

PRSRT STD

May 12-18, 2021

Potomac REAL ESTATE



4 11500 Dalyn Terrace — \$2,780,000



3 10111 Iron Gate Road — \$3,895,000

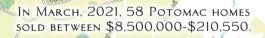






2 9308 Belle Terre Way — \$4,300,000

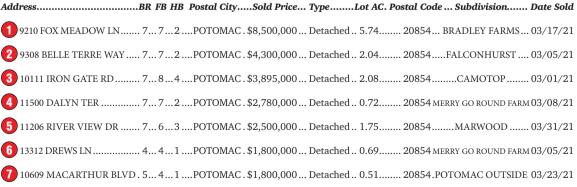
March, 2021 Top Sales







1 9210 Fox Meadow Lane — \$8,500,000



11740 GAINSBOROUGH RD. 5... 4... 3.... POTOMAC. \$1,750,000... Detached.. 0.77....... 20854. WILLERBURN ACRES 03/11/21

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PLAY BALL: WEEK IN NUMBERS

12-15

After the Food and Drug Administration expanded the Pfizer vaccine for youth 12-15 years old, Montgomery County has permitted pre-registration for appointments. See https://www.montgomerycountymd.gov/covid19/vaccine for preliminary information and instructions. Montgomery County is already vaccinating all Marylanders 16-and-older. Vaccination sites are also permitting walk-in appointments for adults at many locations.

250

Montgomery County officials approved the Bethesda Community Base Ball Club's plan to permit 250 fans safely at Big Train games at Shirley Povich Field in June and July. "After all the sacrifices our residents have made these last 14 months, we all deserve the enjoyment of a summer's night at a ballgame," said Bruce Adams, Big Train's Founder." The Bethesda Big Train, the best summer college baseball team in the nation in 2011, is a team of top level college players playing in the summer wooden bat Cal Ripken Collegiate Baseball League. Sixteen Big Train alumni have made it to the major leagues. With the support of The Jim and Carol Trawick Foundation, the Big Train will honor a different group of 25 Community Heroes with free tickets at every game this season. The Big Train plays home games at 10600 Westlake Drive. See http://www.bigtrain.org/

635

Days since the last Bethesda Big Train opening pitch. The Big Train's season starts Saturday, June 5 at 7 p.m., the first time the Big Train has played since winning the Ripken League championship on July 31, 2019. "It's been 635 days, but who's counting?" according to Bruce Adams, Big Train's founder.

61

Cicadas will emerge, likely this week, when soil temperature one feet below ground reaches 64 degrees. Most cicadas will wait for a humid but not stormy evening to pop out of the tunnels they've been building for weeks, if not in the process of for 17 years.

1,419

Between 2015 to 2019, police reported 1,419 collisions in Montgomery County that resulted in 1,461 serious injuries and 163 fatalities to drivers, passengers, pedestrians and bicyclists. The county averaged 30 fatal collisions a year from 2015 to 2019.

The County's Vision Zero Plan seeks to eliminate all traffic, pedestrian and bicycling fatalities by 2030. The next 90-minute virtual "listening session" will be held on May 13 at 7 p.m. See montgomerycountymd.gov/visionze-ro/2030plan.html

29

A 29-organization workgroup through Montgomery County Public Schools has been created to determine the best ways to support students while also ensuring their safety. The workgroup will begin meeting Thursday, May 13. The workgroup is chaired by Kyson Taylor, MoCo Against Brutality; Regina Morales, Deputy Chief for Behavioral Health at Department of Health and Human Services; Elijah Wheeler, Executive Director of Collaboration Council for Children, Youth and Families; and Ruschelle Reuben, Associate Superintendent. "For too long we have met normal adolescent behavior with punitive responses that trap and traumatize our young people and have under-invested in the social, emotional and mental health supports they need to be uplifted and healed. This student-centered group will help us turn the page on that past in Montgomery County and serve as a model for the nation," said at-large councilmember Will Jawando.

453,800

Confirmed covid cases in Maryland, according to Maryland Department of Health and Human Services. This number as well as the following is as of Tuesday, May 11.

70,298

Confirmed covid cases in Montgomery County.

8,678

Deaths in Maryland due to covid, including 1,483 deaths in Montgomery County.

56.4

Percent of Montgomery County population that has received at least one dose of vaccine; 592,970 people in Montgomery County have received at least one dose of the covid vaccination.

43.3

Percent of Montgomery County population that has been fully vaccinated; 454,839 people have now been fully vaccinated.

2.395.628

People fully vaccinated in Maryand.

News



Flowers and plants by Plantmasters at opening day of the Potomac Village Farmers Market.



Locust Grove Nature Center Native Plant sale check out. The annual sale was a must-attend for area gardeners devoted to gardening with native plants.



Tall Meadow Rue was among hundreds of well-priced native plants offered at Locust Grove Nature Center native plant sale on Saturday and Sunday, May 8-9.



Dogs Welcome, People Tolerated ... New at the Potomac Village Farmers Market, dog treats at Pet Wants.



On Mother's Day, flowers from American Plant Food head home to mom.

Calendar

THURSDAY, MAY 13, 2021

POTOMAC VILLAGE FARMERS MAR-KET. 3 p.m. to 6:30 p.m. Potomac United Methodist Church, 9908 South Glen Road. Potomac Village Farmers Market operates May through November, offering fresh produce, delicious food, pet treats, plants and more. See https://www. potomacumc.org/potomac-village-farmers-market/

GLEN ECHO FOLK DANCERS. Virtual. 7:30 - 9 p.m. lesson, followed by dancing from 9:30 to 10:15 p.m. Join Glen Echo Folk Dancers for class and dance. Weekly on Thursday evenings. See https:// glenechopark.org/events-calendar

FRIDAY, MAY 14, 2021

CABIN JOHN PARK MINIATURE TRAIN RIDE. 3-6 p.m. on Fridays. 7410 Tuckerman Lane. Scenic two-mile, 15-minute train ride through Cabin John Regional Park. The train reopened for the season on April 9, 2021. See https://www. montgomeryparks.org/parks-andtrails/cabin-john-regional-park/ miniature-train/ for covid precautions and ticket information. \$2.50. (Children two and younger ride for free with an adult.)

LIVE FROM SPANISH BALLROOM. Streamed live at 7:30 p.m. from Glen Echo Park's Spanish Ballroom. This week's concert features Terpischore. See https://glenechopark. org/livefromSBR to register. Free.

FRIDAY NIGHT DANCERS. 8:30 p.m. Virtual. Join Friday Night Dancers for a virtual contra dance and live music. See https://glenechopark. org/events

SATURDAY, MAY 15, 2021

CAROUSEL STORY TIME. 9:30 a.m. Virtual. Through September, Glen Echo Partnership for the Arts and Culture will feature a story regarding carousels in celebration of the Glen Echo carousel's 100th anniversary. A Ride to Remember by Sharon Langley and Amy Nathan is the true story of how a ride on a carousel made a Civil Rights Statement. Free, registration requested. See https://glenechopark. org/storytime.

RIDE THE CAROUSEL. Noon - 6 p.m. Glen Echo Park, 7300 MacArthur Blvd. The 1921 Dentzel Carousel was installed in 1921 and celebrates its 100th Anniversary all season long. Purchase tickets (for a time slot) at https://glenechopark. simpletix.com/. \$5 per person for a four-hour time slot. See https:// glenechopark.org/carousel/ for additional information regarding covid protocols.

CABIN JOHN PARK MINIATURE TRAIN RIDE. 10 a.m. to 6 p.m. on Saturdays. 7410 Tuckerman Lane.



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SUNDAY, MAY 16, 2021

RIDE THE CAROUSEL. Noon - 6 p.m. Glen Echo Park, 7300 MacArthur Blvd. The 1921 Dentzel Carousel was installed in 1921 and celebrates its 100th Anniversary all season long. Purchase tickets (for a time slot) at https://glenechopark. simpletix.com/. \$5 per person for a four-hour time slot. See https:// glenechopark.org/carousel/ for additional information regarding covid protocols.

CABIN JOHN PARK MINIATURE TRAIN RIDE. 10 a.m. to 6 p.m. on Sundays. 7410 Tuckerman Lane. Scenic two-mile, 15-minute train ride through Cabin John Regional

Park. See https://www.montgomeryparks.org/parks-and-trails/ cabin-john-regional-park/miniature-train/ for covid precautions and ticket information. \$2.50. (Children two and younger ride for free with an adult.)

TANGO BRILLANTE. Virtual. 7:30 - 9 p.m. Join Tango Brillante DC as they present weekly Argentine tango & milonga lessons and musical performances. Also on May 23. https://glenechopark.org/events for registration information.

MONDAY, MAY 17

EVERY MILE COUNTS. 10 a.m. to 1 p.m.Little Falls Trail. May is Mental Health Awareness Month and Montgomery Parks and non-profit Every Mind have organized daily hikes along Montgomery County trails. See https://www. every-mind.org/get-involved/walkers/ to register and precise spots. 25 slots available. See full calendar at https://www.montgomeryparks. org/uploads/2021/04/FINAL-Calendar-Mental-Health-Hikes.pdf

TUESDAY, MAY 18

HOW PARKS & Cities Can Ensure Longer, Happier, Healthier. Lives webinar, 11 a.m. to 12:30 p.m. Learn what it means for a community to be age-friendly and the work that must continue post-pandemic to ensure communities break down barriers to become more equitable, sustainable, and inclusive for everyone. Register by May 17. https://www.montgomeryparks. org/events/montgomery-parks-virtual-speaker-series-how-parks-cities-can-ensure-longer-happier-healthier-lives/

WEDNESDAY, MAY 19.

GARDENING FOR BUTTERFLIES. 3 to 3:30 p.m. VIRTUAL, from Locust Grove. Learn the best ways to attract butterflies to your garden and backyard. Register at https://www. montgomeryparks.org/events/gardening-for-butterflies-3/

THURSDAY, MAY 20, 2021

POTOMAC VILLAGE FARMERS MAR-KET. 3 p.m. to 6:30 p.m. Potomac United Methodist Church, 9908 South Glen Road. Potomac Village Farmers Market operates May through November, offering fresh produce, food including pastries, pasta, pizza and gelato, pet treats, plants and more. See https://www. potomacumc.org/potomac-village-farmers-market/

FRIDAY, MAY 21, 2021

EVERY MILE COUNTS. 10 a.m. to 1 p.m., Cabin John Stream Valley. May is Mental Health Awareness Month and Montgomery Parks and non-profit Every Mind have organized daily hikes along Montgomery County trails. See https:// www.every-mind.org/get-involved/ walkers/ to register and precise spots to meet. 25 slots available. Free. See full calendar at https:// www.montgomeryparks.org/ uploads/2021/04/FINAL-Calendar-Mental-Health-Hikes.pdf

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SATURDAY, MAY 22, 2021

TAILS ON THE TRAILS FUN WALK/ RUN. 9 a.m. - noon. Robert C. McDonell Campground, 7701 Tuckerman Lane. Free registration required. In celebration of National Pet Month, Montgomery Parks organized a free event designed to include your four-legged family

McDonell Campground at Cabin John Regional Park, where you will find a beautiful natural surface path that is about one mile long. Check-in will take place at the entrance to the campground and at specific times to control. There your dog will be able to go through an agility course, pose for pictures, and sniff to their heart's desire within the campground.

See www.MontgomeryParks.org or https://www.montgomeryparks. org/pop-up/tails-on-the-trails-fun-

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SUNDAY, MAY 23, 2021

RUN AWARE CROSS COUNTRY 5K. 8 a.m. to 10 a.m. Run "Aware" through Cabin John Regional Park trails. Be prepared to get wet and muddy. Free, but registration is required and limited to 150 people for covid restrictions. See https:// mcrrc.org/calendar-event/runaware-2021/

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Federal Help for Restaurants and Shuttered Venues

are now available to help local businesses:

Revitalization Fund Restaurant (RRF): The \$28.6 billion Restaurant Revitalization Fund, authorized by the March stimulus bill, is now taking appli-

wo new federal funding sources cations for grants for restaurants, bars, and funding equal to their pandemic-related rev- For more information visit the SBA RRF other similar places of business that serve food or drink. The purpose of this funding is to provide support to eligible entities that suffered revenue losses related to the COVID-19 pandemic.

This program provides restaurants with

enue loss up to \$10 million per business and no more than \$5 million per physical location. Recipients are not required to repay the funding if funds are used for eligible uses no later than March 11, 2023.

Funds will be available until expended.

https://www.sba.gov/funding-programs/loans/covid-19-relief-options/restaurant-revitalization-fund

Shuttered Venue Operators Grant (SVOG): The Shuttered Venue Operators SEE FEDERAL HELP, PAGE 6

News

Montgomery County Announces Plans To Reopen Senior Centers and Libraries

ix library branches will reopen on Tuesday, June 1 and the Holiday Park and Damascus Senior Centers will reopen on Monday, June 14. The Potomac library is not among those opening now.

"Our library and senior center staff have provided valuable services and resources to our residents throughout this pandemic – in both traditional and innovative ways," said County Executive Elrich. "As our residents and employees are reaching safe thresholds of vaccination, we are ready to begin reopening our library buildings and senior centers for in-person activities and engagement. This reopening process will continue to evolve as many of our buildings and facilities are currently temporarily repurposed for other pandemic-related needs. We appreciate everyone's continued patience, understanding, and compliance to COVID-19 safe practices while we reopen these buildings."

The following six libraries will be open on an appointment basis for browsing and checking out materials, picking up holds, computer use, print/copy/scan services, information and circulation services. Collaboration rooms, study rooms, meeting rooms, and discovery rooms will not be available at this time.

The hours at all branches will be 10 a.m. to 6 p.m. on Monday, Wednesday, Friday and Saturday; and noon to 8 p.m. on Tuesday and Thursday. Additional information will be posted on the MCPL website as it becomes available. https://www.montgomerycountymd.gov/library/

❖Connie Morella Library, 7400 Arlington Road, Bethesda Gaithersburg Library,

18330 Montgomery Village Ave.

❖ Marilyn J. Praisner Library,

14910 Old Columbia Pike, Burtonsville Olney Library,

3500 Olney-Laytonsville Road

❖Rockville Memorial Library,

21 Maryland Ave.

Silver Spring Library,

900 Wayne Ave.

Montgomery County Public Library Director Anita Vassallo said, "Although the digital resources, virtual programs and 'Holds To Go' service provided by our ... staff were incredibly popular over the past year, we know how much the residents of the County value being able to visit their public libraries, and we are looking forward to welcoming people back to our buildings."

Holiday Park Senior Center located at 3950 Ferrara Drive in Silver Spring and Damascus Senior Center located at 9701 Main St. will open on Monday, June 14.

"Reopening our facilities safely is one our highest priorities," said Montgomery County Recreation Director Robin Riley. "COVID-19 has been hard for everyone and our seniors are one of the hardest hit groups. Throughout the pandemic we have successfully provided virtual programs and outdoor programs, and now we can safely begin the reopening of the Holiday Park and Damascus Senior Centers."

The Recreation Department provides seven senior centers. The Wheaton and White Oak Senior Center will continue to be COVID-19 vaccine sites. The Long Branch Senior Center will continue to be a full-time homeless shelter. The Margaret Schweinhaut and North Potomac Senior Centers will provide summer programming for hundreds of youth until the full reopening in August. Busing will provide young people from the Long Branch community an opportunity to participate in summer programming.

The department will continue to expand virtual programs and outdoor programs. Hundreds of seniors are currently registered in senior sports programs, meet-up hikes and dance, fitness and arts programs.

Survey: Fewer Families with Children Were Experiencing Homelessness

he number of families with children experiencing homelessness decreased by 52 percent between 2020 and 2021, according to the Metropolitan Washington Council of Governments (COG) Point-in-Time survey. The data is part of an annual regional analysis and report that started in 2001. The overall number of persons experiencing homelessness in Montgomery County decreased by 14 percent.

Since 2017, there has been a 35 percent decrease in the overall number of homeless individuals and a 65 percent decrease in homeless families.

The survey was conducted on Jan: 27, 2021. On the night of the count, there were 577 persons who were homeless in Montgomery County, as compared with 670 persons counted in 2020.

"In spite of the pandemic, we have worked hard as a community to continue our commitment to rapidly exiting people from homelessness," said County Executive Marc www.ConnectionNewspapers.com

Elrich. "We have maximized federal resources to connect people experiencing homelessness to permanent housing, placing twice as many households in 2020 as were housed in 2019. Our 'At Home Together' initiative to end and prevent homelessness for families with children has paid off. The partnership between our County programs and nonprofit partners who work every day of the year to end homelessness is a statement of the values we hold as a community."

www.connectionnewspapers.com/Calendar

The number of single individuals experiencing homelessness on the night of the Point-in-Time count was only a modest decrease of 1.4 percent from 2019 and despite placing more than 250 individuals in permanent housing in 2020, the number of people in emergency shelter remains constant. In response to COVID-19, Montgomery County altered its shelter strategy in 2020 by keeping all winter overflow shelters open yearround, resulting in a decrease of 34 percent SEE HELPING. PAGE 6





~~Free and open to all on Zoom~~
Potomac Community Village

Sun Protection and Skin Cancer Detection Presented by Dr. Alison Ehrlich former Chair of Dermatology, George Washington University Wednesday, May 26, 7:00pm–8:00pm

Register at 20854HelpDesk@gmail.com





News

Survey: Fewer Families with Children Were Experiencing Homelessness

From Page 5

in the 2021 count of unsheltered individuals.

"As COVID-19 cases among those experiencing homelessness skyrocketed nationally, here in Montgomery County, our providers put themselves on the frontlines to ensure the health and safety of our most vulnerable residents," said County Councilmember and Lead for Homelessness and Vulnerable Communities Evan Glass. "Housing is a basic human right -- and while we have made significant strides in Montgomery County, we can and should always strive to do better to ensure that homelessness is brief, rare and nonrecurring."

The COG 2021 Point in Time survey report is available on the COG website. For more information on County services, visit www.montogmerycountymd. gov/homelessness

<sh>Advice for Renters Facing Eviction

"Last week's ruling by a federal judge vacating the CDC's temporary halt to evictions is extremely concerning and could be confusing to our renters," said County Executive Elrich. "We need all Montgomery County residents to be fully aware that Maryland's Executive Order from Governor Hogan is still in effect and helps protect renters. If you are in the process of being evicted, please reach out to us, know your rights, and apply for rental relief resources if applicable. Furthermore, this federal ruling is another reason why Governor Hogan needs to not only keep, but extend, the eviction moratorium throughout our State."

Renters should apply for rental assistance at www.

mc311.com/rentrelief and work with their landlord on how that assistance can address past due rent. Renters need to prepare for possible court action while they apply for rental assistance and work with their landlord to use rental assistance in maintaining their housing.

Governor Hogan's Executive Order suspending evictions for tenants who demonstrate income loss related to COVID remains in place until the end of the state of emergency. Under the Governor's Order, eviction suspension is available if a renter attends their court hearing and provides documentation to show COVID-related impact on income.

Renters who receive a summons to appear in court must appear in court and are encouraged to access free legal and other assistance – both ahead of time and at court. To get help in preparing for court, renters may contact any of the legal assistance and tenant support organizations listed at www.montgomery-countymd.gov/renters Renters also should also contact the County for Housing Stabilization Services by calling 311 (240-777-0311).

On their scheduled court date, renters should bring income-impact documentation and ask for Legal Aid when they arrive at court. If a renter receives multiple court dates, they should attend each one.

Whether the renter accesses Governor's Order or CDC Order protections to prevent eviction, both protections require a tenant to take certain actions and attend their court date. More information about the Governor's Order and CDC Order is available at www. montgomerycountymd.gov/renters

Renters who already missed their court date and received an eviction notice from court are encouraged to do two things. They should call 311 (240-777-0311) for guidance from Housing Stabilization Services and they should call one of the tenant support organizations listed at www.montgomerycountymd. gov/renters to learn about any other possible options.

Federal Help for Restaurants

From Page 4

Grant (SVOG) is a \$15 billion grant assistance program to shuttered venues that will be administered by the Small Business Administration's Office of Disaster Assistance. The grant is open to live venue operators, promoters, theatrical producers, live performing arts organizations, museums, zoos, aquariums and theaters. SVO grants equal to 45%

of their gross earned revenue, with the maximum amount available for a single grant award of \$10 million. \$2 billion is reserved for eligible applications with up to 50 full-time employees.

For more information visit the Shuttered Venue Operators Grant (sba.gov) https://www.sba.gov/funding-programs/loans/covid-19-relief-options/restaurant-revitalization-fund



Home Life Style

Elevating The Bathroom

Ideas for budget and luxury bathrooms

By Marilyn Campbell THE ALMANAC

ometimes regarded as a strictly functional space, bathrooms might bring to mind brushing and flossing rather than style and comfort. Whether you're working on a tight budget or creating the bathroom of your dreams, two local designers offer inspiration.

"Even if you're only able to spend a limited amount of money, creativity is a necessity," said Marcie Taylor of Marcie Taylor Designs in Alexandria.

Taylor recalls helping a couple who'd grown tired of the outdated master bathroom in their Springfield home, but couldn't afford a total overhaul.

"I told them that they needed to invest in one statement piece and then add some less expensive accessories," she said. "We salvaged a crystal chandelier and hung it over the bathtub to create a focal point. We replaced the grout around the tub and sink which looked dingy against the existing white tile. We then added a matte black faucet and found a shower head in the same color."

When designers at InSite Builders & Remodeling transformed a cramped and outdated Jack and Jill bathroom in Bethesda into a master bath suite befitting a luxury spa, they had to expand the footprint of the bathroom by using square footage from an adjacent bedroom. The additional space was used to add a double sink, a new closet and a large zero-entry glass shower.

Helping to create a sense of tranquility, the design team used materials such as a white countertop, dark wood cabinets, a floating vanity, black fixtures, and a hinged glass shower door. "The shower is a major focal point," said Stephen Gordon, InSite Builders & Remodeling. "It [has] full-size porcelain slabs which eliminate grout lines."

"Even if you're just doing a spruce-up, a bathroom project can seem like a major undertaking," said Taylor. "But I can't recall anyone who didn't think it was worth the effort.'

> Рнотоѕ ву STACY ZARIN GOLDBERG

> > Full-size porcelain slabs make the shower a major focal point in this bathroom by InSite **Builders & Remodeling.**



White countertop, dark wood cabinets, floating vanity, black fixtures create a spa-like atmosphere in this bathroom by InSite Builders & Remodeling.



The hinged glass shower door are consistent with the contemporary design of this bathroom by InSite Builders & Remodeling.



POTOMAC ALMANAC

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A False Sense of Security



By KENNETH B. LOURIE

As previously referred to in a recent column, even though I am hardly cancer-free; nonetheless, I am cancer interruptus for the next four weeks. That means I have no cancer-related activities: no lab work, no scans, no infusions, no injections, no appointments, no video visits, no interaction whatsoever. Other than taking my daily thyroid cancer pill (the side effects of which are marginal at worst), with which I ingest another 50-plus pills (supplements and so forth), I am, too quote my late father, "unencumbered" by my less-than-ideal circumstances. I wouldn't say I'm actually on vacation, but I'm certainly willing to say, there's a definite break in the action. It's not exactly a "staycation," nevertheless, it is a positive occasion, and one with which I

Not that being diagnosed with "terminal" (originally) cancer and/or still undergoing active treatment is ever fun; tolerable is as grandiose a description as I'll accept. However, four weeks without any involvement with my oncologist and endoicrinologist or with any health care-related staff, puts a real bounce in my step; my neuropathy notwithstanding. Though I have difficulty walking and especially running, I am, for the next four weeks anyway, on easy street, figuratively speaking. The psychological wear and tear us cancer patients (especially the ones characterized as "terminal") endure is ever present and any excuse/opportunity to let one's mind wander to a place other than your presumptive demise, is a mental trip very much worth taking.

Oddly enough, a month of not having anything to do with my cancer team/healthcare facility is hardly the norm. Usually, there's more than enough cancer-related activities to keep me preoccupied. In its own unique way, the nothingness is kind of challenging. I keep looking over my shoulder, almost literally, as the great Satchel Page once said ("to see if anybody's gaining on me"), and flipping the pages on my appointment book to see if I've whiffed somehow on some of my usual and customary obligations. I mean: it is so rare to be so disconnected when you've been diagnosed with a "terminal" disease. As you might imagine, cancer treatment is very handson. Not much is left to chance. Moreover, cancer is very unpredictable and insidious. Often it is in control, despite the oncologist's best effort. To be thrown into this cancer-centric world after mostly standing still, healthwise, for 54 and a half years, is a fate not worse than death, but one, depending on the type of cancer you have, which could very well lead to a premature

After decades of neglect, the last 15 or so years has seen a huge increase in funding for lung cancer research which in turn has led to more than a dozen new drugs - and an entire new class of drugs: immunotherapy, for the treatment of lung cancer. The result has been increased survivability and quality of life for those of us so diagnosed. And very directly, I have been the beneficiary of some of these drugs: avastin, alimta and tarceva having been my life extenders. Where despair once dominated the initial prognosis, now there is hope. It's not so much a cure as it is a way to make cancer a chronic disease, one which requires a lifetime of monitoring, like diabetes, as an example; but it's potentially for a lifetime, not for a life with very

At this immediate juncture, I am being treated, but still living my life - outside, and rarely ever in a medical facility. Not having to endure the ongoing exposure and reminder that I have cancer and a shortened life expectancy to boot, enables me not only to breathe easier, but also allows me to take an occasional deep breath as well. A deep breath which doesn't lead to a coughing fit, a fit which, for us lung cancer patients is never a good sign.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.





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