

May 19-25, 2021

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

CALENDAR

NOW THRU JUNE 21

Taste of Old Town North. At various locations throughout Old Town North, Alexandria. Enjoy a stroll through the neighborhood with this year's reimagined Taste of Old Town North. Passport holders will be able to use their Passport to receive discounts at small businesses throughout Old Town North: The Arts and Cultural District, Parker-Gray and Braddock Road West. Passports may only be used once at each participating business; if 75% of a Passport has been used by June 21, the Passport holder will be entered into a drawing to receive prizes. Passports may be purchased online at oldtownnorth.org or at the Community Table at the Old Town North Thursday Farmer's Market. Proceeds will support the work of the Old Town North Community Partnership and ALIVE-inc.org. Visit www. oldtownnorth.org.

NOW THRU MAY 31

The Woodlawn & Pope-Leighey
House announces the 58th Annual Needlework Show, Café,
& Sale - a month-long event 10
a.m. to 4 p.m. where needlework pieces are submitted and
displayed throughout the mansion at the Woodlawn & PopeLeighey House historic site.
This year, the theme "Hindsight
2020: Needlework Expressions
of a Historic Year" reflects the

flow of emotions, observations, and reactions of this unprecedented time. The Show will run from May 2nd to May 31st, 2021 (except Tuesdays). This year the Show will culminate with a Needlework Tent Sale on May 31st, with a bounty of high-quality needlework pieces available for purchase!

THURSDAY/MAY 20

The Epidemics of the Past. 9:30-10:30 a.m. At Historic Huntley, 6918 Harrison Lane, Alexandria. Disease has always had an impact on history. Enjoy a healthy stroll up to a lovely view from Historic Huntley and learn why the Masons built their summer home upon a hill. Discover how epidemics of the past have shaped the society we live in today. Cost is \$8. Call 703-768-2525.

THURSDAY/MAY 20

Meditations and Fantasies. 5:30 p.m. and 7 p.m. At The Secret Garden of the Rectory, 711 Princess Street, Alexandria. Concertmaster of the Philadelphia Orchestra since 1999, David Kim comes to the Secret Garden for a brilliant program demonstrating the range of his artistry, from the personal to the virtuosic. Highlights include Jules Massenet's "Meditation" from Thais and Pablo de Sarasate's Carmen Fantasy,

SEE CALENDAR, PAGE 9

NEWS

Making Earth Day Work



Emmanuel Nocon, accepting hazardous waste at the Arlington Hazmat recycling center on Earth Day.

Dana Bell, scale house operator at the Arlington recycling center, on Earth Day.



INOVA

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News

Drive Through Ceremony Celebrates College Bound

By Shirley Ruhe
The Connection

hirty-one high school students sporting the T-shirt of their chosen college were cheered on, cowbells ringing, by family and friends on Friday, May 14 in a drive through signing ceremony by the Rinker Community Center. The students are seniors from AHC's College and Readiness Program.

Twenty eight of the 31 students are first generation college students, and the entire graduating class is college bound. Many of them have received scholarships including Michelle Rojas, a POSSE scholar who will be attending the University of Rochester; Abel Geleta, a Ron Brown scholar who will be attending Yale; Bill Soronzonbold, a Questbridge Scholar who will be going to Tufts; and Mahia Rahmen, a Jack Kent Cooke schol-

ar who will be attending Harvard. The class of 2021 has secured over \$3 million in scholarships and aid.

Rahmen plans to study Computer Science and Social Justice at Harvard. She says her aim is to use science and data to figure out what inequities face neighborhoods and work on policies to make change.

Geleta is planning to study science and pre-law at Yale, to possibly become a civil rights lawyer. "Seeing so much unfold during the pandemic, I'd like to be a change agent. We're the next generation; we need to be community-minded."

Elena Ogbe, attending James Madison University, and also a scholarship recipient, has been in the AHC programs since 7th grade. She comes from a big Eritrean family and two of her siblings have also been part of the programs from an early age.

Colleges attending: Harvard University, Yale University, Tufts



AHC graduates (left to right) Esmerelda Matthews, Elena Ogbe, Abel Geleta, Mahia Rahmen.

University, University of Virginia, New York University, University of Rochester, George Mason University, James Madison Universi-

ty, Northeastern University, NOVA Community College, Old Dominion University, Virginia Commonwealth University, Virginia Tech and Virginia Military Institute.

This program provides low-income students in AHC's affordable housing communities with the tools and support to successfully graduate from high school. Juniors and seniors work one-on-one with a mentor who helps them navigate the educational system and future career choices. The comprehensive program begins with after school assistance for elementary students and tutoring for teens.

The College and Readiness program was set up five years ago and has mentored 127 students with the first cohort in this program graduating this spring.

AHC Inc. is an affordable housing nonprofit with 7,800 affordable affordable apartments in Virginia and Maryland.

'Thank You for Your Service'

Celebrating Military Spouse Appreciation Day.

By Jeanne Theismann The Connection

pouses of active duty servicemembers gathered May 7 at the Starbucks Military Family Store at Penrose Square-Columbia Pike to be celebrated on Military Spouse Appreciation Day as part of Military Appreciation Month.

Blue Star Families and Operation Gratitude partnered with Starbucks to bring together spouses for the in-person and virtual Town Hall event with senior spouses sharing personal stories of the challenges and rewards of military life.

"The reason we do events like this is because our military spouses sometimes feel very isolated in their communities from moving often to new places," said Julie Riggs, National Capital Region Chapter Director of Blue Star Families. "We partner with Operation Gratitude and Starbucks to create spaces for our spouses to come together, both virtually and in person, and build a sense of community, not only with fellow military spouses but with civilian business owners and the entire community."

The event was part of a partner-ship between Blue Star Families, Operation Gratitude and Starbucks to support mental health and bring together members of the military community. The town hall event included a viewing party for at-www.ConnectionNewspapers.com

tendees to share their stories virtually with other military spouses.

Following the town hall, attendees were presented with Operation Gratitude Care Packages, which are assembled by volunteers including Starbucks employees, and include personal care products, snacks, coffee, and handmade items, as well as handwritten notes of gratitude from Americans across the country.

"Operation Gratitude is a national nonprofit that bridges the divide between military, first responders and grateful Americans," said Program Manager Betsy Eves. "Through volunteerism we provide opportunities for grateful Americans to say, 'thank you for your service."

In addition to the event, organizers coordinated an eGift card drive

Through May 31, members of the public can purchase a Starbucks Military eGift card for Military Appreciation Month. For every card purchased, Starbucks will donate \$5 to be divided evenly between Blue Star Families and Operation Gratitude to support the mental health and well-being of the military community.

Samantha Knepper attended the event and shared some of her challenges as a military spouse.

"One of the most difficult challenges is the lack of a continu-

ous career," said Knepper, whose husband is currently deployed to Guam with the U.S. Navy. "I've done a whole host of things – delivered pizzas, worked at a bank, worked as a receptionist, driven a taxi, done nonprofit work and been a caregiver. But because of organizations like Operation Gratitude, Blue Star Families and Starbucks, my husband and I have met some incredible people and know his service is appreciated."



Military spouses gather during Military Spouses Appreciation Day May 7 at Starbucks Military Family Store in Arlington.



Samantha Knepper, Navy military wife, gathers May 7 at the Starbucks Military Family Store in Arlington for Military Spouses Appreciation Day.



Operation Gratitude gifts for spouses of the military at Military Spouses Appreciation Day May 7 at Starbucks Military Family Store in Arlington.

OPINION

Arlington Coalition of Black Clergy Responds To the Verdict in Trial of Derek Chauvin

To the editor:

The Arlington Coalition of Black Clergy breathed a collective sigh of relief at the guilty on all counts verdict returned by the jury in the Derek Chauvin murder trial. We affirm that this was the right decision and are prayerful that his sentence will be in line with the heinousness of the crimes committed. We are also thankful that the U.S. Justice Department has finally opened a probe into the Minneapolis Police Department through which it will examine whether its officers have a pattern or practice of violating the civil rights of residents. This has been a long time

in coming.

While the verdict gives us hope, we agree with Minnesota Attorney General Keith Ellison's assessment that the result is not justice, it is accountability. George Floyd's life was brutally and unjustly taken, no jury verdict or investigation can undo that fact. Nevertheless, we must acknowledge the great work of the prosecution team in putting forward the best case possible. Their hard work led to the right outcome.

This trial and verdict need to represent a shift toward us holding law enforcement accountable and responsible for the unlawful, excessive, and even abusive ways that they police. Far too many communities in our nation, particularly communities of color, know the impact of police brutality.

We will not recount the history of policing in Black and brown communities here, but suffice it to say, it is often fraught with prejudice and hatred, instead of compassion and protection. This cannot be allowed to continue. Our Coalition is committed to transforming our society into one that is fair, equitable, and safe for all citizens.

Moreover, our Coalition is committed to the cause of justice. We are committed to representing the

voices of the voiceless and making sure that those who are often overlooked are acknowledged and valued.

We pray that one day soon justice will indeed roll down like waters. We will work, agitate, preach, pray, and stand on the wall until we have overcome every barrier that keeps our Nation from being unified and therefore free.

The Arlington Coalition of Black Clergy consists of African American ministerial leaders in Arlington. https://www.arlingtonblackclergy. org/ https://www.facebook.com/ ACBlackClergy/

Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

ARLINGTON FARMERS MARKETS ARE OPEN

This season Arlington has eight farmers markets offering fresh produce, baked goods, prepared foods and more.

Arlington Farmers Market Ballston Farmers Market Columbia Pike Farmers Market Crystal City Farmers Market Fairlington Farmers Market Lubber Run Farmers Market Rosslyn Farmers Market Westover Farmers Market

FRIDAY/MAY 21

Best Bets: Native Plants for Dry Conditions. 10 - 11:30 a.m., Online. Homeowners often wonder which plants will be best suited to the soil conditions in their landscapes. In this class, Extension Master Gardener Elaine Mills will describe the factors that lead to dry conditions in a garden and the adaptations plants have made to do well in hot, exposed sites, tolerate rain shortages, or survive in dry shade. She will introduce native trees, shrubs, perennials, ground covers, grasses, and sedges that have been found to thrive in these conditions, explain the benefits they provide to wildlife, and offer tips for growing and maintaining them. Free. RSVP at https://mgnv.org/events/ to receive link to participate.

SATURDAY/MAY 22

Home Turf Alternatives: Converting
Your Lawn into a Garden. 11 –
11:45 a.m., Arlington Home Show
& Garden Expo. Online. Are you
ready to think outside of that boxy
carpet of lawn that dominates
your yard? Join Extension Master
Gardener Donald Bobby to explore
alternatives to turf grass and learn
manageable techniques to reduce
the size of your traditional lawn.
Free. To register for session, go to
https://arlingtonhomeshow.org/.

The Arlington Home and Garden Expo runs on Saturday and Sunday May 22 and 23, 10 a.m. – 3 p.m. Online only. For a full list of offerings and programs, go to https://arlingtonhomeshow.org/.

STARTING SATURDAY, MAY 22

National Landing Farmers Market. 8 a.m. to 12 noon. At Metropolitan Park, 1330 S. Fair Street, Arlington. The National Landing BID is excited to announce the

opening of the National Landing
Farmers Market in Pentagon City
on Saturdays this summer. Shop
for a wide variety of food and specialty items from meat and eggs, to
produce, pickles and hot breakfast
sandwiches. Come and join this fun
community event that promotes
local shopping and small businesses. Visit the website:

https://nationallanding.org/do/national-landing-farmers-market

THURSDAY/MAY 27

Third Annual EcoExtravaganza. 4 p.m. At Bluemont Park Picnic Pavilion, at N Manchester Street and 4th Street North, Arlington. This is a pre-event for the 3rd Annual Virtual EcoExtravaganza on June 10. Register for the event and drop in anytime between 4 and 7 to receive your goodie bag, light refreshments, and a plant swap. Featuring dinner from Busboys and Poets and Jason Samenow of The Washington Post. Registration required: https://www.eventbrite. com/e/third-annual-ecoextravaganza-tickets-152411335407

ADOPT-A-TREE PROGRAM

Arlington residents can now help
Arlington County's trees thrive
through dry weather by participating in the County's newly launched
Adopt-A-Tree program. Trees can
be adopted wherever there is access to water, such as street trees in
front of homes, to help keep trees
healthy and strong and to grow
our tree canopy. Learn more and
sign up here. Check out more ways
you can support Arlington's trees
here. Get Engaged with Arlington's

Natural Environment! Arlington County's Forestry and Natural Resources Plan (FNRP) is a master plan that will serve as the guiding document for Arlington County's management practices related to trees, plants, wildlife and more. To learn more or get engaged, visit projects.arlingtonva.us/fnrp/

DONATIONS

The Arlington Food Assistance Center seeks local gardeners and farmers willing to grow and donate fresh produce to the AFAC food pantry for local families in need as part of the Plot Against Hunger program. Each week, approximately 2,400 client families visit AFAC to pick up supplemental groceries and fresh fruits and vegetables are in high demand. AFAC will provide free vegetable seeds to those who pledge to donate produce from community or personal gardens. Visit https://afac.org/plot-againsthunger or contact puwen.lee@ afac.org or 703-845-8486. Seeds are available now at AFAC, 2708 S. Nelson St., during regular business hours: Monday-Friday 8:30 a.m.-4:30 p.m. and Saturdays 8:30 a.m.-1 p.m. Produce can also be donated at AFAC at the hours listed above or at

- Arlington Courthouse Farmer's Market, Saturdays 8 a.m.-noon (look for the AFAC cooler near the Master Gardener information table).
- Rock Springs UCC Church, 5010 Little Falls Road, Sundays 9 a.m.noon only. (Look for the donation bin on the Rock Spring Drive side of the church).
- Pet Food Bank. AWLA is establishing a Pet Food Bank to serve qualifying residents of Arlington County and the City of Falls Church. In consideration of the effect financial obstacles have on a pet owner's ability to afford pet care, the AWLA Pet Food Bank program's goal is to keep family pets out of shelters. If you are an Arlington County or City of Falls Church resident and are in need of assistance in feeding your pet, follow this link and fill out a pre-registration form. Visit goo.gl/forms/s2FuFdaYWdZm4t-pw2

GET MORE WITH SNAP

Arlington and Alexandria Farmers'
Markets accept SNAP/EBT (Supplemental Nutrition Assistance Program) cards for purchases. SNAP/EBT customers can purchase farm fresh produce at local area farmers'

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Let Us Know Your View

Connection Newspapers welcomes views on any public issue.

Letters must be signed. Include home address and home and business numbers; we will only print your name and town name.

Letters are routinely edited for length, libel, grammar, good taste, civility and factual errors.

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By mail to: Letters to the Editor The Connection 1606 King St., Alexandria VA 22314

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FLOURISHING AFTER 55

Office of 55+ Programs

Department of Parks and Recreation

3829 N. Stafford St., Arlington, VA 22207 703-228-4747

Contact: Judy Massabny, jmassa@arlingtonva.us

55+ Programs are virtual.

A 55+ Membership is required to attend (\$20 annual fee).

Learn more at parks.arlington-va.us, search 55+ member.

To join or register, go to registration.arlingtonva.us or call 703-228-4747.

VIRTUAL AND OUTDOOR PROGRAMS

Early morning art activities with materials found at home, Monday, May 24, 7 a.m. Presented by community arts programmer, Jennifer Droblyen. Registration # 913301-08.

Tai Chi in the park with experienced volunteers, Monday, May 24, 10 a.m., Virginia Highlands Park, 1600 S. Hayes Street. Registration # 913105-12.

Monday morning meet-up with fellow 55+ members, May 24, 10 a.m. Registration # 913801-19.

Genealogy 101, led by advanced researcher Eileen Bogdanoff, Tuesday, May 25, 11:30 a.m. Registration # 913400-21.

Yarn creations, crochet and knit with 55+ members, Wednesday, May 26, 1 p.m., Langston-Brown 55+ Center, 2121 N. Culpeper Street. Registration # 913703-

Acoustic Hour in the park, live music from the 50s to the present, Wednesday, May 26, 12:30 p.m., Virginia Highlands Park, 1600 S. Highland Street. Registration # 913802-02.

Cold War intelligence in the skies.
Scott Willey, senior docent
National Air and Space Museum,
will discuss the Cold War Aviation exhibit, Wednesday, May
26, 1:30 p.m. Registration #
913400-14.

Sudoku games, beginners and pros welcome, Thursday, May 27, 2 p.m. Registration # 913601-03.

Return of the cicadas, discover where they went, why they are back and more with Park Naturalist Ken Rosenthal, Thursday, May 27, 6 p.m. Registration # 913400-02.

Copy artworks seen in museum during 55+ Travel excursions, Thursday, May 27, 10 a.m. Registration # 913301-17.

Line dance in the park, watch the teacher demonstrate the steps, Friday, May 28, 10 a.m. Easy for beginners, partner not needed.

Registration # 913701-11

Registration # 913701-11.
Virtual scavenger hunt, Friday,
May 28, 3 p.m. Registration #
913601-12.

Just beneath the surface of works by three artists, presented by community arts programmer and artist Jim Halloran, Friday, May 28, 10 a.m. Includes short demonstration of an artist's specific process. Registration # 913302-06.

Fast paced walking group, two to three mile loop, some hills, Friday, May 28, 9 a.m. Leave from Aurora Hills 55+ Center, 735 S. 18th Street. Registration # 913201-09.







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New Memorial Tells a Story Largely Untold



Association members, NOVA Parks Board members, State legislators, and County Supervisor cut the Turning Point Suffragist Memorial ribbon in front of the entrance replicating the White House gates where suffragists maintained their "silent sentinel.



Patricia Wirth, TPMSA Executive Director, and Paul Gilbert, **Executive Director NOVA Parks.**



Statue of suffragist Carrie Chapman Catt in the rotunda. 6 ARLINGTON CONNECTION MAY 19-25, 2021

"The suffragists engineered the greatest expansion of democracy on a single day the world had ever seen, and yet ... the leaders built no monuments to themselves, and too many of their names have been lost to history."

> -Eleanor Clift, columnist and author of Founding Sisters and the Nineteenth Amendment



Dr. Thelma Daley with statue of Mary Church Terrell, a suffragist and co-founder of the NAACP.

The Turning Point Suffragist Memorial.

By Glenda C. Booth THE CONNECTION

erstory" was made on May 16 when around 100 Northern Virginians applauded the ribbon cutting officially opening the Turning Point Suffragist Memorial in Lorton, a project 13 years in the making.

"It's a story that needed to be old," said Patricia Wirth, Executive Director of the nonprofit Turning Point Suffragist Memorial Association, "the only suffragist memorial in the country to honor women who fought for the right to vote from 1848 to 1920. Most of the vomen were unknown." Today, less than eight percent of the nation's outdoor statues honor wom-

The \$2.7 million outdoor, plaza-style memorial commemorates those who mobilized, marched, picketed and lobbied for a U.S. Constitutional amendment granting women the right to vote, a 72year movement that succeeded in

Virginia provided \$275,000 toward the memorial, Virginia Delegate Kathy Tran told the attendees. "The memorial is a reminder that our rights do not come without struggle and sacrifice. The struggle for voting rights is not a relic of the past. Our work is not done," she said.

Mount Vernon Supervisor Dan Storck, described the memorial as "an example of persistence" and noted that Fairfax County donated \$1 million in cash and in kind.

Why in Lorton? **Gruesome Details**

In the early 20th century, over 1,000 suffragists, dubbed the "Silent Sentinels," wordlessly, peacefully picketed President Woodrow Wilson on the White House sidewalk wearing purple, gold and white sashes and carrying banners with messages like "Mr. President, how long must women wait for libpicketed."

ed 27 women picketers for "obstructing traffic" and hauled them nosebleed. off to the Occoquan Workhouse

www.ConnectionNewspapers.com



Arriving visitors are greeted by a life-size statue of suffragist Alice Paul, co-founder of the National Woman's Party.

at Lorton. Superintendent Raymond Whittaker and his guards crammed them into cells with prostitutes, thieves and drunks and fed them mostly hard bread and maggot-laden soup. One suffragist, Ada Kendall later wrote about the workhouse: "It was a place of chicanery, sinister horror, brutality

The night of Nov. 15, 1917 at the workhouse became known as the "Night of Terror." Vowing to stop the picketing, Superintendent Raymond Whittaker denied the women food and water and guards manacled Lucy Burns by chaining her wrists over her head to her cell door all night. When asked to pay a \$25 fine, Burns replied, "Not a dollar of your fine shall we pay. To pay a fine would be an admission of guilt. We are innocent!"

The "miscreants" demanded to be recognized as political prisoners. When 16 women went on a erty?" The Suffragist newspaper re-hunger strike, jailers force fed them ported that the demonstration was an egg mixture through a tube in Burns wrote on a smuggled out the suffrage saga as the "best kept men who never gave up." On Nov. 10, 1917, police arrest- note that the force-feeding brought secret in American history." At the Turning Point Suffragist Meon nausea, violent vomiting and a Sunday dedication, Turning Point morial Association raised over \$2.7 ert Beach of Robert E. Beach Archi-

www.ConnectionNewspapers.com

The 19th Amendment: "The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State

ferred the women to the Washington, D. C., jail, eventually released them and commuted their sentenc-

When asked about the Constitutional amendment, President Wilson dawdled and dodged. The suffragists chided his hypocrisy in fighting for freedom abroad in World War I while denying it at home. Finally, on Jan. 9, 1918, he relented, giving tepid support as a "necessary war measure." The women's imprisonment and Wilson's reluctant endorsement were seen by many as a turning point in the suffrage movement, hence the memorial's name.





Quinn Jones of Arlington represented suffragist Alice Paul.



Julieanne Smith of Woodbridge represented suffragist Rose Winslow.

More:

The Turning Point Suffragist Me-

morial Association, www.suffragist-

memorial.org, 9751 Ox Road, Lor-

Lucy Burns Museum, Workhouse

Arts Center, exhibits on the suffrage

movement, https://www.workhou-

Occoquan Regional Park, https://

www.novaparks.com/parks/occo-

NOVA Parks. Executive Director

searts.org/lucyburnsmuseum/

quan-regional-park

ton. Free, open daily, dawn to dusk.

"The memorial is a reminder that our rights do not come without struggle and sacrifice. The struggle for voting rights is not a relic of the past. Our work is not done."

—Del. Kathy Tran

how a small local group started by Parks, the agency that provided planning a wall with plaques disthe land. Contributors include the playing suffragists' names, to be League of Women Voters, Domincalled the Turning Point Plaza, but ion Energy, AARP and Procter & er known stories." He said that the they soon decided that a wall was Gamble. Many donors' names are suffragists' imprisonment "is a dra-"the first time in history the Presitive residual their nostrils so they would not be-law, no one rushed to build a mon-not enough. She credited many dent of the United States is being come symbols and die as martyrs. ument. Historian Edith Mayo calls women volunteers and "a few great

The Memorial

The memorial, designed by Rob-Suffragist Memorial Association million in cash and in-kind donatects, is in the 350-acre Occoquan On Nov. 23, 1917, officials trans- co-founder Jane Barker recalled tions, in partnership with NOVA Regional Park, and managed by

Paul Gilbert sees it as part of NOVA Parks' efforts to "highlight the lessmatic story and the turning point. It's important for people to un-

SEE NEW MEMORIAL, PAGE 8

derstand how our democracy has

grown over time and right here in Northern Virginia, the events that

Arlington Connection ❖ May 19-25, 2021 ❖ 7

New Memorial Tells a Story Largely Untold

From Page 7

led to women's suffrage."

Visitors enter the memorial through replica White House gates where the Silent Sentinels staged their pickets. The memorial also has a 24-foot section of the actual White House fence where the 1917 suffragists protested, thanks to negotiations by the Women's Suffrage Centennial Commission. A commemorative wall lists by state the women who were jailed.

The plaza features bronze, life-size statues of three key leaders: Alice Paul, Mary Church Terrell, and Carrie Chapman Catt. Nineteen stations detail the movement's history, including court cases that denied women's rights, multiple bills in Congress and state ratification campaigns.

One panel recounts the 1913 grand parade and pageantry on Pennsylvania Avenue when thousands of women, ten bands, 26 floats, six golden chariots and a handful of elected officials marched, led by Inez Milholland dressed in a white Cossack suit and white kid boots astride a large white horse, invoking Joan of Arc.

Another panel recounts that after multiple fits and starts, the U.S. House of Representatives passed the Susan B. Anthony amendment on May 21, 1919, and the Senate, on June 4, 1919, sending it to the states for ratifi-



The Turning Point Suffragist Memorial before the ribbon cutting.

cation. The 19th amendment to the U.S. Constitution became law in 1920 when the Tennessee legislature, by a slim margin, approved it, becoming the required 36th state to ratify.

Virginia did not ratify the amendment unil 1952.

The memorial also has a meditation garden, a rotunda and an arroyo bridge that

represents connecting the two centuries in which the suffrage movement took place.

Advocates envision the Turning Point Suffragist Memorial as part of a Constitution Trail, joining several Virginia historic sites: Mount Vernon, home of American Revolutionary War general, George Washington (and Martha); Gunston Hall, home of the Virginia Declaration of Rights author George Mason (and Sarah); Montpelier, home of James Madison, an author of the Constitution (and Dolley); and several Civil War battlefields where the goal of a "united states" was battled.

In a video played Sunday, House of Representatives Speaker Nancy Pelosi challenged, "We must remember the shoulders we stand on." Supporters see the memorial as a bright new spotlight on a long-ignored chapter of U.S. history and the determined women for whom, as suffragist Susan B. Anthony said, "Failure is impossible."

At the dedication, Dr. Thelma Daley, Past President of the Delta Sigma Theta Sorority, established at Howard University, lauded the suffragists as "women who were feisty and socially aware." Her sorority marched in the 1913 parade. "Today is a glorious day in the history of women," she extolled, "and a super, super glorious day in the history of America."

PREVIEW

Arlington Home Show and Garden Expo, May 22-23

ore time at home to focus on remodeling and touch ups? The Arlington Home Show and Garden Expo is returning for its 15th annual edition on May 22-23. Although the workshops and exhibits are virtual, information is available on everything from replacing windows and kitchen and bath remodeling to landscaping, waterproofing your basement and adding security systems.

More than 75 engaged in the home and gardening business participated in the last in person event in 2019 with exhibits and presentations from home builders, landscape designers, master gardeners, architects and specialists in zoning and permits required by Arlington County before starting a project as well as inspections required on completion.

Virtual Education Workshops will be held on Saturday and Sunday with the following schedule:

Saturday, May 22

10-10:45 a.m. Steve Tinter "Choosing the Right Contractor and Remodeling Mistakes to Avoid"

11-11:45 a.m. Donald Bobby "Home Turf Alternatives:Converting Your Lawn into a Garden"

12-12:45 p.m. Chad Hackmann



Theme for this year's expo: indoor air quality.

"Home Remodeling Done Right, On Time and On Budget"

1-1:45 p.m. Denyse "Nia" Bagley "Moving, Downsizing or Staying in Your House?"

2-4:00 p.m. Martha Mothershead "The Small Landlord Seminar: Know the Law!"

Sunday, May 23

10-10:45 a.m. Anthony Colella "A Guide to go Solar in Arlington"

11-11:45 a.m. Marta Layseca "How to optimize your home renovation project"

12-12:45 p.m. Liz Ray "Ways to Finance a. Home Renovation"

1-1:45 p.m. Dave Daly "Your Home Making You Sick? What is the Cause? What can you do?"

2-3:00 p.m. Dave Daly "Fast and Easy Home Plumbing Repairs for the Homeowner!"

These workshops are free but with limited space. Click on logo on Arlington Homeshow and Garden Expo website at arlingtonhomeshow.org.

— Shirley Ruhe

BULLETIN BOARD

From Page 4

markets and get matching bonus tokens to add to their purchases. Virginia Cooperative will be on-site at several local farmers' markets of Alexandria and Arlington to provide more information on SNAP and offer food tastings, prizes and more at the Arlington Farmers' Market, N. 14th and Courthouse Road (second Saturday of the month) and Columbia Pike Farmers' Market, 2820 Columbia Pike (third Sunday of the month).

ONGOING

Online Salary Negotiation Workshop. AAUW (American Association of University Women) Work Smart is free online for anyone looking to learn how to negotiate a salary increase or promotion. Why is negotiation so important? AAUW's research on the gender pay gap shows that, one year out of college, women are already paid significantly less than men. Visit salary.aauw.org.

Create a Wildlife Sanctuary. The Audubon at Home Wildlife Sanctuary certification program assists homeowners in restoring their home's natural habitat by providing information on sustainable gardening practices. These practices include using native plants, removing invasive species, reducing use of pesticides and fertilizers, and creating space for native flora and fauna. Visit audubonva.org/audubon-at-home-1/ for more. Naloxone (Narcan) can save the life

of someone who is overdosing, if given in time. Anyone who assists a person in need is protected from liability by the Good Samaritan Law. Naloxone (Narcan) is available without a prescription for a fee at all pharmacies. Obtain it for free by attending a REVIVE! training. Contact Emily Siqveland at 703-228-0913 or esiqveland@ arlingtonva.us or visit health.arlingtonva.us/opioid-awareness/ for available training sessions. The Chris Atwood Foundation also offers training to the public. Visit www.chrisatwoodfoundation.org/naloxone for details.

Monthly Memory Café. 1-3 p.m. at 7910 Andrus Road, Suite 6 Alexandria. The Memory Café, a social gathering for individuals living with memory loss and their families, will be held on the first Friday of every month. Registration is free and highly recommended to reserve spots, which are open on a first come first served basis. To reserve a spot, please call 571-210-5551 or email bdesai@seniorhelpers. com. Visit www.dementiacareconnections.com/memory-cafe or www.seniorhelpers.com/arlington-alexandria-va for more.

Walk-Fit. Ongoing Tuesdays and Thursdays 8:30-9:30 a.m. at Fashion Center at Pentagon City, Arlington. Participants walk at their own pace in a safe and friendly environment. Group stretch and cool down led by Virginia Hospital Center staff at 9:15 a.m. Meet on the first level by Nordstrom. Call 703-558-

Calendar

From Page 2

alongside lesser known works such as Maria Theresia von Paradis's Sicilienne and Igor Stravinsky's Suite Italienne – in honor of the 50th anniversary of the composer's death. Visit the website: https:// www.classicalmovements.com/ secretgardenconcerts/

MAY 20-JUNE 27

Timeless Tradition. 12-4 p.m. At The Athenaeum, 201 Prince Street, Alexandria. The copyist program at the National Gallery of Art offers a unique opportunity for artists to study the techniques of old masters through intimate study in the galleries. This exhibit presents the work of members of this program alongside a color photo of the original and an artist's statement explaining why the work was chosen and what was learned through copying. Visit the website: www. nvfaa.org

SATURDAY/MAY 22

Jane Franklin Dance Presents Live from a Parking Lot, It's JFD! 7:30 p.m. Virtual presentation from 3700 S Four Mile Run Dr., Arlington. Featuring: Jane Franklin Dance, Forty+ Project and Poetry by Christopher Thomas. Tickets: \$10 Admission with additional donations encouraged. Visit https://www.janefranklin.com/parking-lot-live

SATURDAY/MAY 22

Plants & Design: Hummingbird Garden. 1-2:30pm. (Adults) Attracting hummingbirds to your garden is fun and easy to do. Learn fascinating hummingbird facts and how to create a garden habitat for hummingbirds with Green Spring horticulturalist Susan Eggerton. Get a list of choice plants to get started on your hummingbird garden. \$22 per person. This program is also available virtually. Register online at www.fairfaxcounty.gov/ parks/parktakes (1A6.AMPP) or call Green Spring Gardens at 703-642-5173.

SATURDAY/MAY 22

Garden Talk: Make for the Shade.
10-11 a.m. (Adults) Let Extension
Master Gardeners show you the
many wonderful plant possibilities for your shade garden. Learn
how to add interest with color,
pattern and texture to create that
cool mid-summer retreat. \$12 per
person. Register online at www.
fairfaxcounty.gov/parks/parktakes
(TDQ.36ZE) or call Green Spring
Gardens at 703-642-5173.

WEDNESDAY/MAY 26

The Potomac: It's Health and Future.
7 p.m. Via Zoom. The Friends of
Dyke Marsh hosts Hedrick Belin of
the Potomac Conservancy, who will
discuss the Potomac's water quality
results from the latest Potomac
Report Card (see https://potomacreportcard.org/), the role of tree
protection, stormwater pollution,
climate change and how citizen
activism is opening new opportunities to protect water quality.
The program is free and open to
the public. Visit www.fodm.org to
register.

WEDNESDAY/MAY 26

Nature Photography. 10 a.m. to noon. At Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. If you're interested in nature photography, there's no better place to learn than Huntley Meadows Park – a destination for nature photographers throughout the region. Explore Huntley Meadows as you learn how to use a DSLR and tripod to capture its beauty. Try a variety of techniques to compose creative images of the park's critters and landscapes. Learn how to upload, enhance and print images, too. Cost is \$24 per person. Bring your own DSLR camera. Call 703-768-2525.

WEDNESDAY/MAY 26

Jewish History -- Alexandria. 7:30-8:30 p.m. Virtual. The Alexandria Historical Society and the Office of Historic Alexandria present a virtual lecture, Jewish History of Old Town Alexandria, by Mark Livingston, a tour guide with the Lillian & Albert Small Capital Jewish Museum. From the first Jewish immigrants to Alexandria in the 1850s to a thriving microcosm of Jewish life today, Jewish Alexandrians have helped shape and been shaped by their city. This talk will introduce audiences to several Jewish synagogues, merchants, Civil War soldiers, and mayors, and uncover history hidden in

plain site along King Street and the surrounding area. To register for the virtual talk, visit the City of Alexandria events page,

https://shop.alexandriava.gov/Events.

SATURDAY/MAY 29

Jazz Festival. 4-9 p.m. At Oronoco Bay Park, 100 Madison Street, Alexandria. The City of Alexandria invites the public to the Annual Alexandria Jazz Festival. Admission is free. The Jazz Festival will feature a variety of musicians and styles of jazz throughout the day. Featured artists include:

4 p.m. - Cubano Groove (bossa nova); 5:20 p.m. - VERONNEAU (contemporary);

6:35 p.m. - Eric Byrd Trio (straight); 8 p.m. - Joel Ross 'Good Vibes' (modern).

Due to COVID-19 public health guidelines, attendance will be limited and pre-registration for assigned seating will be required in order to maintain physical distance between parties from different households. Parties will be limited to four people or fewer. Masks covering the nose and mouth will be required for all attendees over age 2. Because space is limited, early pre-registration is encouraged. Visit alexandriava.gov/Recreation to reserve seating.

MONDAY/MAY 31

Memorial Day Tribute. 12-8 p.m. At Watergate at Landmark, 307 Yoakum Parkway, Alexandria. Military Children's Six Foundation Tribute, Candlelight Vigil and Community Picnic. Military children paying homage to the fallen heroes on this Memorial Day. This is a free family-friendly event, where food, beverages, entertainment, and lots of activities for children. All are welcome. This is an outdoor free event for families. RSVP is required. Visit the website: www. mc6.foundation

THE BIRCHMERE

Thu. May 20: Ana Popovic \$35.00 Sat. May 22: White Ford Bronco. \$35.00

See Calendar, Page 10

Opera NOVA Dedicates Sixth Concert to Health Care Professionals



Opera NOVA will hold a half hour virtual concert to celebrate the work of health care professionals, on their YouTube channel on May 27 at 7 p.m.

pera NOVA will hold a half hour virtual concert to celebrate the work of health care professionals from doctors to aides sanitizing the rooms. This is the sixth concert in a series "dedicated to combat feelings of isolation and loneliness during the pandemic and to send the message Arlington cares about you." The con-

cert will be available on Opera NOVA's YouTube channel on May 27 at 7 p.m.

The other concerts including "Three Baritones from Peru," Children's Concert and African-American Heritage Month concert are also available on Opera NOVA's YouTube channel.

— SHIRLEY RUHE

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-Werner Heisenberg



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CALENDAR

From Page 9

Sun. May 23: The Bob Band Performing the Music of Bob Dylan "A Dylan Birthday Celebration!" \$29.50

Thu/Fri. May 27-28: Rachel Baiman to open for Molly Tuttle.

Fri. May 28: Molly Tuttle. \$25.

Sat. May 29: Huggy Lowdown and Chris Paul. \$29.50.

Sun. May 30: The Amish Outlaws. Tickets \$35.

Fri. June 4: The Reagan Years. \$29. Sat June 5: Prince Tribute Experience. \$35

Sun. Jun. 6: Ms. LISA FISCHER with Mr. Taylor Eigsti "The Badass & The Beautiful" \$39.50

Sat. Jun. 12: TUSK – The World's #1 Tribute to Fleetwood Mac \$35.00 Sun. Jun. 13: THE ALLMAN BETTS BAND with special guest THE RIVER KITTENS \$59.50

Sat. Jun. 19: BELA DONA \$29.50 Sun. Jun. 20: A Musical Tribute of the Temptations, Four Tops, Dells, and Smokey Robinson & Miracles, with Forever Yours, and Special Guest 'IGNATIUS,' (Heatwave's current lead vocalist) Featured House Band: Keith "Showtime" Busey & The Unit Band with The NWO Horns \$35.

Mon/Tue. Jun. 21 & 22: RICHARD THOMPSON (Solo/Acoustic) \$75.00

Fri. Jun. 25: COREY SMITH \$39.50 Sat. Jun. 26: EAGLEMANIA – The World's Greatest Eagles Tribute Band \$39.50

Fri. Aug. 27: BODEANS \$29.50 Sun. Sept. 5: THE MARSHALL TUCK-ER BAND \$55.00

Tue. Sept. 28: THE ROBERT CRAY BAND \$49.50

All shows are at 7:30 p.m., unless otherwise noted. Tickets available at Ticketmaster.com. Contact The Birchmere at 703-549-7500 or www.Birchmere.com.

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Celebrating Asian-American and Pacific Islander Heritage Month

Importance emphasized in context of recent discrimination and hate crimes.

> BY MARILYN CAMPBELL THE CONNECTION

ducational videos and online trivia questions, organized by the school's Asian-Pacific Islander Heritage Committee, are giving Montgomery College students an opportunity for reflection, while food, music and film offer students at Marymount University in Arlington a glimpse of a different culture. These experiences are in observance of Asian/Pacific Islander American Heritage Month, celebrated each May.

"It's a time to reflect and celebrate the contributions of the Asian Pacific American community who

shaped and influenced the history and culture of the United States," said Tait Brooks, Associate Director of Diversity, Equity & Inclusion and Deputy Title IX Coordinator at Marymount University.

The importance of this year's ob-

servances, in emphasized by growing evidence of discrimination and hate crimes targeting Asian Americans. Educators are using the month to address and work toward solutions to some of these current issues.

Dae Young Kim

"The recent violent actions are steeped in xenophobia. Education and learning their history and its significance to American history is the solution," said Brooks. "Once we know more Asian history, we will understand their plight."

"Schools and universities can pursue inclusive curriculum that fully integrates the experiences and contributions of Asian Americans," added Dae Young Kim, Ph.D., associate professor of Sociology and Anthropology at George Mason University. His message: "Educate on Asian American history and experience and show support to the Asian American community by standing against racism."

For Kim O'Connell, author of "Echoes of Little Saigon," a booklet on the Vietnamese immigration to Arlington, May is a monthlong opportunity to use education as a vehicle for reconciling some of the wounds incurred through recent racial turmoil.

"I hope that people will realize that Asian Americans are as diverse as any other group," she said. "They can't be characterized in one simple way and they definitely should not be subject to the racism that we've seen in www.ConnectionNewspapers.com



Marymount University's first Cultural Graduation Reception acknowledges the accomplishments of first-generation college graduates from underrepresented groups in an intimate and inclusive environment. Graduate Anna Moon, center, receives her Cultural Graduation certificate alongside Dean Brooke Berry, right, and Associate Director Tait Brooks.

> "Educate on Asian American history and experience and show support to the Asian American community by standing against racism."

> > — Dae Young Kim, Ph.D., George Mason University

recent months."

For some in the Asian-American and Pacific Islander community, celebrations this year's observances are accompanied with

"It is clear that many Asian Americans are feeling that they are not immune to acts of violence and bias and social media is helping to increase awareness of such incidents, which is prompting more conversation and action," said Kim. "We are feeling fearful of violence directed against us. This is what makes this month different from previous years."

In recent weeks, Kim has engaged in dialogue and outreach aimed at helping others understand the experience of Asian Americans now. "I've participated in a roundtable conversation with Governor [Ralph] Northam and Asian American community leaders about hate crimes against Asian Americans," he said. "I was on a panel organized by Inova ... to talk about the Asian American experience."

"Asian Americans and Pacific Islanders have contributed to American culture, society and history in immeasurable ways and I encourage everyone to learn more about these contributions," said O'Connell.



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A True Sense of Insecurity



By KENNETH B. LOURIE

From the moment you hear the word cancer spoken in your direction - from your new best friend, an oncologist with whom you've had zero previous interaction, you are transported to a new reality. A reality that a few of those moments before, was nowhere on your radar. Whatever innocence, expectation of normalcy and/or predictability you anticipated experiencing in your life, is now completely gone. Not only are you not in Kansas anymore, you are nowhere to be found, emotionally. All your hopes, dreams and presumptions about your life. liberty and the pursuit of happiness are back-burnered by your life-changing diagnosis. A diagnosis which will require some kind of treatment, side effects notwithstanding, which will likely dampen your enthusiasm for living and affect all your decisions. Figuratively speaking, there's a new sheriff in town and if you're not compliant and attentive to your doctor's orders, you'll become a prisoner to your disease.

Even if you are compliant, a cancer diagnosis, however curable, is the kind of news that sticks with you no matter how long into your remission you are or how encouraging your diagnostic scans appear to be. Since I've not experienced being cancer free - after having received an initial diagnosis/prognosis, I can't imagine the relief and rebirth one might feel after learning their cancer has been beaten into submission. It's really too much to even contemplate when you've been given a sort of death sentence. Practically speaking, how does one go from being constantly under threat of a worsening outcome to one which is completely free from the emotional and physical tentacles of a cancer diagnosis?

You can't really unwring the bill, to coin a phrase. Moreover, hearing "You have cancer" sticks with you like Gorilla Glue. It's hard to even imagine ever hearing anything worse. Then one day, hearing your oncologist say "no sign of cancer" to you. To quote my late mother: "It's too much for anybody's nerves." And it's almost too much to ever consider. Your reality is that you have a very serious medical condition/ disease, and once again, to quote my late mother" "No one gets out of this life alive." Thinking, even contemplating a miracle cure is a tease most unhelpful, to invoke the syntax of Hercule Poirot. Somehow one must learn to live with their disease or else you'll die having been unable to lock it away in your vault, so to speak. Somehow having cancer can't be the predominant consideration in your life. Yet, when every waking moment is nearly consumed by your less-than-ideal circumstances, it's an emotional battle, most royal. If you win your share of skirmishes, you'll likely be rewarded with more life to live. However, nothing is guaranteed, except you know what: death and taxes.

"Any way you slice it, it's still ham," as my father used to say. Meaning that cancer is a serious business and no amount of joking or obfuscation is going to change that fact. Nevertheless, if one doesn't try and gives in to the disease psychologically, the internal damage may be compounded. Not that I've denied my diagnosis or ever taken it lightly, but I have tried to embrace it and become friends with it; not wanting to be controlled by it anymore than I already am. Given that I'll likely never be free of my cancer, either I learn to live with it or die trying. And I'd rather go down fighting than go down quietly. My situation has not changed or gotten worse. Still my disease is a major part of me and integrating into my program is the best way I know to try and make a molehill out of a mountain. I have been there and have done that. Hopefully, I'm not done being there.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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