

Oak Hill ♦ Herndon
CONNECTION

Bull Riding Comes to Frying Pan Park

NEWS, PAGE 20

A bull tries to throw off a rider during a professional bull riding event at the Frying Pan Farm Park indoor arena on Saturday April 28. The event was sponsored by the Friends of Frying Pan Farm Park in partnership with the Fairfax County Park Authority.

Community Aims To Fill Empty Bowls

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Herndon High Hosts Youth Drinking Forum

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PHOTO BY DEB COBB/THE CONNECTION

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THE CONNECTION
NEWSPAPERS

WEEK IN HERNDON

Three Horses Wounded

Police are asking for the public's assistance in identifying the person or persons responsible for wounding three horses. The incident occurred on a property in the 2600 block of Centreville Road, adjacent to Frying Pan Farm Park, sometime between 9 p.m. on Wednesday, April 25 and 9:30 a.m. on Thursday, April 26. All three horses were cut and required medical attention. The wounds appear to be non life-threatening.

A man was seen by park employees stumbling around Frying Pan Park around 11 a.m. on Thursday, April 26. He was described as white, about 5 feet 8 inches tall and 160 pounds. It is unknown if he was involved with the incident.

Anyone who may have been in the area of the park during that time frame and recalls seeing anything or anyone suspicious is asked to contact Crime Solvers by phone at 1-866-411-TIPS/8477, email at www.fairfaxcrimesolvers.org or text "TIP187" plus your message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

Deadline for Nominating Yard of the Month

Springtime's rejuvenating spirit is in the air – and the Town of Herndon's Yard of the Month award season is officially under way.

Yard of the Month is an opportunity to recognize the efforts of town residents whose yards contribute to the beautification of the town and its neighborhoods. Citizens may nominate their own or their neighbors' yards for the award. Winners receive gift certificates from Meadows Farms and are recognized by the Mayor and Town Council at public meetings.

Nominations for the June Yard of the Month Award are due May 15. Nominations are due June 15 for the July award and September 15 for the October award.

Judges for the Yard of the Month Awards program are members of the Town of Herndon's Cultivating Community committee, a group of citizen volunteers formed to encourage beautification and to enrich the quality of life in the town's neighborhoods.

Nomination forms for the Yard of the Month Awards are available on the Cultivating Community page of the town's Web site, www.herndon-va.gov; see the link off of the homepage at "featured this month." Forms are also available at the at the Herndon Municipal Cen

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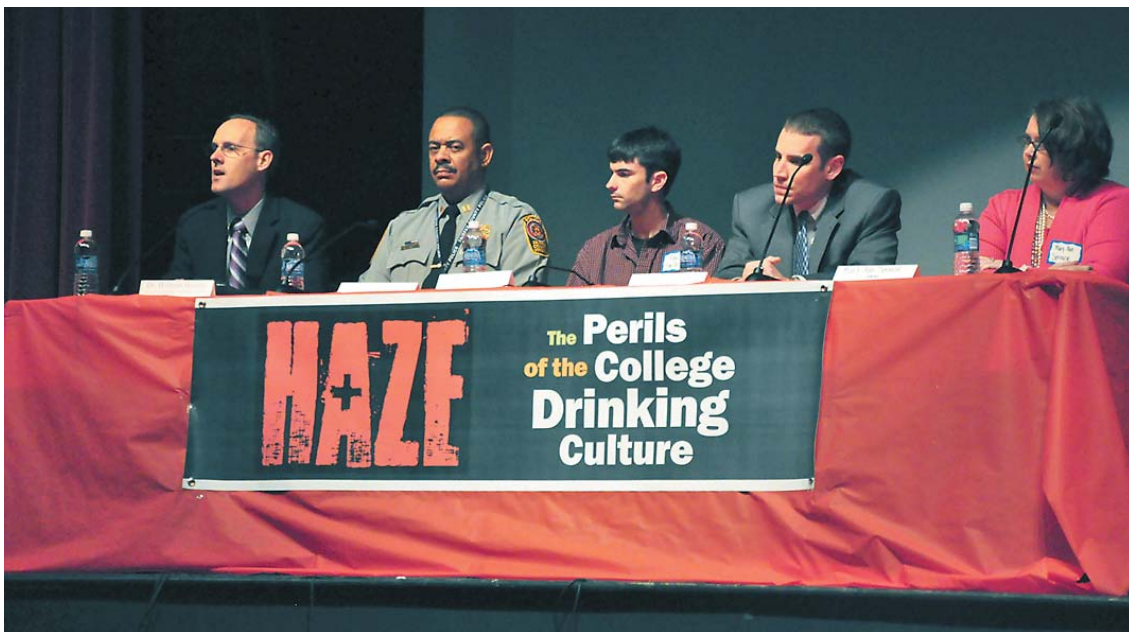
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PHOTOS BY ALEX MCVEIGH/THE CONNECTION

From left, Dr. William Hauda, an emergency room physician at INOVA Fairfax Hospital, Capt. Bruce Ferguson, commander of the Fairfax County Police Department's Youth Services Division, Ryan Smith, a graduate student at Virginia Tech, Casey Ligan of the Commonwealth's Attorney's office and Mary Ann Sprouse, director of Alcohol, Drug and Health Education at George Mason University address parents and students at Herndon High School Tuesday, April 24.

Youth Drinking Forum

Herndon High Hosts panel discussion, video highlight latest trends in teenage drinking.

BY ALEX MCVEIGH
THE CONNECTION

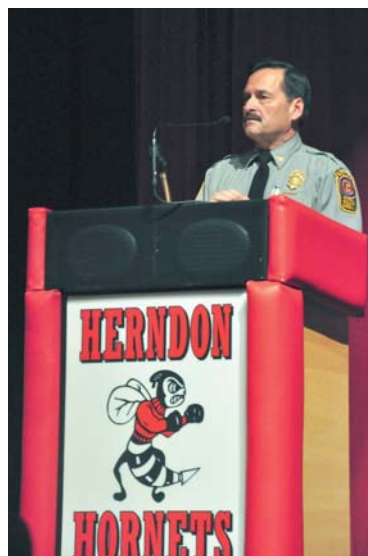
Herndon High School hosted "The Perils of the College Drinking Culture" Tuesday, April 24, a forum discussing the consequences of alcohol use with students and parents in the community. The event, hosted by the Unified Prevention Coalition of Fairfax County, featured facts about the social, legal and physical consequences of alcohol use.

Sara Freund, program director of the UPC, called it a "signature program" and said the feedback from previous showings has been positive.

"The program tonight has been shown nine times since 2010 and has been a program that schools and parents around the county have said 'every senior and senior parent' should come and hear the message," she said.

Herndon High Principal William Bates said he hoped presentations like this would impact the youth in the audience, to make them think twice about making a poor decision.

"We know a conversations such as this, about alcohol and some other difficult subjects, are ones we have to have, and what we're hoping is that we can continue to communicate the message, to young people, about the importance of listening to what parents say," he said. "If you talk to anyone in this auditorium, you'll find someone who has been impacted by a poor choice that a young person made."



Col. David Rohrer, Fairfax County Chief of Police, speaks about the dangers of alcohol abuse.

COL. DAVID ROHRER, chief of the Fairfax County Police Department, said in his 32 years as a police officer, he has seen plenty of those consequences.

"We have seen far too many cases where young people are hurt by the use and abuse of alcohol. I could write a litany of cases, whether it's accidents, fatal crashes, poor judgement when someone is harmed, assaults, fights, sexual assaults or unwanted sex," he said. "We have to have a cultural change... it's been too long that we condone the abuse and over abuse of alcohol, and that's what has to change."

The presentation began with a film about Gordie Bailey, a freshman at the University of Colorado when he died in 2004 of alcohol poisoning. In addition to Bailey's

story, it talks about the growing number of college students who are binge drinking.

"It was terrifying when they kept showing these clips of college students laughing about how they drank 23 shots that night, or one where the boy drank about 10 shots in less than 15 seconds," said Eileen Pallara, a mother of two Loudoun County Public Schools students. "When you see the casual attitude and the staggering amount consumed, it's a wonder we don't read about this on a daily basis."

Ryan Smith, a graduate student at Virginia Tech studying alcohol use, has been a member of several UPC panel discussions, and said the video about Bailey's death hits him each time.

"Every time I watch that video it strikes me a dif

SEE TEENAGE DRINKING, PAGE 14



PHOTO CONTRIBUTED

Tim Sargeant of Virginia Dominion Power accepts the Distinguished Corporate Service Award presented by Herndon Mayor, Steve J. DeBenedittis. Standing to his left: Peggy LeReche of Herndon-Reston FISH, while Council member, Grace Wolf (seated) looks on.

Herndon Honors Volunteers

28th Annual Mayor's Volunteer Appreciation Night.

On April 15, 425 volunteers were honored for their service to the Town of Herndon from 38 different service organization and groups. Each of the honorees contributed 100 hours or more of volunteer service in the community last year. The 28th Annual Mayor's Volunteer Appreciation Night was held at the Herndon Community Center.

Citizens joined Herndon's Mayor, Steve J. DeBenedittis, members of the Town Council, Supervisor John W. Foust, and Delegate Thomas Rust in celebrating the spirit of volunteerism. The evening's keynote speaker was Andrew Horn, Social Entrepreneur and Advocate.

The Distinguished Corporate Service Award was added this year to honor up to two businesses or corporations that contributed to the town through outstanding commitment to, or promotion of, the town for the greater good of Herndon.

The awards were presented to Maude's Hair Salon located in the heart of Herndon to Virginia Dominion Power for their 20-year partnership with Herndon-Reston FISH to prevent the electricity in the homes of people in crisis from being discontinued.

Each year the town honors up to three Distinguished Volunteers.

The first Distinguished Service Award was presented to Bob Ashdown, who has served in several capacities for 40 years as a LINK volunteer and helped propel LINK to succeed and grow into an organization that serves over 7,000 individuals in Herndon, Sterling, and Ashburn. The second Distinguished Service Award was presented to the husband and wife team, Anthony and Marcia DiTripani who have been active in the communities of Herndon and Reston since they first moved to the area in 1969. Both have worked tirelessly for Herndon Reston FISH, including Marcia's service as President for five years. The third Distinguished Service award winner, Dave Kirby, currently volunteers planning the American Legion's Memorial Day and Veteran's Day services, managing the Legion's festival booth and volunteering for Friday Night Live for over five years, plus serving as a Board member of Herndon Hospitality Association.

For more information, visit the Town's website at www.herndon-va.gov, and click on parks and recreation, or call 703-787-7300.

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NEWS

Welcoming 'Discovery'

Floris Elementary School students and staff in Herndon held classes outside on April 17 to witness the Space Shuttle Discovery's final flight into Dulles Airport. The school was treated to two flyovers by the shuttle before it made its final landing.



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More than 500 guests dine at Floris United Methodist Church Friday, April 13 to raise money for hungry people, while a slide show with hunger facts plays.



Supervisor Cathy Hudgins (D-Hunter Mill) greets guests at the Empty Bowls event at Floris United Methodist Church Friday, April 13.

PHOTOS BY ALEX MCVEIGH/THE CONNECTION

Community Aims to Fill Empty Bowls

Floris United Methodist Church hosts annual Food For Others event.

BY ALEX MCVEIGH
THE CONNECTION

More than 500 people gathered at the Floris United Methodist Church Friday, April 13 to help raise money and awareness for hungry people in the area. The annual Empty Bowls event, which raised money for local food bank Food For Others and hosted by the Giving Circle of HOPE, allowed guests to enjoy soups, snacks and deserts from local eateries, as well as take home a handmade bowl made by local potters, all for a \$20 donation. “This is a new venue this year, so we’re introduced to a new community, but we also brought some members of the old community with us,” said Cathy Waters, chair of the event, which was at St. John Neumann Catholic Church for the past few years. “It’s a simple concept, and it allows people to come together and learn

about hungry people, and how they can help.”

Soups were donated by Amphora (tomato Florentine), Clyde’s of Reston (clam chowder and chili) and Brock and Company (veggie chili and carrot parsnip). Great Harvest Bakery donated bread for dipping and Chantel’s Cakes and Pastries donated the desserts.

“We had so many potters come out and support us. One woman from Chantilly called to donate bowls, her father was from Thailand and a potter, and she gave us some beautiful bowls,” Waters said. “Another woman in Vienna did the same thing, she just called and said she would like to donate some bowls. People just wanted to be a part of this.”

Potters from the Reston Community Center, the Herndon Community Center, the Clay Connection, Clay Café of Chantilly and the Bowman House Arts and Crafts Center in Vienna also donated bowls.

LAST YEAR the event raised almost \$20,000 for Food For Others, and organizers hoped to raise that amount this year.

“We usually sell about 500 tickets, and this year we had got a last minute bowl donations, so we had an additional 100 to sell at the door,” said Linda Strup, a volunteer and past chair of the event. “We also had a slide show going and passed out information to the tables about hunger and food insecurity for people to talk about while they eat.”

Food insecurity is the lack of availability of food to an individual. In Fairfax County, one out of every 12 children under age 15, every 14 children under 18 and 20 people over the age of 65 are living in poverty.

“I thought it was a great idea to give us those facts and figures to discuss while we ate, because it’s one thing to donate money, but it was very enlightening to carry on a conversation about problems and solutions,” said Candy Kuroda of Reston. “I think



Guests at the Empty Bowls event at Floris United Methodist Church browse a selection of handmade bowls, before enjoying a meal of donated soups, snacks and desserts to raise money for Food For Others.



Local Girl Scouts serve desserts donated by Chantel’s Cakes and Pastries at the Empty Bowls event at Floris United Methodist Church Friday, April 13.

the literature we got from Food For Others and the conversations I had definitely left an impression on me, and every time I see my bowl at home, I’ll think about that conversation and ways to fight hunger.”

Much of the heavy lifting at the event was done by more than 90 Girl Scouts from 18 local troops who refilled drinks, cleaned and bussed tables, greeted guests and helped them pick out their bowls upon arrival. Deborah Miles was part of the event five years ago, when she just had 14 girls from her troop.

“The girls are from fifth grade up to seniors in high school, and it’s one of those

events where they ask about it all year round,” Miles said. “It’s rewarding for them to be part of such a significant event.”

FOOD FOR OTHERS is the largest distributor of free food in the Northern Virginia area, distributing more than 2.7 million pounds of food last year. They have a warehouse in the City of Fairfax and 15 other sites in the area in Fairfax and Arlington Counties, as well as the City of Falls Church. They also provide support for 25 other local organizations.

More information can be found at www.foodforothers.org.

OPINION

Reminders to Press Ahead for Housing

Spring discussion on hypothermia shelters could help preparations for winter.

In February, 2007, 59-year-old Robert Bruce Miller was found dead outdoors in Chantilly. Miller was homeless, known to businesses and residents in the area. He died of hypothermia, exposure to the cold.

Since that time, houses of worship and non-profit organizations have stepped into the gap, providing shelter from the storm on a “no-turn-away” basis from November to March.

In Fairfax County, about 35 houses of worship provide shelter to approximately 1,000 homeless men and women during the winter months. Each year, various churches, synagogues, mosques and temples take turns providing space to provide food and shelter for the homeless population during the winter months. Last year, there were no hypothermia-related deaths reported. Similar programs operate in Arlington and Alexandria.

An alarm went up over the past month as some churches that have been providing hypothermia shelter heard that they could be barred from providing the service due to fire-

EDITORIAL

code violations. While some faith leaders said they had heard as many as 18 would be unable to reopen, Sharon Bulova said that just four might have insurmountable fire code violations for serving as emergency shelters. Obviously no one wants to put both church volunteers and those seeking shelter at risk.

“Fairfax County has a unique partnership with our faith communities and non-profits. We are committed to serving the homeless population in a way that is compassionate and ensures their safety,” Bulova said.

It’s important to recognize that providing shelter from life-threatening conditions is in fact a government function. Faith-based organizations and nonprofits are stepping in on this issue and many others to provide leadership, inspiration and services, saving local governments enormous sums of money.

The county should consider if it might be appropriate for firehouses with capacity might be open in rotation as hypothermia shelters,

staffed with church volunteers, if some churches cannot make the changes needed by fire code regulations.

More important is to recognize the need for hypothermia shelters as an indicator that we have not ended homelessness. Providing housing first to people who need a variety of services saves money and makes the most effective use of scarce resources.

Amanda Andere, head of FACETS, Catherine Hudgins, member of the Board of Supervisors, and others reminded the group concerned about the shelters that the real issue is housing.

“Shelter is a temporary solution. We need housing,” Andere said.

It is telling that many services are provided to the homeless men and women who come to the hypothermia shelters.

Housing advocates continue to press for more affordable housing. It’s a goal that is urgent to keep in mind as Fairfax County looks at what is likely to be its last massive growth in development, the increased density and building around the county’s coming Metrorail stations.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

A Graduation Gift: Help for the ‘Bang-Ups’

BY KATHY MAY

DIRECTOR, VIRGINIA CONSUMER
VOICES FOR HEALTHCARE

“Congratulations! You’re off to Great Places!

Today is your day!”
From The Places You’ll Go, by Dr. Seuss.

Most of us are familiar with Dr. Suess’ inspirational and honest send-off for those transitioning into a new phase of life. As you move into the world, pursuing your goals, Dr. Seuss reminds us that life is a great balancing act with triumphs and surprises peppered with challenges and struggles. Initially, you may have difficulty finding the right employment in today’s difficult job market and you may find yourself working part-time or other jobs that typically come without health insurance. And that could put you at risk.

“I’m sorry to say so but, sadly, it’s true that Bang-ups and Hang-ups can happen to you.”
— Dr. Seuss

In the past, young adults starting out frequently found they could not afford health insurance. In fact, about 30 percent of young adults are uninsured, the highest rate of uninsured of any age group. The ability to access and afford high-quality health insur-

COMMENTARY

ance should not limit where you live, the work you pursue or the dreams you follow.

Graduation day gives us an opportunity to reflect on the strides we have made to improve the health of young adults. Ensuring that young adults thrive means securing our future as a successful community, a healthy society and a prosperous nation.

Thanks to the Affordable Care Act (ACA) you have the opportunity to pursue your dreams with peace of mind.

The ACA gives you the gift of time

Today, the ACA provides you with the opportunity to remain on your parents’ health insurance until you are 26 giving you more time to find a job that provides health insurance. Thanks to the ACA, today more than 2 million young Americans have insurance, who would otherwise be uninsured.

The ACA protects you from insurance companies.

The health care law ensures that insurance companies cannot charge you more if you have a chronic condition like asthma or drop you from coverage if you need care for something like a torn ACL. The ACA also provides young adults over age 19 with pre-existing conditions access to a tempo-

rary national health plan until 2014. After that, adults will no longer be denied coverage on a private plan because of a pre-existing condition. Young adults may often be very healthy, but you’re not invincible. One in six young adults has a chronic illness like cancer, diabetes or asthma.

The ACA keeps you healthier.

The ACA provides free preventive care services, such as immunizations and blood pressure screenings, and an annual wellness visit to help you to catch problems before they become serious.

More services to come.

Starting this year, additional preventive services will be covered for young women in new health

plans including contraception and screenings for HIV, gestational diabetes, and domestic violence.

Starting in 2014, when some of you may be thinking about marriage and families, insurance policies will include benefits for pregnancy and newborn care. At the same time, insurers will no longer be able to deny you coverage because they have spent too much on your health care in a year.

The ACA provides you with the opportunity to pursue your dreams on the road to self-sufficiency by providing access to affordable, high-quality health care wherever life may take you.

“Your mountain is waiting. So ... get on your way!”

— Dr. Seuss

LETTERS

Never Enough

To the Editor:

Once again the Democrat-majority Fairfax County Board of Supervisors gives the hard-pressed taxpayer one in the eye. With the nation’s public debt heading into the stratosphere, yet more money is to be taken from those that actually pay taxes (primarily homeowners) to sate the supervisors’ appetites. But wait, Supervisor Hudgins (Hunter Mill District) has come up with a novel justification.

Harry Locock
Reston

Oak Hill & Herndon CONNECTION

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NEWS



PHOTO CONTRIBUTED

Students from Herndon High School that have been invited to attend Summer Residential Governor's School for one month this summer at various colleges.

Herndon Students Going to Governor's School

Herndon High School has announced the names of students who have been invited to attend Summer Residential Governor's School for one month this summer at various colleges and universities in the state. These programs are highly selective and only invite the very top candidates from around the state. Herndon High students selected include:
 Amelia Johnson-Virginia Institute of Marine Science Mentorship;
 Matthew Lee-Agriculture;
 Paul Morgan-Visual and Performing Arts - Vocal Music;
 Ade Samuel-Math, Science and Technology;
 Emily Schaal-Humanities.



PHOTO CONTRIBUTED

Students from Herndon High School that have been invited to attend the Governor's Foreign Language Academies this summer.

Heading to Foreign Language Academies

Herndon High School is proud to announce the names of students who have been invited to attend the Governor's Foreign Language Academies and the Star Talk Academies this summer, both month long residential experiences:

Joy Oti - French
 Rob Williams -Latin
 Kiana Snekcim- Spanish
 Jamie Fico - Arabic
 Melissa Cisneros - Chinese

The Foreign Language Academies are very similar to the other Governor's School programs as they are highly competitive state sponsored programs. StarTalk Academies are sponsored by the National Security Agency and offer introductions to certain target languages.

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Northern Virginia Residents Honored for Volunteer Efforts

Four locals receive Community Champions Awards for Health Care and Social Services to the Community.

BY MARILYN CAMPBELL
THE CONNECTION

Four Northern Virginia volunteers were honored for their charitable efforts recently. Edward Shahin of McLean, Marie Markey of Alexandria and Mattie Palmore and Kari Warren of Mt. Vernon received the Molina Healthcare Community Champions Award during a ceremony at the at the Stacy C. Sherwood Community Center in Fairfax.

"We are pleased to celebrate Marie, Ed, Mattie and Kari — individuals who have made such a positive impact in the lives of others through their selfless work,"



PHOTO CONTRIBUTED

Four Northern Virginia volunteers receive Community Champions Awards for their service to the community. Pictured are: Dr. Jean Glossa of Fairfax County Community Health Care Network; Mattie Palmore and Kari Warren of Mount Vernon; Marie Markey of Alexandria; Ed Shahin of McLean; and Gloria Calderon of Molina Medical Group.

said Dr. Jean Glossa, medical director of the Fairfax County Community Health Care Network (CHCN) for Molina Healthcare. "Each of their stories is so inspiring, and the work that they do to better the health and well-being of their communities is so important. It is our pleasure to not only recognize these four winners, but also to be able to support their worthy causes."

Palmore and Warren were honored for their work to support victims of domestic violence through their organization, the Women's Group of Mt. Vernon.

"This award means that the work that we do is not done in vain," said Palmore. "We don't do the work that we do for recognition. We do it to help the victims."

Markey, a volunteer at Annandale Christian Community for Action, is the coordinator and chair for the group's Family Emergency Assistance program. As a retired physical therapist, she also provides free physical therapy for clients at local free clinics.

"I believe that helping people is what one should

do if one has the time and the opportunity," she said. "The 'haves' should help the 'have-nots.'"

Shahin is a senior citizen from McLean who advocates on behalf of other Fairfax County seniors through his volunteer work at Lewinsville Senior Center and as one of the elected members of the McLean Community Center Governing Board.

"I retired three times," said Shahin. "I was afraid to retire until I could fill my life with worthwhile pursuits. I have taken up causes on behalf of seniors and it is the most worthwhile thing that I have done. I am more proud of this award than any award that I have received for anything in the past because it is giving of myself to help others."

The winners were nominated by community-based organizations and received \$1,000 grants to donate to nonprofit organizations of their choice. Markey donated her grant to Annandale Christian Community for Action. Shahin gave his to the McLean Rotary Club Foundation. Palmore and Warren gifted their grant to the Women's Group of Mt. Vernon.

"We don't do the work that we do for recognition. We do it to help the victims."

— Mattie Palmore,
Mount Vernon

Local Safety Net Clinics Seek a Few Good Doctors

Specialty care physicians and other medical professionals needed to serve low income, uninsured patients.

BY MARILYN CAMPBELL
THE CONNECTION

When Marie Markey of Alexandria retired from U.S. Air Force as a physical therapist, she rolled up her sleeves and went to work helping those in need. Markey works as a volunteer twice each week at the Arlington Free Clinic, offering physical therapy to the clinic's low income and uninsured patients.

"The clinic fills a huge gap," said Markey. "We have people who walk in who don't have access to medical care for basic illnesses like high blood pressure and diabetes."

Markey is motivated by a sense of responsibility to give back to the community. "If everyone did their part, the world would be better place," she

said. "I had a patient once who was a construction worker. He'd had back surgery and needed physical therapy to recover fully. He didn't have insurance and couldn't afford to pay for therapy. If he hadn't received free therapeutic services to help him recover, he would have lost his job."

NOVA SPECIALTY ACCESS, a project of the Northern Virginia Health Services Coalition is looking for more volunteers like Markey to provide medical services to low-income, uninsured patients from local "safety-net" clinics. The project matches patients with local medical specialists who volunteer their services.

The coalition has reserved several days in May and June for medical professionals, such as specialty care

doctors, nurses, and nurse practitioners, to volunteer at Head to Toe Specialty Clinics. The clinics will give patients enrolled at area safety-net clinics an opportunity to receive specialty health care services, including diabetic eye screening, foot care, diabetic nutrition counseling and audiology testing.

"The event is ... an important initiative where community members have the opportunity to get the health screenings they need," said Sterling resident Karen Rudat, nurse manager for Fairfax Community Health Care Network.

Project officials say their most urgent shortage is of physicians: "Our greatest volunteer needs are for audiologists, podiatrists and ophthalmologists," said Ulrich. "If there are other specialists that come forward, we would add other services as well. The program is ongoing and we're hoping to generate interest even if it is not on these specific dates."

Health care professionals must hold a Virginia license and volunteer in an

area that is consistent with their licensure.

VOLUNTEERS ARE CRITICAL to the mission of the clinics.

"We work with a fantastic group of volunteer physicians, mostly specialists. We are so grateful for their generosity as they give their time and talent to increase the quality and access to care," said Dr. Jean Glossa, medical director, Community Health Care Network of Fairfax County and Molina Healthcare. "Without them, I don't know how some of our most vulnerable patients would be able to get the specialty care they need when they need it the most."

Services and availability vary from clinic to clinic. To be eligible for service at the safety-net clinics, patients must be adults who have a household income of 200 percent or less than the federal poverty level and no health insurance. Ulrich suggested that those interested in the services visit <http://novaclinics.org> to find a clinic that is right for them.

Volunteers Needed

"Head to Toe" Specialty Clinic for low income, uninsured patients.

♦ Saturday, May 19th: Loudoun Free Clinic, 224-B Cornwall St, Leesburg g.Va.

♦ Saturday, June 2nd-2: Community Health Care Network, Bailey's Crossroads - 6196 Arlington Blvd, Falls Church, Va.

♦ Saturday, June 30th- Prince William Area Free Clinic, St. Margaret's Clinic, (also for patients of the Family Health Connection) 13900 Church Hill Drive, Woodbridge, Va.

Two volunteer shifts: 8:30 a.m. - 12:00 p.m. and 11:00 a.m. - 2:30 p.m. Volunteers needed to fill the following slots:

♦ Registration Volunteers
♦ Translators
♦ Audiologists
♦ Nursing Volunteers
♦ Podiatrists
♦ Ophthalmologist/Optometrists
♦ Volunteers must be 16 years or older. For medical professional roles, volunteers will need a valid Virginia license. On-site orientation provided. To volunteer, email

TO VOLUNTEER CONTACT:
manager@novaspecialtyaccess.org or call (571-) 235-3577



PHOTO CONTRIBUTED

Alexandria resident, Marie Markey, volunteers her time to low-income uninsured patients at the Arlington Free Clinic. Local safety-net clinics are looking for volunteers particularly specialty care doctors and nurses.



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Scheduled Activities Include

Parade 9:30 a.m. – 10:00 a.m.
Business Fair 10:00 a.m. – 4:00 p.m.
Pet Adoption 11:00 a.m. – 3:00 p.m.
Taste of Chantilly 11:00 a.m. – 6:00 p.m.
Car Show 11:00 a.m. – 3:00 p.m.
Children's Fair 11:00 a.m. – 6:00 p.m.
Main Stage Entertainment 11:00 a.m. – 4:00 p.m.
FREE Concert by The Merchants of Cool 4:00 – 6:00 p.m.
Post Concert Party at The Backyard Grill 6:00 p.m.

www.chantillyday.com

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ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

WEDNESDAY/MAY 2

Nature's Altered Seasons. 7 p.m. USGS, 12201 Sunrise Valley Drive Reston. Free public lecture with Dr. Jake Weltzin. The USA National Phenology Network, a program sponsored by USGS, is a national effort to help track the timing of plant and animal activity as an indicator of environmental variation and climate change. This presentation describes current results. Federal facility, photo Id required. www.usgs.gov/public_lecture_series.

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.

THURSDAY/MAY 3

The Phoenix Winds Trio. 2 p.m. Reston Community Center, Hunters Woods, Center Stage, 2310 Colts Neck Road, Reston. Jane Hughes on oboe, Bill Jokela on bassoon and Allan Howe on clarinet. Free. 703-503-3384 or -476-4500.

Lupe Fiasco. 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Tickets \$35-\$45, available at www.ticketmaster.com or 1-800-745-3000. Accessible seating is available for patrons with disabilities by calling 703-993-3035.

FRIDAY/MAY 4

ValeArts Spring Show. 10 a.m.-9 p.m. Vale Schoolhouse, 3124 Fox Mill Road, Oakton. "Full Spectrum," featuring nine local artists. Reception, 7-9 p.m. Free admission. www.valearts.com.

Towne Square Singers Spring Concert. 7:30 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Tickets \$12, available at the Herndon Community Center or 703-787-7300.

Free Fridays with InterAct Story Theatre. 5-7 p.m. Greater Reston Arts Center, 11900 Freedom Drive, Reston Town Center, Reston. Family art-making, storytelling, and exploration. 703-471-9242 or restonarts.org.

Exhibit Opening. 10 a.m. ArtInsights Animation and Film Art Gallery, 11921 Freedom Drive, Reston Town Center, Reston. "Creature Comforts - Beloved Animals in Animation & Film," art from Lady and The Tramp, 101 Dalmatians, Balto, Fox & The Hound, Winnie the Pooh and more. 703-478-0778 or artinsights.com.

SATURDAY/MAY 5

Reston Farmers Market opens for its 15th season Saturdays at Lake Anne Village Center, with 28 farmers/vendors and much more, 8 a.m.-noon.

Spring Festival. 1-5 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Live animals entertainment, children's crafts, fishing in Lake Audubon. Canoe and kayak rentals, \$3. Environmental displays and information. ha@reston.org or 703-435-7986.

❖ Raptor Conservancy: Live Animal Show. 1 p.m.

❖ Reston Historic Trust: Wildflower Hike. 1:30 p.m.

❖ Tom Bodine: Acoustic Music. 2 p.m.

❖ Bob Brown Puppets: World on a String. 4 p.m.

Northern Virginia FineArts FESTIVAL

The 21st Annual Northern Virginia Fine Arts Festival will take place at the Reston Town Center, 12001 Market St. in Reston on May 18-20, with handcrafted artwork, contemporary and original performances, artist demonstrations, children's activities and live music. Over 200 master artisans in 18 different categories, including oil and acrylic painting, photography, sculpture, ceramics, printmaking, jewelry, metal, leather, wood, furniture, wearable and fiber art will be featured. Free admission; \$10 gift certificate for participating Reston Town Center restaurants available. www.RestonArts.org or www.NorthernVirginiaFineArtsFestival.org.

ValeArts Spring Show. 10 a.m.-6 p.m. Vale Schoolhouse, 3124 Fox Mill Road, Oakton. "Full Spectrum," featuring nine local artists. Free admission. www.valearts.com.

New Dominion Chorale. 4 p.m. George Mason University Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Mendelssohn's Elijah, featuring soprano Esther Heideman, alto Laura Zuiderveen, baritone Timothy LeFebvre, tenor Issachah Savage and the New Dominion Chorale. Tickets \$5-\$30, available at cfa.gmu.edu/tickets, 703-993-2787, www.tickets.com or 888-945-2468.

Northern Virginia 5K VisionWalk. Lake Newport Swim Club at Brown's Chapel Park, 11601 Lake Newport Road, Reston. Registration 8:45 a.m., walk starts 10 a.m. Proceeds benefit the Foundation Fighting Blindness. www.VisionWalk.org.

Fairfax Civil War Day. 10 a.m.-5 p.m. Historic Blenheim Estate, 3610 Old Lee Highway, Fairfax. Commemorating the sesquicentennial of the American Civil War. \$5 adult, \$3 age 12 and younger. Proceeds benefit the restoration of the Historic Blenheim Estate. www.fairfaxva.gov or 703-591-0560.

❖ Demonstrations on blacksmithing with an 1862 traveling forge, railroads, naval artifacts, medicine, jewelry, toys, slave life and soldier research.

❖ Re-enactors will portray General Robert E. Lee, General Ulysses S. Grant, General George B. McClellan, Colonel John S. Mosby, photographer Matthew Brady and a "Yankee Schoolmarm."

❖ Talks on generals Lee, Grant and McClellan; Germans; and soldiers' ID tags.

❖ Demonstrations of a Howitzer cannon artillery gun, "boot camps" for children, author/vendor tents and more.

❖ Wagon rides through soldier camps, period music by Southern Horizon and period dancing.

❖ Guided tours of the first floor of the Blenheim house, 10 a.m.-3 p.m.

Social Justice Yard Sale. 7 a.m.-1 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Proceeds benefit four charities. Cash only, no checks. www.uucf.org or lkozloff@verizon.net.

Towne Square Singers Spring Concert. 7:30 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Tickets \$12, available at the Herndon Community Center or 703-787-7300.

Tails on Trails Dog Walk and Pet Adoption. 10 a.m.-4 p.m. Reston Town Center, 11900 Market St., Reston. Pet Fiesta, live entertainment, face painting and caricature artists. Tails on Trails dog walk \$20 plus \$5 each additional dog. All proceeds benefit GoodDogz.org. www.petfiesta.org or 571-233-4557.

Ancient Technology Expo. 9 a.m.-5 p.m. Claude Moore Park, 21544 Old Vestal's Gap Road, Sterling. Discover ancient Native American technology as seen by Captain John Smith in 1608 with hands-on and Make & Take activities. Make an ancient style pot, grind corn, try spear-throwing (atlatl), create shell/bone jewelry and more. Enjoy archaeological artifact exhibits and photo galleries. \$3, under age 5 free. 571-258-3700.

Squirreling Around on a Spring Day. 11 a.m.-12:30 p.m. Sully Historic Site, 3650 Historic Sully Way, Chantilly. Children age 6 and up. Find squirrels throughout the historic house. \$5. 703-437-1794.

SUNDAY/MAY 6

Reston Town Center March of Dimes Walk. Reston Town Center Pavilion, 11900 Market St., Reston. A 4-mile walk with a picnic, live band and children's activities to support March of Dimes. www.marchforbabies.org/team/rtcmarchers.

ValeArts Spring Show. 10 a.m.-6 p.m. Vale Schoolhouse, 3124 Fox Mill Road, Oakton. "Full Spectrum," featuring nine local artists. Free admission. www.valearts.com.

May Bird Walk. 7:30 a.m. Bright Pond Lane, Reston. Age 16 and up. Beginning and expert birders welcome. 703-476-9689 or naturecenter@reston.org.

Towne Square Singers Spring Concert. 2 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Tickets \$12, available at the Herndon Community Center or 703-787-7300.

MONDAY/MAY 7

Spring Tee with FCAC Deltas Golf Tournament. Reston National Golf Course, 11875 Sunrise Valley Drive, Reston. Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority, Inc., present Captain's Choice, 4 person best ball. \$125. www.FCACGolf.info or Golf@fcacdstd.org.

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"Pride and Prejudice," a classic romance seen in a whole new way.

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Take one overbearing mother, add a cup of devilishly handsome men, two teaspoons of pretty-and-witty-girls, and put in just a pinch of romance, deception, and unceasing humor and charm: sounds like the perfect recipe for a dramatic soap opera. But this is no daytime television show: this is Jane Austen!

Herndon High School took Austen's classic novel and placed it up on the stage in their performance of "Pride and Prejudice."

The story centers on the home of the Bennet family, where Mrs. Bennet, mother of five daughters, is anxious to marry off her girls to a very wealthy husband. Her eldest daughter Jane, who is sweet and pretty, and Elizabeth, who is strong-willed and quick tempered, face the brunt of their mother's strong hints of marriage. So when handsome Mr. Bingley, brooding Mr. Darcy, dashing Mr. Wickham, and even old, strange Mr. Collins enter the picture, it seems that all of Mrs. Bennet's dreams will shortly come true. But the Bennett household is not prepared for the jealousy, deceit and scandal that comes with romance between social classes, and it soon becomes clear that as long as pride and prejudice stand in the way, true love, wealth, and happiness will stay out of reach.

Sanam Hashemi's portrayal of the demure Jane Bennet was a standout among the members of the cast. Her strong character motivations, sweet expressions, and consistent acting made her charming, loving character one of the most realistic and likable char-

acters in the show. As well, Cate Graney's Lydia Bennet, the youngest and most flirtatious of all the Bennets, was amusing at every moment without fail, portraying Lydia's youth and innocence with an apparent ease.

The comedic side of the show was strongly presented by many of the actors in the show. Both Tessa Kelly's Mrs. Bennet and Chris Hrozencik's Mr. Collins were obvious crowd favorites, receiving laughs from the audience quite frequently. Their attention to physicality and strong stage presence gave the two actors good comedic timing, making originally funny roles even more amusing.

Herndon's set designers Justin Burns and Cate Graney brought the world of Longbourn, the Bennet estate, to life. With attention to small details such as intricately painted roses and lovely silhouettes of the Bennet girls inside the home, the set was a pleasure to view. The costume designers Hannah Coyne, Emma Miller-

Civilikas, and Morgan Raouti did an excellent job on many of the women's costumes, and their dress designs were well executed and helped the actors to bring the audience into the world of 19th century England. Nicholas Black's original music helped to bring realism to the world of Pride and Prejudice as well. Played by a small, costumed string quartet consisting of Nicholas Black, Katie Hinders, Shelby Keegan, and Matt Banks, the music was not only beautifully written and performed, but helped to add a very realistic touch the show with period style music.

Jane Austen's story of "Pride and Prejudice," beloved by fans since its writing, has found a new medium to tell the tale of Lizzie, Jane, and happily ever after, this time on the stage. Herndon High School's production of Pride and Prejudice brought the timeless story to the audiences of this modern generation, so that the classic romance could be seen in a whole new way. Their glimpse into the world of the Bennets was enjoyable, heartfelt, and amusing, doing justice to the words and wit of the great Jane Austen.

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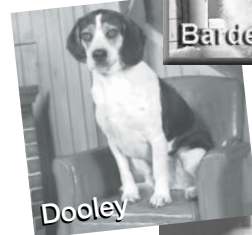
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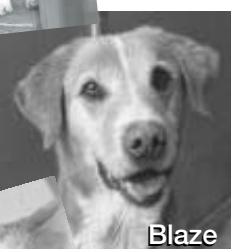
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SCHOOL NOTES

Sienna Desantis, a Herndon High School ROTC graduate, has shipped out to Afghanistan for her second deployment. She is a corporal in the United States Marine Corp.

Ali Asgar Sohahghpurwala of Herndon has received a master of science degree in computer engineering from the Virginia Tech College of Engineering.

Yvette Sanchez of Herndon received an associate of applied science degree in travel and tourism from Kaplan University online.

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Teenage Drinking

FROM PAGE 3

ferent way," he said. "The worst part is, we lose 1,800 students a year because of alcohol, which mean we could have 1,800 videos just like that, 1,800 groups of people that feel that pain and loss."

Dr. William Hauda, an emergency physician at INOVA Fairfax Hospital and medical examiner for the county, said that the attitudes students have toward drinking in the film are becoming all too common.

"We've seen a pattern change where a lot of young people used to just drink alcohol, now they're drinking with the real intent of getting as intoxicated as they can as quickly as they can," he said. "Across Fairfax County, about 20 to 25 percent of high school students participated in binge drinking over the past 30 days."

Mary Ann Sprouse, director of Alcohol, Drug and Health Education at George Mason University, says she thinks youth are becoming more aware of the consequences of drinking and driving, but it may not be enough.

"If you get into a car when you've had something to drink, or with somebody who has been drinking is not a good idea, but beyond that, that's the only risk they think they're taking, that if somebody is going to be a designated driver, then they can drink as much as they want," she said. "But 50 percent of kids who are injured or killed under the influence of alcohol aren't in a car. It's rapes, fights, falls, robberies."

Capt. Bruce Ferguson, commander of the Fairfax County Youth Services Division, cautioned against the trend of parents allowing teens to drink at home, considering them safer than on the road.

"You're not teaching them to drink responsibly, you're just teaching them to drink," he said.

ACCORDING TO EXIT SURVEYS for the event, families from Herndon, McLean, Langley, James Madison, Oakton and Chantilly High Schools were in attendance. More information on the UPC can be found at www.unifiedpreventioncoalition.org.

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NEWS

Joining Kidney Walk in Reston

Chris and Rachel Blevins and their son Logan at the 2nd Annual Northern Virginia Kidney Walk held in Reston on April 22. Logan was born with congenital nephrotic syndrome. Now out of the hospital and on peritoneal dialysis Logan is waiting to get big enough for a transplant. His parents hope they are a match so they can donate a kidney to their son. Rachel and Chris formed Little Logan's Dream Team for the Northern Virginia Walk to raise awareness of kidney disease. The Gainesville family helped to raise over \$5,000 for the National Kidney Foundation to support education, prevention initiatives and patient services.

Over 350 people participated in the event, and over \$83,000 was raised to support the prevention of kidney disease.



PHOTO COURTESY OF THE NATIONAL KIDNEY FOUNDATION

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

THURSDAY/MAY 3

Registration Open House. 9:30-11:30 a.m. Clifton Children's Academy, 14315 Compton Road, Centreville. For fall 2012 kindergarten and preschool classes and summer camp. Reserve at 703-968-8455 or www.childreacademy.com.

Coffee Break: Speed Networking. 8:30 a.m. Mon Ami Gabi, 11950 Democracy Drive, Reston. Fast-paced, interactive event with the opportunity to discuss your business face-to-face with Greater Reston Chamber of Commerce members. \$10-\$20. 703-707-9045.

SUNDAY/MAY 6

The Use and Abuse of Sacred Narrative. 12:45 p.m. Fairfax Unitarian Church, 2709 Hunter Mill Road, Oakton. Sacred texts such as

the Bible or the Koran provide a narrative of God's role in the world, and man's place in it. Unfortunately sacred texts can also be used to justify a skewed and toxic view of life.

TUESDAY/MAY 8

Care Giving: Burden or Blessing? 7 p.m. Reston Interfaith, 11150 Sunset Hills Road, Suite 210, Reston. Panel discussion hosted by Giving Circle of HOPE. info@givingcircleofhope.org or 703-665-9334.

NARFE Chapter 1116 Vienna-Oakton. 1:30 p.m. Vienna Community Center, 120 Cherry St., Vienna. Ice cream social. With Buckley Fricker, author of "Elder Care: The Road to Growing Old is Not Paved," a reference manual on elder care topics. Free. 703-698-1838.

WEDNESDAY/MAY 9

Faith Communities in Action. 2 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Conference Center Rooms 2 & 3, Fairfax. A panel of community

food providers and county human service staff will discuss how food is distributed in Fairfax County, who is providing it and how it is accessed. The panel will talk about the various ways faith communities are involved. NCSInterfaith@fairfaxcounty.gov.

Business Education Series:

Commercial Real Estate 101: Buy vs. Lease. 8:30 a.m. Greater Reston Chamber of Commerce 1763 Fountain Drive, Reston. With Kenneth A. Traenkle of Verity Commercial, LLC and Dee Kakar of M&T Bank. Ten things to consider before leasing or buying and which can increase the business enterprise value and/or create wealth. Members free, prospective members \$10. Register at 703-707-9045.

THURSDAY/MAY 10

Liberty Republican Women's Club Meeting. 5:30 p.m. The Plitt residence, 13766 Cabells Mill Drive, Centreville. A BBQ meal, followed by Sabrina Schaeffer, Executive Director of International Women's Forum, a nonpartisan research and educational institution. 703-378-4190.

WEEK IN HERNDON

FROM PAGE 2

ter and the Herndon Community Center. For more information, call 703/435-6800 X2084 or email information@herndon-va.gov.

No Tax Increases in Herndon

The Herndon Town Council has adopted an ordinance that calls for maintenance of the town's real estate tax, meals tax and all other taxes and levies at their current levels, for the upcoming fiscal year.

As per the approved ordinance, Fiscal Year (FY) 2013 real estate tax rates within the town will remain at \$0.2650 per \$100 of assessed value. The average residential property value in the town is

\$289,913, resulting in an average real estate tax bill of \$768.27.

The town's meals tax remains at 2.5 percent for FY 2013, and the cigarette tax remains at 75 cents per pack. All business, professional and occupational license taxes (BPOL) classifications and thresholds remain at their current amounts. The motor vehicle license fee remains at \$25 for private passenger and other vehicles weighing less than 4,000 lbs; and \$32 for vehicles weighing more than 4,000 lbs. The consumer utility tax, water and sewer rates and availability fees, and recycling fees remain unchanged, and there is no personal property tax in the town.

At its public hearing on April 24, the council deferred until May 8, 2012, a decision on fiscal plan-

ning, funds appropriation, establishment of a pay plan and reservation of ongoing and capital funding for FY 2013. The deferral is intended to give the council and staff time to analyze the impact that Fairfax County's pending budget decisions, anticipated to be determined by the county's Board of Supervisors on May 1, as well as changes to the Virginia Retirement System mandated by newly-instituted Virginia law, will have on the town's budget.

A public hearing on these remaining issues is scheduled for May 8, 7pm, Ingram Council Chambers, 765 Lynn Street, Herndon. Citizens may also provide comment online at www.herndon-va.gov or send an email to budget@herndon-va.gov.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to herndon@connectionnewspapers.com. Deadline is Thursday.

Trinity Presbyterian Church, 651 Dranesville Road in Herndon, has Sunday Worship Service at 8:30 a.m. and 11 a.m. Nursery and childcare are available during worship services. Youth and Adult Sunday School is held Sundays from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday School and Adult Education available. Morning Prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Floris United Methodist Church, 13600 Frying Pan Road in Herndon, has worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays, with a Latino service on Saturdays at 7 p.m. 703-793-0026 or www.florisumc.org.

Vajrayogini Buddhist Center, Brown's Chapel, 11450 Baron Cameron Ave., Reston, holds monthly classes for the general public. Gen Kelsang Varahi, an American Buddhist nun, will teach 'Living Meditation: Meditation for Relaxation,' teachings and guided meditations that teach students how to relax their body and mind. \$12. www.meditation-dc.org or 202-986-2257.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

The Baha'i community of McLean holds a weekly fireside, a meeting of discussion, devotion and fellowship, at 7500 Box Elder Court in McLean, at 8 p.m. every Friday. An opportunity to learn about the Baha'i faith. 703-556-3400.

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SPORTS

HERNDON CONNECTION SPORTS EDITOR RICH SANDERS
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Oakton Ready for Another Big Postseason

Cougars' girls lacrosse playing at a high level.

The Oakton High girls' lacrosse team, along with being talented and experienced, is also playing at a high level at the right time of the spring season with the start of the postseason set to begin this Friday night with opening round games of the six-team Concorde District tournament.

Oakton (9-2), under head Coach Jean Counts, concluded the regular season this past Monday night, April 30 with a 22-6 Concorde District home win over Robinson. Last week, the Cougars played and won three games - a 20-9 district win at Herndon on Tuesday, April 24; an 18-11 Senior Night home win over non-Northern Region opponent Woodgrove High (Loudoun County) on Wednesday, April 25; and a 17-12 district road win at Westfield on Friday, April 27.

The district tournament schedule will consist of quarterfinals round games on



Oakton's Kelsey Clarke, with the ball here in last year's state finals versus Madison, has been one of the Cougars' top players this spring.

Friday. Next Tuesday night, May 8, Oakton will host a district semifinals game at 7. The district title game is scheduled to be played at 5:30 next Friday evening, May 11 at Chantilly High School.

"Our team has been playing well, led by an experienced senior class," said

Counts, the team's head coach. "We have had some tough games but have been competitive."

Oakton, which enters the postseason with a five-game win streak, has lost just two games - a 19-6 setback to private school power Georgetown Visitation (Independent



Oakton players Jackie Rupp (2) and Carly Palmucci (18) have played large roles in the Cougars' successful 9-2 season.

School League) in the Cougars' fourth game of the season back on March 26, and a down-to-the-wire 14-13 defeat at the hands of visiting district opponent Centreville High on April 13.

— RICH SANDERS

Day Determined to Build a Football Winner at Herndon

BY ALEC HAVÉUS
THE CONNECTION

After being a part of two Northern Regional football titles, two state championships and six district crowns while serving as an assistant coach over the years at Concorde District high schools Westfield and Centreville, Brian Day, this past January, accepted the position as new head football coach at fellow Concorde rival Herndon High.

Day, who coached quarterbacks for nine years at Westfield through 2010 before serving as a Centreville assistant last year, is confident he can help turn a struggling Herndon program into a win-

New Hornets' head coach wants team to be physically tough.

ning team once again. He wants his Hornets to ultimately be a physically strong and fundamentally sound program.

He is succeeding former long time Herndon coach Joe Shaeffer, but does not believe the difference between himself and Shaeffer will be all that much when it comes to football know-how and coaching in general.

"I really can't tell any difference between Joe and myself," said Day, explaining that he tries to coach with great energy and passion. "I

want to have as much fun at practice as the kids do."

After graduating from Fairfax High School in 1993, Day enrolled at Lenoir Rhyne College (Hickory, N.C.). While there he played both football and baseball before graduating in 1998 with a Bachelor of Arts in Sport Management.

NOW AS A MEMBER of the Herndon High community, Day has clear-cut goals as the new head football coach.



Brian Day was hired as the new Herndon High football coach in mid-January.

"Building the program, I hope that we become a district contender and Northern Region playoff participant year in and year out," he said. "Winning in the Concorde District is a major accomplishment and will take a

great effort mentally and physically."

For the team to be able to reach those goals, the Hornets, who have struggled in recent years, will have to learn how to win again. Day said building a winner might take time.

"I think that it is important that we understand that winning is a process and it is something that is built over time," said Day, who explained winning is a result of consistently doing the little things correctly over and over again.

"If we take care of the little things then I believe winning will take care of itself."

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NEWS

South Lakes Principal Retiring in June

After 31 years as teacher and administrator, Butler is stepping down.

BY AMIEE FREEMAN
THE CONNECTION

After 31 years as teacher and administrator, South Lakes Principal Bruce Butler is retiring. Butler's last day will be June 29.

Butler came to South Lakes as an assistant principal in 1998 after being a science teacher and then assistant principal at Herndon High. In 2005, when then-principal Realista Rodriguez retired, Butler applied and was selected for the post.

"When Rodriguez retired, it seemed like a logical challenge," said Butler referring to his decision to apply to be South Lakes' principal seven years ago. "Outside of family, being principal here has been the greatest, most rewarding experience. It has been unbelievably engaging and rewarding."

During Butler's tenure as principal, South Lakes was faced with some high profile challenges and some day-to-day triumphs.

In 2007, Fairfax County Public Schools began holding town hall meetings to discuss the re-drawing of South Lakes' boundaries. During these meetings South Lakes' low test scores and the high number of students receiving free or reduced lunches, an indicator of poverty, was criticized. FCPS decided to re-draw South Lakes' boundaries despite the opposition. Since 2007, enrollment has increased by nearly 800 students.

At the same time as the redistricting debate, South Lakes was undergoing a \$48.2 million renovation. Renovation altered the interior space from the ineffective "open classroom" design of the original construction to a more conventional and less distracting classroom space. Renovations were complete in time for the 2008/09 school year.

The International Baccalaureate program, a rigorous pre-university course of study offered at eight FCPS high schools, has continued to grow. Every year students transfer into South Lakes to take part in these classes.

Butler has also attracted highly-skilled and motivated teachers to the school, such as the teacher of the Geo-Spatial Information Systems (GIS) class. This college-level course was offered for the first time at South Lakes this year. The former science teacher in Butler shines through when he talks about this newest addition to South Lakes' curriculum.

During the year-long class, students learn about the GIS program and design a project. As the school year wraps up, the GIS students are currently putting the



South Lakes Principal Bruce Butler talks with Geo-Spatial Information Systems students about their end-of-year projects. Students will present their projects to George Mason professors in May. Students who successfully complete the course will receive college credit. Butler recruited the teacher of this class to come to South Lakes.

finishing touches on their projects which include topics such as analyzing the scale of destruction of a nuclear blast using projected wind patterns, the impact of sea-level rise on agricultural production in the Chesapeake Bay region, and tornado density maps. On May 23, the students will present their projects to George Mason professors. Students who successfully complete the course will receive college credit.

"Some of these kids have changed what they want to do in university because of this class," said Butler.

Butler says the spirit and kindness of community, give him hope.

"We've made some great strides as a school. The key has been the dedication of the teachers, our incredibly strong assistant principals, the parents who contribute so much, and the spirit of our kids," said Butler. "The kindness of the community and the kindness of the kids is inspiring and an affirmation. It gives me great hope for the future."

Butler said that he will continue to work with FCPS, not as an employee, but as an adviser and liaison for other county school renovation projects. FCPS will begin the hiring process by holding a community meeting with Cluster VIII Superintendent Fabio Zuluaga.

PHOTO BY AMIEE FREEMAN/THE CONNECTION

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21 Announcements

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Join the Virginia Department of Rail and Public Transportation (DRPT) for a public meeting on the Super NoVa Transit/TDM Vision Plan on May 15, 22, or 24. The meetings are an opportunity for public input on current and future transit and TDM needs to connect Virginia, West Virginia, Maryland and D.C.

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News That's Fit To Print



By KENNETH B. LOURIE

As our Publisher and fellow cancer survivor, Mary Kimm, e-mailed back to me last week: "Who knew 'stable' could be so exciting?"

Yes, 'stable,' as in the results of my most recent diagnostic scan after four heavy-duty chemotherapy infusions; even though I have been diagnosed with stage IV (meaning metastatic, meaning: moved already) lung cancer, nothing much is happening. For the moment, and that moment has now lasted three-plus years, I continue to be, fortunately for me, an anomaly: alive and reasonably well. Can I hear an "Amen?!"

Though I've tried, repeatedly, since June '09 when I first went public, column-wise, and confirmed my diagnosis/prognosis in print, it still remains nearly impossible to articulate exactly what bounces around in the head (figuratively speaking) of an otherwise healthy, then 54-year-old male (now 57), non-smoker, with no immediate-family history of cancer – or of even having ever smoked cigarettes, to be diagnosed with advanced-stage (IV; there is no V) "terminal" lung cancer. However, I continue to try, as you regular readers know. And thanks to the varied feedback I receive: cards, letters, e-mails, books, inclusions on prayer lists, and the expressions of encouragement and support typically contained, I am relatively healthy, in no small measure I believe, to the words and prayers – of hope and faith, directed to me.

Though I didn't start writing these "cancer columns," as I call them, for any greater good – it was simply what interested me, given my circumstances – they have evolved into a kind of cathartic exercise that perhaps has enabled me to still write them, if you know what I mean? If I didn't have this outlet (space) to indulge myself (thank you again, Mary Kimm), and subject you readers to the rigors – both physically and emotionally, of the ongoing struggles of a cancer patient living day by day, and writing about it week by week, I don't suppose I would be so proud of what I've accomplished/what I've endured.

That is not to imply that I have suffered any more than any other cancer patient and/or any other diagnosed-as-terminal patient; in fact, comparatively speaking, I think I've had it pretty easy (other than the reality of it all). Nevertheless, being diagnosed with cancer is all it's cracked up to be, despite one's relative good fortune in managing to outlive their prognosis ("13 months to two years"). I still can't get the characterization "incurable disease" as initially used by my oncologist, out of my head. As such, as good a result as what I recently received, it's still a temporary result, albeit it an amazing/great/miraculous one, but one subject to change, from what I understand. And as much as I want to receive and hear a permanent you're-cured-type of assessment from my doctor, apparently the chances are fairly unlikely. Still, I have to remain satisfied with the "stable" because the "stable" is all it's cracked up to be. And for a terminal patient, when you're no longer stable, generally speaking, you're no longer an anomaly.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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-William Van Horne

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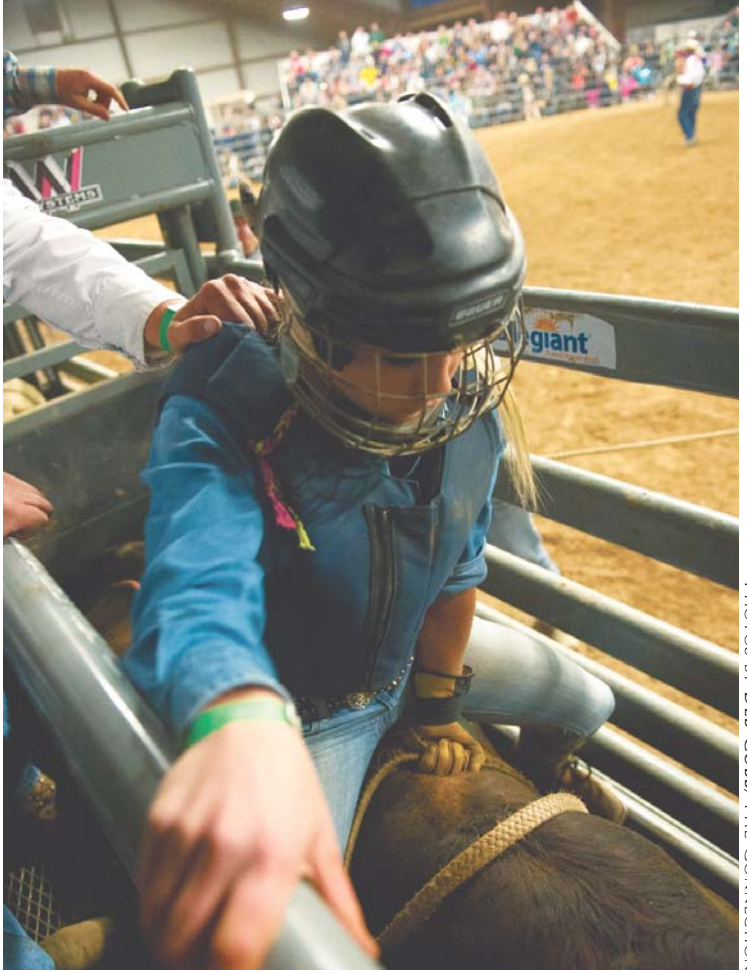
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Cowboys participating in the 2012 Frying Pan Farm Park Professional Bull Riding event are introduced to a sold-out crowd inside the park's indoor arena on April 28. This is the second time the park has hosted the event, a collaboration between the Fairfax County Park Authority and the Friends of Frying Pan Park.



PHOTOS BY DEB COBB/THE CONNECTION

Bull Riding Comes to Frying Pan Park

On Saturday April 28, the Friends of Frying Pan Park, in partnership with the Fairfax County Park Authority, sponsored a professional Bull Riding Event at Frying Pan's Indoor Arena. Dozens of bulls and

riders entertained a sold-out crowd of 1,200 fans with their feats of athleticism. The event is a fund- and friend-raiser for the Friends of Frying Pan Park and is the second such event held at the Park.

— DEB COBB

Sixteen-year-old Leigha Willoughby of Charlottesville prepares for the chute to open on April 28, at the indoor arena at Frying Pan Farm Park during a professional bull riding event sponsored by the Friends of Frying Pan Park in partnership with the Fairfax County Park Authority. She has been riding bulls for ten months.

On Saturday April 28, a horsewoman trots an American flag around the indoor arena at Frying Pan Park at the start of the Professional Bull Riding event co-sponsored by the Friends of Frying Pan Park and the Fairfax County Park Authority. Dozens of bulls and riders entertained a sold-out crowd of 1,200 fans with their feats of athleticism.



A bull tries to throw off a rider during a professional bull riding event at the Frying Pan Farm Park indoor arena on Saturday April 28. The event was sponsored by the Friends of Frying Pan Farm Park in partnership with the Fairfax County Park Authority.



A rider is bucked off a bull during a professional bull riding event at the Frying Pan Farm Park indoor arena on Saturday April 28. The event was sponsored by the Friends of Frying Pan Farm Park in partnership with the Fairfax County Park Authority.



A bull comes out of the chute bucking during a professional bull riding event at the Frying Pan Farm Park indoor arena on Saturday April 28. The event was sponsored by the Friends of Frying Pan Farm Park in partnership with the Fairfax County Park Authority.