



## Feeding the Many Hungry During a Year of Covid

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A second grader puts her sack of canned soup and tuna in the Arlington Food Assistance Center (AFAC) box at Langston Community Center on Saturday, February 27. AFAC partnered with Arlington Parks and Recreation to help feed neighbors in need by setting up donation boxes outside twelve community centers the weekend of February 27-28.



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Spring Concert by the Quarantine Music Busters, interactive ensemble of classical music, live, Sunday, Mar. 21, 3 p.m. Registration # 913802-08.

Painting demonstration, step-by-step with community arts programmers, Monday, Mar. 22, 10:30 a.m. Registration # 913301-10.

Short story reading and discussion, "The Story of an Hour," by Kate Chopin, Monday, Mar. 22, 1 p.m. Registration # 913300-02.

Genealogy 101, led by experienced genealogist, Eileen Bogdanoff, Tuesday, Mar. 23, 11:30 a.m. Registration # 913400-19.

Income tax basics, understanding tax forms, documents needed to prepare tax return and tips to reduce tax bill, Tuesday, Mar. 23, 1 p.m., Registration # 913404-02.

Paint along with community arts programmers, copy famous artworks, Thursday, Mar. 25, 10 a.m. Registration # 913301-15.

Trailblazing women who lived in the Ball-Sellers House, now a museum operated by the Arlington Historical Society, Thursday, Mar. 25, 1:30 p.m.

Presented by Museum director Annette Benbow. Registration # 913400-12.

Chat with an artist about techniques, materials, creative expression, Thursday, Mar. 25, 4 p.m. Facilitated by Jennifer Droblyen. Registration # 913301-19.

Sudoku puzzle games for beginners and pros, Thursday, Mar. 25, 2 p.m. Registration # 913601-01.

Line dance in the park, easy for beginners, Friday, Mar. 26, 10 a.m., Virginia Highlands Park, 1600 S. Hayes Street. Registration # 913701-02.

Aurora Hills Fast Forwards walking group, two to three mile loop, some hills, Friday, Mar. 26, 9 a.m. Registration # 913201-03.

Digital escape room, virtual adventure, series of puzzles to solve, find clues, Friday, Mar. 26, 1 p.m. Registration # 913601-08.

Name that Tune game, fun for all, Friday, Mar. 26, 3 p.m. Registration # 913601-13.

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**NEWS DEPARTMENT:  
[arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)**

**Shirley Ruhe**

Contributing Photographer and Writer  
[slrbc@aol.com](mailto:slrbc@aol.com)

**Joan Brady**

Contributing Photographer and Writer  
[joan@joanbradyphotography.com](mailto:joan@joanbradyphotography.com)

**Eden Brown**

Contributing Writer  
[arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)

**Ken Moore**

Contributing Writer  
[kmoore@connectionnewspapers.com](mailto:kmoore@connectionnewspapers.com)

**ADVERTISING:  
 For advertising information  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
 703-778-9431**

**Debbie Funk**

Display Advertising/National Sales  
 703-778-9444  
[debfunc@connectionnewspapers.com](mailto:debfunc@connectionnewspapers.com)

**David Griffin**

Marketing Assistant  
 703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Classified & Employment  
 Advertising  
 703-778-9431**

**Editor & Publisher**

Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
[@MaryKimm](https://www.facebook.com/MaryKimm)

**Executive Vice President**

Jerry Vernon  
 703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Art/Design:**

Laurence Foong, John Heinly,  
 Ali Khaligh

**Production Manager:**  
 Geovani Flores

**CIRCULATION**

[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)



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# NEWS

## The Center for Local History To Curate New Time Capsule

**T**he Center for Local History at the Arlington Public Library will curate a time capsule, 2020 UnBoxed, which will contain objects and material representing the major events and themes of 2020 in Arlington.

“The time capsule is a snapshot of today as well as a gift for the future, preserving an account of a particular period in time,” said Library Director Diane Kresh.

Themes for the collection will include:

The 2020 Census

The COVID-19 pandemic

Racial justice and civic unrest

Arlington County’s naming centennial

The 100th anniversary of women’s suffrage

The CLH, whose mission is to preserve and share the history of Arlington County, its citizens, organizations, businesses and social issues, will reach out to community organizations and leaders over the next nine months to obtain items that represent the major

events of 2020.

The time capsule will also draw from items donated to the COVID-19 Archives project. Residents are encouraged to continue to submit donations that illustrate how Arlington life has been affected and altered by the pandemic.

The time capsule collection will be exhibited online in October, during American Archives Month, which celebrates and raises awareness about the value of archives and archivists.

The items will then be sealed and deposited in the Arlington Community Archives for preservation and future research.

Learn more about 2020 Unboxed and how to submit donations to the COVID-19 Archives project.

<https://library.arlingtonva.us/2021/02/23/time-capsule/>

<https://library.arlingtonva.us/center-for-local-history/arlington-covid-19-archives-project/>



PHOTO BY SHIRLEY RUHE/THE CONNECTION

Heidelberg may be a German Bakery but they know how to celebrate St. Patrick’s Day with a table stocked with bright green petit fours with tiny candy shamrocks, Irish soda bread, large shamrock cookies and Irish whiskey cake.



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

## Celebrating St. Patrick’s Day

Step through the pub door and head for the bar in time for the Irish dancers at 2 p.m. on St. Patrick’s Day. “One bangers and mash and a Hell Cat Maggie Irish beer.” Or maybe an Aberlour, one of the 130 whiskeys available in the expanded whiskey bar, followed by the beef and Guinness stew. O’Sullivan’s Irish Pub is a family owned and operated business founded in the heart of Clarendon in 2006. In 2013 it doubled in size and added a whiskey bar.





# The Year That Was Feeding the multitudes during COVID — one can at a time.

BY SHIRLEY RUHE  
ARLINGTON CONNECTION

**N** March 2020 COVID suddenly brought about the closing of schools where children had regularly received free breakfast and lunches. Businesses slowed down or closed temporarily across the area, and workers were furloughed for an indefinite period of time.

On March 14, 2020, Arlington County declared a local emergency in response to the Covid-19 pandemic. The past year challenged Arlington like never before, with more than 200 Arlingtonians dying of covid, and 13,655 total cases. But 2020 showed the strength and resiliency of the community. Now with vaccines, we might see the light at the end of the tunnel.

But the pain and challenge of covid is not over.

As families struggled for food, Arlingtonians stepped in to provide meals for their neighbors. Beginning March 16 a year ago, Arlington Public Schools began providing grab-and-go breakfasts and lunches outside two elementary schools. This list was later expanded as it became clear schools would not be reopening for in-person classes for the remainder of the school year.

Arlington Food Assistance Center (AFAC) issued a plea for food donations for their supplemental food assistance program as donations plunged and need skyrocketed. To stay healthy, they eliminated the choice model, bought more pre-packaged foods and ended chicken prepackaging.

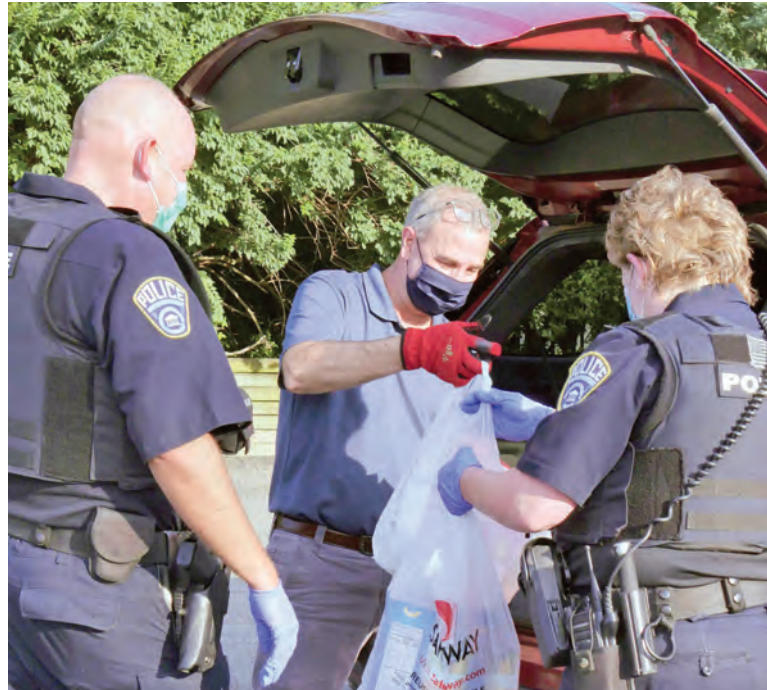
Just like a field of flowers, food

collection bins were scattered across yards. Local businesses, neighborhoods and churches sponsored food drives, and children gave away free balloons in their yard in exchange for a can of food left on their porch. Referrals to AFAC increased 25 percent during COVID.

Arlington County organized the Co-operative for Hunger Free Arlington (CHFA) to address the needs of everyone in Arlington. CHFA is a set of informal relationships between the county, APS, AFAC and groups such as PTAs, faith-based food pantries, restaurants offering food to the needy and an expanded Meals on Wheels. Diane Kresh, Co-chair, says, “By connecting the various players we can identify gaps to make sure we’re not overlooking a neighborhood.”



Children stop by Kenmore Elementary to pick up grab and go meals as feeding sites open outside schools to provide meals for school kids after schools close due to COVID.



Arlington County Police Department sponsors “Fill the Cruiser” with food supplies in August and collects 6,509 pounds for the day.



Arlington Food Assistance Center (AFAC) provides 2,500 turkeys to low-income families at Thanksgiving.



Parents with assistance of Kenmore PTA organize a monthly food distribution serving 75 families in April and expecting over 100 in May.



Lubber Run Farmer's Market does a brisk business in August but with a new “no touch” policy and social distancing.



A-SPAN organizes a cereal drive for homeless at the Homeless Services Center.



A second grader puts her sack of canned soup and tuna in the Arlington Food Assistance Center (AFAC) box at Langston Community Center on Saturday, February 27. AFAC partnered with Arlington Parks and Recreation to help feed neighbors in need by setting up donation boxes outside twelve community centers the weekend of February 27-28.

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Community volunteers bags fresh produce for families in need. Donated produce from gardens all across the County was packaged and delivered totaling 6,825 pounds during the June 1-October 29 growing season.

Amazon partners with Freddie's Beach Bar & Restaurant to provide 10,000 meals in May to employees of Arlington Hospital Center, firemen and neighbors in low-income housing.



Josh Babb runs 437 laps in 5-mile-marathon around neighborhood cul de sac in May to raise funds for restocking his church food pantry.

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Community gardens located on S. Four Mile Run share their produce with needy families.



On Martin Luther King Day, volunteers serve chicken biryani and pass out relief packages to Muslim men filing out of the mosque at the Bangladesh Islamic Center on S. Nelson.

PHOTOS BY SHIRLEY RUHE/ARLINGTON CONNECTION

David Guas, owner of Bayou Bakery, serves pots of beans to anyone stopping by for lunch.



PHOTO COURTESY OF SIMONEINK



AFAC truck is a well-recognized symbol of the supplemental food assistance program serving over 2,800 as the needs grow during the pandemic.



Eagle Scout, Charlie Gaylord, builds a pantry for AFAC food collection behind the Central Library in November.



Girl Scout cookie sales go virtual this year as Erin Parks sells 394 boxes.



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Maison Cheryl LLC trading as Maison Cheryl, 2900 Wilson Blvd Ste 104, Arlington, Arlington County, Virginia 22201-3851. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine & Beer On & Off Premises/Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Robert L. Maher, Member authorizing advertisement. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

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Nighthawk Restaurant Group LLC trading as Nighthawk Pizza, 1201 S. Joyce St Ste C10, Arlington VA 22202-2067. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on and off Premises/Keg Permit/Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Andrew Kelley, Manager. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov).

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# Lady Grantham of Arlington

BY JOAN BRADY  
ARLINGTON CONNECTION

**D**ownton Abbey's elder Lady Grantham wouldn't likely be found discussing underwear under any circumstances. Whereas four-legged Lady Grantham of Arlington has been known to tear through an entire collection, with her teeth.

With a last name like Grantham, Hannah couldn't resist naming her new Australian Shepherd/Australian Cattle Dog mix, Lady. I mean can you blame her?

It's not clear which of the two Downton Abbey Ladies Grantham Hannah was giving the nod to. But does it really matter? It's hilarious either way.

Let's assume it was the very prim elder Lady Grantham, Violet Crawley, Dowager Countess of Grantham. Really not a lot of similarities there. Lady G. of Arlington apparently loves everyone she meets. Lady Grantham of Downton Abbey, not so much. Arlington's Lady loves to roll in the mud. It's truly impossible to imagine the two-legged Lady Grantham in a joyful mudroll.

Ok, so they don't have a lot in common. But where it matters, they are perfectly aligned, sharing a fierce loyalty to family. And to Hannah, that means a lot.

Hannah got Lady about a year and a half before the Covid, so she knows the joy of returning home after a long day at work to the unconditional love of a canine. And that warm feeling of a dog's love has only intensified in the last year. Lady tracks Hannah's every move; watching her when she is still and following as she goes from room to room. And that's not just for the fabulous home-made food Hannah prepares for her.

They have some similar interests, sharing a love of swimming and long hikes, followed by equally long naps. And Lady delights in being able to find and return every tennis ball thrown. By all accounts, Lady is truly a



Meet Lady Grantham (of Arlington)

wonderful and loyal canine companion.

You and your dog might catch sight of the two enjoying the beautiful Spring weather around Colonial Village. And I hope you do, as I hear Lady is looking for some fun neighborhood playmates. Is there a four-legged Isobel Crawley out there?

*ArPets is a weekly feature for highlighting the well-loved pets of Arlington as well as animals who are available for adoption. If you or your dog, cat, iguana, bunny, rat or any other pet, has an interesting pet story to tell, send email to: joan@joanbradyphotography.com.*

*Joan is an award-winning Connection Newspapers columnist and local photographer specializing in pets, children and families and contemporary business portraits.*

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**Animal Welfare League of Arlington**  
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CONTRIBUTED BY HANNAH GRANTHAM

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## A Shot in the Arm



By KENNETH B. LOURIE

Literally and figuratively. After a year or so living the pandemic life; staying at home/quarantining, wearing a mask, social distancing, washing my hands and watching the death toll from covid-19 top 500,000 - in the United States alone, I recently became of the lucky ones to have been injected with a vaccine. I have to wait another two weeks to get my second shot. No worries. I have some protection now, but according to Dr. Fauci, the second/follow up shot increases one's protection "tenfold." It wouldn't exactly be foolish to throw caution to the wind - and reintegrate back into society (depending upon where you live), but it seems premature and irresponsible to risk being stupid when in another two weeks, I could be smart.

My wife, Dina, also recently shot, has been very smart all along, especially as it concerns my actual standing in the world. (Moreover, she has no plans to step out until she receives her second shot.) Belonging in the special comorbidity group; presumably, a 66-year old with cancer/weakened immune system, I presented a very appealing target for the virus. I mean, my immune system is already compromised and with occasional breathing problems side-effected by my thyroid cancer medication, I was potentially easy pickins. As such, Dina refused to give me passage out of our house. Victor Laszlow had a better chance of leaving Casablanca than I did of leaving Burtonsville.

But soon it appears I will have my own "letters of transit." However, Dina has already informed me that I won't be returning to my former errand-running ways. She intends to continue ordering food online from the grocery store - and then drive to pick it up contact-less in their parking lot. Actually, I might be allowed to go that far since I'd be remaining in the car and still wearing a mask while popping the trunk and keeping my distance as the groceries are loaded into the boot. We'll see; we're still negotiating. But definitely not until I receive my second shot. In the interim, I imagine our lives will change very little. Thanks to the vaccine though, there is hope that once again, I'll be able to interact with people, places and things.

But return I shall and relieved I will be. However, having lung cancer, and/or thyroid cancer which has metastasized to the lungs, in the midst of a pandemic with a virus that often locates in the lungs and creates breathing/pulmonary problems - even with the two shots, is still as scary and risky as it gets, especially if you're of a certain age as I am. In two weeks, I'll have received my booster shot, and I'll have a lot less to worry about, thankfully. And for a cancer patient still undergoing treatment with a less than a "normal" life expectancy anticipated, being fully vaccinated is as good as it gets. And I suppose I can live with that, live being the operative word.

Having cancer, irrespective of the type, your diagnosis/prognosis, is pretty damn difficult. It impacts every facet of your life. The thought (your reality) is never far from your conscious mind. And once you become a member of this less than exclusive club (more every day, unfortunately), a club that nobody wants to join, there are more risks to your life than you ever imagined, and many more for which you have absolutely no awareness. Having an external complication, like a virus, with variants that seem to spread rapidly; which have now infected over 30,000,000 Americans, and an infection for which there's no specific cure, and seems to have its greatest negative impact on people exactly like me (age and disease) is about as foreboding as it could possibly be. And with no place to hide, other than in your own home - with no visitors allowed, a precaution most recommended (to invoke the syntax of Hercule Poirot, "the greatest detective in the world") has made many of us impatient and perhaps a bit tense. I can, as many healthcare professionals have said, almost see the light. Hopefully, it will be July 4th of this year as the President has suggested and not July 4th of next year.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

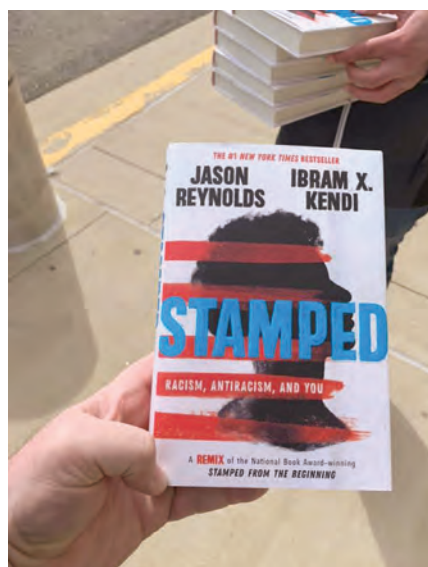
## Amazon Gifts to Wakefield

**A**s part of it's celebration of Black History Month, Amazon presented a \$15,000 donation to support Wakefield High School. This is the latest in Amazon's ongoing work to support education and racial equality initiatives in communities where its employees live and work.

The donation to Wakefield High School of \$15,000 will include the book "Stamped: Racism, Anti-Racism, and You," by Jason Reynolds. The book focuses on anti-racism, cultural awareness and proficiency.

The funds will also allow Wakefield staff to invite guest speakers to speak on the same topic.

As part of Amazon's celebration of Black History Month, Amazon has announced a \$25,000 donation to support Wakefield High School and Reach Education, Inc. This is the latest in Amazon's ongoing work to support education and racial equality initiatives in communities



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MODEL# 2532. MSRP \$25,965. LEASE OFFER FOR QUALIFIED LESSEES. BASED ON 36 MONTHS, 10K MILES/YR & \$2999 DUE AT SIGNING. SECURITY DEPOSIT WAIVED. PLUS TAX, TAGS, FREIGHT AND \$789 PROCESSING FEE. FACTORY PROGRAMS SUBJECT TO CHANGE.

### NEW 2021 TOYOTA RAV4 LE SUV

LEASES STARTING FROM...

**\$239**/MO



MODEL# 4430. MSRP \$28,005. LEASE OFFER FOR QUALIFIED LESSEES. BASED ON 36 MONTHS, 10K MILES/YR & \$2999 DUE AT SIGNING. SECURITY DEPOSIT WAIVED. PLUS TAX, TAGS, FREIGHT AND \$789 PROCESSING FEE. FACTORY PROGRAMS SUBJECT TO CHANGE.

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LEASES STARTING FROM...

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BATTERY SPECIAL	LUBE, OIL & FILTER SPECIAL	ALIGNMENT SPECIAL	BRAKE PAD SPECIAL	TOYOTACARE PLUS	SERVICE VARIABLE DISCOUNT
<b>FREE</b>	<b>\$39.95</b>	<b>\$89.95</b>	<b>\$99.95</b>	<b>\$329.00</b>	<b>THE MORE YOU SPEND, THE MORE YOU SAVE!</b>
<b>BATTERY CHECK-UP</b>	<b>\$44.95 FOR SYNTHETIC OIL CHANGE</b>	<b>4-WHEEL ALIGNMENT</b>	<b>BRAKE PAD REPLACEMENT</b>	<b>SPECIAL</b>	
INCLUDES: CHECK COLD CRANKING AMPS AND VISUAL INSPECTION OF BATTERY CONDITION. INCLUDES BATTERY CONDITION PRINT OUT.	INCLUDES: CHANGE OIL (UP TO 5 QTS.), INSTALL GENUINE TOYOTA OIL FILTER, INSPECT & ADJUST ALL FLUID LEVELS AND COMPLIMENTARY MULTI-POINT INSPECTION WITH PRINT OUT.	INCLUDES: 4-WHEEL ALIGNMENT, INSPECT SUSPENSION, BALL JOINTS, STRUTS & SHOCKS, TIRE CONDITION AND SET TIRE PRESSURE.	INCLUDES: INSTALL GENUINE TOYOTA FRONT BRAKE PADS, INSPECT FRONT & REAR ROTORS AND/OR DRUMS, CHECK TIRE CONDITION AND INSPECT ALL HARDWARE. TCMC PADS ONLY. MACHINE ROTORS AN ADDITIONAL \$199.95	MAINTAIN PEACE OF MIND BY EXTENDING YOUR TOYOTACARE COMPLEMENTARY MAINTENANCE PLAN TO 4 YEARS/45,000 MILES!	\$10 OFF... WHEN YOU SPEND \$50-\$99 \$15 OFF... WHEN YOU SPEND \$100-\$199 \$20 OFF... WHEN YOU SPEND \$200-\$499 \$50 OFF... WHEN YOU SPEND \$500+
TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. TAX AND SHOP SUPPLIES ADDITIONAL. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER ENDS 03/31/21.	NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. TAX AND SHOP SUPPLIES ADDITIONAL. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER ENDS 03/31/21.	TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. TAX AND SHOP SUPPLIES ADDITIONAL. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER ENDS 03/31/21.	NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER ENDS 03/31/21.	TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. TAX AND SHOP SUPPLIES ADDITIONAL. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER ENDS 03/31/21.	TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. TAX AND SHOP SUPPLIES ADDITIONAL. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER ENDS 03/31/21.

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