

CONNECTION

Reston ♦ Oak Hill ♦ Herndon ♦ Chantilly ♦ CENTRE VIEW

Cookies Come To Town

PAGE 5

Chantilly Crumbl franchise owners (from left) Cami Fairbanks and Alli Bohls, with Bohls's children, (from left) Charlie, 4; Ryker, 9; Logan, 2 and Ella, 6.

Protect Yourself From Fraud

PAGE 3

Prospect for New Library, Housing in Reston

PAGE 3

It's National Library Week

PAGES 6-7

OPINION, PAGE 4 ♦ CLASSIFIED, PAGE 10 ♦ CALENDAR, PAGE 12

PHOTO BY BONNIE HOBBS/THE CONNECTION

APRIL 6-12, 2022

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

Dr. Whyte's New Book

Released March 8, 2022

TAKE CONTROL OF YOUR DIABETES RISK

JOHN WHYTE, MD

Chief Medical Officer of WebMD



From the Chief Medical Officer at WebMD, the world's largest provider of trusted health information, learn how to reduce your diabetes risk and change your mindset from I hope I don't get diabetes to I can prevent diabetes.

You Have Diabetes

Three words no one ever wants to hear, yet each year, over a million people in the United States do.

So now what?

Take Control of Your Diabetes Risk shares straightforward information and equips you with strategies to help you on a journey to better health, including:

- Knowing the causes of the different types of diabetes
- Learning the role food, exercise, and sleep play
- Understanding the relationship between diabetes, heart disease, and cancer
- You have the power to reclaim your life after a prediabetes or diabetes diagnosis.

...and this book will show you just how easy it is.

Order this and Dr. Whyte's other books on Amazon.com



Sign up for **FREE DIGITAL SUBSCRIPTION** to all of our papers



www.connectionnewspapers.com/subscribe

News

Electrical Wiring Causes Chantilly Townhouse Fire

Fire officials say a Chantilly townhouse fire last week was caused by faulty wiring in the home's electrical panel box. The incident occurred Wednesday, March 30, in the 4000 block of Spring Run Court.

Units from both the Fairfax County and Metropolitan Washington Airports Authority fire and rescue departments were dispatched to the scene around 9:22 a.m. Initially, the two-story building showed no sign of smoke or fire; but crews quickly found flames in the main electric box to the rear of the home.

There was some extension of the fire into the void space between the basement and first floor. The blaze was initially held in check until power to the home was cut off. Then firefighters were able to finish extinguishing the fire.

Two people were home at the time of the fire, which they discov-



PHOTO COURTESY OF FCFRD
Firefighters on the scene of the Chantilly townhouse fire.

ered after smelling smoke. They quickly went outside and called 9-1-1. Their smoke alarm didn't sound until after the fire was located.

Fire investigators determined that the fire was accidental. They say it started in the wiring in the electrical panel box in the basement. The incident displaced four people, and damage was estimated at approximately \$30,000.

— BONNIE HOBBS

Herndon House Fire Started in Electrical Box

Sunday, April 3, at approximately 12:38 a.m., units from the Fairfax County Fire and Rescue Department and Loudoun County Fire and Rescue were dispatched for a reported house fire in the 1700 block of Whitewood Lane in the Herndon area of Fairfax County.

Units arrived on the scene of a two-story, single-family home with smoke visible from the front door. Crews located a fire in the basement and quickly brought it under control. There were no reported civilian or firefighter injuries.

Three occupants were home at the time of the fire. The fire was

discovered after the occupants heard a popping sound coming from the basement and noticed the lights flickering. They called 9-1-1 and self-evacuated prior to fire department arrival. Smoke alarms did alert, but after the fire was discovered.

Fire Investigators determined that the fire was accidental in nature and started in the basement at the electric panel box. The cause of the fire was an electrical event involving the wiring in the electric panel box.

Two occupants were displaced because of the fire. Red Cross assistance was offered and declined. Damages as a result of the fire are approximately \$25,000

Protect Car Catalytic Converters from Theft

Catalytic converters are being stolen at an increasingly high rate because of the valuable metals they contain. Thieves target converters because they're easy to remove and hard to trace once stolen. It can cost \$1,000-2,500 to replace one. But now, residents may do something about it.

The Crime Prevention Unit from the Sully District Police Station has partnered with G&C Tire and Auto Service, at 14008 Willard Road in Chantilly, to apply free CATETCH/CATGUARD anti-theft labels to people's catalytic converters.

G&C will install these ultra-destruct labels, laser cut with a unique code and the URL of a secure, accredited database - the In-

ternational Security Register (ISR) - on to the CAT. It will break into pieces if an attempt is made to remove them. In addition, a fluid that etches into metal is applied to the labels so that, even if they are removed, the code and URL will remain clearly readable. Read more on how it works at <https://www.mastergard.com/catetch-labels>.

Prius, Tacoma, Lexus SUVs, Accords and vans are some of the most targeted cars for catalytic-converter thefts. People wanting to protect their vehicles may visit G & C to have these labels applied, this Saturday, April 9, from 9 a.m.-3 p.m. The service will also be offered Sunday, May 15, at the same time and place. First come, first served; no appointment is necessary.

WWW.CONNECTIONNEWSPAPERS.COM

News

New Library Could Come with Affordable Housing

The Fairfax County Redevelopment and Housing Authority (FCRHA) has received an unsolicited proposal under the Public-Private Education Facilities and Infrastructure Act of 2002 (PPEA) for the redevelopment property located at the intersection of Bowman Towne Drive and Town Center Parkway in the Hunter Mill District. In accordance with FCRHA procedures and the provisions of the PPEA, the FCRHA has issued a request for competing proposals for simultaneous consideration for the project, to be known as Bowman Towne Court, which will include the design and development of affordable housing and a branch of the Fairfax County Public Library.

"The unsolicited proposal aims to redevelop an existing 2.89-acre property owned by FCRHA with new affordable multifamily units for working families, a new Reston Regional Library, and free parking for residents, visitors, and library users," said Hunter Mill District Supervisor Walter Alcorn. "It will also include additional affordable housing located on the surface parking lot used currently by Reston Police District Station



Fairfax County Redevelopment and Housing Authority has issued a request for competing proposals for simultaneous consideration for the project, Bowman Towne Court, which will include the design and development of affordable housing and a branch of the Fairfax County Public Library.

officers and staff, as well as a new multilevel garage for police use. All told as many as 400 new affordable units could be built un-

der this project."

Partial funding for a new regional library was approved by voters in a bond referen-

dum in 2012. This project would help finance the necessary additional funds for constructing a new library while keeping the existing one open for the community, Alcorn said.

The FCRHA is seeking a qualified developer to design, develop, construct, own, and operate (at no cost to the FCRHA) an affordable multifamily housing community under the terms of a long-term, nominal fee ground lease from the FCRHA. The mixed-use development must integrate a new regional library into the project, which shall be designed in accordance with Fairfax County Guidelines for Architects and Engineers, as well as the Fairfax County Library Design Guidelines.

The complete details for this RFP, including submission instructions and selection criteria, are available online. <https://www.fairfaxcounty.gov/procurement/ppea/bowman-towne-court-redevelopment>

The Request for Proposals will close at 2 p.m. on Monday, May 16, 2022.

Questions regarding this RFP should be submitted via email to Kevin.Sheehan@fairfaxcounty.gov

If Something Doesn't Seem Right ...

How people may protect themselves from financial crimes.

BY BONNIE HOBBS
THE CONNECTION

During the monthly meetings of the Sully District Police Station's Citizens Advisory Committee (CAC), the guest speakers are often police officers who tell local residents about their jobs. Some also give information about how best to avoid becoming a victim of a crime.

Major Crimes Detective Satoria Reynolds works in the Financial Crimes Section. And at a recent CAC meeting, she discussed various scams and frauds being perpetrated and offered advice to people on how to protect themselves.

Starting with scams considered larceny by false pretense, she said they're accomplished by tricking and deceiving people. "Criminals convince you to pay them money – via gift cards, money orders, bank deposits and wire transfers – using false claims and deception," said Reynolds. "They contact you by phone, computer, email and mail."

She said the elderly can be easy targets because they are more likely to enjoy talking on the phone and less likely to be familiar with technology. However, she added, "I've dealt with tons of people who are extremely educated – and may even suspect they're being scammed – but still allowed a stranger remote access to their computers. The scam-

WWW.CONNECTIONNEWSPAPERS.COM

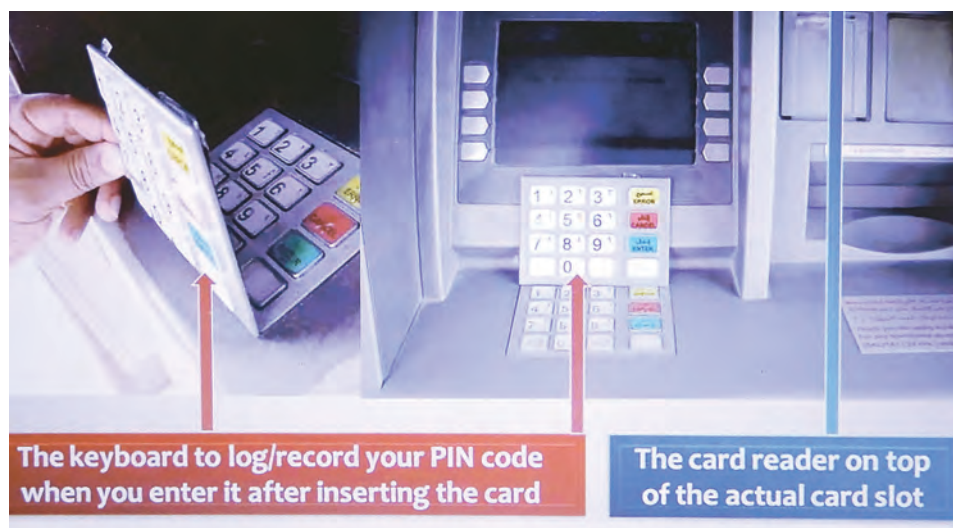


PHOTO COURTESY OF FCPD

An example of the inside of a credit-card skimmer at a bank ATM.

mer tells them something's wrong with their connection or their computer has a virus, and they believe it. Or something pops up on your computer screen saying, 'You have a virus; call this number.'

Reynolds said spoofing "makes it appear that someone else is calling you. And if you get suspicious, they'll say, 'I'm a Christian; I'd never do something like that.' Or, 'I made a mistake and I'm afraid my boss will fire me if you don't do this.' They may even make it appear like they've deposited money in your bank account, but they haven't."

There are many common scams. For example, said Reynolds, "You'll get a notice by email or regular mail saying you owe money to the IRS. But you'll have to pay with green dot cards. They'll have you take photos of

the cards to prove you bought them – and once they have the numbers, that's all they need."

People are also fooled by a caller saying their grandchild, niece, nephew, etc., is injured, kidnapped or in trouble and you have to send money. Or someone will call with a phone number that looks legitimate and say they're from the Sheriff's Office. In these cases, said Reynolds, "They'll say you owe money, or they have a warrant for your arrest, but you can settle it by sending them the payment."

Romance scams can originate from dating sites, online purchases or someone claiming to want to be Facebook friends. But, warned Reynolds, "They establish relationships over weeks, months or even years. And once they

feel comfortable, they'll say, 'I'm in trouble and need you to send me money.'"

Or people will think they're buying a pet from someone and make a down payment, but the pet never arrives. In another scam, said Reynolds, "The caller will say, 'You won the lottery, but you need to pay taxes or fees on it, in advance, before the money can be released to you.'"

In other scams, criminals divert money from other people's unemployment checks or tax refunds into their own bank accounts. Or, Reynolds said, "People will create ads about a real home for sale – and get the money for it – but it's someone else's house they sold, not theirs."

Credit-card skimming is also a huge problem. It can happen at places such as gas pumps, ATMs, restaurants and grocery stores. "With Bluetooth, criminals can access people's credit-card information from afar, without being seen," said the detective. She then showed slides of skimmer devices, pin-hole cameras in them and overlays that can be placed on credit-card readers.

When the victim inserts the credit card into, e.g., an ATM, the magnetic-stripe information is skimmed, while a hidden camera records the PIN number. This information is then transferred to new, counterfeit credit cards so criminals can either sell them online or use that PIN number to make withdrawals for themselves.

And in the case of credit-card fraud, said Reynolds, "Once they have your credit-card numbers, they can use them without having the physical card. Criminals frequently pur-

SEE FINANCIAL CRIMES, PAGE 10

The Devilish Details of Tax Cutting

DEL. KENNETH R. "KEN" PLUM

Cutting taxes is either the theme or a promise of most every political campaign. States that are doing well should give some of the taxpayers' money back to them. States that are struggling should cut taxes to stimulate the economy. Whatever the promise it is important to look behind the numbers to fully understand the impact of cutting taxes.

Virginia is no exception. Leading up to the 2021 election the Commonwealth had been named the best state for business two years in a row with tax policy being a major consideration to receive such a recognition. A "rainy day" fund was in place and additional reserves were being maintained to stave off any dips in revenues. Regardless of these facts, the winning candidate had promised in his campaign several tax cuts if elected. Among those were doubling the standard deduction on the income tax, eliminating the remaining grocery tax, suspending the gas tax, and providing a



tax holiday for small businesses.

During the campaign, then-candidate Glenn Youngkin floated the idea of eliminating the income tax. To his credit when he learned that it would wipe out around 70% of the state's general fund and bankrupt state government he quietly dropped that proposal. It's one of those details that must be considered when discussing tax policy and which voters need to carefully examine when they hear a "too good to be

true" promise.

The General Assembly has not been able to agree to a final budget for the next biennium with the issue of taxes being the main hang-up and the Governor not being able to justify his proposals against the details of taxes and where the money goes. Everyone I know opposes a tax on groceries, and that is why the General Assembly cut the grocery tax with the exception of one and a half cents for education and transportation. For many rural areas with a limited tax base, groceries and gasoline were about the only items that could be taxed to provide some

funding for their schools and roads. If the decision is made to cut the gas tax the responsible thing to do is to make up the losses to the small localities with state general funds that are currently going to other programs.

Another detail about the proposed gasoline tax that must be considered is the analysis of the Institute on Taxation and Economic Policy (<https://itep.org/>) that shows that 30% of the projected savings would likely flow to oil producers rather than motorists. Less than 30% the analysis found would go to Virginia residents, with the remainder going to trucking companies that buy a lot of gas in the state and out-of-state tourists who visit the Commonwealth.

The same organization looked at the proposal to double the standard deduction on the income tax and found that it would not help many Virginia families whose income is already too low to be taxed. Only high-income earners who have the least need for a tax break would benefit from this proposal.

The devil is in the details as is the case in many proposals, and the Governor needs to consider those details and give the General Assembly the opportunity to pass a responsible budget.



U.S. Sen. Mark R. Warner (D-VA) said he intends to support Judge Ketanji Brown Jackson's nomination to the Supreme Court.



On Monday, April 4, Sen. Tim Kaine met with President Joe Biden's Supreme Court nominee Judge Ketanji Brown Jackson, who would be the first Black woman to serve on the Supreme Court if confirmed.

Virginia's U.S. Senators Meet with Judge Jackson

On Monday, Virginia's U.S. Senators meet separately with President Joe Biden's Supreme Court nominee, Judge Ketanji Brown Jackson.

"I'm really excited to meet the Judge. I have voted for her twice, but a Supreme Court matter is different than any other, and it's the most serious of any of the nominations that we vote for," said Kaine. "What a wonderful opportunity to have a great discussion, and I'm really looking forward to it."

U.S. Sen. Mark R. Warner (D-VA) said he intends to support

Judge Ketanji Brown Jackson's nomination to the Supreme Court.

"Judge Jackson is a trailblazer and a highly-qualified jurist. Her wide-ranging endorsements – from conservative jurists, civil rights organizations, law enforcement groups, and through her previous bipartisan Senate confirmations – speak to her sterling credentials," Warner said. "Her confirmation would also take a long overdue step toward making the composition of the Supreme Court better reflect the people it represents by finally including a Black woman."

Let Us Know Your View

Connection Newspapers welcomes views on any public issue. Letters must be signed. Include home address and home and business numbers; we will only print your name and town name. Letters are routinely edited for length, libel, grammar, good taste, civility and factual errors.

Send letters

Online www.connectionnewspapers.com/contact/letter/
By email: editors@connectionnewspapers.com

By mail to: Letters to the Editor The Connection
1606 King St., Alexandria VA 22314

You can comment on our Facebook page or find us on Twitter
www.facebook.com/connectionnewspapers
<https://twitter.com/alexgazette>
<https://twitter.com/mtvernongazette>
<https://twitter.com/followfairfax>

Never miss an issue, get a free digital subscription,
<http://www.connectionnewspapers.com/subscribe/>

www.ConnectionNewspapers.com

Twitter @followfairfax

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to
connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
reston@connectionnewspapers.com

Mary Kimm
Editor and Publisher
mkimm@connectionnewspapers.com

Mercia Hobson
Staff Reporter
mhobson@connectionnewspapers.com

Bonnie Hobbs
Community Reporter, 703-778-9415
bhobbs@connectionnewspapers.com

Ken Moore
Contributing Writer
kmoore@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
Display Advertising/National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Classified & Employment
Advertising
703-778-9431

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Publisher
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

In Memoriam
Managing Editor
Kemal Kurspahic

Art/Design:
Laurence Foong
Production Manager:
Geovani Flores

CIRCULATION
circulation@connectionnewspapers.com



NEWS



Ellie and Asher Johnson display their box of Crumbl Cookies.



Kait Roddy drove from Fairfax Corner to get her cookies.

PHOTOS BY BONNIE HOBBS/THE CONNECTION

'People Are Excited We're Here, and So Are We'

Crumbl Cookies opens new store in Chantilly.

BY BONNIE HOBBS
THE CONNECTION

So many people know and love Crumbl Cookies that, when the nationwide sensation opened its newest store in Chantilly, customers flocked there eagerly. And even those experiencing the huge, thick, freshly baked cookies for the first time were quickly won over.

"We are so excited," said Centreville Farms resident Karen Johnson, who went there with her children. "We've been waiting – and counting down the days on our calendar until this store opened – because we've been going to the one in Vienna."

The new Crumbl is in the Field at Commonwealth shopping center, off Westfields Boulevard, at 14337 Newbrook Drive, between Cava and Pueblos Tex Mex Grill. It's open Monday-Thursday, 8 a.m.-10 p.m., and Friday-Saturday, 8 a.m.-midnight. And its grand opening – complete with a deejay and pink balloons to match Crumbl's cookie boxes – was March 18.

There are more than 350 Crumbl Cookies locations throughout the country, with about 15 in Virginia. The Chantilly and Bristow stores are owned by Cami Fairbanks and Alli Bohls.

"We're both full-time moms, and this is our side job," joked Fairbanks. Happy to have a shop in Chantilly, she said, "We were just so drawn to this area because of the modern vibe and the community support. Several schools and other places have already reached out and want to get involved with fundraisers and partnerships."

"We've received a wonderful reception," she continued. "Everyone has been so warm and welcoming. People are excited we're here, and so are we. It's so much fun, and we're grateful for everyone's support."

What sets Crumbl apart from other snack spots, said



Crumbl Cookies, 14337 Newbrook Drive in Chantilly.

Fairbanks, is that "We have gourmet cookies baked on site daily with high-quality ingredients, such as real butter and chocolate chips. And Crumbl rotates its flavors every week, so there's always something for everyone."

The new lineup is posted on the Crumbl Cookies app, Sundays at 8 p.m., and may also be seen on Facebook videos. During opening week, the flavors were:

Lucky Charms, with white chocolate chips and vanilla marshmallow frosting topped with colorful, Lucky Charms marshmallows; Peanut Butter Cookies & Cream, a combo of both flavors; Sea Salt Toffee, featuring both toffee and chocolate chips; Mint

SEE CRUMBL COOKIES, PAGE 9

OAK HILL/HERNDON / RESTON / CHANTILLY CONNECTION / CENTRE VIEW ♦ APRIL 6-12, 2022 ♦ 5

Your hometown home & auto team



Kyle Knight Ins Agcy Inc
Kyle Knight, Agent
11736 Bowman Green Drive
Reston, VA 20190

When you go with State Farm®, you get neighborly service and a local agent — all for a surprisingly great rate. Give me a call and get a quote today.

Like a good neighbor,
State Farm is there.®

Individual premiums will vary by customer. All applicants subject to State Farm underwriting requirements.

ACROSS FROM RESTON TOWN CTR
WWW.KYLEKNIGHT.ORG
703-435-2300



RESTON ASSOCIATION

ANNUAL MEMBERS' MEETING

Join Zoom Meeting: April 12, 2022, 7 p.m.
Log in at <https://bit.ly/RA-AMM22>

Learn about the state of the association and what lies ahead for RA. Election results will be announced.



Reston
ASSOCIATION
Together we make Reston great

Sign up for

FREE DIGITAL SUBSCRIPTION
to all of our papers



www.connectionnewspapers.com/subscribe

NATIONAL LIBRARY WEEK 2022

Virginia Room is Fairfax Library System's Research Lab

Many family historical mysteries are uncovered here.

BY MIKE SALMON
THE CONNECTION

There was a Russian defector that wrote a book about his journey to the United States, and a local archivist found his book at a thrift store, spurring an investigation that led to the Virginia Room in the main library. She uncovered more about the man. "He died in Springfield, a really bizarre story," said Chris Barbuschak, a research librarian in the Virginia Room who helped uncover the mystery. It was just one of the many historical gems unearthed in this important source on this region's history. "We drill a little deeper," Barbuschak said.

More recently, a woman came in to find information on her Revolutionary War ancestor, and it was a success. "We were able to find the pension record from 1814," Barbuschak said. "We get all kinds of stories like that."

All this local history is stored in one form or another in Fairfax County Public Library's Virginia Room, where the county maintains a collection of regional history and genealogy, as well as local and state government information and legal resources. Staff collect the historical records of the people, associations, events and places of Fairfax County, Virginia. There are maps, an extensive photographic archive, manuscript collections, local newspapers, and rare books. Recently they were able to digitize a newspaper called "The Fairfax Herald," and now have issues on microfilm from 1886-1964.

The Virginia Room is an open, second floor room in the library that looks kind of like a loft due



Ean Eschenburg researches family cemeteries for a documentary film.



A view from the front desk shows the overhead directional signs.

to the fact that it is open to the first floor. There are sections for periodicals, microfilm and historical books. The room is decorated by historical signs hanging on the walls to give a real historic feel for the place, including Thelma's Ice Cream from Great Falls.

Although there is much that the user can access by themselves, going to the front desk and asking a specialist is usually the first step.

PHOTOS BY MIKE SALMON/THE CONNECTION



Restoring the Fairfax Herald is one of the more recent projects.



The first set of files in this drawer is "Myths and Legends," like the Bunynman Bridge for example.

The Virginia Room is on the second floor of The City of Fairfax Regional Library. 10360 North Street Fairfax, VA, 22030-2514 703-293-6227 option 6 TTY: 711 Send an email to va_room@fairfaxcounty.gov



Any copies needed require a credit card.



The authentic signs set the mood for historical research.

6 ♦ OAK HILL/HERNDON / RESTON / CHANTILLY CONNECTION / CENTRE VIEW ♦ APRIL 6-12, 2022

Read and Feed

For several years, Fairfax County Public Library (FCPL) has hosted a "Food for Fines" drive each fall as a way of facilitating food donations to our partner organization, Food for Others, which offers library cardholders a reduction on their fines.

As of Jan. 1, FCPL no longer charges overdue fines on most materials. To continue its partnership with Food for Others, FCPL is now hosting "Read and Feed" in April. Those who wish to give may simply drop off donations at any FCPL branch during its regular hours throughout the month of April.

Most needed items include: Oil; Cereal; Canned tomato products (crushed, peeled, diced, etc.), 4 oz. – 1 lb.; Canned meat (chicken, turkey, or seafood), 2 oz. – 15 oz.; Rice, 16 oz. packages; Spaghetti sauce, 14 oz. – 1 lb. (ideally in cans instead of glass); Canned fruit (packed in fruit juice instead of syrup) 11 oz. – 20 oz.; Dried or canned beans (black, kidney, pinto, etc.); Pasta; Fruit juice (100% juice) 32 oz. – 64 oz.; New or clean reusable grocery bags; Can openers.

Food for Others is unable to accept donations of items that are expired, opened items, food that is not labeled, homemade items, cooked food, or toiletries

Celebrating National Library Week

Twenty-three FCPL branches build connections; one is in Reston.

BY MERCIA HOBSON
THE CONNECTION

National Library Week 2022 began on Sunday, April 3, and ends on Saturday, April 9. The theme for this year is "Connect with Your Library." The Fairfax County Public Library

(FCPL) system has recognized that its libraries are places to "Imagine. Discover. Connect." Those three words have served as its tagline and continue to do so today.

According to Molly Shannon, the 2022 National Library Week Honorary Chair, "Libraries are places where communities connect... But

most importantly, libraries join us."

This year's National Library Week focuses on the many offers of libraries that go beyond printed books such as e-books, movies, video games, internet, computers, and activities like storytime, English as Second Language courses, and, in the Fairfax County Public Library

system, even pet palace building for small animals.

With this year's core theme of connection accomplished via library services, Connection writers visited several of the area's libraries on Saturday, April 2, and asked patrons, "What library services are you connecting to today?"

PHOTOS BY MERCIA HOBSON/THE CONNECTION



The Powers family of Great Falls, Josh, Jane, Krishna, and Caleb, visit the Great Falls Library the day before National Library Week.



"Everything is the community here. The patrons are just wonderful. You have a lot of regulars who come in, people we see every week and get to know." — Shelly Wheeler, Library Aide FCPL



"My favorite books are fiction and nonfiction. My favorite book is Peg + Cat." — Krishna Powers



"My favorite books are Star Wars. Those are cool (with the lightsabers and spaceships)." — Caleb Powers



The day before the start of National Library Week, Sunday, April 3 through Saturday, April 9, families stop by the Great Falls Library.

www.ConnectionNewspapers.com

www.ConnectionNewspapers.com



The day before the start of National Library Week, Sunday, April 3 through Saturday, April 9, families flock to the Reston Regional Library for its Friends of the Reston Regional Library 2022 Spring Kids, Young Adults, and Educators Sale.



"I bring my family to Reston Regional Library so we can all read different things while we're here. The family can be together as well, and we're able to pick out our books. My three children are 12 years old, and then I have twins. They are five." — Keith L. Scott of Reston outside of Reston Regional Library



"I like to come here (to the Reston Regional Library). I did not know a lot about books. So, I came here and discovered many books, and that's how I got interested in reading. Now I'm passing that on to my daughter Kyrá. She is three. Today, we got some Dr. Seuss and some Curious George books at the book sale." — Karishma Singh and her daughter Kyrá, 3



"I'm one of the ESL (English as a Second Language) volunteers (at Reston library). I enjoy it even though now we are doing it virtually. I'm here to check out a book and DVDs. I tried to interest my ESL students by taking out books with audio to practice their language skills, listening to reading, and comprehending. It's not working quite so well yet." — Rob Myhre of Reston as he enters Reston Regional Library



"It has been such a treasure living here in McLean to be able to come to the Dolley Madison Library. My girls have been coming since they were four months old. We've been getting more complex books progressively as their reading has developed. It is a wonderful experience to check a book out, read it, and bring it back. Is it like a little adventure-what am I going to do next?" — Nick Polizzi



"These geniuses are my granddaughters. I'm visiting from Cleveland; that's Cuyahoga County. I have to brag that the Cuyahoga County Public Library is the best library system in the United States." [For the 12th consecutive year, the Cuyahoga County Public Library earned the highest overall score among its national peers in the Library Journal's annual rankings Dec. 2021.] — Jerry Polizzi of Cleveland



"We got DVDs because we are going to Tennessee. I picked the Mysterious Benedict, The Thief Lord. I'm reading 'The Hunger Games.' I'm halfway through... the series." — Elizabeth Polizzi, 10, of McLean



"I like to go to the library because there are things you can jump on outside (the big book). Right now, there's the 'Three Little Piggies' re-enactment inside. They have felt things, and we get to vote. I voted koalas." — Katherine Polizzi, 9, of McLean

OAK HILL/HERNDON / RESTON / CHANTILLY CONNECTION / CENTRE VIEW ♦ APRIL 6-12, 2022 ♦ 7



Posting of the Colors at the 44th Annual Fairfax County Valor Awards.



Recipients of the Silver Award Medal of Valor.

44th Annual Fairfax County Valor Awards

Valor is more than bravery or courage. It goes beyond what is expected.

The Greater Reston Chamber of Commerce celebrated and recognized first responders serving in Fairfax County who went above and beyond the call of duty at the 44th Annual Valor Awards held on Thursday, March 31, at the Hyatt Regency Reston.

Courage and bravery are the norms of first responders in Fairfax County, whether serving with the County Police or Fire and Rescue Departments, the Sheriff's Office, the Town of Herndon, and the Town of Vienna Police Departments, or the Virginia State Police.

Valor is more than bravery or courage. It goes beyond what is expected.

"The Valor Awards is a reminder of our local community's respect and appreciation for those who create a safe environment for all of us to live, work, and play," said Charles Kapur, president, and CEO of the Greater Reston Chamber of Commerce, the host organization for the event. "We are thrilled to have been able to resume the Fairfax Valor Awards as a live, in-person event for the first time since 2019. We are equally humbled by the amazing turnout from our community for this important event."

More than 600 attendees, including family members of awardees, elected officials, business leaders, and others, came together to celebrate the valor of public safety professionals. Those honored stepped onto the stage and received awards for their impressive service achievements. There were 290 awards presented.

Sponsors: Miller Musmar CPAs, Visit Fairfax, INOVA Fair Oaks, Transurban, Dominion Energy, John Marshall Bank, Northwest Federal Credit Union, Reston Hospital Center, Fairfax Public Access, Speed Pro Imaging, and Sweet Memories Photography.

— MERCIA HOBSON

2022 VALOR AWARD WINNERS GOLD AWARD MEDAL OF VALOR

Major Eli Cory, Major Dalton K. Becker, Sergeant Ali Sepehri, Captain Ryan W. Morgan,

8 ♦ OAK HILL/HERNDON / RESTON / CHANTILLY CONNECTION / CENTRE VIEW ♦ APRIL 6-12, 2022



Recipients of the Gold Award Medal of Valor.



Recipients of the Bronze Award Medal of Valor: Master Police Officer Mario F. Colorado, Master Deputy Sheriff Nicholas Barb, and Private First Class Angel G. Romero.

Captain Wilson W. Lee, Second Lieutenant Christopher L. Crawford, Sergeant Kendall J. Jones, Master Police Officer Paul J. Woods, Police Officer First Class Enoch J. Green, Police

Officer First Class Nicholas J. Kirsch, Police Officer First Class Jacob B. Gibson, Police Officer First Class Christopher M. Lincoln, Second Lieutenant Gordon P. Sloan, Sergeant Sameer

A. Khan, Captain Brendan D. Hooke, Second Lieutenant Anthony C. Lampe, Police Officer First Class John A. Daugherty, Detective Sergio J. Andrade, Detective Jonathan M. Lung, Detective Stacey L. Wells, Second Lieutenant Richard L. Cash, Police Officer First Class Steven J. Malloch, Police Officer First Class Brian P. Donoghue, Police Officer First Class Roberto Castillo, Second Lieutenant John T. Bryant, Master Police Officer Mark D. Gleason, Second Lieutenant James A. Tanler, Master Police Officer Joseph H. Poirier, Police Officer First Class Thomas W. Champ, Police Officer First Class Michael D. Gunstrom, Master Police Officer Jonathan E. Loesch, Master Police Officer Sean P. McGlone, Police Officer First Class Michael S. Tokarski, Police Officer First Class Joseph S. Hensley, Police Officer First Class James E. Jones, Police Officer First Class Eugenia Metzger, Police Officer First Class Joelah R. Bruccoleri, Sergeant Brandon G. Grayson, Police Officer First Class Steven G. Monahan, Police Officer First Class Matthew B. Halvordson, Police Officer First Class Lane M. Leisey, Police Officer First Class Eric Acevedo, Second Lieutenant Andrew C. Wright, Police Officer First Class Jacob A. Meighen and Second Lieutenant Edward S. Rediske

SILVER AWARD MEDAL OF VALOR

Sergeant John J. Donohue, Officer Austin J. Rustick, Second Lieutenant Michael Crutchman, Police Officer First Class Dale A. Drewry, Police Officer First Class Christopher W. Duzen, Police Officer First Class Michael D. Gunstrom, Police Officer First Class Thomas D. Todd, Police Officer First Class Ricardo D. Umanzor, Police Officer First Class Gregory D. Eltringham, Police Officer First Class Jonathan D. Lowery & K9 Copper, Sergeant Kent G. Bailey, Second Lieutenant John S. Turner and Police Officer First Class Trevor W. Jenkins

BRONZE AWARD MEDAL OF VALOR

Master Police Officer Mario F. Colorado, Officer Luke A. Mundt, Master Deputy Sheriff Nicholas Barb, Private First Class Angel G. Romero, Second Lieutenant Christopher L. Crawford, Police Officer First Class Christopher M. Lincoln, Police Officer First Class Karl W. Mohn, Master Police Officer Jose R. Morillo, and Police Officer First Class Kyle L. Albert

SEE VALOR AWARDS, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM

Crumbl Cookies Opens New Store In Chantilly

FROM PAGE 5

Brownie, a chocolate-chip brownie cookie topped with green, minty frosting and chocolate ganache; Sugar, adorned with vanilla frosting and a gold chocolate coin; and classic Milk Chocolate Chip. Some flavors, like Mint Brownie, were served chilled, while others, including Chocolate Chip, were served warm from the oven.

Fairbanks said the most popular flavor – and the only one offered every week – is chocolate chip. “We bake our cookies fresh daily, so whatever we have left at the end of the day goes to the local fire and police stations, as well as to hospitals and other nonprofits,” she said. “That way, we can give back to the community.”

On opening day, the customers kept coming in a steady flow, and they enjoyed choosing which cookies, and how many, to get. But, of course, the best part was the eating.

“My favorite flavor so far is milk chocolate chip,” said Karen Johnson’s son Asher, 7-1/2. “The cookies have a sweet taste.” His sister Ellie, 5, said she liked the Lucky Charms cookies best.

“There are so many different flavors, so we always get to try something different,” said Johnson. “Today we got sea salt toffee, Oreo peanut butter, Lucky Charms and mint brownie. We love the taste and the

warm cookies, and they hold up well at home for a few days.”

Sitting outside the store, munching on a cookie and chatting with two girlfriends was Westfield High senior Deepika Reddy. “I’d heard about Crumbl, but never went to one before, so this is my first time to have their cookies,” she said. “A lot of my friends at Westfield said they’re either working here or had been here, so I wanted to check it out.”

So how did Reddy like the Mint Brownie cookie she chose? “I love it,” she said. “It’s really good and is definitely something new. I’ll come back again because of the cookies. And it’s a nice place to hang out outside with friends, and it’s close to school.”

Meanwhile, Kait Roddy drove from Fairfax Corner for the grand opening and bought six cookies, including one of each flavor. “I’ve had Crumbl before and they’re good,” she said. “I’ve been going to Vienna, and this is closer. I like how big the cookies are and that they change the flavors every week. My favorites are the S’Mores, Key Lime Pie and Sugar Cookie. I also like that some are chilled, some are warm and some have toppings – and that’s fun.”

Crumbl Cookies does delivery and catering, too, and it sells half pints of ice cream, also in rotating flavors. On opening week, they were Brownie Fudge, Cookie Dough Crunch, Peanut Butter Brittle, Raspberry Cheesecake, Snickerdoodle and Vanilla Bean.

McLEAN COMMUNITY CENTER 2022 GOVERNING BOARD ELECTION



Early Voting



Now through Wednesday, May 18

Residents of Dranesville Small District 1A are encouraged to vote for members of the MCC Governing Board.

TWO WAYS TO VOTE: 1. in person (fill out a ballot at McLean Community Center) or 2. by mail. If you prefer to vote by mail, simply phone, send an e-mail, or fill out an online request form to request ballots for members of your household. The requested ballots will be mailed to your home.

DEADLINE: Completed ballots must be received at MCC by 5 p.m. on Wednesday, May 18.



McLean
Community
Center
The Center of It All

1234 Ingleside Ave.
McLean, Va. 22101

TO REQUEST A BALLOT:

CALL: 703-790-0123, TTY: 711

E-MAIL: elections@mcleancenter.org

VISIT: mcleancenter.org/ballot-request-form

THE CONNECTION Newspapers & Online

Special Connections Calendar 2022

Advertising Deadlines are the previous Thursdays unless noted.

MARCH

3/2/2022.....Wellbeing
3/9/2022.....HomeLifeStyle
3/16/2022.....A+ Camps & Schools
3/23/2022.....Senior Living
3/30/2022.....Spring Family Fun

APRIL

4/6/2022.....Wellbeing
4/13/2022.....HomeLifeStyle
4/20/2022.....A+ Camps & Schools
4/27/2022.....Senior Living

For Print & Digital Advertising Information:
Please Call 703.778.9431 or email
advertising@connectionnewspapers.com

THE CONNECTION Alexandria Gazette Packet Mount Vernon Gazette Potomac ALMANAC

**Same Company, Same Employees,
Same Great Value - Now Celebrating 20 Years!**

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling



- Electrical (ELE)
- Gas Fitting (GFC)
- Heating Ventilation and Air Conditioning (HVA)
- Plumbing (PLB)
- Residential Building (RBC)

Fully Insured & Class A Licensed
Since 1999



Free Estimates 703-999-2929

Check if your contractor is licensed at the state level
<http://www.DPOR.virginia.gov>

Visit our website: www.twopoorteachers.com

OUTER BANKS, NORTH CAROLINA • VACATION RENTALS



TOP BEACHFRONT RENTAL

coolest destination, best rates, great value!

Don't miss out on your chance to soak up the sun once quarantining is done.
Over 500 vacation homes in all price ranges!

Brindley Beach
VACATIONS & SALES

Call today to reserve your vacation home...

www.brindleybeach.com

877-642-3224

The Bath or Shower You've Always Wanted IN AS LITTLE AS 1 DAY



\$500 OFF*

No Payments & No Interest for 18 Months**

Military & Senior Discounts Available

OFFER EXPIRES June 30, 2022

BCI BATH & SHOWER

**CALL NOW!
(844) 945-1631**

*Includes product and labor, bathtub, shower or walk-in tub and wall surround. This promotion cannot be combined with any other offer. Other restrictions may apply. This offer expires 6/30/2022. Each dealership is independently owned and operated. **Third party financing is available for those customers who qualify. See your dealer for details. ©2022 BCI Acrylic Inc.

Leaf Filter
GUTTER PROTECTION

**BACKED BY A
YEAR-ROUND
CLOG-FREE
GUARANTEE**

EXCLUSIVE LIMITED TIME OFFER!

15% OFF

YOUR ENTIRE PURCHASE*

10% OFF

SENIORS & MILITARY!

+ 5% OFF
TO THE FIRST 50 CALLERS ONLY!

WE INSTALL YEAR-ROUND!



FINANCING THAT FITS YOUR BUDGET!

Promo Code: 285

*Subject to credit approval. Call for details.



**CALL US TODAY FOR
A FREE ESTIMATE**

1-877-614-6667

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

*For those who qualify. One coupon per household. No obligation estimate valid for 1 year. **Offer valid at time of estimate only. *The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the #1 rated professionally installed gutter guard system in America. Manufactured in Plainville, Michigan and processed at LMT Merco Group in Ohio. See Representative for full warranty details. CSI # 1035795. DOP # 10783658-5501. License # 7656. License # 50105. License # 41354. License # 99338. License # 128344. License # 218294. WA UB # 603 233 977. License # 2102212986. License # 2106212946. License # 2705132153A. License # LEAFFNW822JZ. License # WV066912. License # VVC 29998-H17. Nassau HIC License # H01057000. Registrations 126447. Registrations HIC0549805. Registrations C127229. Registrations C127230. Registrations 366920918. Registrations PC64754. Registrations R221804. Registrations 13VH09953900. Registrations PA069383. Suffolk HIC License # 52229-H. License # 2705169445. License # 262000022. License # 262000403. License # 6086990. Registration H-19114.

CLASSIFIED

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE IN THIS PAPER, CALL BY MONDAY 11:00 AM 703-778-9411

CALENDAR

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**Let us know
about an
upcoming event**

connectionnewspapers.com/Calendar

Legals

ABC LICENSE

Sodexo Operations LLC trading as Sodexo Operations, LLC, 1950 Opportunity Way, Reston, Fairfax County, VA 20190. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Mixed Beverage Caterer license to sell or manufacture alcoholic beverages. Thomas Morse, Vice President. Date notice posted at establishment: 3/17/2022. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or (800) 552-3200.

TRUGREEN

Get the most out of your lawn this spring.

Save now with
50% OFF*

TRUGREEN GUARANTEE Your First Application

SCHEDULE YOUR APPOINTMENT TODAY!

1-855-942-6217

*Requires purchase of annual plan. Special price is for first Lawn application only. Requires purchase of annual plan, for new residential EasyPay or PrePay customers only. Valid at participating TruGreen locations. Availability of services may vary by geography. Not to be combined with or used in conjunction with any other offer or discount. Additional restrictions may apply. Consumer responsible for all sales tax. *Purchase of annual lawn plan required for Healthy Lawn Analysis, which is performed at the first visit. *Guarantee applies to annual plan customers only. BBB accredited since 07/01/2012. ©2022 TruGreen Limited Partnership. All rights reserved. In Connecticut, B-0153, B-1380, B-0127, B-0200, B-0151.

Prepare for Power Outages & Save Money

REQUEST A FREE QUOTE!

**ACT NOW TO RECEIVE
A \$300 SPECIAL OFFER!***
| (833) 688-1378

*Offer value when purchased at retail. Solar panels sold separately.

GENERAC
PWRCELL
SOLAR + BATTERY STORAGE SYSTEM

Prepare for power outages today

**WITH A HOME
STANDBY GENERATOR**

\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

Contact a Generac dealer for full terms and conditions

**REQUEST A
FREE QUOTE**

CALL NOW BEFORE THE
NEXT POWER OUTAGE

(844) 947-1479

FREE 7-Year Extended Warranty*
- A \$695 Value!

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

Financial Crimes

FROM PAGE 3

chase gift cards, money orders or electronics that can be resold."

She also discussed check fraud, which involves stealing checks from the mail, vehicles or homes. Criminals then either alter the checks or use the victim's name, plus his or her account and routing numbers, to create fake checks.

"With check washing, criminals use a solvent to erase the check's details to allow them to be rewritten, usually to withdraw money from the victim's bank account," said Reynolds. "But if people use a gel pen, instead of a regular pen, the ink is harder to wash off."

She also advised people to use online banking; instead of mailing checks from home, destroy their canceled checks and review their bank statements for any suspicious checks they don't recognize. Reynolds noted, as well, that sometimes, "Criminals will have other people deposit the [fraudulent] check in someone else's bank account, making it difficult for police to know which person did which part of the crime."

Regarding identity theft, she said people should be wary of strangers asking them to verify their personal information. "Then they'll have it to use for their own financial gain," said Reynolds. Most valuable to criminals are the victim's name, Social Security number, birthdate, address, driver's license number, bank-account numbers or cards, passwords, phone numbers and biometric data, such as fingerprints.

Reynolds said people can tell if they're victims by:

- * Looking for unexplained charges, withdrawals or checks on their bank statements;

- * Failing to receive bills/statements; mail may have been stolen or diverted by a fraudulent change of address;

- * Receiving credit cards not applied for;

- * Having a credit card denied; and/or

- * Receiving bills or calls from debt collectors about things they didn't purchase.

In summary, said Reynolds, "Trust your instincts; if something doesn't seem right, it's probably not. You can Google 'scams related to so-and-so company' before sending them money. Pull on [credit-card readers] to see if a skimmer pops off, and review your credit history to make sure others haven't opened up accounts in your name."

In Fairfax County, she said, financial-crime victims may file their police reports online at <https://www.fairfaxcounty.gov/police/howdoi/financialcrimes>. And, she added, "We can give you a verification letter proving you're a victim and weren't part of the fraud."

WWW.CONNECTIONNEWSPAPERS.COM

44th Annual Fairfax County Valor Awards

FROM PAGE 8

CERTIFICATE OF VALOR

FAIRFAX COUNTY POLICE DEPARTMENT: Officer Peter J. Marra, Police Officer First Class Kevin J. Bonanno, Police Officer First Class Nathan C. Updike, Police Officer First Class Christopher G. Walczyk, Police Officer First Class Victoria E. Bosch, Police Officer First Class Avery E. Brunk, Police Officer First Class Darrell L. Haley, Police Officer First Class Matthew F. Schafer, Police Officer First Class Devin T. White, Second Lieutenant Quang D. Bui, Police Officer First Class Leslie G. Schmitt, Police Officer First Class Christopher A. Godfrey, Police Officer First Class Justin M. Robson, Police Officer First Class Mark S. Greatheart, Police Officer First Class Victoria E. Bosch, Police Officer First Class Kyle T. Bork, Police Officer First Class Jose R. Morillo, Police Officer First Class Jared A. Reeves, Sergeant Michael A. Comer, Police Officer First Class Michael T. Rowe, Police Officer First Class Katelynn Bullock, Police Officer First Class Ryan P. Hirsch, Police Officer First Class Cassandra Zamora, Second Lieutenant Sharon L. Perry, Police Officer First Class Stephen D. Sykes, Police Officer First Class Darrell L. Haley, Police Officer First Class Brooks R. Gillingham, Police Officer First Class Ashley M. Block, Police Officer First Class Gregory J. Salino, Police Officer First Class Joseph G. Schlenz, Detective Courtney K. Young, Detective Jessica L. Digirolamo, Master Police Officer Christopher W. Munson, Police Officer First Class Matthew D. Siragusa, Second Lieutenant Michael D. Mittiga, Police Officer First Class Amanda Wallace Petty, Police Officer First Class Christopher W. Duzen, Master Police Officer Pamela D. Williams, Police Officer First Class Alyson R. Russo, Sergeant Michael A. Comer, Second Lieutenant Jonathan D. Nytes, Sergeant Michael A. Lentz, Lieutenant Christopher D. Sharp & K9 Jack, Sergeant Aaron M. Pfeiff, Police Officer First Class Dustin G. Granofsky & K9 Lennie, Second Lieutenant Todd B. Sweeney, Lieutenant Eric T. Ivancic, Master Police Officer Eugene D. Cooper & K9 Indy, Master Animal Protection Police Officer Enna J. Lugo, Chaplain Michael A. Shochet, Chaplain Ike Hendershot, Sergeant Kent G. Bailey, Master Police Officer Victor Cruz, Police Officer First Class Kathleen E. O'Leary, Second Lieutenant Michael Crutchman, Master Police Officer Steven W. Faett, Police Officer First Class Michael R. Gibbons, Master Police Officer Michael Gibbons, Police Officer First Class James L. Thur, Pilot Garrett G. Wymer, Officer Selah J. Rash, Police Officer First Class Thomas J. Murphy Jr., Police Officer First Class James P. Rattal, Police Officer First Class Pierre L. Bidja Abossolo, Officer Fady R. Zaki, Second Lieutenant Matthew W. Luik, Sergeant Michael J. Boyle, Master Police Officer Eric W. Crago, Master Police Officer Brian S. Walley, Master Police Officer Michael S. Morris, Police Officer First Class Carolina M. Oliver, Police Officer First Class Michael T. Leung, Police Officer First Class Ryan C. Quarto, Police Officer First Class Michael J. DiLuccio, Master Police Officer Richard T. Cruger, Master Police Officer John A. DiGiulian, Master Police Officer Lance T. Guckenberger, Sergeant John D. Sykes, Police Officer First Class Joshua M. Moser, Master Police Officer William A. Williamson, Sergeant David J. Faulk, Master Police Officer Paul G. DeHaven, Master Police Officer Tammy L. Russell, Police Officer First Class Eric Acevedo, Police Officer First Class Nicholas D. Taormina, Police Officer First Class Morgan N. Blumer, Master Police Officer Steven L. Carroll, Police Officer First Class Vincent J. Pulicino, Dr. Craig DeAtley, Second Lieutenant William M. Arnest, Police Officer First Class Aaron C. Anderson, Second Lieutenant Shannon W. Massey, Police Officer First Class Laura K. Mahr, Police Officer First Class Jeffrey D. Carroll, Master Police Officer Sean P. McGlone, Police Officer First Class Katlin H. Wood, Police Officer First Class Kyle (William) Hauptman, Police Officer First Class Timothy J. Wilson, Second Lieutenant Bradley F. Metz, Police Officer First Class Nathan L. Musser, Police Officer First Class Benjamin D. Weaver, Police Officer First Class Jose R. Morillo, Police Officer First Class Huy N. LeBang, Police Offi-

WWW.CONNECTIONNEWSPAPERS.COM

cer First Class Bayron E. Reneau Gudiel, Police Officer First Class Kevin A. Rosa, Officer Selah J. Rash, Second Lieutenant Edward S. Rediske, Sergeant Timothy B. Schilling, Police Officer First Class David A. Neil, Police Officer First Class Matthew D. Rosenberg, Police Officer First Class Ricardo D. Umanzor, Police Officer First Class Jake E. Everett, Police Officer First Class Rachel E. Rohr, Police Officer First Class Kyle W. Suter, Police Officer First Class Tyler C. Welch, Police Officer First Class Michael C. Schmeltz, Sergeant Keith W. Shook, Police Officer First Class Jacob A. Pearce, Sergeant Gregory J. Salino, Police Officer First Class Timothy J. Wilson, and Officer Tomas D. Miranda Otero

FAIRFAX COUNTY FIRE AND RESCUE DEPARTMENT: Captain Jack Macinyak, Master Technician Peter Torres, Technician Joseph Shipman

FAIRFAX COUNTY SHERIFF'S OFFICE: Private First Class Morgan Walker, Private First Class Joseph McKenna

HERNDON POLICE DEPARTMENT: Officer Kelyn Diaz

VIRGINIA STATE POLICE: Trooper Joseph Lowe, Trooper Matthew Spalding

LIFESAVING AWARD

FAIRFAX COUNTY POLICE DEPARTMENT: Officer Abdulla B. Al Baiati, Second Lieutenant Jennifer A. Basham, Second Lieutenant Bradley P. Woehrlen, Master Police Officer Mark W. Mills, Police Officer First Class Andrew J. McPherson, Police Officer First Class Joseph S. Hensley, Police Officer First Class John R. Bell, Police Officer First Class Kyle T. Bork, Police Officer First Class Chase T. Briggs, Officer Thomas L. Dean, Police Officer First Class Jacob A. Jackson, Police Officer First Class Vincent M. Escobar, Sergeant Rafael R. Fortiz, Master Police Officer Steven E. Atkins, Police Officer First Class John R. Goodspeed, Police Officer First Class Mark S. Greatheart, Master Police Officer Craig J. Guyton, Police Officer First Class Alan A. Hanks, Police Officer First Class Ryan D. Wever, Police Officer First Class Lindsey M. Memenza, Police Officer First Class Melanie D. Todd, Police Officer First Class Daniel A. Houtz, Master Police Officer Eric L. Harte, Pilot Matthew P. Hobbs, Police Officer First Class Nathan R. Van Husen, Police Officer First Class Morgan N. Blumer, Police Officer First Class Geoff S. Carrigan, Officer Casey J. Hughes, Police Officer First Class Huy N. Lebang, Master Police Officer Brian A. Buckholtz, Police Officer First Class Vincent P. Vella, Master Police Officer Thomas W. Eggers, Master Police Officer Gregory S. Moss, Police Officer First Class Gershon L. Ramirez, and Lieutenant Kevin J. Shaw

FAIRFAX COUNTY DEPARTMENT OF PUBLIC SAFETY: Dispatcher Kelly Henry, Call Taker Drew A. Hergen, and Call Taker Elizabeth Valcourt

FAIRFAX COUNTY FIRE AND RESCUE DEPARTMENT: Master Technician Brian A. Bonifas, Lieutenant Vitor Rocha, Firefighter Carlton Yancey, Master Technician Ian M. Kelly, and Technician Jacob Hartka

FAIRFAX COUNTY SHERIFF'S OFFICE: Sergeant Thomas Boyden, Second Lieutenant Marcus Medina, Master Deputy Sheriff Aaron Waple, Private First Class Carlos Guevara, Private First Class Joseph Moratto, Private First Class Bryan Redd, Private First Class Michael Woloschek, Dr. Janet Wurie, CHN I Selome Abebe, CHN I Phidol Conteh, CHN I Betty Edwards, CHN III Christine Kent, CHN I Sophia McGill, CHN I Jacky Mukuna, CHN II Samuel Osafo, CHN I Hyunjung Park, Sergeant Daniel Robles, Master Deputy Sheriff Mario Torres, Private First Class Carlos Guevara, CHN II Samuel Osafo, CHN I Meskerem Atommisa, CHN I Henrietta Dedo, Sergeant George Shammas, Private First Class Hunter Daugherty, Private First Class Brenden Yunger, Private First Class Dawit Arboleda, and CHN III Charles Antwi

BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

CALL 703-549-0004
FOR ADVERTISING INFORMATION

ELECTRICAL	ELECTRICAL
K & D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated	
Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc...	Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com

LANDSCAPING	LANDSCAPING
Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Expert Tree Work Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience – Free estimates 703-868-5358 24 Hour Emergency Tree Service	

Landscape Drainage	Landscape Drainage
 ProDrainage A JES Services, Inc Company Eco-Friendly Landscape Drainage Experts Drainage, Erosion, Landscaping, Hardscaping, Patios, Retaining Walls & More Your Neighborhood Company since 1987! 703-772-0500 www.Prodrainage.com VA. Licensed Class A Contractor	



**Sign up for
FREE DIGITAL
SUBSCRIPTION
to any or all of our 15 papers**
WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE



Cause for Concern?



By KENNETH B. LOURIE

If you've read any of my columns, you might be able to guess the answer. In my mind, it's not so much cause for concern as it is a topic for conversation. The topic being the side effects of cancer medicine/treatment. I remember hearing/reading that as it relates to cancer patients, sometimes the side effects of the medicine so severe/so debilitating that the patient must stop the treatment (which I never have). And in stopping what's managing – so to speak, the tumors, the tumors start growing and the cancer starts spreading and then shortening your life. In the past when I've asked my oncologist what would happen to my stable tumors if I were to stop treatment, he unequivocally stated: "I know what will happen. The tumors will grow." And as you might imagine, tumors growing has been my greatest fear.

Per my last series of diagnostic scans in late Dec. and early March, tumors are stable, and life goes on. I had been anxious about these scans because previously we had reduced the dosage of my thyroid cancer medicine down to 10 mg from the initial 24 mg. We had to do this because the side effects from the medicine was adversely affecting my ability to perform my activities of daily living. Walking upstairs or even a modest incline would take my breath away; as would bending over or even standing over the commode. However, this original maximum dose was keeping the tumors stable. Why risk that just so I can breathe easier?

In talking with my oncologist over the years, I've learned – and experienced, that cancer medicine is constantly adjusted and changed your body reacts negatively. The goal, according to my oncologist is to try and find that "sweet spot" as I call it. That's the spot where the minimum amount of medicine tolerated by the patient is doing the maximum good, and of course, when the side effects are the least impactful. Which is where I've been for the past six months or so: reduced dose, less side effects, while still having "stable" results on my quarterly scans.

Recently however, my breathing has become more labored, even while performing less arduous tasks. My wife, Dina, asked me today, after she saw me pull over in the house and sit down to catch my breath, if I thought I should contact my oncologist and tell him of my recent difficulties because it's new-ish and any new symptoms need to be reported to the doctor.

But lowering my dose yet again really scares me. At some point/dosage, the medicine stops being effective. And I'm not sure if one can experiment with a lower dose and if there are complications/disappointments, simply revert to the higher dose and return to the previous abnormal? My oncologist has also said that he can try to keep me from going down, but once down, he can't likely bring me back up. Ergo, my dilemma.

Obviously, it's prudent to keep the oncologist in my loop; he does kind of have my life in the speaker of his stethoscope and should be apprised of all changes in my health. Nevertheless, a reduction in my medicine could be a turning point in the wrong direction, and one quite frankly from which I might never recover.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

CALENDAR



Kevin Thorne stars in "Nat Turner in Jerusalem," which will be presented at NextStop Theatre Company in Herndon from April 1-17, 2022.

www.restoncommunitycenter.com.

THURSDAY/APRIL 7

Foreign Language Movie. 1 p.m.
At McLean Community Center, McLean. By popular demand, the foreign language movie series is back. Curated by Performing Arts Director Sarah Schallern Treff, with more than a little help from Alden patrons, the series will pick up where it was so rudely interrupted in 2020, with a few surprises thrown in. All screenings are free, but advance registration is required. Schedule subject to change.

THURSDAY/APRIL 7

National Burrito Day. 11 a.m. to 8 p.m.
At 1470 North Point Village Center, Reston. With the purchase of any burrito or burrito bowl, five lucky grand prize winners will win – free California tortilla burritos for a year. Visit the website: <https://californiatortilla.com/>

FRIDAY/APRIL 8

IN Series: Two World-Premiere Operas. 7:30 p.m. At The Alden, McLean Community Center, McLean. Join The Alden for the world premieres of Brian Arreola and Anna Deeny Morales' new opera, "Zavala-Zavala," and an IN Series commission setting the poems of Gabriela Mistral in her original Spanish, as well as in the luminescent English translations by Langston Hughes. "Zavala-Zavala" tells a story of family separation and survival at the U.S.-Mexican border—inspired by true events—with artists Elizabeth Mondragon, Judy Yannini and Alex Albuquerque. Angel-Gil Ordóñez leads the orchestras of Georgetown University and members of the PostClassical Ensemble.

FRIDAY/APRIL 8

Two Operas. 7:30 p.m. At The Alden, McLean Community Center, McLean. "Zavala-Zavala" by Composer Brian Arreola and Librettist Anna Deeny Morales, tells a story of family separation and survival at the U.S.-Mexican border—inspired by true events. The second opera, "Our Queer Mother, Gabriela," is an IN Series commission that sets the poems of Gabriela Mistral in her original Spanish, as well as in the luminescent English translations by Langston Hughes. Tickets are \$25, \$15 for McLean Community Center (MCC) district residents. The theater is located inside MCC at 1234 Ingleside Ave., McLean. Visit: www.aldentheatre.org or call 703-790-0123, TTY: 711.

SATURDAY/APRIL 9

123 Andrés. 3 p.m. At Reston Community Theater's CenterStage, Reston. 123 Andrés is the award-winning

duo of Andrés and Christina, who entertain with catchy songs and a high-energy show that gets kids and families singing and dancing in Spanish and English. Visit www.restoncommunitycenter.com.

SATURDAY/APRIL 9

Spring Bazaar and Craft Show. 10 a.m. to 4 p.m. At Vienna Volunteer Fire Department, 400 Center Street, South Vienna. The Auxiliary to the Vienna Volunteer Fire Department will hold their popular Spring Bazaar and Craft Show. Offered for sale will be crafts, holiday decorations, items for your home, clothing and gifts for that special someone. A delicious lunch menu is planned, as well as a bountiful homemade baked goods table. Looking for a unique find? Come shop at Vera's Attic table. Fire Department T shirts will be available for purchase. For information, or to reserve a space and request an application, call Carol at 703-309-3468 or email Dancers1023@aol.com, or Lisa at 703-981-4504 or email lisaemerson3@verizon.net. Admission is free.

SATURDAY/APRIL 9

All-Day Family Fun. 4 p.m. At Lake Anne Plaza, Reston. Celebrate the anniversary of Reston's founding with the Reston Historic Trust and Museum, RCC and Public Art Reston. The free event features a public art walk, a multilingual birthday party, family activities and family-friendly performances, including an appearance by award-winning duo 123 Andrés. Featuring the Underwater Egg Hunt, Terry L. Smith Aquatics Center at RCC Hunters Woods, 12:30 p.m. – 4 p.m. (\$4 Reston/\$8 Non-Reston). The Easter Bunny is missing hundreds of eggs, and they have been found floating in the RCC pools. Come splash, swim and hunt – each child will receive a goody bag upon the competition the event. For more information and to register your child by age group, visit myRCC.

Featuring 123 Andrés at the CenterStage, 3 p.m. (\$5 Reston/\$10 Non-Reston). 123 Andrés, a high-energy children's duo, will get kids and families singing and dancing in English and Spanish. Don't miss the fun at this Professional Touring Artist Series performance. Tickets are available at the RCC Box Office or online.

APRIL 9-10

Native Plant Sale. The Friends of Riverbend Park's Native Plant Sale this year will be held to coincide with Riverbend Park's Bluebell Festival. To order native plants online, go to the FORB website at www.forb.wildapricot.org and click on the "2022 Native Plant Sale" tab. Twenty-eight different species of native plants are available for purchase at \$11 per quart-sized plant and \$13 per gallon-sized plant. All plants ordered and paid for online must be picked up at the Riverbend Park Educational Pavilion on Potomac Hills Street on April 9th or 10th between 10 a.m. and 4 p.m. Additional Bluebells will also be available for sale by cash, check or credit card at the Visitor Center during the Bluebell Festival. If there are any questions, contact Hugh Morrow at hughmorrowiii@gmail.com.

SUNDAY/APRIL 10

Mah Jongg. 10 a.m. to 4 p.m. At Temple Rodef Shalom, 2100 Westmoreland Street, Falls Church. Mah Jongg Fun Day with brunch and raffle (cash or checks). Questions? Iva at wotrs@templerodefshalom.org. Registration by March 25th, <https://adobe.ly/3mY7eWr>

SUNDAY/APRIL 10

Clifton Easter Egg Hunt. 11:30 a.m.-1 p.m. At Clifton Presbyterian Church, 12748 Richards Lane, Clifton. Fun and games, bake sale, craft sale, and ice cream. Main Street Pub - The Corned Beef and Cabbage Dinner is outstanding! Corned Beef brisket layered atop a wedge of cabbage and finished with sides of red skinned potatoes and carrots (available only in the month of March).

SUNDAY/APRIL 10

Spring Community Parking Lot Sale. 9 a.m. to 1 p.m. At MCC Parking Lot, 1234 Ingleside Ave., McLean. Featuring up to 50 adult and youth sellers, shoppers can find bargains galore at one of the area's biggest community sales of the spring season. The sale offers a wide variety of gently used household goods, electronics, furniture, clothes, appliances and other items. The Kids' Row is a special area of the sale where children ages three to 15 can use their math and entrepreneurial skills while selling toys, clothes, games and other items. Got stuff? A limited number of selling spaces are available. Residents selling

household items are welcome as are commercial vendors or flea market dealers. To sell at the sale, register online at www.mcleancenter.org, in person or by phone by contacting the MCC Registrar at 703-744-9365, TTY: 711.

APRIL 14-MAY 8

The Mamalogues. Thursdays at 7:30 p.m., Fridays at 8 p.m., Saturdays at 2 and 8 p.m., Sundays at 2 p.m. At 1st Stage, 1524 Spring Hill Road, Tysons. In this satirical comedy, three friends share the joys, challenges, and anxieties of being middle class single Black mothers in predominantly white suburbs. The story celebrates motherhood and community while exploring racial profiling on the playground and supporting your kid who is perpetually the Only Black Child (OBC). Follow their journey as they lean in and steer their children from pampers to college while navigating their own road toward retirement. Visit www.1ststage.org.

SATURDAY/APRIL 23

Clifton Lions Club Family Pancake Breakfast. 7:30 a.m. to 12:30 p.m. At Clifton Presbyterian Church, 12748 Richards Lane, Clifton. Cost is \$10 per adult; \$5 per child. Proceeds go to charity.

SATURDAY/MAY 7

Celebrate Pilates Day. At RTR Pilates, 9849 Georgetown Pike, Great Falls. Register for one of three free trial reformer classes at RTRPilates.com/PilatesDay. Check out the studio, shop great retail, sip champagne and meet our community.

MAY 21-22

Girls on the Run Spring Registration. GOTR NOVA will be offering an in-person, 10-week curriculum for the Spring 2022 season. Two in-person 5Ks presented by Cigna will be held on May 21st and 22nd in Sterling and Ballston, respectively. Teams will continue to be school and community-based to further our outreach efforts in being accessible to every girl across Northern Virginia. Currently, 105 teams throughout Alexandria, Arlington, Fairfax, Falls Church, Loudoun, Manassas, Manassas Park, and Prince William are open for Spring 2022 registration through March 1, 2022. For more information about spring registration and sites for Girls on the Run of NOVA, visit www.gotrnova.org.

BULLETIN BOARD

SHEPHERD'S CENTER SPRING CLASSES

The Shepherd's Center of Northern Virginia will hold Spring classes from April 21 to June 9, 2022. All Classes will be held virtually on Zoom and in person at the Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Registration: April 4-19, 2022. The Spring 2022 semester schedule includes 40-plus classes with a wide range of subjects -- from a Health and Wellness series to National and World Affairs. The following classes are but a few of the classes to choose from:

- April 28 – "Sorting Fact from Fiction" – Larry Lipman, AARP

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

- May 5 – "Monarch Butterflies – Life Cycle and Migration" – Scott Schroth
- May 19 – "Whale Watching in Baja" – Paul Wormeli
- May 26 – "Vienna African American Trailblazers and Liberty Amendments – Gloria Runyon/Sylvia/DeeDee

Students may attend one or all of the all spring classes for a \$55 fee and are encouraged to create their own schedule – attend classes all day or attend only one class. For a complete listing of classes or to register, visit the AIL page on the SCNOVA website at SCNOVA Adventures in Learning Spring 2022 or call the office at 703-281-0538. Visit www.scnova.org or contact the Office at 703-281-0538.

WALKING/RUNNING PROGRAM

Calling women – need a fun program to start / restart your walking / running program? Check out the Women's Training Program with Reston Runners <https://restonrunners.redpodium.com/2022-womens-training-program>. It is an 8-week program meeting each Monday evening at 6:30 p.m. at South Lakes High School to complete a 3 mile course by walking, walk/run or running. All coached by a great group of women.

NOW THRU APRIL 28

A collection of paintings by Layla Gray and Coty Dickson entitled "The Four Seasons" is on display at the Great Falls Library, 9830 Georgetown Pike, Great Falls, VA 22066. The public can view this collection of favorite seasonal paintings in the library's large meeting room from now through Thursday, April 28, 2022 during regular library hours. Contact Coty Dickson at cotyndickson@gmail.com for additional information.

NOW THRU APRIL 16

Photos with the Easter Bunny. At Tysons Corner Center, McLean, Fashion Court, Level 1 near Nordstrom. Tysons Corner Center welcomes the Easter Bunny back on March 18th. Visit the Bunny for an unforgettable family photo experience. The option to pre-book your appointment is available and recommended to reduce wait time. Visitors can choose from a selection of photo packages as well as choose between a socially distanced experience or sitting with the Bunny, if permitted per local mandate. The Bunny will be available Monday - Saturday from 11 a.m. - 7 p.m. and Sunday from 12 p.m. - 6 p.m.

NOW THRU APRIL 30

The Friends of Frying Pan Farm Park invite the public to participate in its 2022 photo contest. Help celebrate all that is special about the farm with the second "Focus on the Farm" fundraiser. Open to photographers of all ages and abilities, capture the beauty and farm life at Frying Pan Farm Park. The categories include nature, landscape and scenery, and farm animals. Photos must be taken, and entries submitted between March 1 and April 30, 2022. You can enter up to 10 photos. The fee is \$7 per entry for adults, and \$5 per entry for children up to age 16. The fees will directly support the park and care and feeding of the animals at the farm. Go to the Friends of Frying Pan Farm Park website for detailed instructions and submission information; or email the Friends of Frying Pan Farm Park at friends@fryingpanpark.org. Frying Pan Park is located at 2709 West Ox Road, Herndon. Call 703-437-9101.

APRIL 1-17

"Nat Turner in Jerusalem." Friday and Saturday at 8 p.m., Sunday at 2 p.m. At NextStop Theatre Company, 269 Sunset Park Drive, Herndon. This powerful play delves into an important moment in American history, which has continued to shake the conscience of the nation for almost two centuries. Through powerful performances, audiences are invited to take part in a deep exploration of human morality and the grim reality of the past. Visit the website: <https://www.nextstoptheatre.org/nat-turner-in-jerusalem>

WEDNESDAY/APRIL 6

Class: The Carla Perlo Story. 8 p.m. At Reston Community Theater's CenterStage. Experience a documentary film, interspersed with live performance, about dancer and choreographer Carla Perlo and her influence on her students, the field of dance, the communities in which she worked and her advocacy for property ownership by artists over the course of 48 years. Visit