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November 1-7, 2023



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VINSON HALL

RETIREMENT COMMUNITY

News



Marybeth Jones sits in line waiting her turn to help paint the new pantry at Culpepper Garden. She chooses turquoise, and Rebekah Pearson paints the inside of Jones' hand, then Jones presses it hard, leaving her mark on the white pantry wall.

New Culpepper Food Pantry Shows Off Hands On Art

By Shirley Ruhe Arlington Connection

ebekah Pearson, Resident Services Director at Culpepper Garden has set up paper plates in the all-purpose room with large pools of tempera paint — red and orange, blue and yellow and even brown for the Helping Hands Party on Monday, Oct. 23.

Marzie Rowzie is first in line and has come to help paint the new food pantry that will be dedicated in November. She says Arlington Food Assistance Center (AFAC) comes every Friday, and twice a month there is a full delivery including fruits and veggies, canned food and meat. On off-Fridays, AFAC

makes a partial delivery with bread, milk and eggs. "It saves me a lot."

But Culpepper Garden has not had a permanent pantry to serve its residents facing food insecurity. Now a grant of \$2,700 from Field to Table has allowed Culpepper Garden to build a permanent food pantry which will be stocked with supplemental non-perishable groceries made available to Culpepper residents.

Field to Table is an Arlington-based nonprofit organization dedicated to building healthy communities in Northern Virginia by promoting better eating and nutrition and encouraging the purchase of food from local farmers and food preparers.

Rowzie choses blue and waits patiently

while Pearson paints the inside of Rowzie's hand, including her fingers, with a coat of paint. "Now pick a spot on the side of the white pantry wall and press down hard."

Garden for two years, is first in line to

decorate the new pantry.

Marybeth Jones is next, and she choses turquoise. Jones says she often works on Fridays when the AFAC food delivery arrives. "I check people in. We have, oh 80 or so. I like it because I get to see a lot of people and meet some new ones." She adds she always gets the fresh fruits and vegetables and the chicken. "But I never get beans. We just never had them when I was growing up."

Tae Kyoung Park has been waiting her turn and thinks she wants red. But by the time it is her turn she has changed to the beautiful shade of violet — not purple she emphasizes.

pepper Garden pantry.

HOTOS BY

By the time the event has ended, multi-color handprints decorate the food pantry just brings back memories of kindergarten one comments "when we used to make handprints just like these to take home to show our parents."

Residents walk by and poke their heads in the doorway. "Is this the paint party?" Several staff have arrived. "I came to put my handprint on the pantry, too. This is just too much fun."

Culpepper Garden is an affordable housing community in Arlington for older adults. It provides 350 affordable independent and assisted-living apartments for low-income older Arlingtonians.

Community Fills ACPD Truck for Arlington Unsheltered

By Shirley Ruhe Arlington Connection

The large Arlington County Police Department truck has already been filled up half an hour after the event begins to collect essentials and cold weather donations for Arlington's unsheltered people. They will be distributed by the ACPD and the Arlington Department of Human Resources to people in need. Officer Hillary Hicken says, "They're unloading the truck. It will be back in a minute to fill up again."

Sgt. Dorian Brooks adds, "It's been really busy so far with a lot of www.ConnectionNewspapers.com

T-shirts, used coats, and essentials like toothpaste and soap." Brooks has been in the ACPD for 13 years and just transferred to the ACPD Community Engagement Division from midnight patrol a few months ago.

Betsy Brown drives up in her white SUV loaded with two golden retrievers and a large supply of T-shirts, backpacks and toiletry articles. Eli and Leo, who has just had a canine orthopedic appointment, are enthusiastically greeting Corporal Patrice Malone and Officer Hillary Hicken through the crack in the SUV window. Brown says, "If I opened the window further, they'd be gone." She says," I try to participate in all of these community events sponsored by the police. It won't be long until the holiday drive. I love the one at Christmas." She adds, "It's just a great idea."

Another person chats with Brooks inquiring if they can use knitted articles. She explains, "I started knitting during the pandemic and now I just knit and knit. I've given my scarves to everyone I know." She checks on the date of the next essentials drive, which was Oct. 25. "I think maybe I can

See Community Fills, Page 4



Betsy Brown pulls up with her two golden retrievers, Eli and Leo, who had just been to his orthopedist appointment. Brown unloads a trunk full of T-shirts and toiletries.



News

Community Fills ACPD Truck for Arlington Unsheltered

From Page 3 have some more knitted by then."

Beth sees the flashing police car lights across the Harris Teeter parking lot and stops with three-yearold Tyler and one-year-old Henry in their stroller to see what is going on. "I'll be back later with some things," she says.

This essentials drive is one of a series of community events hosted by the Community Engagement Division of the ACPD. Other events include the Christmas toy drive, the back-to-school supplies collection in the fall and the non-perishable food drive for AFAC which supplemental provides groceries to Arlington's low-income families. The purpose of these events is to serve the community's needs and to allow citizens an opportunity to get to know their local police.



tween donations to read Henry his book. year-old Tyler and one-year-old Henry.

PHOTOS BY SHIRLEY RUHE The Connection



Officer Hillary Hicken takes a minute be- Beth stops by the ACPD tent for a chat with three-

Alexandria ilm Festival



Arlington County Police Department (ACPD) officers man the essentials collection site on Saturday, Oct. 20 at Lee Harrison Shopping Center. From left: Corporal Patrice Malone, Officer Hillary Hicken and Sgt. Dorian Brooks.

Alexandria





17th annual

News

About The Election

he last day to vote early in person is Saturday, Nov. See for locations and times: https://vote. arlingtonva.gov/Early-Voting

On Election Day, Tuesday, Nov. 7, all Arlington polling places are open from 6 a.m. to 7 p.m. You must vote at your assigned location.

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posed

What's On the Ballot in Arlington:

State Senate - 39th District	Sophia C. Moshasha (Republican) Adam P. Ebbin (Democrat)
State Senate - 40th District	David A. Henshaw (Republican) Barbara A. Favola (Democrat)
House of Delegates - 1st District	Patrick A. Hope (Democrat) unoppo
House of Delegates - 2nd Distric	Adele Y. McClure (Democrat) unopp
House of Delegates - 3rd Distric	Alfonso H. Lopez (Democrat) Major Mike Webb (Independent)
Clerk of the Court	Paul F. Ferguson unopposed
Commonwealth's Attorney	Parisa Dehghani-Tafti unopposed
Sheriff	Jose R. Quiroz, Jr. unopposed
Commissioner of Revenue	Kim E. Klingler unopposed
Treasurer	Carla F. de la Pava unopposed
County Board (vote for 2)	Juan Carlos Fierro Maureen E. Coffey Susan R. Cunningham Audrey Rose Clement

School Board (vote for one)

James Vell Rives IV Miranda H. Turner Arlington Leaf Collection: The Plan for Fall

rlington collects about 50,000 cubic yards of leaves every year. Months ahead, staff analyzes historic data, tree types and density, weather forecasts, state forestry forecasts and resident feedback to develop the leaf collection schedule. Source: https://www.arlingtonva. us/Government/Programs/Recycling-and-Trash/Residential/Organics-Waste/Leaf-Collection

Did You Know? You can compost leaves in your yard, creating nutrient-rich mulch for spring flower beds and trees. https://www. arlingtonva.us/Government/ Programs/Recycling-and-Trash/ Residential/Organics-Waste/Composting

Leaves collected by the County are turned into mulch available for free pick-up or delivery at a nominal cost.

Fall 2023 Leaf Vacuum Schedule Routes run Monday – Saturday

including holidays except Thanksgiving. Two passes per civic association.

(Arlington civic associations map) View the in-season leaf vacuum collection status map

www.ConnectionNewspapers.com

Schedule Information Sign up for leaf schedule Listserv email updates.

Look for neighborhood signs posted three to seven days before each pass by civic association. The first pass is in November (bright yellow); the second pass is in December (orange). Note: The date on the sign marks the beginning of the leaf collection window. Leaves may not actually be collected on that date, but should be left at the curb from that date until they are collected.

Missed a collection? Bag leaves for the next weekly collection or wait for the second vacuum pass.

How to Prepare for Vacuuming

Rake leaves to curb the weekend before the posted start of zone collection (residents with contract lawn services should plan ahead).

Don't block roadways with leaves more than seven days in advance of a scheduled vacuum leaf collection as it can interfere with traction, blocks traffic, limits street parking and is a potential fire hazard.

Pile leaves away from storm drains, water meter covers, low

wires and parked cars.

Remove stones, litter, branches and other debris from leaves to prevent equipment damage and worker injuries.

Don't place leaves in plastic bags or trash carts. Never park your car on leaf piles

– iť s a fire hazard. Drive slowly around leaf trucks,

especially when passing. Always look out for children

playing in and around curbside leaf piles.

Biodegradable Bag / **Green Cart Collection**

Leaf bags are collected yearround on your regular weekly curbside collection day. Leaves can, naturally, also go in the green vard waste cart.

How to Prepare for Collection

Place paper leaf bags/green cart at the curb no earlier than 5 p.m. the day before your regular collection day and no later than 6 a.m. on collection day.

Remove any stones, litter and other debris from your leaves.

Close bags by folding them top down.

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Entertainment



The Dominion Hills Fall Craft Show takes place on Saturday, Nov. 4, 2023 in Arlington.

Dominion Hills Fall Craft Show

10 a.m. to 5 p.m. At Dominion Hills Area Recreation Center, 6000 Wilson Blvd., Arlington. The Dominion Hills Fall Craft Show celebrates its 20th anniversary this year. Twelve fine art and craft vendors will offer holiday shoppers the best in local art including jewelry, pottery, glass, abstract and landscape paintings, polymer clay, artisan chocolates, wood working, handknits, bookmaking, bath and body products, coiled baskets and much more. Visit https://www.facebook.com/dominionhillsfallcraftshow/ for more details and artist information.

CHECK OUT THE PLANT CLINICS!

The Arlington Central Library Plant Clinic at 1015 N Quincy St, Arlington operates on Wednesdays from 6:00 - 7:45 pm. The Alexandria Old Town Farmer's Market Plant Clinic at 301 King St, Alexandria operates on Saturdays from 7:00 - 9:30 a.m. The Arlington Farmers' Market at N 14th and N Courthouse Roads operates on Saturdays from 8:00 – 11:00 a.m. The Del Ray Farmers' Market Plant Clinic at Oxford & Mt. Vernon Avenues, Alexandria operates on Saturdays from 8:30 – 11:00 a.m. The Fairlington Farmers' Market Plant Clinic at 3308 S Stafford St, Arlington, operates on Sundays from 9:00 – 11:00 am.

SEPT. 29 TO NOV. 5

"The Tell-Tale Heart." At Synetic Theater, Arlington. Step into the eerie world of Edgar Allan Poe's The Tell-Tale Heart, where madness takes hold and the boundaries of sanity blur. In this twisted tale, an eccentric old man and his caretaker embark on a lethal dance that spirals into madness and murder. With dark humor and a haunting atmosphere, Synetic invites you to question: who is the crazy one? Visit www.synetictheater.org for dates and showtimes.

NOW THRU NOV. 24

Movement & Textures. At Gallery Underground, Crystal City, Arlington. Nataliya Gurshman presents her solo show "Movement & Textures", featuring works in oil that originate from her experiences of winter growing up in Leningrad. These formative years became rooted in her soul and are expressed in her lush and textural pieces. Opening Reception: November 3, 2023, 5-7 p.m.

WEDNESDAY/NOV. 1

Invisible Warriors: African American Women in World War II. 11:30 a.m. At Arlington Central Library Auditorium. Discover the untold story of the 600,000 African American Rosie the Riveters who worked in factories, shipyards and government offices during World War II through this documentary film, "Invisible Warriors: African American Women in World War II." Filmmaker, historian and retired professor Gregory S. Cooke will join us to introduce his film and take questions afterward.

WEDNESDAY/NOV. 1

Choral Evensong for All Saints and All Souls - Evening of Sacred Music and Prayers. 7 p.m. At St. Andrew's Episcopal Church, 4000 Lorcom Lane, Arlington. Join in an evening of sacred music and prayers in thanksgiving for the lives of all the departed. This concert marks another inspired collaboration between St. Andrew's Arlington, the Episcopal Church of the Holy Cross Dunn Loring, and St. Timothy's Episcopal Church Herndon. Visit standrewsarlington.org.

FREE CHAMBER MUSIC CONCERTS

Friday/Nov. 3 and Nov. 10. At noon. At. St. George's Church, 915 N. Oakland Street, Arlington. The Friday Morning Music Club will continue its noon chamber music concerts the first and second Fridays of the month at St. George's Church. The program for November 3 will feature works by J.S. Bach, Clarke and Schubert; the November 10, Weber, Faure, Bloch and Shostakovich. Free, no ticket required. Visit https://fmmc. org.

Arlington Leaf Collection

From Page 5

Never use plastic bags for yard waste — they can't be composted and won't be collected

Biodegradable paper leaf bags are available at most hardware stores. Or you can use any bags left over from the spring.

Free paper yard waste bags are available from Arlington County during posted spring www.ConnectionNewspapers.com

and fall seasonal dates.

Missed or Partial Pickup

Report a missed or partial pick-up after 5 p.m. on collection day online by using the "Residential Curbside Collections" missed collections form or by calling 703-228-5000 Monday-Friday, 7 a.m. to 7 p.m.



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A "Madder" of Perspective



By KENNETH B. LOURIE

My wife, Dina and I have been married for almost 45 years. In that time, we have discovered, among other admissions; that we don't think alike, eat alike, drink alike and joke alike, as an extremely brief sample. In general, we have much less alike that would lead one to consider on paper, anyway, the logic of our potential togetherness. Given that that ship has sailed, and we have survived this test of time, it's worth mentioning/summarizing that we don't always get along. And just recently I was reminded of that reality from a very unexpected source: a website of a company from whom I regularly purchase my vitamins, minerals, supplements, et cetera. Maybe being reminded of our ongoing dilemma from an unexpected and totally independent/non-partisan source might have an affect on me. (I won't say that it could actually impact our marriage because to say so would confirm how little I've learned during our marriage. Rome wasn't built in a day. And neither is the communication between a married couple so easily transformed. It takes work, lots of work, and unfortunately for Dina, this experience is brand new - to me.)

This electronic missive, which was this pill provider's second attempt to encourage me to re-order (which according to their records, I was past time to do so) was friendly enough and certainly reasonably intended. However, I didn't take it as such. I took it as bothersome. My knee-jerk reaction was to say – out loud: "Stop bugging me!" It was this verbal counter punch that reminded me of the nature of the relationship/marriage I share/experience with my wife, and the motivation for this column.

Typically, and this won't come as a news flash to those who know us, I am the more responsible party. To clarify – for the sake of this column and my life, I'm the one

who's more aware/responsible for times, dates, bills due, people/procedures to follow to solve problems; in short, the mundane and boring; that's me. As a rest, our reality is that I'm the one doing the reminding about such and such. It's my nature. I'm happy to do it and for me, it's no problem. Dare I say, it's my job. Still, as much experience as I have in this capacity, I have on occasion said something to Dina about something I felt was time-sensitive - or felt that I was being helpful/necessary in what I was saying, that she didn't feel was nearly as important as I did. Moreover, she may have felt the intrusion into her comings and goings was more frequent than it needed to be. On this too-frequent occurrence, Dina would invariably say: "Stop bugging me." (Finally, the point of the column.) And I would invariably respond: "I'm not bugging you. You're being bugged by me." Which from perspective, means I'm acting within my hypothetical marital rights (and apparent wrongs) in saying this because it's not about me. It's more likely about us or her. I'm merely stating a fact whose utterance was meant to be helpful, not bothersome, and certainly not nagging.

Since I'm the one writing this column, I will admit that these types of conversations/interactions are my opinions and do not reflect Dina's opinion/reaction. In fact, often, they didn't always go so well. Most often they go badly. And despite my best intentions, as has been made abundantly clear to her numerous times, I was not being helpful at all. And after receiving this second email from the pill provider (they are not prescription medications, they are over the counter), a business from whom I've bought thousands of pills over 14-plus years, I sort of snapped; well for me, snapped: I talked back to the computer in an irritated tone. (Dina also hates when I use tone as another method of communication.) And what did I say, exactly, to the computer? "Stop bugging me." And then I laughed. So that's how Dina has felt all those times when she felt compelled to tell me to stop bugging her. From 1978 to 2023, finally now we're simpatico, sort of. I suppose turnaround is fair play - or at least possible (I think I'd hold off saying probable)

You see it is possible to teach an old dog – or in this case, an old husband, new tricks/new behaviors. I don't think I'll have similar agreement with this pill provider so I will refrain from subjecting myself to whatever ridicule or response I'm likely to receive – regardless of their tone, from the company when I ask them to spare me their

marketing initiatives. As a businessman I can appreciate valuing and remaining connected with your active/existing clientele. As one of those active/existing clientele, I don't have to like it, especially if they're initiating more than I feel they should. Then it becomes a losing proposition. The exact opposite of what the company – and our marriage, is supposed to be.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Good Reads



Marty Pippins, book sales manager for the annual fall Arlington library book sale October 26-30, takes a short break after working non-stop since Monday to get everything ready.



Brian Horn, longtime library volunteer, heads for his favorite aisle, science fiction, which is so popular they can't keep the shelf stocked.



Linda Friedman, Volunteer Coordinator, says foreign language dictionaries are much in demand.

A Page a Day Keeps The Doctor Away

180 shoppers arrive in the first five minutes of the Arlington Public Library book sale.

By Shirley Ruhe Arlington Connection

n the first five minutes of the book sale at the Central Library on Thursday night, 180 people had come through the door. "We were surprised," Marty Pippins, book sale manager, said. Then on Friday morning it happened again with 172 people coming through in the first five minutes. Some people came prepared with rolling carts, some with bags and some with their shopping lists.

The library book sale ran Thursday-Sunday and officially began on Thursday night with Members Night. This is the time when the big book dealers make their appearance to snatch up the deals for resale. Peter Petruski, Division Chief of Collections and Access for the Library equates it to Black Friday. "It's wild, very exciting. The dealers are first in the door with a plan and a mission and know what they are looking for."

One of the volunteers observes it is like a shark feeding frenzy with aggressive resellers that aren't very polite.

Petruski says, "You can get gems in any section. There has been a big run on art books. There are a lot of gorgeous art book donations that are brand new." He added the book sale seems to have recovered from the pandemic and returned to pre-Covid sales. 8 ARLINGTON CONNECTION NOVEMBER 1-7, 2023

Pippins says they have a dealer wall in the back corner for the purchases by the resellers where one reseller stacked their 75 boxes. "The largest sale was \$6,000 to a D.C. bookstore. Sales had totaled \$40,000 the first day."

Brian Horn, both a donation processing team and a sales volunteer, said he does it because "it's fun meeting the public and seeing some wonderful things." Horn has been on the donation processing team since 2015 and working sales since 2010.

"It's wild, very exciting. The dealers are first in the door with a plan and a mission and know what they are looking for."

— Peter Petruski, Division Chief of Collections and Access, Arlington Public Library

There were 49 aisles full of books ranging from biography, animals, economics, to religion, travel, humor and children's. "Children's books are \$1 each, a real bargain." Horn adds that on Sunday they have a 50 percent discount for teachers and also for the public.

Horn walks to his favorite aisle and pulls 7 2023



Volunteers process the book purchases for the annual library fall sale on Friday, October 27.

"Shadow of the Wolf" from the science fiction aisle. "We couldn't keep science fiction on the shelves. Yesterday we had nine people looking at a time, and the shelf got emptied. We had to restock." Horn's wife, Merri Horn, is in charge of the donation processing team and says they work year round sorting and culling the donations from the community and getting the books ready for the sale. Merri says they don't accept books that are moldy or not in good condition or that have been underlined. "We want them to look like new," Brian says.

Linda Friedman, Volunteer Coordinator, said she has noticed a lot of people come in looking for military history, graphic novels and foreign language dictionaries. "Today we have roughly 80 volunteers working in four-hour shifts. It is very common that people work more than one shift. Tim has signed up for six shifts." Tim explained he used to work at the book sale even when he had a full-time job. Friedman says 168 volunteers signed up to work during the four-day sale.

Pippins said setting up for this book sale began on Monday, Oct. 23 when they pulled out the 82 book carts, half rented and half belonging to the library. The volunteers set up the perimeter fence along the edge of the library garage where the book sale would be held.

Then on Tuesday, he continued, they pulled out 600 of the 2,000 boxes of books stored in the cage and placed the boxes where by category. "The boxes were mixed up in there. It was the only way we could store them but we can't see what is there." He explained, "We just pulled out and opened 600 boxes because we didn't want to open too many and have to put them back."

Pippins said they open and shelf the books on Wednesday. "When we got the initial books placed on the shelves we could see we could add another 100." Pippins added he has been doing this for about 10 years. "There's a lot of logistics."

Once the fall book sale is over, there are always a lot of books left unsold. Pippins concluded, "On Monday a couple of companies with 3-4 20-foot trucks come and take the leftover books away. They try to resell the books and give us a little but not much." Then the books are gone, and they start

Then the books are gone, and they start all over again.

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