

The Arlington Connection

HOMELIFESTYLE

PAGE 5



David Guas of Bayou Bakery in Arlington finishes off his King Cake with sugar sprinkles in the traditional green, gold and purple Mardi Gras colors.

King Cake Spectacular

MARDI GRAS. PAGE 4

Launched from Arlington, Consumer Electronics Show Goes Hybrid

PAGES 6-7

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A line forms down the block and around the corner on Jan. 6 for COVID-19 tests at the County testing kiosk at Courthouse Plaza Parking Lot.

Race for COVID-19 Tests as Numbers Escalate

So far, 1 in 8 Arlington residents have tested positive for Covid.

BY SHIRLEY RUHE
ARLINGTON CONNECTION

COVID-19 seems to be everywhere in Arlington. Since the beginning of the pandemic at least 1 in 8 residents in Arlington have been infected, and so far January has been the month with the highest average reported cases since the pandemic began. As COVID-19 cases escalate, the demand for testing increases. But there can be challenges to get a test. Waiting times for testing appointments have lengthened as the holidays and bad weather caused sites to temporarily close. The rush for home test kits quickly depleted supplies.

In January 2021 Arlington County made an agreement with the private company, Curative, to provide non-cost COVID -19 testing kiosks at sites around the County. Tests are offered free of cost and without a doctor's referral. Although an appointment is not necessary, it is advisable, and walk ups must be in line by 3:30 p.m. The kiosks are open 9 a.m.-7 p.m.

Currently there are four testing kiosks at Arlington Mill Community Center parking lot, Courthouse Plaza parking lot, Quincy Park at the Central Library and Virginia Highlands parking lot. During the holidays these lines snaked down the block and round the corner as residents waited in the cold for their appointment.

In addition, you can search the Virginia Department of Health



COVID test site geographically to identify other available sites offered at some pharmacies and health care providers.

The Arlington Library announced on Dec. 10 that they were collaborating with the Virginia Department of Health to distribute free COVID-19 rapid antigen at-home test kits. They could be picked up free of charge at the Library service desk with no proof of residency or library card required.

At 12:10 p.m. the same day the Library issued an update: "all library locations are out of stock."

The Library has indicated while the supply of kits is limited, it will be replenished regularly. The most recent distribution was on Dec. 30 when the Library gave out 2,000 kits and were out within half an hour. Check the Library website for information on availability in the future.

At-home kits are easy to use. If

using the at-home test provided by the Library, individuals will need an internet connection to facilitate and verify the test with the Department of Health through the eMed digital platform. Once the test has been completed the user will receive a test result in 15 minutes.

Other test kits sold in pharmacies such as the QuickVue kit are simple and easy to use with no internet required and the test result available on the spot. It is an antigen test designed to detect proteins from the virus that causes COVID-19 with an anterior nasal swab.

Follow the directions in the test kit. (Example: Swab inside the nose, place the swab in the tube of liquid and stir. Wait one minute and remove swab. Place test strip in the liquid and wait 10 minutes and check test strip on the outline provided to indicate results. Although the home kit is fast and

Information based on Virginia Department of Public Health statistics January 10.				
	Total COVID cases	Hospitalizations		Deaths
Virginia	1,221,036	44,056		15,651
Arlington	29,133	971		283
Alexandria	21,809	672		161
Fairfax	130,736	4,221		1,210
	Total Vaccines	at least one	Fully Administered	Booster
Arlington	440,011	205,946	178,695	71,732
Alexandria	267,743	127,978	109,755	42,147
Fairfax	2,121,056	954,264	844,025	364,276
Percent Fully Vaccinated				
	Total	5-11 yrs	12-17 yrs	Booster
Arlington	75.4	48.7	93.4	30.3
Alexandria	68.8	34.4	94.8	26.4
Fairfax	73.6	36.5	82.1	31.7

New reported cases by day released on January 9 indicate a daily average of 423 cases in Arlington with a 14-day change of 34 percent since 2 weeks ago. Since the pandemic at least 1 in 8 residents have been infected. So far January has been the month with the highest average cases in Arlington County.

New reported cases by day on Jan. 9 indicate a daily average of 476 cases in Alexandria with a 14-day change of 124 percent from two weeks ago. Since the beginning of the pandemic at least 1 in 7 residents have been infected. So far January has been the month with the highest average cases in Alexandria.

easy, a significant number of false negatives have been reported.

Detailed statistics on COVID-19 cases are available by jurisdiction on the Virginia Department of Health website. They are broken down by race, age and sex and are updated regularly.



David Guas prepares to decorate his freshly baked King Cake at Bayou Bakery to initiate the pre- Lenten season.



Guas swirls fluffy vanilla icing on his freshly baked Danish style King Cake.



Guas finishes off his King Cake with sugar sprinkles in the traditional green, gold and purple Mardi Gras colors.

PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Where's That Baby? Check in the Cake

Guas combines frou frou chef style with down and dirty New Orleans.

BY SHIRLEY RUHE
ARLINGTON CONNECTION

David Guas, a native of New Orleans, has just produced his first King Cake of the season at Bayou Bakery, Coffee Bar & Eatery on Courthouse Road. In New Orleans he says traditionally on the Twelfth Night after Christmas or All King's Day the locals would be buying their first King Cake to celebrate, to take to work or share with classmates. This day falls on Jan. 6.

Guas explains everything in New Orleans revolves around religion, the Catholic calendar. Epiphany (or All King's Day) is the day when it is thought the three kings reached the baby Jesus in Jerusalem. It is also the beginning of the pre-Lenten carnival season where he explains people get a little bit of decadence in preparation for Lent, a time of fasting and abstinence. "It's all about over indulgence," Guas says.

Guas produces what he calls a classic King Cake which "combines my frou frou chef style with the down and dirty of New Orleans." Overnight he has made a bulk laminate dough with no preservatives, cutting in the butter to make

a danish style cake. Guas has developed his own style of cake with a hint of NOLA but with his own personal touch. He rolls cinnamon sugar inside each individual cake and adds a little Creole cream cheese to give it moisture. "The cinnamon and sugar liquefy to add more moisture." Then he bakes each cake 25-35 minutes to give it a rich mahogany color. "No two King Cakes are the same."

Traditionally a small plastic baby is inserted into each cake, and the person who finds the baby in their slice is named "king for the day." They are required to host the next Mardi Gras party and provide the next King Cake.

Guas says since people may not be familiar with that tradition he places the plastic baby on top of the cake. This allows the individual to cut a sliver on the bottom of their cake wherever they like and insert the baby themselves. "We don't want someone to be surprised and unexpectedly choke on the baby."

The tradition of the New Orleans style King Cake is thought to have been developed by French and Spanish colonists. At one time a fava bean was inserted as the fève or small trinket found in the

cake but since then the fève has evolved into a plastic baby.

Guas pulls out a large pastry bag of vanilla frosting and artfully swirls it around the circular cake. "I let the frosting set for a minute and then sprinkle the traditional Mardi Gras colors on top of the cake with purple for justice, green for faith and gold for power."

To order a King Cake with 48 hours notice, check the website at BayouBakeryva.com. The cakes are only available until Lent begins on March 1 this year.

"It is an unusually long season in 2022."

Eating a King Cake at other times of the year "is just unacceptable and if you try to order one on March 2 you'll be out of luck." Guas also offers Mardi Gras in a Box shipping nationwide with a King Cake plus accompanying decorations, beads, masks and boas and games for eight for those who want to order a ready made party.

Guas moved to the area from New Orleans 23 years ago and has owned Bayou Bakery for 11 years. He is a national TV personality, cookbook author and known for his community engagement such as his assistance to Arlington families during the pandemic.



Bayou Bakery King Cake ready for the first party of the Mardi Gras season.

Veri Peri 2022 Color of the Year

Described blue with red-violet undertones, the hue is expected to be on trend this year.

BY MARILYN CAMPBELL
THE CONNECTION

Those home accessories or planning a whole-house remodeling project or simply looking to purchase home accessories will have a new color option. Described as a shade of blue with violet-red undertones, Very Peri is Pantone's 2022 Color of the year. The hue, which is expected to be on trend in products that range from home furnishings to runway fashion, is getting mixed reviews from local designers.

"Very Peri isn't a color that I would choose often, or recommend to clients frequently, but I can see why some people would love it," said McLean designer Ashley Hollings,

"I may be in the minority, but I think it's a beautiful color," said North Potomac designer Dana Wiseman of Wiseman Designs. "However, I don't think I'd recommend it to a client. It's a bit too dark for an interior."

"As a purple with a blue edge, Veri Peri is cold and bold," said Annie Elliott of Bossy Color and Annie Elliott Design "It's a strong, impressive color, but it isn't welcoming and that's the number one word my clients use when describing their ideal home."

There are those aren't afraid to embrace it, says Cathy McNamara of Dream Interiors in Alexandria. "I'm seeing an uptick in the number of homeowners and designers who are taking risks. Veri Peri is definitely risky," she said. "This was once a color that was only used as an accent, but more and more of my clients are choosing bold colors for whole rooms."

Those who find the color appealing, but want to use it with caution. Veri Peri can add a burst of vibrancy to a neutral interior.

"As a solid color, it would look great on lamps or a quilt in a crisp white bedroom," said Elliott. "It would be a dramatic accent color in an extremely contemporary home, and the only accent color, possibly. It would be effective as a splash of color on pillows, vases, and art."

Though considered by designers to be a vivid hue, Veri Peri can be paired with colors to increase or subdue its vibrancy. "You can pair it with neutral colors like beige or white to balance the shade and provide a calming, comforting effect," said interior designer

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PHOTO BY ANNIE ELLIOTT

Very Peri, color of the year for 2022, is expected to be prevalent in home furnishings such as the sofa in this room which was designed by Annie Elliott of Annie Elliott Design.



PHOTO BY ANNIE ELLIOTT

Annie Elliott of Bossy Color and Annie Elliott Design says Very Peri, color of the year for 2022, can be integrated into a splash of color on pillows, vases, and art.

"I think Pantone picks wild colors on purpose to spark some conversation. If they picked a boring beige no one would talk about it."

— Ashley Hollings, interior designer

Michelle Zimmerman of Potomac.

"If you want to make more of a statement, pair it with oranges or yellows, which makes the purple hue pop and appear more vivid," continued Zimmerman. "They're complementary and will create a bold statement."

"To tone down the boldness of Veri Peri, I

would pair it with adjacent colors such as red, burgundy, and navy blue," added Elliott. "The cleverest thing about Veri Peri from an interior design perspective is that it will look great with cool gray."

For the past 23 years, experts from the Pantone Color Institute forecasts global color trends and select a Color of the Year.

"I think Pantone picks wild colors on purpose to spark some conversation," said Hollings. "I mean if they picked a boring beige no one would talk about it."

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Thank you to the hundreds of supporters who helped to keep all your Connection Newspapers alive throughout Alexandria, Fairfax County Arlington County and Potomac, Md. along with affiliated websites and digital media. Now we need help again in 2022.

Each local newspapers mission aspires to provide greater community service, and we do know that our communities are better off if we continue to publish. Last year's financial support from readers and supporters like you bridged the shortfall before Federal PPP funding arrived, and both made our survival possible. We now await a decision for a grant from Rebuild Virginia in early February that we hope will help us in 2022 and beyond. But we need help to survive the first quarter, always a brutal time for cash flow in weekly newspapers. Thank you.

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The ongoing pandemic continues to crush many newspapers across the country, and our newspapers continue to be at risk. The Northern Virginia area's best read and most trusted source for community news includes the Alexandria Gazette Packet, Mount Vernon Gazette and all Con-

nection Newspapers in the metropolitan region.

The pandemic has hit small businesses hard, which in turn has reduced advertising revenue that keeps these local newspapers alive to provide hyper local news to residents. It feels like no small miracle to be looking forward into 2022.

The pandemic has been a bear, financially and otherwise. Revenue plummeted at the beginning in 2020. Some beloved advertisers have stayed the course supporting us throughout, and many more have done what they can. In the fall of 2021 we saw the return of some advertising for events and Grand Openings, but now omicron clouds the horizon in so many ways. Revenue still remains short of expenses despite our greatly curtailed costs.

Connection Newspapers has been offering these local newspapers to residents for over 200 years. Countless residents have grown up with these papers covering significant moments in the lives of family and children, news, community events, school activities, and even pictures of your dogs and cats. Internet news and large national newspapers cannot provide the local connection or historical connection that local papers like Connection Newspapers and the Alexandria Gazette Packet provide. If your child, dog, mother, father, neighborhood, school has been featured, you understand the value of local community newspapers.

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The Show Must Go On

CES goes hybrid in 2022 return.



A virtual gaming display at CES 2022.



Doosan Mobility Innovation won two CES 2022 awards for its hydrogen fuel cell-powered drone systems.



Samsung's 55" Odyssey Ark gaming monitor was unveiled during CES 2022.



Hosted by the Arlington-based Consumer Technology Association, CES 2022 returned to Las Vegas Jan. 5-8 in the world's largest consumer technology trade show.

BY JEANNE THEISMANN
THE CONNECTION

The crowds may have been smaller but the technology no less impressive as the Arlington-based Consumer Technology Association returned to Las Vegas for CES 2022.

Organizers reported an attendance of more than 40,000 with 2,300 exhibitors as the world's largest and most influential consumer technology trade show returned to an in-person event following a pandemic-induced virtual event in 2021.

The pre-pandemic 2020 show counted 171,268 attendees and 4419 exhibiting companies, including Northern Virginia entrepreneur Skip West, founder of Fairfax Station-based MAXSA Innovations and adjunct professor at George Mason University.

"This was a no-win situation for us," said West, who has attended and exhibited at CES every year since 1985. "It was not obvious as to what to do and I really wanted to be there this year."

West joined exhibitors like Amazon, Microsoft and Google in bowing out at the last minute due to

rising concerns over the ongoing pandemic.

"I wasn't worried about getting COVID myself since I have been vaccinated and boosted," West said. "I was worried about bringing it back home. I have my 98-year-old father-in-law living with me. If I had brought something back it would have been a disaster for my family so the risk was just not worth it."

West added that he was not concerned about interacting with the crowds during the show itself due to the many safety protocols in place. Attendees had to show proof of vaccination before receiving a badge, and each person got two self-test kits when they registered.

"I fully expect that the show will return to normal for 2023."

— Longtime CES exhibitor Skip West

After attending CES 2020 in person, West participated in last year's virtual event.

"We had a reasonably positive experience during the virtual 2021 event," West said. "We ended up picking up Lowes.com so for us it was worth it but I think generally people were not happy and wanted to return in person."



John Deere unveiled a fully autonomous tractor during CES 2022.



Arlington-based CTA president and CEO Gary Shapiro, right, and CTA executive vice president Karen Chupka open the 2022 CES technology trade show Jan. 5 in Las Vegas.

Prior to the start of the event, CES trimmed the show to three days, down from the usual four, as part of its enhanced health protocols.

But the technology of the future was on full display.

"Innovation came to life this week at CES 2022 with technologies that will reshape industries and provide solutions to pressing worldwide issues from healthcare to agriculture, sustainability and beyond," said Gary Shapiro, president and CEO of CTA, the owner and producer of CES, in his closing remarks. "The CES show floor buzzed with the joy of human interaction and a five-sense innovation experience with products that will redefine our future and change our world for the better."

Prevalent throughout the show was artificial intelligence, making products and technologies smarter and customizable. Companies included John Deere, featuring the first fully autonomous tractor, and Beyond Honeycomb, with an AI-enabled robot to prep and cook customizable meals.

BMW demonstrated a color-changing electric car called BMW iX Flow utilizing E Ink technology while GM unveiled the new electric Silverado. Vietnam's first automaker VinFast made its CES debut.

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BMW debuted a color-changing electric concept car called BMW iX Flow utilizing E Ink technology. The vehicle can change its exterior color from black to white and shades of grey almost instantaneously.



Northern Virginia entrepreneur Skip West, shown at CES in 2020, did not attend the 2022 event for the first time since 1985.

were featured in Eureka Park, the startup hub for CES 2022, including the SkyDrive air taxi. The Venetian Expo also featured a first-time European Pavilion highlighting the latest tech advancements from Europe.

West said that he anticipates the show will return to normal for 2023.

"It's crazy – we had everything done and ready to go," West said. "But while it wasn't meant to be this year, I fully expect that the show will return to normal for 2023 and that I will be back again."

Organizers announced that anyone unable to attend CES in person can access the show digitally through Jan. 31 at www.ces.tech.



LG Electronics, maker of a transparent OLED concept display, was one of several major exhibitors to pull out of CES 2022 at the last minute due to coronavirus concerns.

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Once Upon a Mattress (Youth Edition)

ACCT returns to live performances Jan. 14-23.

BY JEANNE THEISMANN
THE CONNECTION

Many moons ago in a far-off place, Queen Aggravain decreed no couples could marry until her son, Prince Dauntless, found a bride. Can Winnifred the Woebe-gone, a simple swamp princess looking to win the heart of Prince Dauntless, pass the impossible test Queen Aggravain has in store for her?

Such is the tale of *Once Upon a Mattress* (Youth Edition), an adaptation of the beloved musical designed for young performers and running Jan. 14-23 at Aldersgate Church Community Theater.

"We thought really carefully about what show would work during COVID," said director Julia St. Pierre. "We wanted a musical but needed to limit it to 21 kids. We needed to find a fun show that had a small ensemble and 'Once Upon a Mattress' really met all the elements we needed. It has great characters and a fun fairy tale theme with a twist that makes the show irresistible."

With music by Mary Rodgers, lyrics by Marshall Barer, and book by Jay Thompson, Dean Fuller and Marshall Barer, the much-acclaimed musical was the right fit for



PHOTO BY HOWARD SOROOS

Aldersgate Church Community Theater will present "Once Upon a Mattress (Youth Edition) Jan. 14-23 in the Wesley Hall of Aldersgate United Methodist Church at 1301 Collingwood Road in Alexandria. For tickets visit www.acctonline.org.

ACCT as the company returned to live performances.

"It was important that we get started after having to be dark since early 2020," said St. Pierre, who also serves as music director. "ACCT is such a community and carrying on the tradition and children's program was so important to us."

Cody Yeatman plays the role of Prince Dauntless.

"Dauntless is a prince but not really what you would think of when you hear the word 'prince,'" said Yeatman. "He's more of a puppet figure for his mother but he doesn't know that he's a puppet. He's like a little kid in an adult body. Blunt, naive, and very open with his emotions."

Maggie Campione takes on her first lead role as Princess Winnifred.

"Princess Winnifred is from the swamps

"It was important that we get started after having to be dark since early 2020."

— ACCT director Julia St. Pierre

and not what you expect from a fairy tale princess," Campione said. "She is very loud, strong-willed and passionate. But she is also extremely kind and cares about all those around her. Unfortunately, though, the queen despises her."

The show opens Jan. 14 and runs through Jan. 23 in the Wesley Hall of Aldersgate United Methodist Church at 1301 Collingwood Road in Alexandria. Tickets are \$15 and a COVID-19 policy requires a mask at all times while inside the UMC building. Seating will be socially distanced.

"I hope that audiences will have a good laugh and simply enjoy themselves," said Lauren Allen, who plays the Queen. "We have been missing live theater for nearly two years now, so if they leave with half as much of the joy and excitement that we have felt being able to perform onstage in front of a live audience again, then the show will have been a success."

For tickets or more information, visit www.acctonline.org.

Arlington's Annual Tribute to Dr. King

Arlington's annual tribute to Dr. Martin Luther King Jr. will be held virtually on Sun., Jan. 16 at 5 p.m. The 2022 program will include music, dance and spoken word to honor Dr. King's life and legacy.

Spoken Word artist Kim B. Miller will share original works. Kimberly Gordon will sing three selections, including Lift Every Voice and Sing – also known as the Black national anthem. Dancer Kamali Hill will perform to Freedom by the Golden Gospel Singers and Mahalia Jackson's version of Down by the River Side and Malachi Alexander will dance to It Ain't Over by Maurette Brown Clark.

Visit <https://arlingtonparks.us/mlk-tribute/> to watch the video starting at 5 p.m. on Jan. 16.

MLK Day of Service

"A Day On, Not A Day Off"

There are multiple opportunities for service on Martin Luther King, Jr. Day on Monday, January 17, 2022.

<https://volunteer.leadercenter.org/2022-mlk-day-service>

Event Summary

9:00 a.m. - 9:30 a.m. Virtual Opening Announcements



10:00 a.m. - 12:00 p.m. Virtual, "DIY" ("Do It Yourself") and In-Person Projects, depending on specific project

Just as there are a variety of ways to be civically engaged, there are a variety of civic engagement projects for this year's MLK Day of Service. Some are all virtual, some are a mixture of a virtual information session and then a Do It Yourself project at home that you can drop off at a later time, and some are in-person. Check out the opportunities and register today.

Volunteer Opportunities

AHC, Inc., APAH, and AHS Listen & Learn - Current Issues in Affordable Housing in Arlington - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/785>

Arlington County Department of Human

Services and AFAC Listen & Learn on hunger and DIY Winter Care Kits - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/786>

Arlington Neighborhood Village Virtual Listen & Learn - Help Strengthen the Safety Net for Seniors in Arlington - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/806>

Arlington Rotary Club Virtual and DIY Blanket Making for Children in Affordable Housing - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/808>

Aspire! Virtual and DIY Teacher Supply Drive - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/811>

CRi DIY "I Spy Bags" - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/788>

Culpepper Garden DIY Cheer Bundles - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/777>

New Hope Housing Virtual and DIY Making Welcome Home Kits - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/816>

New Hope Housing Virtual and DIY Making Hygiene Kits - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/815>

VICAP Listen & Learn on the Virginia Insurance Counseling & Assistance Program - learn more <https://volunteer.leadercenter.org/civcrm/vol/#/volunteer/appeal/812>

Arlington Venues Join Restaurant Week Jan. 17-23

In Arlington, Virginia, WHINO, the restaurant & art gallery located at 4238 Wilson Blvd, 22203, on the second floor of Ballston Quarter, will also be participating in Winter Restaurant Week, Jan. 17-23, exclusively during dinner service. For additional information or reservations please call (571) 290-3958 or visit <https://www.whinova.com/>.

Ambar Clarendon, located at 2901 Wilson Blvd, 22201, is also offering guests the opportunity to experience some of the best traditional dishes from the Balkan Peninsula, prepared with a modern twist this Restaurant Week, Jan. 17-23. Lunch is priced at \$25 per person and dinner is priced at \$55 per person (tax and gratuity not included). Ambar Clarendon will offer a take-out, value-driven, family-style menu. The seven-course menu will feature enough food for a large feast plus wine priced at \$70 per couple. All orders will be made-to-order. For additional information please call (703) 875-9663 or visit <http://www.ambarrestaurant.com/home-page-clarendon/>.

TTT Clarendon, located at 2900 Wilson Blvd, Arlington, Va. 22201, will be offering a special prix fixe menu for Restaurant Week highlighting enticing street food from more far-flung places incorporating Mexican flavors.

Winter Restaurant Week menus at TTT Clarendon will be available January 17-23 for in-house dining, carryout, and delivery. Lunch is served Monday through Friday, from 11 a.m. to 4 p.m. and dinner is served Monday through Friday, from 4 p.m. to 10 p.m.; Saturday, from

SEE RESTAURANT WEEK, PAGE 9
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FLOURISHING AFTER 55

Contact: Judy Massabny, jmassa@arlingtonva.us

55+ Programs are virtual, indoors at 55+ Centers and outdoors. A 55+ Membership is required to participate (\$20 annual fee). To join or register, go to registration.arlingtonva.us or call 703-228-4747.

Movie group to discuss, "Don't Look Up" (2021), Thursday, Jan. 13, 3 p.m. Registration # 912402-05.

Black women and the civil rights movement, Thursday, Jan. 13, 1:30 p.m., presented by a representative from the National Women's History Museum. Registration # 912400-01.

About Clara Barton, founder of the Red Cross, Saturday, Jan. 15, 10 a.m. Illustrated talk by a Park Ranger from the Clara Barton National Historic Site. Registration # 912400-05.

Current events discussion of local and world news, informal and volunteer led, Monday, Jan. 17, 10 a.m., Arlington Mill 55+ Center. Drop in.

Tai Chi practice, Yang style, Monday, Jan. 17, 12:30 p.m., Wednesday, Jan. 19, 1:30 p.m., Lubber Run Community Center. Drop in.

55+ Live! Talk Show, program previews, demonstrations, meet 55+ staff members, Tuesday, Jan. 18, noon. Registration # 912801-02.

Foot care discussion with podiatrist Dr. Gregory Cardinal, Tuesday, Jan. 18, 10 a.m., Lubber Run 55+ Center. Registration # 912500-09.

Genealogy 101, led by experienced genealogist Eileen Bogdanoff, Tuesday, Jan. 18, 11:30 a.m., Lubber Run 55+ Center. Registration # 912402-15.

Rubber Stampers workshop for experienced card crafters familiar with die cut and embossing machine, Tuesday, Jan. 18, 11:30 a.m., Madison Community Center. Instruction available. Drop in.

Ukulele instruction, Tuesday, Jan. 18, 4:30 p.m., Arlington Mill 55+ Center. Registration # 912304-03.

Arlington Senior Golf Club to meet Wednesday, Jan. 19, 11:30 a.m., Lubber Run Community Center. To join contact Dennis MacDonald, dkmacdonald@att.net or visit website, arlingtonseniorgolfclub.org.

No-bake healthy snacks demonstration with Lubber Run 55+ Center director, Brittany Miller, Wednesday, Jan. 19, 2 p.m. Registration # 912501-02.

day, Jan. 19, 2 p.m. Registration # 912501-02.

"Becoming Warren Buffet" documentary, Wednesday, Jan. 19, 1 p.m., discussion to follow. Registration # 912402-02.

What's in a will, hear from elder law attorney Ed Zetlin, Wednesday, Jan. 19, 11 a.m. Registration # 912404-03.

Opera appreciation, hear selections from "Carmen," professional commentary, Wednesday, Jan. 19, 1:30 p.m., Lubber Run 55+ Center. Registration # 912300-14.

Tai Chi practice, Taoist style, led by experienced practitioner, Wednesday, Jan. 19, Friday, Jan. 21, 12:30 p.m., Lubber Run 55+ Center. Drop in.

Line dance class, easy for beginners, no partner needed, Thursday, Jan. 20, 1 p.m., Arlington Mill 55+ Center, drop in; Friday, Jan. 21, 10:30 a.m., Aurora Hills 55+ Center, drop in.

Movies and critics, interactive, watch the movie, discussion follows, "The Assistant" (2019), Thursday, Jan. 20, 1 p.m., Arlington Mill 55+ Center. Registration # 912804-02.

Library of Virginia's genealogy series continues with legislative petitions, Thursday, Jan. 20, 3 p.m. Registration # 912400-12.

Long Bridge over the Potomac, presented by Patrick O'Neill, historian, Burke Historical Society, Thursday, Jan. 20, 1:30 p.m. Registration # 912400-23.

Woodcarvers group shares carving techniques, Thursday, Jan. 20, 1 p.m., Madison Community Center. Drop in; newcomers welcome.

Avoid gift card and cryptocurrency scams, presented by Tiffany Smedley, Federal Trade Commission, Friday, Jan. 21, 1:30 p.m. Registration # 912400-20.

Nature in Arlington, animals and ecology, presented by a naturalist from Long Branch Nature Center, Friday, Jan. 21, 11 a.m., Lubber Run 55+ Center. Registration # 912400-26.

Acoustic hour, live music by Ed Gironasi and Phil Rosen, Friday, Jan. 21, 1 p.m. Aurora Hills 55+ Center. Registration # 912301-03.

Just Play'n Country, bring an instrument, sing along or just listen, Friday, Jan. 21, 1 p.m., Madison Community Center. Drop in.

Restaurant Week

FROM PAGE 8

4 p.m. to 11 p.m. and Sunday, from 4 p.m. to 10 p.m. Additionally, TTT Clarendon will also be offering two large, value-driven, family-style Fiesta for Two menus highlighting traditional, authentic Mexican fare, served in a catering format for those looking to celebrate Restaurant Week at home. <https://www.tttrestaurant.com>. Delivery options are also available.

Other restaurant with restaurant week offers in Arlington:

Crystal City Sports Club
Epic Smokehouse
La Cote d'Or cafe
Lyon Hall
McCormick and Schmick's Crystal City
Mussel Bar and Grill Arlington
Osteria da Nino
Rustico Ballston
Ruthie's All Day
SER Restaurant
Spice Kraft Indian Bistro
The Liberty Tavern
The Melting Pot Arlington
<https://ramw.org/restaurantweek>

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Public Notice

Updated weight limits on Virginia bridges and culverts

In accord with state and federal law, the Virginia Department of Transportation (VDOT) has imposed new or changed existing weight restrictions and installed new signage indicating the updated weight restrictions on the following bridges and culverts (structures) in Virginia within the last 30 days.

Jurisdiction	Fed Struct ID	Route #	Route Name	Crossing	Posted Date
MONTGOMERY	12333	726	GOLD RUSH ROAD/726 ROUTE	BRUSH CREEK	12/16/2021

The list above is not a comprehensive list of all structures with weight restrictions in the Commonwealth, but shows only structures that have new or changed weight restrictions within the last 30 days. The list contains only basic structure identification and location information and the date the new or changed weight restriction and signage became effective.

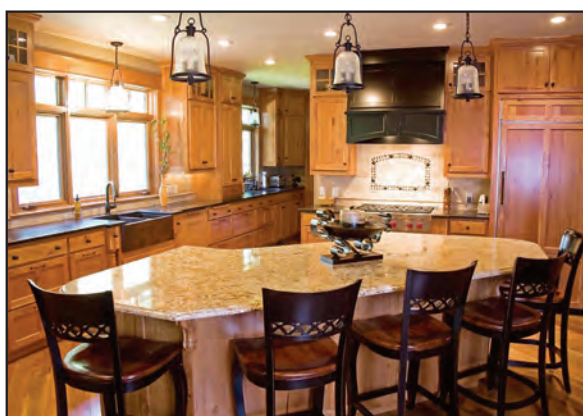
For a full listing of all bridge and culvert weight restrictions with detailed information about specific structures, including location data and actual weight limits, visit <https://www.virginiadot.org> and navigate to Info Center/Trucking Resources. This page references a posted structures report and a GIS map tool that contain detailed information about restricted structures in Virginia. To receive email notifications regarding new or updated weight restrictions for structures statewide, complete the sign-up form on the web page.

Notices regarding bridges and culverts with new or updated weight restrictions are published monthly by VDOT. For additional information or questions, please contact, haulingpermits@vdot.virginia.gov.

The Virginia Department of Transportation is committed to ensuring that no person is excluded from participation in, be denied the benefits of, or be subjected to discrimination under any of its programs or activities on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on VDOT's Title VI Program or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Program Specialist at 804-786-2730.

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ABC LICENSE

Ramen Arlington LLC trading as Jinya Ramen Bar, 4238 Wilson Blvd Ste 150, Arlington, VA 22203-1829. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises & Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Sam Shoja, Sole Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

ABC LICENSE

B LIVE, LLC trading as B LIVE, 2854 Wilson Blvd, Arlington VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises; Mixed Beverage license to sell or manufacture alcoholic beverages. Michael Bramson and Christal Bramson, Managing Members. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

ABC LICENSE

TBD on Wilson, LLC trading as Coco B's, 2854 Wilson Blvd, Arlington VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises; Mixed Beverage license to sell or manufacture alcoholic beverages. Michael Bramson and Christal Bramson, Managing Members. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

ABC LICENSE

HBARL, LLC trading as El Rey/Filling Station, 4201 Wilson Boulevard Suite 150/160, Arlington, VA. 22203-4417. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on premise, Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Ian Hilton, Managing Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

CALENDAR

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22	23	24	25	26	27
28	29	30	31		

**Let us know
about an
upcoming event**

connectionnewspapers.com/Calendar

CALENDAR

JAN. 4 TO FEB. 22

Jane Franklin Dance Presents Forty+ Project. 12:30-1:30 p.m. At 3700 S Four Mile Run Drive, Arlington. Forty+ is starting a new project with choreographer Andie deVaulx. Designed for movers who enjoy participating with others, the upcoming Forty+ Project is a rewarding experience. The weekly sessions help dancers to hone physical skills and dance technique while engaging in the creative process. This project culminates with performances at Arlington's Theatre on the Run, February 26 at 7:30 pm and February 27 at 5 pm. The project is open to people of all physical facilities. No previous performance experience is necessary. Visit www.janefranklin.com or call 703-933-1111.

FRIDAY/JAN. 14

Nic and Paige Dowd's Crowd Fundraiser. Washington Capitals forward Nic Dowd and his wife Paige have launched a Dowd's Crowd fundraiser. Proceeds will be used to support future Dowd's Crowd programming. The auction is now open at washcaps.com/dowdscrowd and concludes at 3 p.m. on Friday, Jan. 14. Select items in the fundraiser include a 2021-22 Capitals team-signed home jersey, a 2021-22 Capitals team-signed blue W third jersey, a stick used and signed by Dowd and signed photographs of select Capitals players. In addition, a 30-minute virtual meet and greet with the Dowds is also available for purchase and includes 2 lower bowl tickets to a future Capitals game. To view all items in the

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

FRIDAY/JAN. 14

Permaculture in the Garden: Lessons from the Farm. 10-11:30 a.m. Online. Join Extension Master Gardener Maria Velikonja to explore basic permaculture concepts and designs that will help you transform your small urban yard into your own food forest. Gardening does not have to be a lot of work, nor do you need to use inorganic chemicals. Maria will share lessons from her experience with permaculture on her farm that you can readily apply to grow perennial vegetables, fruits, nuts, and herbs, creating a healthful edible landscape while reducing your annual labor and investment. Maria Velikonja is a permaculture farmer and owner of Carniola Farms, located on the eastern shore of Maryland. Free. RSVP at <https://mgmv.org/events/> to receive link to participate

MONDAY/JAN. 17

MLK Day of Service. 9 a.m. to 12 p.m. Throughout Arlington. Volunteer Arlington, a program of the Leadership Center for Excellence, will host its fifth annual MLK Day of Service. The event is sponsored by Amazon, GDIT, and National Landing. Those looking to turn a day off into a "day on" can register to participate in a variety of service project options. In-person and virtual service project opportunities are available with the following partner organizations:

AAHC, Inc., APAH, and AHS
AHC, Inc.
Arlington County Department of Human Services and AFAC
Arlington Neighborhood Village
Arlington Rotary Club
Bridges to Independence
Culpepper Garden
EcoAction Arlington
Marymount University
Path Forward (formerly A-SPAN)
Potomac Overlook Regional Park
R.E.A.D. (Read Early and Daily)
Teen Network Board
Volunteer registration information and specific program details are available at volunteer.leadercenter.org/2022-mlk-day-service.

Friday, Jan. 21, 10 – 11:30 am, ONLINE
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fundraiser, visit washcaps.com/dowdscrowd.

JAN. 15-30

"A Midsummer Night's Dream." At Thomas Jefferson Community Theater, Arlington. Presented by The Arlington Players. Adapted by Erin Branigan and Katie Rey Bogdan. A Midsummer Night's Dream takes you into the Athenian woods, full of magic and fairies, to celebrate the wedding of Duke Theseus of Athens and the Amazon queen, Hippolyta. However, a feud between the king and queen of the fairies has caused the natural world to become unbalanced. Visit www.thearlingtonplayers.org.

SATURDAY/FEB. 12

NCE Valentine Concert. 7:30 p.m. At Unitarian Universalist Church of Arlington, 4444 Arlington Blvd, Arlington. National Chamber Ensemble presents Beguiling Brahms and Schumann (Valentine's Concert). February's Valentine's Concert will present two great Brahms Sonatas for Violin and Piano - exciting, moving, superb and deeply passionate works reflecting Brahms' wondrous lyricism and romantic flair. These works will be paired with Robert Schumann's riveting Sonata in A Minor. Schumann, another great composer, was a personal friend of Brahms, and his music will provide the perfect addition. An exquisite program featuring romantic music for violin and piano with the artistry of pianist Carlos Cesar Rodriguez and violinist Leonid Sushansky. Visit <https://www.nationalchamberensemble.org/tickets.htm>.

Keystone Species of Native Plants

Certain groups of native plants referred to as "keystone plants" have been found to be especially supportive of wildlife. In this program Extension Master Gardeners Elaine Mills and Kathie Clements describe selected species of trees, shrubs, vines, and perennials native to the Mid-Atlantic region which offer food and shelter for pollinators and birds and provide sustenance to the full lifecycle of our local butterflies and moths. Attractive features, care requirements, and ideas for landscape uses will be presented for each native species. Elaine Mills is the creative force behind the resource Tried and True Native Plant Selections for the Mid-Atlantic and is the co-coordinator for the Glencarlyn Library Community Garden, a Virginia Cooperative Extension Demonstration Garden in Arlington, Virginia. Kathie Clements, a newly certified Extension Master Gardener, has a focused interest in native plants. Free. RSVP at <https://mgmv.org/events/> to receive link to participate.

Friday, January 28, 10:00 – 11:30 am, ONLINE
Grass to Garden: Creating a New Garden Space
Many of us would like to create more gardening spaces and reduce our lawns, but we dread the back-breaking hard work involved. Good news! The days of digging deep and flipping or cutting turf are over. In this class, Extension Master Gardener Becky Halbe will describe methods she has used on her property and elsewhere to spare her back and quickly and more easily go from grass to a garden filled with flowers, native plants, or vegetables. Becky is also a Virginia Master Naturalist and currently serves on the Board for the Arlington Friends of Urban Agriculture. She grows fruits, vegetables, and native plants and is adept at foraging the local urban wilds. Free. RSVP at <https://mgmv.org/events/> to receive a link to participate.

Friday, February 4, 10:00 – 11:30 am, ONLINE
Seeds: Selecting and Starting
Jumpstart your vegetable garden! Get the scoop on seed selection – hybrid vs. heirloom, which seeds to start indoors and what's required to get them growing. Extension Master Gardeners Jasmin DeCoursey and Pam Newton will explain how to make your own starter pots, create simple lighting systems, and practice winter sowing by starting seeds outdoors in milk-jug greenhouses. Germination is complex, but seed starting is reassuringly simple! Free. RSVP at <https://mgmv.org/events/> to receive a link to participate.

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So Long Old Memory



By KENNETH B. LOURIE

As of Wednesday, Dec. 8, the 2000 Honda Accord, which I inherited from my widowed mother 13 years ago, nearly to the day, was officially "totaled" by an insurance adjuster. After my mother died in 2008 leaving the Honda ownerless, I took possession. As I recall, on Dec. 24, 2008, I went to the Montgomery County administrative offices in Rockville and paid my dues (taxes, actually). And though I've had miscellaneous car repairs over the years - fortunately, nothing which was too drastic or expensive, I've not had to make one monthly car payment in almost 13 years. For a non-car person like me, not having a car payment for that many years trumps all negative considerations.

As written about in the "Oh Deer" column a few weeks back, the end of our association (the Honda and mine) was unexpected and for my money - literally, quite unnecessary. The Honda was our back-up/second car. Maybe it was driven 5,000 miles a year, almost exclusively local and most often, it sat in the driveway minding its own business. Now, I'll have to upgrade and consequently incur a new monthly car payment. A car payment I don't want and an extra expense I certainly don't need. Though I'll be receiving a settlement check from the insurance company, it won't cover the cost of a new car. In fact, it will barely cover the amount of down payment. And as any of you similarly impacted by a car accident where your car is "totaled" know, the math rarely ends up in your favor, especially if the "totaled" car was old and payment free.

But more to the point if this column. The Honda was one of the last remaining physical links to my parents, particularly my father, who died in early December 2006. He was the driver in the family and the Honda was the only car in the family so most images and feelings I have about my father and a car were from this 2000 Honda Accord, the last car he owned/drove. As such, when I sit in the driver's seat, I remember my father. And I also remember the front of one of his birthday cards which said: "When they made you, they broke the mold." Open card: "You should see what they did to the mold maker." We all laughed. I gave him that card on his 65th birthday dinner which we all celebrated at Jimmy's Harborside Restaurant (his favorite) on the wharf in Boston on or about Sept. 23, 1984 (his actual birthday). It was a memorable occasion to be sure, especially when my father opened the card and shook it to see if any money would fall out.

And though I still have lots of enduring memories of my father (I still wear his winter gloves as well as an old collar short-sleeve Polo shirt of his - which amazingly sort of fits), nothing conjures his memory and is so physically enveloping - literally, as the front seat of the car where when driving, he spent the last years of his life. And now that feeling/his presence is gone.

I imagine I'll get reconnected to his memory every month for the next 36 at least, when I make my new car payment. It won't quite be the same as sitting in the Honda payment free. Nevertheless, I'm sure I'll still feel a car connection to my father. After all, I'll be driving a car that he helped me buy.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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