

Potomac ALMANAC

The sunflower fields at McKee Beshers are in peak bloom and are reached off River Road via Hunting Quarter Road and Sycamore Landing Road this year.

REAL ESTATE SALES, PAGE 2 ♦ ENTERTAINMENT, PAGE 7 ♦ KENNY LOURIE, PAGE 7

PHOTO BY MARY KIMM

Hank Dietle's Returns!

PAGE 3

Dog Rescued from Well

PAGE 3

Sunflowers in Peak Bloom

JULY 28 - AUGUST 3, 2021

ONLINE AT POTOMACALMANAC.COM



6 11005 Riverwood Drive
— \$1,649,000

Potomac REAL ESTATE

May, 2021 Sales, \$1,875,000~\$1,460,000

IN MAY, 2021, 78 POTOMAC HOMES SOLD
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PHOTOS BY DEB STEVENS/THE ALMANAC



5 10000 Flower Gate Terrace — \$1,835,000



1 11025 Stanmore Drive — \$1,875,000



3 11119 Fawsett Road — \$1,850,000



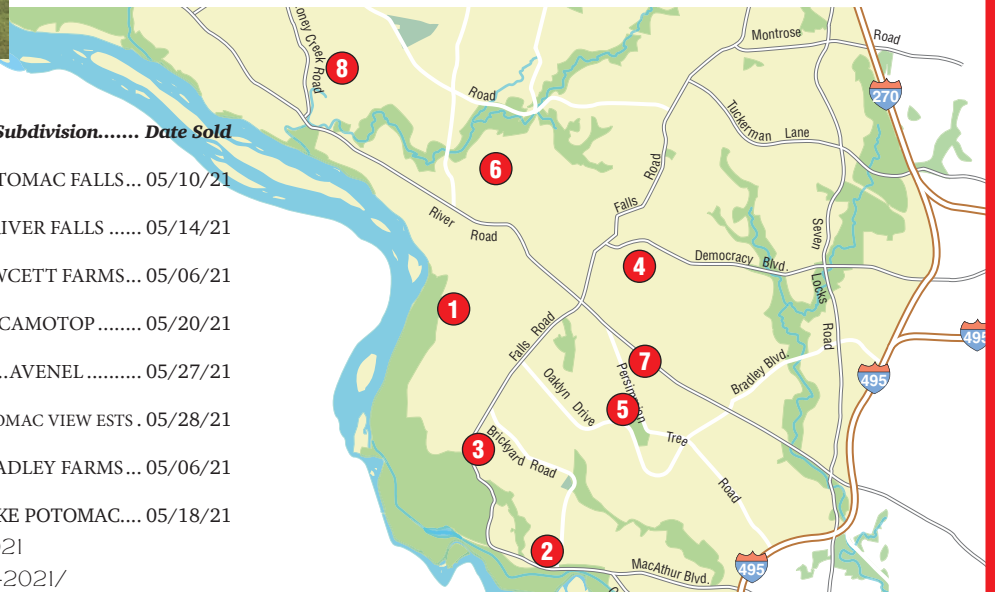
2 10404 Stable Lane — \$1,855,000

Address.....BR FB HB Postal City.....Sold Price... Type.....Lot AC. Postal Code ... Subdivision..... Date Sold

| | | | | | | | | | | |
|----------|--------------------------|------------------|-----------|-------------|-----|-------------|-----------|------------|--------------------|----------|
| 1 | 11025 STANMORE DR | 5... 4... 2 ... | ROCKVILLE | \$1,875,000 | ... | Detached .. | 3.18..... | 20854... | POTOMAC FALLS... | 05/10/21 |
| 2 | 10404 STABLE LN..... | 6... 5... 1 | POTOMAC | \$1,855,000 | ... | Detached .. | 0.46..... | 20854..... | RIVER FALLS | 05/14/21 |
| 3 | 11119 FAWSETT RD | 5... 5... 2 | POTOMAC | \$1,850,000 | ... | Detached .. | 1.02..... | 20854... | FAWCETT FARMS... | 05/06/21 |
| 4 | 10121 BENTCROSS DR | 6... 5... 2 | POTOMAC | \$1,850,000 | ... | Detached .. | 2.05..... | 20854..... | CAMOTOP | 05/20/21 |
| 5 | 10000 FLOWER GATE TER.. | 5... 4... 1 | POTOMAC | \$1,835,000 | ... | Detached .. | 0.39..... | 20854..... | AVENEL | 05/27/21 |
| 6 | 11005 RIVERWOOD DR | 6... 4... 2 | POTOMAC | \$1,649,000 | ... | Detached .. | 2.08..... | 20854... | POTOMAC VIEW ESTS. | 05/28/21 |
| 7 | 9540 RIVER RD | 3... 2... 1 | POTOMAC | \$1,600,000 | ... | Detached .. | 2.68..... | 20854... | BRADLEY FARMS... | 05/06/21 |
| 8 | 12086 WETHERFIELD LN ... | 5... 4... 1 | POTOMAC | \$1,460,000 | ... | Detached .. | 2.18..... | 20854.... | LAKE POTOMAC.... | 05/18/21 |

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[HTTP://WWW.CONNECTIONNEWSPAPERS.COM/NEWS/2021/JUN/15/POTOMAC-HOME-SALES-MAY-2021/](http://www.connectionnewspapers.com/news/2021/JUN/15/POTOMAC-HOME-SALES-MAY-2021/)



PHOTOS FROM PETE PIRINGER VIA TWITTER



The large 80-pound-plus lab mix after being rescued from falling into an abandoned well on the grounds of the Norwood School Saturday night.



There was a robust rescue response to rescue the 80-pound-plus lab mix dog from an abandoned well at the Norwood School. This is about a third of the personnel visible on the scene in other photos.

Dog Rescued from Abandoned Well at Norwood

In the TV shows, Lassie was usually the one alerting the adults that a child had fallen into the well. Saturday night, July 24 around 10 p.m., a call came in about a dog who had fallen into an abandoned well on the grounds of the Norwood School.

Cabin John Park Volunteer station 10, which is located just down River Road from Norwood, was the first to respond, said Pete Piringer, @mcfrsPIO on twitter, Chief Spokesperson for Montgomery County Fire & Rescue Service.

The owner was on the scene; the 80-plus pound lab-

mix dog had wandered from home and fallen 10-20 feet into the well. Cabin John rescuers put in the call for the Spec Ops Technical Rescue Team and Animal Control personnel.

After stabilizing the situation, including pumping air down the opening to provide support for the dog, responders put a ladder down into the well so a rescuer could climb down and carry the dog out. The dog was injured but appeared to be set for a good recovery.

The well was in a heavily wooded area behind the main school building.



The opening to the well at the Norwood School during the rescue of the dog.

Hank Dietle's Reopens

“What an incredible opening weekend we had at Hank Dietle's! Two sold out shows with King Soul and the Rock-A-Sonics plus Shaun Young! There is more great live music coming which will be announced very soon.

“We'd like to thank our volunteers who, over the past 2 years, have tirelessly assisted us with completing the renovation and reopening plan: Paul Arey, Dave Almay, Buddy Griffin, Jack O'Dell, Steve Devoney, Jeff Zietleman, Nia Tavlarides, Connie Kresse, Margo Kresse, Jack Kresse, Mark Kresse, Mike & Sonia Dolinger, Chris Adams, Brooke Lowe and Erica Munske to name a few. We could not have done this without you; we are grateful for your kindness and generosity.”

— FROM HANK DIETLE'S FACEBOOK [HTTPS://WWW.FACEBOOK.COM/HANKDIETLES](https://www.facebook.com/HANKDIETLES)

Hank Dietle's shown here during rebuilding and renovation. “Hank Dietle's has been a labor of love for fans of the county's oldest licensed bar for many years, serving up cold beer and warm memories since the 1916 store reopened as Hank Dietle's Tavern in 1950. ... After Hank Dietle's suffered a devastating fire in February 2018, fans rallied again to save the irreplaceable roadhouse.” Read more of the history, and coming schedule, here: <https://www.hankdietles.net/>

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PHOTO BY ALAN KRESSE PHOTOGRAPHY

POTOMAC ALMANAC ♦ JULY 28 - AUGUST 3, 2021 ♦ 3

Sunflower Attract Artists, Bees, Butterflies, Birds ...

PHOTOS BY MARY KIMM

For Poolesville artist James Vissari, the annual blooming of the sunflowers at McKee Beshers is a time to paint.

"Even in the heat and humid sun beating down on me, the entire experience sets me free," Vissari says in his Facebook post.

The Maryland Department of Natural Resources - Wildlife and Heritage Service plants sunflowers each spring on the McKee-Beshers Wildlife Management Area. The primary purpose for planting sunflowers here is to provide food for mourning doves, as well as other wildlife, after the plants mature and dry. Mourning doves are hunted at these fields during hunting season that traditionally begins on Sept. 1 and continues through early January.

In addition to mourning doves, sunflowers and sunflower seeds are a favorite food source for a host of other songbirds, mammals and pollinators. Sunflowers require pollination by insects, usually bees, to produce a seed crop. In turn, honey bees and many species of native bees benefit from the abundant nectar and pollen that sunflowers produce.

The many benefits of sunflowers are lost when they are cut or trampled by people. These sunflowers are planted for the benefit of wildlife and regulations prohibit the cutting, destruction or removal of any plants from these areas. The public is welcome to visit, admire and photograph the sunflowers in bloom. However, visitors must be responsible and ensure that their actions don't have negative consequences.

Visitors are welcome at McKee-Beshers Wildlife Management Area any time of day but no overnight camping is allowed. There is no fee or permit required to access the property.

After the sunflowers are done blooming and seeds are mature in early to mid-August strips are mowed through the sunflowers to scatter the seeds on the ground where they are more accessible to mourning doves and other wildlife.

Tips for a successful visit:

McKee-Beshers WMA has no bathroom facilities, no benches and no picnic tables. Please plan accordingly.

McKee-Beshers WMA is home to ticks, mosquitoes and poison ivy. Long pants and shoes are recommended.

Please note that trails are unmanicured dirt or gravel that can be rough or muddy and may be unsuitable for strollers.

Use the map to find the field you want to visit. The field at the end of Sycamore Landing Road is easy to access.

<https://dnr.maryland.gov/wildlife/Pages/publiclands/central/sunflowers.aspx>

Area Regulations:

Destruction or removal of any plants (including sunflowers) is strictly prohibited.

Parking is only allowed in designated parking areas.

Do not block gates. Violators may be towed and ticketed.

Driving is only allowed on main roads (River Road, Hunting Quarter Road, and Sycamore Landing Road). Only authorized or emergency vehicles allowed behind gates.

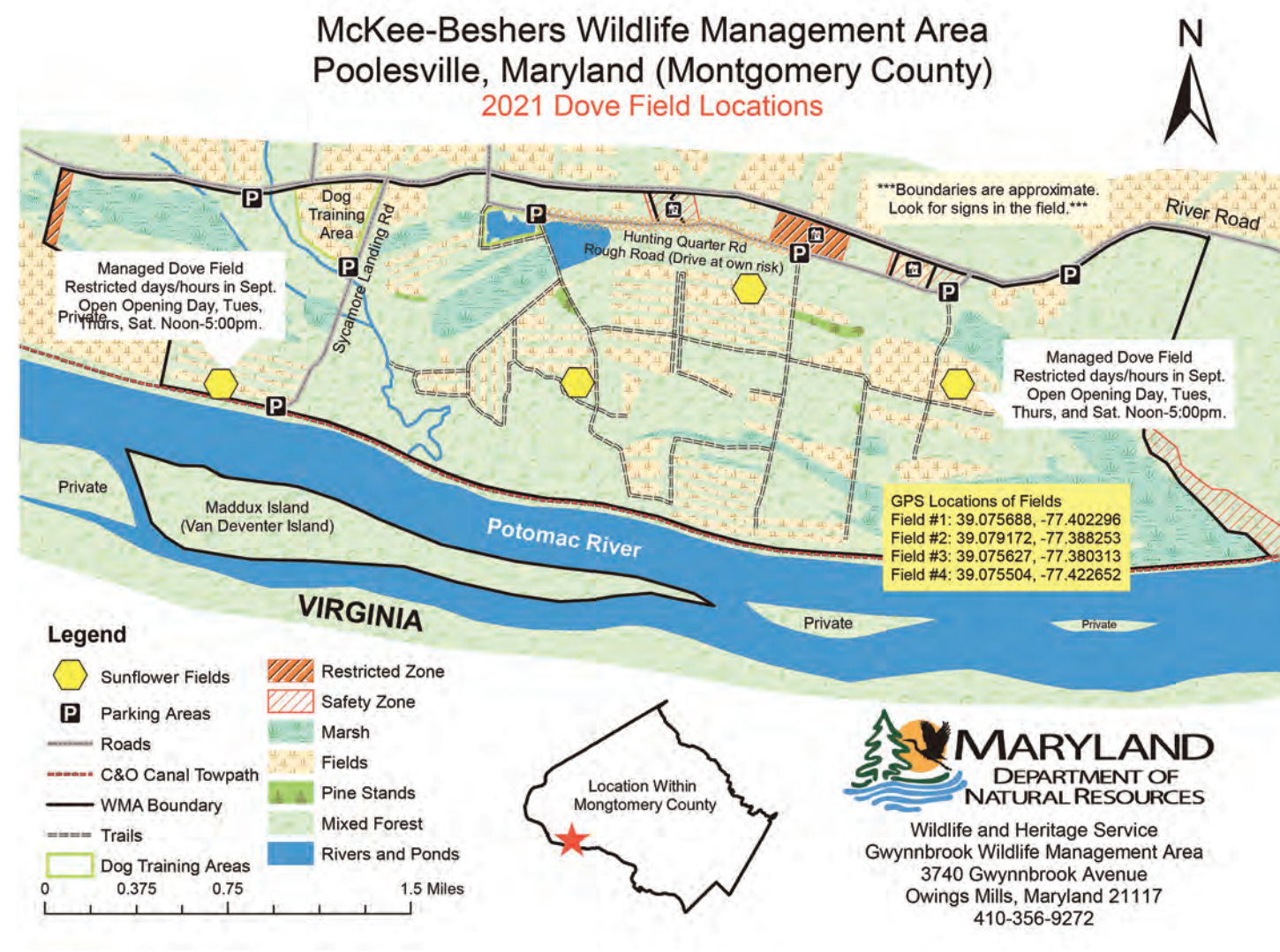
Dogs are allowed, but must be leashed.

Wildlife Management Areas are trash-free. No trash cans are provided. Please take all trash away with you.

Commercial activities are prohibited.



Zebra Swallowtail butterfly on a sunflower at McKee Beshers in Poolesville.



SOURCE: [HTTPS://DNR.MARYLAND.GOV/WILDLIFE/PAGES/PUBLICLANDS/CENTRAL/SUNFLOWERS.ASPX](https://dnr.maryland.gov/wildlife/Pages/publiclands/central/sunflowers.aspx)

The sunflower fields are in peak bloom and are reached off River Road via Hunting Quarter Road and Sycamore Landing Road this year.



Sunflower in a field off Hunting Quarter Road.



Bees of many kinds are enjoying the sunflowers.



Sunflowers in abundance and peak bloom at McKee Beshers off River Road.



Poolesville artist James Vissari at his easel in a sunflower field at the end of Sycamore Landing. <https://www.facebook.com/james.vissari> <https://jamesvissari.weebly.com/>

"Over the years, I keep painting and drawing the sunflowers. Inspired by Vincent van Gogh, when the sunflowers are in bloom, it's on! If sunflowers don't inspire your inner joy, so sad for you. Even in the heat and humid sun beating down on me, the entire experience sets me free."



Public Hunting Area at McKee Beshers. The sunflower fields are planted to provide a food source for mourning doves, as well as other wildlife species, after the plants mature and dry. Mourning doves are hunted at these fields during hunting season that traditionally begins on Sept. 1 and continues through early January.

Like to help others?



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SENIOR LIVING



PHOTO CREDIT: E. DAVID LURIA

Encore Sentimental Journey Singers performed a concert in Fairfax, Virginia. The Sentimental Journey Singers program is a chorus for those who have been diagnosed with early or beginning moderate Alzheimer's and other memory impairments.

Music for Singers Alzheimer's Disease

**New choral program gives
those with Alzheimer's and
other memory impairments
the gift of music.**

BY MARILYN CAMPBELL
THE CONNECTION

When Peter Midgley and his wife went on their first date, they discovered their mutual love of music. In fact, they were both members of the same choir. When

the couple married and had children, melody-making became a major part of the family's everyday life. Though Midgley has been diagnosed with Alzheimer's Disease, the tradition of music is still a part of his life thanks to his adult daughter Debbie Caramella and the Sentimental Journey Singers program, a chorus for those in the early or beginning moderate Alzheimer's and other memory impairments.

"We learned of SJS through the adult day center my dad was attending. It seemed like the perfect fit for us because music has been a part of our family story since before we were a family," said Caramella who, as her father's caretaker, is also part of the choir. "Besides the benefits of the physical, social, and cognitive engagement that the choir provides, we have discovered that when we sing together, Alzheimer's loses its grip, and we are just a dad and a daughter enjoying what we have all our lives."

The program is part of Encore Creativity for Older Adults, a choral program for singers 55 years of age and older. Sentimental Journey Singers will begin operating in September in Montgomery and Fairfax counties.

"Music brings pure joy no matter where we are in life, but when there is a diagnosis of Alzheimer's or another memory impairment, music taps into another part of the brain and it's one of the last things to

go," said Anita Irvin, Executive Director, Insight Memory Care Center. Insight clients have joined Sentimental Journey Singers. "There are so many mental and social benefits from music and we saw such a positive experience from our participants that joined the choir. They very much looked forward to the rehearsals."

The season begins in September with rehearsals for the group's holiday concert. Singers and their caretakers will sing in three-part harmony. Group members will enjoy the social aspect of choral singing while learning healthy vocal technique skills.

"Alzheimer's is a very lonely disease. It's usually you and your caregiver, so when these singers come out every week, the social interaction means a lot to them," said Jeanne Kelly, Founder and Artistic Director of Encore Creativity. "The

experience will offer teamwork, confidence, a lot of fun and incredible joy."

Tuition for 15 weeks of rehearsals is \$190 and includes sheet music, rehearsal CD, and a December concert performance for family and friends that is free and open to the general public. There are no auditions and Encore is hopeful that all care partners will also sing. There will be 15 rehearsals led by Mary Ann East, Ph.D., an Encore conductor who is also the music director at Community

of Faith Methodist Church in Herndon, Va. and the Co-Founder and Director of the Capital Harmonia Community Women's Chorus.

For More Information

Anyone who is interested in the Sentimental Journey Singers program, or other Encore choral programs, can visit encorecreativity.org to learn more and to register.

Sentimental Journey Singers Strathmore

Mondays - 10:00-11:30 am - beginning September 13
Strathmore Music Center, 5301 Tuckerman Lane, North
Bethesda, MD

Sentimental Journey Singers Fairfax

Wednesdays - 10:00-11:30 am - beginning September 8
Community of Faith UMC, 13224 Franklin Farm Road,
Herndon, VA

WWW.CONNECTIONNEWSPAPERS.COM

To include events in the Almanac's calendar, please contact Ken Moore at kmoore@connectionnewspapers.com; put Almanac Calendar Event in the subject line.

POTOMAC COMMUNITY CENTER. 11315 Falls Road. The Potomac Community Center re-opened Monday, June 28. Table tennis, volleyball, badminton, basketball, pickleball, open gym and more will be available. See <https://www.montgomerycountymd.gov/rec/Resources/Files/potomac-2021schedule.pdf> for details and hours.

PARK RANGERS AVAILABLE. 10 a.m. to 3 p.m. on Thursdays, Fridays, Saturdays and Sundays. Chesapeake & Ohio National Historical Park at Great Falls, 11710 MacArthur Blvd. Park rangers are available to provide maps and information even though the visitors center is still currently closed. See <https://www.nps.gov/choh/index.htm>

RIDE THE CAROUSEL. 10 a.m. - 4 p.m. Wednesday through Friday, 10 a.m. to 6 p.m. Saturday and Sunday. Glen Echo Park, 7300 MacArthur Blvd. The 1921 Dentzel Carousel was installed in 1921 and celebrates its 100th Anniversary all season long. Purchase tickets at <https://glenechopark.simplertix.com/>. \$5 per person for a four-hour time slot. See <https://glenechopark.org/carousel/> for additional information regarding covid protocols.

CABIN JOHN PARK MINIATURE TRAIN RIDE. 10 a.m. - 5 p.m. Tuesdays through Fridays; 10 a.m. to 6 p.m. on Saturdays and Sundays. 7410 Tuckerman Lane. Scenic two-mile, 15-minute train ride through Cabin John Regional Park. Tickets are limited and can be pre-purchased online at ActiveMontgomery.org -- \$2.50. (Children two and younger ride for free with an adult.) See <https://www.montgomeryparks.org/parks-and-trails/cabin-john-regional-park-miniature-train/> for covid precautions and ticket information.

OUTDOOR SWIM HOURS. Bethesda Outdoor Pool, 6300 Hillandale Road, Bethesda. 301-652-1598. For more pools including upcounty in Poolesville and Gaithersburg, and for summer hours see www.montgomerycountymd.gov/rec/facilities/aquaticcenters/outdoorpools.html

INDOOR SWIM HOURS. Shriver Aquatic Center, 5900 Executive Blvd, 240-777-8070 See. <https://www.montgomerycountymd.gov/rec/Resources/Files/aquatics/KSAC.pdf>

ICE SKATING. Cabin John Ice Rink, 10610 Westlake Drive. Cabin John Ice Rain has numerous public skate sessions every day of the week. See cabin-johnice.org for details.

FRIDAY, JULY 30
CRAFT OF POETRY. Writer's Center, zoom. Carlina Duan discusses her latest poetry collection, Alien Miss. Carlina is in conversation with Emily Holland, poet and Editor of Poet Lore, America's oldest poetry journal. See <https://www.writer.org/> to register and receive links for the Zoom session. Free.

MOVIES UNDER THE STARS. 8-10:30 p.m. Westfield Montgomery Movies Under the Stars, outside of The Cheesecake Factory. Shrek will be shown July 30.

Westfield Montgomery Live Music. 1-2:30 p.m. Join Westfield Montgomery for live music from local bands and performances by Maryland Live Arts. Capital Duo Band will perform. Saturday For a full list of Boardwalk Bash Events, see <https://www.westfield.com/montgomery/hellosunshine>

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Newspaper of **Potomac**
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An independent, locally owned weekly newspaper delivered to homes and businesses.

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Alexandria, Virginia 22314**

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**Potomac Almanac is published
by Local Media Connection LLC**

**Five Time First Place
Award-Winner
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MDDC Press Association

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Bedridden in Burtonsville



By **KENNETH B. LOURIE**

It all started innocently enough: on Crystal Beach in Galveston Texas while enjoying a family vacation. Due to 11 years of chemotherapy, I have neuropathy in both feet. As a result, I never walk barefoot, especially on a beach, unless of course, I go into the water. Which on the Saturday before last. I did. When I returned to my beach chair, with my feet all sandy and wet, I elected not to put my sneakers and socks on for the 50-yard walk back to our accommodations. Oh (literally), how I wish I had.

Not 10 feet from the end of the beach was a narrow strip of road (tar, concrete, I can't remember) which we had to cross to reach the grassy margins which would then take us to our house. No sooner had I stepped left, right, left, that I felt like a buffalo which had been shot on the Great Plains, as I immediately collapsed onto a neighbor's yard swearing in pain as I landed; as the heat of the pavement seared through the bottom of both feet. As I sat on the grass with my heels clenched and my toes pointing skyward, I thought, "I'm not going to be able to walk the 25 yards to our house." Somehow, within a few minutes, I summoned up the strength to stand and somehow I managed to hobble my way home. (I'll spare you the details of the excruciating pain I endured walking up the 20+ wooden steps to get inside our house.)

The following day, I remained inside with my feet off the floor and my socks on angling for some kind of relief. The only times I had to move (to visit the bathroom) were sheer torture. Later that day, I relented and let my wife, Dina, look at my feet. She removed my bloody socks and recoiled in horror. To say it wasn't a pretty sight isn't really stating the obvious. It's stating that I was oblivious. I suffered through the rest of the night, taking only Extra Strength Tylenol for pain. It didn't really work. The next day we drove to Urgent Care.

I was seen within 15 minutes of my arrival. The physician's assistant on call removed my socks and assessed the damage. He said I had second degree burns on the soles of both feet. He prescribed an antibiotic pill, a pain pill and some medicinal cream. The cream was to be smeared on a non-adhesive bandage which then was to be placed on the affected areas and wrapped with a self-sticking, ace-type bandage which was to be changed twice a day. I was given my prescriptions and a set of crutches. Soon I was out the door - via a wheelchair, and then Dina drove us across the street to a pharmacy where we picked up our goodies. Finally, we had a treatment plan and relief was in sight. Oh (literally) how I wish it were so.

The next day was our last day of vacation. Of course I was no use to anybody as the house was cleaned and everyone packed their stuff as the cars were loaded with luggage (and back down those same 25 wooded steps). It was nearly three hours later (after a two-hour car ride) with Dina driving (don't tell the car rental place) as I squirmed in pain, until we arrived at our airport gate with yours truly getting wheelchair assistance.

Circumventing lines to drop off baggage and pass through security, with haste and super efficiency, we eventually were deposited at Gate A17 in plenty of time to make our departure. Unfortunately, the pain had not really subsided. In my mind I knew I was going to Urgent Care later that night after we arrived home in Maryland. These painkillers couldn't kill a fly let alone the pain from a second degree burn. (We were seen that night at a local Urgent Care around 11 pm. They confirmed the diagnosis, but they prescribed a more serious painkiller: percocet. Which so far hasn't stopped the pain. Duller it, maybe?)

Back at the gate, while we waited to board, a woman came over to sit next to where I had stretched out across two seats to minimize the pain. Dina explained to her the reason why I had my legs outstretched was because I was injured. She smiled and said: "Would you mind if I ... ? Stay tuned to this space for "Still Bedridden in Burtonsville" publishing Wednesday, August 4th.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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