing Support for Criminal Justice Reform

Dear Senator Surovell, Leader Herring, and Chair Bagby:

We are a group of Commonwealth's Attorneys who represent and are responsible for the safety of over 40 percent of the population of the Commonwealth of Virginia.

As the national dialogue and push for meaningful systemic change within criminal justice and policing continues, we submit this letter to you as a statement of our commitment to these changes and meaningful reforms and of our

willingness to be partners by offering our assistance to you and to your colleagues as you propose and implement these critically needed reforms.

We have seen the Senate Democratic Caucus' and the Virginia Legislative Black Caucus' list of priorities for the upcoming Special Session, and beyond, and truly appreciate the agenda's commitment to meaningful measures.

We would like to offer our support and advocate our strong commitment to the advancement of

these proposals, including, but certainly not limited to:

- ❖ All measures related to police officer accountability for use of force misconduct and other behavior-related complaints, to include the requirement to allow prosecutors unrestricted access to all police reports, information, and disciplinary records of officers involved in a matter before the court;

- ❖ A requirement that all warrants be served during the daytime and include a knock-and-announce provision with additional

showing to a judge, not a magistrate, for (i) nighttime service and (ii) no-knock service;

Hon. Amy Ashworth,
Prince William County and
City of Manassas
Hon. Anton Bell,
City of Hampton
Hon. Buta Biberaj,
Loudoun County
Hon. Parisa Dehghani-Tafti,
Arlington County and
City of Falls Church

Hon. Steve Descano,
Fairfax County and
City of Fairfax

Hon. James M. Hingeley,
Albemarle County
Hon. Stephanie N. Morales,
City of Portsmouth
Hon. Joseph D. Platania,
City of Charlottesville
Hon. Bryan Porter,
City of Alexandria
Hon. Shannon L. Taylor,
Henrico County

Potential Trash Service Disruptions:

Due to an electrical problem at the trash waste-to-energy processing facility used by the County, residential solid waste will continue to be collected but will have to be transported to a separate facility farther away. This may impact our collection schedules and efficiency.

If your trash cart is not collected on its assigned day, please leave it out for the following day. If it has not been collected by the end of the following day, please submit a missed collection ticket online or call us at 703-228-5000. Visit recycle.arlingtonva.us for updates.

Youth Vocalists Sought

Opera NOVA seeks talented youth vocalists ages 13-18 for a class of Intensive Opera Training and Educa-

tion. Students will be instructed in singing technique, opera history, diction, ear training, music theory, individual voice lessons, and stage presence as well as application of makeup technique used in stage performances. Tuition is \$300. The first day of class is Aug. 13. Class starts every day at 9:30 a.m. and runs until 3 p.m.

Note: the 2020 Summer Institute will be online. The institute will be in full compliance with guidelines regarding COVID-19. A Finale performance may be held on Aug. 22, at 2 p.m. at: The Woman's Club of Arlington; 700 South Buchanan Street; Arlington, VA 22204 (if not, then it will be online; please contact Opera NOVA for further details). To register and for more information: contact the Opera NOVA offices at: mcdm1@verizon.net or (703) 536-7557

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

FRIDAY/JULY 17

The Hospitable Garden: Welcoming Beautiful Butterflies, Moths and Other Critters. 10-11:30 a.m. Online. Are you interested in welcoming butterflies to your garden? This talk will help you learn how to be a good host to Lepidoptera, providing cultural tips and plant suggestions to make your winged guests feel right at home. The speaker is Alyssa Ford Morel, an experienced Extension Master Gardener and co-coordinator of the

Glencarlyn Library VCE Demonstration Garden in Arlington, Virginia. Free. RSVP at <https://mgmv.org/events/> to receive link to participate.

DRIVE-THROUGH COVID-19 SAMPLE COLLECTION SITE OPEN

Arlington County's Drive-Through COVID-19 Sample Collection Site resumed operations on July 7, 2020, in partnership with Quest Diagnostics. The site, located at 1429 N. Quincy Street, is open weekdays, 9 a.m. - 4 p.m. Requirements for visiting the Drive-Through COVID-19 Sam-

SEE BULLETIN BOARD, PAGE 7

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THE CONNECTION *Alexandria Gazette Packet*
Newspapers & Online

Special Edition: PET Connection

Publishes:
July 29, 2020

Ads submitted by:
July 23, 2020

The Pet Connection
will publish on July 29
and photos and stories
of your pets with you and
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ON THE STREET IN ARLINGTON

PHOTOS BY JOAN BRADY



Meet Marta Hill Gray, New Executive Director of Culpepper Garden

BY SHIRLEY RUHE
ARLINGTON CONNECTION

Marta Hill Gray wears one of her masks as she has her temperature taken, signs in with her own pen and walks through the door of Culpepper Garden on July 1. It is her first day as the new Executive Director of Culpepper Garden, Arlington's largest low-income senior living facility.

She came from her home business into the world of coronavirus rules and restrictions. Culpepper Garden had gone into lockdown on March 9. "When I walked into Culpepper Garden the first day, it felt very organized and systematic."

She said, "They have a good system here, even in the midst of their major renovation. I have been im-



Marta Hill Gray

pressed with what they do." Gray had been working from home outside of Charlottesville on issues relating to women's health, aging, new medical treatments. Since she had been working from home, she wasn't used to wearing a mask all day. "When I took it off, there was a sort of ghosting thing, like it was

still on."

This opportunity came at a good time for her. "It was at the beginning of the coronavirus epidemic, and two of my biggest clients had to put things on hold. I did a lot of events in the outside world. The other reason I came here is that this is meaningful."

Gray says she has always been interested in aging, and her grandparents raised her. She adds she is about to become a grandparent herself "so I'm turning into an aging person; these are my people." She says she will be working on business development and market expansion. "I love a good cause."

She says she wants "to tell the story of this place, to let people know a place like this exists. These people have contributed their whole lives." She says, "I am never afraid to ask for dollars if I'm going to speak on behalf of people."

Gray says one of the best ways to relate the experience of the residents of Culpepper Garden is through their stories. She recounts the recent experience of an assisted living resident who adopts senior kitties. Her recent kitty had a seizure and died. "She was beside herself." Gray says three of the staff brought the resident a new kitty. "They didn't have to do that. It was tender and moving."

Current life at Culpepper for residents has got its challenges with rules about social distancing and activities curtailed. "We want to keep it fun for them. A lot of life is about looking forward to things — going, seeing, doing." She says residents are desperate to talk. "And now the little patio out front has residents wearing their masks sitting on lovely benches with a little breeze, glad to see each other."

Culpepper Garden has both in-

dependent living subsidized in part by Federal Housing and Development (HUD) funds as well as 73 assisted living apartments. They began a major renovation in April 2018 to upgrade all apartment interiors and public spaces, replace all major systems and add six apartments. The renovation was slowed down by the coronavirus pandemic, and Gray says they have a ways to go but have made pretty good progress. Gray says she has a wish list for expanding opportunities for the residents such as getting phones for residents and access to connectivity for those who want it. "We've got to find a way to teach them but now there are logistical challenges." And she would like to get more speakers for the resident's programs and figure out how to be more relevant for their Spanish speakers. "It is a huge opportunity."

What Is the Arlington Public Schools Plan for Reopening Schools for 2020-21?

At the June 25 School Board meeting, Superintendent Dr. Francisco Durán presented the recommended APS plan for the 2020-21 school year based on state guidance for reopening Virginia schools. In this plan, APS families will be able to select the instructional delivery model that works best for their student(s) during the COVID-19 pandemic. There are two choices:

Hybrid In-School and Distance Learning – Two consecutive in-person instruction days per week combined with three days per week of asynchronous distance learning.

Full-Time Distance Learning – Students in this program will participate in full-time distance learning, including both interactive, teacher-led (synchronous) instruction and asynchronous instruction.

The plan is being developed as the Virginia Department of Educational (VDOE), Virginia Department of Health (VDH) and the CDC continue to release and revise their guidance for safely reopening schools, and APS will continue to fully align our plan to that guidance. APS is working closely with state health officials, the Arlington County Public Health Division and neighboring Northern Virginia school divisions.

APS is eager to return to school on a normal schedule and to welcome all of our staff and students back into the classroom; however, we must adhere to the state's guidance to resume in-person instruction with strict physical distancing measures in place. While Virginia is in phase 3, it is not possible to return at 100% capacity and adhere to federal, state and local health requirements for

safe reopening. In order to adhere to safety guidelines due to the COVID-19 pandemic, we must adjust our in-school schedule to reduce classroom and school bus capacities and ensure that six-foot distance can be maintained to the extent possible. We will continue to monitor health and safety guidance and adjust our plans for in-school instruction when possible. Synchronous learning is interactive, two-way online or distance education that happens in real time with a teacher, whereas asynchronous learning occurs virtually online and through prepared resources, without real-time teacher-led interaction. Both instructional delivery models will incorporate a blend of these two delivery methods for distance learning.

Families that have not responded to select the preferred model by July 20 will be auto-

matically placed in the hybrid in-school and distance learning model. APS strongly encourages all families to respond so that APS can proceed with clear knowledge of each family's choice for their student(s), based on their individual circumstances and learning preferences.

Decisions regarding schedules and student group assignments for each school will be made centrally based on multiple factors. Siblings will be assigned to the same in-school schedule to simplify family arrangements, when possible. Details regarding student assignments and scheduling will be finalized and communicated in August once family selections are received and processed.

Read more at www.apsva.us/engage/planning-for-reopening-schools/reopening-frequently-asked-questions/

Arlington Residents Graduate from the University of the South

The following students were awarded a degree at the University of the South's 2020 commencement ceremonies held (online due to the COVID-19 pandemic) on May 10.

❖ Elizabeth Timmerman Whitney of Arlington, Virginia, was awarded a BA in Politics. Elizabeth Timmerman Whitney is the child of Ms. Mary I. Keber of Arlington (22207).

❖ Thomas Hatch Richardson of Arlington, Virginia, was awarded a BA in Economics. Thomas Hatch Richardson is the child of Ms. Margaret C. Richardson of Arlington (22207).

❖ Josephine Lee Young of McLean, Virginia, was awarded a BA in International and Global Studies with honors, magna cum laude. Josephine Lee Young is the child of Mr. J. Paul Young Jr. and Mrs. Jill A. Deterding Young of McLean (22101).

The University of the South is an independent liberal arts college owned by 28 dioceses of the Episcopal Church, and located atop Tennessee's Cumberland Plateau between Nashville and Chattanooga. It has been consistently ranked among the top tier of national liberal arts colleges.

ATT Grants Arlington's Bridges To Independence \$20,000

Others like Joe have a chance to succeed thanks to grant.

BY EDEN BROWN
THE CONNECTION

Joe is on the autism spectrum and wanted to participate in the Bridges to Independence summer internships initiative. "Each student shares their preference for an industry, such as fashion design, law, marketing, etc. Bridges tries to pair that stu-

dent with their industry of choice," said Christina Armstrong, Bridges' Chief Philanthropic Partnerships Officer.

Joe was interested in gaming and Information Technology. One of Bridges' corporate partners immediately stepped in to help and invited Joe to intern with them during the summer of 2019. Prior to his start date, the company set multiple meetings to ensure their team was fully equipped to meet Joe's needs to provide a fulfilling experience. During his time there, Joe was paired with three people to go over professionalism and video editing.

They assigned him a project to complete. Joe was ecstatic to be

there and said he learned a lot but most importantly made a lot of friends. At the end of his internship, Joe presented his project to the company and received a standing ovation. But what would Joe do today, with the COVID-19 pandemic making this kind of hands-on internship off limits?

Bridges received a \$20,000 grant from AT&T Foundation to support the Bridges' Youth Development Program and make this kind of mentoring possible virtually. The Youth Development Program provides opportunities to low-income high school students in Arlington by improving students' acceptance into college, mentoring them with

SEE ATT GRANTS, PAGE 5

WWW.CONNECTIONNEWSPAPERS.COM

ATT Grants Arlington's Bridges To Independence \$20,000

FROM PAGE 4

community leaders, internships with local businesses, and tutoring to improve academic performance. The funding will help Bridges provide mentoring, tutoring, and the internships virtually during the COVID-19 pandemic. "We are very appreciative of AT&T's contribution.

They have proven themselves to be prominent members in our community, committed to helping vulnerable youth. In these uncertain times, with virtual classes and social distancing, our youth are craving interaction and are requesting to meet with their tutors and mentors up to three times a week, instead of once a week.

"The funding from AT&T will help us navigate a virtual path and revise our program," said Sam Kelly, Bridges' Chief Executive Officer. "We're excited to help Bridges to Independence work with young people in Arlington who face significant challenges as they prepare for life after high school. As students move to online and digital engagement, our contribution will help students improve academic performance, develop leadership skills, and explore college and career opportunities," said Garrett McGuire, regional director for AT&T in Virginia. Bridges to Independence's Youth Development Program is offered to families who have received services and case management through Bridges' shelter and housing programming. The program creates a place for youth to take on leadership roles, learn appropriate self-expression, build and maintain positive relationships, receive mentorship, and learn skills for post-high-school success. The vision is to provide them with foundational skills to begin their lives after high school focused on breaking generational cycles of poverty. The two organizations share a goal to empower youth to reach their highest potential.



Bridges Receives Support from Arlington Bunny Hop

Bridges to Independence received a \$10,000 grant from the Arlington Bunny Hop 5K and Clarendon United Methodist Church

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to support the housing of Bridges' local homeless families. The check received in June will help house four families in June and start the process to house four more in July. In addition to providing families with security deposits and application fees, the grant supports add-on services to help families remain in housing, such as case management, workforce development, financial empowerment, youth development, and basic needs like furniture, personal supplies, and food.

As families face loss of income and homelessness due to the COVID-19 coronavirus, the funding will help Bridges to Independence move families faster from emergency shelter into housing opportunities. "For the past three years, Bridges has been honored to be a beneficiary of and partner to the Arlington Bunny Hop. The Clarendon United Methodist Church is a few blocks from Sullivan House, the homeless family shelter, and we appreciate how our neighbors, community members, and friends from across the globe joined together in support of Bridges to Independence and O.A.R.," said Sam Kelly, Bridges' Chief Executive Officer.

Denny Edelbrock, Arlington Bunny Hop Race Director, states "It is truly an honor to help people get a fresh start!"

The Arlington Bunny Hop is an annual 5k walk/run timed race that was created to raise funds for local charities. The event was scheduled for April 2020. Due to the pandemic, the race organizers moved the race to a virtual event from June 13-30 and had successful results. This local, Arlington race had more than 300 virtual runners and walkers registered from at least 10 states and who spanned across the globe from Hawaii to England.

ABOUT:

Bridges to Independence is a 501c3 nonprofit based in Arlington, whose mission is to lead individuals and families out of homelessness and into stable, independent futures. Founded in 1985, Bridges to Independence programming focuses on stabilization (from homeless to hopeful), employment (from minimal to livable wage), and prevention (breaking the cycle of poverty) for homeless families to build a bridge to self-sufficiency. For more information about the nonprofit or ways to get involved, visit <https://bridges2.org> or call (703) 525-7177.

COVID-19 Gives Time for Reading

From current events to mysteries, books can fill time and lead to lively family conversations.

BY MARILYN CAMPBELL
THE CONNECTION

During a recent 12-hour car ride to their summer home in Michigan, the Leland family finished two books, "Bridge To Terabithia" by Katherine Paterson and Harper Lee's "To Kill a Mockingbird." They plowed through the audiobook version of both classics. While encouraging her children to read during the summer is usually met with eye rolls, Meg Leland says that her 14-year-old son and 12-year-old daughter were more receptive to audio books, and when they listen as a family, meaningful discussions ensue.

"We have a lot more free time this summer, so I say audio books are fine because at least they're absorbing books and exercising their brain more than they would if they were constantly texting their friends or playing video games," she said. "But I'm still trying to get them to read more books with real pages."

As COVID19 restrictions have curtailed the traditional activities like camp and vacations, families like the Lelands have more free time to fill. The constraints and limitations have left many children bored and parents struggling to decrease screen time and get their students engaged in reading.

"Since this past school year ended on an academic roller coaster, it's important to pull together a balance of fun and light academics like reading," said education consultant Lisa Cram. "Picking up a book might be the last thing some children want to do, so parents have to get creative."

That creativity, says Cram, needs to be rooted in structure.

"Create a daily schedule that includes time for reading or other academics, but also includes time for recreation," she said. "Predictability will let kids know what to expect, so they'll be less resistant to academics especially if they have another activity to look forward to."

While Cram doesn't believe that all screen time should be eliminated, it shouldn't be the only form of recreation. "Physical activity is just as important as academics," she said. "Ride bikes and go on hikes as a family."

Audio books are a way to infuse long summer days

Randolph-Macon Academy Fully Opening for Fall 2020 Semester

Randolph-Macon Academy in Front Royal, Va. will open for on-campus operations for all students and staff for the Fall 2020 semester. All classes will be held in-person with full course schedules and teacher instruction.

Randolph-Macon Academy is a co-educational private school for grades 6-12 offering a university-prep education with an exceptional Air Force JROTC program. Randolph-Macon Academy offers both day and boarding programs including fully-staffed dormitories separated by gender, organic



BOOK SUGGESTIONS FOR SUMMER READING

"Roll of Thunder, Hear Me Cry." by Mildred Taylor
"The Girl Who Drank the Moon," by Kelly Barnhill
"Brown Girl Dreaming," By Jacqueline Woodson
"Finding Audrey," By Sophie Kinsella
"I'll Give You the Sun," by Jandy Nelson
"An Ember in the Ashes," by Sahara Tahir
"The Silence of Fountains," by Ruta Sepetys
"Love from A to Z," by S. K. Ali
"SLAY," by Brittney Morris
"It's a Whole Spiel: Love, Latkes, and Other Jewish Stories," by Katherine Locke and Laura Silverman
"Stamped: Racism, Antiracism and You," by Jason Reynolds and Ibram X. Kendi
"My Hero is You, How Younger Kids Can Fight COVID19," by Helen Patuck, (free as a PDF)

with literature, but she believes that there are other methods for motivating children to delve into physical books as well. "Obviously one of the most effective ways to inspire children to read is for parents to read and model that behavior," said Cram. "Beyond that, read books on how to do a particular activity and then do it together as a family. Children can read about gardening and you can plan a family garden together. Cook a meal or a dish from a book that you've read."

Other methods for making reading more enticing, says Cram, include reading a book and watching the movie or selecting books that are related to current events. "COVID19 is an obvious topic," she said. "A suggestion for middle school students is 'Fever 1793' by Laurie Anderson which deals with the 'The Yellow Fever Epidemic and can lead to a discussion about resilience and survival. For younger children I suggest, 'My Hero is You, How Younger Kids Can Fight COVID19,' by Helen Patuck. It's free as a PDF and teaches children the ways that they can stay safe."

Literature for sparking meaningful conversations about racial injustice abounds, Karen Bentall, Librarian at Oakridge Elementary School. For younger children she suggests "Something Happened in Our Town: A Child's Story About Racial Injustice, by Marianne Celano, Marietta Collins and Ann Hazzard. "[It's] a direct entry to conversation about what is happening today," she said.

"This summer is what it is and there's very little that we can do to change it," added Cram. "But we can finish out the last half of summer more in a meaningful way that doesn't lead to brain drain."

the world including Harvard, Cornell, UPenn, Johns Hopkins, MIT, McGill, University of Toronto, Duke, Vanderbilt, Brandeis, Emory, Northwestern, Georgetown, William & Mary

Families looking for on-campus instruction for the Fall 2020 semester are strongly encouraged to contact the R-MA Admissions Office. Scholarships and Financial Aid are readily available now for qualified families.

To schedule a private physical tour, virtual webinar or apply online, www.rma.edu

Arlington County 2021 Juror Qualification Process Begins in August

The Arlington Circuit Court, which includes the City of Falls Church, will soon begin its annual juror qualification process. Juror questionnaires will be mailed in early August to randomly selected residents of Arlington County and Falls Church City. These questionnaires are used to qualify residents for jury duty which begins Jan. 1, 2021, and ends Dec. 31, 2021.

In accordance with State law, questionnaires are distributed annually to a random selection of residents of Arlington County and the City of Falls Church.

Recipients are selected from registered voter rolls provided by the State Board of Elections.

Jury Commissioners appointed by the Court review the questionnaires to determine eligibility for service according to criteria established by the General Assembly.

Get more information about jury duty, including a list of who is exempt from serving and the status of jury trials. <https://courts.arlingtonva.us/circuit-court/jury-duty/>

Steps to follow if you receive a Juror Questionnaire

❖ Read and carefully follow the instructions on the postcard.

❖ Using your Candidate/Juror ID# printed on the postcard, visit the secure Juror Website at <https://ejuror.arlingtonva.us/> to complete and submit the form online.

❖ To have a paper copy of the form mailed to you, call 703-228-3123 and provide:

Candidate/Juror ID#

First and last name

Street address with zip code

Contact phone# or email for follow-up if needed

❖ Some questions on the form require submission of documents as proof of hardship (e.g., doctor's notes, travel documents, military orders) and/or detailed explanations in the Remarks section. All information is kept confidential and destroyed after use.

You are required to complete

SEE ARLINGTON, PAGE 7

Legals

PUBLIC NOTICE

AT&T proposes to replace an existing 13.8' metal light pole with a new 19' metal light pole and install a top-mounted antenna at 27' near 1515 N Courthouse Road, Arlington, VA (20201119). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

Legals

PUBLIC NOTICE

AT&T proposes to modify an existing facility (tip heights 91') on the building at 4501 Arlington Blvd, Arlington, VA (20201235). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

-Werner Heisenberg

Announcements

Announcements

Legals

ABC LICENSE

VA Taco V, LLC trading as Taco Bamba Taqueria, 4000 Wilson Blvd Ste C Arlington, VA 22203. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Mixed Beverage On Premise & Beer and Wine On Premise license to sell or manufacture alcoholic beverages. Kirk Spare, Director of Operations. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

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Announcements

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Bid live or online at trfauctions.com

Campbell Co.



ABSOLUTE: 113 Acres with Pond
Wed, Aug.12 @ 12:30PM
Brookneal Hwy, Gladys, VA
Ideal for private estate, farm, hunting, or timber investment. Majority in young planted pine. 1035' of frontage on US-501.
Bid live or online at trfauctions.com

Charlottesville



20,202 Sq.Ft. Professional Office Bldg
Thur, Aug.13 @ 12:30PM
3926 Seminole Trl, Charlottesville, VA
Former American National University campus. 2-story steel frame/brick building on 6.34ac. Public utilities. Elevator.
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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

-Werner Heisenberg

BULLETIN BOARD

FROM PAGE 2

ple Collection Site:
Patients must be 18 years and older.
Patients must have an existing order for COVID-19 testing from a licensed health-care provider. Physicians with symptomatic patients (fevers, chills, cough, or shortness of breath) can send orders electronically through their EMR by placing the order on a "PSC Hold" through their Quest Diagnostics account number.
No appointment is needed.
Individuals arriving at the drive-through site will be asked to remain in their cars. Patients must keep their car windows up at all times, until directed to do otherwise.
The collection method will be third-party observed patient self-collection.

ARLINGTON PUBLIC LIBRARY ELIMINATES OVERDUE FINES

On July 1, Arlington Public Library eliminated overdue library fines to make the library's collections more accessible to all Arlingtonians. The goal is to increase access and minimize barriers for marginalized populations to use the library, particularly for youth and low-income patrons, which data shows are disproportionately impacted by overdue fines and stop using the library as a result. Patrons still need to pay their existing fines accrued prior to July 1, 2020.

OPERA VOCALISTS SOUGHT

Opera NOVA seeks talented youth vocalists ages 13-18 for a class of Intensive Opera Training and Education. Students will be instructed in singing technique, opera history, diction, ear training, music theory, individual voice lessons, and stage presence as well as application of makeup technique used in stage performances. Tuition is \$300. The first day of class is August 13. Class starts every day at 9:30 a.m. and runs until 3 p.m. Note: the 2020 Summer Institute will be online. The institute will be in full compliance with guidelines regarding COVID-19. A Finale performance may be held on August 22, at 2 p.m. at: The Woman's Club of Arlington; 700 South Buchanan Street; Arlington, VA 22204 (if not, then it will be online; contact Opera NOVA for further details). To register and for more information: contact the Opera NOVA offices at: mcdm1@verizon.net or 703-536-7557.

Arlington County 2021

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and return the questionnaire within 10 days of receipt. Please complete the form online to save resources.

❖ Once submitted, your completed questionnaire will be processed by the court. If you are qualified by the court to serve, you could receive a summons in the mail next year with detailed reporting instructions.

❖ The questionnaire is not a summons to appear so please do not call the Clerk's Office asking to be excused from jury duty. Excuses will be considered at the time you are actually summoned to serve as a juror.

❖ Failure to respond to the questionnaire or providing incomplete information may result in your being summoned to Court to complete the form in person.

Quick facts about jury service

❖ Normal term of service is one day or one trial.

❖ The average length of a trial is 1 or 2 days, but trials can last longer.

❖ Jurors must be available between 9 a.m. and 5 p.m. during their period of service; subject to change by the Court.

Jurors receive \$30 each day they report for reimbursement of expenses.

For more information, contact Lynn Pollock, Jury Coordinator, at 703-228-3124, or 703-228-4711 (TTY).

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It's a Twofer



By KENNETH B. LOURIE

And not just Tuesday, either. All week in fact, I'll be waiting to hear the music. One day, I'll hear from my oncologist and on another day, I'll hear from my endocrinologist. What I'll hear first is the status of my underlying non small cell lung cancer, stage IV (diagnosed Feb., 2009) and later in the week, I'll get results concerning my most recent party crasher: papillary thyroid cancer, stage II, diagnosed Jan. 2020. This will be the first time I will have been waiting for results simultaneously, concerning TWO cancers that I now have. (What? One wasn't enough?) And B.B. King thought the thrill was gone. For those of us unlucky enough to have been diagnosed with two different and active cancers, this is the kind of week which tests your mettle and is as far away from thrilling as one could possibly imagine.

C'est la vie, or at least it is because I'm not ready to be morte. Who says taking five years of French between seventh and eleventh grades was a waste? Here I am 50+ years later and I'm still able to dip into that old bag of tricks. I fear however, that the longer I'm still living as an active, still-being-treated cancer patient, the more my health is at risk. Cancer is not exactly a friendly visitor. Rather it's the kind of uninvited guest that takes up residence in your home and never leaves, like dust mites, fleas and mold. In some instances, you know they're present; in other cases, you're told. And the longer they stay, the worse the situation becomes.

My cancer diagnosis was sort of like that, a surprise. A lifelong non-smoker with no immediate family history of cancer, I woke up one day with a pain in my left rib cage. A few days later, after the pain had migrated to the other side, combined with difficulty I was having catching my breath, I decided to go to the Emergency Room. A brief examination followed but revealed very little to the doctor. He suggested I return in a week to see the pulmonologist. Which of course, I did.

By that time, the pain had totally subsided and I remained pain-free for the next eight weeks until I got "the call" from my internal medicine doctor advising me that the previous week's biopsy confirmed a malignancy. Then I was in pain, emotionally - and afraid, as you can probably imagine.

But here I sit, 11 and one half years later, living proof that a "terminal" diagnosis is not necessarily terminal. Somehow, through a combination of conventional wisdom/treatment, some non-Western alternatives in the form of pills and potions and a good attitude which has meant keeping my glass half full while trying to maintain a good sense of humor, I have been lucky enough to see my beloved Boston Red Sox win their third and fourth World Series Championships of the 21st century. (Their first two championships in 2004 and 2007 were pre-Kenny's cancer diagnosis.)

But looking backward, as gratifying and rewarding as it can sometimes be, has not been my modus operandi. My 'operandi' has been to walk quietly, laugh heartily and be positive (like our friend, Ray's blood type) and not presume any facts which are not yet in evidence. Moreover, try taking any and all news in stride and be a patient patient (which is not double talk) and put one foot in front of the other and see where it leads.

For me, it has led to a future that I wasn't supposed to have and a present for which I am eternally grateful, even during weeks such as these when I'm about to enter when my life, vis-a-vis what I am told by my oncologist and endocrinologist, is hanging in the balance not once, but twice. Really, twice is a bit much, don't you think? I mean, I think I'm doing my unhealthy bit by having one type of cancer. There's really no extra credit/extra benefit in having two types, especially at the same time. Nor is there any BO-GO-type discount on my health insurance costs. Quite the contrary, actually. But if I'm still alive to complain about it, then I'm still alive and that's nothing to complain about.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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