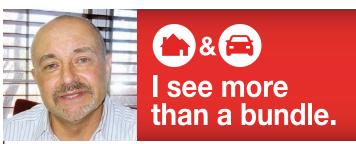
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COMMENTARY

Understanding the Law About Weed

By Kenneth R. "Ken" Plum State Delegate (D-36)

uring its Reconvened Session last week the General Assembly approved an amendment proposed by Governor Ralph Northam that decriminalizes the possession by adults of a small amount of marijuana effective July 1, 2021. Virginia joins 26 other states and the District of Columbia that have decrim-

inalized small amounts of marijuana. This generally means certain small, personal-consumption amounts are a civil or local infraction, not a state crime (or are a lowest misdemeanor with no possibility of jail time). Based on the new law in Virginia, adults can grow up to four plants, gift it in private, or have an ounce or less in their possession if they are over 21. Selling, buying, or driving with marijuana remains illegal at this time. People given a summons for possession for an amount beyond the minimum will be issued a summons for marijuana possession for which they have the option of prepaying the civil penalty of \$25 instead of going to court.

I voted for the Governor's amendments as necessary to reflect the realities of marijuana possession and use. The people of Virginia will be no less safe as a result of these changes. Our jails will be less full of persons who use marijuana recreationally for themselves, and persons who do so will not be labeled a criminal. Previously marijuana possession was a criminal offense punishable by up to 30 days in jail and/or up to a \$500 fine. Public opinion polls have shown that 83 percent of Virginians support lowering crimi-

nal possession to a fine and 61 percent support ending prohibition all together.

I also supported the changes in laws related to the use of medical cannabis in 2017. The law enacted at that time permitted patients suffering from intractable epilepsy to use some types of cannabis oil with a doctor's certification. Subsequent amendments to that law allow patients with any condition to receive recommendations to use and purchase cannabis preparations

with no more than 10 milligrams of THC per dose. Extracts sold under the provisions of this law must be produced by processors approved by the Virginia Board of Pharmacy. Thirty-three other states have similar laws related to the use of marijuana for medical purposes.

Retail sales of marijuana will not begin until January 1, 2024. Many complex issues remain to be resolved as to who will be certified to sell the product, how an illicit market will be controlled, and what the limitations on purchasing will be. The Joint Legislative Audit and Review Commission issued a 175-page report in November 2020, titled "Key Considerations for Marijuana Legalization" that sets direction with options as to how the state should proceed with full legalization. There is a determination on the part of most legislators that the current system for labeling persons criminal and putting them in jail is not appropriate and that total reform is needed. Minority communities have been particularly hard hit by the current system. Much work remains to be done, but I believe Virginia is taking a responsible route to fixing the laws about weed.

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News

'The Church Wants to Remain a Vibrant Part of the Community'

Fairfax Church of Christ proposes expanding its site and uses.

> By Bonnie Hobbs The Connection

anting to provide even more opportunities to its members and the community, Fairfax Church of Christ is seeking a special-exception amendment from Fairfax County. If successful, it will be able to add land area to its existing site, re-establish a nursery school for 200 children and construct some building additions and a community gym.

The church is at 3901 Rugby Road in Fair Oaks. And attorney Lynne Strobel recently presented details of its proposal during a joint meeting of the Sully District Council and West Fairfax County Citizens Assn. (WFCCA) land-use committees.

This church has a 760-seat sanctuary and does not plan on enlarging it. However, it hopes to add onto its 36,077-square-foot building. Three small additions in

Phase One would add 5,938 square feet; and the gym in Phase Two would add another 15,160 square feet – making the church 57,175 square feet, overall.

"Fairfax Church of Christ is on 5.86 acres on the east side of Rugby Road and has been there since 1972," said Strobel. "It's on parcel 32A and has recently acquired parcel 31 to its south, for a total of 7.72 acres. Both parcels are zoned R-1 [residential, one home/acre] and parcel 31 currently has one home on it. The church wants to rezone both parcels to R-2 [residential, two homes/acre]."

IN PHASE ONE, she said, the three small additions would go on the south side of the church. And a portion of the one-story building behind it would be demolished and rebuilt as two stories.

Phase Two would be the gym for church members to use for recreational activities, plus a meeting and gathering area. It would also contain space for community use by Scouts, civic groups, etc.

"There are 254 parking spaces now, and this project would add 10 more for the gym – which will be accessed solely through the existing church property," said Strobel. "And the church parking spaces may also be used for the gym."

She said the church will preserve all the trees at the front of the property and will add more landscaping, as well. And she stressed that the gym – which is proposed to be 40 feet high – "probably won't happen for several years."

"The church has been thoughtful about this process and wants to remain a vibrant part of the community," said Strobel. "And they'd like to have childcare to serve both the congregation and the neighborhood



Aerial view of the Fairfax Church of Christ.



Diagram showing where the new additions (in brown) will go.

community. That way, the children could stay there longer than four hours."

"Our previous childcare had 60 children and was mainly used by the community," explained the Rev. Phil McKinney, the church's senior pastor. "But we had to close it because we only had a morning option, and the community needed all-day. But this new nursery will allow us to offer all-day nursery school."

In response to questions, he said the trio of small additions are slated to be used for storage space for chairs and other items. And, he noted, any lighting outside the gym would face downward and be Dark Sky-friendly, so as not to adversely affect any nearby homes

STROBEL said the drop-off for the childcare/nursery school program would be behind the church. And Jay Johnston, with the Sully District Council, said its traffic will enter via Rugby Road, drive through the site and exit via Rugby Road, as well.

Resident Srilekha Palle said she lives nearby in Kensington Manor Homes, off Burning Bush Drive, and was worried about any nursery-school traffic on that street. But, replied Johnston, "We'll probably [recommend] restricting access to Burning Bush, for safety purposes."

Stephen Chulick, with the WFCCA, wanted screening placed between the church and the closest homes. Strobel said church representatives planned to meet soon with the community, and she told the land-use committee members she'd return to them, in the next few months, with an update.

This matter is currently scheduled to go before the county Planning Commission on June 30.



(From left) Members of Girl Scout Troop 2526 Emma, Caroline, Jadon, Ella, Victoria, and Lakshanaa gather outside Reston Hospital Center before donating 35 boxes of Girl Scouts cookies in assorted flavors to patients and staff.

'Doing Something Good'

Girl Scout Troop 2526 of Floris E.S.bring cookies to Reston Hospital patients and staff.

By Mercia Hobson The Connection

irls from Scout Troop 2526 of Floris Elementary School in Herndon went to nearby Reston Hospital Center, part of HCA Virginia Health System, and donated thirty-five boxes of assorted Girl Scout Cookies. "We wanted to do something good," said Jadon. "Donating the cookies was the best option."

In the Girl Scout Journey's spirit, the girls identified a problem, boxes of donated cookies looking for homes. The scouts came up with a creative solution that would make a difference, formulated a plan, and put it into action. On Monday, April 5, Emma, Caroline, Jadon, Ella, Victoria, and Lakshanaa dropped off their hospital contributions.

According to Lakshanaa, the scouts agreed the gift would go to patients and staff. The recipients did not need to know who gave them the cookies. Unlike some other troops nationwide, their cookie boxes did not have Scout-applied labels announcing their Girl Scout Troop Numerals. "It doesn't matter" said Emma

Girl Scout Troop Numerals. "It doesn't matter," said Emma. The donation was about the cookies.

The scouts sold a total of 2,666 boxes of assorted Girl Scout Cookies, exceeding the Troop's goal of 2,500 boxes. Ella said funds raised would support a planned camping trip.

The scouts will continue do-

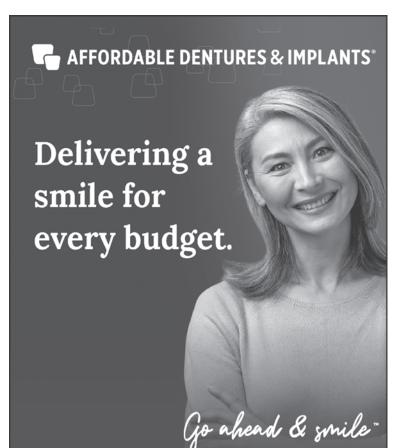


Todd McGovern, Director, Marketing & Communications at Reston Hospital Center is piled down with Girl Scout Cookies to deliver to patients and staff in the hospital. Girl Scout Troop 2526 of Floris Elementary School dropped off their donated assortment.

"Our Troop is so pleased to do this for the community."

— Ives Mazur, one of the Troop Leaders

nating. "Our Troop is so pleased to do this for the community," said Ives Mazur, one of the Troop Leaders for 2526. According to Mazur, the Troop scheduled a second Girl Scout Cookie contribution, this time on Monday, April 12, to the residents at Embry Rucker Community Shelter in Reston.



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OPINION

Volunteer team manages Reston Farmers Market with Covid protocols.



PHOTOS CONTRIBUTED

Reston Farmers Market to Open May 1

By John Lovaas Community Activist and Founder of Reston Farmers Market

fter a long fall and winter, a beautiful spring has arrived bringing with it the return of the Reston Farmers Market (RFM).

Last year at this time with Covid 19 surging nationwide, our Fairfax



Independent Progressive

County Park Authority sponsors were doubtful they would permit any of their 10 farmers markets, including Reston, to open at all. However, once a strict regimen of Covid 19 safety protocols were agreed upon, RFM opened on May 9. It looked and felt quite different: stalls were farther apart, people wore masks, entry was controlled, one-way traffic was the rule, social distancing was strictly observed, shoppers had to point to products for purchase rather than touch them, and hand sanitizers were everywhere. It took some getting used to, but it worked. Shoppers increased as people realized this market was a safe place. We counted a total of more than 64,000 shoppers; vendors generally did well; and, there were no known infections.

When we open our 24th year on May 1, most Covid protocols will continue. Masks are required—no mask, no shopping. We've dropped the one-way traffic and are hoping that, as inoculations take us towards herd immunity and infections stabilize at lower levels, there will be further easing of still necessary restrictions.

I can say with absolute certainty that you will still find the freshest, best tasting locally grown and home-made foods at the Reston Farmers Market. And, most of your favorite farmer vendors will be back for the 2021 season along with some new ones. One popular farmer returning is Shenandoah Seasonal, an all-natural produce grower originally from Reston who, because she had a new baby, opted out last year due to the pandemic. She's back this year, with even more produce!



Kari Umans, a regular RFM shopper.

In fact, we should have our usual full complement of 30 vendors, thanks in part to Bob Smoot, a special friend of the Market who allows us to use the brick strip next to the parking lot for five vendors we otherwise would have to exclude.

Our vendors encompass a wide range of products. In addition to having our basic vegetables and fruit vendors (10), RFM has three meat producers and a seafood selling fisherman, four vendors who sell baked goods, four who sell plants or flowers, and an incredible range of more exotic and value-added products. Examples of the latter include: Maple Syrup from trees in the Blue Ridge Mountains; mushrooms grown in weather-controlled rooms on Maryland's Eastern Shore; scrumptious micro greens from a farm near Baltimore; Turkish cuisine from a kitchen in Arlington; and, vegan/organic foods and plant-based healthy eating classes based in Herndon! Reston is the largest market in the County in fact.

Founder Robert Simon and Delegate Ken Plum joined me in inaugurating the Reston Farmers Market with just 12 vendors in May 1998. At the time, Lake Anne was a lonely place on Saturday mornings. As a crafts market grew up on the Plaza beside RFM, Saturdays took on a marvelous bazaar-like atmosphere. However, last year the crafts market closed for several reasons. Now here's the latest good news. We hear a crafts market is likely to return this year. And, there is competition to run it, with a volunteer merchants' group offering to do so and give 100 percent of net revenue to be dedicated to maintenance of the Plaza! Good news indeed!

Reston Author Releases Patriotic Activity Book

'Misleading view of what patriotism is' fuels guidebook.

By Mercia Hobson The Connection

atriotic Activity Book for ALL Americans" (Adair, 2021) is the newly released interactive content book co-authored by Reston composer and former teacher Audrey J. Adair. Co-author, fellow teacher, and graphic artist Leah Solsrud, who happens to be Adair's mother, illustrated the book. The 267-page guidebook is available on Amazon for \$12.99 and rated five stars.

According to the author, the book is a resource for parents, teachers, and anyone interested in learning about the United States' heritage of distinct cultural voices. It celebrates democracy and features background information about the United States on three topics, national symbols, patriotic music, and holidays. A wide range of games, crossword puzzles, and trivia appeal to all age groups. The downloadable words and sheet music for familiar patriotic songs add to the content. "Patriotic Activity Book covers important and interesting civic facts that all Americans should know," said the reviewer Angela Iunes of Reston.

Solsrud passed away before the book was published. "I think her legacy as an



Photo contribu

Reston author Audrey Adair holds up her newest release, Patriotic Activity Book for ALL Americans. On the screen is a live shot of her two grandchildren and daughter, Allison Albert, completing a book project.

author and illustrator shines through this comprehensive guidebook, and she would be pleased...All the images are hers," said Adair

ADAIR styled the book on her "Ready-to-Use Music Activities Kit," established as the all-time best seller for Parker Publishing Company's Music Educators Book Club. "As the

project manager, I could see that the topics are up-to-date and have a logical flow, making the stories easy-to-read with engaging activity pages, covering a wide range of abilities," said Project Manager for "Patriotic Activity Book" Walter D. Lazear of Reston.

Adair said she felt compelled to write a book on patriotism after the 9/11 terrorist attacks

According to Adair, she and her mother developed the book's original version to share traditions, customs, and values that protected America's democracy" "We were offered a contract with a release date three years away. But we were disenchanted by that long wait. So, we put the manuscript aside," she said.

It wasn't until 2020 and the COVID-19 pandemic that Adair witnessed the country's democracy challenged again. Men and women put their lives on the line to help others. She dusted off the first version, and inspired, returned to the project.

"The topic of patriotism is often neglected or confused...As a result, Americans have a simplistic and sometimes misleading view," writes Adair in her book. In the second version, Adair educates the reader, raising awareness. She adds two holidays, Juneteenth and Native American Day, a quote from President Joe Biden, and a dedication to "true patriots."

"Our country cannot function without the frontline workers... We thank them for their service as we do for our military veterans," Adair writes.

THE WORD patriot expands beyond service members in the Armed Forces and first responders. According to Adair, the circle widens to grocery store employees and teachers who report for work, healthcare workers helping others, and those who lost their lives helping others. Patriots are also individuals who confront the status quo and protest against police brutality and racial disparities. They express distrust of the administration. Patriots are those who help fellow Americans by volunteering, participate in politics, support food banks and protect other citizens and themselves by wearing a mask. And they sing patriotic songs at home.

"I gave this to my three neighbor kids whose parents did not grow up exposed to the richness of American traditions, historical figures, and songs," said Doug Whall, Reston resident.

"I wrote this book so people could learn that Americans could become more knowledgeable. I have a passion for certain topics, and this was one of them," said Adair.



Volunteer Appreciation Week is April 18th — 24th, but our volunteers are important to The Closet all year round!

To Learn More About Volunteering at The Closet: http://theclosetofgreaterherndon.org/volunteer/

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RNGC Operations LLC trading as Reston National Golf Course, 11875 Sunrise Valley Drive, Reston, Fairfax County, Virginia 20191-3301. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Mixed Beverage On and Wine and Beer On and Off license to sell or manufacture alcoholic beverages. Kevin Sadowski, Member authorizing advertisement. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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Sushi Toro Restaurant LLC trading as Sushi Toro, 4088 Airline Pkwy, Chantilly, Fairfax County, Virginia 20151-3979. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVER-AGE CONTROL (ABC) for a Wine and Beer On Premises, Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Min Jeon, Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www. abc.virginia.gov or 800-552-3200.

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Alcorn to Host Discussion on Confederate Names

Hunter Mill District Supervisor Walter Alcorn is hosting a panel discussion and town hall on Tuesday, April 20 at 7 p.m. to provide information on the countywide inventory and report on Confederate street names, monuments and public places and to discuss possible next steps.

The meeting will be hosted on the Webex platform. Use this link to attend and participate in the meeting. If you prefer to listen to the meeting on your phone, you may call 1-844-621-3956 and use access code: 129 974 5772. This is also the number to use if accessing TTY 711. Watch a live stream of the meeting on YouTube Live.

Child Car Seat Inspections, April 22

Police officers will inspect car seats, Thursday, April 22, from 5-8:30 p.m., at the Sully District Station, 4900 Stonecroft Blvd. in Chantilly. Seats should already be installed so they're ready to be inspected and properly reinstalled, if necessary. Parents will also learn how to properly install the seats themselves. Inspections are done first-come, first-served. Wear a mask and adhere to social distancing.

Outdoor Movie Night, Friday, April 23

New Life Christian Church, 14550 Lee Road in Chantilly, is holding a family-friendly movie night under the stars. Bring your lawn chairs, blankets and snacks and have some fun at this free event open to all ages. It's set for Friday, April 23, at 8:15 p.m., in the nZone side lot (rain date, April 24). Popcorn and water will be available. For more information, contact elinork@newlife.

Nature Scavenger Hunt at Cub Run

Area residents may get outside and enjoy the spring weather by turning their next walk in the woods into an exciting scavenger hunt. The new "Critter Trivia Trail," on the parkland behind the Cub Run RECenter in Chantilly. is a free, nature-themed scavenger hunt with video clues.

Since children have been missing out on their normal school field trips, this activity enables them to learn about the animals of Virginia while walking along the Cub Run Stream Valley. Parents may use their smartphones to scan QR codes along the trail that link to a video about an animal. Then their children can try to answer a trivia question about that animal. Follow the clues on the video to find the correct answer in the

The Critter Trivia Trail has 11 stations along a one-way loop. It starts at the kiosk at the entrance circle to the Cub Run RECenter, and markers guide participants along the paved and mulched trail. No entry pass

is needed; the trail is free for all to enjoy. It's less than one mile long and winds through the various habitats in the park. Parking is available at the Cub Run RECenter, 4630 Stonecroft Blvd. For more information, call 703-817-9407 or visit Cub Run RECenter

Donations Needed for WFCM's Food Pantry

The most-needed items in Western Fairfax Christian Ministries' (WFCM) food pantry this month are: Sugar (1-2 pounds); vegetable oil; tomato sauce; pasta sauce; canned pasta (ravioli); Hamburger Helper; canned mixed fruit and pineapple; and canned asparagus, beets, mixed vegetables and lima beans. Also needed are toilet paper, shampoo, conditioner, feminine pads, soap, deodorant, baby wipes and shaving cream.

Consider making monetary donations for perishable items such as milk, cheese, butter and yogurt so WFCM may purchase them weekly, due to their short shelf life and required refrigeration. The food pantry is at 4511 Daly Drive, Unit J in Chantilly; phone 703) 988-9656 for hours of operation and further information.

Local Student Victorious in Poetry Contest

Fourth-grader Alisha Baptista of Bull Run Elementary in Centreville was one of nine, student poets named winners in the 2021 Fairfax Parks Student Poetry Contest. More than 120 students in grades K-8 entered the contest presented by Fairfax County's Park Authority and Park Foundation.

The annual contest coincided with National Poetry Month in April, and its theme celebrated 70 Years of Excellence in Fairfax County Parks. Students were asked to write how local parks have made this county a greener, cleaner, healthier place to live, work and play.

All nine students will participate in a virtual, poetry reading to be shared on the Park Authority's website and social-media platforms on Earth Day, April 22. In celebration of the Park Authority's 70th anniversary, these winners will also receive a \$70 Park Authority gift card, courtesy of the Park Foundation.



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Hitting The Nail On the Head



By KENNETH B. LOURIE

What are all these "Toe Nail Clipper" emails I receive nearly every day? And how do these senders know that I'm actually the perfect recipient. Toe nail clippers and cuticle trimmers have been the bane of my existence going back as far as I can remember. And as recently as I care to mention, these two accessories have been front and center on my bedside table, in a drawer in my living room coffee table, in my car's console/glove box and in any suitcase/ overnight bag I take with me out of town. The fact of what has been the matter with me is that I bit my nails and trimmed my cuticles constantly, not out of appearance but due apparently, to some undiagnosed mental condition, according to family and friends who were subjected to my relentless pursuit of whatever ailed me.

The constant gnawing and "cuticlizing" of my nails drove my parents nearly around the bend. Whatever they tried, which was not professional help, couldn't stop the train, so to speak. Unfortunately, they weren't alive to see me stop. What joy they would have felt for this change. Exultation. Unfortunately, the change occurred quite by accident and with no intent of mine. What happened was that I was diagnosed with cancer, rather than make me a nervous wreck about my original "terminal" diagnosis, and bite my nails for a good reason, I just stopped, and it's been over twelve years now. I still haven't been to a manicurist, but I no longer scoff at the suggestion. And though neither of my parents lived to see me stop biting my nails, they also both died before learning about my lung cancer diagnosis, for which I was extremely grateful.

Aside from the obvious reason why my mother would have been upset about her "baby" being diagnosed with lung cancer was the fact that throughout my childhood, my mother smoked four packs of Chesterfield Kings every day. Then suddenly, she stopped, cold turkey, the coldest you can imagine. It happened in the early 60s when the anti-smoking campaign about the association between smoking cigarettes and lung cancer began in earnest in this country. From that point forward, my mother never wavered in her commitment. There were no more cigarettes and she lived to age 87, almost, when she died from natural causes, not cancer.

Oddly enough, it was her non-smoking son, yours truly, who was diagnosed with lung cancer, part of an ever increasing percentage (upwards of 25% most recently) of non-smokers so diagnosed. Whether second hand smoke or environmental exposure to certain chemicals, the numbers of lung cancer patients who were non-smokers has been steadily increasing. And in a fortuitous twist of fate, it was this increase specifically in the number of non-smokers being diagnosed with cancer which led to a huge increase in research funding. Funding which has spawned an increase in the numbers of drugs approved by the FDA which have directly affected my treatment and subsequent survival. Now what percentage of nail-biters are diagnosed with

But this hyper-targeted email campaign - which features almost daily emails from people who are on a first-name basis with me and I them, according to their sender's name, is remarkable in its having reached a prime candidate, and one with a history of having used imperfect and/or failed implements for this very purpose. If anybody would appreciate the possibilities of this product, the relief it might provide, it would be me. If my mother were alive today, I'm sure she'd agree, nobody ever bit their nails more than I did. That's how I learned the meaning of the word "quick: "the soft-tender flesh below the growing part of a fingernail or toenail."

With all the self-consciousness I endured while nail-biting (and the visual condition of my fingers as a result), I wish I could take credit for having figured out the underlying cause, or had found a topical solution and/or a hypnotic suggestion that would help me stop. But I didn't. Apparently, the cancer made me stop, and not even consciously. To quote the late B.B.King: "The thrill is gone."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

News

Cyclists participating in the Inaugural Tour de Hunter Mill will enjoy the paved Washington & Old Dominion Trail and marked crosswalks in the Town of Vienna.





Ticket Sales Open for Tour de Hunter Mill

The tour promotes 'Unity in Our Community' and mobility by bicycle.

By Mercia Hobson The Connection

upervisor Walter Alcorn (D-Hunter Mill District) announced the Inaugural Tour de Hunter Mill. It is a community bike ride for a maximum of 150 ticketed riders on May 15. The Hunter Mill District, Fairfax Alliance for Better Bicycling, and Reston Bike Club organized the event to be held rain or shine beginning at 8:30 that morning with a welcome by Alcorn. Cyclists riding the three routes, one family and two long with staggered start times, leave from Reston Community Center Hunters Woods and end there to enjoy the post-ride food, fun, and prizes.

According to Alcorn, Tour de Hunter Mill show-cases "Unity in our Community." Cyclists discover or rediscover the many hidden treasures, cultural and environmental resources the district offers in Reston and the Town of Vienna. The ride is modeled after the Annual Tour de Mount Vernon.

"There are multiple routes depending upon how ambitious different riders are," he said.

Fairfax County's webpage of the event describes the short Family Route as less than five miles and staying within Reston, mostly on paved Reston Association paths. Cyclists visit five different public art locations, and children enjoy a Public Art passport game to earn a reward at the end of the ride.

The two Long Ride routes go from Reston to Vienna and back to Reston. The difference is whether cyclists pedal the entire route or ride the Metro for a portion of the return route. The Tour de Hunter Mill Route Long Ride, No Metro, is 20.3 miles. Cyclists take the W&OD to Vienna for the first rest stop. Then they take quiet roads and trails to the Spring Hill Metro station in Tysons Corner for the second rest stop. From there, cyclists turn around and head back to Reston and Hunter Mill using paved trails, quiet roads, and roads with bike infrastructure.

The more interesting long route, according to Alcorn, is the Tour de Hunter Mill Long Ride Using the Metro. It is a 15-mile route. After the first portion, cy-



Grab a bike from any Capital Bikeshare station like this one at Library Street in Reston to explore areas along the Inaugural Tour de Hunter Mill routes. Then opt to sit back and take the bike on Metrorail and return it to any Bikeshare station.

clists catch the Metro at Spring Hill. Riders have to use their Metro cards. This option saves cyclists 475 feet of climbing over six miles. Supervisor Alcorn said he is picking up a bike at a Capital Bikeshare station and looking forward to the Long Ride Using the Metro.

"It is for those of us that actually want to see what it's like and have not ridden a bike then taken the bike onto a Metro rail car," Alcorn said.

The fee is \$25 per rider. If registering as a family, up to 5 people, purchase one ticket per adult and send an email to huntermill@fairfaxcounty.gov. to inquire about family pricing. If individuals would like to participate but cannot afford the registration fee, email huntermill@fairfaxcounty.gov for a scholarship or volunteer opportunities. Put Tour de Hunter Mill in the subject line.



Antwon Jackson #1 scored the game's only touchdown in the 2nd quarter.

Chantilly Chargers Beat Seahawks in Region Semifinals The Chantilly Chargers marched to Reston to take on the South

The Chantilly Chargers marched to Reston to take on the South Lakes Seahawks in a region semifinal game. The Chargers' Antwon Jackson scored the only points of the game in the 2nd quarter, running in from 15 yards out. At halftime Chantilly Coach Sean Curry's message was, "You won the first half, but there is another half to play." Chantilly would not disappoint, holding the Seahawks scoreless. The Seahawks had scored 115 points in their previous 3 games. In the closing minutes of their last two games the Chargers defense would stop their opponent. Chantilly (6-1) will play at Madison (7-0) for the region final on April 16. South Lakes ends their season at (3-2).

PHOTOS BY WILL PALENSCAR



Chantilly Coach Sean Curry talks to his team at halftime of the Region Semi Final game with South Lakes.



South Lakes' QB Marcus Miles #7 looks down field for a South Lakes receiver.

Nolan Riley #3 pressures South Lakes QB Marcus Miles on the Seahawks' final offensive play.

