

# Is Her Beautiful Smile Good Genes, Or Does She Have A Secret?

A smile so natural, only her dentist knows for sure.



# **Empowered**

Eating her favorite foods, free to travel and live the life she wants. Not afraid to laugh or get close to the ones she loves. Many peers have missing or failing teeth, some even have dentures. How does she do it?

## Odds Against Us

Virtually every adult will lose a tooth in their lifetime. For many, the suffering doesn't stop there. As we age, factors ranging from poor oral health to heredity often bring about accelerated tooth loss - so much so that the average American will lose 4 or more teeth by the time they reach 50 years of age.

## **Traditional Remedies**

Historically, alternatives to failing teeth often involved a lifetime of glues, creams and adhesives and often were accompanied by discomfort and changes in appearance - meaning the options for treating missing or failing teeth could do little to alleviate the physical and emotional discomfort of tooth loss.

# **Dental Implants**

Dental Implants are now considered a "Standard of Care" when replacing missing teeth and are often a better treatment option than conventional dental crowns, bridges, partial and full dentures. Dental Implants have been proven to be a more successful long term option when compared to these more traditional approaches. The appeal of dental implants is very simple: implants look and perform like natural teeth and fit precisely without the need for adhesives. They are permanent and cared for just like natural teeth and restore one's natural smile.

# ClearChoice Dental Implant Centers

Before ClearChoice, getting implants could take over a year and involve endless visits to multiple providers. Our state-of-the-art facilities bring everything together under one roof. The doctors, technicians and cutting edge technology needed for a fast, convenient result can all be found in one place. That is how ClearChoice can deliver beautiful smiles in just one day.\*

# Consider this:

MYTH: Tooth loss affects a relatively small group of people.

FACT: By the age of 50, the average American is missing 4 or more teeth.

MYTH: Tooth loss is almost always a result of poor oral hygiene.

FACT: Oral hygiene is important, but genetics and age are significant drivers of tooth loss.

MYTH: Dental problems caused by gum disease and tooth loss resolve themselves quickly.

FACT: Most dental problems do not "self-resolve" and usually become worse with time.

MYTH: Dentures are the only option for those dealing with tooth loss.

FACT: Dental implants look and feel like your natural teeth and are a modern alternative to dentures.

## Your Satisfaction Is Important To Us

ClearChoice Dental Implant Centers provide comprehensive implant treatment professionally and affordably. That's why an independent survey of thousands of patients showed they would overwhelmingly recommend ClearChoice to otherst. At ClearChoice, we work to ensure that no one leaves until they are happy with their smile.

# So Did She or Didn't She?

Almost anyone that has lost multiple teeth or even a single tooth is a strong candidate for dental implants. So next time you see someone over 50 with a beautiful, radiant smile ask yourself ... is she lucky or did she make the ClearChoice?

Discover the procedure that can make even the most troubled smile clear and beautiful - in just one day!\*

CALL TOLL FREE 1.855.829.1130 TODAY

Schedule a no-obligation consultation with a ClearChoice doctor right now and receive a FREE 3-D CAT Scan (\$700 value). Call today.

TYSONS CORNER: Stuart L. Graves, DDS, MS • Debora Armellini, DDS, MS • Samantha Siranli, DMD, PhD ROCKVILLE: Stuart L. Graves, DDS, MS • Ben Javid, DDS

ClearChoice Dental Implant Centers are locally owned and operated by licensed local dentists, and are part of a professional affiliation of implant practices operated by oral surgeons, prosthodontists and restorative dentists across the U.S. \*Qualified patients can have their procedure in one day after initial workup without additional bone graft surgery. Results may vary in individual cases. Limited services available at satellite offices. Independent Dental Implant Survey March 2011. America's #1 Choice determined by an Independent Patient Survey 2011. © 2012 ClearChoice Dental Implant Centers

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America's #1 Choice For Dental Implants





Dental Implant

NEWS

VIENNA/OAKTON CONNECTION EDITOR KEMAL KURSPAHIC 703-778-9414 or vienna@connectionnewspapers.com

**U.S. Congressman** Gerry Connolly, Virginia Delegate Mark Keam, Mayor M. Jane Seeman and Virginia Senator J. Chap Petersen celebrate the unveiling of the Freeman Store plaque commemorating its historical designation in the Commonwealth.



# History Revisited in Vienna

# Freeman Store Historical Plaque unveiled.

By Donna Manz The Connection

ore than 100 members of the Viennaarea community and a cast of local dignitaries took part in the program at Freeman Store on April 21 at which the plaque commemorating Freeman Store's historical designation in the Commonwealth was unveiled.

"Celebrating history is one of the most pleasurable parts of public service," said U.S. Rep. Gerry Connolly (D-11), noting Vienna's "important role in resisting secession.

" ... We have to remember what happens when the glue that holds society together falls apart," said

Mayor M. Jane Seeman gave opening remarks and introduced the ceremony's speakers. Rev. Dr. Kenny Smith of the First Baptist Church of Vienna, retiring April 29, gave the invocation. Rep. Connolly, Del. Mark Keam (D-35), and state Sen. Chap Petersen (D-34) offered brief insights into the circumstances that pulled the country apart in 1861 and the role that Freeman Store played during the Civil War and in Vienna's history.

THE FREEMAN STORE is the first historic landmark in Vienna to be named to the Virginia Historic Register. The recognition was approved by the Virginia Department of Historic Resources [DHR] on September 22, 2011.

Seeman recognized Vienna Volunteer Fire Department volunteer Tom Bonner for 50 years of service to the department. Bonner was accompanied by VVFD president Bob Zillian and Auxiliary president Joan Dempsey, all in full dress uniform on a hot, humid day. Del. Keam, on Virginia's Sesquicentennial Commisson of the American Civil War, brought a note of levity when he honored Vienna historian Mayo Stuntz for his research of the area, and, for "producing" Anne Stuntz, Historic Vienna, Inc. president.

Petersen, whose college thesis was on the origins of the Civil War, alluded to the conflict as a test of the "great American history of democracy."

Known as Lydecker Store when it was built in 1859, the building was used during the Civil War as a base for both the Union and Confederate armies, including its use as a hospital. Vienna stood its Union ground and, unlike most of Virginia, voted against secession in 1861.

The Lydeckers and Freemans were joined in business through marriage soon after the Civil War ended and the Freeman family eventually took over the building. Leon Lydecker Freeman took the reins from his father in 1894. He was the first president of Vienna's volunteer fire department, and was elected Fairfax County's first Republican Delegate to the Virginia General Assembly since the Civil War.

Anne Stuntz, Hunter Mill District Supervisor Cathy Hudgins and Town Council members Laurie DiRocco, Laurie Cole, Howard Springsteen, Edythe Kelleher and Carey Sienicki rounded out the honored-guest list. The Vienna Community Band played a selection of patriotic music and the 17th Virginia Infantry Regiment, Company D, the Fairfax Rifles Living History Society and the combined American Legion Post 177 and 17th District Honor Guard presented the colors. The Fairfax Rifles closed the ceremony with a volley across Freeman Store grounds. On the lawn, HVI volunteers served refreshments, including a Freeman House replica cake.

The interior of the Freeman Store and Museum is owned by Historic Vienna, Inc., which operates the facility through a lease with the Town of Vienna. HVI volunteers have administered and run the Freeman Store and Museum since 1976.

To support Historic Vienna, Inc., www.historicviennainc.org for details.



The 17th Virginia Infantry Regiment, **Company D, the Fairfax Rifles Living** History Society, fired the closing volley.

**Supervisor John** Foust (D-Dranesville) confers with Supervisors Jeff McKay (D-Lee) and Linda Smyth (D-Providence) before the budget mark-up session on Friday, April 20.



# **Budget Session Provides** Snapshot of 2013 Budget

Highlights include restored funding for human services, libraries, employee pay.

> By Victoria Ross The Connection

early 100 advocates packed a conference room at the Fairfax County Government Center Friday, April 20, to get a preview of coming attractions for the next fiscal year.

After months of debate, it appears the final \$6.7 billion fiscal year 2013 budget proposed by County Executive Anthony Griffin will restore pay adjustments for county employees, add public safety personnel, restore library hours and increase funding for a variety of human services programs.

"This budget will maintain the same effective tax rate as included in the budget proposal advertised by County Executive Tony Griffin in February," said Chairman Sharon Bulova (D-At-large) after Friday's meeting. The board formally adopts the budget on Tuesday, May 1.

She said shifting a half cent from the storm water fee to the real estate tax rate (\$1.075 per \$100 value) will provide nearly \$10 million in "fiscal flexibility" for next year's budget. Other savings and adjustments - including more than \$4 million in fiscal year 2013 revenue reserve for state reductions brings up the amount of available resources to nearly \$25

"With that flexibility in place, and with savings identified within the advertised version, the final budget will improve public safety, restore library hours, maintain critical human services and establish a human services reserve, and restore we are investing in our pay adjustments for County employees," Bulova said.

In the proposed budget package, county employees are merit increase on top of the proposed 2.18 percent market rate adjustment at a cost of about \$16.5 million.

"They deserve a raise," said Supervisor John Foust (D-Dranesville). "Their cooperation over the past couple of really tough years has enabled us to avoid draconian service cuts without increasing the tax burden."

In addition to the increased pay for employees, the board proposed restoring cuts and providing additional funding for an array of human services

"It does matter when people come to the public hearings," Bulova said. "These (recommendations) are based on feedback in response to recommendation from the Human Service Council."

In the past few years, Fairfax County's award-winning libraries have "taken an inordinate hit," Bulova said. The board recommended restoring nine hours each week at the county's regional libraries, and three hours at the county's community libraries. In addition, the board proposed funding 14 part-time positions to meet staffing needs at community libraries. Total cost: \$674,359.

Foust said he believed the proposed budget reflects "a reasonable balance" of the concerns and priorities we heard from many segments of the community.

"I think we have found some creative ways to restore some of the public safety and human services cuts that had been advertised," he said.

"When we adopt our budget, community's priorities. The fiscal year 2013 budget for Fairfax County, once marked up on April 24 and adopted on May poised to receive a 2.5 percent 1, will do just that," Bulova

# Coming In from The Cold

# Fairfax County hosts hypothermia meeting to address shelters' concerns.

By Victoria Ross The Connection

airfax County officials met with about 75 representatives from churches and other houses of worship Sunday, April 22, to address rumors and concerns that the County's Fire Marshal will shut down their hypothermia programs next winter - and shut out many homeless residents - because of fire code violations.

Held at St. Stephens United Methodist Church in Burke, the information session was hosted by county staff, elected officials and nonprofit partners. Panelists included Amanda Andere, executive director of FACETS; Kerri Wilson, executive director of Reston Interfaith and Deputy County Executive Patricia Harrison.

"I think the bottom line is that the fire marshal's office will work individually with houses of worship to make sure they are safe and up to code," said Fairfax County Board of Supervisors Chairman Sharon Bulova (D-At-large),

who called Sunday's meeting.

"In some cases, it might be as simple as a installing a smoke detector or carbon monoxide detector," she said.

Currently, about 35 houses of worship provide shelter to approximately 1,000 homeless residents during the winter months. Each year, various churches, synagogues, mosques and temples take turns providing space to provide food and shelter for the homeless population during the winter months. Last year, there were no hypothermiarelated deaths reported during

Supervisor Cathy Hudgins

(D-Hunter Mill), who has been a longtime advocate for the county's homeless population, said she wants to see the county maintain a partnership with the faith community in a safe environment.

"But the more critical issue is how will we eliminate or reduce hyperthermia without the needed housing? Our faith partners are looking to us to do the heavy lifting by providing the housing so they can support the county by serving the clients," Hudgins said.

Sunday's meeting was prompted by concerns from some church leaders that they would be forced to shut down their programs due to fire code violations.

On Monday, April 16, the Rev. Keary Kincannon of Rising Hope Mission Church in Alexandria sent out a press release stating the county will close 18 of 36 churches that host a hypothermia program.

"Nine churches will not be allowed to bring the homeless in from the cold under any circumstances. An additional nine require extensive work to correct code violations that may cost hundreds of thousands of dollars," Kincannon said in the release.

Last week, Bulova said four houses of worship may be affected by their inability to comply with fire

# Fast Facts about Fairfax County's Hypothermia Prevention Program

During the 2010-2011 winter season, approximately 1,025 residents sought shelter through Fairfax County's Hypothermia Prevention Program, in partnership with other agencies.

♦ During the 2011-2012 winter season, partners opened their shelters to "no turn-away" status on Nov. 1, even if the weather was not at freezing temperatures.

❖ FACETS' Hypothermia Prevention Season is Nov. 21 through March 17. FACETS served more than 219 clients last season.

❖ Volunteers of America Chesapeake (VOA) Baileys Crossroad's Hypothermia Program served more than 442 clients last season and an additional 84 clients in their other winter seasonal programs for a total of 526 clients.

\* Reston Interfaith's Embry Rucker Community Shelter (ERCS) operates three separate winter programs. The ERCS Winter North County Program and winter seasonal programs served over 298 clients last season.

♦ The Homeless Healthcare Program (HHP) has four nurse practitioners from the Fairfax County Health Department providing free flu shots during Hypothermia Prevention season.

For more information on Fairfax County's Hypothermia Prevention Program, go to http://www.fairfaxcounty.gov/homeless/partnerupdate/partnership-highlights-hyposeason2011-12.htm

"I think the bottom line is that the fire marshal's office will work individually with houses of worship to make sure they are safe and up to code."

— Chairman Sharon Bulova, Fairfax County Board of Supervisors

codes, not 18, and stressed Fairfax County's longstanding support of the Hypothermia Prevention Program.

"I have been working with County staff to make sure safety concerns that arose during this program year are addressed before the 2012-2013 program begins," Bulova said in an email announcing Sunday's session.

"I am committed to finding solutions that do not put undue burden on houses of worship but still provide adequate safety for the vulnerable population that relies on the Hypothermia Program during the winter months."

Supervisor John Cook (R-Braddock), who attended Sunday's meeting and met with faith representatives last week, said part of the concern was that some churches heard they were on the list (for code violations), but didn't know why.

"There was a real interest in churches to counter the rumor mill," Cook said. "The meeting was a good step in that regard."

Cook said other localities, such as Richmond and Virginia Beach, have encountered similar issues because the fire code is a state-wide set of regulations enacted by the General Assembly but enforced by local jurisdictions. Tensions arise because each jurisdiction has some discretion when interpreting the codes.

"Everyone has to take deep breath, and recognize that we have to work through a process," Cook said. "But there's a significant commitment and confidence on the county's part that we can work through these issues."

"Fairfax County has a unique partnership with our faith communities and non-profits. We are committed to serving the homeless population in a way that is compassionate and ensures their safety," Bulova said.



Del. Barbara Comstock (R-34), Virginia's First Lady Maureen McDonnell, Gov. Robert McDonnell, Kevin Fay, Dranesville District Rep. Fairfax County Park Authority Board, Sharon Bulova, Chairman, Fairfax County Board of Supervisors (D-At-Large), and Juliann Celemente, hostess and President of Friends of Clemyjontri Park, welcome supporters to the Park's annual fundraiser.

# Supporting Clemyjontri

# Concert in the Park moves indoors.

By Andrea Worker The Connection

n Saturday, April 21, the Friends of Clemyjontri Park Foundation in McLean held their second annual Concert in the Park – sort of. The theme of this year's black-tie fundraising event was "Under the Big Top" and was scheduled to take place under the park's newly installed 900 sq. ft. canopy, built to provide shade and available for rental for special occasions. The Fairfax Symphony Orchestra was prepared to play an appropriate selection of circus-worthy selections under the baton of FSO Music Director, Christopher Zimmerman.

The event had been re-scheduled from last September, due to inclement weather. Sadly, the weather once more refused to cooperate: Instead of gathering under the Big Top, the 100 guests, including Virginia Governor Robert McDonnell and First Lady Maureen, huddled under umbrellas as they entered the new venue – the home of Dan and Juliann Clemente, just minutes away from the Park.

Julie Clemente is the founder and president of the Friends of

Clemyjontri Park, and along with her husband and numerous family members, has been instrumental in seeing the park come to life from the drawing board and the dreams of Adele Lebowitz, the widow of Mortimer Lebowitz who founded Morton's Department Stores in Washington, D.C. in 1933 and ran them for more than 60 years. In 2000, Adele Lebowitz donated the family's 18.5 acre McLean property to the Fairfax County Park Authority (FCPA). The name, Clemyjontri, was derived from Lebowitz's four children: Carolyn, Emily, John, and Petrina.

"She had just a few conditions to go with her very generous donation," said Clemente. "The park had to be built within five years. It had to have a carousel, and that carousel and all the playground's equipment had to be accessible to all, regardless of mobility. And that is how and why Dan and I got involved." Clemente explained how they were contacted by the FCPA in the fourth year following the bequest. "Building and maintaining an all-accessible playground costs a lot more than a regular play park," she SEE CLEMYJONTRI, PAGE 19



Members of the Fairfax Symphony Orchestra Allison Bailey, Tim Wade, Greg Rupert, and Andrew Hesse provided the entertainment for the event.

# COMMENTARY

# Good, Bad and Ugly in Virginia Budget

BY CHAP PETERSEN STATE SEN. (D-34)

he Virginia Senfinally adopted the State Budget on a vote of 21-19 last week. It now goes to the Governor for his amendments.

Some parts are good, some parts are bad, and some parts are ugly. One part is missing:

The original Senate budget, which passed 35-4 with widespread support, inserted \$300 million in additional construction funding for Dulles Rail. That funding matched the \$150 million initially proposed to "buy down tolls" for northern Virginia commuters — a proffer that resulted after months of lobbying by Northern Virginia lawmakers. With that money missing, the State Budget is a failure.

Is this just a regional issue? Not hardly.

Dulles Airport connects Virginia to the world. With non-stop flights to the capitals of Asia, Europe and the Middle East, it is the nerve center of our international travel. It



has driven the unprecedented growth in western Fairfax Loudoun Counties.

Dulles Rail, the rail line connecting the Airport with the Nation's

Capital, has been stuck in the planning stages for too long. It was already "old news" as a state objective when I joined the Regional Commission as a young City Councilman in 1998. And yet it languished for years, as the Region fought through various recessions and other projects took priority.

During that time, Dulles Rail was the focus of criticism and controversy, particularly in the failure to tunnel through Tysons Corner or implement a Bus Rapid Transit system as an intermediate step. I'm aware of these criticisms, because I made them.

But let's not lose sight of the Big Picture. Dulles is Virginia's access portal to the 21st century. Along with the ports of Hampton Roads, it represents the focal point of our

international trade and commerce. That trade is growing.

That brings us to the 2012 special session.

Heretofore, the Commonwealth has done little to support this critical state project, which is now completing "Phase I" of its construction. Instead, the project has been funded by local landowners, local governments, the Federal government and commuters in the Dulles Corridor.

Seeking to change this dynamic, the Senate — after significant debate — added the additional \$300 million in state money last month. Note that this is barely 6 percent of the overall project cost, which is more than \$5 billion.

Yet it's critical, especially as local governments like Loudoun County must decide in the next few months to commit their own money to Phase II of the project, which will link the Rail Line to the Airport and into Loudoun.

Is the project perfect? No. Is the Metro Washington Airports Authority, the operating authority, perfect? No. But no project ever is. (Read a history of the intercontinental railroad, the most important infrastructure project in U.S. history, which was riddled with corruption).

But Virginia says it's broke. Where can these funds come

Just look at projects like the widening of Rte 460 in Southside Virginia, which is not supported by a single jurisdiction in southeast Virginia yet will cost \$500 million. In fact, the City of Portsmouth told us recently they don't want "this very costly capital project."

Why are we dumping money in a project nobody wants, and ignoring Dulles?

The Budget remains a unique opportunity to fix this situation. While transportation projects are not typically itemized in a biennial budget, it's not unprecedented. What is unprecedented is the lack of state support for a project that will bring billions in trade and revenue to the Commonwealth.

The Governor can still win this battle with a stroke of his pen, by making a fiscal commitment to Dulles Rail when he amends the State Budget. It's all in his hands.

# FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to vienna@ connectionnewspapers.com. Deadline is Friday.

The Antioch Christian Church, 1860 Beulah Road in Vienna, will be hosting Compassion International Sunday on Sunday, April 22 at 9:30 a.m. and 11 a.m. with speaker Tom Wigglesworth. Compassion Sunday is a national event that draws attention to the needs of the world's poorest children. At this event, there will be an opportunity to sponsor a child and to learn of new ways to help bring an end to childhood poverty. www.antiochdoc.org or 703-938-

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers three Sunday services and a host of musical, educational, outreach, and fellowship ministries to enrich spiritual growth. 7:45 a.m. Worship Service without music; 9 a.m. Worship Service, Children's Chapel and Children's Choirs; 10 a.m. Sunday School and Adult Forum; and 11 a.m. Worship Service with Adult Choir. 703-759-2082.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

# 





The Rev. Jacqueline Thomson The Rev. Denise Trogdon

703-437-6530 www.stannes-reston.org 1700 Wainwright Dr., Reston



Peace Baptist Church ... 703-560-8462 Bethel Primitive Baptist Church ... 703-757-8134 Cartersville Baptist Church . 703-255-7075

Oakton Church of the Brethern ... 703-281-4411

Catholic Our Lady of Good Counsel ... 703-938-2828

703-281-3987 The Vine Methodist Church ... 703-573-5336 Ephiphany United Methodist ...

703-938-3494 Great Falls United Methodist... 703-759-3705

Unitarian Universalist Congregation of Fairfax .. 703-281-4230

Unity Unity of Fairfax ... 703-281-1767

# OPINION

# Connection Wins Public Service Award for Homeless Coverage

VPA Award for Journalistic Integrity and Community Service; plus 44 other awards.

Association Award for Journalistic Integrity and Community Service last Saturday, April 22, "for exhaustive coverage of homelessness in the newspaper's circulation area." The award was announced in Roanoke at the press association's annual convention. EDITORIAL

The public service entries were judged by Robert Giles, former editor immediate past curator of the Nieman Foun-

Giles wrote of the Connection coverage:

"Its stories gave voice to the homeless. Its stories effectively portrayed the plight of the poor living in tents and other makeshift shelters. It reported on how poverty and homelessness affects children. It examined the causes of homelessness and explained why people don't have a place to live even when some have a job. It reported on the role of government and groups that advocate for the poor.

he Connection Newspapers was It provided extensive lists of community orgaawarded the Virginia Press nizations with missions to help the poor and homeless, and told how individuals could vol-

> "It invited knowledgeable citizens to contribute guest editorials that offered perspectives and fresh ideas for addressing the problems of

homelessness."

The online component of the homeless project also won first place in the

multimedia category. Edited by Michael and publisher of The Detroit News and the O'Connell, the project included stories, video and photos by Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs and Amber Healy.

> The Connection Newspapers group, including the Alexandria Gazette Packet, Mount Vernon Gazette and Centre View and Potomac Almanac, won 45 awards in all.

> The Alexandria Gazette Packet won 17

The top award winner was Michael Lee Pope, who won 12 awards including first place for government writing; health, science and environmental writing; in-depth or investigative

# WINNING ENTRIES, CONNECTION, CENTRE VIEW

See a complete list of winners on page 14

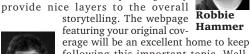
❖ Virginia Press Association 2011 Award for Journalistic Integrity and Community Service

Michael O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs, Amber Healy, 1st Place, Fairfax Victoria Connection, Multimedia Feature Report, Ross



Judges comments: Wow. This is an amazing endeavor. The print and digital

components complement each other nicely, although I would have liked to see some aggressive promotion **Deb Cobb** of digital from print. The video and photo gallery





following this important topic. Well-❖ Alex McVeigh, 1st Place, Great Falls

Connection, In-Depth Or Investigative Reporting

❖ Bonnie Hobbs, 1st place, Centre View, Educa-

tion Writing, Judges Comments: What the judges really appreciate about Bonnie's stories is that each one is a unique, interesting and very readable story that makes the sometimes dry subject of education coverage appealing to Bonnie



readers. Much more than the "school Hobbs board did this and the school board did that" type stories that so many newspapers publish, not to say that this coverage is not important. Bonnie's work really made us want to read it. Good job, and congratula-

& Bonnie Hobbs, 1st place, Centre View, Feature were fantastic. Great writing style really makes these unique stories shine. Nicely packaged final product. Well done!

\* Deb Cobb, 1st place, Fairfax Connection, Online Slideshow, Wounded Warriors at Bat

❖ Deb Cobb, 1st place, Fairfax Connection, General News Photo, Warm Welcome, Judges comments: I love how every subject in this photo is engaged into a moment. Wonderful.

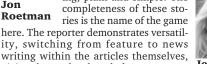
❖ Deb Cobb, 1st Place, Burke Connection, Photo-Illustration, Vampire Feast, Judges comments: The intensity in the model's face combined with the high contrast photo make this a dynamic illustration for a story about vampires.

❖ Victoria Ross, 2nd place, Fairfax Station/Clifton/ Lorton, In-Depth Or Investigative Report-



Station/Clifton/Lorton, Sports Writing Portfolio, Judges comments: This entry exhibits solid sports reporting, plain and simple. The

completeness of these sto-Roetman ries is the name of the game here. The reporter demonstrates versatil-



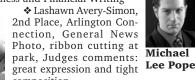
💠 Jon Roetman, 2nd place, Fairfax

giving the reader the whole story. ❖ Jeanne Theismann, 2nd place, Mount Vernon Gazette, Feature Story Writing, 10th Anniversary of 9-11, Judges comments: Good job of writing about the 10-year anniversary of

9/11 — many stories were written, this was one of the better ones. Nice work. ❖ Louise Krafft, 2nd place, Mount



❖ Michael Lee Pope, 2nd place, Mount Vernon Gazette, Business and Financial Writing



composition

Lashawn

Louise

Michael Lee Pope, 2nd Place, Arlingon Connection Science and Environmental Writing, Judges comments: Excellent writing. Diverse topics. Took what could be dry material and led me through it and

kept me interested. Good work. ❖ Marilyn Campbell, 2nd Place, Great Falls Connection, Personal Service Writ- Marilyn ing, Beating the Holiday Blues, Great Campbell





# Read the Winners

Many of the winning entries are posted at www.ConnectionNewspapers.com/

reporting; breaking news and public safety

In addition to her work on the homeless project, photographer Deb Cobb won individual first place awards for photo illustration for a cover depicting a vampire; for an online slide show of "wounded warriors at bat," and for general news photo.

Bonnie Hobbs won two first place awards, one for education writing and one for feature portfolio. Alex McVeigh won first place for in depth or investigative reporting for his coverage of a land use issue in Great Falls. Montie Martin won two first place awards, one for business writing, the other for personal ser-

The Children's Connection won an award and judges said it was a "simple and elegant idea showcasing children's artwork, a great way to attract young readers."

While it is gratifying and fun to win awards, it reflects our mission to tell the stories of the local community. We welcome your ideas and suggestions about what we should be covering now.

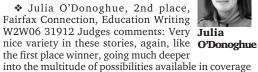
MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM, WWW.TWITTER.COM/MARYKIMM

American Smokeout, Getting into 'Right Fit' Private School; Judges comments: Trio of strong entries.

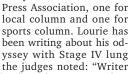
❖ Mike O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs, Amber Healy 2nd place, Fairfax Connection, Special Sections or Special Editions, End to Homelessness, Judges

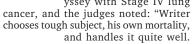
comments: "End to Homelessness" tab. It is nice to see a newspaper commit to a project such as this in the form of a spe-





\* Kenny Lourie, longtime columnist and Connection advertising representative, won two 1st place awards from the Maryland Delaware DC





He gives us an honest look at a very personal issue."

❖ Kemal Kurspahic, Laurence Foong, Amna Rehmatulla, 3rd place, Reston Connection, Special Sections or Special Editions W2M08 30698, Children's Connection, Judges comments:

Laurence Simple and elegant idea showcasing children's artwork, a great way to attract young readers.





taking to task a school board on its disciplinary procedures in light of a student's suicide. The community is better for her work.

Michael Pope, 3rd place, Mount Vernon Gazette, In-Depth Or Investigative Reporting



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An independent, locally owned weekly newspaper delivered to homes and businesses Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

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# "Me and My Mom"

To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

vienna@connectionnewspapers.com

Or to mail photo prints, send to:

The Vienna/Oakton Connection, "Me and My Mom Photo Gallery," 1606 King St., Alexandria, VA 22314

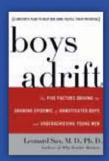
Photo prints will be returned to you if you include a stamped, selfaddressed envelope, but please don't send us anything irreplaceable

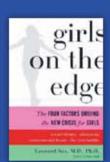




# Join the Conversation About Education:







APRIL 16 7pm-9pm Facebook

Ate My Daughter

Dr. Leonard Sax, psychologist and author of *Why Gender Matters*, *Boys Adrift*, and *Girls on the Edge*, talks about the role of technology in the lives of teenagers – social media, video games, and the effects of growing up in virtual worlds. Dr. Sax will answer questions that parents have today – Should I be my child's Facebook friend? Which video games are OK? How much time spent playing video games is too much?



APRIL 30 7pm-9pm

# Race To Nowhere



A documentary film examining the pressures faced by young people, teachers, and parents in our high stakes education system and pressure-cooker

culture. Generate dialogue and examine assumptions about how to best prepare the youth of America to be healthy, bright leaders. The movie will be followed by a panel of educational experts including:

**Patrick F. Bassett** – President of the National Association of Independent Schools

Mary Ellen Weissman, Ph.D. – Clinical Psychologist

The Madeira School • 8328 Georgetown Pike, McLean, Virginia 22102

Please register at www.madeira.org/parents/race-to-nowhere-and-dr-leonard-sax For more information contact 703.556.8273





# **PARADE OF HOMES REMODELED HOME TOUR IN FAIRFAX!**

SATURDAY AND SUNDAY, APRIL 28TH & 29TH - 11AM TO 5PM



Location: 4724 Holly Avenue, Fairfax, VA 22030

This REGIONAL GRAND COTY AWARD-WINNING renovation by Sun Design Remodeling was transformed from a 1960's, 2-level split foyer, into a traditional, country-style, 3-level home with full wrap-around porch. The desires of this client were achieved by relocating the front entry door to the 2nd level, relocating the interior staircase to access all levels while providing more useable space in living areas, adding the master suite over the garage, extending the kitchen with a full glass window wall, and adding the 3rd level loft with guest suite.

## THIS IS A MUST-SEE REMODELED HOME!

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703-942-8148 OpenKitchen-dcmetro.com



(301) 340-3354 BrooklynsDeliMD.com

# News

# Flint Hill School to Host Two-Day iPad Summit

eachers, administrators, and technology and curriculum directors from East Coast schools and from as far away as Oregon and California will be attending Flint Hill School's two-day iPad Summit: "Transforming Our Community of Learners," on Friday and Saturday, May 4-5 from 8 a.m. to 4 p.m., on the School's Lower and Middle School campus.

The first day of this free event will bring in some 45 participants for active classroom visits to see how the iPad and MacBook Air are transforming the educational experience; get information on financing a 1:1 initiative; speak with students as they share recent projects they have completed; attend breakout sessions with FHS teachers and technology integration specialists; and hear a Middle and Upper School panel of students and teachers discussing current FHS technology use.

Up to 150 participants may join the second day of the summit, where a keynote speech will be given by Fraser Speirs, an Apple Distinguished Educator and Head of Computing and IT at Cedars School of Excellence in Greenock, Scotland—the world's first 1:1 iPad School. Speirs will be speaking about next-generation educational technology, teaching practice, and curriculum. The remainder of the day will be filled with interactive and engaging workshops and discussion groups focusing on 21st Century curriculum, creativity, assessment, and cultural changes in a 1:1 environment. Flint Hill administrators, technology integration specialists, and classroom teachers will lead these workshops.

Flint Hill is now one of the few schools in the country where every student, ages four and up, has immediate access to an iPad or MacBook Air. The 1:1 initiative was introduced in the fall of 2010 for students in Grades 5-12; this year, the program was further expanded to provide iPads for all students in Grades JK-4. Apple has designated Flint Hill School as the "Apple Site Visit School" for the State of Virginia.

Day 1 of this summit is filled to capacity; however there are still openings for Day 2, and registration information is available on Apple's Education Seminars & Events website: https://edseminars.apple.com/event/XuA34-k99F1

Flint Hill School's Lower and Middle School Campus is located at 10409 Academic Drive, Oakton, VA 22124.

# BULLETIN BOARD

To have community events listed in the Connection, send to vienna@connectionnewspapers.com. Deadline is Friday.

## WEDNESDAY/APRIL 25

alphajane@aol.com

Oakton High School Dance Team Tryouts. 4 p.m. Oakton High School, 2900 Sutton Road, Vienna.

Lifetime Leadership Program. 12 p.m. The Church of the Good Shepherd (United Methodist), 2351 Hunter Mill Road, Vienna. With Pat Williams, founder of Reston's GraceFul Care. Bring a brown-bag lunch. 703-281-3987 or www.GoodShepherdVA.com.

## **How To Welcome Diverse Parents**

to Your PTA. 6:30 p.m. Gatehouse Administrative Center Cafe, 8115 Gatehouse Road, Falls Church. Light supper 6:30 p.m., program 7 p.m. Panel discussion with question and answer session. Sponsored by FCPS Office of Family and Schools Partnerships and Fairfax County Council of PTAs. 703-455-9603 or president@fccpta.org.

## THURSDAY/APRIL 26

Oakton High School Dance Team Tryouts. 4 p.m. Oakton High School, 2900 Sutton Road, Vienna.

alphajane@aol.com. **Avoiding Divorce Court II –** 

Provisions of Settlement Agreements. 6:30 p.m. The Women's Center, 127 Park St. N.

Agreements. 6:30 p.m. The Women's Center, 127 Park St. N.E., Vienna. A more thorough discussion of Separation, Custody and Property Settlement Agreements. \$30-\$70. 703-281-4928.

## FRIDAY/APRIL 27

## Fairfax County Volunteer Service

Awards Breakfast. 8 a.m. Waterford, 6715 Commerce St., Springfield. Honor volunteers who are dedicated to improving life in Fairfax County and finding new ways to serve. www.volunteerfairfax.org or 703-246-3816.

McLean Art Society Meeting. 10

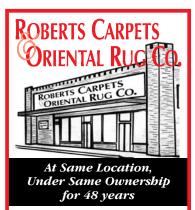
a.m. Mclean Community Center, 1234 Ingleside Ave., McLean. With Armand Cabrera, landscape artist in oil and acrylics. 703-790-0123.

Cat Adoptions. 6:30-8:30 p.m.
PetSmart, 8204 Leesburg Pike,
Vienna. Every Friday. Sponsored by
Lost Dog & Cat Rescue Foundation.
www.lostdogrescue.org.

## **SATURDAY/APRIL 28**

## Federal Resume Development

Workshop. 10 a.m. Floris United Methodist Church, 13600 Frying Pan Road, Herndon. \$25-\$35. Resume essentials, appropriate resume format for government positions and more. 703-281-4928 ext. 276.





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# RETIREMENT SALE! EVERYTHING GOES! STORE CLOSING!

# **Fixtures For Sale**

# **Further Reductions Taken!**

Beginning Wednesday, April 25 we are reducing prices on our ENTIRE INVENTORY! Everything in the store has been reduced again! We close our doors forever in just a few short weeks and we are pricing merchandise TO MOVE! Hurry in! Don't wait!

- TAKE 30% OFF AFTER 5 GOWNS! Daymor, Jovani, Ursula and more!
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- TAKE 35% OFF DAY & EVENING SUITS!
- TAKE 35% OFF PANT SUITS!
- TAKE 40% OFF ALL COCKTAIL DRESSES!
- TAKE 75% OFF ON HUNDREDS OF CLEARANCE DRESSES!

Receive 500,000 bonus prize points for every SPECIAL ORDER and always receive 20% off! Choose from Daymor, Ursula, Jovani, JSS Knits, Damianou, and Sara Mique! Subject to designer availability. (these offers good through 5/1)



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# Wall-To-Wall...Nothing Held Back!

**Directions:** NORTH on the Beltway take Exit 46B onto Rt. 123N.-McLean. Go 3 miles- Turn right onto Old Dominion Dr. (Rt. 309). Go 1/2 mile thru two traffic lights. We are on the right next to Shell Gas. SOUTH from Md.- Cross over the Amer. Legion Bridge.- Take the VERY first right Exit 43-44 to VA 193 toward Langley - Go 1/2 mile and turn right onto Balls Hill Rd. Go .9th mile - Turn left onto Old Dominion Drive - Go thru 3 traffic lights - We are on the right next to Shell Gas. We are less than 5 minutes from the Bridge.

# COUPON GREAT PRIZES Bring in coupon

for 100,000 points

# These prizes to be awarded

- 1. **Samsung** 40" LCD TV, \$549 Value.
- 2. Canon PowerShot Camera, \$400.
- 3. **Saeco** Espresso Maker, \$350.
- 4. Canon Camcorder, \$290.
- 5. **DeLonghi** Food Processor, \$250.6. **Garmin** GPS System, \$160.
- 7. **Keurig** Coffee System, \$160.
- $8. \ \textbf{Frigidaire} \ \text{Toaster Oven, $150}.$
- 9. **Kick** Sound System, \$115. 10. **Tiger** Rice Cooker, \$100.

Game Ends 6/02/2012

No Purchase Necessary	
Name	
Address	
City	_ State ZIP

**Chef Paul of Maplewood Grill brings to Taste of** Vienna one of the restaurant's most popular small dishes, shrimpand-crab poppers with spicey remoulade and fresh-roasted corn. Maplewood plans to offer a selection of small dishes for tasting.





# A Taste of Vienna Celebrated

# April 28 food festival benefits Vienna Volunteer Fire Department.

By Donna Manz THE CONNECTION

ou'd better hit the gym now if you want to prepare for the Vienna Volunteer Fire Shenandoah Run; 7 p.m., Overland. Department's [VVFD] first annual Taste of Vienna food festival, scheduled on April 28. Thirty of the Vienna area's most popular restaurants will set up tented tasting tables on the grounds of the VVFD from 11a.m. to 8 p.m. Food vendors sell and set their own pricing for samples.

"We saw an opportunity to have another smalltown community event," said Taste of Vienna Chair- Tysons, Peking Express of Vienna, Pure Pasty Co., man Anthony Stancampiano, a 2001 James Madi- Purple Onion Catering Co., Robek's, Silva's son High School graduate. Stancampiano is a Patisserie, Sweet City Desserts, Sweetleaf, Tara Fairfax County police officer by career, a VVFD Thai, Tequila Grande Mexican Café, Turmeric, volunteer EMT in his parallel universe. "This is a Vienna Inn, Whole Foods Market, and Yirasai Sushi fun community event that benefits the fire depart- & Grill. ment.'

Food vendors pay a fee for participation. Net ern Virginia Magazine, and corporate sponsors inproceeds from contributions from corporate sponsors, participants' fees, beer and wine sales, and Replacements, and The Business Bank. The festithe 50-50 raffle will go toward the purchase cost val sponsor is Viva Tysons Magazine, and wine of VVFD's new fire truck, on delivery for late fall sponsor, Vienna Vintner. of 2012, costing the Vienna station over a half a million dollars.

The Virginia Department of Alcohol Beverage Cherry Street for adding food vendors? They're Control gave VVFD, a nonprofit, a one-day permit considering that . to sell wine and beer.

lunch with other members of the VVFD, brain- celebrating the many excellent and diverse restaustorming on fundraising opportunities that were rants the Vienna area has to offer," said community-centric. Stancampiano considered the Stancampiano size of VVFD's parking lot and its potential. Towns nearby to Vienna have food-focused festivals, such Vienna fundraiser runs Saturday, April 28, from as Reston's Taste of Reston. Vienna has a small- 11 a.m. to 8 p.m. in the parking lot of the fire detown community feel but it has nothing like a "taste" partment at 400 Center St. South, Vienna. Cherry of," Stancampiano thought. By June of last year, Street, abutting Waters Field, will be one-way. Taste of Vienna was taking shape and the commitTurns from Center Street on to Cherry Street pertee of about ten people have been building part- mitted. Parking in the immediate area will be nerships since then.

Counting in the thirty Taste of Vienna restau- or-shine. Amour, Culinaria Cooking School, Donatos Pizza, can follow and "like" Taste of Vienna at Famous Dave's BBQ, Kabob Tavern, La Sandia, https://www.facebook.com/tasteofvienna/ Maple Avenue Restaurant, Maplewood Grill, info#!/tasteofvienna.

# VVFD Taste of Vienna at-a-glance

Saturday, April 28, from 11 a.m. to 8 p.m. Grounds of Vienna Volunteer Fire Department, 400 Center St. South, Vienna. The outdoor food festival takes place rain or shine. Thirty local restaurants participating, Admission to Taste of Vienna is free but food vendors sell their samples.

Free bounce house for children. Face-painting available Live entertainment schedule: 12 noon, Tom Lohrmann; 1 p.m., Overland; 2 p.m, Natalie York; 3 p.m., Natalie York; 4 p.m., Terry Lee Ryan; 5 p.m., School of Rock; 6 p.m.,

Proceeds from Taste of Vienna benefit the Vienna Volun teer Fire Department.

For more information on Taste of Vienna, see www.tasteofvienna.org. You can follow and "like" Taste of Vienna at https://www.facebook.com/tasteofvienna/

Noodles & Company, Outback Steakhouse, Panache

The Taste of Vienna presenting sponsor is Northclude Navy Federal Credit Union, Trans National

Stancampiano and colleagues are already looking into possibilities for expansion next year. Close

"My vision for this down the road is to see the It was about a year that Stancampiano was at 50th annual Taste of Vienna, to start a tradition

> The Vienna Volunteer Fire Department Taste of scarce. The outdoor event will run as planned rain-

rants scheduled to participate are Alegria, Bazin's Proceeds from Taste of Vienna benefit the Vienna on Church, Caffe Amouri, California Tortilla, Chef Volunteer Fire Department. For more information Geoff's Tysons Corner, Church Street Pizza, Crepe on Taste of Vienna, see www.tasteofvienna.org. You

**ENTERTAINMENT** 

announcements vienna@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, www.connectionnewspapers.com

## THURSDAY/APRIL 26

Fenwick Fellow Lecture and **Reception.** 2 p.m. George Mason University, Johnson Center Instruction Room, 4400 University Drive, Fairfax, With Dr. Michael Chang, 2010-2011 Fenwick Fellow on "Service at the Manchu Court: The Young Kangxi Emperor and His Personal Advisors." Refreshments served. 703-993-2491 or dhogan1@gmu.edu.

"No Crime Like the Present." 7:30 p.m. Falls Church High School. 7521 Jaguar Trail, Falls Church. A whodunit murder farce. \$5-\$8.

fchsdrama.org. **Mother Goose.** 10:30 a.m. City of Fairfax Regional Library, 10360 No. St., Fairfax. Stories, songs and fingerplays. Birth to 23 months with adult. 703-293-6227.

Singer/Songwriter John McCutcheon. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Folk music. \$22. www.wolftrap.org.

## FRIDAY/APRIL 27

"No Crime Like the Present." 7:30 p.m. Falls Church High School, 7521 Jaguar Trail, Falls Church, A whodunit murder farce. \$5-\$8 fchsdrama.org.

Friday Afternoon Chess Group. 1 n.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. All ages and skill levels welcome. 703-757-

"The Fantasticks." 8 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. Musical comedy. \$14, \$12 students and seniors. 703-255-6360 or

www.vienna "Deathtrap." 8 p.m. McLean Community Center Alden Theatre. 1234 Ingleside Ave., McLean. Comedy-thriller about a play within a play. \$14-\$16, group rates available. 866-811-4111 or

Farm, 6310 Georgetown Pike,

7547 or www.1771.org.

www.mcleanplayers.org The Life And Music Of Sam

boluncheon

Rotman. 12 p.m. Vienna Presbyterian Church, 124 Park St., N.W., Vienna. A variety of classical music from the works of Beethoven and others, \$20, includes lunch and program. www.viennapres.org/ www.bridgepointconnections.org/

Spring Heirloom Plant Sale. 10 a.m.-5 p.m. Claude Moore Colonial McLean. Flowers, herbs, heirloom annuals, vegetable transplants and some herbaceous shrubs. 703-442-

Concert Pianist Joyce Yang. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Including pieces by Bach, Schumann, and Brahms. \$35. www.wolftrap.org.

"My Love, My Love." 7 p.m. Joyce Kilmer Middle School, 8100 Wolftrap Road, Vienna. A peasant girl uses love to bring people together. \$5. 703-846-

## SATURDAY/APRIL 28

Taste of Vienna. 11 a.m.-8 p.m. Vienna Volunteer Fire Department, 400 Center St. South, Vienna. able to purchase food from more than 25 local restaurants. Alcoholic and non-alcoholic beverages will be available for purchase. Proceeds benefit The Vienna Volunteer Fire Department. info@vvfd.org or tasteofvienna@vvfd.org.



The Washington Balalaika Society will present a concert of Russian and Eastern European folk music on Saturday, April 28 at 7 p.m. at the Vienna Presbyterian Church, 124 Park St. N.E. in Vienna. The concert will feature soprano Olga Orlovskaya, the WBS orchestra with conductor Svetlana Nikonova and traditional Russian instruments. Tickets are \$15-\$25, age 12 and under free with adult. www.balalaika.org or 703-644-9151.

Virginia Community College Ernst

Wakefield Chapel Road, Annandale

Tchaikovsky's four-act full-length

Christine Gilmore and Eleni Thomas

classic ballet, with local dancers

alternating in the role of Odette/

www.virginiaballetcompany.org.

Yard and Bake Sale, 8 a.m.-12 p.m.

Preschool, 711 Spring St. S.E.,

Vienna. Proceeds will be used to

vardsaleforwesley@gmail.com.

Spring Heirloom Plant Sale. 10

purchase supplies for the preschool

a.m.-5 p.m. Claude Moore Colonial

Clifton

GRAND

PRIZE

Flat Screen

Second Prize:

\$500 Gift Card

Drawing at 3 pm

ONE DAY ONLY

▲ Saddlery

Wesley United Methodist Church

Cultural Center Theater, 4001

Salting Fish Participatory Event. 1-4 p.m. Claude Moore Colonial Farm, 6310 Georgetown Pike, McLean. Visit the colonial Claude Moore Colonial Farm family as they clean and saltdown their yearly catch of herring Help scale, prepare and pack the fish into jars. Learn about the contributions the Potomac River made in colonial times. \$3 adults, \$2 children, under 3 free. www.1771.org.

"No Crime Like the Present." 3 p.m and 7:30 p.m. Falls Church High School, 7521 Jaguar Trail, Falls Church. A whodunit murder farce. \$5-

\$8. fchsdrama.org.

Children's Show: The Smithsonian and Jammin Java present Tim and the Space Cadets. 10:30 a.m Jammin' Java, 227 Maple Ave. E. Vienna. www.jamminjava.com. Vance Gilbert at 7 p.m.; Aaron

p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com. Rare and Unusual Teas. 1 p.m. Colvin Run Mill, 10017 Colvin Run Road, Great Falls, Dark tea, brick tea red tea, blue tea and hard to find teas. \$25. Reserve at 703-759-2771

**Crawford & The Badcards** at 10

Washington Balalaika Society. 7 p.m. Vienna Presbyterian Church, 124 Park St. N.E., Vienna. Russian and Eastern European folk music with soprano Olga Orlovskaya, the WBS orchestra with conductor Svetlana Nikonova and traditional Russian instruments. \$15-\$25, age 12 and under free with adult.

www.balalaika.org or 703-644-9151. Run for the Children10K Race and 3K Run/Walk. 8:30 a.m. Fairfax County Courthouse, 4110 Chain Bridge Road Fairfax. ChronoTrack timing and scoring. Proceeds support CASA volunteers advocating for abused and neglected children. \$20-

www.fairfayrunforthechildren.com Music: An Insider's Guide Lecture. 4 p.m. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Broadway Classics. Presented by A. Scott Wood, conductor of the Amadeus Orchestra Adults. 703-356-0770.

"The Fantasticks." 8 p.m. Vienna munity Center, 120 Cherry St. S.E., Vienna. Musical comedy. \$14, \$12 students and seniors. 703-255-6360 or

www.viennatheatrecompany.org. "Deathtrap." 8 p.m. McLean 1234 Ingleside Ave., McLean. Comedy-thriller about a play within a play. \$14-\$16, group rates available. 866-811-4111 o www.mcleanplayers.org.

Virginia Ballet Company: Swan Lake. 2 p.m. and 7 p.m. Northern

p.m. Joyce Kilmer Middle School, 8100 Wolftrap Road, Vienna. A peasant girl uses love to bring people gether. \$5. 703-846-8963. 'Mardi Gras for Missions" Auction. 7 p.m. Vale United Methodist Church, 11528 Vale road, Oakton. More than 250 items

available for bid, including seating for the Macy's Thanksgiving parade, a private flight over Virginia, vacation getaways, sports tickets and more. All proceeds fund local and international missions. Red beans and rice, jambalaya, King (cup) cakes, beignet and chicory coffee available. ahrjturn@verizon.net.

Farm, 6310 Georgetown Pike,

7547 or www.1771.org.

www.wolftrap.org.

McLean. Flowers, herbs, heirloom

annuals, vegetable transplants and

# SUNDAY/APRIL 29

8th Annual Vienna Elementary PTA 5K and 1 Mile Fun Run/Walk. 8 a.m. Vienna Elementary School, 128 Center St. South, Vienna, With chronotrack timing system on a USATF Certified 5K course (VA-11019-RT). \$25-\$30, age14 and under \$15. 703-625-0247 or

www.vienna5krun.org. Walk On the Hill. 2-5 p.m. Windover Heights Historic District, Vienna. Visitors can walk through any yard with an "Open" sign. Refreshments provided. Sponsored by Historic Vienna, Inc., district residents and Town of Vienna Departments of Parks & Rec and Public Works. 703-938-5187or www.historicviennainc.org.

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Saturday, April 28th,

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~ Petting Zoo and Pony Rides

Face Painting and Moon Bounce

\$25 Gift Cards Given Away Every Hour 12:00—2:00

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~ Discounts and Specials

- BROWN'S

Children's Show: The Great Zucchini. 10:30 a.m. Jammin' Java, 227 Maple Ave. E., Vienna.

some herbaceous shrubs. 703-442-"The Fantasticks." 2 p.m. Vienna Community Center, 120 Cherry St. Folk Duo The Nields. 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, S.E., Vienna. Musical comedy. \$14, Vienna, Traditional folk music, \$18 \$12 students and seniors. 703-255 6360 or

www.viennatheatrecompany.org. "My Love, My Love." 3 p.m. and 7 **"Deathtrap."** 2 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Comedy-thriller about a play within a play. \$14-\$16, group rates available. 866-811-4111 or

Virginia Ballet Company: Swan **Lake.** 2 p.m. Northern Virginia Community College Ernst Cultural Center Theater, 4001 Wakefield Chapel Road, Annandale, Tchaikovsky's four-act full-length classic ballet, with local dancers Christine Gilmore and Eleni Thomas alternating in the role of Odette/ www.virginiaballetcompany.org.

## **MONDAY/APRIL 30**

The Pentimento Campfire Tour: **Toh Kay and Sycamore Smith.** 8 p.m. Jammin' Java, 227 Maple Ave.

E., Vienna. www.jamminjava.com. Tales to Tails. 4:30 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Read aloud to Beamer, a trained therapy dog. Age 6-12. 703-

## WEDNESDAY/MAY 2

**Vienna Photographic Society.** 7:30 p.m. Thoreau Middle School, 2505 Cedar Lane, Vienna. Photography www.vps-va.org or 703-451-7298.

Schedule

Of

**Events** 

9:00 - 4:00

Moon Bounce

**Face Painting** 

11:00 - 2:00

Petting Zoo

**Pony Rides** 

WMZQ

3:00 - 4:00

**Grand Prizes** 

Regular

Store

Hours

10:00 to 8:00

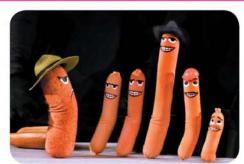
12:00 to 5:00

Sunday





Here's What's Happening at MCC



McLean Kids Series

"Haiku, Hip Hop and Hotdogs" Saturday, April 28, 2 p.m.

5th & 6th Grader Parties

\$15/\$10 MCC district residents

Cinco de Mavo

Friday, May 4, 7 p.m. \$30/\$20 MCC district residents

**Jammin Junior Concerts** Wednesday, May 9, 16, 23, 12:30 p.m.

Free; McLean Central Park

For Rising 7th Graders

**OFTC Open House** Thursday, May 10, 7-8:30 p.m.



A Studio Rep Production "Make 'Em Laugh"

Friday & Saturday, May 11-12, 8 p.m. \$10/\$5 MCC district residents

McLean Kids Series

Alex & the Kaleidoscope Band

Saturday, May 12, 2 p.m. \$15/\$10 MCC district residents

The McLean Community Center 1234 Ingleside Ave., McLean, VA 22101

703-790-0123, TTY: 711 www.mcleancenter.org

10 VIENNA/OAKTON CONNECTION APRIL 25- MAY 1, 2012

www.ConnectionNewspapers.com

www.ConnectionNewspapers.com

VIENNA/OAKTON CONNECTION APRIL 25- May 1, 2012 4 11

The first health and wellness fair focusing on mature adults was held on April 21 at the Vienna Community Center. Featured were screenings, information dissemination and exercise classes.



Donna Manz

# Baby Boomers and Beyond Health Fair Debuts in Vienna

Shepherd's Center of Oakton-Vienna and the Town of Vienna partner to host wellness exhibitions.

aby Boomers and Beyond" were intro duced to the broad diversity of health and wellness services offered in the Vienna area at the health fair sponsored by the Shepherd's Center of Oakton-Vienna [SCOV] and the Town of Vienna Department of Parks and Recreation. From health care navigation to dancing to Latin music, the four-hour exhibition on April 21 at the Vienna Community Center focused on the wellness needs of the area's senior population.

"What we hope people take away is the knowledge and information to take charge of their own health and to navigate the health care system," said Casey Tarr, health advocate volunteer at SCOV. "We want them to have a better quality of life as they age."

Michelle Scott, Director of SCOV, thought of the idea of a senior health fair and talked it out with Cheryl Harlan, mature adult programs coordinator with Vienna Parks and Recreation. Tarr chaired the committee to produce the fair.

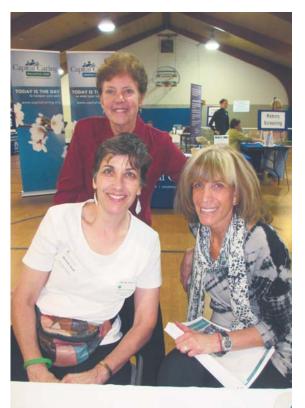
Over at the Inova Health System screening table, people waited to have their BMI assessed. Body mass index is helpful in determining healthy weight and most of the participants appeared to be women.

Elisabeth Russell, specialist at Patient Navigator, said that most people who stopped by her table asked about Medicare and health care reform. "I'm really impressed with the level of health literacy here, which is wonderful," said Russell. "We want people to take charge of their health."

Exhibitors included a Fairfax County agency on aging, Patient Navigator Elisabeth Russell, the Virginia Hospital Center and INOVA health system outreach, Capital Caring palliative care, the Alexandria Asian-American Lion's Club, Alzheimer's Family Day Center, and the Fair Oaks Parkinson's Support Group. The Town of Vienna Parks and Recreation Department offered exercise classes geared to mature participants.

Cheryl Harlan suggested seniors look into nutritional counseling with a licensed nutritionist.

"How people perceive themselves as being healthy and what really creates good health is not always the same thing," Harlan said.



Michelle Scott, Director of the Shepherd's Center of Oakton-Vienna, Cheryl Harlan, mature adult programs coordinator in the Vienna Department of Parks and Recreation and Casey Tarr, SCOV health advocate, pooled their resources to put together 'Baby Boomers & Beyond' Health and Wellness Fair.

To learn more about the services of the Shepherd's Center of Oakton-Vienna, go to www.scov.org. For information on classes and programs offered by the Department of Parks and Recreation of the Town of Vienna, see <a href="http://www.viennava.gov/index.aspx?nid=75">http://www.viennava.gov/index.aspx?nid=75</a>.

— Donna Manz

## VIEWPOINTS



# How Do You Keep Healthy?

## **Ed Donnelly, Reston**

"Stay in motion, keep busy, participate in activities. I attend six senior centers. I'm on the go. I try to keep busy; that's my challenge."



# Gale Simmons, Fairfax

"By exercising. I do yoga and I walk. I go to the gym, at least four times a week. Walk in my neighborhood. I also do stretching exercises.

"I'm very particular about my foods. I eat a lot of whole foods, and I do pay attention to my food and weight. I've started to meditate. I like to travel, just got back from Cabo and Tucson. I hiked in Tucson. And I like to dance, too."



## Charlene "Charli" Brown, Fairfax

"I work full-time. I try to look for things to do. I walk. Zumba is a lot of fun. It goes by at the speed of sound. I work for hospice, and am having health problems of my own. I'm getting medical help for my conditions. a lot of back back."



## Edgar De Leon, Centreville

"I have Parkinson's Disease. Basically, I keep working full-time. I'm a building engineer, so it's very physical. I go up and down, rarely use elevators. I use the stairs.

"I commute from Centreville to work downtown every day, and I walk six blocks from the Metro station to my office. I do a lot of walking.

"I try to eat sensible meals, I like fruits.

I eat a lot of fruit, five or six servings a day. Banana, apples, strawberries, grapes. I drink a lot of water, too."

—Donna Manz

## SCHOOL NOTES

 $Send\ school\ notes\ to\ vienna@connectionnewspapers.com.\ Deadline\ is\ Friday.$ 

Colvin Run Elementary School will be holding its Sixth Annual Fun Run on Saturday, May 5, from 8:30 until 10 a.m. It is being billed as "a super event that provides exercise to participants and financial support to charitable organizations." Participants will run as many loops as they can through the treelined streets of Shouse Village, raising money for a charity of each runner's choice. The CRES Fun Run is a Character Education program created to encourage physical activity and acts of charitable contribution by the school and community.

**Allison Pepper** of Vienna has been named to the spring 2011 dean's list at Villanova University College of Liberal Arts and Sciences, Villanova, Pa.

**Shilpa Darivemula** of Vienna has been named to the spring 2011 dean's list at Union College of Schenectady, N.Y. The James Madison High School graduate is majoring in leadership in medicine.

Marine Corps 1st Lt. **P. Heg** of Vienna has graduated from the Combat Engineer Officer Course at Marine Corps

Engineer School, Marine Corps Base, Camp Lejeune, N. C. Heg studied operational and planning skills in engineering related subjects pertaining to mobility, survivability, and general engineering. The 2000 graduate of Oakton High School joined the Marine Corps in July 2001.

**Kerry Jordan Aldrich** of Vienna has been named to the spring 2011 dean's list at Washington University School of Engineering and Applied Science in St. Louis.

**Jesse Harshbarger** of Vienna received a bachelor's degree in information technology from Kaplan University online.

Navy Seaman **Blair A. Hess** recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill. During the eight-week program, Hess completed classroom study and practical instruction on naval customs, first aid, firefighting, water safety and survival, and shipboard and aircraft safety. Hess is the son of Penny S. Harris of Chantilly and Robert E. Hess of Vienna.



# NARFE Hosts Town Council Members

NARFE Chapter 1116 Meeting hosted a forum on April 10 for three members of the Vienna Town Council who are seeking re-election. Also attending was Mayor Jane Seeman who is also seeking re-election. Left to right NARFE Chapter 1116 President - Shirley Keyes, Town Council Members - Mike Polychrones, Edythe Frankel Kelleher, Laurie Genevro Cole, and Mayor Jane Seeman.



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**♦ Michael Lee Pope,** FIRST PLACE, Government Writing, Alexandria Gazette Packet

**♦ Michael Lee Pope,** FIRST PLACE, Health, Science & Environmental Writing, Alexandria Gazette Packet

♦ Michael Lee Pope, FIRST PLACE, In-Depth or Investigative Reporting, Alexandria Gazette Packet

**♦ Michael Lee Pope, FIRST** PLACE, Public Safety Writing, Alexandria Gazette Packet

**♦ Montie Martin, FIRST PLACE,** Business & Financial Writing, Alexandria Gazette Packet

❖ Montie Martin, FIRST PLACE, Personal Service Writing,



**Montie Martin** 

Alexandria Gazette Packet



**❖ Deb Cobb,** FIRST PLACE, Photo Illustration, Burke Connection

❖ Deb Cobb, FIRST PLACE, General News Photo, Fairfax Connection

❖ Deb Cobb. FIRST PLACE, Online Slide Show, Fairfax Connection

**Deb Cobb** 

**❖** Bonnie Hobbs, FIRST PLACE,

Education Writing, Centre View

**♦ Bonnie Hobbs,** FIRST PLACE, Feature Writing Portfolio, Centre View North

**♦** Michael O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs,



**Hobbs** 



Amber Healy, FIRST PLACE, Multimedia Feature Report, Fairfax Connection

♦ Alex McVeigh, FIRST PLACE, In-Depth or Investigative Reporting, Great Falls Connection

Victoria **♦ Kenny Lourie**, Ross FIRST PLACE, Local Column, Potomac Almanac

Kenny Lourie, FIRST PLACE, Sports Column, Potomac A**İ**manac

**♦** Ken Moore, Mary Kimm, Robbie Hammer, FIRST PLACE, Continuing News Coverage, Potomac Almanac



Alex **McVeigh** 

Mary Kimm

**♦ Staff, SECOND** PLACE, General Makeup, Alexandria Gazette **Packet** 

**♦ Staff, SECOND** PLACE, Lifestyle or Entertaiment Pages, Alexandria Gazette Packet

Kenny

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**Ken Moore** 

**Jeanne** 

Marilyn

**Theismann** 



**Robbie** Hammer

**♦** leanne Theismann, SECOND PLACE, Headline Writing, Alexandria Gazette Packet

**❖** Jeanne Theismann. SECOND PLACE,

Business & Financial Writing, Alexandria Gazette Packet

**❖ Jeanne Theismann, SECOND** PLACE, Feature Story Writing, Mount Vernon Gazette

**♦ Michael Lee Pope, SECOND** PLACE, Personal Service Writing, Alexandria Gazette Packet

**❖ Michael Lee Pope, SECOND** PLACE, Health, Science & Environmental Writing, Arlington Connection

**♦ Michael Lee Pope, SECOND PLACE, Business** & Financial Writing, Mount Vernon Gazette



Lashawn Avery-Simon

**❖ Lashawn Avery-Simon,** SECOND PLACE, General News Photo, Arlington Connection

**♦** Mike O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs, Amber Healy, SECOND PLACE, Special Sections or Special Editions, Fairfax Connection

**❖ Julia O'Donoghue, SECOND PLACE, Education** Writing, Fairfax Connection

**♦ Marilyn Campbell, SECOND** PLACE, Personal Service Writing, Great Falls Connection

**❖ Victoria Ross,** SECOND PLACE, In-Depth or Investigative Reporting, Fairfax Station/ Clifton/Lorton Connection

Campbell **♦ Jon Roetman, SECOND PLACE,** Sports Writing Portfolio, Fairfax Station/Clifton/ **Lorton Connection** 

# LOCAL MEDIA **NECTION**

Louise Krafft,

SECOND PLACE,

Picture Story or

Vernon Gazette

**♦ Ken Moore,** 

Laurence Foong,

Potomac Almanac







Infographics, Potomac Almanac Carole Dell, SECOND PLACE, Local Column,



Jon Roetman



**Carole Dell** 



Laurence

**Foong** 

Susan

**❖ Louise Krafft,** THIRD PLACE, Pictorial Photo, Alexandria Gazette Packet

**♦ Michael Lee Pope,** THIRD PLACE, Breaking News Writing, Alexandria Gazette Packet

**♦ Michael Lee Pope,** THIRD PLACE, Business & Financial Writing, Alexandria Gazette Packet

**Belford ♦ Michael Lee Pope,** THIRD PLACE, In-Depth or Investigative Writing, Alexandria Gazette Packet

**♦ Michael Lee Pope,** THIRD PLACE, In-Depth or Investigative Reporting, Mount Vernon Gazette **♦ Mary Kimm,** THIRD PLACE, Editorial Writing,

♦ Mary Kimm, THIRD PLACE, Editorial Writing, Burke Connection

❖ Victoria Ross, THIRD PLACE, In-Depth or Investigative Reporting, Fairfax Connection

Alexandria Gazette Packet



Kemal **Kurspahic** 

Kemal Kurspahic, Laurence Foong, Amna Rehmatulla, THIRD PLACE, Special Sections or Special Editions, Reston Connection



Amna Rehmatulla

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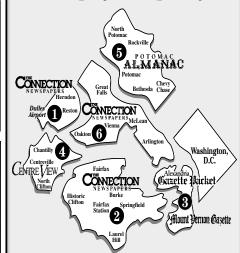
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# Really?



By KENNETH B. LOURIE

Having recently upgraded my cell phone, I have finally, due to its larger keys and simplified data-entry process, learned how to enter "contacts" and their phone numbers as well as select some of these key contacts for speed-dialing. This relatively basic function, which had eluded me for years, has opened up a slew of possibilities, that even I can see will lesson the burden on my brain to remain engaged. Now I won't have to think nearly so much about what I've spent 40-plus years doing: dialing a phone number from memory and/or referring to a phone/ address book for that number. Thanks to my new phone, I have finally turned the corner of technology. I have passed "Go." Next we'll see where I land: "Boardwalk" or Baltic" and see if there is a monopoly of my time as a result.

One week into my new communication life, I have entered 16 contacts, some with only one phone number, others with mobile, home and work. In addition, I have entered/selected two speed-dial numbers. Obviously, I have ample space remaining for future contacts and certainly more space for speed-dials. Going through the list of prospective "speed-dialers" and "contactsto-be," I have now reached a point where I'm sort of looking for people/numbers to add; I suppose you could say I've reached the second tier. I've already entered/allocated from the top tier (most called, most familiar, most logical: friends, family and business). Yet spots remain, so I've begun a mental search of who/what numbers might be cell phone-worthy (meaning whose phone numbers might I want to include in my cell phone) either as a "contact" or a "speed dial" since the process of doing so is now clearly within my rather limited abilities.

Two numbers that I've thought about adding and which relate directly to this column's title, are my car's auto repair shop and my oncologist. I have most definitely entered them as contacts. However, given the semi-precarious nature of driving a car with 137,000 miles on the odometer, perhaps it would be prudent to assign a speed dial number to my mechanic. Not that I want to be calling him that often or have the circumstances be so time-sensitive that speed – in our ability to connect with one another over the phone – is of the essence but, hoping and praying don't necessarily make it so. And let's be honest, my car is not getting any newer.

I have similar feelings toward my oncologist. I don't want to have to/need to call him that quickly, but again, let's be realistic; I'm probably not getting any healthier. As such, if I did call him, presumably it wouldn't be to inquire about the weather; more likely it would be to inquire whether a new symptom or a deterioration of some kind relating to my being a stage IV lung cancer survivor (who has now outlived his original "13-month-to two-year prognosis" by years) is significant. But if I'm being honest about my life/ health circumstances, who better to call - and be able to call quickly and efficiently, than the doctor who is primarily responsible for my wellbeing/treatment? I don't want to feel this way, but if there's anything that seems increasingly more relevant (as I continue to live beyond my original prognosis), it would be to plan for circumstances that are beyond my control (although I'm not saying/admitting to their inevitability), especially if there are other people (close to me) who might need some assistance attempting to control those circumstances, should they occur.

Admitting to their significance – and need however, and in turn acting/planning on their behalf, so to speak, are tough pills to swallow. Never do I want to give credence to my original diagnosis and accept my fate, sort of. Nevertheless, organizing my phone to prepare for the worst, while still hoping for the best, might be the best way – for me, to take care of myself and those closest to me as well. But thinking that technology, specifically my phone, would play a major role in that task, is a really big surprise, all things considered.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

# News



The Space Shuttle Discovery, atop its Boeing 747 carrier, prepares to end its last flight at Dulles International Airport on Tuesday April 17. The shuttle will become part of the Smithsonian Institution's permanent collection at the Steven F. Udvar-Hazy Center in Chantilly.

# Area Welcomes Discovery

A famed pace Shuttle finds home in Chantilly.

he Washington area kept its eyes to the sky on Tuesday morning April 17, for a special over-flight by the Space Shuttle Discovery docked to its 747 carrier aircraft. The Discovery is moving to its new home at the Smithsonian's Steven F. Udvar-Hazy Center in Chantilly. The Discovery has flown 39 missions, spent 365 days in space, and was the longest-serving orbiter in NASA's shuttle program.





Space Shuttle Discovery will become part of the Smithsonian Institution's permanent collection at the Steven F. Udvar-Hazy Center in Chantilly. The Discovery has flown 39 missions, spent 365 days in space, and was the longest-serving orbiter in NASA's shuttle program.

On Tuesday April 17, a Boeing 747 carrying the Space Shuttle Discovery makes its final approach to Dulles International Airport. The shuttle will become part of the Smithsonian Institution's permanent collection at the Steven F. Udvar-Hazy Center in Chantilly.

# SPORTS

# Northern Region Well Represented at Capital Classic

Oakton's Katherine and Caroline Coyer scored six and five points, respectively, for the Virginia squad.

By Jon Roetman
The Connection

est Springfield senior Logan
Battle isn't accustomed to
beginning a basketball
game on the bench. The 6foot-1 Spartan standout earned a scholarship to Georgetown by making plays on the
court from the opening tip. But during the
first game of the 39th Annual Capital Classic, a public school matchup between the
Virginia All-Stars and the Maryland AllStars, she started with a seat on the sideline.

That didn't stop Battle from having her usual game-changing impact.

Battle came off the bench to score 12 points and earn game MVP honors as Virginia cruised to a 74-49 victory on April 21 at T.C. Williams High School in Alexandria. After a slow start by both squads, Virginia's second unit of Battle, West Springfield teammate April Robinson (Duquesne), Forest Park's Lexi Carpenter (Dayton), Stafford's Merritt Hempe (Georgia) and Fairfax's Liz



Oakton senior Caroline Coyer scored five points on April 21 as a member of the Virginia All-Stars, which beat the Maryland All-Stars 74-49 during the 39th Annual Capital Classic at T.C. Williams High School.

McNaughton (UMBC) sparked an 11-2 first-quarter run as the Commonwealth gradually pulled away.

"Sitting on the bench starting out gives me a chance to see how the other team plays and get a feel for what I'm supposed to be doing," Battle said. "...We've all seen each



Oakton senior Katherine Coyer shoots as a member of the Virginia All-Stars during the Capital Classic on April 21 at T.C. Williams.

other play [and] played with each other during AAU or in other all-star games before. When we got on the court, we worked well together [because] none of us are selfish."

Each team had limited practice time prior to the contest, which tipped off the four-

game all-star event, but Robinson said the girls meshed well together on the floor.

"Everyone has the same goal and dream," she said. "We're just playing basketball."

**FRED PRIESTER**, who led Oakton to an undefeated season and the 2012 state championship, coached the Virginia All-Stars.

"There's always a little edge there," Priester said of the inter-state matchup. "We in the Virginia suburbs think we play pretty good ball, they think they play pretty good ball, so there's a little bit of bragging rights there."

Oakton's Katherine and Caroline Coyer scored six and five points, respectively, for the Virginia squad, playing their final high school game before suiting up for Villanova.

"It was a little bittersweet," Katherine Coyer said. "It was definitely great to get to represent Oakton High School one more time. Of course, it's sad that this is the last time we're going to be putting on these shorts and playing to represent Oakton, [but] even going forward, this isn't something we're going to forget."

T.C. Williams senior Gaby Moss, who will play at Georgia State, scored nine points on her home floor. Robinson scored six points, Edison's Ruth Sherrill (Hofstra) finished with five and McNaughton had three.

In the other girls' game, the Prep-Private All-Stars defeated the Interhigh All-Stars 76-67. Bishop O'Connell's Nicole Carty scored three points for the Prep-Private team.

# Oakton Baseball Trying to Regain its Footing

Since 6-1 start, Cougars have struggled in Concorde District play.

By Rich Sanders
The Connection

tough stretch of the season has hit the Oakton High baseball team since the start up of play within the Concorde District schedule a few weeks ago. The Cougars, who were 6-1 at one point this spring, entered this week in the midst of a tough five-game losing streak.

Four of the losses during the recent skid were against district opponents, putting Oakton (6-6 overall, 0-4 in the district) in dire need of a victory against a Concorde opponent. This week, the Cougars were scheduled to play district games at Westfield on Tuesday, April 24, before coming home this Friday, April 27 to host Herndon High. Friday night's game with the Hornets is set to begin at 6:30.

"We have struggled in the win-loss column recently, but overall, our guys play hard every time they step on the field," said Oakton head coach Justin Janis. "I've been pleased with their effort and preparation. We just need to make a couple of plays here and there and that will turn our momentum back in the right direction."

Oakton's first two district games were both one-run setbacks - road losses at Herndon, 4-3, on April 10, and Chantilly, 3-2, on April 13. A day following the loss to the Chargers, Oakton lost a non-Northern Region affair at Loudoun Valley (Cedar Run District), 9-1.

In its third and fourth district games, both at home on April 17 and 19, the Cougars lost to Robinson, 6-4, and also fell to Centreville, 10-6. That put Oakton at a disappointing 0-4 record in district games.

Oakton has received a particularly strong season thus far from junior starting pitcher Matt Gregor.

"Matt has been pitching very well," said Janis. "Every time he has pitched he has given us a quality start."

Mitchell Carroll, a junior, has played well at shortstop defensively and is batting .300. The Cougars' leading hitter is junior Joey Bartosic, who is hitting .342.

**OAKTON BEGAN** the season with a flurry with victories in its first five games. The Cougars opened the season with a home game on March 15 versus Yorktown High of the National District and defeated the Patriots by an 8-3 score. Two days later in an early season tournament at McLean High



Oakton junior shortstop Mitchell Carroll has played well for the Cougars this season both at shortstop and at the plate.

School, Oakton won both ends of a double-header - defeating the host McLean High-landers 8-7 before handling West Potomac High (Patriot District) by a 15-4 score later that afternoon/evening.

On March 23, Oakton traveled to Richmond for a Friday evening game at St. Anne's-Belfield. In that outing versus the

private school team, Oakton improved its record to 4-0 with a 9-2 win.

The next week, the Cougars hosted McLean on a Saturday afternoon on the final day of March and won, 7-4.

Over spring break week, Oakton, competing in a local tournament, played a pair of games. The Cougars, on Monday, April 2, lost at Lake Braddock Secondary (Patriot District), 2-0, for their first setback of the season. But they defeated visiting West Springfield, another Patriot District opponent, 3-1, the following day in a mid-afternoon game played at Oakton to improve their record to 6-1.

Since the win over the Spartans, Oakton has struggled with the four straight district losses. Over the next several weeks leading up to the Concorde District Tournament (May 15-21), the Cougars will look to earn as many regular season district wins as possible in order to give themselves the best possible seeding for the district tournament.

A year ago, Oakton entered districts as the top seed and went on to win the district tournament title with a finals win over Westfield. At the ensuing Northern Region playoffs, the Cougars advanced to the second round quarterfinals before seeing their season end with a barn-burner, 13-12 loss to Lake Braddock. Overall, Oakton finished 18-6 in 2011.

# Concert for Clemyjontri

said. "I guess they figured with 9 kids, we would be unfair users of the facility," she laughed, "so we got the call, we founded the 501(c) (3) Friends, and the money was raised. Now there is this wonderful park, the first in the Commonwealth, and one of just a handful anywhere, where everyone can play and enjoy themselves.

AN ADDED BENEFIT to the park not thought of when it was created is how it is now being used by military personnel injured in combat. Clemente and Heather Cox, Executive Vice President with sponsor Capitol One Bank, both spoke about the rising use of the park by this constituency. "What a way to give back to our community," Cox said. "It is so heartwarming to see our service personnel who have already sacrificed so much, really able to play with their children, not just watch from the sidelines, "added Clemente.

The Foundation continues to raise funds to add additional equipment like the wheelchair-accessible Liberty Swing installed last year and to maintain the park's facilities. "All the money raised goes directly to the park. No salaries and overhead," added Clemente.

The distinguished supporters who enjoyed the delights provided by Susan George Catering and the strains of the Fairfax Symphony Quartet, included Kevin Fay, Dranesville District Representative on the Fairfax County Park Authority Board, and the evening's Master of Ceremonies. Fay introduced Gov. and Mrs. McDonnell, Sharon Bulova, Chairman of the Fairfax County Board of Supervisors, delegate Barbara Comstock, the Clementes and other honored attendees. "Although everyone here is a distinguished guest," noted Mr. Fay, "none of the this is possible without each and everyone of you."

Governor also addressed the gathering. "Next time Virginia has a drought, I am calling you Julie," he joked with Mrs. Clemente. Governor McDonnell then thanked all the contributing sponsors and guests for their continuing efforts and support and care for the residents of Fairfax County, and in fact, for all Virginians.

TO LEARN MORE about Clemyjontri Park, or to become a Friendsofclemy.com.

Friend of this foundation, check out their website at www.

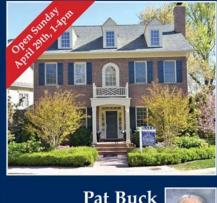


Fairfax County Park Authority Board Member Kevin Fay, Friends of Clemyjontri Board Member and hostess Julie Clemente, Chairman of the Fairfax County Board of Supervisors Sharon Bulova present an overview of the mission and successes of Clemyjontri Park

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Open House to these weekly listings, please contact Don Park at 703-778-9420, or donpark@connectionnewspapers.com

All listings are due by Monday at 3 P.M.





# Fairfax County Public Schools: Visual and Performing Arts

Coming Next Month: Summer Activities and Programs

## The Power of Art

"If I were a rich man, ya ha deedle deedle, bubba bubba deedle deedle dum."

"If I Were a Rich Man," Fiddler on the Roof

A catchy show tune, a mesmerizing photograph, stunning computer graphics, a stirring orchestra rendition, an eloquent pencil drawing, or

## This Just In:

Fifteen Fairfax County Public School students received national medals for their entries in the 2012 Scholastic Art Awards sponsored by the Alliance for Young Artists and Writers. the graceful movements of a modern dance performance – each has the power to move audiences and transport them to a moment in time.

Whatever the talent or interest, Fairfax County Public Schools (FCPS) provides students with a comprehensive arts education.

Students in grades K through 6 receive music and art instruction taught by certified art teachers. Middle school and high school students may choose to enroll in a variety of elective course offerings in

all fine arts disciplines to include dance, music, theatre, and visual art. Advanced Placement (AP) or International Baccalaureate (IB) art classes are offered for students in grades 11 - 12.

Art engages students in a process that helps them develop the self-esteem, self-discipline, cooperation, and self motivation necessary for success in life.

"Art making involves critical thinking and problem solving to create a product," said Aaron Stratten, art education specialist at FCPS. "In this sense, art is an authentic approach to providing students with essential skills they will need in the 21st century to

develop creative solutions to challenges. Creativity and problem solving are essential components of innovation which will feed the economy and industries of the future."

## **Art All Around Us**

Students can explore many forms of art including art, music, photography, computer graphics, dance, orchestra, theatre, band, and more. Beginning in elementary school, students are introduced to concepts and processes that nurture creative thinking and problem solving through art and music classes.

"As they advance to the next grade level, students are exposed to recognized works of art and become actively involved in finding connections between images and ideas," said Stratten. "Emphasis is placed on exploring themes and concepts related to family and a sense of place. By participating in real and meaningful art experiences, students increase their understanding of the value of the visual arts to themselves, their family, and to the world in which

## **Music to Your Ears**

More than 40,000 FCPS students are enrolled in the music elective programs of band, chorus, general music, orchestra, and guitar. The vocal and instrumental ensembles are seen and heard worldwide. Locally, the ensembles perform at the Kennedy Center for the Performing Arts, George Mason Center for the Performing Arts, and the White House among others.

"Music, through its inherent ability to develop intellectual and emotional communication skills, encourages cultural awareness and enriches society," said Tamra Ferreira, fine arts coordinator at FCPS. "The FCPS music curriculum provides opportunities for students to attain the knowledge and skills necessary to be become musically literate, well-rounded individuals."

## Let the Shows Begin!

Springtime theatre productions bring performance spaces alive throughout Fairfax County Public Schools. The study of theatre provides students opportunities for personal and academic growth, ways to create bridges to other subject disciplines and other cultures, and the development of skills which provide

lifelong enjoyment. In middle school, FCPS students discover and explore the basic elements of theatre, and augment that study with a variety of theatre presentations and special events. At the high school level

students develop and expand their knowledge, skills, and resources to create a high level of accomplishment in the classroom and in performance.

Go see a show at a Fairfax County Public School. Many events are free or inexpensive. Find out more at <u>www.fcps.edu</u> and click on the blue Events tab.



# **Getting To Know Us:**

Herndon High School Theatre Teacher

## Zoë Dillard

Zoë Dillard grew up around theatrical personalities, so it was an obvious choice when it came time to decide on a career. Theatre, of course.

Though she initially pursued acting roles, it was a request in 1982 from Falls Church High School to help them choreograph a musical that confirmed her love of working with young people in the theatre.

Today, she serves as the theatre director and teacher at Herndon High School.

Dillard believes theatre offers students a chance to discover themselves.

"High school is all about finding your niche. Some students come into the theatre to

for publicity."

# Did You Know

More than 33,000 secondary students enrolled in fine and performing arts courses during the 2011-12 school year: Visual art – 12,400 Music – 12,600 Theatre – 2,600

Dance - 200

see what's here and what's going on. Once they are here, they realize there are many opportunities," said Dillard. "They can direct children's theatre or participate in improv. They can be part of the ensemble or put their technical skills to work building sets. They can work with 5th and 6th graders in the children's theatre. They can also use their computer graphic design skills

"I try to offer students many different kinds of opportunities in the theatre so they will grow," she said. "It's not just about acting."

"I love their energy," she continued. "By the time they are seniors, they've changed and grown. I find that inspiring to watch."



they live."

# **Cappies: Award-Winning Performances**

"The Ca

For those who would rather critique than perform, the Cappies, or Critics and Awards Program, is designed for high school theatre and journalism students who are trained as theatre critics, attend shows at other schools, write reviews, and publish the reviews in local newspapers and online. The international program was launched by FCPS in 1999.

Each spring, Cappies critics nominate actors and technicians for Cappies awards, which are presented, along with awards for critics, at the annual Cappies Gala at the John F. Kennedy Center for the Performing Arts.

"The Cappies Gala showcases the amazing artistic talents of our high school students," said Judy Bowns, co-founder of Cappies and theatre arts and dance specialist at FCPS. "Student actors, backstage technicians, singers, dancers, and musicians are honored with a Cappie by their peers who acknowledge this excellence by their votes. It's the only student theatre awards program that is student-driven with no awards decided by adults."

The gala draws more than 2,000 theatre students and their families. For more information visit www.cappies.com.



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