



The Arlington Connection

Celebrating Juneteenth

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Making College Possible for Dreamers

NEWS, PAGE 5

Jim Moore, Arlington barber, grew up celebrating Juneteenth, the day slaves were freed in Texas more than two years after President Lincoln issued the emancipation proclamation. But many Americans don't know what Juneteenth signifies.

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VIRTUAL & OUTDOOR PROGRAMS

Meditate and create relaxation class, experiential meditation techniques, reduce stress, lower blood pressure, begins Thursday, June 17, 10:30 a.m., 11 sessions, \$60. Registration # 914500-07.

Metropolitan Museum of Art, New York City, live virtual tour led by a Museum guide, Thursday, June 17, 1:30 p.m. Registration # 902106-06.

Hillwood Estate, Museum and Gardens, Washington, D.C., virtual tour led by a volunteer docent, Thursday, June 17, 6 p.m. Registration # 902106-07.

Genealogy, the importance of cemetery records, Thursday, June 17, 3 p.m. Registration # 914400-04.

Pondering poetry, share thoughts with others, Thursday, June 17, 11 a.m. Registration # 914300-01.

Tai Chi practice with experienced volunteers, Monday, June 21, 10 a.m., Virginia Highlands Plaza, 1600 S. Hayes Street. Registration # 914105-15.

"Meatballs and Matzah Balls," cookbook author Marian Friedman discusses her favorite culinary discoveries, Monday, June 21, 3 p.m. Registration # 914501-01.

This month in the garden topics, landscape issues and challenges, discuss with a Master Gardener, Monday, June 21, 1 p.m. Submit questions and photos ahead to mgaralex@gmail.com. Registration # 914400-29.

Short story reading and discussion of "The Lottery," by Shirley Jackson, Monday, June 21, 1 p.m. Registration # 914300-04.

Piano lounge music, listen, sing, play along with personal instrument, Tuesday, June 22, 2 p.m. Popular pianist Valerie Welsh plays movie themes, musical favorites and easy listening standards. Registration # 914802-02.

Genealogy 101, meet with other enthusiasts to learn about family roots, Tuesday, June 22, 11:30 a.m. Discussion led by Advanced Researcher Eileen Bogdanoff. Registration # 914400-01.

"Haunted Prague," capital of the Czech Republic, known as one of the most haunted cities in the world, Tuesday, June 22, 1 p.m. Presented by author Michele Patrick. Registration # 914400-24.

Getting a good night's sleep, discuss common problems, habits, learn self-care skills, Wednesday, June 23, 11 a.m. Registration # 914500-06.

Frances Perkins, the first female U.S. Cabinet member, Secretary of Labor, appointed by Franklin D. Roosevelt, Wednesday, June 23, 10 a.m. Presented by historian Mary Lipsey, member, Fairfax County History Commission. Registration # 914400-13.

What's in a Will, Wednesday, June 23, 11 a.m. Presented by Elder Law Attorney Ed Zetlin.

Registration # 914400-25.

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Celebration of Juneteenth in Arlington

Juneteenth has always been important for African-Americans.

BY EDEN BROWN
THE CONNECTION

Jim Moore sat back at his barber chair on Lee Highway last week, the shop quiet on a midweek, midday visit, no longer the hub it was in pre-pandemic days. Although masks are off, Moore has continued to schedule haircuts so he doesn't get the last minute rush on Friday nights.

What was happening for Juneteenth? Moore didn't know of anything specific. Maybe he'd give 19 dollar haircuts that day. He was surprised when the visitor said she had never heard of Juneteenth until two years ago, nor had most of the people she knows, even today. "What about the Tulsa Massacre?" he asked, sitting up in his chair.

"Hadh't heard of that either," she said. Moore said for Black Americans, they knew about both from childhood.

Juneteenth represents June 19, 1865, the day enslaved Black people in Galveston, Texas, heard that they were free.

"Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the war had ended and that the enslaved were now free. Note that this was two and a half years after President Lincoln's Emancipation Proclamation - which had become official January 1, 1863." <https://juneteenth.com/history/>

Juneteenth celebrations are a lot like the Fourth of July. People wear red, white and blue because those colors represent the



Jim Moore, Arlington barber, grew up celebrating Juneteenth, the day slaves were freed in Texas more than two years after President Lincoln issued the emancipation proclamation. But many Americans don't know what Juneteenth signifies.

American flag, a reminder that slaves and their descendants were and are Americans. Picnics featuring traditional African-American foods and music characterize Juneteenth celebrations. Virginia made Juneteenth a state holiday last year.

"Do you think things are going to change in society, with all the focus on Black Lives Matter and anti-racism?" Moore's drop-in visitor asked.

"Not really," Moore said. "I think we can talk more openly about it, but the issues are still there." Moore does his part. He votes in every election, and even though the White House didn't select his shop for the nationwide network of barber shop/vaccination clinics, he asks everyone who comes in for a haircut if they have gotten vaccinated. Preston Pharmacy, recognizing the role he plays in the neighborhood, also asked him to publicize their free vaccination program down the street. So far, everyone he has asked is vaccinated.

Juneteenth Events

A search of Juneteenth and Arlington mostly turns up the fact that government offices and libraries are closed June 18 and 19.

❖ Arlington Young Democrats and ARL Dems Juneteenth Celebration of Black Art & Culture; online event. <https://arlington-democrats.org/event/ayd-juneteenth-celebration-of-black-art-culture/>

❖ Juneteenth In The Commonwealth, Join the Virginia NAACP for its inaugural Juneteenth event. Saturday, June 19, 2021 - 7 pm ET, (Zoom link provided 48 hours prior to the event)

<https://secure.actblue.com/donate/va-juneteenth> run by the NAACP

BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](https://connectionnewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

FRIDAY/JUNE 18

The Hospitable Gardener: Welcoming Birds to Your Garden. 10 -- 11:30 a.m. Online. Birds are some of the most visible and charming visitors to our gardens. Are you interested in being a better host to them? This talk will provide practical cultural tips and plant suggestions to invite them in and help your feathered guests feel at home. Speaker Alyssa Ford Morel is an Extension Master Gardener, Master Naturalist, and the Audubon at Home Co-Coordinator for Arlington County and the City of Alexandria. Free. RSVP at <https://mgnv.org/events/> to receive link to participate.

SATURDAY/JUNE 19TH

Columbia Pike Blues Weekend. 1 -- 5:00 p.m. Fillmore Shopping Center parking lot at 2705 Columbia Pike. Live performances from Robin Kapsalis Vintage 18, Cheick Hamala Diabate, and Carly Harvey. Tickets on sale starting June 3rd. Learn more at <https://www.columbia-pike.org/bluesfest/#inperson>.

SUNDAY/JUNE 20

Firefly Prowl. 7:30 -- 8:10 p.m. In Person. Fort C.F. Smith Park, 2411 24th St N Arlington, VA 22207. Families are invited to observe presentation tables and then go on a night hike to see fireflies. Free. RSVP at <https://web1.myvscloud.com/wbwc/vaarlingtonwt.wsc/search.html?module=ar&search=yes&primarycode=632951>.

FRIDAY/JUNE 25

Vegetable Garden Pests and Diseases. 10 -- 11:30 a.m. Online. Join Kirsten Conrad, Extension Agent

for Arlington and the City of Alexandria, for a class on recognizing common injurious insects and diseases in your vegetable garden. Learn how to attract and encourage beneficial insects to assist you in fighting off these pests. Kirsten will provide tips and tricks to limit and even prevent damage on your vegetable crops. Free. RSVP at <https://mgnv.org/events/> to receive link to participate.

METRO MURAL COMPETITION

The National Landing Business Improvement District (BID) announced the launch of a design challenge to re-envision a retention wall located opposite the Crystal City Metro Station entrance in National Landing with an expansive mural.

The BID is calling for interested visual artists to submit their relevant experience and project portfolios for consideration by June 1. Representatives from the organization will then conduct interviews with top applicants to establish a short

list of the most qualified artists, which will be announced on June 11. These finalists will be invited to submit a proposed concept for the mural and a winner will be selected in mid-July. The mural will be completed by Fall 2021.

Sponsored by the BID, the expansive mural will be created on the Metro plaza's west wall that measures approximately 115 feet in length and 20 feet in height. When designing concepts, the BID encourages artists to stretch the limits of their creativity to produce a work of art that delivers iconic imagery with an engaging and memorable aesthetic. Proposed designs should also embrace the location at the transit station entrance and serve as a connection point for the community.

DONATIONS

The Arlington Food Assistance Center seeks local gardeners and farmers willing to grow and donate fresh produce to the AFAC food pantry for local families in need as part of

the Plot Against Hunger program. Each week, approximately 2,400 client families visit AFAC to pick up supplemental groceries and fresh fruits and vegetables are in high demand. AFAC will provide free vegetable seeds to those who pledge to donate produce from community or personal gardens. Visit <https://afac.org/plot-against-hunger> or contact puwen.lee@afac.org or 703-845-8486. Seeds are available now at AFAC, 2708 S. Nelson St., during regular business hours: Monday-Friday 8:30 a.m.-4:30 p.m. and Saturdays 8:30 a.m.-1 p.m. Produce can also be donated at AFAC at the hours listed above or at:

❖ Arlington Courthouse Farmer's Market, Saturdays 8 a.m.-noon (look for the AFAC cooler near the Master Gardener information table).

Bulletin Board

SEE BULLETIN, PAGE 7



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Wake Forest University (3) ♦ Washington & Lee University (2) ♦ Wesleyan University (2) ♦ Worcester Polytechnic Institute

Marymount Hosts Gov. Northam To Sign Bills for Financial Aid to Dreamers

On Monday, June 14, Virginia Gov. Ralph Northam visited the campus of Marymount University to hold a ceremonial bill signing for House Bill 2123 and Senate Bill 1387 in the Reinsch Auditorium.

This legislation, which will take effect in August of 2022, makes Virginia students eligible for state financial aid if they are eligible for in-state tuition in the fall of 2022, regardless of citizenship or immigration status. At private institutions like Marymount, this will allow Dreamer students the ability to receive financial assistance through Virginia's TAG program – increasing higher education access and opening the door for more students to achieve their goals and aspirations.

"These students have grown up in our communities across Virginia. They've attended the same schools as their classmates and neighbors, they have taken the same tests, they have played on the same teams, eaten in the same lunch rooms and even gone to the same dances," Northam said. "They are valued members of our communities, and they are Virginians in every sense of the word."

A Marymount student who will gain access to TAG funding spoke during the ceremony about the importance of the legislation, and why it will be meaningful to her on her academic journey. Karla Mercado Dorado, a sophomore studying Biology on the Pre-Med track, came to the U.S. at the age of two from Bolivia. She told the audience about the challenges she faced during her college search as an undocumented student, and how opening access to the TAG program puts Virginia on the path to becoming a more progressive and inclusive Commonwealth.

"You're told that if you work hard, if you do everything right,



Sen. Jennifer Boysko; President Irma Becerra; Karla Mercado Dorado, sophomore at Marymount University; Gov. Ralph Northam; Del. Alfonso Lopez; Sen. Barbara Favola.



Marymount student Karla Mercado Dorado with her mother, Maria Dorado.

you're bound to succeed and you'll get to where you want to be. Unfortunately, for undocumented students like myself, we can work as hard as we want and there will always be these barriers," Dorado said. "So, the signing of this legislation really means a lot to me and to other students that I know who want to get an education."

Dr. Irma Becerra, President of Marymount University, is a Cuban-born immigrant who related that her family left Cuba with nothing.

"This legislation will prove how Virginia is leading the way in the nation in helping students realize their dreams of access to postsecondary education by providing Tuition Assistance Grants to students

attending Virginia's independent colleges or state-supported financial aid if they're attending a public institution," Becerra said.

"But I did have the opportunity to get Pell Grants and tuition assis-

tance when I went to college, and I will fight forever for students to have the same opportunities that I did when I came to this country."

In attendance at the event were several Virginia state lawmakers, including Sen. Jennifer Boysko and Del. Alfonso Lopez, the lead sponsors of the bills in the Commonwealth's Senate and House of Delegates, respectively.

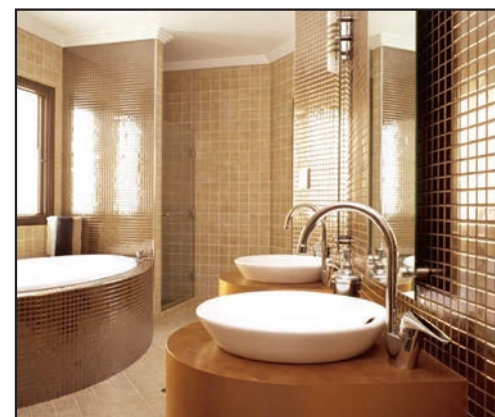
"Virginia is better when we have a higher educated community," Sen. Boysko said. "We have the high-tech, 21st century jobs – we want to make sure that everybody has an opportunity to participate in that, because we know there are many jobs that are unfilled."

This legislation builds upon bills that were signed into law in 2020 that allow Virginia students to receive in-state tuition regardless of immigration status.

"With this, Virginia finally fulfills the promises and investments we've made in these students from kindergarten through high school," Del. Lopez added.

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Del. Alfonso Lopez; President Irma Becerra; Karla Mercado Dorado; Sen. Jennifer Boysko.



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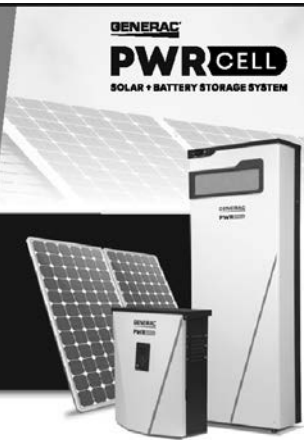
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Legals

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Mint Nail Lounge Arlington LLC trading as Mint Nail Lounge Arlington, 712 N Glebe Rd., Arlington VA 22203-2119. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Marketplace license to sell or manufacture alcoholic beverages. Ve-Nu Nguyen, Managing Director. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

ABC LICENSE

Jesusway Inc trading as Yuraku Japanese Restaurant, 1850 Fort Myer Dr Arlington, VA 22209-1806, ARLINGTON, ARLINGTON COUNTY, VIRGINIA 22209-1806. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine & Beer On Premises and Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Kyong S. Dolle, President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

ABC LICENSE

Kusshi Pentagon Row LLC trading as Kusshi, 1201 South Joyce St Ste C3 Arlington, VA 22202. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises/Delivery Permit & Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Tone Chow, Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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Wellbeing pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Senior Living, fourth week of every month.

Questions?

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THE CONNECTION
NEWSPAPERS

CALENDAR

ONGOING

National Museum of the U.S. Army to Reopen. The U.S. Army announced that the National Museum of the United States Army will re-open on June 14, the Army's 246th birthday. The museum, which is located at Fort Belvoir, officially opened in November 2020, but was closed temporarily due to the coronavirus pandemic. The Museum is the first comprehensive and truly national museum to capture, display and interpret the Army's history by telling stories through the eyes of Soldiers. Its displays and interactive-learning exhibits illustrate the Army's role in building and defending our nation, as well as Army humanitarian missions and technological and medical breakthroughs built on Army ingenuity. Visit <http://www.theNMUSA.org>.

MOVIES IN ARLINGTON

Join the Rosslyn BID this summer for the Cinema series to enjoy your favorite movies on the lawn in Gateway Park, 1300 Lee Hwy., Arlington on Fridays in June.
Friday, June 18 – Wonder Woman 1984;
Friday, June 25 – Cool Runnings.
Attendees must register in advance of each showing via Eventbrite and check-in will begin at 7:15 p.m., with movies starting at sundown (approximately 8 p.m. in June).

THURSDAY/JUNE 17

Energy Masters. 5-6 p.m. Join in fun bingo events suitable for the whole family and get tips to make your home more comfortable, information on how to reduce your energy and water bills, and ideas to protect our environment. Register by June 16 at <https://tinyurl.com/energymastersbingo>

SATURDAY/JUNE 19

Columbia Pike Blues Weekend. 1 -- 5:00 p.m. Fillmore Shopping Center parking lot at 2705 Columbia Pike. Live performances from Robin Kapsalis Vintage 18, Cheick Hamala Diabate, and Carly Harvey.
Tickets on sale starting June 3rd. Learn more at <https://www.columbia-pike.org/blues-fest/#inperson>.

JUNE 19-20

"The Wizard of Oz." 7 p.m. Streaming Performance. The St. Andrew's Players present: "The Wizard of Oz. Tickets: \$12.50 (single); \$25 (family). Sponsored by St. Andrew's Episcopal Church, 4000 Lorcom Lane, Arlington. Visit StAndrewsArlington.org.

BULLETIN BOARD

FROM PAGE 3

Rock Springs UCC Church, 5010 Little Falls Road, Sundays 9 a.m.-noon only. (Look for the donation bin on the Rock Spring Drive side of the church).

Pet Food Bank. AWLA is establishing a Pet Food Bank to serve qualifying residents of Arlington County and the City of Falls Church. In consideration of the effect financial obstacles have on a pet owner's ability to afford pet care, the AWLA Pet Food Bank program's goal is to keep family pets out of shelters. If you are an Arlington County or City of Falls Church resident and are in need of assistance in feeding your pet, follow this link and fill out a pre-registration form. Visit goo.gl/forms/s2FuFdaYWdZm4tPw2.

GET MORE WITH SNAP

Arlington and Alexandria Farmers' Markets accept SNAP/EBT (Supplemental Nutrition Assistance Program) cards for purchases. SNAP/EBT customers can purchase farm fresh produce at local area farmers' markets and get matching bonus tokens to add to their purchases. Virginia Cooperative will be on-site at several local farmers' markets of Alexandria and Arlington to provide more information on SNAP and offer food tastings, prizes and more at the Arlington Farmers' Market, N. 14th and Courthouse Road (sec-

SUNDAY/JUNE 20

Firefly Prowl. Multiple time slots. Families. This year they will prowl the meadow of Fort C.F. Smith in a circuit visiting presentation tables, then take a night hike through the forest in search of fireflies. Register for a time slot and please arrive early. For information: 703-228-6535. Meet at Fort C.F. Smith Park, 2411 N 24th Street, Arlington. Registration Required: Register children and adults; children must be accompanied by a registered adult.

JUNE 25-27

Shop the Hottest Summer Trends at the Summer Shop & Sale. At Westpost (formerly Pentagon Row), and the Village at Shirlington, Arlington. Visit your favorite local stores and restaurants. Whether in the stores, restaurants or along the sidewalk and on patios, enjoy sales and promotions throughout the Federal Realty's properties in Arlington.

ONGOING

The National Park Service has reopened Arlington House, The Robert E. Lee Memorial, following a complete rehabilitation of the site and transformation of the visitor experience. New exhibits and research allow the NPS to interpret the history of the Custis and Lee families alongside that of the more than 100 enslaved people who labored on the plantation. Together, their stories reveal a more complete picture of life at Arlington House and of the people and events that changed our nation. The rehabilitation, which began in 2018, was made possible through a \$12.35 million donation by philanthropist David M. Rubenstein to the National Park Foundation. A today reveals a layered history that has often been untold—the experience of the enslaved people of Arlington House. This historic place tells America's story from its founding through the Civil War, including the impacts of slavery on the lives of these families, and the site's conversion to a national cemetery. Today, it stands as a place of dialogue and reflection to create a deeper understanding of the American experience. Through this project, the NPS connected with descendants of the Lee, Syphax, Parks, Gray, Branham and Burke families. Several descendants helped the NPS tell a more complete history of Arlington House.

Arlington House is open daily from 9 a.m. to 4:30 p.m. To enter the plantation house, visitors need to obtain a timed-ticket through recreation.gov. No tickets are required to visit the museum, north and south slave quarters, grounds and gardens.

and Saturday of the month) and Columbia Pike Farmers' Market, 2820 Columbia Pike (third Sunday of the month).

ONGOING

Online Salary Negotiation Workshop. AAUW (American Association of University Women) Work Smart is free online for anyone looking to learn how to negotiate a salary increase or promotion. Why is negotiation so important? AAUW's research on the gender pay gap shows that, one year out of college, women are already paid significantly less than men. Visit salary.aauw.org.

Create a Wildlife Sanctuary. The Audubon at Home Wildlife Sanctuary certification program assists homeowners in restoring their home's natural habitat by providing information on sustainable gardening practices. These practices include using native plants, removing invasive species, reducing use of pesticides and fertilizers, and creating space for native flora and fauna. Visit audubonva.org/audubon-at-home-1/ for more.

Walk-Fit. Ongoing Tuesdays and Thursdays 8:30-9:30 a.m. at Fashion Center at Pentagon City, Arlington. Participants walk at their own pace in a safe and friendly environment. Group stretch and cool down led by Virginia Hospital Center staff at 9:15 a.m. Meet on the first level by Nordstrom. Call 703-558-6859.

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Navigate This



By KENNETH B. LOURIE

(All these times are approximate- or they're not. It depends. It's sort of an all hands on deck kind of thing. Everybody, everywhere has to be flexible. All of the following appointments/procedures have to be completed this day - or else. If not, it could adversely affect the timing and suitability of my treatment going forward. Not to exaggerate too much but, my life could be at risk if all of the following are not adhered to:)

Lab work at 9am-ish required for my every-four week-bone-strengthening shot. Nuclear medicine at 9:30 for the isotope injection for my 12:45 bone scan. After leaving Nuclear Medicine, I head to Radiology where I have a 10:30 am CT scan. When my scan is completed (it only takes a few minutes but generally speaking, they're not on time), I then go to the Infusion Center where I will get my every-four-week bone strengthening shot. (Again the shot itself and vitals only takes a few minutes, but again, the process can take up to 30 minutes depending on the activities of the oncology nurses and the pharmacy's availability to prepare the medicine and the printing of my usual and customary paperwork.) Next - and finally, I go back to Nuclear Medicine for my actual bone scan at 12:45. This scan will read the nuclear isotopes injected into my body at 9:30. The scan takes about 40 minutes as it crosses my body head to toe to assess the condition of my bones. (The condition of my bones is not great. Unfortunately, it's a side effect of my thyroid cancer medicine as well as the 11 previous years of miscellaneous chemotherapies.) When this last scan is completed, my medical day is done and I will then be free to go. I will likely get home at approximately 3 pm, seven hours after I left home.

This jam-packed day is a first and hopefully will be a last. On occasion, I have had a CT scan and a brain MRI on the same day (BOGO I jokingly refer to it), but never have I had medical madness (five separate appointments) as I will on June 24th, the consequences to my health notwithstanding. Hopefully, by the end of the week - before the weekend of worrying, I will have heard back from my oncologist and then we'll deal with the consequences of all these previous actions. The waiting is not a huge deal. I have been there and done that for 12 and half years going back to late February, 2009 when I was initially diagnosed.

However this is not "concierge care." Any one of these five appointments could be missed for any number of to-be-expected complications when medical care is scheduled. Emergencies, double-booked appointments, staff shortages and longer than anticipated appointments could all affect my day of semi-judgment. And if any one of these appointments/procedures doesn't occur as scheduled, my care/my life expectancy could be jeopardized. From experience I can tell you, when this cancer patient has experienced delays and rescheduled appointments due to lab work (low white blood count, high creatinine levels, high or low calcium, above-normal potassium and on occasion low magnesium), treatment is stopped until levels return to a more normal number. In the interim, after your treatment has been stopped, your life begins to pass by you as you (at least I did) think that a delay in treatment puts your survival at risk. I mean, if your treatment is stopped at all, how does that stop the cancer from damaging you worse than it already has? Whether a week or two delay really matters, no one can say for sure. However, for the patient, especially yours truly; despite the reassurances from medical staff, in my head anyway: IT REALLY MATTERED.

After receiving a "terminal" diagnosis in February, 2009, I just didn't feel I had any margin, life expectancy-wise, for error, missed appointments, rescheduled treatment, et cetera. I figured that the information about my health - and as a result, any subsequent change in that treatment, needed to be known in an extremely timely manner. And when it wasn't -or isn't, I feel my pain, if you what I mean? Nevertheless, there are no guarantees in the cancer-treatment world. One has to learn to go with the flow and hope that flow doesn't turn into a flood.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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