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The Arlington Connection

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FLOURISHING AFTER 55, PAGE 6 ♦ CLASSIFIEDS, PAGE 6



Apollo doing his regular shopping at Twins Ace in Courthouse.

Dogs and Their Humans Shop at Twins Ace

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Black Lives Matter

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NEWS

Petition to Charge for Plastic Bags In Arlington Needs Signatures

Arlington would be the first county in Virginia to put a price on plastic bags.

BY EDEN BROWN
THE CONNECTION

this petition:
<https://www.ecoactionarlington.org/get-involved/take-action-on-plastic/educational-campaign/plastic-bag-tax-petition/>.

There is an easy way to reduce the amount of plastic in Arlington residents' lives. Plastic pollution is not 'just' an eyesore: the microplastics present in our bodies may affect our immune systems and our fertility, our vulnerability to disease, and our long term health. We don't know the effect of these microplastics yet, or how much is too much in our livers and spleens. But we do know the environmental impact on rivers and oceans, fish and wildlife.

Enter Eco-Action Arlington, spearheading an effort to make it less likely that the Arlington shopper will stuff five or more plastic bags with groceries and then throw the bags out in the trash. To make this a reality, Eco-Action Arlington is asking residents to sign

According to Eco-Action Arlington, Americans use over 100 billion plastic bags a year and only 1 percent are recycled. Although it is increasingly common to take a reusable shopping bag to the store, a visit to any Arlington supermarket is proof we are still more likely to grab the plastic bags since they are free.

This year the Virginia General Assembly passed legislation (SB11) that allows local counties and cities to impose a 5-cent tax (or surcharge) on plastic bags. Arlington County has wanted to tax single-use plastic bags, like the District does, but was thwarted by state lawmakers. The culprit? A 19th-century policy known as the

SEE PLASTIC BAGS, PAGE 6



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Two riders “said her name” for Breonna Taylor.



Danielle Day and Kevin Joy of Arlington said it was important to come out for the Movement and see Arlington’s history from a different perspective.

PHOTOS BY EDEN BROWN/THE CONNECTION



Symone Walker spoke about taking steps to improve education in Arlington (she is running for the school board) and making sure schools are equitable no matter where you live.

Black Lives Matter Ride Showcases A Different Arlington History

Across Arlington, residents are working to relearn history.

BY EDEN BROWN
THE CONNECTION

Jim Moore was looking out his shop window on Saturday, Sept. 26, to catch the Black Lives Matter Ride that was supposed to come by his shop in Hall’s Hill. The 14-mile ride was to look at Arlington’s history from a different perspective: the Black history perspective. Many Arlingtonians don’t know how segregated Arlington was. Or how neighborhoods that are increasingly gentrified, like Hall’s

Hill, were enclaves of formerly enslaved people who managed to build houses and lives — and fire stations — despite White Arlington blocking them from well-paying jobs, schools, and even the sewer system.

Arlington for Justice, promoting a more equitable system of justice in Arlington, sponsored the ride with partners Moms Demand Action, Black Parents of Arlington, Virginia Coalition for Transforming Policing, We of Action (WofA), APS Reform and others.

The ride began at Drew Ele-

mentary School (3500 23rd St. S.) and ended at 5 p.m. in front of the county courthouse (1425 N. Courthouse Road), with speeches and refreshments.

It featured important sites like Penrose and Freedman’s Village, the Cherrydale Drug Fair counter and Stratford High School, two places anti-segregationists fought for integration, and the segregation wall in Hall’s Hill which separated White neighborhoods from Black ones.

The purpose of the ride was to call attention to racial injustice and the need for criminal justice reform in Arlington. To learn more about Arlington for Justice’s agenda, see: www.arlington4justice.org



Jonah and Anna Adams of Barcroft came to the ride with the whole family (baby sister couldn’t sit still for the photo) because “We believe in the movement.”

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Del. Alonso Lopez talked about his role as Majority Whip in Richmond, and progressive legislation that passed this year like making neck holds illegal and demilitarizing the police.



This young rider had a strong message.

ARpETS: SHOPPING AT TWINS ACE HARDWARE

Twins Ace Hardware in Courthouse Is Neighborhood Favorite for Dogs and Their Humans



An impatient Apollo can't wait to get inside. With Kat and Graham Lubinsky.



Twins Ace Co-Owner Jeff Smith greets customers Apollo and Rosie.



Apollo eagerly awaits his treat.



Twins Ace's welcoming pets policy and delicious dog treats has made it a critical stop on daily walks, according to pet mom Anne Jacobs Hayes. Her bernedoodle, Rosie, leads the way for regular visits for treats and attention from her favorite staffers, you know, the ones with the treats. Jacobs Hayes and her husband, Ben, generally stock up on home repair merchandise and firewood at Twins Ace. But Jacobs Hayes mentioned that there is also a great gift aisle, which can come in very handy.

Jacobs Hayes says what strikes her most about Twins Ace is how friendly and knowledgeable the staff is and how they go out of their way to remember Rosie, Anne and Ben. According to Jacobs Hayes, "They are truly the place with the friendly hardware folks."

Twins Ace of Arlington is located

at 2001 Clarendon in Arlington. And you can visit their equally-pet-friendly location in Fairfax at 10310-B Main St. You can follow Twins Ace on Instagram at @twinsace_istheplace and Facebook at @twinsacehardwarearlington. And, if you are interested in adding to your daily diet of adorable dog pics, you might want to follow @apupnamedrosenylund and @goodapollothebully.

Joan Brady is an award-winning Connection Newspapers columnist and local photographer specializing in pets, children and families and contemporary business portraits.

ArPets is a weekly feature for highlighting the well-loved pets of Arlington as well as animals who are available for adoption. If you or your dog, cat, iguana, bunny, rat or any other pet, has an interesting pet story to tell, email me at joan@joanbradyphotography.com.

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PHOTO CONTRIBUTED BY LUBINSKY FAMILY

By JOAN BRADY

Most days you can find a steady stream of enthusiastic four-legged customers lined up outside Twins Ace Hardware in Courthouse or scampering through the double glass doors. These welcome visitors come to enjoy special treats and the attention lavished on them by staff and customers. And they don't come alone. Delighted pet parents welcome the opportunity to combine a dog walk with an errand at this neighborhood gem.

Ace is a throwback to a time when general stores were the hub of the community. Co-owner, Jeff Smith says that from cutting a new house key to helping mount a new TV or just providing a little friendly DIY advice, Ace is about service, not just hammers and nails.

And you really do feel that old world, neighborly customer service vibe from the masked staff whose smiles you can feel, even if you can't see. There is a relaxing hum to the place, no matter what time you stop by.

For Smith, being pet friendly just made sense. "People's pets are part of their family ... so it just makes sense to welcome all of them into the store and it makes for a pleasant, neighborly environment."

Kat and Graham Lubinsky, Twins Ace regulars with their bulldog, Apollo, couldn't agree more. After treats and a visit with staff, the Lubinsky's shop for everything from candles to plants and other items to fix up their apartment. And Ace



Ben and Rosie Hayes stop for a quick photo before treats and shopping.

has become the place to stock up on cleaning supplies and masks. Kat says Twins Ace is more than "just a hardware store," carrying work from local artists and products from local companies.

Because going to Twins Ace is a fun experience for the whole family, Kat and Graham are more inclined to drop by Ace for needed supplies, rather than place an Amazon order, according to Kat.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

Announcements

Legals

Plaintiff: Antonio Allen of
4307 Maple Leaf Lane
Wilson NC, 27893
is giving public notice of a divorce action with

Defendant:
Jayne Temico Taylor-Fernandez of
2707 9th. Street South
Apt. 41-A
Arlington VA, 22204

At Wilson County Courthouse
115 Nash Street E.
Wilson NC, 27893
Main Phone # 252-206-3000

The plaintiff, Jayne Temico Taylor-Fernandez must file an answer to the complaint within 40 days of the date of the service by publication.

CALENDAR

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Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431

THE CONNECTION
NEWSPAPERS

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FLOURISHING AFTER 55

Arlington's five 55+ centers are closed, however, virtual programs and outdoor programs are available free of charge this month and are open to all residents 55 years of age and older. Residents must pre-register to receive a link to the virtual programs and the outdoor programs. Register at registration.arlingtonva.us or by calling 703-228-4747, option 3. <https://parks.arlingtonva.us/programs/flourishing-55/>

IN THE PARK PROGRAMS:

10/8-10/20
Acoustic Hour, live music from the 50s to today, Friday, Oct. 9, 1-2 p.m., Virginia Highlands Park, 1600 S. Hayes Street. Registration # 911802-04.
Line dancing for fun, Friday, Oct. 9, 10-11 a.m., Virginia Highlands Park, 1600 S. Hayes Street. Registration # 911701-06.
Just Play'n Country, Friday, Oct. 9, 2-4 p.m., Lee Center Park, 5722 Lee Highway. Bring a lawn chair. Registration # 911702-11.
Fast paced walking club, Friday, Oct. 9, 9-10:30 a.m. Meet at Aurora Hills Center, 735 S. 18th Street. Registration # 911109-14.

Plastic Bags

FROM PAGE 2

Dillon Rule, which says states retain any legal authority not explicitly granted to local governments. All but 11 U.S. states adhere to the rule, although some have carved out "home rule" exceptions that allow localities to make their own decisions. The rule allowed the General Assembly in 2018 to override Arlington's decision on how it assessed property tax on two golf courses.

A surcharge of 5 cents per bag went into effect in 2010 in Washington, D.C. Of the money collected, one percent goes back to the business, or two percent if the business offers a discount for using your own bag, and the bulk of the surcharge goes to a dedicated fund for cleaning up the Anacostia River or environmental education. The river is showing the positive effects of the tax.

To learn more:

<https://www.ecoactionarlington.org/get-involved/take-action-on-plastic/educational-campaign/bag-tax-faq/>

(<https://grist.org/climate/its-of-ficial-reusables-are-safe-during-covid-19/>)

<https://lis.virginia.gov/cgi-bin/legp604.exe?201+sum+SB11>

www.ecoactionarlington.org

(<https://studylib.net/doc/18206586/plastic-bags---world-watch-institute>)

(<https://grist.org/climate/its-of-ficial-reusables-are-safe-during-covid-19/>)

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Creating a Spooky and Safe Halloween in the Age of COVID-19

By MARILYN CAMPBELL
THE CONNECTION

Cartoon character Marshall from Paw Patrol will be searching for chocolate while a tiny pop star tracks down toys as Arlington mother and teacher Becky Beach and her family celebrate the spookiest day of the year. Forgoing trick-or-treating, she, her husband and young son will gather with other family members for a modified Halloween celebration.

"We are going to buy Halloween-themed party toys and candies for our children to hunt," said Beach. "It will be similar to an Easter egg hunt, but for Halloween. We are maintaining the joy by allowing our children to still wear their Halloween costumes, but we won't be going out."

Like other annual traditions, COVID-19 has transformed the way festive events are celebrated. Centers for Disease Control and Prevention (CDC) officials are encouraging revelers to err on the side of caution this season. As Halloween approaches, some parents are faced with a quandary: allowing children to engage in the frightful fun of the day without compromising safety.

"Some Halloween activities pose higher risk than others," said Dr. Gloria Ado-Ayensu, MD, director, Fairfax County Health Department. "In general, the more closely you interact with others and the longer that interaction, the higher the risk of COVID-19 spread."

The CDC has grouped activities into low-risk, moderate-risk and high-risk categories. The sugar-laden but beloved tradition of trick-or-treating is considered among the riskiest of ghoulish traditions while celebrations with family members are among the lowest. There are parents who are comfortable with activities considered by the CDC to be moderate-risk, such as open-air, one-way, walk-through where appropriate mask use is enforced, like Markoff's Haunted Forest and Enchanted Forest at Calleva Farm in Potomac, says Dr. Bitu Nasseri, MD. "Overall, the CDC guidelines make good sense."

They are based on intelligent considerations broken down by how much you want to expose your children," she said. "The main takeaway is to not be in large crowds or crowded streets, as kids will inevitably remove masks. Going house to house and allowing people to hand out individual candies increases the risk of COVID exposure exponentially ... and should be avoided at all costs this year."

Creativity is the theme this season and traditions of holidays like Easter and Christmas are offering Halloween inspiration says Fairfax mother and blogger Alice Anderson. "We want to keep things as fun as possible for our kids so we are going all out on party ideas this year," she said. "We usually go to a pumpkin farm with fun activities but have decided to make our own fun at home with that as well. Our kids are excited to help make decorations and get everything set up."

Starting new traditions and borrowing



Alice Anderson and her family will wear costumes and celebrate Halloween with a family party due to COVID-19 safety concerns.

ideas from other holidays is the way that Alexandra Fung, a Mount Vernon mother, will deal with the disappointment that her children will feel when they aren't knocking on doors in anticipation of treats. "Egg hunts at Easter have long been a favorite activity at our house, so carrying the tradition over to Halloween has everyone excited, from our toddler to our teen," she said. "And, having it at night with flashlights, and the promise of some king-sized candy bars, makes it all the more fun for everyone."

From reading books filled with ghosts and goblins to creating a season-long calendar, reminiscent of those used for Advent, inspiration abounds, says psychologist Reena Patel. "Create a month of Halloween countdown," said "Why not? We do it for Christmas too. Make a countdown calendar and for each day and have a Halloween surprise, like a Halloween coloring sheet, candy corn puzzle, pencils, stickers. Anything small that represents and leads up to the big day."

"We have a bunch of activities planned for our party at home," added Anderson. "We are going to make decorations, play Halloween games, carve pumpkins, make a DIY (do-it-yourself) maze, eat yummy treats, and finish the night watching the new Scooby Doo movie. I think Halloween can be as fun as you make it and our kids will be happy spending quality time together as a family." While independence-seeking teens and tweens might not be wowed by Halloween candy hunts and spooky-themed cartoons at home, they can still enjoy a frightful evening while maintaining safety. "They should have small get-togethers at their friends' houses for Halloween," said Beach. "Check for fevers if inviting teens to your home for Halloween before admitting them in your home. Make sure your teen social distances themselves and wears a mask and/or gloves to keep safe."

Perspectives on Halloween safety vary, acknowledges Karen Aronian, Ed.D. "Some door-to-door trick-or-treating will still happen, but some neighborhoods are doing the same 'pod' [small group] approach with Halloween that they have done with schooling, by going out in safe pods of kids predetermined by parents," she said. "Homes that do decide to give out candy should mark their house with a sign that says, 'covid safe' meaning gloves, masks and social distancing will be observed."

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An Update About Some Down Time



By KENNETH B. LOURIE

Not that I want to give you a blow-by-blow concerning my treatment switch over to thyroid cancer from lung cancer but the last two columns were written four weeks ago in the same week in expectation of a weekend away, so these observations will be new-ish in that they will be hot off the press, so to speak. Away with the kind of friends who are empathetic, sympathetic and who never make me feel pathetic in any of my struggles. In short, the best kind of friends. This is important because when one in the group goes above and beyond in the wrong direction, like heading from one's present cancer direction to a yet altogether new less desirable cancer direction: stable non small cell lung cancer stage 4 being treated with immunotherapy to stage 4 papillary thyroid cancer being treated with chemotherapy, is hardly a conversation that makes for fun even if I now have my own sort of "BOGO." And though the 'shopping 'buy' may be familiar, the cancer 'buy' is not nearly so familiar. Generally speaking a "BOBO offer is of interest, a cancer one not so much. In fact, it's not much of a bargain at all.

The worst of now being treated for papillary thyroid cancer is the array of side effects which are manifesting. They're not exactly debilitating, they're just one big nuisance broken into about eight different nuisances - and I will spare you the details. The net effect of all these side effects is that for the first time in approximately two years, and I feel extraordinarily lucky to be able to say this, once again I feel like I have cancer. And though it's unlikely it's simply side effects which are doing all the talking, rather than the cancer metastasizing, which it already has anyway since the thyroid cancer is now in the lungs, it's impossible not to consider the consequences. I mean cancer doesn't just travel around to make new friends and influence people. It sort of has a task: to damage and destroy. And I have to admit: feeling as if I didn't have cancer is much more preferred than how I feel now.

Nevertheless, it's not as if I feel at death's door (well, not the front door anyway). It's more a feeling of death being at the back door. Not a direct assault, mind you, more of an indirect one. And I'm sure they still count as much as all the others. Unfortunately, I fear an accumulation of these indirect assaults can cause as much cumulative damage as a direct hit. Ergo, I'm wondering if this rear-type assault/indirect-type hit is an indication of future/perhaps even present trouble? Moreover, I wonder if having to defend myself on two fronts (primary and secondary) will weaken the resistance. Because as many World War II movies as I've seen, the resistance rarely seemed to have enough supplies to carry out their mission.

Being in a new battle, even it involves familiar elements: blood pressure readings, EKGs, CT scans, lab and face-to-face appointments, doesn't totally regularize the experience. The reason being that this familiarity is breeding contempt because I have been there and done that. Yet, here here I am having to do it all over again and I find myself quoting Shakespeare or the Three Stooges: "something is rotten in Denmark."

Being a cancer patient is like being unable to send your legs out for a walk as Lt. Com. Henry Blake wanted to after a long period of surgery during a particularly high-casualty episode on the television series, M*A*S*H. And as a previously diagnosed as "terminal" cancer patient, neither can I disconnect from my mortality thoughts any more than Henry could exercise his legs. So what I'm left with is either bucking up or venting to friends and family. I'm lucky to have an outlet. I imagine it is much more difficult for those who don't.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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& drums, check tire condition and inspect all hardware. Pads only.

MACHINE ROTORS ADDITIONAL

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF
WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 10/31/20.

BG Vital Fluid Service

10% OFF YOUR FIRST SERVICE

15% OFF YOUR SECOND SERVICE

Power Steering • Automatic Transmission • Brake System

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WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 10/31/20.

OIL & FILTER CHANGE

\$24⁹⁵

NON-SYNTHETIC

\$34⁹⁵

SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil*,
inspect windshield wipers, check tire condition, check battery (with
print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF
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NEW HOURS SPECIAL!
DROP OFF YOUR VEHICLE BETWEEN 6AM & 7AM
WITH A SCHEDULED APPOINTMENT & RECEIVE
12% OFF ANY ONE REPAIR.

MAXIMUM DISCOUNT, \$150

NOT VALID WITH ANY OTHER OFFER. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE.
VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. GOOD THRU 10/31/20.



ALEXANDRIA TOYOTA

TRUESTART™ BATTERIES

**SPECIAL
OFFER**

\$129⁹⁵

INCLUDES BATTERY INSTALLATION

Includes: 84 month warranty, 24 month free replacement,
24 month free roadside assistance.
Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF
WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 10/31/20.

CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**