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OPINION

What Schools Can Do To Fight Climate Change

By Halia Ochieng 6th Grade, GREAT FALLS ES

/ hether vou are concerned about fuel prices, global warming, or dependence on foreign oil producers like Russia or Iran, we need to find ways to reduce energy usage. Fairfax County Public Schools (FCPS) is taking helpful steps towards this goal. For example, FCPS committed to achieve a 20% reduction of energy usage from 2013 to 2023. According to data provid-

ed by FCPS, Great Falls Elementary School (GFES) achieved this goal by 2016. According to the same data, progress at GFES has slowed since then, and other schools may not reach their goal. To accelerate change, schools can consider some simple additional

For example, schools could reduce heating and air conditioning by allowing teachers and students to wear temperature-appropriate clothes. GFES installed heating and lights that switch off automatically after school but could also fully transition to energy-efficient appliances. Cafeteria menus could offer less meat, source foods locally, and switch to reusable trays and utensils. Cafeterias could also start composting systems to reduce fuel for transporting waste. GFES donates leftover supplies to schools in need but could go a step further by coordinating school supply lists between grade levels so students can reuse supplies from previous years.

Schools don't have to act alone. Students, parents, and local governments also play important roles. Students can conserve school supplies, switch to reusable lunch containers, and use recycling bins in the classrooms and cafeterias. Students should take the bus instead of being driven to school, and parents should walk children to the bus stop instead of driving them. If parents do drive, they should at least turn off the car while waiting for the bus or at the Kiss and Ride.

Local governments can help by building safe bike lanes and sidewalks to schools, so students can go to school in a climate friend-

These small changes would help slow the negative impacts of global warming, which include extreme weather, such as floods, hurricanes, and wildfires. These changes also can prevent food insecurity, loss of livelihood and increased water conflict.

Reducing energy can involve up-front expenses, but reduces utility bills in the long-run, allowing FCPS to save money for other needs. As a resource-rich school in a resource-rich county, we can lead the way by showing other schools how these changes are climate-friendly and budget-friendly.

According to the November 2022 issue of



Principal Sara Harper displays energy awards with Halia Ochieng and Alexa Landi, who are 6th graders at Great Falls Elementary School and the co-founders of Climate Conservation Club (CCC).

the Economist, current emission levels will not sufficiently slow global warming. We need more drastic changes to avoid hurricanes and heat waves like those seen recently in Florida and across Europe. To do this, young people need the opportunity to practice energy conservation and learn how their actions impact emissions. It is their futures that are most at stake.



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News



Students rehearse for Langley High School Renaissance Feaste 2022



Ticket available now for Langley High School Renaissance Feaste

Renaissance Feaste 2022

Storied tradition fuses with 21st century composers.

By Mercia Hobson THE CONNECTION

edieval music, entertainment, and food return this holiday season with the Langley High School Renaissance Feaste on Fri., Dec. 2, and Sat., Dec. 3, at 7 p.m. The new choir director at Langley, Caroline Player, is bringing Feaste to the table somewhat differently. Player said that one of her goals was to "make the event even more lively and energized for the students and the audience." She expanded the repertoire by including a modern setting of "Coventry Carol," and an arrangement of "Mary Did You Know?" performed in the style of Pentatonix.

Not to worry, guests looking forward to Feaste classics such as "The Hog's Head Carol," which recounts the ritual of slaughtering a boar and offering its head at the Yuletide feast, and "Wassail," which is an old English phrase for a toast. These songs, along with others, will be brought back. Sometimes it is better to stick with what is tried and true.

Dr. John Jones of McLean serves as a cochair for the Feaste. Because Jones's first pair of twins, boys, graduated from Langley this spring, his second set of twins, girls, left him no choice but to chair again in 2022. In 2021. Jones celebrated the twentieth and final Feast for Dr. Mac Lambert, an educator who had been a mainstay at Langley High School.

Feaste is a family tradition for the Jones family, something Jones said his wife described as "magical" and "difficult to describe until you experience it." Students and parents bring Renaissance splendor to Langley Halle. It is decked out for the holidays with a dazzling stage, long tables set for communal dining, and sparkly lights. Students, clad in medieval garb and masks, perform as jesters, musicians, and singers. The performance features the Merrie Madrigals, the Chamber Choir, and the Bards from the Concert, Treble, and Select Choirs.

The dinner-concert experience is for evwww.ConnectionNewspapers.com





PHOTOS BY BLAKE TIPPENS PHOTOGRAPHY

Madrigals 2021



Renaissance Feaste 2022 showcases an expanded repertoire with a modern setting of "Coventry Carol" and an arrangement of "Mary Did You Know?" performed in the style of Pentatonix.

do not have students in their households come and make it a part of their family's holiday traditions, especially if they have never done so before. Jones assures everyone that you will not be dissatisfied.

Feaste singers such as Nico Morandi-Zerpa, 17, from Great Falls, said that she had always looked up to the madrigals as the ultimate singers in terms of technique and

eryone. Jones recommends that those who that they seemed to be having so much fun performing together. "Once I got in, I found myself being part of an amazing family and singing fun songs every day. Feaste is a collection of so many of those fun songs. It is a total blast," Morandi-Zerpa said.

Lily Chopus, also of Great Falls and 17 years old, reiterated many things that Morandi-Zerpa said. She, too, had a deep love for music and was looking for a group of people who shared her enthusiasm for it. Chopus could finally fit the elective into her schedule for the first time during the 2022-2023 school year. "I knew choir was the right choice. As for Feaste, I remember seeing the Madrigals rehearse last year and being in awe," Chopus said.

Chopus improved her singing abilities by learning more about working with the other choir members to create a cohesive sound. She said they worked on blending and when to bring out specific parts, which is a valuable skill in all aspects of a group ensemble.

The upcoming Renaissance Feaste is one of Kimberley Greer's favorite activities during the school year. Greer is the principal at Langley High School. "Our choral students are so phenomenally talented. This event provides an opportunity to showcase our choral program while also helping our community ring in the holiday season," she said.

"Come for great food, music, and holiday cheer," Chopus said. Reservations are required. Adult tickets are \$45, and student tickets are \$25. Tickets are on sale to the general public now at BrownPaperTickets.com. Note that capacity is limited owing to ongoing safety restrictions imposed by COVID.

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News

Detectives Investigate **Fatal Shooting**

Police report the shooting is believed to be in self-defense.

t 6:08 p.m. on Wednesday, Nov. 9, 2022, officers responded to a home in the 11400 block of Waples Mill Road, Oakton, for a shooting. Officers found Eduardo Santos, 24, of Herndon, inside the home suffering from gunshot wounds to the upper body. Life-saving measures were attempted, but Santos was pronounced deceased by fire and rescue personnel.

Detectives determined the homeowner saw Santos on his property. The homeowner told Santos to leave. Santos then assaulted the homeowner with a stick. The homeowner attempted to retreat inside the home. He was tackled by Santos and injured in the fall. The homeowner was able to make it into his home and he retrieved a firearm. Santos entered the home with a large landscaping rock and advanced toward the homeowner. Santos made it several feet into the home before he was shot.

The homeowner was taken to the hospital to be treated for his injuries.

Detectives continue to investigate to determine what led Santos to the home. Inside the home were two other adults and two children, but no one else was injured. Detectives do not believe there is a relationship between Santos and the occupants of the home.

After canvassing the area, detectives determined Santos was in the area Wednesday afternoon for several hours. Officers received two calls for service involving Santos acting suspicious. On one occasion, officers found him, but no crime was established. Santos refused to speak to police, and he walked away from the area. During the second incident, Santos was

Anyone with information is asked to call detectives at 703-246-7800, option 2. Tips can also be submitted anonymously through Crime Solvers by phone -1-866-411-TIPS (866-411-8477)



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Calendar



"The Rainmaker" will appear at 1st Stage in Tysons through Dec. 11, 2022.

ONGOING

Town of Vienna Holiday Decorating Contest. Ring in the holiday season by participating in the 2022 Town of Vienna Holiday Decorating Contest. This year's theme is "Shine Bright, Vienna!" As in past years, the contest is open to residents and businesses located in the Town of Vienna who are encouraged to create a festive, holiday display that will draw visitors to the town. Displays will be judged by the Town Business Liaison Committee (TBLC) judging panel and voted on by community members. The TBLC judging panel will select business winners on Dec. 8. Community members will also have an opportunity to vote online for the resident and business "People's Choice Award" through Dec. 9 at 12 p.m., and winners will be announced at the regular Town Council meeting at Town Hall on Dec. 9 beginning at 8 p.m., and via social media and the Town website.

NOV. 17 TO DEC. 11

"The Rainmaker." At 1st Stage, 1524 Spring Hill Road, Tysons. "The Rainmaker," written by N. Richard Nash and directed by Deidra LaWan Starnes. Not only is the Curry family farm being paralyzed by a devastating drought, but Lizzie Curry, to the chagrin of her father and brothers, is unmarried with no viable prospects. A charming, confident trickster named Starbuck comes to town and promises to bring rain in exchange for \$100, setting off a series of events that enable Lizzie to see herself in a new light. Show times are Thursdays at 7:30 p.m., Fridays at 8 p.m., Saturdays at 2 and 8 p.m., Sundays at 2 p.m. Tickets: Tickets: \$50 general admission, \$47 seniors (65+), \$15 students, educators, and military. Purchase online at www.1ststage.org or 703-854-1856.

SATURDAY/NOV. 26

Turkey Trot. The Langley Crew Team, winners of multiple state titles, is hosting its inaugural Turkey Trot on Saturday, Nov. 26, a 5K race that will start at Langley High School and make its way through the neighborhood before finishing at the school. The race starts at 9 a.m. on Nov. 26. The registration fee is \$35 through Nov. 1, fee goes up to \$50 after Nov. 1. Participants who register by Nov. 1 are guaranteed a commemorative race t-snirt For residents who cannot make it to the race, you can make a donation and/or if you are a local businesses and residents, consider becoming a Langley Crew Turkey Trot 5K sponsor. Click here https://www.langleycrew. com/page/show/7522386-langley-crew-tur-

SUNDAY/NOV. 27

Celtic Music. 4:30 and 6:30 p.m. At the Old Brogue Irish Pub, 760-C Walker Road, Great Falls. Featuring the Irish Inn Mates. Tickets must be purchased in advance at oldbrogue. com - \$21 general admission.

SATURDAY/NOV. 28

NVMR Train Station Open House. 6-9 p.m. At Vienna Train Station, 231 Dominion Road, NE, Vienna. Stop by the Historic Vienna Train Station where you can see and hear HO scale model trolleys and trains including Thomas and some of his friends on display and in operation. Great family fun and activity for the young and young-at-heart. Hosted by the Northern Virginia Model Railroaders. See www.nvmr.org.

SUNDAY/NOV. 29

Dirty Dancing in Concert. At Capital One Hall,
Tysons Corner. Enjoy the digitally remastered hit film like never before on a full-size cinema screen, with a live band and singers performing the film's iconic songs. With a soundtrack that marked a generation, Dirty Dancing in Concert promises to bring a thrilling new and unique experience to the 80s classic. Directly following the film, the band and singers will throw an encore party that will surely take you back to the time of your life as you sing and dance along to your favorite Dirty Dancing songs.

DEC. 1-4

Tysons Library Book & Media Sale. At Tysons Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Hours: Thursday, 1 December, 10 a.m. - 5 p.m.; Friday, 2 December, 10 a.m. - 5 p.m.; Saturday, 3 December, 10 a.m. - 5 p.m.; and Sunday, 4 December, 10 a.m. - 5 p.m.: Bag sale. \$10 for a full grocery sack or half price if less. Large selection of books and media for all ages and interests. Email: tysonslibraryfriends@gmail.com. Call: 703-338-3307.

DEC.

Toys for Tots Happy Hour. 4:30-6:30 p.m. At Brightview Great Falls, 10200 Colvin Run Road, Great Falls. They will serve festive cocktails, hors d'oeuvres, and plenty of sweet treats. Send an email to Jenn Burns (jburns2@bvsl.net) or Kathy Wagner (kwagner@bvsl.net) to RSVP.

DEC. 2-3

Langley High Feaste. 7 p.m. At Langley High School, McLean. With the approach of the SEE CALENDAR, PAGE 9

Fairfax Water

NOTICE OF WATER RATE AND BUDGET PUBLIC HEARING

December 15, 2022, at 6:30 p.m.

At 6:30 p.m. on Thursday, December 15, 2022, Fairfax Water will conduct a public hearing on its Proposed Schedule of Rates, Fees, and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2023, include the following:

- An increase in the Availability Charge from \$4,510 to \$4,640.*
- . An increase in the Local Facilities Charge from \$19,400 to \$22,090.
- An increase in the Service Connection Charge from \$1,480 to \$1,790.*
- . An increase in the Account Charge from \$41 to \$44.
- An increase in the Quarterly Billing Service Charge for meters larger than the standard 5/8" residential meter. See the Proposed Schedule of Rates, Fees, and Charges for details.
- An increase in the base Commodity Charge from \$3.46 to \$3.65 per 1,000 gallons of water.
- An increase in the Peak Use Charge from \$3.85 to \$4.00.
- . An increase in the Turn Off / Turn On Charge from \$50 to \$53.
- An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.
- · A decrease in the Overhead Charges for Labor from 103% to 102%.
- An increase in the Installation of Sewer Use Meter Charge Inspection Fee from \$40 to \$42.
- An increase in the Returned Payment Charge from \$20 to \$25.

*Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

Fairfax Water is also proposing a \$228 million budget for calendar year 2023¹. Water sales are expected to provide \$202 million and the remaining \$26 million is expected from connection charges, investment income and other sources.

The major areas of operation and maintenance expense are:

	- \$1,	\$1,000s	
Category	2022	2023	
Personal Services & Employee Ben	efits \$ 59,399	\$ 66,276	
Power and Utilities	11,804	14,120	
Chemicals	9,905	11,956	
Purchased Water	7,312	7,513	
Supplies and Materials	5,358	5,462	
Insurance	1,146	1,370	
Fuel	963	1,015	
Postage	584	618	
Contractual Services	11,831	12,912	
Professional Services	1,320	1,365	
Other	2,322	2,613	
Sub-Total	111,944	125,220	
Transfer to Improvement Fund	(10,949)	(11,141)	
Total	\$ 100,995	\$ 114,079	

Net revenues are expected to be appropriated as follows:

Debt Payment	\$46,327,337	
Improvement Fund	\$11,000,000	
General Fund	\$55,563,000	

¹ Fairfax Water's Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.

Visit fairfaxwater.org/rates to view a copy of the proposed changes.

Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Ms. Tonya Clement at 703-289-6029. Interested parties may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water Public Hearing Comments 8570 Executive Park Avenue Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 14, 2022.

to be included in the record of the public hearing.

News



A young girl is embraced as she waits to place her remembrance candle for Helen Bahta Oukubazghi at a day of remembrance organized by Northern Virginia **Families for Safe Streets.** https://novasafestreets.org/



She sets it on the vacant chair.



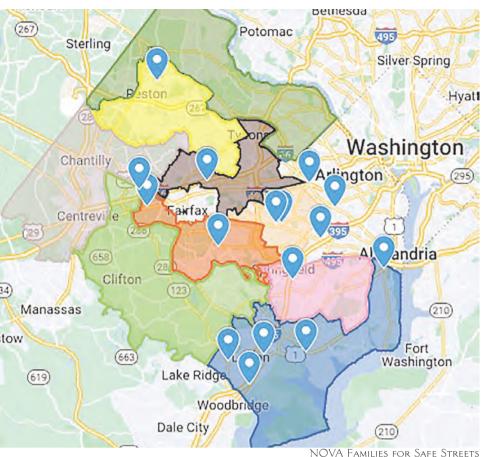
Northern Virginia Families for Safe Streets. https://novasaf-



The crowd listens at a day of remembrance organized by



Representatives of the Fairfax County School Board at a day of remembrance for vulnerable pedestrians organized by Northern Virginia Families for Safe Streets. https://novasafestreets.org/



Each pinpoint is a pedestrian fatality in Fairfax County caused by a vehicle collision. List of 21 victims:

21 Pedestrian Fatalities in Fairfax County in 2022:

1/8/2022, Joel Gonzalez, Male, 22 years old

2/19/2022, Victor Savier Barillas Deal, Male, 28 years old

2/3/2022, Human Xuan, Female, 86 years old 2/10/2022, William Dunn, Male, 83 years old

3/28/2022, Ellie Robinson, Male, 63 years old

4/20/2022, Lloyd Ingram, Male, 58 years old

5/20/2022, Eileen Garnett, Female, 83 years old

5/22/2022, Daniela Bonilla Betancourt, Female, 18 years old

6/7/2022, Name Not Released, Female, <18 years old

6/7/2022, Name Not Released, Female, <18 years old

7/5/2022, Name Not Released, Male 7/6/2022, Doris Anita McPhail, Female, 56 years old

7/8/2022, Keith Thomas, Male, 24 years old

8/18/2022, Albert Sweat, Male, 62 years old

8/24/2022, Chris Baidoe, Male, 26 years old

10/2/2022, Dalchoon Park, Female, 74 years old 10/6/2022, Melidie Kien, Female, 53 years old

10/9/2022, Ligia Jeanette Herrera Betbeder, Female, 63 years old

10/19/2022, Helen Bahta Oukubazghi, Female, 52 years old

10/26/2022, Elise Ballard, Female, 40 years old

11/16/2022, Lesly Diaz-Bonilla, Female, 17 years old

https://novasafestreets.org/world-day-of-remembrance-2022/#2022Fatalities

World Day of Remembrance: 21 Pedestrian Fatalities in Fairfax County

Crashes, injury and death waiting to happen.

driver crashing into a pedestrian or cyclist can be one of the most traumatic collisions anyone experiences. In Fairfax County, especially in its urban areas, there is increased tension between vulnerable road users and vehicle traffic. So far this year, there have been 21 pedestrian fatality collisions in Fairfax County, including three Fairfax County Public School students on their way to and from school, according to Mike Doyle, founder of Northern Virginia Families for Safe Streets.

On Sunday, Nov. 20, grieving residents impacted and concerned, plus Fairfax County Public Schools Superintendent Dr. Michelle Reid. Police Chief Kevin Davis, Supervisor Dalia Palchik (D) and others attended a discussion with members of the Fairfax chapter of Northern Virginia Families for Safe Streets at Oakton High School in Vienna. Doyle founded Northern Virginia Families for Safe Streets in 2017 after being struck by the driver of a car while he was walking in a crosswalk in Old Town Alexandria. Doyle and the others were at Oakton High School to recognize International World Day of Remembrance for Road Traffic Victims 2022.

"Our mission is pretty simple: to advocate for safety on the streets for pedestrians and vulnerable road users," Doyle said. He told of the organization's real-time crowdsourcing near-miss incidents and other dangers, with after classes. are used to advocate for policies and im-said. 6 ❖ Great Falls Connection ❖ November 24-30, 2022

By Mercia Hobson is used to make cases for things like speed The Connection cameras. "We go down to Richmond ... It's a constant effort," Dovle said.

> During the day of remembrance, at least six speakers began to cry or choked up. There were minor solutions told, but the air was like attending a funeral. There was no peace to be found- just heaviness and sorrow and the inevitable next pedestrian crash fatality.

Twenty-one chairs shrouded in white covers formed a semi-circle between Doyle and the audience. "We are going to light a candle in front of each one of these chairs to emphasize that this isn't just statistics; it's people," Doyle said. Slowly the 21 names were read. A young girl stood in line with the elected officials holding candles. She, too, had a candle and waited her turn. Hearing the name Helen Bahta Oukubazghi, the girl walked forward and gently placed her candle in front of the vacant chair. Oukubazghi died when she was crossing Lorton Station Boulevard and a driver struck her, according to the

The county's most recent pedestrian fatality happened on Nov. 16. A 17-year-old Jusdriver hit her as she made her way to school, according to Fairfax County police. Reports state that the student was walking east on now be a full-time position," Tholen said. Columbia Pike when she was hit in the cross-



Superintendent Dr. Michelle Reid

idence) described how all school bus stops are now moved off Blake Lane. The board would continue to partner with the community, whether on the location and routes of bus stops, new traffic signals, traffic lights, or speed zones. School Board Representative Elaine Tholen (Dranesville) said that tice High School student was killed when a the school district is in the process of hiring a new Safe Routes to School person. "We previously had a part-time position that will

In 2022, the NOVA Families for Safe On Jun. 7, two Oakton High School stu- incidents. According to Chief Davis, more porary access while construction is underdents died, and a classmate was seriously needs to be done. He added, "I've been a way. Developers use sidewalks as staging for its Near Miss/Dangerous Intersections injured when they were hit by a speeding ve-Survey. It helps identify locations where hicle while walking on a sidewalk near cam-automated traffic enforcement, and I know bicyclists to get around. pedestrians and cyclists have experienced pus between Blake Lane and Five Oaks Road that's coming to Fairfax County. That changes driving behaviors." Davis described Fair- ing against traffic adjacent to the J.W. Mardata viewable on its website. The statistics "Each of these deaths is preventable," Reid fax County as a suburban jurisdiction with pockets of urban areas continuing to grow. It le-Reston Metro station in Reston because



Police Chief Kevin Davis trian and cyclist fatalities.

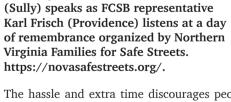
Continuing Danger in Plain Sight

Bruce Wright is a founding member of the Fairfax Alliance for Better Bicycling (FABB). He advocates for safe pedestrian and bicycle access, especially in the urban-rising Metro transit station areas. Wright called attention to three places that could be dangerous in Reston and Herndon as the new Silver Line Metro stations open.

Wright says that the county sometimes Streets dashboard reported 1,828 near-miss doesn't do a good job of giving people temareas, making it harder for pedestrians and

> For instance, people are walking and ridriott Hotel construction site near the Wieh-

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FCSB representative Stella Pekarsky

The hassle and extra time discourages people from walking down to another crosswalk and back again to get to and from the station. "I think someone will get hit, but nothing has been done about it," Wright said.

Another priority for Wright is completing the path on the north side at the newly opened Reston Station on Sunrise Valley Drive and providing a means for passengers Project, which is Van Buren from the interto cross at the Dulles exit. "That's one big one," Wright said.

nects the Washington and Old Dominion per-40s. The road will be striped a few weeks Trail, the Herndon Metrorail Station, and the after it is completed," Ashton said. Herndon Transit-Oriented Core. "It is kind of

Then there will be dedicated bike lanes. a mess," Wright said. "There are plans for the The sidewalks are finished except for the Van provements that make streets safer. The data School Board member Karl Frisch (Prov-requires their best efforts to prevent pedes-construction, one and serious injuries on pedestrians and oth-Alexandria, Arlington, and Fairfax." www.ConnectionNewspapers.com



Mike Doyle, founder of Northern Virginia **Families for Safe Streets**

before it is completed."

According to William Ashton, town manager of the Town of Herndon, three projects near the Herndon Metro Station are in varying stages of completion. The first one, a bicycle path, goes to Worldgate. "That could be in the next couple of months," he said.

Two independent Van Buren Street constructions are underway one block from the Herndon Metro Station. "We have the intersection of Van Buren with Herndon Parkway and then what we call the Complete Streets section back to Spring Street. The road has been milled, but to install pavement, day- have it completed when the station opened, of those who have been most impacted by The Herndon Parkway Cycle Track contime temperatures must be in the mid-to-upbut we couldn't get it done," Ashton said.



the 21 pedestrian crash fatalities in Fairfax County, while the white roses are for those whose loved ones died in crashes.



Mike Doyle speaking. The candles represent intersection of Van Buren Street and Herndon Parkway, located one block from the new Herndon Station on the Silver Line, is pending completion.

block from Herndon Station. "My goal was to er vulnerable road users; elevate the voices traffic crashes; advocate for traffic regulations that will promote safer streets on our NOVA Families for Safe Streets said the roads, and promote the Vision Zero goal of purpose of the Day of Remembrance was to zero traffic fatalities and serious injuries in "call attention to the issue of traffic fatalities" all three Northern Virginia jurisdictions of

Great Falls Connection • November 24-30, 2022 • 7

HOLIDAY CALENDAR

FRIDAY/NOV. 25

Reston Holiday Parade. 11 a.m. At Reston Town Center, Reston. Reston Town Center launches the season with the annual Reston Holiday Parade. The one-of-a-kind, one-hour, half-mile parade along Market Street also welcomes the arrival of Santa and Mrs. Claus in a horse-drawn carriage. Since 1992, rain or shine, the parade has been an annual tradition on the day after Thanksgiving. The Clauses will return for the annual Tree Lighting at 6 p.m.

DEC 1-23

"Snow Maiden." At Synetic Theater, 1800 S. Bell St, Arlington. In a frozen forest, a lonely boy builds a girl from snow. When she mysteriously comes to life, mischief, laughter, and enchantment abound. But what will happen when the ice begins to melt? Told through dazzling movement, dance, and acrobatics, Snow Maiden is a magical tale of hope, friendship and the transformative power of dreams. Based on the beloved folktale Snegurochka, Snow Maiden is a holiday treat for friends and fans of all ages.

DEC. 1-31

Home for the Holidays Art Show. At Arts Herndon, 750 Center Street, Herndon. Works by local artists on display the entire month of December. Visit www.artsherndon. org. Call 703-956-6590.

DEC. 2-17

The PARC at Tysons Holiday Market. Fridays and Saturdays. Celebrate the holiday season with local makers, crafters, and artisans from the Fairfax County area! Visit the holiday market at The PARC at Tysons on the first three Fridays and Saturdays of December for a popup shop of local artisans and small businesses offering holiday-inspired goods. The PARC will be transformed into a festive indoors and outdoors winter village, featuring a local holiday market and (free!) snowtastic activities for the whole family to enjoy! Food and beverages can be purchased onsite from local businesses as well.

DEC. 2-18

Holiday Market. At 2704 Mount Vernon Ave., Alexandria. Del Ray Artisans 27th Annual Holiday Market offers unique handmade fine arts and crafts from local artists. Choose from wall art, pottery, photography, jewelry, glass, and much more! Plus 2023 wall calendars to support Del Ray Artisans nonprofit. Free admission. Market is the first three weekends in December (Dec 2-4, Dec 9-11, Dec 16-18). Different artists each weekend! Open Fridays 6-9 p.m., Saturdays & Sundays 11 a.m.-6 p.m. Details: delrayartisans.org/holiday-market

DEC. 2-11

Fairfax City Holiday Market. Fridays, Saturdays and Sundays. The Fairfax City Downtown Holiday Market ill be open the first two of December on Friday, Saturday and Sunday. Shop at the market of craft vendors as you enjoy Old Town Square in the heart of Historic Downtown Fairfax covered in holiday lights. The festival will include live holiday music, hot drinks, heated tents and gourmet





The McLean Holiday Art & Crafts Festival will take place Dec. 2-3, 2022 at the McLean Community Center.

treats, and more!

Alexandria Scottish Christmas Walk Weekend. Taste of Scotland: Friday, December 2, 2022; Parade: Saturday, December 3, 2022. Campagna Center is pleased to announce a new presenting partnership for the 51st Annual Alexandria Scottish Christmas Walk Parade on Saturday, December 3. The parade will be produced by Visit Alexandria in partnership with Campagna Center nd the City of Alexa of Alexandria's Biggest Holiday Weekend. Learn more about the 2022 parade at ALX scottishwalk. com, or send questions directly to alxscottishwalk@visitalexva.com.

McLean Holiday Art & Crafts Festival. November 24-30, 2022

At McLean Community Center, 1234 Ingleside Ave., McLean. The McLean Holiday Art & Crafts Festival will feature a wide variety of high-quality handmade items just in time for the holidays. This indoor show features the work of 80 talented, juried, regional artisans. Produced by MCC in conjunction with the Northern Virginia Handcrafters Guild, the juried show will be held Friday through Sunday, Dec. 2 through 4. Show hours are 11 a.m. to 6 p.m. on Saturday, Dec. 3; and 11 a.m. to 4 p.m. on Sunday, Dec. 4. Admission is \$5, free for children ages 12 or younger. The admission price is good for all three days of the show. Visit the center's website, www. mcleancenter.org, or call 703-790-0123, TTY: 711.

DEC. 2-3 AND 9-10

Holiday on the Farm. 5:30-7:30 p.m. (timed entries). At Frying Pan Farm Park, 2709 West Ox Road, Herndon. See the farm as you never have before, lit up with hundreds of holiday lights. Wagon rides, indoor activities, food, animal interactions and campfires. One-hour entry in 15-minute slots starting at 5:30 p.m. For times and to register, visit www.fairfaxcounty.gov/parks/ parktakes

Holiday Boat Parade of Lights. Old Town's waterfront will shine for the 22nd Annual Alexandria Holiday Boat Parade of Lights sponsored by Amazon on Saturday, December 3, 2022, at 5:30 p.m. when more than 50 brightly lit boats cruise along one mile of the

parade dockside festivities will entertain parade-goers from 2 to 8 p.m. The boat parade is part of a weekend of festivities including the 51st annual Alexandria Scottish Christmas Walk Parade. Head to Waterfront Park at the foot of King Street, near the official parade start line at the Alexandria City Marina, for festivities from 2 to 8 p.m. including a pop-up beer garden from Alexandria's award-winning Port City Brewing Company, hot chocolate from Dolci Gelati, gourmet popcorn from America's Favorite Gourmet Popcorn and holiday music from 97.1 WASH-FM.

SATURDAY/DEC. 3

Christmastide at Gunston Hall. 10 a.m. to 4 p.m. At Gunston Hall, 10709 Gunston Road, Lorton. Discover Christmases of the past through activities from the 1920s and the 1780s. See how Christmas has changed over time. Help visitors feed their curiosity by thinking about life for different people-enslaved, indentured, wealthy, and poor-at 18th-century Gunston Hall during the holiday season. This family-oriented event includes crafts, games, and live music. Visit the website:

https://gunstonhall.org/events/christmastide-at-gunston-hall/

SATURDAY/DEC. 3

Cookies with Santa. 10 a.m to 2 p.m. Join Reston Association when Santa makes his first stop in Reston. Join the holiday countdown with a cookie jar full of fun and see Santa Claus before he embarks on his annual journey around the world. With a craft, cookies & cocoa and activities to jumpstart your holiday Santa will sure be a highlight. Don't forget your camera! Registration and fee is only for the child, but parents must stay at the event. Contact Ashleigh@reston.org or 703-435-6577.

SEE HOLIDAY CALENDAR, PAGE 10 www.ConnectionNewspapers.com

CALENDAR

FROM PAGE 5

holidays, students at Langley High School are preparing for a time-honored tradition of their holiday Feaste, a festive evening that transports the audience back to Merrie Olde England for Renaissance-style dining and musical entertainment. Guests will encounter a transformed Langley Halle awash with twinkling lights, long, communal dinner tables and a sparkling, holiday-trimmed stage. Students, outfitted with medieval costumes and masks take on the roles of jesters, musicians and singers, featuring the Merrie Madrigals, Chamber Choir and Bards from the Concert, Treble and Select Choirs.

DEC. 2-

Holiday Book Sale. At Centreville Library, 14200 St. Germaine Drive, Centreville. Fiction for all ages (many new titles!), Variety of Nonfiction, DVDs, and Holiday Audio CDs Shop for holiday gifts and support the Library. Friday, Dec. 2 from 1-5 p.m.; Saturday, Dec. 3 from 10-5 p.m.; and Sunday, Dec. 4, from 1-4 p.m. The bag sale will take place on Sunday from 2-4 p.m.

SATURDAY/DEC. 3

Clifton Art Show. 2-7 p.m. At Clifton Town Hall, 12641 Chapel Road, Clifton. Artists offer their works in Fine Art Painting, Jewelry, Sculpture, Photography, Matted Giclee Prints, and Holiday Cards. With Clifton Homes tour 4-7 pm (admission) and a Horse Parade at 2 p.m. Visit the website: artguildofclifton.org

NOW THRU DEC. 31

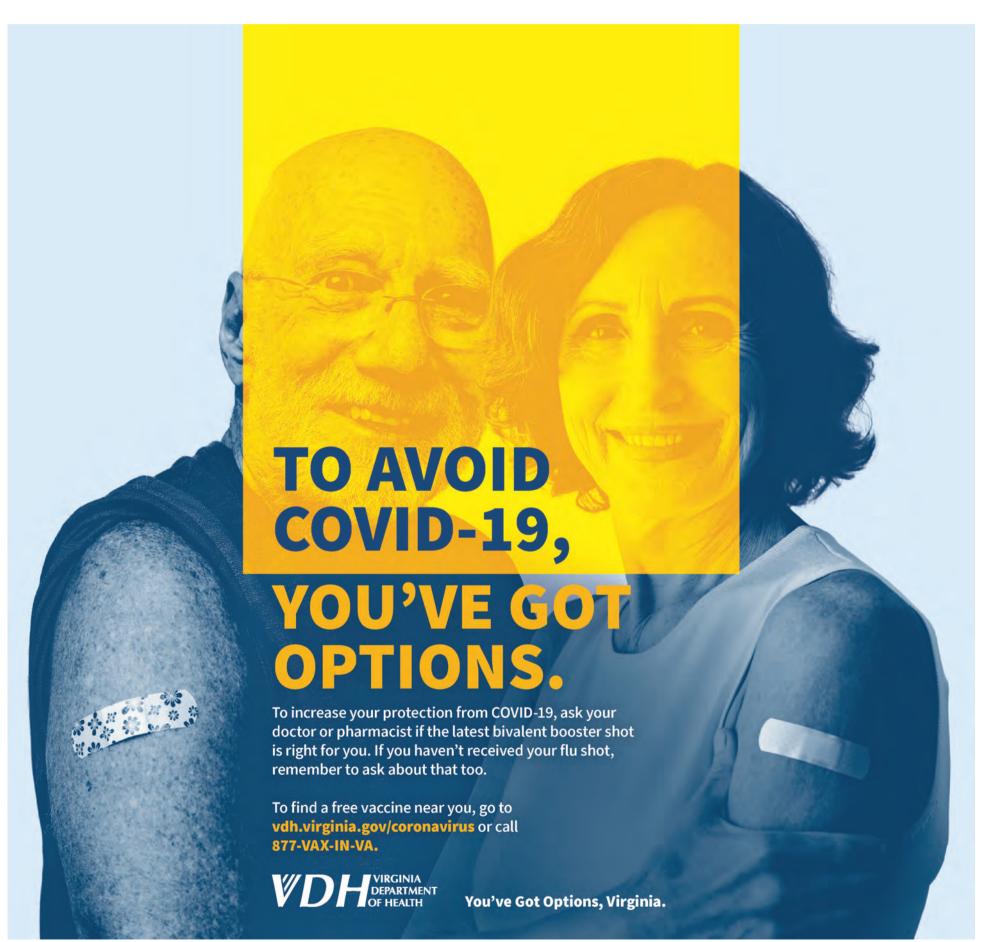
Crafts for Kids. 10 a.m. to 12 noon. At Reston Art Gallery and Studios, 11400 Washington Plaza W at Lake Anne, Reston. Free, themed art projects for children (with guardian) are offered at Reston Art Gallery and Studios every Saturday from 10 a.m. until 12 p.m. Visit the website: www.restonartgallery.com

SATURDAYS UNTIL DECEMBER

The Reston Farmers Market (sponsored by the Fairfax Co. Park Authority) will take place at Lake Anne Village in Reston from 8 a.m.-noon. SNAP beneficiaries receive up to \$20 match. The market will continue until December. Visit http://restonfarmersmarket.com/

GREAT FALLS FARMERS MARKET

The Great Falls Farmers Market Outdoor Market is open Saturdays, 9 a.m. - 1 p.m., 778 Walker Road, Great Falls. For vendors and weekly highlights see https://www.greatfallsfarmersmarket.org/











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From Page 8

SATURDAY/DEC. 3

Claus & Paws. 2-4 p.m. Dress up your pet, bring your camera and take a photo with Santa to share with family and friends this holiday season. Santa will also have a gift for your four-legged family member. This event will be held outdoors at the Lake House, Reston Contact Ashleigh@reston.org or 703-435-

SATURDAY/DEC. 3

Historic Clifton Holiday Homes Tour. 4-7 p.m. In the Town of Clifton. Kick off the holiday season at the Clifton Holiday Homes Tour. This year's tour will feature four historic houses, an open caboose, arts and crafts show in the Town Hall, and a gospel ensemble in the Clifton Primitive Baptist Church. Tickets: Prior to Tour \$20 adults, \$5 child; Day of Tour: \$25/adults, \$5 child. Tickets are available for purchase in town shops/restaurants. Visit http://cliftonva.gov.

SATURDAY/DEC. 3

Herndon Homes Tour. 10 a.m.-4 p.m. Tour Herndon homes decorated for the holidays. Tickets \$15 through Nov. 26; \$20 Nov. 27-Dec. 3. Buy in person at Arts Herndon, 750 Center St., Herndon; (credit, cash or check) and Herndon Florist, 1675 Reston Parkway Suite G, Reston; (cash or check) or online through Dec. 2 at holidayhomesherndon. eventbrite.com. More information at holidayhomestourofherndon.org

SATURDAY/DEC. 3

Gifts from the Heart Exhibit & Shopfts from the Heart Exhibit & Shopping Event. 10 a.m. to 3 p.m. at Reston Community Center at Lake Anne, Reston. People can enjoy the artists' creations on display in the Jo Ann Rose Gallery through January 9, 2023; 3D Gallery exhibit items will remain on display through February 18, 2023. Artist entry fees and 10 percent of all sales will be donated to Cornerstones. The exhibit showcases stones. The exhibit showcases original works of art in a variety original works of art in a variety of media – including oil, acrylic, watercolor, collage, stained glass, ceramic, sculpture and mixed media – with a wide range of sizes and prices. The December 3 sales event will offer the community a phance to purchase attracts and chance to purchase artwork and get into the holiday spirit. RCC will also offer a virtual artists' directory, which will connect visitors with the dozens of artists displaying their wares at Gifts from the HeART. Interested shoppers can shop directly from the artists' links. Find the directory online at www.restoncommunitycenter.com beginning December 3.

SATURDAY/DEC. 3

Holiday Model Train Show. 10 a.m.-4 p.m. At W&OD Caboose Open House, 11 a.m. - 2 p.m. At Arts Herndon, 750 Center Street, Herndon. Contact herndonhistoricalsociety@gmail.com

SATURDAY/DEC. 3

Holiday Tree Lighting & Sing-Along. 5-6 p.m. Carols, tree lighting and a visit from Santa. At Town Hall Square, 730 Elden Street, Herndon. Visit dulleschamber.org or call 571-323-5300.







Holiday Calendar

From Page 10

DEC. 3-4

"The Nutcracker." At Rachel M. Schlesinger Concert Hall, 4915 E. Campus Drive, Alexandria. Presented by Metropolitan School of the Arts. Sat., Dec. 3 and Sun., Dec. 4 at 12 p.m. and 5 p.m. on both days. This year, MSA is replacing the Russian musical suite with Ukrainian folk dance in support of the Ukrainian crisis, and invited Colleen Prince, a dancer/choreographer from Carpathia Folk Dance Ensemble of Washington, D.C. to help choreograph the MSA Nutcracker. Tickets range from \$30 to \$32 per person. Go to www.metropolitanarts org for more information, and purchase tickets at https://ci.ovationtix.com/35491/ production/1140336.

SUNDAY/DEC. 4

Great Falls Tree Lighting. At Great Falls Village Center Field, Great Falls. Join in on Sunday, December 4 for the annual tree lighting at the Great Falls Village Field. There will be pony rides, a petting zoo, school choir performances, Live Nativity, and a special visit from Santa and Mrs. Claus.

SUNDAY/DEC. 4

Herndon Holiday Arts & Crafts Show. 10 a.m. to 4 p.m. More than 70 arts and craft vendors offer unique gifts, decorations and handmade items. Free admission and parking. At Herndon Community Center, 814 Ferndale Ave., Herndon. Visit herndon-va.gov/events. Call 703-787-7300.

SATURDAY/DEC. 10

Wintermarkt. 12-7 p.m. Bringing the Old World charm of Christmas in Europe to Herndon. Family-focused events, entertainment, and items for all members of the household. Downtown Herndon, 777 Lynn Street, Herndon. Visit Herndonwintermarkt.com or call 571-323-5300.

SATURDAY/DEC. 10

Christmas Around the World. 4-8 p.m. At Parkwood Baptist Church, 8726 Braddock Road, Annandale. "Christmas Around the World," celebrating Jesus' birth features concerts, costumed reenactors, live animals, biblical stories. Tickets at www.parkwood.org/registration beginning Nov. 28. Free parking. Visit the website: www.parkwood.org

SATURDAY/DEC. 10

Holiday Cheer. 7:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Arlington. Presented by the National Chamber Ensemble. This program brings the finest classical masterpieces and traditional holiday favorites together for a fun and memorable evening for the entire family. Festivities begin with a "Sleigh Ride" - Leroy Anderson's classic and "Chanukkah Festival". Soprano Nancy Peery Marriott (soprano), a long-time NCE favorite, will perform seasonal favorites and lead a Carol Sing-along that will have

the entire audience joining in the spirit of the holidays. Tickets: https://www.nationalchamberensemble.org/tickets.htm

SATURDAY/DEC. 10

Christmas Calamity Improv. 7-9:30 p.m. Come ring the bells! Improv with a seasonal twist! At Arts Herndon, 750 Center Street, Herndon. Visit artsherndon.org. Tickets \$15. Call 703-

DEC. 10-11

"The Nutcracker." 4 p.m. At Centreville High School, Centreville. Presented by the Mia Saunders School of Ballet. Tickets available at the door or online for Saturday and Sunday shows for \$10 for children under 5 and \$12 for ages 6 & up. Proceeds benefit CVHS Drama Scholarships and the Chesapeake Bay Foundation. More info at MiaSaundersBallet.com.

DEC. 10-18

"The Perfect Christmas List." At Richard J. Ernst Theater, NOVA Annandale Campus. Encore Theatrical Arts Project presents a glamorous and dazzling holiday musical that features 30 performers, creative choreography, elaborate sets, stunning costumes, and 20 musical numbers. Show dates: Saturday, December 10th at 12 p.m., 4 p.m., 7:30 p.m.; Sunday, December 11th at 12 p.m., 4 p.m.; Friday, December 16th at 7:30 p.m.; Saturday, December 17th at 12 p.m., 4 p.m., 7:30 p.m.; Sunday, December 18th at 12 p.m., 4 p.m. Visit www. encore-tap.org

TUESDAY/DEC. 13

Holiday Concert Series. 8 p.m. Presented by Encore Creativity for older Adults. At George Washington Masonic Memorial, Alexandria. Encore's local choral ensembles - Encore Chorales, Encore ROCKS and Sentimental Journey Singers - will perform crowd-pleasing holiday songs with live musical accompaniment in a variety of venues in Virginia. Visit the website: encorecreativity.org/events/ category/performance

FRIDAY/DEC. 16

Appalachian Bluegrass Christmas. 7-9:30 p.m. Music and readings with Shoestring Theatre, Arts Herndon, 750 Center Street, Herndon. Visit artsherndon.org. Tickets \$10. Call 703-956-6590.

SATURDAY/DEC. 17

Open for the Arts - Holiday Open House. 10 a.m.-6 p.m. Children's activities with A Thousand Stories, Herndon Books Arts Herndon, 750 Center Street, Herndon. Visit artsherndon.org. Call 703-956-6590.

SATURDAY/DEC. 17

Wreaths Across America. Noon. Volunteer wreath laying ceremony honoring veterans. At Chestnut Grove Cemetery, 831 Dranesville Road, Herndon. Visit herndonwomansclub.org. Call 703-435-3480

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

MCLEAN COMMUNITY CENTER SEEKS **AMBASSADORS**

To assist in fulfilling its mission to provide programs of interest to area teens, the McLean Community Center (MCC) is launching a new initiative, MCC Youth Ambassadors. The purpose of the new initiative is to empower teens to collect and share their classmates' ideas and feedback with the MCC Governing Board. McLean and Langley high school students enrolled in 9th-12th grades who reside in Dranesville Small District 1A are eligible to apply for the volunteer positions. The deadline to apply is Friday, Dec. 9. MCC is located at 1234 Ingleside Ave.

Youth Ambassadors will serve as liaisons between community youth and the two youth members of the MCC Governing Board, Sarah Tran (Langley High boundary area) and Charlotte Loving (McLean High boundary area). The ambassadors will promote MCC activities via their social media platforms and through will also assist in planning events and activities targeted to the youth of McLean in support of acquiring their growing participation in MCC programs. Ambassadors will meet monthly at MCC or the Old Firehouse Center to discuss public feedback and plan future activities.

BUSINESS **DIRECTORY**

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Potomac Centre View

Weight For It, Wait ...



By KENNETH B. LOURIE

For the first time in almost my entire six-decades plus of eating, I heard something from a doctor (my oncologist) that I had never heard before: "Kenny, you need to gain some weight."

The first reaction I had was to recall (in my mind) Robert Di Niro's famous "You talking' to me?" bit from the movie "Taxi Driver." But since I was the only cancer patient sitting in the examining room and the oncologist was speaking directly to me from approximately three feet away, it was me. I just couldn't believe, process even, these never-before-heard words.

These words were directed at me for good reason. I'm not even fitting into my older brother's hand-me down jeans anymore, almost all of which were too tight. Now, these jeans are all too big. In addition, my belt hangs around my waist as it no longer has enough holes to make for a tight fit anymore. And when I had to wear a suit last week to attend a funeral, it was very nearly tent city. To say I was swimming conjures water. Let me assure you, there was no water where I was swimming. I was on dry land and standing helplessly in front of a mirror reflecting on my appearance. Ultimately, I did find something to wear. However, the problem was; I was the one wearing it, not the Kenny from last year.

This juxtaposition from my normal overweight to this very uncharacteristic underweight was not exactly my intention. It's more a combination of teeth issues and the dry-mouth side effect of my thyroid cancer medication. Though I'm not exactly a shell of my former self, I am nonetheless, svelte, you might say? And why might I be svelte? Because I've never heard the word used to describe me before so I'm not sure it applies. But to guote Popeye, that famous sailor: "I y'am what I y'am." I just hope that my future weight gain doesn't involve eating spinach out of a can. Early suggestions from the peanut gallery suggest otherwise: to include drinking multiple cans of boost per day, eating Ben & Jerry's ice cream at will, without caring which one is will, and eating more than a bagel and cream cheese for breakfast/lunch every day.

This need to eat - for my health, is the complete and total reversal of my lifelong relationship with food. Generally speaking, I am not a "healthy" eater. I'm more a carbohydrate kind of person who prefers cake, cookies, and ice cream. Vegetables, fresh fruit, fish and the like were never much on my dietary radar. If they ever were, I'd try and jam the signal so I wouldn't be embarrassed by my refusal to even try anything different. Eating has always been the bane of my existence. I'm a meat and potatoes chocoholic who doesn't eat well in front of others. A dinner invitation to eat a meal at somebody's home is fraught with anxiety for me. Invariably, there will be food I won't eat. As such, I'll try to sit next to my wife at the far end of the table away from the hosts so I can sneak food I don't eat onto her plate. Since she's a good eater, possibly what I discard onto her plate won't be left in limbo.

This self-assessment comes from a former adolescent who spent countless hours in the Husky Department in Filenes, Jordon Marsh, Kennedy's, and Raleigh's in downtown Boston trying to find "school clothes." As a result, I've stood over so many piles of clothes in dressing rooms which didn't fit and/or had to try on and then walk a kind of shame onto the floor where my mother was anxiously waiting to see if what I had tried on, even fit and if it did, would it meet with her approval. Twice a year, I endured this shopping hell; fall and winter, spring and summer. I remain partially traumatized to this day. Not to mention all the "fat"-type nicknames my brother had for me: "Fatso," "Blimp," "Endicott Chubb," and "Corpulent," to name a few. But since he was my biggest booster, it never really bothered me. Still, I was never ever told I needed to eat. Far from it. I ate plenty, just the wrong stuff. Yet, in 2022, that's what I'm being told. Eat anything I want;

You might as well try to turn an ocean liner around after it's headed out to sea. It hardly turns on a dime, and as far as my eating habits/tendencies, et cetera, neither do I.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

