

# CONNECTION

Burke ♦ Fairfax ♦ Springfield ♦ Fairfax Station

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MAY 11-17, 2023

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

**NOTICE TO THE PUBLIC OF AN APPLICATION BY  
VIRGINIA ELECTRIC AND POWER COMPANY  
FOR APPROVAL AND CERTIFICATION OF ELECTRIC TRANSMISSION FACILITIES:  
LINE #2011 230 KV PARTIAL REBUILD PROJECT  
CASE NO. PUR-2023-00049**

NOTICE MAP  
Line #2011 230 kV Partial Rebuild Project  
Dominion Energy Virginia

Attachment V.A

On March 31, 2023, Virginia Electric and Power Company ("Dominion" or "Company") filed with the State Corporation Commission ("Commission") an application ("Application") for approval and certification of electric transmission facilities in the Cities of Manassas and Manassas Park, and the Counties of Prince William and Fairfax, Virginia. Dominion filed its Application pursuant to § 56-46.1 of the Code of Virginia ("Code") and the Utility Facilities Act, Code § 56-265.1 *et seq.*

Through its Application, the Company proposes to complete the following, which is collectively referred to as the "Partial Rebuild Project" or "Project":

- Rebuild approximately 7.25 miles of the existing overhead 230 kilovolt ("kV") Cannon Branch-Clifton Line #2011 from existing Structure #2011/68, which is located one span outside of the Company's existing Cannon Branch Substation and is not being replaced, to the Clifton Substation. Specifically, the Company proposes to replace the existing Line #2011 1590 ACSR (45/7) conductor from Structure #2011/68 to Clifton Substation with three-phase twin-bundled 768.2 ACS/TW type conductor, designed for a maximum operating temperature of 250 degrees Celsius and a minimum summer transfer capacity of 1,573 megavolt amperes. In order to accommodate the higher capacity of the uprated conductor, the Company additionally proposes to replace the existing single circuit 230 kV monopoles, which are primarily weathering steel monopoles, with single circuit 230 kV weathering steel monopoles capable of supporting the proposed conductor.
- Replace all substation equipment at the Clifton Substation that is associated with Line #2011 and not currently rated for 4000 ampere ("A") to provide a 4000A single breaker rating.
- Uprate the Company's line switches to 4000A at the Prince William Delivery Point ("DP") and Battery Heights DP, both of which are the City of Manassas's DPs tapped from Line #2011.

According to the Application, Dominion proposes the Partial Rebuild Project to comply with mandatory North American Electric Reliability Corporation Reliability Standards and the Company's mandatory planning criteria, as well as maintain reliable electric service for overall load growth projected in the Project area. The Company states that existing right-of-way ("ROW"), existing easements, and Company-owned property are adequate for the proposed Partial Rebuild Project, and that no new ROW is necessary.

The Company states that the desired in-service date for the proposed Partial Rebuild Project is December 31, 2025. The Company further states that the estimated conceptual cost of the proposed Partial Rebuild Project (in 2022 dollars) is approximately \$31.7 million, which includes \$27.3 million for transmission related work and \$4.4 million for substation-related work.

**Description of the Route**

The proposed route for the Partial Rebuild Project is located within an approximately 7.25-mile existing transmission line corridor, which includes the 230 kV Line #2011. The existing transmission line corridor for the proposed route of the Partial Rebuild Project originates at Structure #2011/68, one span southeast of the Cannon Branch Substation, which is located directly south of Foster Drive in the City of Manassas. The route then continues northeast for approximately 5.30 miles through Prince William County and the Cities of Manassas and Manassas Park paralleling the Norfolk Southern Railroad to the Prince William County and Fairfax County line. From this point, the Partial Rebuild Project continues easterly along the Norfolk Southern Railroad for approximately 1.76 miles to Structure #2011/3 in Fairfax County before turning north and terminating at the Clifton Substation, which is located at the end of Clifton Creek Drive in Fairfax County.

For the proposed Partial Rebuild Project, the existing engineered steel monopole structures, which are primarily weathering steel, are proposed to be replaced with new weathering steel monopole structures. The minimum proposed structure height is approximately 80 feet, the maximum proposed structure height is approximately 145 feet, and the average proposed structure height is approximately 116 feet, based on preliminary conceptual design, excluding foundation reveal and subject to change based on final engineering design.

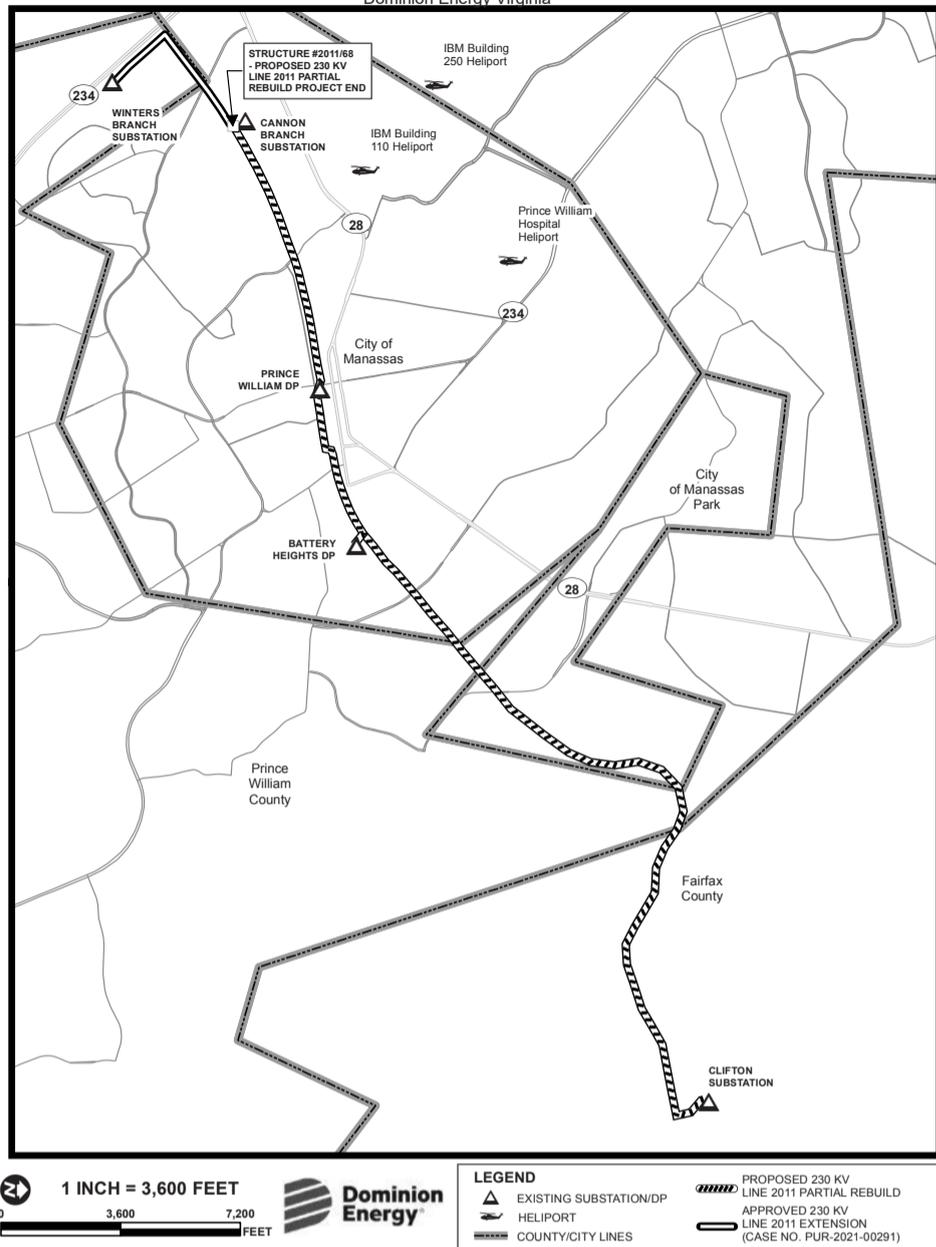
All distances, heights, and directions are approximate. A sketch map of the proposal accompanies this notice. A more detailed map may be viewed on the Commission's website: [scc.virginia.gov/pages/Transmission-Line-Projects](http://scc.virginia.gov/pages/Transmission-Line-Projects). A more complete description of the proposed Partial Rebuild Project may also be found in the Company's Application.

The Commission may consider a route not significantly different from the route described in this notice without additional notice to the public.

To promote administrative efficiency and timely service of filings upon participants, the Commission has directed the electronic filing of testimony and pleadings, unless they contain confidential information, and required electronic service on parties to this proceeding. In accordance therewith, all pleadings, briefs, or other documents required to be served in this matter shall be submitted electronically to the extent authorized by 5 VAC 5-20-150, *Copies and format*, of the Commission's Rules of Practice and Procedure ("Rules of Practice"). Confidential and Extraordinarily Sensitive Information shall not be submitted electronically and should comply with 5 VAC 5-20-170, *Confidential information*, of the Rules of Practice. Any person seeking to hand deliver and physically file or submit any pleading or other document shall contact the Clerk's Office Document Control Center at (804) 371-9838 to arrange the delivery.

Electronic copies of the Application and other supporting materials may be inspected at: [www.dominionenergy.com/cliftonwintersbranch](http://www.dominionenergy.com/cliftonwintersbranch). An electronic copy of the Company's Application also may be obtained by submitting a written request to counsel for the Company: Vishwa B. Link, McGuire Woods LLP, 800 E. Canal Street, Richmond, Virginia 23219, [vlink@mcguirewoods.com](mailto:vlink@mcguirewoods.com).

On or before August 1, 2023, any interested person may submit comments on the Application by following the instructions found on the Commission's website: [scc.virginia.gov/cascomments/Submit-Public-Comments](http://scc.virginia.gov/cascomments/Submit-Public-Comments). Those unable, as a practical matter, to submit



comments electronically may file such comments with the Clerk of the State Corporation Commission c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. All such comments shall refer to Case No. PUR-2023-00049.

On or before July 17, 2023, any person or entity wishing to participate as a respondent in this proceeding may do so by filing a notice of participation at [scc.virginia.gov/clk/efiling](http://scc.virginia.gov/clk/efiling). Those unable, as a practical matter, to file a notice of participation electronically may file such notice by U.S. mail to the Clerk of the Commission at the address listed above. Such notice of participation shall include the email addresses of such parties or their counsel. The respondent simultaneously shall serve a copy of the notice of participation on counsel to the Company. Pursuant to 5 VAC 5-20-80 B, *Participation as a respondent*, of the Commission's Rules of Practice, any notice of participation shall set forth: (i) a precise statement of the interest of the respondent; (ii) a statement of the specific action sought to the extent then known; and (iii) the factual and legal basis for the action. Any organization, corporation, or government body participating as a respondent must be represented by counsel as required by 5 VAC 5-20-30, *Counsel*, of the Rules of Practice. All filings shall refer to Case No. PUR-2023-00049.

On or before July 17, 2023, any interested person or entity may file a request that the Commission convene a hearing on the Company's Application with the Clerk of the Commission at [scc.virginia.gov/clk/efiling](http://scc.virginia.gov/clk/efiling). Those unable, as a practical matter, to file a request for hearing electronically may file such request for hearing by U.S. mail to the Clerk of the Commission at the address listed above. Such request for hearing shall include the email address of the filer or its counsel, if available. Requests for hearing must include: (i) a precise statement of the filing party's interest in the proceeding; (ii) a statement of the specific action sought to the extent then known; (iii) a statement of the legal basis for such action; and (iv) a precise statement why a hearing should be conducted in this matter. The interested person shall simultaneously serve a copy of the hearing request on counsel to the Company at the address set forth above. All requests for a hearing shall refer to Case No. PUR-2023-00049.

Any documents filed in paper form with the Office of the Clerk of the Commission in this docket may use both sides of the paper. In all other respects, except as modified by the Commission's Order for Notice and Comment, all filings shall comply fully with the requirements of 5 VAC 5-20-150, *Copies and format*, of the Commission's Rules of Practice.

The Company's Application and other documents filed in this case, the Commission's Rules of Practice, and the Commission's Order for Notice and Comment may be viewed on the Commission's website at: [scc.virginia.gov/pages/Case-Information](http://scc.virginia.gov/pages/Case-Information).

VIRGINIA ELECTRIC AND POWER COMPANY

# Lorton Farmers Market Opens For Season



Lorton Market grocery vendors had flowers and herbs for sale, as well as cool weather crops such as kale and other greens, and locally grown strawberries.

## Lorton makes ten open markets.

BY SUSAN LAUME  
THE CONNECTION

**B**lue skies prevailed as Mount Vernon Supervisor Dan Storck rang the opening bell to start Lorton Farmers Market's 2023 season at 9 a.m. on May 7. As vendors pitch their open-air tents and tend to setting up their displays, the ringing bell equates to unlocking the shop door, signaling that vendors may begin sales. Supervisor



Owner Nadja Naimon boxes some of her sweet Brigadeiros for a customer at the Lorton Farmers Market.

PHOTOS BY  
SUSAN LAUME  
THE CONNECTION



Market coordinator Caroline Hockenberry joined Supervisor Dan Storck (D-Mount Vernon) to ring the bell and officially open the Lorton Farmers Market for the 2023 season.

Storck took on the task of opening the market on this first day of the season which will fall to the Lorton market manager to start each Sunday's market until the season close in November.

Caroline Hockenberry, Fairfax County Park Authority's Farmers Market Coordinator, also was present to get the site's market off to a smooth start. Hockenberry vets possible vendors and seeks to recruit businesses to provide new, interesting, and tasty options for market patrons.

One such vendor, new to the Lorton market this year, is Beijo Snacks. Owner Nadja Nainon

makes brigadeiro, a traditional Brazilian dessert. The name means "brigadier" in English, created by a confectioner in Rio de Janeiro to honor a Brazilian military figure. The classic variety is similar to a truffle, includes condensed milk and cocoa, but without a hard shell.

Lorton Market's opening was the final opening of ten farmers markets operating on various days of the week, Wednesdays through Sundays at various locations and times throughout Fairfax County. For days/times/locations/vendors see <https://www.fairfaxcounty.gov/parks/farmersmarkets>

# City of Fairfax Adopts its FY 24 Budget

## Residential real-estate taxes to rise by 1.5 cents.

BY BONNIE HOBBS  
THE CONNECTION

**I**n February, Fairfax City Manager Rob Stalzer presented his proposed FY 24 budget to Fairfax City Council. In it, he recommended raising the residential real-estate tax rate by 3 cents, from its current \$1.01 per \$100 assessed valuation to \$1.04.

And while the Councilmembers agreed with the majority of his budget proposals, on this one, they sided with the residents – who will already be receiving higher tax bills because of recent increases in their property assessments.

So after various public hearings, work sessions and discussions, the budget Council adopted last Tuesday, May 2, did raise the real-estate tax, but by half the amount Stalzer had recommended. Instead, the new tax

rate will go up just 1.5 cents to \$1.025 per \$100 assessed valuation.

At the outset of the special budget meeting, Councilmembers Tom Ross and Billy Bates teamed up to propose reducing the advertised FY 24 tax rate of \$1.04 by a half-cent and then by 1 cent. But both motions failed, 4-2, with Councilmembers Jeff Greenfield, Jon Stehle, So Lim and Kate Doyle Feingold all voting no.

One penny of the tax rate equals \$767,906 in City revenue, so Stehle then made a motion to decrease the City's FY 24 tax revenues by \$383,953 more – for a total of \$1,151,859 – by cutting the proposed rate by 1.5 cents and therefore adopting a real-estate tax rate of \$1.025. Lim seconded the motion.

"This keeps us above a 15-percent unassigned fund balance [to maintain Fairfax City's AAA bond rating]," said Stehle. "And it keeps the establishment of a budget-stabilization fund."

Agreeing with the further reduction, Greenfield said, "If we do nothing, real-estate taxes will still go up because of increased property-value assessments." Then, directly

addressing the residents, he said, "We get it; we hear you about the impact across the City. This budget fully funds the staff's and Council's priorities, while still enabling us to be good stewards [of the City's finances]."

Lim said she appreciated her colleagues' collaborations so they could come to an agreement. And, added Doyle Feingold, "This allows our residents to keep their own money for a rainy day."

Saying he'd support it, Ross said, "The use of our tax dollars is evident in the City services the residents receive [in exchange]." Then, in several roll-call votes, the Councilmembers unanimously approved the new real-estate tax rate, as well as a personal-property and machinery-and-tools tax rate remaining at \$4.13 per \$100 assessed valuation.

The personal-property tax rate for qualified members of the City's volunteer fire departments and volunteer rescue squads was set at 1 cent per \$100 assessed valuation. All these tax rates take effect Jan. 1, 2024. In addition, the FY 24 budget fully funds the City School Board's tuition request of \$55,554,400.

Furthermore, this budget funds City em-

ployee salary hikes as follows: Also effective Jan. 1, 2024, a 3.5-percent merit pay increase for eligible employees and a 2-percent market-rate adjustment, effective July 1, 2023, to general pay scales, to retain parity within the region.

In October 2022, public-safety employees were moved to a step system, and the FY24 budget proposes a 1-percent cost-of-living increase, effective July 1, 2023, in addition to annual step increases.

The overall budget also recommends major CIP investments, especially in recreation, transportation, wastewater and general-government projects. And the budget adoption included approval of the FY2024-2028 CIP.

Approved, too, was a 6-percent wastewater utility rate increase to cover the City's share of operations at the county's wastewater-treatment plant, plus a 6-percent stormwater facility fee hike to support this City facility's operations.

At the end of last week's meeting, Stehle thanked and congratulated the City staff members who created the budget for Council's consideration. "Putting together a budget is a huge effort," he said. "Job well done."

# Safety-Challenged Intersection Desperately Needs Improvements

Fairfax City Council OKs new Chain Bridge/Eaton Place design; final design and construction in 2 years.

BY BONNIE HOBBS  
THE CONNECTION

For several months, Fairfax City has wrestled with the problem of how best to improve the intersection of Chain Bridge Road (Route 123) and Eaton Place. City Council discussed it at work sessions and regular meetings, and residents gave their own feedback during an open house in late February.

Concerns included traffic congestion, tree removal and safety at this Northfax intersection that's seen more than 75 vehicle accidents and three fatalities in the past six years. And ultimately, Council approved the design recommended by the City's transportation staff.

"We have a tremendous safety hazard there," said Councilmember Tom Ross prior to the vote

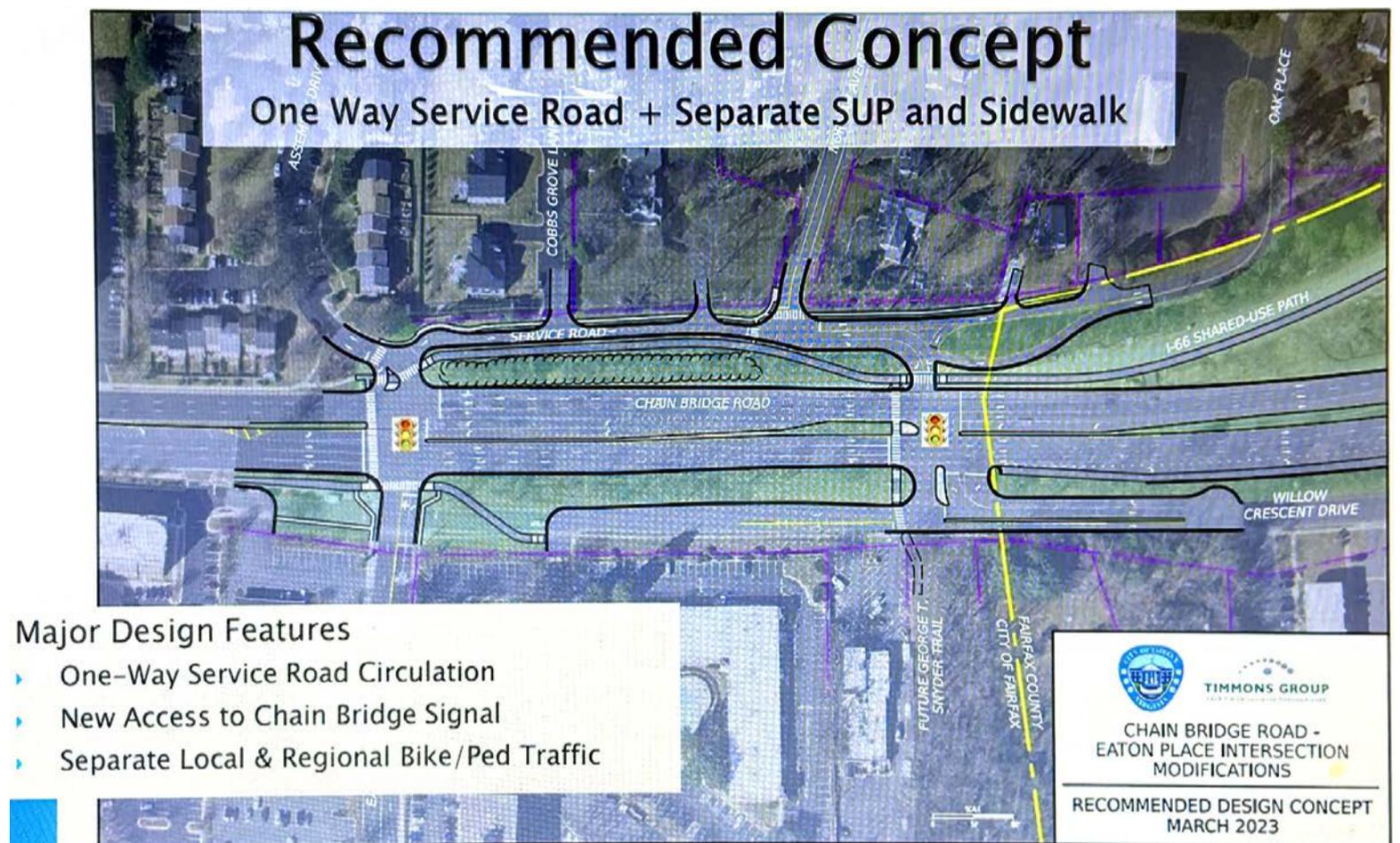
**"It's a 7-way intersection, instead of a 4-way, and it has 66 conflict points."**

— Nick Soucy, Timmons Group

during the April 11 meeting. "Close to 400,000 vehicles/week travel that route. I've seen accidents at that site – people have been killed there. It serves as a commuter route for the region, but it's also near and dear to the people who live in that area. And we owe it to the residents to move forward with a solution tonight."

The primary design components include the following improvements:

- ❖ Conversion of the west-side service road to one-way inbound from Chain Bridge Road;
- ❖ Construction of a new exit for



- Major Design Features**
- One-Way Service Road Circulation
  - New Access to Chain Bridge Signal
  - Separate Local & Regional Bike/Ped Traffic

Fairfax City transportation staff's design plan for the intersection of Chain Bridge Road and Eaton Place, plus a shared-use path (SUP).

Cobbdale vehicular traffic via a new traffic signal (being installed by VDOT) north of Eaton Place;

- ❖ Construction of a residential sidewalk on the west side of the western service road to en-

able consolidation of the school bus stops;

- ❖ Construction of a separate, shared-use path on the west-side service road between the new traffic signal and Eaton Place (to extend the shared-use path being installed by VDOT north of the new signal);
- ❖ Implementation of a buffer-management plan on the west side between the new traffic signal and Eaton Place (to remove dead trees, remove vines from healthy trees, and add supplemental vegetation);
- ❖ Closing of the service-road

access points from Eaton Place on the east side of the intersection.

In the past, Fairfax City had submitted its proposal for Chain Bridge/Eaton intersection improvements to the Northern Virginia Transportation Authority (NVTA) and received \$10.7 million

– which it hasn't spent – to implement it. But that plan was based on a different design that included a roundabout, so the new one must be resubmitted for rescoring to confirm its congestion-reduction benefits.

"When we get to 60-70-percent

design, we'd bring it back to Council for a public hearing," said Transportation Director Wendy Sanford. "But final design and construction would be about two years from now."

During a Feb. 7 work session on that design, Nick Soucy with Timmons Group, the project consultant, said, "This is a major intersection that requires special attention. There's a lot of confusion because of so many different traffic operations going on there. It's a 7-way intersection, instead of a 4-way, and it has 66 conflict points."

Colleague Steve Schmidt stressed that three school-bus stops within 500 feet increased backups on the Route 123 service road. Furthermore, he added, "Both Assembly Drive and the east service road are too close to Route 123. And a combination of the Assembly Drive access and two-way traffic along the service road is un-

SEE SAFETY, PAGE 12

# Springfield District Democrats Consider Candidates

## Primary hopefuls vie for nomination.

BY SUSAN LAUME  
THE CONNECTION

**D**escribed as “the best opportunity to hear directly from candidates to make an informed choice at the polls on June 20th”, the Springfield District Democratic Committee and the Democratic Women of Clifton and Northern Virginia held a candidate forum on May 7 in Clifton. Held in advance of the June 20th primary election and coinciding with the start of early voting, the event included Democrat candidates in contested primaries and caucuses for positions in the Springfield magisterial district.

Attendees heard from contested primary candidates at the podium and had the opportunity to speak with them and non-contested Democratic and at-large candidates informally.

The audience heard first from the Democratic candidates for the Fairfax County Board of Supervisors in Springfield. The seat is a coveted target for the party as the sole seat held by a Republican in the northern Virginia area. Pat Herrity has held the



SDDC President Andrew Scalise and DWCN moderator Barbara Miller emceed the candidate forum.

position since 2007. In 2019, Herrity won re-election by just one percent of the vote against challenger Linda Sperling, although significantly outspending Sperling in the race. Now district lines have been redrawn and this year John Nowadly and Albert Vega vie to run against Herrity, along with Independent Green candidate, Corazon Foley.

During the forum, candidates each responded to a series of the same questions during a timed period between short opening and closing statements.



John Nowadly and Albert Vega for the Democratic nomination for Springfield District Supervisor. The winner of the primary will face incumbent Pat Herrity (R).

### For Springfield District Supervisor:

**John Nowadly** is a Fairfax County firefighter, EMT, and pilot in the U.S. Army National Guard who grew up in Fairfax County. Nowadly gives priority to solving the problems of firefighters, police officers, and teachers in the county, calling them “over-worked and underpaid.” He also emphasizes needs related to mental health response, including lack of bed space. johnforspring-

field.com

**Albert Vega**, a PhD engineer and small business owner, ten year resident of Springfield District, who worked in Afghanistan embedded with troops to assist with failure analysis and problem solving before founding his business. Vega gives priority to solving housing problems in the county, calling Springfield “dead last in affordable housing availability” saying “we’re not building what we need” to house government and other workers here. albertvega.com

Responding to a question on use of excessive force by police, Nowadly called for police review panels, citizen monitoring, increased police training, investment in police academy training, review of trends within the county, and bias training. Vega cited the need for de-escalation and community-building training, bolstering co-responder training to apply the “right” response, and working with the Commonwealth Attorney’s office to hold those acting badly responsible, and a need for transparency.

On the question of their priority for county action if relieved of any State restrictions under the Dillon Rule, Nowadly noted that collective bargaining which he described as “always under attack” be codified to provide for bargaining for teachers, police, and fire-

SEE SPRINGFIELD DISTRICT, PAGE 6

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# Springfield District Democrats Consider Candidates

FROM PAGE 5

fighters. Vega called for more flexibility in addressing “the housing crisis” permitting a scientific process approach and using pilot programs instead of relying on eventually finding the 100 percent solution.



**Eric Schmidt, Laura Jane Cohen and Henri Thompson seek the Democratic nomination for House of Delegates District 15.**

## For State Delegate District 35:

**Laura Jane Cohen**, presently Springfield District’s member of the School Board, and volunteer with the Moms Demand Action advocacy group, a county resident since 2001. <https://www.laurajaneconhen.com/>

**Eric Schmidt** is a resident of Burke who owns a global software company and has worked in China. He recently established STEM centers for children on Burke and Vienna. [ericfordelgate.com](http://ericfordelgate.com)

**Henri Thompson**, holds a doctorate degree from Virginia State University, and is an educator. [henrithompson.com](http://henrithompson.com)

## For State Senate District 33:

**Del. Hala Ayala**, former Delegate from 2018 to 2022, who ran for Lt. Governor in 2021, has a background in information security with the U.S. Coast Guard. [halaforstatesenate.com](http://halaforstatesenate.com)



**Jennifer Carroll Foy and Hala Ayala for State Senate District 33.**

**Del. Jennifer Carroll Foy**, a former Delegate from 2017 to 2020 when she resigned to campaign for the nomination for Governor, is a practicing criminal defense attorney. [jennifercarrollfoy.com](http://jennifercarrollfoy.com)



**Sen. Dave Marsden faces Heidi Drauschak for State Senate District 35.**

## For State Senate District 35

**Sen. Dave Marsden**, elected to the Senate in 2010 after serving in the House beginning in 2006, comes from a career juvenile justice background. [marsdenforsenate.nationbuilder.com](http://marsdenforsenate.nationbuilder.com)

**Heidi Drauschak**, a small business owner, who works with multiple non-profit groups is a graduate of University of Rich-

mond, with a law degree and MBA. [heidiforvirginia.com](http://heidiforvirginia.com)

## For State Senate District 36

**Sen. George Barker**, elected to the Senate in 2008, has a background in health system management as executive director of the Greater Prince William County Health Center and is noted for work on northern Virginia transportation issues. [barkerforva.com](http://barkerforva.com)



**Sen. George Barker for State Senate District 36.**

**Stella Pekarsky** currently represents the Sully District as a member of the School Board, is a former teacher and a small business owner. [stellapekarsky.com](http://stellapekarsky.com)



**Stella Petarsky for State Senate District 36 (was unable to attend the forum).**

## For Commonwealth Attorney

**Incumbent Steve Descano**, elected to reform the office is currently serving in his first term as Commonwealth Attorney, previously worked with the U.S. Dept. of Justice, and was General Counsel for Paragon Autism Services. [stedescano.com](http://stedescano.com)

**Ed Nuttall**, is a trial attorney practicing in Fairfax County. [ednuttall4fairfax.com](http://ednuttall4fairfax.com)

## For Springfield District School Board

**Sandy Anderson**, a native of Spring-



**Incumbent Steve Descano faces Ed Nuttall for the Democratic nomination for Fairfax County Commonwealth’s Attorney.**

field, and military spouse, she currently is a contractor supporting two Department of Defense youth programs focusing on at-risk youth and STEM education. [anderson4schools.com](http://anderson4schools.com)



**Sandy Anderson for Springfield District School Board, uncontested in seeking the Democrats endorsement.**

## For Sheriff:

**Sheriff Stacey Kincaid**, with 37 years in the department, was elected Sheriff in 2013, the first woman elected as sheriff, implementing reforms such as Diversion First and expanded education and life skills programs for those incarcerated. [staceykincaid.com](http://staceykincaid.com)



**Sheriff Stacey Kincaid for Sheriff (uncontested for party nomination)**

# Hot Rods Hover at Hayfield

Parking lot is full of classic cruisers from the ‘50s, ‘60s and ‘70s.

By MIKE SALMON  
THE CONNECTION

Chrome was shining, mag wheels sparkling, and the sun bounced off the metal flake paint on Sunday,

May 7 as area classic car fans parked in the lot at Hayfield Secondary School for the “100 Car Pile Up,” sponsored by the Prince William Cruisers car club. It was a benefit gathering for the school and charity.



Under the hood was where it was all happening.



Bill Faiella from Fairfax Station with his classic Corvette.



Flame jobs scream “cruising.”

PHOTOS BY MIKE SALMON/CONNECTION

NEWS

# 10th Anniversary for SafeSpot Children's Advocacy Center of Fairfax

**Serves local children impacted by sexual and physical abuse.**

BY MERCIA HOBSON  
THE CONNECTION

Dignitaries, elected officials, philanthropists, and award winners joined guests and the leadership of Fairfax County's SafeSpot Children's Advocacy Center of Fairfax County on April 20 to celebrate the nonprofit's tenth anniversary. When the local organization was formed, its goal was to raise local funds to support local children impacted by physical or sexual abuse.

Virginia First Lady Suzanne S. Youngkin, her Chief of Staff Colleen Messick, and Commissioner Nelson Smith of the Virginia Department of Behavioral Health and Developmental Services toured the center. "During National Child Abuse Prevention Month, we applaud SafeSpot's vital contributions in Fairfax," said Youngkin as she congratulated the organization for being vital to a vast network of behavioral health professionals providing crisis care to Virginia's youngest residents.

Fairfax County Board of Supervisors Chairman Jeff McKay presented a proclamation from the Board of Supervisors to



PHOTOS CONTRIBUTED

Chairman Jeff McKay presented the proclamation to Jessica L. Greis Edwardson, SafeSpot board president.

Jessica L. Greis Edwardson, SafeSpot board president. "SafeSpot has been an exceptional partner to the county," McKay said. "The organization provides valuable resources and services that put the county in the best position to aid and protect some of our most vulnerable community members."

Marge and Phil Odeen received the Legacy Award for their 10-year commitment to SafeSpot. They helped SafeSpot succeed as well-known philanthropists. The celebration honored SafeSpot founders Denise Balzano, Bootsie Humenansky, and Bridget Rainey.

<https://www.safespotfairfax.org/>



Far right, Marge and Phil Odeen listen to SafeSpot Founder Denise Balzano's remarks before receiving the Legacy Award.



PHOTO COURTESY OF THE OFFICE OF THE FIRST LADY

Virginia First Lady Suzanne S. Youngkin pets Virgil, the SafeSpot facility dog who partners with a professional working in a forensic interview, family advocacy session, mental health session, or court accompaniment.

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3rd Annual Art Festival  
**ALEXANDRIA OLD TOWN**  
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Saturday, May 20, Noon - 7 pm



[workhousearts.org/brewworks](http://workhousearts.org/brewworks)

# Dems Set To Hold 2023 Endorsement Caucus

School Board and Soil and Water Conservation District candidates.

## Democratic FCSB School Board Mt. Vernon District Candidates



PHOTO VIA WEBSITE

**Mateo Dunn, Fairfax County School Board Mount Vernon District candidate** <https://www.mateodunne.com/>



PHOTO VIA WEBSITE

**Harold Sims, Fairfax County School Board Mount Vernon District candidate** <https://www.simsforschoolboard.com/>

BY MERCIA HOBSON  
THE CONNECTION

The Connection asked candidates in the 2023 non-partisan Fairfax County Democratic Committee candidate endorsement contests to comment very briefly on the two most pressing issues raised. Not all candidates responded. Check candidate websites for information about them.

Online voting begins May 13 for the first Fairfax County Democratic Committee open endorsement caucus to select Democratic endorsees for the nominally non-partisan At-Large Fairfax County School Board races, those in Hunter Mill and Mount Vernon district, and the Northern Virginia Soil and Water Conservation District Directors. Candidates are on the ballots for this November's election.

Voters must be registered or update their registration and be qualified to vote for the candidates up for endorsement in the FCDC endorsement contests. The FCDC required voter registration occurred April 10-May 5. Voters who were



PHOTO VIA WEBSITE

**Ryan McElveen, Fairfax County School Board candidate At-Large** <http://www.mcelveenforschoolboard.com/>



PHOTO CONTRIBUTED WEBSITE

**Lawrence Webb, Fairfax County School Board candidate At-Large**



PHOTO CONTRIBUTED

**Kyle McDaniel, Fairfax County School Board candidate At-Large with his daughters, Charlotte and Alice.** <https://kylemcdaniel.com/>

**Comment:** "While the challenges emerging from the pandemic are substantial, academic gaps, mental health, teacher fatigue, parent frustration, etc., we have an opportunity to look ahead and do better. My campaign is built around the premise that in Fairfax County, we value our public schools, and we should do all we can to protect and support them. This means paying teachers a competitive salary so we can attract the best and brightest educators. It means building wrap-around mental health support for families. And it means bolstering academics to make up for academic gaps."

## Democratic FCSB School Board Hunter Mill District Candidates



PHOTO CONTRIBUTED

**Melanie Meren, Fairfax County School Board Hunter Mill District candidate** <https://melaniemeren.com/>

not FCDC members must have signed up by May 5 to participate in their endorsement process

Online voting is from May 13 at 10 a.m. and ends May 20 at 4 p.m. In-person voting on May 20, 2023, is from 10 a.m. – 4 p.m. at Reston Association, Conference Room, 12001 Sunrise Valley Dr, Reston, VA 20191; Braddock District Office, Braddock Hall, 9002 Burke Lake Rd, Burke, VA 22015; Gerry

**Comment:** "Adults and children in our community are concerned about school safety - particularly gun violence. This is mostly based on reactions to the horrific rise in school shootings across America rather than specific security issues in Fairfax County Public Schools. Nonetheless, I led the effort in May 2022 to direct the Superintendent to install updated secure vestibule entranceways in all our schools. In the budget, I'll vote with the Board to approve this month for Fiscal Year 24, starting July 1; funds are included for the following: School Security Officers. Funding of \$0.4 million will provide

Hyland Government Center, Room 221ABC, 8350 Richmond Hwy, Alexandria, VA 22309; Fairfax County Democratic Committee Headquarters, 8500 Executive Park Ave #402, Fairfax, VA 22031 and Centreville Regional Library, Meeting Room 1, 14200 St Germain Dr, Centreville, VA 20121.

The countywide At-Large School Board candidates are Kyle McDaniel Website; Ryan McElveen Web-



COURTESY OF ANNANDALE ROTARY CLUB

**Ilryong Moon, Fairfax County School Board candidate At-Large- My Annandale Rotary Club presenting on June 9, 2010, a grant check to Rev. Jae Kim of Good Spoon. The late Virginia Del. Alan Mayer presented the check. Standing behind me was Dr. Courtney Thelen, the president of the club at the time.**

**Comment:** "Two of the most pressing issues that I want to work on to deal with the negative impacts of the pandemic: (1) the learning losses and the widening achievement gaps among the students; and (2) students' mental health. The students living in poverty, as well as those requiring ESOL or special education services, were even more negatively impacted. Assistance to students with academic needs should be targeted and accompany specific goals. On mental health issues, our focus must be on taking preventive measures, but we should also provide more counselors, psychologists, and social workers to work with the students."



PHOTO VIA WEBSITE

**Hamid Munir, Fairfax County School Board candidate At-Large** <https://hamid4schools.com/>

5.0 additional school security officers (not Police Officers) to increase safety and security coverage at elementary schools, primarily during school hours; (and) Employee Background Checks. Funding of \$1.0 million includes 4.0 positions to support continuous background checks for monitoring current employees, upgrade to smart-coded proximity employee badges for use with building and facility security systems, and to implement a badge replacement cycle for all employees. See this 2022 newsletter for my summary of what FCPS does to try and protect people from gun violence.



PHOTO VIA WEBSITE

**Paul Thomas, Fairfax County School Board Hunter Mill District candidate** <https://www.paulforschools.com/>

every four years. Two, including a Virginia Cooperative Extension agent serving Fairfax County, are appointed by the Virginia Soil and Water Conservation Board.

FCDC states on its website, "Only those who are registered to vote within these districts are allowed to vote for these contests. The races are for Hunter Mill School Board: Melanie Meren Website  
SEE 2023, PAGE 15  
WWW.CONNECTIONNEWSPAPERS.COM

# Clutter Around the House is Worth Looking At

Brooks Palmer, the author, will give a talk about decluttering at the Richard Byrd library in Springfield on June 24th.

By MIKE SALMON  
THE CONNECTION

Let's face it, we're living in a world of "stuff," that's filling up rooms, landfills and the shed in the backyard. Do we need all this stuff? And even worse, how are we going to decide what we need and get rid of the rest? That's where Brooks Palmer's book "Clutter Busting, Letting Go of What's Holding You Back," comes in handy and provides options for de-cluttering.

The book opens with the notion that the home is a big trash can and it's time to take out the trash. Calling your stuff "trash," is a little extreme but it does bring this to the forefront. The book points out that excess stuff makes the home seem to be a trash can, but not in a pushy way. "It's a gentle approach," said Palmer.

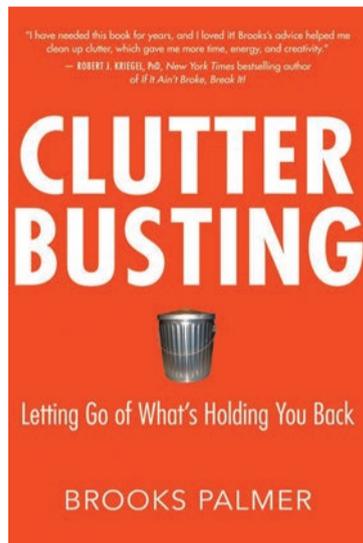
The "gentle," chapters include letting go of the past, clutter as an addiction, mental clutter and clutter as punishment. At the end,

there's a summary of clutter-busting principles, like "If you haven't used it in a year, it's clutter." What? What about the one rare circumstance where that item would be perfect? Beware, clutter will try to trick you so question everything, it says.

Palmer is a former resident of Springfield and "for 20 years I've professionally helped people let go of what no longer serves them," he said. Palmer attended Rolling Valley Elementary School and Washington Irving Middle School in 1967-75, and now lives in California.

He's written two bestselling books on the topic – "Clutter Busting: Letting Go of What's Holding You Back, and Clutter Busting Your Life," and "Clearing Physical and Emotional Clutter to Reconnect with Yourself and Others." Both were published by New World Library and have been translated into nine languages.

Palmer has been featured on the Oprah Network and lectured at many events. "I've given a lot of talks and workshops," he said.

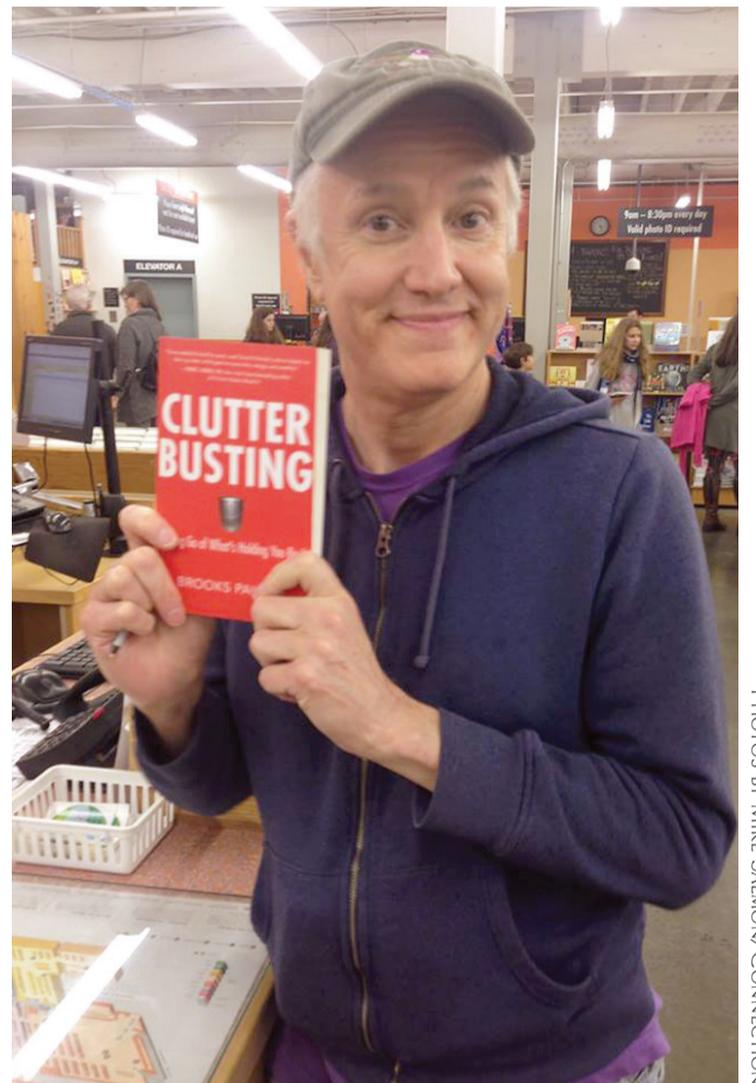


Clutter could be gaining momentum in the hallway closet.

Many could identify with what he was talking about, so it grew from there. "It took off," he said.

Now there's a hoarding reality show that is popular on cable TV and in many episodes, it becomes a health issue. Palmer's health was compromised by clutter as well. While working to help others tackle clutter on various levels, his lungs were damaged. Palmer got a double-lung transplant on June 28, 2013.

"I got really sick from the clutter busting," he said. "My lungs became clutter." This could be a big lesson for many out there with homes full of stuff.



PHOTOS BY MIKE SALMON/CONNECTION

Brooks Palmer in one of the many book stores that carry his book.

Be a part of our:

**Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

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E-mail sales@connectionnewspapers.com or call 703-778-9431



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# Remembering the Bravery of Nurses



WWI hôpital ward , LeHavre region, December, 1914.

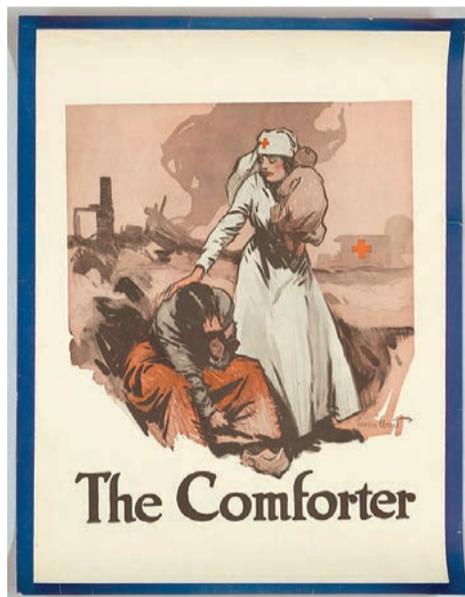
## Today's nursing shortages echo World War I.

BY SUSAN LAUME  
THE CONNECTION

**T**his week the United States recognizes National Nurses Week (May 6-12), followed closely by Mother's Day (May 14). Perhaps it's no coincidence that the two periods of recognition are close, given the predominance of women in the nursing profession. Culturally, nursing has largely been considered a women's field, recognizing women's traditional role as caregivers. The U.S. has approximately 4.2 million certified registered nurses, 91 percent of whom are female. (2022 data). Although that is a large certified number, many have left the field following COVID-19's immense challenges for healthcare workers. As a result, Virginia and the U.S. is experiencing a significant nursing shortage. Today's understaffing and challenges for women in nursing prompted a look back at past challenges in the nursing profession to further appreciate all that American nurses have accomplished.

In 1914 and 1915, before the U.S. entered World War I, Americans were going to the Western Front to serve as soldiers, pilots, and ambulance drivers. As soon as fighting started, Red Cross doctors and nurses arrived. The American Red Cross had 8,000 nurses in its reserves at the time. "From 1914-1916 American civilian nurses volunteered with the American Ambulance Service in Paris and as nurses at a French Army field hospital in Belgium. American nurses also sailed to France with the American Red Cross 'Mercy Ship' expedition in 1915."

In contrast, although the Army Nurse Corps was seventeen years old when the U.S. entered World War I on April 16, 1917, the



Poster used in nurse recruitment.

## Nurses Week Locally at Inova

Send a Message or  
Read Messages for Nurses Week

Inova says: "Nobody works harder or cares more for patients than our Inova nurses. We're so very grateful for their service and dedication, so please help us say thanks.

If you would like to send your message of gratitude to the nurses who have cared for you or anyone you love, click here: <https://foundation.inova.org/nurses-week/>

Corps was small at that point. They had only 403 nurses on active duty and 170 reserve nurses. Mobilizing quickly, six months after the U.S. entered World War I, nearly 1,100 Army nurses were serving overseas in nine base hospitals. One year later 2,000 Regular Army and 10,186 Reserve nurses were on active duty serving at 198 stations worldwide. By the end of the war the ranks of the Army Nurse Corps were at 21,480, with over

SEE REMEMBERING, PAGE 16



Cora Elm

## Indigenous Nurses Serve in WWI

**F**rom the Smithsonian National Museum of the American Indian: In spite of racial barriers, 14 Indigenous nurses served in the Nurse Corps in the Army Medical Department during World War I.

Cora Elm, a member of the Oneida Nation, reached France on Christmas Day 1917.

She and her fellow nurses were assigned to a base hospital in Nantes in April 1918, after being split up to work at three three smaller hospitals until it opened.

The base unit admitted 9,100 patients in nine months and had a death rate of just over one percent. Before her foreign service, she had participated in a demonstration for women's suffrage at the White House. After the war, she was a nursing ward supervisor at Fort Bayard in New Mexico, and at Wood Veterans Hospital in Milwaukee

Charlotte Edith Anderson Monture was born on the Six Nations Reserve in Canada in 1891. She moved to the U.S. to pursue nursing training since few women, or indigenous people, were allowed to attend high school in Canada. Before leaving for her service at Buffalo Base Hospital 23 in Vittel, France where she was responsible for treating soldiers who were shot or gassed, she was given the special Mohawk burial clothing from her culture, in case she died in the war. She survived and returned to the Six Nations Reserve in Canada, where she continued to work as a nurse and a midwife at a hospital in her community.



COURTESY S. LAUME

Anna Lauks in WW1 nursing uniform. Anna Lauks is the paternal grandmother to Susan Laume.

## Lithuanian Teen Takes On WWI Nursing Role

**A**nna Lauks was born in a country with a long history of foreign occupations - Lithuania. Lauks was fourteen years old when Germans occupied her village, Marjanpol, near Vilnius in 1916, overtaking Russia's prior occupation. Food shortages that hit Germany from mid-1916 as a result of WWI actions, led to a humanitarian crisis within Lithuania, with increasing confiscations of harvests, food rationing and restrictions on free trade. One day, while out food shopping, Anna and her mother were arrested and held for nine months in a German prison. A short time after her release, still a teenager, she made her way to France to serve as a nurse. She was one of many volunteers with little or no medical training.

After the war, times were still difficult. She emigrated to America in 1920 with her mother and four siblings aboard the passenger ship Philadelphia, from Southampton, arriving in Philadelphia at the age of 18. She would meet and marry another Lithuanian emigrant in Philadelphia after the war. The man she married had escaped occupation and service in the Russian army, joining the U.S. Army as a path to citizenship. He served at and survived the battle at Meuse-Argonne. After marriage, the couple became farmers in a rural area outside the city and serviced an egg route in Philadelphia for many years, raising two children. Lauks did not continue her nursing career. She was one of many young women who heard the call for nurses and did her part to help.

— SUSAN LAUME

## ROUNDUPS

### Fatal Motorcycle Accident in Lorton

A 22-year-old Springfield man is dead after his 2009 Kawasaki Motorcycle crashed into a 2018 Honda Accord at the intersection of Richmond Highway and Birch Crest Way.

Preliminarily, detectives from Fairfax County Police Crash Reconstruction Unit determined that at 5:10 p.m., May 6, the driver of the motorcycle, Carrington Fitzgerald, was traveling southbound on Richmond Highway. The driver of the Accord was stopped in the left turn lane at Birch Crest Way attempting to make a U-Turn. As the driver attempted to make a U-turn to go southbound on Richmond Highway, the motorcycle collided, and Fitzgerald was separated from the motorcycle. He was declared deceased at the scene. The driver of the Accord was treated for minor injuries at the scene.

Detectives do not believe alcohol was a factor in the crash, but continue to investigate to determine if speed was a factor.

Anyone with information about this crash is asked to contact the Crash Reconstruction Unit at 703-280-0543.

#### BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

#### WEDNESDAY/MAY 10

Historic Fairfax City Annual Meeting. Historic Fairfax City, Inc., will hold its Annual Meeting on Wednesday, May 10 at 7 p.m., at Historic Blenheim on Old Lee Hwy. It is open to the public.

The featured speaker will be Dr. Lynn Rainville, Ex. Dir. of Institutional History & Museums at Washington & Lee Univ., in Lexington, Va. Dr. Rainville is an Archaeologist, Anthropologist, author, speaker & public lecturer, whose decades-long studies include both The Southern and New England Regions, with a particular focus on Virginians doing extraordinary things in the past. She will speak on: "Virginia's Role in World War I," to include: The Red Cross, Nurs-

es, Sailors, Army Combat Troops, Steelworkers, Shipbuilders, Food Suppliers, Pilots, Stenographers, Doctors and other civilian roles, as well as noting the 100,000 Draftees, and 3,600 lives lost. Her writings and speaking engagements have been covered in dozens of National Newspapers and on Public Television, and the subject matter run the gamut from Historic Cemeteries, Enslaved Cemeteries, Segregated Schools, Poor Farms, Asylums.

### Fairfax Farmers Markets Are Opening

The weather is warm, the produce is growing and the Fairfax Farmers Markets will open this coming weekend. Both markets – Saturday, May 13, and Sunday, May 14 – will run from 9 a.m.-1 p.m. at 10500 Page Ave., across from the Fairfax County Courthouse in Fairfax City.

### Blood Drive Is Set for May 16

Inova Blood Donor Services will hold a blood drive, Tuesday, May 16, from 1-5:30 p.m., in the bingo hall of Fire Station 3. It's at 4081 University Drive in Fairfax City.

Book appointments at <https://bit.ly/CityFFX0516> or call 1-866-256-6372 and use sponsor code 8540. For more information, contact Tyler McLaurin at 717-830-5485 or [Tyler.McLaurin@fairfaxva.gov](mailto:Tyler.McLaurin@fairfaxva.gov).

## CIVIL WAR

BOOKS, RELICS & MEMORABILIA SHOW

Saturday, May 20, 10:00 – 5:00

Arlington-Fairfax Elks Lodge, Rt. 50, Fairfax, VA

Admission, \$5 Per Person

Vendors Welcome

703-389-1505 / 703-785-5294

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# Clarinetist, West Springfield High Student, Wins Competition to Solo with City of Fairfax Band

BY PENNY DIMLER

**T** Tyler Anderson, a junior at West Springfield High School, is the 2023 City of Fairfax Band Association Young Artist Competition winner and will be the band's guest soloist in concert on May 13. The program, entitled "Finale!" also is the final concert under retiring Music Director Robert Pouliot who has led the band for 29 years.

The young clarinetist won the competition with a stellar performance of "Concerto for Clarinet" by Artie Shaw at the Finalists Recital. Anderson admits to having a love for jazz and that the Artie Shaw piece is a favorite from a young age. "This opportunity to play the 'Concerto' in concert is the thrill of a lifetime," he explained enthusiastically. "I am grateful for so many opportunities and to my teachers and parents for their support."

The teenager's musical adventure began with piano, then adding saxophone in sixth grade and clarinet in middle school. His grandfather was a major influence and example, as a professional saxophone and clarinet player himself and a high school



Tyler Anderson

band director. Other musicians in his family include his mother, Laurie Anderson, who plays French Horn in the Main Street Community Band, and his brother, a percussionist.

Anderson studies clarinet with Patrick Morgan, principal clarinetist of "The President's Own" United States Marine Band, and previously with Morgan's wife, Emily, on saxophone, continuing lessons online through the COVID year.

Not deterred by the COVID year, he has been active in West Springfield's Wind Symphony and the American Youth Philharmonic Orchestras from his freshman year forward, then proceeded to win first chair clarinet in District band, second in region band and third in state band, in both his sophomore and junior years. Anderson shares his talents on clarinet, saxophone and trumpet throughout his community.

Other musical accolades include placing first in the 2023 Friday Morning Music Club Ross-Roberts Competition; honorable mention in the 2023 US Army Orchestra Young Artist Competition; and finalist in the annual AYPO Concerto Competition.

When not studying or practicing, he enjoys cooking, exercising, and hanging out with friends. Cooking? Oh yes, his favorite dish is a Chocolate Lava Cake. Studying has paid off too. He is a member of the National Honor Society, Spanish Honor Society, and Tri-M Music Honor Society. Add to that he is nearing Eagle Scout level in Boy Scouts.

With one year remaining in high school, he is considering a music degree and has started his tour of music schools.

Anderson will perform Shaw's "Concer-

## "Finale!"

**City of Fairfax Band**

7:30 pm, Saturday, May 13

Conductor: Robert Pouliot, retiring Music Director

Guest Artist: Tyler Anderson, clarinetist, West Springfield High School

Katherine Johnson Intermediate School

3801 Jermantown Road, Fairfax, Virginia

Tickets: [www.fairfaxband.org](http://www.fairfaxband.org) -- "Tickets" tab  
\$15 Adult | \$10 Senior | Students Free

to for Clarinet" during the City of Fairfax Band's "Finale!" concert at the Katherine Johnson Intermediate School auditorium, 3801 Jermantown Road in Fairfax, at 7:30 pm.

Tickets to the May 13 performance are available online at [www.fairfaxband.org/product-category/tickets/](http://www.fairfaxband.org/product-category/tickets/) or at the door. Advance purchase is recommended, as seating may be limited.

Since 1996, The City of Fairfax Band Association has sponsored its annual Young Artist Competition to encourage the development of area stand-out high school musicians who plan to pursue a musical career.

For more information, visit the band's website, [www.fairfaxband.org](http://www.fairfaxband.org).

# Safety-Challenged Intersection Desperately Needs Improvements

FROM PAGE 4

safe."

Sanford said they believe their recommended design "is the one that will be the most beneficial for the greater good." Public Works Director David Summers agreed.

"National Highway System roads are considered federal evacuation routes, and Route 123 is one of them, so access is important," he explained. "The Route 123/Eaton intersection has always been safety-challenged and desperately needs improvements – and they need to last for decades."

Ross asked if this project accounts for future traffic, population and school-bus increases in the City, and Schmidt said it's being designed for the year 2040.

Sanford noted that FCPS endorsed this plan, but Mayor Catherine Read asked if other frequent users of that intersection, such as Amazon and FedEx drivers, had also been contacted for their input. "Over the years, I've gotten numerous calls from noncity drivers saying, 'You've got to do something about this intersection,'" replied Summers. "And the police have told me how dangerous it is, too."

At the Feb. 22 open house at the Sherwood Center, residents viewed maps of the proposed improvements and spoke with transportation planning staff. Reactions were mixed.

"It's a good plan and I think people should

give it a chance," said Janice Feather. "They put a lot of thought into it, and it balances the safety needs for both pedestrians and vehicles, so I'm eager to see it happen."

"Something needed to be done," said Ralph Schlenker. "My biggest concern is that, where the new Cobbdale neighborhood exit goes onto Chain Bridge, they'd take out all the trees. And when people come out of the neighborhood, all they'll see is a flat expanse of grass and concrete. There'll be eight lanes of road, instead of a tree barrier, like now. So our half of Cobbdale will look over this monstrosity of a road forever."

He liked the sidewalks, however, and is pleased that a multiuse path will connect Fairfax to Oakton. But, he added, "I want dense, tall trees planted so it'll feel as closed off from that road as possible."

Ron Fowler, who lives near Cobbdale, opposed the west-side shared-use path because "It'll funnel bicycle and pedestrian traffic into the Assembly townhouse complex, which dead-ends into my property. And then they'll have to go across my property."

Like Schlenker, Cobbdale's Renee Nunez worried about "how open it'll be when they cut down the trees because of the noise we'll hear from Chain Bridge Road, plus the loss of privacy, because I have little kids. I'm also concerned about cars backing up on Norman Avenue because of the new traffic light at the new intersection. I won't be able to get

out onto Norman from my home to reach Chain Bridge.

"And coming home on Chain Bridge now, I turn onto the service road, go left on Norman and go home. But if they add a stop sign on the service road by Norman, if traffic's backed up in the new intersection in the service road, I won't be able to make a left onto Norman to go home until the new light turns green and the cars stopped at the stop sign move." Basically, said Nunez, "I appreciate their efforts to make things better, but I feel like they're making them worse."

At Council's March 14 work session, Sanford said, according to residents' comments at the open house and online afterward, "The majority opposed staff's proposal." However, City Manager Rob Stalzer said 104 of the 220 online responses were submitted by just three people. And Councilmember Billy Bates said people he's spoken with, outside the neighborhood, favored the recommended design.

Sanford presented two alternative designs but said staff doesn't recommend them because of safety and operational concerns. Besides, she said, either the City or VDOT control the land on the west side, so they wouldn't have to purchase it for right-of-way. And a path on the east side isn't part of this project.

Sanford also stressed that most of the tree removal – 95 trees – is because of the new

access from Cobbdale to Chain Bridge, not because of the path. "And half of them are in declining condition," she added.

City Sustainability Coordinator Stefanie Kupka said the path will get people out of their cars to walk and bike, reduce greenhouse-gas emissions and provide "multi-modal opportunities to a disadvantaged community at one end of this project. To become a walkable, bikeable city, we have to remove some trees, but we can plant more elsewhere.

This path also improves access to Northfax for nondrivers who can patronize the businesses there and benefit the City's economy."

Council discussed the project again April 11, before approving it. Councilmembers Jeff Greenfield and Kate Doyle Feingold wanted to wait for more traffic data after a new stoplight was installed at the intersection. And, said Greenfield, "If we go with staff's original recommended design, we're discounting all the residents' comments."

But the others didn't want to delay. "We can move ahead through the NVTA [rescoring] process and, as more information comes in, we can adjust the design," said Ross.

Added Bates: "Three deaths in three years are more than I can abide – and that doesn't consider the number of injuries." Council then approved the recommended design, 4-2.

# ENTERTAINMENT

## FARMERS MARKETS OPENING AROUND THE COUNTY

The Fairfax County Park Authority hosts 10 markets at locations throughout Fairfax County, where residents can find a variety of fresh and locally grown produce, delicious baked goods, prepared foods and family-friendly market activities, including live musical performances. Check out the full market schedule for the latest times and locations.

### WEDNESDAYS

#### McCutcheon/Mount Vernon

<https://www.fairfaxcounty.gov/parks/farmersmarkets/mccutcheon-mount-vernon>

Open through to Dec. 20, from 8 a.m. to noon

Sherwood Library, 2501 Sherwood Hall Lane

#### Oak Marr

<https://www.fairfaxcounty.gov/parks/farmersmarkets/oak-marr>

May 3 to Nov. 8, from 8 a.m. to noon

Oak Marr Recreation Center, 3200 Jermantown Road

### WAKEFIELD

<https://www.fairfaxcounty.gov/parks/farmersmarkets/wakefield>

May 3 to Oct. 25, from 2 to 6 p.m.

Wakefield Park, 8100 Braddock Road

### THURSDAYS

#### Annandale

<https://www.fairfaxcounty.gov/parks/farmersmarkets/annandale>

May 4 to Nov. 2, from 8 a.m. to noon

Mason District Park, 6621 Columbia Pike

#### Herndon

<https://www.fairfaxcounty.gov/parks/farmersmarkets/herndon>

May 4 to Nov. 9, from 8 a.m. to 12:30 p.m.

Old Town Herndon, 700 Block of Lynn St., by the Red Caboose

### FRIDAYS

#### McLean

<https://www.fairfaxcounty.gov/parks/farmersmarkets/mclean>

May 5 to Nov. 17, from 8 a.m. to noon

Lewinsville Park, 1659 Chain Bridge Road

#### Kingstowne

<https://www.fairfaxcounty.gov/parks/farmersmarkets/kingstowne>

May 5 to Oct. 27, from 3 to 7 p.m.

In the Giant parking lot, 5870 Kingstowne Towne Center

### SATURDAYS

#### Burke

<https://www.fairfaxcounty.gov/parks/farmersmarkets/burke>

Through Dec. 16, from 8 a.m. to noon

VRE parking Lot, 5671 Roberts Parkway

#### Reston

<https://www.fairfaxcounty.gov/parks/farmersmarkets/reston>

Through to Dec. 3, from 8 a.m. to noon

Lake Anne Village Center, 1609-A Washington Plaza

### SUNDAYS

#### Lorton

<https://www.fairfaxcounty.gov/parks/farmersmarkets/lorton>

May 7 to Nov. 19, from 9 a.m. to 1 p.m.

VRE parking lot, 8990 Lorton Station Blvd.

WWW.CONNECTIONNEWSPAPERS.COM



The Jennifer Cutting OCEAN Celtic Quartet presents "The Lusty Month of May" on Sunday, May 14, 2023 at McLean Central Park.

For a complete list of park authority market times and locations, visit <https://www.fairfaxcounty.gov/parks/farmersmarkets>. For questions, contact the Community Horticulture Office at 702-642-0128.

### NOW THRU JUNE 25

#### Falls Church Arts All Member Show.

More than 155 artists will be featured in the All Member Show at the Falls Church Arts gallery from April 22 to June 25. To handle the expansive show, the exhibit will be held in two parts this year: submissions from members with last names from A-K will be on view from April 22 to May 21. Submissions from artists with last names from L-Z will be on view from May 27 to June 25. The show features the work of emerging and established member artists from Falls Church Arts and encompasses an extensive range of media from the more traditional watercolor, acrylic, mixed media, pastel, fused glass, oil, photography, and sculpture to a wide variety of mixed media and printing techniques. The Falls Church Arts gallery is at 700-B West Broad St. (Route 7), Falls Church. Admission is free and the gallery is open Tuesdays-Fridays from 11 a.m. to 6 p.m., Saturdays from 9 a.m. to 4 p.m., and Sundays from 11 a.m. to 4 p.m. Artworks can be viewed online at [www.fallschurcharts.org](http://www.fallschurcharts.org). All pieces can be purchased at the gallery or on the website.

### NOW THRU MAY 31

#### Candytopia Opens. At Tysons Corner Center, McLean.

Candytopia, in partnership with Tysons Corner Center announces the arrival of its sweet interactive concept to the center. It will feature 16,000 square feet with 14 different interactive environments, Instagram-worthy photo opportunities, and delectable tastes of your favorite sweet treats. There is a candy art gallery, a state-of-the-art candy confetti room, complete with confetti-farting pigs, a marshmallow pit filled with a quarter-million marshmallows, as well as DMV-inspired elements



Students from the Metropolitan School of the Arts perform in the 10th Anniversary Academy Showcase on May 12-13 at the Vault in Tysons Corner.

throughout the experience. The journey includes candy samples throughout the experience. Visit [www.candytopia.com](http://www.candytopia.com).

### THROUGH JULY 27

#### Senior Slow-Pitch Softball Seasons. 9

a.m. to noon. At Braddock, Wakefield, and Nottaway Softball Fields. Join NoVa Senior Softball, men 50+, women 40+, average age 66. Skill-level assessment. 24 teams, three levels of play. Tuesday/Thursday morning dou-

ble-headers. Begin Spring Training now. 703-663-7881. Visit the website: [www.nvss.org](http://www.nvss.org)

### NOW THRU JUNE 3

"Urinetown." 7:30 p.m. At Workhouse Arts Center, 9518 Workhouse Way, Lorton. In a Gotham-like city, a terrible water shortage, caused by a 20-year drought, has led to a government-enforced ban on private toilets. The citizens must use public amenities, regulated by a single malevolent company that profits by charging admission for one of humanity's most basic needs. Amid the people, a hero decides that he's had enough and plans a revolution to lead them all to freedom! Visit the website: <https://www.workhousearts.org/calendar/urinetown>

### NOW THRU OCT. 28, 2023

Vienna Optimists' Farmers Market. 8 a.m. to noon. At Vienna Community Center, 120 Cherry Street, SE, Vienna. Premiere local vendors feature fresh, seasonal produce, beautiful flowers, hardy plants, sweet and savory treats, free garden advice and free live music. Admission is free.

Each week at the Farmers Market, different talented local musicians perform. Here is May's schedule. On May 13, Swingology performs; On May 20, Accotink Rising performs; On May 27, Carter Farm Band performs; For more information about the Farmers Market or the Optimists, visit <https://www.optimistclubofgreatervienna.org/>

### NOW THRU AUG. 23

Art Wednesdays. 5 p.m. At The Plaza at Tysons Corner Center, McLean. The first four Wednesdays starting May 3 watch live graffiti art come to life. The Lorton Workhouse and Live Art International introduces alternating art concepts for participants to take a drawing class, take home personalized airbrushed swag and more. All materials will be provided.

### NOW THRU AUG. 31

Game Night Thursdays. 6 p.m. At The Plaza at Tysons Corner Center, McLean. Starting May 11th, DC Fray will host a free game night every other Thursday. Game concepts will rotate between Cornhole, Roller Skating, Ping Pong, Bingo, RC Racing and Pickleball. Prizes will be awarded!

### NOW THRU AUG. 11

Music & Dance Fridays. Classes: 6 p.m. or 6:45 p.m. At The Plaza at Tysons Corner Center, McLean. Join Silvia and La Musica the first two Fridays of each month starting May 5 through August 11 for salsa lessons and a musical workshop. For beginners, Salsa lessons start at 6 p.m. and bachata lessons begin at 6:45 p.m. The La Musica: World of Encanto music workshop for kids will feature musical genres from successful Disney films: Coco, Saludos Amigos, The Three Caballeros and Encanto for karaoke session with live percussion instruments.

### WEDNESDAY/MAY 10

This Way to Reston. 7 p.m. At Reston Community Center, Lake Anne, 1609-A Washington Plaza N., SEE CALENDAR, PAGE 14

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**CALENDAR**

FROM PAGE 13

Reston. Whether walking, biking, or driving Reston's paths and roads tell a story. Join in a program that explores the history behind street names, Reston's evolving transportation system, and how Reston's community has advocated for accessibility. The panel for this event includes RAC Project Manager Colin Mills, who will speak about RAC's history of advocating for barrier-free accessibility throughout the greater Reston area, spotlight some of our successful projects, and explain why accessibility is a crucial piece of the puzzle of getting around Reston. Registration is required. Visit the website: <https://www.restonmuseum.org/>

**Legals**

**ABC LICENSE**  
 ACC Foods LLC trading as Duk Wo, 9570 Burke Road, UNIT J, Burke, Fairfax County, VA 22015 + 3152. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Retail Restaurant or Caterer Application - Restaurant, Wine, Beer, Consumed On and Off Premises license to sell or manufacture alcoholic beverages. Alexander Chin, Owner. Date notice posted at establishment: 5/3/2023. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or (800) 552-3200.

**Yard Sale**

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 Contact [Cristina.wyche@lcp.org](mailto:Cristina.wyche@lcp.org)

**Legals**

**CALENDAR**

			1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	31		

**Let us know about an upcoming event**  
[connectionnewspapers.com/Calendar](http://connectionnewspapers.com/Calendar)

**ABC LICENSE**  
 Capital Flavors Catering Inc. trading as Village Chicken, 6228-G Rolling Road, Springfield, Fairfax County VA 22152 - 2339. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Retail Wine and Beer On and Off Premises and Mixed Beverage license to sell or manufacture alcoholic beverages. Scott A. Slater, Owner. Date notice posted at establishment: 4/28/2023. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or (800) 552-3200.

**THURSDAY/MAY 11**  
 Suffragist Memorial Tour. 10-11:30 a.m. At Occoquan Regional Park, 9751 Ox Road, Lorton. Join AARP Virginia for a guided tour of the Turning Point Suffragist Memorial. The memorial commemorates the millions of women who engaged in the suffragist movement primarily from 1848 through passage of the 19th Amendment in 1920 that allowed most women to vote. The memorial commemorates the millions of women who engaged in the suffragist movement primarily from 1848 through passage of the 19th Amendment in 1920 that allowed most women to vote. This memorial is both a visual symbol and educational tool that elevates them to their proper place in history.

**THURSDAY/MAY 11**  
 Author Joshilyn Jackson. 7-8:30 pm. At Pohick Regional Library, 6450 Sydenstricker Road, Burke. Meet Joshilyn Jackson, author of With My Little Eye, in conversation with Lydia Netzer, author of How to Tell Toledo From the Night Sky. A Q&A and book signing will follow this conversation.

**MAY 11, 18, AND 25**  
 Business Startup Essentials. 7:30-9:30 a.m. At Mason Enterprise Center, Office Evolution, 205 Van Buren Street, Suite 120, Herndon. Mason Enterprise Center in Herndon will be hosting a three-week start-up cohort in May for small business owners and aspirants in the Town of Herndon to learn about the essentials required to launch your business. This program is ideal for early-stage businesses looking to grow. Experts and mentors from the Mason SBDC who will lead you through the key steps and practices to successfully start and run your business. Call 703-261-4105.

**THURSDAY/MAY 11**  
 Tour Turning Point Suffragist Memorial. 10-11:30 a.m. At Occoquan Regional Park, 9751 Ox Road, Lorton. Join AARP Virginia for a guided tour of the Turning Point Suffragist Memorial. The memorial commemorates the millions of women who engaged in the suffragist movement primarily from 1848 through passage of the 19th Amendment in 1920 that allowed most women to vote. This memorial is both a visual symbol and educational tool that elevates them to their proper place in history. Visit the website: <https://events.aarp.org/TP05112023>

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# NEWS

## Democratic Fairfax County Soil and Water Candidates



PHOTO BY M. DIACHOK

**Chris Koerner, Soil and Water candidate-Chris Koerner is working to eradicate the aquatic invasive Water chestnut – *Trapa bispinosa* – with infestations in 90 ponds centered in Fairfax County.**



PHOTO BY RHONDA BITTERLI  
**Rhonda Bitterli, Soil and Water candidate near her home in Fairfax County**

**Dana Barakat is a Soil and Water candidate Resume <https://www.fairfaxdemocrats.org/wp-content/uploads/2023/04/BARAKAT-RESUME-SW.pdf>**

## 2023 Endorsement Caucus

FROM PAGE 8  
and Paul Thomas Website; and Mount Vernon School Board; Mateo Dunne Website and Harold Sims Website.

The following candidates are not contested and are officially now FCDC's endorsed candidates for this year:

School Board:Braddock District: Rachna Sizemore Heizer; Dranesville District: Robyn Lady; Franconia District: Marcia St. John-Cunning; Mason District: Ricardy Anderson; Providence District: Karl Frisch; Springfield District: Sandy Anderson; and Sully District: Seema Dixit.

## About the Process

BY SUSAN LAURME

School Board positions and elections are non-partisan in Fairfax County. However, political parties may endorse candidates. Because of their non-partisan nature, there are no primaries for school board elections. Instead each political party develops its own endorsement process.

Voters who wish to support a school board candidate for party endorsement should be aware of party processes.

**For Democratic Party Endorsement:**

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**Comment:** "I'm the incumbent NVSWCD Director, with a 40-year career as an environmental engineer/scientist with international expertise in groundwater protection and sustainability practices. Issues facing the County include more frequent intense rainfall causing flooding and stormwater destruction, invasive species, impervious surfaces, loss of healthy tree canopy, native plants, Occoquan water quality, education ... NVSWCD isn't a regulatory or policy agency. Our Board and talented staff work hard to address

the complex issues by developing partnerships with a variety of government agencies and volunteer groups to educate students and citizens, coordinate volunteer efforts, and leverage available funding to promote good environmental stewardship. We can always do better." Resume <https://www.fairfaxdemocrats.org/wp-content/uploads/2023/04/KOERNER-RESUME-SW.pdf>

NO PHOTO

**Mary Paulet, Soil and Water candidate, Resume <https://www.fairfaxdemocrats.org/wp-content/uploads/2023/04/PAULET-RESUME-SW-rev.pdf>**

**Comment:** "I have an M.S. degree in soil and water science and extensive environmental background. One issue is increased flooding and taking measures to mitigate flooding. Another issue is getting the word out more widely to residents about what the SWCD is and the services it provides. I have been attending the Board meetings and have volunteered in the seedling sale. This has given me an opportunity to meet the dedicated SWDC staff. As a Board member, I would work to facilitate the good work being done by the staff to address soil and water issues in the county." Resume <https://www.fairfaxdemocrats.org/wp-content/uploads/2023/04/BITTERLI-RESUME-SW.pdf>

NO PHOTO

The Fairfax County Democratic Committee is conducting an open endorsement caucus for non-partisan races this year. Their new endorsement process will give the choice of Democrat endorsed candidates to the voters. See above To vote in this caucus, voters are required to register in advance with FCDC. FCDC members are considered already registered. Registration was April 10 to May 5 for the 2023 election. Democratic voters can sign up at [www.fairfaxdemocrats.org/caucus](http://www.fairfaxdemocrats.org/caucus).

### Republican Party Endorsed Candidates

Fairfax GOP members met on April 19 for a members' vote on school board candidate endorsements at their general membership meeting. Although only GOP members were eligible to vote, the public was invited to attend and observe. Their endorsement list appears on their website at [Fairfaxgop.org](http://Fairfaxgop.org)

- Cassandra Aucoin (At-Large)
- Saundra Davis (At-Large)
- Priscilla DeStefano (Braddock District)
- Paul Bartkowski (Dranesville District)
- Harry Jackson (Hunter Mill District)
- Kristin Ball (Mason District)
- Stori Zimmerman (Mount Vernon District)
- Tony Sabio (Providence District)
- Debra Tisler (Springfield District)
- Cindy Walsh (Sully District)

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Thank you to the hundreds of supporters who helped to keep all your Connection Newspapers alive throughout Alexandria, Fairfax County, Arlington County and Potomac, Md. along with affiliated websites and digital media. Now we need help again in 2022.

Each local newspaper's mission aspires to provide greater community service, and we do know that our communities are better off if we continue to publish. Last year's financial support from readers and supporters like you bridged the shortfall before Federal PPP funding arrived, and both made our survival possible. We now await a decision for a grant from Rebuild Virginia in early February that we hope will help us in 2022 and beyond. But we need help to survive the first quarter, always a brutal time for cash flow in weekly newspapers. Thank you.

Please, help save these historical papers.

All gifts will be used to fund our printed newspapers and websites and to meet obligations to our loyal and patient employees, writers, contractors and suppliers.

The ongoing pandemic continues to crush many newspapers across the country, and our newspapers continue to be at risk. The Northern Virginia area's best read and most trusted source for community news includes the Alexandria Gazette Packet, Mount Vernon Gazette and all Connection Newspapers in the metropolitan region.

The pandemic has hit small businesses hard, which in turn has reduced advertising revenue that keeps these local newspapers alive to provide hyper local news to residents. It feels like no small miracle to be looking forward into 2022.

The pandemic has been a bear, financially and otherwise. Revenue plummeted at the beginning in 2020. Some beloved advertisers have stayed the course supporting us throughout, and many more have done what they can. In the fall of 2021 we saw the return of some advertising for events and Grand Openings, but now omicron clouds the horizon in so many ways. Revenue still remains short of expenses despite our greatly curtailed costs.

Connection Newspapers has been offering these local newspapers to residents for over 200 years. Countless residents have grown up with these papers covering significant moments in the lives of family and children, news, community events, school activities, and even pictures of your dogs and cats. Internet news and large national newspapers cannot provide the local connection or historical connection that local papers like Connection Newspapers and the Alexandria Gazette Packet provide. If your child, dog, mother, father, neighborhood, school has been featured, you understand the value of local community newspapers.

Visit [connectionnewspapers.com](http://connectionnewspapers.com) or <https://www.gofundme.com/f/help-keep-your-newspaper-printing>

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## Number Us Among the Millions



By KENNETH B. LOURIE

Just welcomed a new member, family friend, Sherrill, into the cancer club. And though it's a club nobody wants to join, it is never at a loss for new members. If only there were dues (there's already plenty of don'ts). The accumulation of cash would rival the lottery. When you consider that now it's projected that up to half the population will likely be diagnosed with some kind of cancer over their lifetime, and an even higher percentage will know someone diagnosed with cancer, cancer is – and will continue to be, the dominant medical currency – a currency which often costs patients their lives. A life that becomes a daily struggle.

A struggle to endure the treatments, before, during and especially after the medication has been administered. I can still recall the worst pain I ever experienced. I was sitting in a Barcalounger at the Infusion Center psyching myself up to start my six-hour infusion which can only begin after the actual chemotherapy is prepared (it's not exactly off the shelf, it must be mixed/created chemically). Because chemotherapy is so expensive, the medicine is not available until after the patient has arrived at the Center and has been approved for treatment (this approval is a function of the preceding day's lab work, one's appearance that day and their on-site vitals). This wait/assessment occurs out of an abundance of caution as well as fiscal responsibility. If the infusion drug is prepared/mixed in advance of the patient's arrival/medical approval, and it happens for one of the reasons listed above that the patient is unsuitable for treatment that day, the medicine is wasted as it was specially prepared for this patient and can't exactly be undone and returned to inventory for the next patient. In effect, the money is spent with nothing to show for it.

As a result of this qualification period (for lack of a better description), patients must wait for their chemotherapy drug to be prepared and delivered to the Infusion Center. Moreover, given the volume of business many of these centers are experiencing (I was told "Obamacare" was responsible for increasing the numbers of patients; my center even has Saturday hours now), the wait can be up to an hour, so far as I've experienced anyway. And given the cost of these drugs, mixing them is hardly routine (anything but). Therefore, the process plays out very carefully. There's no hurrying it. You just must wait for your drugs, like it or not (and usually, not).

And what's to like? Everything that one equates with a cancer diagnosis/treatment: the hair loss, the nausea, the fatigue, the muscle weakness, the eating challenges, the neuropathy, the fear, the anxiety, the worry and on and on and on are unpleasant. Being diagnosed with cancer is all it's cracked up to be. Any help I've been given over the years to help me cope/understand/survive what is an ordeal, I am happy to pass it on. It's not quite paying it forward, it's more like prepaying. And every little bit of information helps when you consider the road ahead is long, hard, and extremely bumpy – with all sorts of obstacles and without any guarantees, generally. And by welcoming a new member, I hope to draw strength from their commitment. And all of us cancer patients need to draw strength from whomever and wherever we can find it. Encouraging and sharing experiences with new cancer patients as they begin their journey is beneficial to both.

As so I shared with Sherrill the worst pain, I ever experienced was at the Infusion Center. I was sitting in my Barcalounger. I was approved for my infusion. My oncology nurse put an intravenous line into my forearm (I've never had a port) and hung my medicine on the hook above the intravenous pump – through which the chemotherapy drips and ultimately moves its way into my arm/body. The nurse pressed several buttons on the pump which controlled the flow into my arm. One time, the nurse apparently must have hit the wrong flow speed and it increased the pace at which the drug went into my arm. It was like being attacked from the inside out, a burning sensation. I sort of screamed and within a few seconds the readjustment to the medicine's flow had been made. But for a second or two, I was at level 10-ish (patients are often asked to rate their pain on a scale of 1 – 10).

Sherrill understood and appreciated my chemo story. And she shared some of her experiences with me. This "the cancer talk", as friends have described it, is the bond that exists between us cancer patients. We all have a common enemy. I just hope there is strength in numbers because the numbers keep growing, exponentially it seems.

*Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.*



Nadia Lizarazu and co-founder Jheen Oh.



Years ago Nadia Lizarazu worked at the Springfield Giant where her water idea blossomed.

PHOTOS BY MIKE SALMON/CONNECTION

# Local Mineral Water Producers Get a Boost

**Susosu Water has natural minerals and shelf space at area grocers.**

BY MIKE SALMON  
THE CONNECTION

In the water industry these days, there's the plastic bottle, the springs in the Rocky Mountains, flavorings and health benefits they all have seem to have in common. But Susosu offers a different concentration of minerals to be a better, healthier option while boosting energy and getting away from the plastic bottle.

It's called "Susosu Water," a locally produced refreshment that just landed a deal with Giant Foods, so Susosu may soon become a staple in the home as well.

"Ours is full of 100 percent natural min-

erals," said Nadia Lizarazu, one of the founders along with her partner Jheen Oh. The water comes from South Korea from an aquifer that's 400 feet underground, and is coordinated through Oh's father who lives in South Korea.

Lizarazu is calling it the "elixir of life," because it is a combination of hydrogen-infused mineral water that boasts many benefits, their website information stated.

"Ninety percent of the bottled waters these days is just filtered and packaged with the minerals added," Lizarazu said. The natural minerals are still in the water, and this is where the natural energy in Susosu comes from. The water is packaged in recyclable

aluminum envelopes too, avoiding the plastic bottle, and since the envelopes take up less space, the shipping consumes less energy too.

In 2018 when they started, the distribution was very limited so they were getting the water out there through a limited number of stores and personal acquaintances, but starting June 1, Susosu Water will be available in 130 Giant Food Stores across the area. "We're hoping this will give us our next big step nationally," she said.

Lizarazu got her start in central Springfield where she grew up, going to Crestwood Elementary School and then John Lewis High School back when it was called Lee

High School. In high school, she worked at the Springfield Giant, which recently moved to an upgraded store across the parking lot. She still goes in and sees old friends from when she worked there, and got the idea to approach Giant with the water distribution idea.

Jheen Oh was always into healthy living and jumped in after his father took a trip to Korea and interacted with some water experts there.

Since 2018, Lizarazu and co-founder Oh have been doing all the distribution themselves but as they become bigger, they will need to bring on more employees and a broker agency to coordinate the growth.

## Remembering the Bravery of Nurses

FROM PAGE 10

10,000 having served overseas. [Source: Army Nursing Corp]

The concept of military nursing was new at this point in history, and the U.S. was ahead of other countries at the time. The French were described as having "an almost medieval mindset" toward battlefield medicine; housing their wounded in cellars, barns, and railway cars. In prior years, to separate church and state, nuns in France were banned from serving in Army hospitals although they had been traditional caregivers and healers. Some worked outside government to open independent hospitals where they could. The Germans operated male-only hospitals in their deep, multilayered trenches; even doing surgeries in some. The British had founded the Queen Alexandra's Imperial Military Nursing Service (QAIMNS) in 1902. Similar to the American Army Nurse Corps, they had just under 300 trained nurses on their books

when war broke out in 1914. At the start of the war, they were reluctant to take female nurses, with the belief that women could not cope in field or base hospitals. With an alarming number of casualties mounting, the British military changed their thinking, and by 1918 QAIMNS had over 10,000 trained nurses on its books. A large number of those British nurses were part of the Voluntary Aid Detachment (VAD). Many volunteer nurses from all countries had previously been midwives or nurses in civilian settings; some had no experience beyond life as a domestic servant. Such experience did little to prepare them for the wounds and suffering inflicted on soldiers on the Western Front.

When World War I started in Europe, the nursing corps in the U.S. already had benefited from the establishment of several university nursing programs in the late 1800s following the Civil War. The first founded on the nursing principles of Florence Nightingale, was the Bellevue Hospital School of Nursing in New York City in 1873. Ten years

later came the Medical University of South Carolina College of Nursing; and a few years later, the University of Maryland School of Nursing, and the Johns Hopkins School of Nursing. These early schools were hospital based programs. In 1909, the University of Minnesota offered the first university-based nursing program. It offered a Bachelor of Science in Nursing degree and graduated the first bachelor's-degree educated nurse. By 1916, 13 American universities and three colleges had developed bachelor's nursing degree programs. Before the founding of these nursing schools, little formal education was available to train nursing students. Education was primarily based on an apprenticeship with a senior nurse who taught bedside care within a hospital or clinic setting.

From 1917 to 1918, the Army Nurse Corps sent 5,350 American nurses overseas to serve in France as part of the American Expeditionary Force. All of them were volunteers. Only unmarried women between the ages of 25 to 35 were accepted for foreign

duty. They were stationed at camp hospitals and Casualty Clearing Stations near the front, in harsh conditions. Amputations, gas gangrene, shell shock, disfigurements, poisonous gas, and Spanish flu were common among their patients. An estimated 1,500 nurses from several countries died during the war from disease, accidents, and enemy action. Through their bravery working near the front, and nurses' care and attention in using antiseptic for wounds, the survival rate of wounded soldiers in the war was greatly increased.

The Army Nurse Corp summarized, "The U.S. nurses who served in World War I proved they could save lives and make a difference in patient care close to the battlefield. They provided skilled nursing care and improved patients' morbidity and mortality. Women could not only handle adverse conditions but they were necessary, and the Army recognized that with medals and rank."