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April 21. 2022



Police Chief Don Hayes, second from left, is congratulated by his family following his swearing-in ceremony April 18 at



Chief of Police Don Hayes, left, is sworn in by Clerk of the Circuit Court Greg Parks April 18 at APD Headquarters. Hayes had been serving as Acting Police



Chief of Police Don Hayes, right, has his new badge pinned on by his son Quentin Hayes following the swearing-in ceremony April 18 at APD Headquarters.

To Protect and Serve Hayes sworn in as Chief of Police.

"I am inspired to live a

grandfather Charlie Euripides

By Jeanne Theismann Gazette Packet

cting Chief of Police Don Hayes was sworn in as Chief of Police April 18 at Police Headquarters in a ceremony attended by family, friends and city officials.

"Chief Hayes' 40 years as a leader and public servant with the Alexandria Police Department, as well as his deep commitment to our community, makes him the right choice to serve Alexandria as Chief of Police," said City Manager Jim Parajon in announcing Hayes' appointment.

Hayes joined the Alexandria Police De-

"I am looking forward to making this an outstanding police department and serving the citizens of Alexandria."

— Chief of Police Don Hayes

partment in 1981 and achieved the rank of sergeant in 1996. In 1999, he was promoted

to lieutenant and to captain in 2013. Hayes was promoted to assistant chief in 2019 and has been serving as Acting Chief since June of 2021. He succeeds Chief Michael L. Brown, who retired in 2021.

"This is an exciting day," Hayes said after taking the oath of office. "I am looking forward to continuing what we are doing with community policing and making this an outstanding police department and serving the citizens of Alexandria."

An Alexandria resident for nearly 30 years, Hayes holds a master's degree in organizational leadership from Johns Hopkins University, a master's degree in divinity from Liberty University Baptist Theological

Seminary, and a bachelor's degree in business administration from Bowie State Uni-

He is a graduate of the FBI National Academy, has earned numerous certifications, and is an active member of the National Organization of Black Law Enforcement Executives; the International Association of Chiefs of Police; and the FBI National Acad-

Hayes was joined at the event by his wife Gloria, son Quentin Hayes and daughter Kianna Hayes.

"We always knew he was capable of achieving this if he wanted to do it," said Quentin Hayes. "We are so proud of him."

Charlie Euripides

Royal Restaurant owner dies at 89.

By Jeanne Theismann Gazette Packet

amily and friends crowded Saint Katherine's Greek Orthodox Church April 19 to pay tribute to Charlie Euripides, a community leader, U.S. Navy veteran and longtime owner of the Royal Restaurant. Euripides died April 14 at the age of 89.

OBITUARY

The tributes to Euripides all echoed the commitment of the longtime Alexandria resident to his faith, his family and his country.

"Charlie actually lived The American Legion's motto of 'For God and Country," said American Legion Post 24 Commander Henry

Dorton. "But to anyone who knew Charlie, you would need to add the word 'Family' to the mot- life as brave as he did." to. He was always smiling, always helpful, and totally selfless. It is no won-

der to me that he and his restaurant became a local institution."

Born Dec. 8, 1932, in Karavas, Cyprus,

Kyriacos "Charlie" Euripides was the eldest son of Euripides and Maria Hadjiyiannakis. His father served in the Cyprus Brigade of the British Army during World War II, which inspired Euripides' life of service.

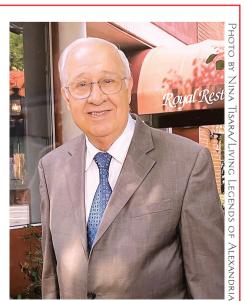
"Charlie was mentored by the Greatest

Generation," Dimitri Pikrallidas. "He was proud to follow in the footsteps of his — Barbara Euripides on her father, who served in World War II."

Following graduation from

Pancyprian Gymnasium High School of Nic-

See Royal Restaurant, Page 3



Charlie Euripides, owner of the Royal Restaurant, died April 14 at the age of 89.

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OBITUARY

Charlie Euripides

From Page 1

osia, Cyprus, Euripides left his family behind and immigrated to the United States in 1951.

"It was my lifetime ambition to come to the United States," said Euripides in 2018 after being selected as a Living Legend of Alexandria. "I had been told the schools here



Charlie Euripides served in the U.S. Navy in the aftermath of the Korean War.

were good so I knew whatever future I had would be here."

Euripides joined an uncle, who operated a restaurant at the corner of Royal and King streets. He worked at the restaurant while taking citizenship classes at the former George Washington High School in Del Ray and studying engineering at George Washington University in D.C.

In 1954, Euripides enlisted in the U.S. Navy. He served two years aboard the Battleship New Jersey in the Gunnery Division followed by two years with the 6th Fleet aboard the Flagship Salem. He became a U.S. citizen in 1957.

Upon completion of his military service, Euripides returned to Alexandria, forgoing his engineering degree to help his uncle at The Royal Restaurant. In 1962, he formed a partnership with his uncle, Richard Pikrallidas, eventually assuming full ownership which continued for more than 60 years.

Due to urban renewal, Euripides was forced to relocate the restaurant to its present location at N. St. Asaph St. in 1965. By now married and raising a family, Euripides was determined that the new Royal Restaurant would be a success.

"This was our only income," Euripides said. "I couldn't let my uncle or my employees down."

In 1960, Euripides married Barbara Hobbs Euripides and established a home in Alexandria. To support his family, he worked three jobs, including paper route delivery management for the Alexandria Gazette, six days a week.

A member of American Legion Post 24 since 1958, Euripides donated his time and resources to many military and veteran-focused initiatives.

"Dad was humbled to be a part of an organization of brave veterans, all of whom served the community," said son Chris Euripides, who worked alongside his father for more than 30 years. "These veterans supported the highest ideals of freedom and democracy. They were like family to him, and he counted them as his great friends."

Euripides also supported numerous nonprofit and social service organizations such as The Salvation Army, Del Ray Artisans and the Alexandria Police Foundation with substantial financial and in-kind donations of food and catering services.

"Kind and generous simply don't go far enough in describing Charlie," said DRA vice president and fellow Post 24 veteran John Bordner.



Charlie Euripides, center back, with his family in Cyprus in 1950 prior to his emigration to America. Euripides' brother Richard, far right, joined his brother in 1974.



Charlie Euripides and his wife Barbara, who died in 2001.

Euripides was a founding member of St. Katherine's Greek Orthodox Church, in Falls Church and served as an active member for 60 years.

"Charlie carried his resolve to serve as a founding member of Saint Katherine's Church, knowing that building and supporting churches was the right thing to do," Pikrallidas said. "When asked by so many in the community for help, he never said no. He said 'When? How much? and Where?"

Added nephew John Tegeris, "Charlie's love language was food."

Euripides served as president of the Alexandria chapter of the American Hellenic Educational Progressive Association (AHEPA) from 1966-1967. In addition, he served as President of the Cyprus Society, of Washington, D.C., and worked to support and defend the independence of the nation of Cyprus.

"Dad's love for the family was evident every day as he worked to provide us with things and experiences that he knew were healthy, educational and of great benefit to one's spiritual growth," said Euripides' eldest son Gus Euripides.

Added son Michael, "Dad loved the out-



Charlie Euripides, fifth from right, is shown with his three sons, their wives and his grandchildren in an undated photo.



An American flag is folded as part of the military honors funeral for Charlie Euripides April 19 at National Memorial Park in Falls Church.



Charlie Euripides, second from right in front, with his fellow American Legion veterans at the 2018 reception honoring him as a Living Legend of Alexandria.

doors, and encouraged each of us to participate in sports, and scouting. He could not water ski, yet with our mother, he bought a boat and built a house at Lake Anna that became a focal point of family gatherings for four decades."

Among his many recognitions and awards, Euripides was presented with the prestigious Distinguished Patriot Award at the Alexandria Chamber of Commerce 2016 Salute to Veterans reception.

Until recently, Euripides still greeted customers at the restaurant. His younger brother Richard is the chef, having joined Euripides as a refugee when Turkey invaded Cyprus in 1974.

Euripides was predeceased by his wife of 41 years, Barbara. He is survived by three

sons, Charles "Gus" (Joanne), Michael (Evanthia) and Christopher (Sophia), his grandchildren, Barbara, Elefteria, Charles, Evangelos, Chrystanthi, Maria and Paraskaevi, his brother Efthyios "Richard" Euripides, and many nieces, nephews and cousins in Greece, Cyprus and around the world. He was predeceased by his sister, Stassoula Yettimis, and his brother, Costas Johnnides.

In lieu of flowers, donations may be made to Saint Katherine's Greek Orthodox Church, 3149 Glen Carlyn Road, Falls Church, VA 22041.

Like so many before her, Euripides' eldest grandchild Barbara paid tribute to her grandfather's service to God, his country, his family and his community, saying, "I am inspired to live a life as brave as he did."

EASTER



Elan Median finds two eggs at the Four Mile Run Easter Egg Hunt April 17.



Nicole Ohoa, 9, poses with her stash of eggs at the Easter Egg Hunt April 17 at Four Mile Run.

Hop to It

amilies from the Hume Springs neighborhood gathered under sunny skies April 17 for a community Easter Egg Hunt in Four Mile Run. Children searched for eggs and celebrated finding the hidden treasures.

-Jeanne Theismann

Photos by Janet Barnett Gazette Packet

Children from the Hume Springs neighborhood gather for a photo April 17 during a community Easter Egg Hunt at Four Mile Run.



Easter at Lee-Fendall House



William and Kaytlin Lane with daughter Catherine at the April 16 Lee-Fendall House Easter Egg Hunt.

ee-Fendall House Museum and Garden held its popular Easter Egg Hunt over Easter weekend with families gathering April 16 and 17 in the garden of the historic property.

In addition to a traditional egg hunt, Easter Bunny Bingo, crafts, games and a visit from the Easter Bunny were part of the holiday weekend festivities.

-JEANNE THEISMANN



Lou DiMenna shows off the winning golden egg he found during the April 16 Easter Egg Hunt at Lee-Fendall House.



Families gather for a round of Easter Bunny Bingo April 16 at the Lee-Fendall House Museum and Garden Easter Egg Hunt.

'A Time of Hope' Celebrating Passover.



By Jeanne Theismann Gazette Packet

he year 2022 has a rare overlapping of three major holidays for the Jewish, Christian and Muslim faiths: Passover, Easter and Ramadan. Ramadan is the holiest month for Muslims while Easter celebrates the resurrection of Jesus for Christians. Passover, which runs through April 23, celebrates the Exodus of Jews from

Rabbi Steven Rein of Agudas Achim Congregation holds the Seder plate with the Haggadah, the book used during the Seder, open in front of him. Passover began April 15 and runs through April 23.

slavery in Egypt.

"Passover is a moment that remembers the Israelites' exit from Egypt, but it is also a time for all of us to think about the redemption and liberation we seek in our own lives," said Rabbi Steven Rein of Agudas Achim Congregation prior to the start of Passover on April 15.

Rein predicted that many will be thinking about the ongoing invasion of Ukraine by Russian forces during Passover.

"In celebrating a holiday that is all about people seeking liberation from a tyrant, it would be impossible to not draw a connection with the situation in Ukraine," Rein added. "There are always individuals in this world who seek to do harm to others. I think

many people are going to be talking about it and thinking about how we as a broader society can extend a hand, an outstretched arm if you will, to help the people of Ukraine in various ways, ways in which we are expecting and hoping our governments will support and help."

Rein said he was aware of people finding ways to show solidarity with the people of Ukraine, including making blue and yellow macaroons as a dessert for the Seder table.

"Passover always occurs during spring," Rein said. "It is a time of renewal and a time of hope. I think this year, perhaps more than ever, we

seek hope -- hope in one another and in the world in which we live."

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Front row L to R: Semdon Azandegbe, Alvaro Sandi-Alvarado, Samah Shummo, Isabel Cruz Rivera, Nicole Feldman, Caroline Gill, Leo Dienstfrey, Shira Gordon, Quinn Lindsay, Jack Pache, Charlie Sokolove, Caroline Reiss.

Back row L to R: Samia Azmi, Ruth Bebekew, Sara Isaac, Max Gordon, Virginia Arnold, Neil Gascon, Gabriel Porras, Andrew Lawlor, Taylor Hoganson, Malena Walker, Helena Beinhacker, Hazel Belmont, Sam Reiss, Nick Kruse.

Next Generation of Titans Head To Texas

lexandria City High School's Titan Robotics Team won the prestigious Regional Chairman's Award at the FIRST Chesapeake District Championships in Hampton, Va. earlier this month, securing their place to compete at the highest level of the sport at the 2022 FIRST Championship Event in Houston, Texas, April 20-23, 2022.

"Winning Chairman's felt like the culmination of years of hard work and it felt so fantastic to see that work rewarded," said Titan Robotics 5587 Team president Virginia Arnold. "I am really excited for Houston, especially after two years of being stuck under the pandemic."

The student-led team has been around less than 10 years and regularly competes with teams that are much more established with big tech sponsorships.

"I'm excited for all our new members to see how amazing robotics can be. Going to Worlds in 2019 was one of the best experiences I had in high school," said Arnold, who is a senior at ACHS.

ACHS students know the Remember the Titans story backwards and forwards. This is a new generation of Titans, playing a new kind of sport, but with the same kind of values. Titan Robotics welcomes any student who wants to join; no skills are necessary and there are no fees that could limit participation. The 25-plus members are diverse, inclusive and united in their desire to become the go to Science Technology Engineering Math (STEM) resource for Alexandria schools.

When COVID closed school doors, the Team stepped up, creating STEM lessons that they posted on YouTube to keep younger students engaged.

"Sharing our love of STEM and

robotics is a huge priority for our team," said sophomore Jack Pache.

But it isn't all about the robot, the road to Houston has been paved with hard work, collaboration and inclusion. The team started competing in March and the successes piled up.

Team members are not all programmers and gear heads, they also fundraise, buy parts and bud-

get. They also run summer camps for younger students in Alexandria.

Titan Robotics give back to the community in many ways, if you want to help the students pay for their trip to Houston please consider visiting their Go Fund Me Page https://gofund.me/84ae54f2 or through Spring2Action https://www.spring2action.org/organizations/titan-robotics





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OPINION

Poor Penmanship: What About All Those Vetoes?

By Sen. Adam Ebbin

he heavy workload of this year's General Assembly session produced some 728 bills from our bipartisan legislature. Though the outcome of some key pieces of legislation and an agreement on our biennial budget remain outstanding, these bills reflect the urgent priorities of lawmakers and those they are elected to represent. With a different party controlling each chamber of the legislature, the only bills which made it to the Governor were the product of bipartisan compromise built on long-standing relationships, intensive stakeholder input, and the shared priority of doing the people's business.

Each year, at the adjournment of session, focus shifts to the Governor's policy team as they review the often complex, diverse slate bills we send them. A new administration often means that aides who were not involved in the crafting and amending of these bills, and who are still honing their subject matter expertise, face a monumental task. The Governor is Constitutionally required to approve, amend, or veto all bills communicated to him within 30 days of the end of session. That deadline was Monday, April 11th.

With no bills possessing a major partisan bent in the mix, Governor Youngkin's team was granted a rather unique opportunity to fully put aside political maneuvering and focus completely on vetting Ebbin the policies.

Unfortunately, as the clock ticked towards midnight on his last day to act, the Governor squandered that rare opportunity with a flourish of his pen — vetoing 25 uncontroversial, bipartisan bills, all carried by Democrats, in a harried attempt at political retribution. These included nine of the 10 bills I sent to his — five which passed unanimously, and four others which passed with more than 2/3rds of both bodies voting in favor. These bills provided real, meaningful change for Virginians, including reducing the backlog for benefits at the Virginia Employment Commission, increasing consumers' privacy over their personal data, providing employment and insurance protections for living organ donors, and reducing overburdensome taxes on growing businesses. In five cases, the Governor signed identical House bills, then vetoed my Sen-



ate version. This is an unprecedented practice, devaluing the teamwork and collegiality which allow House and Senate patrons to navigate each other's cham-The Governor and I have had several congenial, productive meetings since he took

office, and though we have clashed over several of his first choices for appointed positions, I was surprised by this rather churlish use of his authority.

Generally, the Governor provides a thorough written explanation for his legislative actions to the Assembly — making his case to uphold a veto or win approval of an amendment. However, despite vetoing more bills than any first-year Governor since Jim Gilmore in 1998, details on the Governor's reasoning remain sparse. In one case his office pointed out several flaws in a bill, introduced by Sen. Dave Marsden (D-Fairfax), regulating cars blocking a right of way. The only problem? The final version of this bill already addressed these concerns — one can only infer that their analysis was based on the unpolished, introduced version. The Governor attributed three other vetoes to "industry opposition" including a bill by Del. Cia Price (D-Hampton) to give localities the ability to sue dangerously negligent landlords, one from Sen. Marsden to reduce high-risk braking by 18 wheelers during snowstorms, and one by Sen. Scott Surovell (D-Fairfax) to index the cost of solid waste disposal. But in all three cases, the industry stakeholders didn't oppose the bill — in fact they had actively supported and collaborated with the patron to improve the bills. The Governor vetoed several bills creating studies stating that we should not waste public dollars on studying issues — "the time for action is now." This stands in clear contrast to the multiple times Youngkin's office offered amendments to bills that changed active policy to studies and workgroups.

This lack of consistency surely leaves Virginians scratching their heads. Is it indicative of a prolonged learning curve, a signifier of priorities focused outside the lawmaking process, or simply frustration boiling over from a session where less than 50% of the Governor's agenda made it to his desk? Whatever the answer, these actions serve neither the deliberative and effective culture of the General Assembly, nor the people of Virginia, well.

City Ignores Vision Zero in Planning Process

he City Staff and Planning Commission recommend approving the Potomac Crescent Waldorf School's plan to have its 155 K-5th students and daycare attendees dropped off and picked up in the southbound lane of the GW Parkway just yards from

LETTER TO THE EDITOR the Oronoco intersection. This specific portion of the undivided 6-lane road is

identified as a High Crash Network location throughout the City's Vision Zero materials.

The Vision Zero Action policies are to reduce KSIs (Killed or Seriously Injured)—specifically, 3B.4, involves Vision Zero policies for new school facilities. Did the City apply these policies for this school's application?

This applicant's plan requires parents to pull over and drop off their child in the right lane (HOV / Bus Lane) of the GW Parkway in a newly created "loading zone" during one of the school's designated 10-minute slots between 7:30-8:30 AM. The school estimates 106 cars will participate accidents is one thing; having par-

during this 1-hour period. Pick-up will occur in the exact spot and manner (10-min. slots), but in two stages: 12:00-12:30 and

2:15-3:15. If a parent misses their "slot" they're supposed to park in three reserve spaces, 2 ½ blocks away, in a parking garage (Trader Joe's building) and walk their child to or from school.

Alarmingly, the "Vision Zero Viewer" on the City's website shows since Nov. 2017 there have been 18 accidents at the GW Parkway/Oronoco intersection with one KSI. This is a significant number and likely low due to COVID. The City Staff and Planning Commissioners either (1) knew of the data and ignored it, (2) knew of the data and factored it into their recommendation to approve this new "unloading and loading zone" for kids, or (3) did not see the data or know about it. All three of these scenarios are concerning on various levels.

A professional delivery person (UPS or FedEx) using a "loading zone" on a 6-lane road to deliver boxes during the peak time for

ents and other drivers (grandparents, nannies, etc. unfamiliar with the school's protocols) unload and load their young cooperating children in/out of car seats during the specific 10-min.

slot is different.

Hopefully, Councilmembers can see the flaws with this applicant's plan for "unloading and loading" 155 kids within a High Crash Network location next to a document-

ed dangerous intersection during peak times for accidents. At a minimum, City Council should follow its predecessors in approving a school use on the GW Parkway and require drop-off and pick-up in parking lots, private alleys, or side streets consisting of only 2-lanes of traffic.

> **Maria Bethard** Alexandria

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Connection Newspapers welcomes views on any public issue. Letters must be signed. Include home address and home and business numbers; we will only print your name and town name. Letters are routinely edited for length, libel, grammar, good taste, civility and factual errors.

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NEWS DEPARTMENT: gazette@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com @MaryKimn

Jeanne Theismann jtheismann@connectionnewspapers.com *@TheismannMedia*

Janet Barnett, John Bordner,

Mark Mogle Contributing Photographers gazette@connectionnewspapers.com

Shirley Ruhe

Contributing Photographer and Writer gazette@connectionnewspapers.com

Eden Brown, Bridgette Adu-Wadier Contributing Writers gazette@connectionnewspapers.com

Hope Nelson Food Writer

hope@kitchenrecessionista.com @kitchenrecess

michaelleepope@gmail.com @michaelleepope

ADVERTISING: For advertising information sales@connectionnewspapers.com 703-778-9431

Debbie Funk

Disply Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

David Griffin

Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

Classified & Employment

Advertising 703-778-9431

Publisher

Jerry Vernon 703-549-0004 jvernon@connectionnewspapers.com

Art/Design: Production Manager: Geovani Flores

Editor Emeritus:

CIRCULATION **Circulation Manager:**Ann Oliver

circulation@connectionnewspapers.com

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Hunting Creek Garden Club member Vicky Alexander works on a garland for one of the tour homes in 2021.



Hunting Creek Garden Club member Claire Edwards preparing wreath for the garden gates for a home on the 2021 tour.

89th Annual Historic Garden Week, April 23 in Old Town

Springtime tradition offers a glimpse into Virginia's historic homes and gardens.

istoric homes with storied pasts embellished with extraordinary floral designs and inspired spring gardens beckon us to Old Town and beyond Saturday, April 23 for the Garden Club of Virginia's Historic Garden Week annual home and garden tour, a beloved springtime tradition that dates to 1929.

Presented annually by two local garden clubs, Hunting Creek Garden Club and The Garden Club of Alexandria, each tour requires two-years of planning to bring to

By Kim Davis Tickets for the Old Town Garden Tour

> Tickets for the Old Town tour are \$55 at www.vagardenweek.org and at the Alexandria Visitor Center, 221 King Street on tour day. Complimentary light refreshments are available at Old Presbyterian Meeting House, 316 S. Royal Street from 11:30 a.m. to 3 p.m.

> fruition. Committees coordinate every detail from the acquisition and histories of homes, special features of each property, marketing, advertising, sponsorships, public relations, hostessing and creation of the signature floral arrange

ments designed by members. The clubs rotate primary management of the tour annually.

"Throughout the years, we have formed genuine friendships with club members, homeowners and merchants who support the tour," said co-chair Emily Jones, a member of Hunting Creek. It has been such a wonderful, enlightening experience."

"We share a comradery of mutual interest in the history of our community, gardening and floral design as well as the Garden Club of Virginia's mission to celebrate SEE GARDEN TOUR, PAGE 11 Virginia Department of Transportation

Route 236 (Little River Turnpike) STARS Study City of Alexandria and Fairfax County

Virtual Public Information Meeting

Thursday, May 12, 2022, 7 p.m. https://www.virginiadot.org/Route236Stars

Find out about a STARS (Strategically Targeted Affordable Roadway Solutions) study assessing potential operational, safety and accessibility improvements for about four miles of Route 236 (Little River Turnpike) between I-495 in Annandale and I-395 in Alexandria. Potential study improvements being assessed include innovative intersection enhancements at Backlick Road, a Pedestrian Hybrid Beacon at Minor Lane, raised medians between Markham Street and John Marr Drive, a traffic signal and crosswalks at Green Spring Road and improved traffic flow from eastbound Route 236 to I-395.

The meeting will be held as a **virtual/online meeting**. Information for accessing and participating in the virtual meeting is available at https://www.virginiadot.org/Route236Stars. The study team will make a short presentation beginning at 7 p.m. and answer questions for about an hour after the presentation.

Review project information and meeting details on the webpage above or during business hours at VDOT's Northern Virginia District Office, 4975 Alliance Drive, Fairfax, VA 22030. Please call ahead at 703-259-2609 or TTY/TDD 711 to make an appointment with appropriate personnel.

Give your comments during the meeting, or by May 23, 2022 via the comment form on the project website, by mail to Mr. Wagas Siddiqui, Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030 or by email to meetingcomments@VDOT.virginia.gov. Please reference "Route 236 (Little River Turnpike) STARS Study" in the subject

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In case an alternate date is needed, the meeting will be held Monday, May 23, 2022 at the same time.

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2021 IMPACT REPORT

THE CHALLENGE

Too many students in Alexandria and across the country lack access to tools to level the learning field.

THE SOLUTION

Our Vision and Mission

Using movement to transform learning so all students can reach their highest potential. Providing simple yet revolutionary tools that inspire movement in the classroom and throughout the day to prime students' brains to learn their best.

THE YEAR 2021

We were honored to have you along with us on our journey into every Alexandria City Public School as we expanded our programming from mainly elementary into the middle and high schools. We made great strides based on feedback from our equity action survey and identified ways we could best serve traditionally marginalized students in these upper grades.

In addition to elementary grades, our odyssey took us to the King Street campus of Alexandria City High School, Chance for Change Academy, and Francis C. Hammond and George Washington middle schools. We were so glad to establish relationships with staff and students at these schools so they could start reaping the benefits of movement.





We're grateful to our generous sponsors and donors who make this work possible and keep kids learning at their best.

THANK YOU!

IN ACTION

RunningBrooke believes all students should have access to tools they need to reach their highest potential. But so many in our community don't.

Here's some of what we did in 2021 to fix that and help level the learning field in all ACPS schools, kindergarten through 12th grade.

- Delivered 2,570 pieces of our Active Seating Packages
 to transform the traditional sedentary learning environment.
 That means that at any given moment, 2,500 kids are moving
 and learning.
- Installed fleets of our Pedals & Pages stationary bikes for students to boost brain power, reward positive behavior and/or reset after challenging behavior.
- Taught the body-mind connection to students and teachers across grades through Social, Emotional and Academic Learning. ACPS asked us to partner with them because we bring the key element of movement to help students identify and express their feelings, calm their minds and do their best.
- Planted the seed for growing our Out of School Time programming by supporting F.T. Day's Morning Run Club and William Ramsey's After School Yoga Club.
- Welcomed new board members and kicked off our new Advisory Council to include people with unique and diverse perspectives to help us carry out our mission.







A DONOR'S STORY

I was a parent of a child who just couldn't sit still in the classroom, so I know first hand how transformative simple interventions can be to help students be more engaged learners.

RunningBrooke's Active Seating Packages will really make a difference for students like my daughter and help them channel their energy and focus on learning. I'm really proud to be involved in this inspired program!

- JANET LEWIS

The LizLuke Team
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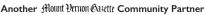
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Start aiving today! Visit www.Spring2ACTion.org for a list of the 150 participating organizations.









News

Your Past Does Not Define Your Future

One month, one family at a time.

BY SHIRLEY RUHE GAZETTE PACKET

uest House in Alexandria is a residential facility that helps women successfully reenter the community from incarceration. It is the only residential house of its kind serving women in Northern Virginia, providing wrap-around services and individualized case management that help each person bridge the gap to a new life.

Guest House can accommodate up to 30 women in its two primary residential facilities located on E. Luray Avenue and Payne Street. They also have Second Chance Community affordable housing on Gordon Street, which can accommodate eight women.

During a special pizza lunch break between classes three Guest House residents share their stories.

Janet Wood has just arrived from the Lynchburg Adult Detention Facility where she had spent 332 days, mostly in lockdown due to COVID restrictions. "We were restricted to our rooms

with our doors shut." This is her third day at Guest House and her first day in the classes at the church just across from the Guest House residential facility on E. Luray Avenue. She says the worst thing for her in jail was she couldn't do anything ... "People telling me when to get up, have meals."

Wood pulls out her daily schedule at Guest House. She has just been to art therapy and shows a collage she has created of her journey. The first picture is a happy couple. She says this shows she is praying God will give her another mate so she can live in togetherness again. The picture below in the corner is an eagle with spread wings, which she says is flying free with no restraints, which is her goal. The map at the top represents her 20-years of homelessness journey from Texas. "I have prayed about it." And the beach scene again represents freedom with each person choosing to do a different thing. The feathers in the corner speak to her from her long walks, each feather representing a different thing.

Wood's goal is to graduate in the 6-9 month program and give back to the community.

She says, "I have been a year and a half clean but there will be temptations everywhere when I get out. I need a structure."

Lydia McVee has come to the Payne House residential facility of Guest House from Robinette Regional Jail through a court order. She has been with Guest House for a month and a half and is attending classes and looking for employment as is required. She says she used to own a construction company with her husband so she is used to a lot of responsibility and organizing competing demands but she's not sure what she'll be al-



Guest House residential facility for recently incarcerated non-violent women.

lowed to do here.

For McVee it is difficult not having any leisure time. There is so much to do. Already today she has had meditation, a Together We Bake interview, art therapy and she has her therapist tonight. She explains there is a structure of classes, therapy, meetings, job interviews and other expectations like helping other residents. "And everything is different. It can be a bit overwhelming, and for a lot of people this can be a trigger." But she says she doesn't really have a choice except to go back to jail.

The most difficult thing for her is "not being able to see my babies." Her two sons are 13 and 17-years-old and she has not seen them in person for a month and a half. She says the residents get passes but her sons live 4 hours away and it doesn't work for them to drive all that distance for the short visit that she is currently allowed. She is waiting for her first 24-hour pass and currently using FaceTime, which just isn't the

McVee looks forward to having her own business of some kind again, doing her own thing and making her own choices. "I like the girls I've met here. They've been through the same thing, and they understand. There are really great people here."

Michelle Miller has been at Payne House for two months, sent through a court order from RSW Regional Jail. "But I'd heard about Guest House and I asked to be here.

The most difficult thing for Miller is being sober. "I'm 40, and I've been high most of my life. I have to find a new way of living." She says, "There are a lot of changes. I have to feel emotions, things I've never felt. Real

> SEE ONE MONTH, PAGE 12 www.ConnectionNewspapers.com

125th Anniversary of Lynching of Joseph McCoy

ity of Alexandria invites the community to join in the remembrance of Joseph McCoy, a teenage Black resident who was killed by a lynch mob at the corner of Lee and Cameron streets 125 years ago. All are invited to attend a community reflection on Saturday, April 23, at 3 p.m. in Market Square (301 King St.).

The ceremony will remember McCoy, affirm responsibility for these acts of racial terror, and continue our work to reconcile our past with our present. A procession from Market Square to the corner of Cameron and Lee will conclude the service.

The community is also encouraged to visit the In Memoriam webpage to learn more about McCoy, pay their respects at the site

where the lynching took place, and view the remembrance marker as part of the Alexandria Community Remembrance Project. https://www.alexandriava.gov/cultural-history/in-memoriam-2022-joseph-mccoy-april-23-1897

McCoy's death was one of two documented lynchings in Alexandria, out of 11 that occurred in Northern Virginia, and among the 100 documented lynchings that occurred in the Commonwealth between 1882 and 1968.

Working with the Equal Justice Initiative (EJI) Community Remembrance Project, ACRP will receive a steel pillar that memorializes McCoy and Benjamin Thomas, who was lynched in 1899. ACRP will use the pillar to create a permanent space for remembrance in the city.

89th Annual Historic Garden Week

From Page 7

the beauty of the land, conserve the gifts of nature and to challenge future generations to build on this heritage," co-chair Jackie Locke said.

Old Town offers an easy walking tour that includes five private homes and gardens nestled along tree-lined streets in the historic district and six nearby iconic public properties, including Mount Vernon, River Farm, Carlyle House, Lee-Fendall House, Gunston Hall, and Green Spring Gardens.

The beautifully appointed home at 508 South Fairfax offers a glimpse of history within the carriage house once owned by a direct descendant of Thomas Jefferson.

A casual walk past 206 Duke Street provides little hint of its historic past. The original home was built in 1794 by George Coryell whose father was George Washington's guide during the Revolutionary War. The family was said to have rowed Washington across the Delaware River in December 1776 for the surprise attack. Current owners completed a significant renovation in 1998, installing a geothermal heating system located beneath the garden, one of only a handful of homes in Alexandria with this energy-efficient, Earth-friendly method.

A nearby property at 512 Prince Street was once the home of the well-respected first woman mayor of Alexandria, Patsy Ticer. A www.ConnectionNewspapers.com unique historic feature of the house is a series of archways in the basement thought to have been completed in the late 18th or early 19th century which formed the foundation of a small bridge providing safe access to Prince Street from the original 1783 structure.

The original home of another property located at 508 South Fairfax backed up to an old oyster processing plant. Residences, manufacturing, carpentry shops, dry goods shops and professional offices all shared the early Old Town neighborhood. The current owner frequently finds very old oyster shells in her garden.

Tickets for the Old Town tour are \$55 at www.vagardenweek. org and at the Alexandria Visitor Center, 221 King Street on tour day. Complimentary light refreshments are available at Old Presbyterian Meeting House, 316 S. Royal Street from 11:30 a.m. to 3 p.m.

The statewide Garden Club of Virginia tour runs from April 23-30 and encompasses 128 private and public homes and gardens, landscapes and historic landmarks throughout the Commonwealth.

It is the only statewide tour of its kind in the nation. Proceeds fund the restoration and preservation of nearly 50 Virginia historic public gardens and landscapes and a research fellowship program in landscape architecture. For more information, visit http://www.vagardenweek.org.

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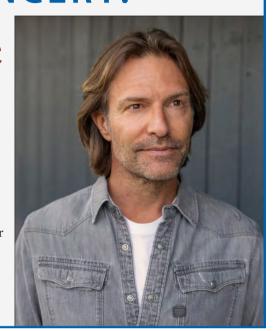
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One Month, One Family at a Time

From Page 10

life hits you in the face." Miller says she was diagnosed with bipolar, schizophrenia and major depression when she was 12-yearsold and used drugs to feel normal-"self medicating I guess."

She says it is difficult getting everything done when you arrive at Guest House, all of the appointments you have to make. "The schedule feels like it is overwhelming me. Some girls can do it but I just come home at night and fall asleep." She adds, "I was ex-

tremely depressed two weeks ago." But she has three therapists— for substance abuse, a psychiatrist and art therapy, which help. She says they are assisting her to get on the right medications.

Miller has an associate degree in human services and may try for a receptionist job while she is at Guest House. She says she was so happy back when normal for her was a functioning user on meth and heroin. Now she is hoping "to get her life in order, live sober and find a new me. They are doing their best to help me adjust."

Guest House is funded through the Virginia Department of Corrections and grants through local government entities, which provide the basic shelter and food.

The breadth of additional services offered, which contribute to the success of the program, such as case management, workforce preparation training and life skills reinforcement are funded through other grants and community and business support and contributions.

During the pandemic Guest House was able to continue the vast majority of its ser-

Legals

vices but was able to serve 150 fewer women. In addition, the underlying trauma of the clients, exacerbated by the increased anxiety and isolation caused by the pandemic, led to the need for additional support. But since many key providers of services eliminated in-person treatment and virtual options were much less effective, the impact on client's mental health and substance abuse recovery efforts was slowed in these critical

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Public Hearings



Funding the Right Transportation Projects

You are invited to share comments on transportation projects that have been recommended for funding in the FY2023-2028 Six-Year Improvement Program (SYIP). Additionally, pursuant to §33.2-202, comments will be accepted for new projects valued in excess of \$25 millio The Commonwealth Transportation Board will take your comments into consideration as it develops the FY2023-2028 SYIP. The program allocates public funds to highway, road, bridge, rail, bicycle, pedestrian and public transportation projects. All federally eligible projects in the SYIP will be included in the Statewide Transportation Improvement Program to document how Virginia will obligate its federal funds.

Meeting materials will be available https://www.ctb.virginia.gov/planning/springmeetings2022/default.asp before April 25, 2022

Public meetings begin at 4 p.m. in each of the locations except as noted below: A formal comment period will be held at these meetings

Monday, April 25 Fredericksburg District James Monroe High School 2300 Washington Avenue Fredericksburg, Virginia 22401	Tuesday, April 26 Culpeper District Culpeper District Auditorium 1601 Orange Road Culpeper, Virginia 22701	Thursday, April 28 Richmond District Richmond District Auditorium 2430 Pine Forest Drive Colonial Heights, Virginia 23834
Monday, May 2 Staunton District Blue Ridge Community College Plecker Center 1 College Lane Weyers Cave, Virginia 24486	Tuesday, May 3 Lynchburg District Virginian Hotel, 712 Church Street Lynchburg, Virginia 24504	Wednesday, May 4 *Northern Virginia District Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, Virginia 22030 *meeting begins at 5:30 p.m.
Monday, May 9 Hampton Roads District Hampton Roads District Auditorium 7511 Burbage Drive, Suffolk, Virginia 23435	Wednesday, May 11 Bristol District Southwest Virginia Higher Education Center One Partnership Circle Abingdon, Virginia 24210	Thursday, May 12 Salem District Holiday Inn Valley View 3315 Ordway Drive NW Roanoke, Virginia 24017

*The Northern Virginia District meeting will serve as the required joint public meeting with the Northern Virginia Transportation Authority, the Northern Virginia Transportation Commission, the Virginia Railway Express, and the CTB per § 33.2-214.3 of the Code of Virginia.

You can submit comments by email or mail by May 23, 2022.

For roads and highways: Six-YearProgram@VDOT.Virginia.gov, or Infrastructure Investment Director, Virginia Department of Transportation 1401 East Broad St., Richmond, VA 23219.

For rail and public transportation: DRPTPR@drpt.virginia.gov , Public Information Office, Virginia Department of Rail and Public Transportation 600 East Main Street, Suite 2102, Richmond VA, 23219.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of its services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING is hereby given that Alexandria Renew Enterprises (AlexRenew) will hold a PUBLIC HEARING on its PROPOSED OPERATING AND CAPITAL BUDGET for the FISCAL YEAR ENDING JUNE 30, 2023, on Saturday, May 7, 2022 at 9:30 a.m. The meeting will be held at AlexRenew's Environmental Center Building located at 1800 Limerick Street, Alexandria, VA. The meeting will be broadcast on AlexRenew's YouTube channel. The proposed FY23 budget and AlexRenew's audited financial statements are available for examination by the public online at www.alexrenew. com. Copies will be made available upon request - phone (703) 721-3500 ext. 2260. April 28 and May 5.

> Alexandria Renew Enterprises BY: William Dickinson Secretary - Treasurer









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The Cancer **Effect**



By KENNETH B. LOURIE

From February 28th until April 9th, approximately 40 days - and nights, I had 19 medical commitments; among them being pre- and post-surgery/procedure, actual procedure and separate surgery, lab tests, infusions, covid tests, diagnostic scans, nuclear medicine; and telephone and video appointments. This was hardly a normal month. It was abnormal and not necessarily cancer related but most likely cancer affected.

As you might imagine, being infused for nearly 10 years with extremely toxic substances will wear and tear the recipient's body, inside and out. Consider further that said recipient (yours truly) began this cancer business at age 54 and a half and over this 10-year period, I have not been getting any younger. And what you end up with is a perfect storm of an age and an immune-compromised patient succumbing to the cumulative side effects of cancer treatment, direct and indirect.

Nevertheless, having some kind of medical appointment every other day – on average, over 40 days is likely to make a Kenny a very dull boy. Not that I wasn't in control of my time or had to adhere to a schedule not of my own choosing; on the contrary, I was very much in control as I set my own appointments and times and places convenient to me. Still, the commitment of time and energy – and the anxiety associated with all these appointments, especially given my underlying medical diagnosis, was unpleasant and unsettling but thankfully very uncharacteristic of my previous cancer life, which was overall, unremarkable medically speaking, other than I didn't die within the "13 month to two years" prognosis I was initially given by my oncologist.

Typically, my cancer life has been very similar to my non-cancer life. There are things I must do, things I can't do, things I wish I could do and finally things that others require me to do. The only difference: the original stage IV non-small cell lung cancer "terminal" diagnosis I received in late February 2009. That kind of news puts a damper on any scenario, real or imagined. Moreover, a scenario which offered no guarantees other than the presumptive normal life expectancy I anticipated was no longer normal. In summary, your future is in doubt, your present is in crisis and your past hopes and dreams are fading fast unless you find a safety valve to help manage the emotional, physical, and spiritual upheaval dominating your life. Or the more likely you are to suffer at the hands of your disease and become another casualty of the cancer wars.

So, I had a lousy month. So what? I'm alive, aren't I? Thirteen-plus years later. Granted, fulfilling all these medical obligations of the last 40 days wouldn't have been my first choice of how I wanted to spend part of my retirement. However, given that I had no choice - after my diagnosis, to live my life as a cancer patient/survivor, as my friend Frank would say: "I'm in pretty good shape for the shape I'm in."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers



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Obituary

Obituary

Nancy Jane Burchell Wilke of Alexandria, VA passed away on April 17, 2022, in Williamsburg, VA.

She was born on May 10, 1931, in Washington, DC and spent her entire life in Alexandria where she married her high school sweetheart, Zander Wilke on September 15, 1950. Nancy Jane graduated from George Washington High School and after a brief career doing inventory accounting for local department stores, she went to work for Fairfax County Schools' Department of Transportation, first as a bus driver and later as an Area Transportation Supervisor. She retired after over 35 years with the County. Nancy Jane was predeceased by her parents, Cephas S. Burchell and Eleanor G. Burchell, her brother W. Clay Burchell, and her daughter-in-law Katherine T. Wilke. She is survived by her son, Thomas Z. Wilke (Shirley) of Williamsburg, VA, her granddaughters, Mary Katherine Thompson (Nathan) and Caroline Wilke, and great grandchildren, Paige, Blakely and Joseph Thompson, and her brothers in-law, Michael

Zamperini and Marvin Wilke (Lois). A memorial service to celebrate her life will be held this summer in Alexandria.

In lieu of flowers, memorials may be made to Westminster Presbyterian Church, 2701 Cameron Mills Rd., Alexandria, VA 22302, where Nancy was a founding member and very active throughout her life, or Hospice House of Williamsburg, 4445 Powhatan Parkway, Williamsburg, VA 23188.

Obituary

Obituary



Doris Jean Lindsey, loving wife, mother, and grandmother passed away peacefully in her Alexandria home on April 9, 2022, surrounded by family.

Born in Wise, Virginia on May 17th, 1939. Doris moved to Arlington, Virginia in 1958 and it was there that she met the love of her life, Kirk Lindsey. Kirk and Doris wed in 1966 and moved to Kirk's hometown of Alexandria to raise their family.

During their beautiful life together, Kirk and Doris shared a love for travel and the musical arts. Most of all

they enjoyed their time together on Smith Mountain Lake where they built one of the first permanent homes in 1968. They would pack up the family and Kirk would fly them to the lake in their plane. Not one to be outdone, Doris earned her own private pilot's license in 1973.

Doris took pride in and received great joy from her three sons. Later, she showered her eight grandsons and her lone granddaughter with love and affection. Nannie to the grandchildren, Doris doted on each one. She had a special way to make each grandchild feel like they were her favorite. Much to their delight, Doris was zealous about tracking down the latest hard to find toys at every Christmas.

Doris was passionate about her community and served as the President of the Virginia State Division of the General Federation of Women's Clubs. She was also actively involved in the leadership of the Symphony Orchestra League of Alexandria, the Scholarship Fund of Alexandria, and proudly supported Alexandria Hospital where ICU and waiting rooms were named in her and Kirk's honor.

Doris was predeceased by her devoted husband of thirty-two years, Kirk Lindsey. She is survived by her sons, David Burton Gilliam (Teresa) of Rock Hill, South Carolina, Michael Gilliam (Cecelia) of Arlington, Virginia, and Robert Kirk Lindsey (Carrie) of Chantilly, Virginia, nine grandchildren and three great-grandchildren.

A visitation will be held from 4-6pm with a short service at 5pm at Demaine Funeral Home in Alexandria on April 27th.

Obituary

Obituary

Joseph B. Tompkins Jr.



Joseph B. Tompkins, Jr. ("Joe") passed away peacefully at his home in Alexandria, VA, on April 15, 2022, at age 72. Joe was an avid sports fan, global traveler and faithful Methodist, who quietly and selflessly cared for anyone in need. He always found ways to bring loved ones together and derived tremendous joy from being with his family.

Joe was born in Vinton, VA, and was predeceased by his parents, Joseph B. and Rebecca J. Tompkins. Joe is survived by his sons, Graves (Colleen) and Forbes (Caity), and his grand-

sons, Brooks, Walker and Teddy. He is also survived by his brothers, Curtis and Deal.

Joe earned a B.A. from Washington & Lee University, a J.D. from Harvard Law School and an M.P.P. from the Harvard Kennedy School. Joe had a distinguished law career, working in the Criminal Division of the United States Department of Justice from 1979–1982, where he served as Deputy Chief of the Fraud Section from 1980–1982, and practicing as an attorney at Sidley Austin for more than 40 years (before and after his tenure at the DOJ).

A celebration of Joe's life will be held at Aldersgate United Methodist Church in Alexandria, VA, on Friday, April 22, at 2pm. In lieu of flowers, the family requests that any contributions in Joe's honor are made to the Not Too Far From Here Fund, which supports the outreach of Aldersgate by providing immediate financial assistance to those in need of housing, clothing, food and medical care (https://onrealm.org/Aldersaate/give/NTFFH).



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McEnearney Associates has always had one motto in mind... not to be the biggest, but the best. For more than 40 years, our Associates have lived in and supported Alexandria, helping to build our town into the thriving community it is today. To learn more about our Associates and our firm, visit **www.WeAreAlexandria.com**

#WeAreAlexandria





Braddock Heights | \$1,175,000

Updated 4-bedroom, 3-bath home! Spacious living room boasts a wood-burning fireplace. Open floor plan leads to the renovated kitchen. Kitchen flows to the sunroom/dining room. Lower-level living room and additional family room. 805 E Timber Branch Parkway

Jen Walker 703.675.1566 www.JenWalker.com



Lorton | \$849,900

Stately 4-bedroom, 3.5-bath colonial with 3500+ SF of finished space. Features an oversize 2-car garage, updated kitchen, family room with 11' ceilings, walkout lower level & a covered porch overlooking the 1/2 acre lot. Close to shopping & recreation. 9016 Kiger St

Wendy Santantonio 703.625.8802 www.WendySantantonio.com



Del Ray | \$899,900

Lovely 2-bedroom, 2-bath detached home with a 2 car garage! Kitchen features stainless steel appliances, granite countertops, ample cabinetry, and a great peninsula island. Sunroom off of kitchen. Spacious backyard. Walk to "The Avenue." 105 E Mason Avenue

Jen Walker 703.675.1566 www.JenWalker.com



Engleside | \$500,000

Enjoy the privacy of this beautiful, 2-level rambler on an expansive landscaped lot (0.28 ac). Thoughtfully upgraded with 3 bedrooms, 2.5 baths. Beautifully refinished lower level with storage, workshop and access to the amazing, flat backyard. 8502 Engleside Street

Christine Fischer 703.930.6349 www.FischerRealEstate.com



Franconia | \$375,000

Beautiful 2-level, top-floor townhome-style condo near Van Dorn Metro & the Beltway. Featuring 2 bedrooms, each with walk-in closets, vaulted ceilings and upgraded en-suite bathrooms. The community has a pool, tot lot, and clubhouse. 5924 Terrapin Place #301

Ayana Brickhouse 703.718.6344 www.ABrickhouseRealtor.com



Springfield | \$610,000

End unit townhouse features 3 bedrooms, 2 full and 2 half baths, deck, fully fenced backyard, and a one-car garage. Hardwood floors throughout the foyer and main level, living room fireplace, and beautifully renovated kitchen. 7903 Gambrill Court

Melissa Rosario 919.518.7288 www.EnjoyLivingHere.com



Alexandria's Online Giving Day

WEDNESDAY, APRIL 27

Stop by for Misha's coffee | 9 - 11AM at 520 King Street

Join us as we give to our favorite nonprofits through Spring2ACTion, Alexandria's Online Giving Day! To see a list of the nonprofit organizations and causes to support, visit: spring2action.org/organizations

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