



# The Arlington Connection

## Missing Middle Housing Moves Ahead

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“Reality Check Rally” in opposition to the missing middle housing proposal drew hundreds, but the proposal continues to advance.

PHOTO CONTRIBUTED ENTERTAINMENT, PAGE 5 ♦ CLASSIFIEDS, PAGE 6



# Missing Middle Housing Moves Ahead

Months of protests include “Reality Check Rally” that drew hundreds last Sunday.

BY SHIRLEY RUHE  
ARLINGTON CONNECTION

Most Arlingtonians agree it is important to have more housing options available in the county. But they agree on little else.

Sunday, Jan. 8 several groups held a “Reality Check Rally” in an ongoing attempt to slow down the Missing Middle Housing Plan (MMHP) that was released by the county on April 28, 2022. Hundreds gathered at Innovation Elementary to hear experts detail the flaws with Missing Middle housing.

The April 2022 report stated the priority of the MMHP was to reduce housing costs, add more housing supply, and add housing choices that reflect the needs of the whole community. However, deep opposition had already surfaced by the June 18, 2022 County Board meeting. By the January 2023 rally, opponents had spent months raising issues about the potential impact of Missing Middle Housing on a dwindling tree canopy, overcrowded schools, parking problems, a stressed infrastructure and raising property values and taxes. Opponents said more research and a strategic plan are needed reflecting the impact of the housing plan on key aspects of everyday life.

Despite the appearance of opponents at County Board meetings, a number of petitions and over 100 County Board conversations, little changed in the plan as it moved through the various stages. Sunday hundreds of people gathered to hear housing experts, economists, planners, attorneys and a former Arlington County Board member.

Many argued that Missing Middle housing won’t work to provide affordable units and that there is no incentive for developers to seek out the least expensive lots and replace the single family housing with four-to-eight rental units.

One of the sticking points is whether



PHOTOS CONTRIBUTED

Scenes from a rally in opposition to the missing middle housing proposal earlier this month

er Missing Middle Housing will be more attainable for teachers, public safety employees and service workers. The County maintained new housing types would be attainable for households of \$108,000-200,000. Opponents argue in most cases new housing will be more expensive than existing housing. Average income for a law enforcement officer in Arlington is \$74,000; and for a teacher is \$62,000.

Despite slowing down the process by several months, the Missing Middle Housing Plan has steadily moved ahead. The County Board is expected to take its first vote on Jan. 21 to advertise zoning and General Land Use Plan amendments to enact the MMHP. The Board’s final vote to approve the Plan is expected in March.

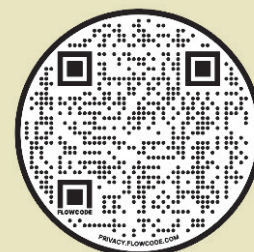


## Arlington's Annual Tribute to Rev. Dr. Martin Luther King, Jr.

***Come hear the story of how MLK visited Arlington, Virginia before the 1963 March on Washington.***

**Sunday, January 15**  
5-6:30 p.m.

Wakefield High School  
1325 S Dinwiddie St.,  
Arlington, VA





# NEWS

## COVID Outbreak Strains Resources at Homeless Services Center

BY SHIRLEY RUHE  
ARLINGTON CONNECTION

**T**he outbreak of the coronavirus at the Homeless Services Center (HSC) in Arlington is “organized chaos,” said Kasia Shaw, nurse practitioner and Senior Director of Medical Services. “There is no predictable schedule and every day is different. It’s hard to visualize how it works. But it does work like a well oiled machine.”

The grouping of positive cases began on Dec. 25 and was declared an outbreak status by public health on Dec. 28. Since then 20 cases of coronavirus have been identified among homeless clients and seven among HSC staff. By early January a number of clients had finished their required quarantine.

Shaw looks at today’s bed list. “There were three new cases Wednesday night when we regularly test for COVID so the outbreak continues. Currently there are 2 in isolation on the 7th floor and 4 more in the respite beds. “Last week there were 13 cases in isolation all at once.”

Betsy Frantz, President and CEO of Path-Forward which operates the Homeless Services Center, says “Luckily we haven’t put any of them in the hospital. One hundred percent of our staff have been vaccinated, and at last count 85 percent of the homeless clients.” She says, “Nothing is mandatory. We give the clients the personal choice. It is better here than other places. It helps to have a nurse practitioner here to educate them on vaccinations.”

Shaw says in some ways the outbreak is easier to cope with this time round and in other ways it’s not. “We are not as afraid of it this time. We are sadly normalized by COVID.” But she says in a congregate setting like the center it is more difficult. “You and I can go home and isolate in place and have family around to support us but in a congregate facility it is our responsibility to keep everyone safe.” She adds, “Our job is to provide service. I just had COVID but I had to keep working from home. I couldn’t stop.”

Also she adds that people had gotten used to wearing masks the first time around but since the community is not wearing masks anymore, it is more difficult to convince the homeless clients that it is the right thing to do. The clients who stay in the shelter unless they have medical need are required to leave each morning at 8:30 so there can be a deep clean of the facility. They come back at noon, grab lunch in the cafeteria and go to their bed on the 3rd floor unless they have tested positive for COVID and are sent to the 7th floor.

Frantz says another issue is burn-out by front line workers. “We are losing them. They are exhausted. We have really felt it with the case workers who can’t work from home. They need to be face to face to see the body language and look clients in the eye. And a lot of the homeless clients aren’t tech



PHOTO CONTRIBUTED

**Kasia Shaw is in full protective gear as she administers COVID tests at the Homeless Services Center.**

savvy to be able to do a virtual meeting.”

Frantz adds it has taken not only a physical but an emotional toll on the staff. “I watched their shoulders drop when we geared up to do this all over again. Everyone is exhausted. There is no recovery.” She says her desire is to give bonuses and extra pay to front line workers. “They are coming to work.”

However, another related issue is the drying up of federal funds which could be used for bonus pay and were used to house Covid positive homeless clients in hotels to keep them isolated. These funds stopped some months ago.

With no Federal dollars for hotels, all clients must be accommodated in the HSC which has caused reshuffling of services and accommodations such as closing the dining room and classrooms and moving Covid patients to the 7th floor. “It’s not as easy as it sounds moving people from one place to another and keeping them safe. We changed the entire layout. The good news is we know what to do.”

Those who test positive for COVID are isolated on the 7th floor which they share with the hypothermia patients. The COVID isolation area is separated by men and women with each having a cot and a partition. “They are spread out with plenty of distance so they don’t spread germs to others who stay there,” Frantz says. The COVID area is also separated from the hypothermia area. They receive meals in a paper carton delivered to their cot.

Shaw’s day begins about 7:30 am when she checks in on the positive cases on floor



PHOTO BY SHIRLEY RUHE/THE CONNECTION

**Arlington Homeless Services Center at 2020A Fourteenth Street**



PHOTO CONTRIBUTED

**Kasia Shaw, nurse practitioner at Homeless Services Center, examines a client.**

7 and on the patients in the five respite beds set up for those recovering from serious illnesses with nowhere else to go. Then there will be several clients asking to see her about things that have arisen during the night — maybe medication refills or assistance with a medical bill. If there is time she will move to administrative paperwork but dealing with things that arise in the moment.

There may be questions or concerns from the homeless clients who don’t have COVID and are housed on the third floor as part of the regular day program. There are 34 beds available to men and 12 available for women. There may be other concerns there that need checking or reports from a con-

cerned community member about a suspected homeless person on the street who she needs to go see.

Shaw says the biggest challenge is getting into a new normal routine. A lot of the programs offered at the HSC such as education classes and job training have been put on the back burner. The ultimate goal is to get the clients into permanent housing. “It starts looking like COVID is under control and then — boom! Every time we think we can bring services back, every time we think we are good to go, we go two steps back.”

But Frantz says, “We are very fortunate to live in an area that has compassion. Arlingtonians try to help when they can.”



# 'Tragic, Senseless and Cold-Blooded'

**Arlington man charged in June murder in City of Fairfax.**

By BONNIE HOBBS  
THE CONNECTION

**N**ot only did Joshua Danehower pump 10 bullets into Gret Glycer while he slept, said the prosecution last week, but he'd made a written blueprint in advance, outlining exactly how he planned to murder the Fairfax City man.

"Police found the gun that Danehower used, in his apartment in Arlington – and then discovered something even more chilling," said Fairfax County Assistant Commonwealth's Attorney Eric Clingan. "Under his desk, in a red binder, was a document containing a step-by-step plan of how he was going to kill Mr. Glycer. He'd originally planned to do it at Glycer's office, a few miles away."

Clingan was presenting his opening statement during Danehower's preliminary hearing, last Wednesday, Jan. 4, in Fairfax County General District Court. Glycer, 32, was killed June 24, 2022. Four days later, police arrested Danehower, 33, charging him with second-degree murder and use of a firearm in the commission of a felony.

Glycer lived on Bolton Village Court with his wife and two young children and was head and founder of nonprofit DonorSee, which raises money for the world's poorest people. But his life was cut short, said Clingan, around 2:50 a.m., "in the deep dark of night. His wife awoke to the sounds of him being shot. This was a tragic, senseless and cold-blooded killing."

During the course of the two-hour court hearing, Clingan called several witnesses whose testimony provided various pieces of the prosecution's case against Danehower. Clingan noted, as well, that Danehower had obtained a concealed-carry permit for his gun two months before the murder.

The prosecutor also entered several items into evidence, including the 9 mm Glock pistol alleged to be the murder weapon, bullet casings from it, Danehower's fingerprints



The victim: Gret Glycer

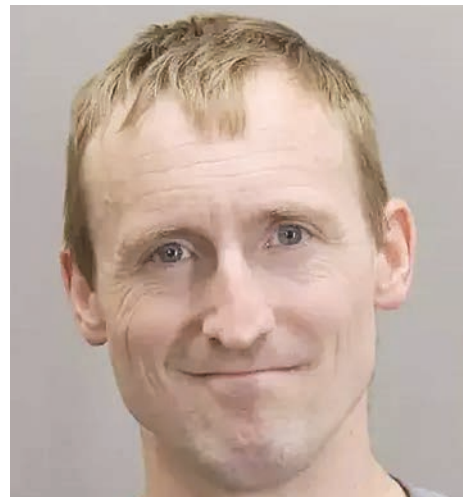
and written plan, Glycer's autopsy photo and report, and a certificate of analysis stating that the bullets fired into the victim, and their casings that were found, all came from Danehower's gun. At the end, Judge Susan Stoney found probable cause that he did, indeed, commit this crime and sent his case to the next grand jury for possible indictment.

Defense attorney Bryan Kennedy declined to make an opening statement. Then Clingan played the 911 call Glycer's wife made after the incident. Distraught, she said, "I woke up, and my husband has blood coming from his head." The shooting occurred in the Glyers' master bedroom on the first floor, while their children were asleep upstairs.

Fairfax City Police Officer Larry Luna testified that officers arrived at the home around 3 a.m. and discovered the rear door "wide open" but not damaged. Entering the bedroom, he saw Glycer's body with "four, visible, facial gunshot wounds and no breathing" and said the victim didn't respond when he said, "Sir, sir." He then photographed Glycer and observed what he believed were 9 mm cartridge casings but didn't touch anything.

Det. Albert Leightley with the Fairfax City Police Department's Criminal Investigations Division then processed the crime scene and collected evidence from it. He photographed, collected and packaged all 10 cartridge casings and later brought them to the Virginia Department of Forensic Science (DFS) in Manassas for examination.

Leightley also attended Glycer's autopsy, and Clingan later had Glycer's father identify



The suspect: Joshua Danehower

in court an autopsy photo as that of his son. The detective said Danehower became a suspect when "a pastor/friend of Glycer's wife contacted police about him in the investigation's early stages."

He said Arlington police assisted in executing the resulting search warrant at Danehower's apartment. "We found a 9 mm Glock pistol in a dresser drawer," said Leightley. And in court, he opened the box containing the weapon and identified it as the one police had seized during their search.

He also identified the document found in the red binder underneath Danehower's desk. "It's a computer printout, with a map of Fairfax City with some stars on it, and writing saying, 'The Plan,'" testified Leightley.

He didn't go into further detail about what it said; but he noted that he took it to the Department of Forensic Science for testing to discover possible latent fingerprints on it. He also obtained Danehower's fingerprints to be compared against any found on that document, as well as on the weapon and bullet casings.

During Kennedy's cross examination, Leightley said police looked for signs of forced entry, both inside and outside the Glycer home, but found none. "We also found no signs of a struggle," he said. In Danehower's apartment, said Leightley, "We recovered two [firearm-loading] magazines, plus a box of 9 mm ammunition."

Fairfax City Police Det. Joseph Pittman testified that, after checking with Virgin-

ia State Police, they learned that, in April 2022, Danehower bought a 9 mm Glock from Sharpshooters Indoor Range & Pro Shop in Lorton. Pittman and another detective went there, June 27, 2022 – three days after the murder – and obtained records of Danehower's gun purchase, plus the shooting-practice time he'd logged at that range.

The manager then told them Danehower was scheduled to arrive soon for a shooting lesson that day at noon. So, explained Pittman, "I spoke to the instructor, prior to it, and had him place Danehower at the far right end of the range where no one else had been practicing. And I had his photo so I could identify him when he arrived."

After pointing him out in court, Pittman continued. "From the manager's office, I watched Danehower practice with a Glock and then pick up his shell casings and place them on a table," said the detective. "I collected nine of them after he left and gave them to Det. Leightley."

Testifying next was Bronwyn McMaster of the DFS's Firearm and Toolmark section. She'd examined two of the cartridge casings from the crime scene, plus one from the shooting range, and said casings are what's left after an automatic weapon, such as a Glock, is fired.

"Marks transfer from the firearm to the ammunition during the firing process," she said. "They're individual and can be distinguished from one another. I identified these marks and determined that all three casings [I examined] were fired from the same firearm." McMaster further stated that these three casings were all fired from the 9 mm Glock police had given her to examine, as well.

Last, Anneliese Deitz, a forensic scientist with the DFS's Latent Prints section, said she used special lights, cameras and chemicals to capture latent fingerprints on the document from the binder. Then, comparing them to Danehower's fingerprints, she said three of the prints on the document matched his prints.

Judge Stoney then gave her own conclusion. "This court finds the commonwealth has proved probable cause that both crimes were committed by this defendant," she said. "I will certify both of them to the grand jury." If indicted, Danehower will then be tried in Circuit Court.

## Wreaths Across America Day Clean-up

**Scheduled for January 21 at Arlington National Cemetery.**

**N**ational Wreaths Across America Day 2022 took place at 3,702 participating locations across the country, including at Arlington National Cemetery, where the program originated. Volunteers placed more than 2.7 million wreaths on veterans' headstones nationwide while saying each name out loud. At Arlington National Cemetery, the

Wreaths program saw more than 28,000 volunteers place 257,000 veterans' wreaths on Saturday, Dec. 17, 2022.

Volunteers are needed for this year's wreath retirement known as 'Wreaths Out' on Saturday, Jan. 21, 2023, at Arlington National Cemetery, beginning at 8 a.m.

There will be no vehicular access permitted on cemetery grounds until 3 p.m. The

public will be permitted to park in the Arlington National Cemetery parking garage beginning at 8 a.m. on a first-come, first-served basis. Rideshare and taxi drivers using Memorial Avenue must drop off adjacent to the Arlington Cemetery Metro stop.

All visitors will be required to pass through the cemetery's security screening process before entering the cemetery. Prohibited

items include large bags or backpacks, firearms and weapons of any type, laser pointers, aerosol containers, soda cans, coolers, picnic baskets, tripods, lighters, screwdrivers (or similar tools), air horns, personal protection sprays and insulated beverage containers. Clear plastic water bottles are permitted.

Learn more here: <https://www.wreath-sacrossamerica.org/pages/19520/News/903/?relatedId=0>



# CALENDAR

## JAN. 2-27, 2023

Bright New Days. At Gallery Underground, 2100 Crystal Drive, Crystal City Shops, Arlington. First Friday Opening Reception: Friday, January 6, 2023, 5-7 p.m. The Focus Gallery of Gallery Underground will present Bright New Days, an all-member show celebrating all the possibilities of the coming new year. This exhibit will showcase the talent and diversity of art styles of the membership.

## FRIDAY/JAN. 13

Seeds: Selecting and Starting. 10:00 – 11:30 a.m. Online. Jumpstart your vegetable garden! Get the scoop on seed selection – hybrid vs. heirloom, which seeds to start indoors and what's required to get them growing. Extension Master Gardener Beth Buffington will explain how to make your own starter pots, create simple lighting systems, and practice winter sowing by starting seeds outdoors in milk-jug greenhouses. Germination is complex, but seed starting is reassuringly simple! Free. RSVP at <https://mgmv.org/events/> to receive a link to participate.

## MONDAY/JAN. 16

Dr. Martin Luther King Jr. Celebration. 10 a.m. Workshop. 11 a.m. Program featuring Civil Rights leader Dr. Otis Moss Jr., Olivet Institutional Baptist Church of Cleveland, Ohio. At 1601 13th Road South Arlington. Presented by the Arlington Coalition of Black Clergy.

## FRIDAY/JAN. 20

Caring for Your Native Plants Garden. 10 – 11:30 a.m. Online. In response to requests from viewers of our sustainable landscaping programs, Extension Master Gardener Elaine Mills will discuss gardening techniques with a focus on gardens with native plants. Following the cycle of the seasons, she will cover such tasks as dealing with winter storm damage and salt; doing a soil test and interpreting results; winter and summer pruning of native trees and shrubs; planting, dividing, and cutting back native perennials, grasses, and sedges; dealing with summer flooding and drought; and making use of fall leaves. She will also share information on making wise selections of plants and choosing lawn alterna-

tives as well as year-long practices to encourage and support local wildlife. Free. RSVP at <https://mgmv.org/events/> to receive link to participate.

## SATURDAY/JAN. 21

The Capital City Showcase, which produces events all over the DMV, is excited to announce our first three editions of The Comedy Karaoke Trivia Funtime Show in 2023! Bring a team or fly solo and win prizes by dropping knowledge in a trivia competition, then duking it out in a karaoke battle! Hosted by the fantastic Christian Hunt! This event is every month at Highline RxR, located at 2010 Crystal Drive, Arlington. Upcoming events: Saturday, January 21st, at 7:30 p.m. featuring Dana Fleitman; Saturday, February 4th, at 7:30 p.m. featuring Damo Hicks; Saturday, March 4th, at 7:30 p.m. featuring Josh Kuderna.

## SATURDAY/JAN. 21

Winter Light Reception. 5-7 p.m. At 5053 Lee Highway, Arlington. The show runs thru Jan. 28, 2023, and will feature 16 works from 12 artists. The featured artists are: Kay Bailey, Roberto Bocci, Jon Breeding, Jennifer Brewer Stone, Sarah Hardesty, Melanie Kehoss, Sharon Malley, Molly McCracken, Nan Morrison, Robbie Namy, Courtney Nguyen, and Alice Whealin.



The Arlington Coalition of Black Clergy are holding a Martin Luther King Jr. Celebration on Monday, Jan. 16, 2023.

## FLOURISHING AFTER 55

Office of 55+ Programs  
Department of Parks and Recreation, 300 N. Park Dr., Arlington, VA 22203, 703-228-4747

55+ Programs are in person at 55+ Centers, unless otherwise noted. A 55+ Pass is required to participate (starting at a \$20 annual fee). To join or register, go to [registration.arlingtonva.us](http://registration.arlingtonva.us) or call 703-228-4747.

55+ Centers will be closed Monday, Jan. 16 in observance of Martin Luther King, Jr.'s birthday.

Beginner quilling class led by instructor Joni Leonardo. Learn to create images from coils of paper to decorate note paper, Thursday, Jan. 12, 1:30 p.m., Lubber Run 55+ Center. Registration # 912310-08.

MLK's "I Have A Dream" speech and what made it so inspiring and powerful, Thursday, Jan. 12, 1:30 p.m. Presented by retired GMU Professor Don Boileau, virtual. Registration # 912899-03.

Movies and munchies at Walter Reed 55+ Center, Thursday, Jan. 12, 3 p.m., watch "The Descendants" (2011) (R). Registration # 912804-10.

What is acupuncture? Learn about this traditional Chinese medical practice from acupuncturist Becky Reynolds FNP LAc, Thursday, Jan. 12, 11 a.m., Langston-Brown 55+ Center. Registration # 912500-18.

55+ Travel group will tour The Barnes Foundation in Philadelphia, Saturday, Jan. 14. A docent led tour of one of world's greatest collections of impressionist, post-impressionist, modern paintings and much more. Cost \$54, Arlington resident; \$62 non-resident. Registration # 902301-03.

Rock music legends Sam Cooke, Otis Redding and The Temptations will be featured Tuesday, Jan. 17, 1:30 p.m., Lubber Run 55+ Center, registration # 912400-40 or virtual, registration # 912400-41. Musician Carl Gold will discuss and play examples of their music.

Genealogy 101, learn about family's roots, share information and tools, Tuesday, Jan. 17, 11:30 a.m., Lubber Run 55+ Center. Led by experienced genealogist Eileen Bogdanoff. Registration # 912402-05.

Dementia 101, basic information and latest progress in science and medicine, Wednesday, Jan. 18, 12 p.m., Arlington Mill 55+ Center. Presented by Kay Yong, Insight Memory Care Center. Registration # 912500-09.

The Lost City of Jackson, the story of a federal city once planned on the south side of the Potomac River, presented by nature center staff, Wednesday, Jan. 18, 5 p.m., virtual. Registration # 912400-31.

Current magazine articles discussed in a group facilitated by librarian Vicky McCaffrey, Wednesday, Jan. 18, 11 a.m., Aurora Hills 55+ Center. Registration # 912402-18.

What's in a Will? Elder Law Attorney Ed Zetlin will discuss the importance of having a will, Wednesday, Jan. 18, 11 a.m., virtual. Registration # 912404-02.

Opera appreciation, discuss the Life of Mozart through the prism of opera, led by volunteer George Cecchetti, Wednesday, Jan. 18, 1:30 p.m., Lubber Run 55+ Center. Registration # 912300-06.

SEE FLOURISHING, PAGE 6

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**THE CONNECTION NEWSPAPERS**

back to 2008  
are available at  
**http://connectionarchives.com/PDF**

## FLOURISHING

FROM PAGE 5

Free orientation at Langston-Brown's fitness center, Wednesday, Jan. 18, 1 p.m. Sign up by emailing Fitness Program Manager Michelle Atkin at matkin@arlingtonva.us.

Arlington Senior Golf Club informational meeting, Wednesday, Jan. 18, 11:30 a.m., Walter Reed 55+ Center. Newcomers welcome. For more information, contact Membership Chairman Dennis MacDonald at dkmacdonald@att.net or visit arlingtonseniorgolfclub.org.

Vinyl records and rootbeer floats, sip a tasty treat while listening to favorite music, Thursday, Jan. 19, 6 p.m., Lubber Run 55+ Center. Bring some of your own records to share or just come to listen. Registration # 912801-03.

Movie showing, "Father Stu" (2022) (R), Thursday, Jan. 19, 1 p.m., Arlington Mill 55+ Center. Registration # 912804-07.

An explanation of the features and symbolism of the new Dwight D. Eisenhower Memorial in D.C. honoring the nation's 34th President and WWII Supreme Allied Commander, Thursday, Jan. 19, 1:30 p.m., virtual. Presented by a National Park Ranger. Registration # 912400-32.

Library of Virginia's Genealogy Series focuses on estate and inventory records, deeds and unclaimed personal property records, Thursday, Jan. 19, 2 p.m., virtual. Presented by Community Outreach Specialist from the Library of Virginia. Registration # 912400-37.

Recreate artworks on display at area museums with Community Arts Programmers, from the comfort of home, Thursday, Jan. 19, 10 a.m., virtual. Registration # 912303-10.

Behind the scenes and beneath the surface of three famous artists, Friday, Jan. 20, 10 a.m., virtual. Presented by Community Arts Programmer Jim Halloran. Registration # 912302-02.

Acoustic Hour with music from the 50s and beyond provided by local musicians Carl Gold, Ed Girovasi and Phil Rosen, Friday, Jan. 20, 1 p.m., Aurora Hills 55+ Center. Registration # 912301-03.

55+ Travel group will lunch together at Peking Gourmet Inn, Friday, Jan. 20. Cost \$48, Arlington resident; \$55, non-resident. Registration # 902301-05.

**CALENDAR**

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**Let us know about an upcoming event**

**connectionnewspapers.com/Calendar**



## BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

### ARLINGTON BOARD NAMES JIM L. SHELTON COUNTY AUDITOR

At its Organizational Meeting on January 3, 2023, the County Board appointed Jim L. Shelton as the County Auditor. Mr. Shelton will be responsible for conducting independent and comprehensive audits and reviews of County programs and operations. He will also serve as the primary staff liaison to the Audit Committee.

Under the direction of the County Board and the Audit Committee, and in parallel with the County's internal audit function within the Department of Management and Finance, Mr. Shelton will develop annual work plans for and conduct programmatic and operational audits and reviews of County departments and operations.

Mr. Shelton brings 24 years of audit review and financial management experience to Arlington County. For the last nine years, he served as the Fairfax County Board of Supervisors Auditor, managing audit work plans, conducting audit reviews, and developing recommendations focused on increasing county revenues, reducing expenditures, and improving the efficiency and effectiveness of resources. "The Board is excited that Jim Shelton brings a wealth of experience that will grow and mature the Office of the County Auditor in supporting the Board's goal of ensuring that the performance of government provides maximum value for taxpayers," said Christian Dorsey, Chair of the Arlington County Board and Co-Chair of its Audit Committee.

Mr. Shelton holds a BS/BA in Accounting from Xavier University and an MBA from Fontbonne University. He is a Certified Risk Professional by the Bank Administration Institute (BAI) and a Virginia Government Finance Officers' Association member.

The Board voted unanimously to approve Mr. Shelton's contract. He will start work with the County on January 5, 2023.

### DONATIONS NEEDED

Pet Food Bank. AWLA has established a Pet Food Bank to serve qualifying residents of Arlington County and the City of Falls Church. In consideration of the effect financial obstacles have on a pet owner's ability to afford pet care, the AWLA Pet Food Bank program's goal is to keep family pets out of shelters. If you are an Arlington County or City of Falls Church resident and are in need of assistance in feeding your pet, follow this link and fill out a pre-registration form. Visit [goo.gl/forms/s2FuFdaYWDm4t-Pw2](http://goo.gl/forms/s2FuFdaYWDm4t-Pw2).

Donations Needed. Our Lady Queen of Peace Catholic Church, 2700 South 19th St., is seeking to replenish its food pantry. Particularly needed are rice (large bags appreciated, the pantry will rebag), dry beans, canned vegetables, soup, small jars of peanut butter, small jars of jelly, pasta and pasta sauce. Donations are collected during Mass each Sunday. Visit [www.ourlady-queenofpeace.org](http://www.ourlady-queenofpeace.org) for more.

### NEW OFFICERS GRADUATE FROM SESSION 147 OF TRAINING ACADEMY

Friends, family and coworkers gathered on December 19, 2022, to celebrate a significant milestone in the careers of Arlington County Police Department's 14 newest officers as Session 147 graduated from the Northern Virginia Criminal Justice Training Academy. Graduation from the Academy is part of the new officers' journey to becoming solo police officers in Arlington County, a process that spans approximately one year. As part of their ongoing training cycle, the newly graduated officers will now complete local and field training programs.

The Arlington County Police Department is committed to recruiting individuals from all backgrounds who possess the necessary qualifications to serve our diverse and inclusive community. Session 147 reflects this commitment and consists of nine men and five women. They hail from six different states, Costa Rica, Nepal and England. Thirteen of the officers hold higher education degrees, including two with advanced degrees. Two officers are military veterans, having served in the United States Army. Session 147 includes officers fluent in Spanish, Nepali and American Sign Language.

Additionally, Officer T. Kettleman was awarded 1st place in firearms proficiency during the graduation.

### ONGOING

Online Salary Negotiation Workshop. AAUW (American Association of University Women) Work Smart is free online for anyone looking to learn how to negotiate a salary increase or promotion. Why is negotiation so important? AAUW's research on the gender pay gap shows that, one year out of college, women are already paid significantly less than men. Visit [salary.aauw.org](http://salary.aauw.org).

Create a Wildlife Sanctuary. The Audubon at Home Wildlife Sanctuary certification program assists homeowners in restoring their home's natural habitat by providing information on sustainable gardening practices. These practices include using native plants, removing invasive species, reducing use of pesticides and fertilizers, and creating space for native flora and fauna. Visit [audubonva.org/audubon-at-home-1/](http://audubonva.org/audubon-at-home-1/) for more.

Naloxone (Narcan) can save the life of someone who is overdosing, if given in time. Anyone who assists a person in need is protected from liability by the Good Samaritan Law. Naloxone (Narcan) is available without a prescription for a fee at all pharmacies. Obtain it for free by attending a REVIVE! training. Contact Emily Siqveland at 703-228-0913 or [esiqveland@arlingtonva.us](mailto:esiqveland@arlingtonva.us) or visit [health.arlingtonva.us/opioid-awareness/](http://health.arlingtonva.us/opioid-awareness/) for available training sessions. The Chris Atwood Foundation also offers training to the public. Visit [www.chrisatwoodfoundation.org/naloxone](http://www.chrisatwoodfoundation.org/naloxone) for details.

Monthly Memory Café. 1-3 p.m. at 7910 Andrus Road, Suite 6, Alexandria. The Memory Café, a social gathering for individuals living with memory loss and their families, virtually. Registration is free and highly recommended to reserve spots, which are open on a first come first served basis. To reserve a spot, please call 571-210-5551 or email [bdesai@seniorhelpers.com](mailto:bdesai@seniorhelpers.com). Visit [www.dementiacareconnections.com/memory-cafe](http://www.dementiacareconnections.com/memory-cafe) or [www.seniorhelpers.com/arlington-alexandria-va](http://www.seniorhelpers.com/arlington-alexandria-va) for more.

Arlington County, in partnership with the Human Rights Commission's Equality Task Force, has launched a web page with resources for the LGBTQ community. The new webpage compiles LGBTQ resources on a variety of topics, including homelessness and housing, domestic violence and sexual assault, and health. There are also topics specifically for teens and youth — such as scholarship opportunities and school clubs — as well as ones targeted at seniors and older adults, such as SAGE. Visit [topics.arlingtonva.us/lgbtq-resources](http://topics.arlingtonva.us/lgbtq-resources).

Aging Matters. 2-3 p.m. Tuesdays on WERA 96.7 LP FM on Arlington's community radio station. Each week host Cheryl Beversdorf interviews individuals with expertise about a broad array of aging related topics affecting the lives of older adults and their loved ones. Visit [www.facebook.com/agingmatterswera](http://www.facebook.com/agingmatterswera) to listen to programs. MICHAEL W. SMITH Returns to The Birchmere, May 19, 2022, 7:30pm, Alexandria, VA.

Volunteer Bike Repair Night. First Tuesday of the month, 6-9 p.m. at Phoenix Bikes, Barcroft Park, 4200 S. Four Mile Run Drive. Volunteers gather to refurbish bikes, sort parts or help with essential tasks. No experience necessary.

Public Financial Fraud, Waste and Abuse Hotline. Arlington County launched a new public hotline that offers a confidential and secure way to report suspected incidents of financial fraud, waste and abuse. Anyone can submit a complaint to the hotline at 1-866-565-9206 or at [arlingtonva.ethicaladvocate.com](http://arlingtonva.ethicaladvocate.com). The hotline website is available in English and Spanish. Phone calls can be taken in many languages.

Created by the Arlington Initiative to Rethink Energy (AIRE) in partnership with the Arlington Public Library, the nation's First Energy Lending Library made its debut on Earth Day. Meant to resolve energy issues in the Arlington community, efficiency tools such thermal imaging cameras, energy meters and books play a vital role in achieving a "greener" home. Open Sun-Sat 10 a.m.-9 p.m. 1015 N. Quincy St. Visit [library.arlingtonva.us/locations/central-library](http://library.arlingtonva.us/locations/central-library) or call 703-228-5990.

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Thank you to the hundreds of supporters who helped to keep all your Connection Newspapers alive throughout Alexandria, Fairfax County Arlington County and Potomac, Md. along with affiliated websites and digital media. Now we need help again in 2022.

Each local newspaper's mission aspires to provide greater community service, and we do know that our communities are better off if we continue to publish. Last year's financial support from readers and supporters like you bridged the shortfall before Federal PPP funding arrived, and both made our survival possible. We now await a decision for a grant from Rebuild Virginia in early February that we hope will help us in 2022 and beyond. But we need help to survive the first quarter, always a brutal time for cash flow in weekly newspapers. Thank you.

Please, help save these historical papers.

All gifts will be used to fund our printed newspapers and websites and to meet obligations to our loyal and patient employees, writers, contractors and suppliers.

The ongoing pandemic continues to crush many newspapers across the country, and our newspapers continue to be at risk. The Northern Virginia area's best read and most trusted source for community news includes the Alexandria Gazette Packet, Mount Vernon Gazette and all Connection Newspapers in the metropolitan region.

The pandemic has been a bear, financially and otherwise. Revenue plummeted at the beginning in 2020. Some beloved advertisers have stayed the course supporting us throughout, and many more have done what they can. In the fall of 2021 we saw the return of some advertising for events and Grand Openings, but now ominous clouds the horizon in so many ways. Revenue still remains short of expenses despite our greatly curtailed costs.

Connection Newspapers has been offering these local newspapers to residents for over 200 years. Countless residents have grown up with these papers covering significant moments in the lives of family and children, news, community events, school activities, and even pictures of your dogs and cats. Internet news and large national newspapers cannot provide the local connection or historical connection that local papers like Connection Newspapers and the Alexandria Gazette Packet provide. If your child, dog, mother, father, neighborhood, school has been featured, you understand the value of local community newspapers.

Visit [connectionnewspapers.com](http://connectionnewspapers.com) or <https://www.gofundme.com/f/help-keep-your-newspaper-printing>

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## Loss for Words



By KENNETH B. LOURIE

I never wanted to write this column. Although for much of the summer, the idea of my brother pre-deceasing me was as real as it could get: 15 days in S.I.C.U. being tended to round the clock after he was admitted with sepsis; still, every day that he survived gave us hope. And then actually he began to get better and after 10 weeks was transferred to the adjacent rehabilitation hospital to assist in his recovery from the septic shock. And likewise, he made progress there. So much so that they scheduled the Colo-rectal surgery for the following week. Which occurred without too much fuss or complication. After continued improvement, he was finally released. The sepsis seemed to be in the rear-view mirror as Richard continued to make progress at home. He was driving, shopping at Costco, eating foods he hadn't enjoyed for almost two years (thinking he was exacerbating his IBS by doing so, which as it turned out, he didn't have). We even had a surprise birthday dinner for Richard in his home on Fri., Oct. 28. When the dining room table was set, Vanessa (his wife) called upstairs for Richard to come down and have dinner. He got on the inclinator and then smoothly reached the bottom of the stairwell, where he saw the three of us (Vanessa, Dina and I) all sitting at the table waiting for his arrival. When the inclinator stopped at the bottom of the staircase, Richard looked over on our direction, He broke out in a big smile, and graciously thanked Vanessa for her efforts in arranging the dinner and our participation in it. It was by all accounts, Richard's recovery notwithstanding (and it was mostly mobility issues at this point), a completely normal occasion. As it so happened, though I spoke to him daily in the following weeks; this date, his birthday, Oct. 28, was the last time I saw him I saw him alive. My brother Richard died at his home in the early morning hours on Dec. 3.

He had recently started an every-three-week chemotherapy infusion to knock out the few remaining cancer cells which a fancy DNA-driven blood test indicated were present. I understand, as a cancer patient, the need, instinct almost, to do all you can to rid yourself of the cancer. But on balance, he was not in any kind of distress. In fact, he was thriving, almost. His oncologist suggested a three-month infusion to eradicate any remaining cancer cells. It all seemed routine, so Richard began the protocol. Immediately, experienced problems. He was exhausted, weak, not eating and rarely getting out of his bed. He was so tired, he could barely speak on the phone. The last conversation we had, after he picked up the phone, he said, "KB, I'm too tired to speak. I'll call you tomorrow." Those were my brother's last words to me. A day and a half later, Vanessa called me at 8:15 in the morning, after having found Richard on the floor at the foot of his bed in his dressing room where he had been sleeping to low-impact Vanessa, crying: "KB, he's gone. He was alive at 4 am when I visited, and I just went to check on him. I have to call you back; the police are here."

It was not a shock, but it was a surprise. We all thought, his many doctors included, that he had survived the sepsis and was on track to a reasonably normal recovery. A recovery where he's likely to have deficits/challenges, but nothing insurmountable.

His passing is a real problem for me. Not that I actually made the calls every day, but had I, he would have been the first call I made in the morning and the last call I made at night. We were as close as two brothers could get. And even though he was almost five years older than me, we maintained an extremely healthy relationship (sports, politics, sense of humor, The Three Stooges) for the entirety of his life. Moreover, once I was diagnosed with "terminal cancer" in 2009, he became my champion, attending any medical appointments I had with my oncologist and/or endocrinologist and always being available to talk. Once I received this diagnosis, I figured I would predecease him. And now, for him to die before me, it throws my whole system of checks and balances out of whack. It will be much harder for me to "stay between the navigational beacons" to invoke an Alan Jackson song, stay on course, and fight my own cancer battles. I will not descend into the abyss or anything, but I am much worse off not having my brother alive. He was always in my corner, always reachable. Not anymore. That's the end of an era – for me. My go-to is gone. Next week: more of the same.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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