

Amy Jenkins of Fairfax Station with her rabbit, Honeysuckle, winner of the Best in Show Rabbit for the 2013 Fairfax County 4-H Fair.

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Braddock School Board representative Megan McLaughlin and longtime Stone Haven resident Charlie Dane chat during the neighborhood's NNO event on Tuesday, Aug. 6.



Mauro Vargas, 7, tells Officer Ron Manzo of the West Springfield Police Department that he wants to be a police officer when he grows up. Vargas met the police officer during the National Night Out ice-cream social at Ravensworth Baptist Church in Springfield on Tuesday, Aug. 6.

PHOTOS BY VICTORIA ROSS/THE CONNECTION



George Mason University provided an information table during Middleridge's annual NNO bash, one of the largest in the county. From left, Traci Claar, director of the Office of GMU's Community and Local Government Relations, and Sarah Gallagher, assistant director in the Office of Community Relations, handed out literature on GMU to visitors throughout the evening.

## Cops on the Block

Fairfax County Police join hundreds of neighbors at National Night Out events.

BY VICTORIA ROSS  
THE CONNECTION

“Is that a real gun?” His eyes wide with excitement, 7-year-old Mauro Vargas ran up to Officer Ron Manzo the minute he spotted the blue uniform at Ravensworth Baptist Church in Springfield on Tuesday, Aug. 6.

“Is it heavy? Do you ever have to shoot people? Can I see it?” Vargas quickly asked Manzo.

After a short lesson on gun safety, Vargas told Manzo he wanted to be a police officer when he grew up.

“I want to fight crime and keep people safe,” he said.

“Talking to this little boy about being a police officer was a great way to start the night off. It's what this night is all about,” Manzo said.

Manzo, a Fairfax County police officer based in the West Springfield Police district, was at the church for an ice-cream social to celebrate National Night Out (NNO), an event designed to strengthen community connections within neighborhoods and to heighten awareness of crime prevention issues. Along with Supervisor John Cook (R-Braddock) and Fairfax County School Board member Megan McLaughlin, Manzo attended 10 neighborhood NNO events Tuesday night.

**HE WAS ONE OF HUNDREDS** of Fairfax County police officers, firefighters and other first responders who joined communities across the county in recognition of the 30th annual National Night Out. Sponsored by the National Association of Town

Watch and Target Corporation, crime prevention officers in Fairfax County have worked to help coordinate local events all year long.

While the threat of rain kept the crowd count down, residents still enjoyed dozens of pool parties, picnics, parades, concerts and carnivals across Fairfax County.

“This is what makes our neighborhoods great places to live, people coming together to celebrate National Night Out,” Cook said to residents at several NNO events. “We are lucky to have really active neighborhood watch programs throughout Fairfax County.”

Captain Joe Hill of the West Springfield Police Department said when neighbors notice and report suspicious activity, it immediately helps keep criminal activity low. “Good neighbors are the best defense against crime in a community,” Hill said.

Hill attended several events with Supervisor Pat Herrity (R-Springfield), who ended the evening at the Colchester Road Neighborhood Watch event.

“These events are a great way to meet your neighbors and keep your neighborhood safe,” Herrity said.

Fairfax's Middleridge neighborhood hosts one of the largest and most elaborate NNO events in the county, with carnival rides, a band and information kiosks provided by various organizations throughout the county. Delegate David Bulova (D-37) and his wife, Gretchen, started the Middleridge party 17 years ago.

Joe Lucero, who attended the event with his wife, Kelly, and two young daughters, said Middleridge was a strong family neighborhood. “People look out for one another. This is one of our favorite events,” Lucero said.

**FAIRFAX** has more than 600 neighborhood watches throughout the county, with the longest sustained Neighborhood Watch program in the nation. Learn more about National Night Out at <http://www.fairfaxcounty.gov/police/nno/> or by contacting the crime prevention officer at your local district station.



Gigi Lucero (left) and her big sister Cecilia, 4 (right), got tattoos during Middleridge's National Night Out celebration on Tuesday, Aug. 6. Dad Joe Lucero (far right) and mom Kelly (holding Cecilia) said the annual NNO event is one of the highlights of the neighborhood.

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## FAITH

### Mormon Church Youth Group Visits Historic Sites

From June 20-22, 220 youth from The Church of Jesus Christ of Latter-day Saint (LDS), ages 14 to 18, from seven local congregations in Annandale, Burke and Springfield traveled to Kirtland, Ohio, to visit and tour the city that was both home and church center to the fledging Latter-day Saint church from 1831-1838. To practicing Mormons, it is a sacred place.

"It was an opportunity for the youth to see where their ancestors toiled and how they dealt with the tremendous challenges they were given," said Hank Molinengo, second counselor in the Annandale Stake Presidency.

The youth visited historical sites such as the Newel K. Whitney store, which was one of the places, Mormons believe, that Jesus Christ and the Heavenly Father appeared. They also had a sacrament meeting (Sunday service) in the Kirtland Temple, which was built by the LDS people in their poverty and at great personal sacrifice dur-



Jake Tyler



Kate Garney

ing the turbulent years of difficult economic conditions and intense persecution. The youth also participated in a service project while there.

The youth were given free access to all LDS historical sites and had an opportunity to search, ponder and pray about what Kirtland meant and represented to the LDS people back in that day and to them today.

"I loved every single minute of the Youth Conference. It was so wonderful to constantly be surrounded by youth that have the

same standards as I do. I really enjoyed getting to know my friends better and making completely new friends. Kirtland itself was a great learning experience because I was finally able to put a place to the name that I had heard so many times when learning about church history. This whole trip strengthened my relationship with the people in my church and with God, and I am very thankful to have had that opportunity," Kate Garney of Springfield said.

Jake Tyler of Springfield said, "I really enjoyed learning about the history of the Church of Jesus Christ of Latter-Day Saints. I more strongly appreciate how hard the early members worked to set its foundations. I am fascinated at how there are millions of people who have been touched by the church now based on the work of the few people in Kirtland, Ohio. I wish I could have stayed longer since you can't learn everything there in only three days."

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Supervisor Cathy Hudgins (D-Hunter Mill) cuts the ribbon and opens the 65th Fairfax County 4-H Fair on Aug. 3. With her on the podium are (from left) Katie Mutchler, of Fairfax Station, Fair Princess; Amy Jenkins, of Fairfax Station, Fair Princess; Rachel Stephenson of Chantilly, Queen; Connor Tweddle of Vienna, King; and Lenah Nguyen, 4-H extension agent for Fairfax County.

# Champions Parade at Frying Pan

Frying Pan Farm Park hosts 65th annual 4-H Fair.

BY RYAN DUNN  
THE CONNECTION

From Aug. 1-4, Frying Pan Farm Park in Herndon held its 65th annual Fairfax County 4-H Fair and Carnival. “The 65th anniversary at Frying Pan Park was a great success,” said Park Manager Yvonne Johnson. “Thousands of family members and 4-H members enjoyed old fashioned country fun and made lots of great memories. ... More people come every year so we have a bigger audience.”

Johnson has been managing the Frying Pan Farm Park in Herndon for 24 years. Although Saturday, Aug. 3 was overcast, events continued as planned: At an official opening ceremony the king and queen of the 2013 4-H Fair were announced. Connor Tweddle of Vienna was crowned king of the 4-H Fair. Rachel Stephenson, resident of Chantilly, was crowned queen of the 4-H Fair. Carnival rides and fun family activities including entertainment, contests, animal shows and 4-H exhibits were on display. Visitors could watch the 4-H exhibitors, get their farm animals ready for the show, visit exhibit booths, try farm chores, enjoy fair food, hear musical entertainment, and watch the dog and horse shows.

Fairfax County is home to 26 4-H clubs, which includes eight community clubs, 12 project clubs, and five Cloverbud clubs.

Rising third grader Gracie Meade won first place in the Honey Bee and Apiary Products competition with her home baked honey granola bars. “My mom signed me up, and she is going to be so happy,” said Gracie. Gracie joined her local 4-H club after a visit to last year’s 4-H Fair. “We came to the 4-H Fair last fall, and Gracie loves animals, it was a natural fit,” said her father, Bill Meade.

Amy Jenkins, a 4-H club member and 10th grader

PHOTOS BY DEB COBB/THE CONNECTION



Becky Randolph of Fairfax, member of the Krazy for K9s 4-H Dog Training Club, adjusts booties on her dog Lulu just before the start of the costume competition at the Fairfax County 4-H Dog Show on Aug. 3.

at Robinson High School, entered her rabbit Honey-suckle into the rabbit show. A Jersey wooly rabbit, Honeysuckle won Best in Show award. “It takes a lot of grooming,” said Jenkins. “I had some of my rabbits compete at other shows previously. In December I will be at the rabbit show in Richmond.”

To learn more about the Frying Pan Farm Park, visit <http://www.fairfaxcounty.gov/parks/fryingpanpark/>.

To learn about the local 4-H Clubs in Fairfax County, visit <http://4hfairfax.blogspot.com/>.

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## Issues That Matter

### Mental health services discussion gives insight into real differences between candidates.

It came as somewhat of a relief to have the candidates for governor in Virginia, Ken Cuccinelli (R) and Terry McAuliffe (D), discuss an actual issue that matters to many Virginia families this week at a forum on mental health issues.

While press coverage of Cuccinelli and McAuliffe might lead one to believe that they are two similar, ethically challenged candidates, in fact they differ dramatically in their views about key issues affecting Virginia.

Money is critical to providing appropriate mental health services. So is access to health insurance that covers treatment for mental illness.

Virginia has an opportunity to expand health care for poor residents, with the bill paid by the federal government. Virginians are already paying the taxes that fund the expansion of Medicaid in other states. This would provide coverage for individuals with income up to \$14,856 or \$30,656 for a family of four.

Cuccinelli opposes expanding Medicaid; McAuliffe supports it.

Virginia stands to lose more than \$9.2 billion in federal funds over the first five years if it opts out of Medicaid expansion to individu-

als and families with incomes up to 133 percent of the poverty level.

It's a travesty that legislators engaged in partisan grandstanding could get to decide that as many as 400,000 Virginians would not get access to health coverage.

About 13 percent of Northern Virginia residents do not have health insurance. Fairfax County government, which supports the expansion, says it would provide coverage for 25,000 to 30,000 Fairfax County residents.

### Beyond Gifts And Disclosure

It's unlikely that there will be a special session of the General Assembly to address "holes" in Virginia's disclosure laws. No doubt some changes to rules on gifts to candidates and officials and their families will emerge from the next session of the Virginia General Assembly, which begins in January.

Virginia is one of only a few states with no limits on campaign contributions and little oversight on campaign spending, setting the stage for abuses beyond gifts, shopping sprees,

etc. Reform should move beyond gifts and into genuine campaign finance reform.

### Share Wisdom, Second Request

Our Insider's Edition Newcomers and Community Guides, will publish the last week of August. Thank you to the many people who have sent in contributions for publication. We are still seeking more input.

What tips do you have for someone getting to know your community? Do you have a favorite park? What sites in your community do you take visitors to see? We're hoping to share the places, activities, events, organizations and volunteer opportunities your neighbors might not know about.

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

Email tips and photos to editors@connectionnewspapers.com. Send in your Insider's Tips by Friday, Aug. 16. For information on advertising, email sales@connectionnewspapers.com or call 703-778-9431.

— MARY KIMM,

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## A Life-changing Experience in Ghana

BY SHANNON WILKINSON  
VIRGINIA TECH CLASS OF 2014

I recently got back from the most life-changing experience of my short 21 years. Yendi, Ghana is a beautiful place on the West Coast of Africa that is so completely different from our delightful home in Springfield. As I traveled out of the United States for the first time in my life, I had no idea what to expect. I knew I was going to bring them the gift of mosquito nets, but I was not expecting the gift I was about to receive.

On our team of eight people, I was charged with being the "malaria expert." Malaria is a vector-borne disease that runs rampant in West Africa, and takes the lives of young children quite often in the wet and warm climate of Ghana. I pondered the ways I was going to educate the villagers about the disease and the easiest way I could get across my message. Going in with the mindset of expert was probably not my best plan.

All the villages we went to were in extreme poverty. Most didn't have enough clothes, and some villages hadn't seen a vehicle in over 50 years. But all of the Gha-



**Justin Pierson, Sarah Robbins, Shannon Wilkinson, Rachel Haynes, Missy Foor, Amanda Lewis.** ("We rode in the back of this pickup truck everyday ... and that's why we were all so dirty.")



**Shannon Wilkinson, walking through the village with some of the little children to hand out the nets and the instructions on how to use them.**

naians we met are remarkably self-sufficient. They did not have much, but they had plenty. So the thought of me going to teach them how to live better was hilarious as soon as I got there. We literally got laughed at for being white and speaking English the whole time we were there. They appreciated the nets, because they already understand that mosquitoes bring the disease, and they shared their life with us.

Life there is so relaxed. They work very hard, mostly as farmers, but they give everything they have. While I was there, people offered me their own food, they invited me into their homes, and they danced and smiled with me. I even got a live chicken as a gift for stopping to visit. I still have no idea why they were so excited to have a random white girl who didn't speak their language come visit but they were always ecstatic to invite us in.

The one phrase that all the English speakers there used that will never leave me is this. "You are welcome." That is the greeting that everyone uses there. It's as if you are already part of the family, and they understand your unspoken thank you.

Akwaaba. You are welcome.

# NEWS

## Local Families, Au Pairs Help Support Children in Need

Fairfax County Local Childcare Coordinators (LCCs) Dariece Rau, Kimberly Nelson, Christine Bodziak, Shawna Levins, Cinzia Putzeys and Debora Smith, along with area au pairs and their host families, enjoyed cool refreshing yogurt and other treats at Yolly Molly Café in Fairfax to support Cultural Care's Kids First Foundation Sunday, Aug. 4.

The families and au pairs came from Fairfax, Clifton, Centreville, Fairfax Station and Springfield, all with a mind to support child advocacy groups and other non-profits benefiting children in need worldwide. Currently, Kids First supports: Share Our Strength, one of America's leading not-for-profit organizations whose mission is to end childhood hunger; Jeevitha Anathashrama, an orphanage in India; and Dom Dietzcka, an orphanage in Poland.

Yolly Molly provided the setting and donated 15 percent of all sales between 1-5 p.m. that day to benefit Kids First. In total, over \$100 was raised which will be matched 100 percent by Cultural Care Au Pair to support Kids First. Yolly Molly will continue the support through Aug. 25 by continuing to



PHOTO COURTESY OF SHAWNA LEVINS

**Families and their au pairs gather at Yolly Molly Café to support Kids First Foundation.**

collect donations for Kids First.

As a local childcare coordinator for Cultural Care Au Pair, Rau and her fellow LCCs support au pairs in the area, as well as their host families, ensuring that the entire family has a positive experience. The program, regulated by the U.S. Department of State, allows qualified young people with proven experience to live in the

United States for one year providing childcare for local families, while taking college courses and experiencing American culture first hand.

To become involved with the Kids First program or to learn more about hosting an au pair in your home, call Rau at 703-944-3907, or visit Kids First online [culturalcarekidsfirst.org](http://culturalcarekidsfirst.org).

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# WELLBEING

## If You Are What You Eat, Eat Well

BY MARILYN CAMPBELL  
THE CONNECTION

When Teri Cochrane's son was 18 months old, he was diagnosed with asthma and placed on a variety of medications, including steroids. Less than two years later, doctors warned the Reston mother that he would have frequent seizures, would never have a normal childhood and would never grow taller than 5 feet 4 inches. When Cochrane's daughter was born three years later, she also suffered from health problems, including chronic, severe abdominal pain.

"I went to great doctors in the area, but there wasn't an effort to find out why they were sick," said Cochrane. "It was always, 'Give them this medicine.'"

Cochrane was unwilling to accept constant medication without knowing the root cause of her children's illnesses, however. Making it her life's mission to find healing alternatives, she began doing her own research to find nutritional solutions.

"We found a pediatrician who was familiar with alternative medicine and we started our son on his healing path," said Cochrane. "The doctor said 'Don't eat this,' but he didn't tell me what we could eat. It took a lot of effort and a lot of tears to determine how to feed my family in a different way.

Fifteen years ago, the term gluten-free wasn't on anyone's radar." Cochrane left her corporate career after 20 years and returned to school to study nutrition, herbology and holistic methods of healing. She started her own nutrition and wellness practice called Healing Paths, Nutrition and Wellness Counseling, and has written a book called "Restorative Recipes: A Mindful Path to the Essential You."

HER CLIENTS RANGE from infants to adults. Cochrane's approach is tailored for each individual, focusing on specific health concerns and how they can be addressed through improved nutrition and natural supplements. She



Teri Cochrane

**"It took me a lot of effort and a lot of tears to determine how to feed my family in a different way. Fifteen years ago, the term gluten-free wasn't on anyone's radar."**

— Teri Cochrane, author and nutritionist

addresses ailments including allergies, hormonal imbalances, headaches, gastrointestinal upsets, menopausal symptoms, cancer and depression.

"Our counseling includes plans for insulin insensitivity, irritable bowel syndrome, high blood pressure, high cholesterol, cardiovascular disease, ADHD (attention deficit hyperactivity disorder) and other chronic and autoimmune conditions," said Cochrane.

"Food is our medicine," she continued. "But we've lost sight of our food. If you're eating fast food or food out of a package, you're not eating real food."

Nurse Practitioner Laura Evan, who holds a doctorate in nursing

practice and is an assistant professor in the Nurse Practitioner Program at the George Mason University School of Nursing in Fairfax, agrees that eliminating processed foods can improve health.

"Avoid trans fats," she said. "These are modified fats found in processed foods. Avoid salt. It's a flavor enhancer [and] encourages the body to hold on to water and can increase [blood pressure] in certain patients."

Cochrane approaches each client as an individual. "Each person has their own signature biochemistry, and that tells me what they need eating for their body," said Cochrane. "You have to eliminate certain foods and then reintroduce them after wait-

ing a period of time between each introduction."

She also offers meal plans and provides cooking and shopping guidelines for balanced nutrition that will meet individual health needs. She even takes clients on grocery store tours to demystify the new shopping process.

ALEXANDRIA RESIDENT Tamara Kieffer is one Cochrane's patients. "I have had migraines for many years ... and wanted to get off some of the medication and explore a homeopathic approach," she said. "It is a process and it gets frustrating because you want results right away. I got off gluten and cut out nitrates and nitrites, which meant giving up processed deli meat and hotdogs."

Once she began to see improvements in her health, Kieffer became motivated. "It is hard to cut things out of your diet, especially sugar, which was the last thing to go, but as soon as I did, my brain fog cleared and I felt so much better."

She says honey and dates work well as sweeteners.

## Local nutritionist turns personal challenge into book and health and nutrition practice.



PHOTO BY KIRSTEN ROSE PHOTOGRAPHY

Madeleine, Teri, Doug and William Cochrane. When Teri Cochrane's children were young, doctors told her their illnesses would prevent them from having normal childhoods. She credits improved nutrition with their health and well-being, an issue she discusses in her book, "Restorative Recipes: A Mindful Path to the Essential You."

going to miss bread and potato chips, but I don't," she said. "I think that my body is getting more nutrients so I don't crave the foods I used to eat. I've also lost 18 pounds and feel like a whole new person."

WHILE COCHRANE IS PROUD to have turned her personal research into a source to help others, she is especially proud of the health and well-being of her two

children. Today, her 15-year-old daughter Madeleine is a ballet dancer in an elite professional program. Her son William is 19 years old and is 5-foot-11-inches tall. He is attending the University of Virginia on a full scholarship.

"He is fit and no longer on medication," said Cochrane. "He was prom king, on the varsity swim team and a junior Olympic champion in karate."

Swimmers (front to back) Natalie Powell, Ryan Powell, Ian Schmitt, Faith Richardson, Molly Murphy, and Tyler and Parker Brown.



## Fighting Cancer With Swim-a-thon

The South Run neighborhood pool fifth annual Swim-a-thon raised over \$1,895 and counting for INOVA's Life With Cancer organization Sunday, July 14. Neighbors from Burke, Fairfax Station and the South Run neighborhood swam a combined total of 677 laps, amounting to 16,925 meters swam in the pool.

Those who swam and those who didn't both donated, and friends and event organizers Michael Murphy, Nick Porter, Danny Murphy, Ryan Kelly

and Jordan Krug are still in the donation collection process. The sum of \$1,895 and counting will go to combat cancer through Life With Cancer, an INOVA organization that helps families of cancer patients throughout the treatment and recovery process.

The friends started the event because, as Danny Murphy wrote in an email to the Connection, "our greater neighborhood community has been heavily affected by cancer. ... The purpose of this event is to raise awareness and money."



Swim-a-thon Chairmen/Organizers (left to right) Michael Murphy, Nick Porter, Danny Murphy, Ryan Kelly and Jordan Krug (not pictured).

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**CALENDAR**

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

**THURSDAY/AUG. 8**

**55th Library Anniversary: August in Antarctica.** 7:30 p.m., Richard Byrd Library, 7250 Commerce St., Springfield. Learn about the exploits of Richard Byrd and his lasting impact on Antarctic research today.

**THURSDAY-SUNDAY/AUG. 8-SEPT. 8**

**3rd Annual Workhouse Clay National Exhibition.** Workhouse Arts Center, 9601 Ox Road, Lorton. View A juried exhibition of ceramic art from across the country representing various styles and trends in the art field. <http://workhousearts.org/events/visual-arts/3rd-annual-workhouse-clay-national-2013>.

**FRIDAY/AUG. 9**

**Comedian Howard G and Guests.** 7, 10 p.m., W-3 Theatre Workhouse Arts Center, 9601 Ox Road, Lorton. HnH Production presents performances by Howard G and Guests. \$20 in advance, \$25 at the door, \$30 VIP seating [workhousearts.org/events/performing-arts/comedian-howard-g-and-guests](http://workhousearts.org/events/performing-arts/comedian-howard-g-and-guests).

**Shabbasta Dinner Open House.** 7-8 p.m. Congregation Adat Reyim welcomes new and returning families for a pasta dinner and "meet and greet" with its Rabbi and educators. Free for prospective members and children under 5, \$6 per member,

maximum of \$18 per family. RSVP at 703-569-7577 or [office@adatreyim.org](mailto:office@adatreyim.org).

**Washington Balalaika Orchestra.**

7:30-8:30 p.m., at Lake Accotink Park, 7500 Accotink Park Road,

Springfield. Hear musicians devoted to the study and performance of the music of Russia, Ukraine and Eastern Europe perform on traditional instruments such as the balalaika, domra, Bayan and folk wind and percussion. [www.balalaika.org](http://www.balalaika.org).  
**System Override.** 9:30 p.m.-2:30 a.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. System Override presents DJ House and Trance music. \$10, ages 21 and up. [www.ampedandalive.com/eventdetails.aspx?eventId=1185](http://www.ampedandalive.com/eventdetails.aspx?eventId=1185).

**SATURDAY/AUG. 10**

**Family Day: Antarctica at the Library.** 12:30 to 4 p.m., Richard Byrd Library, 7250 Commerce St., Springfield. Try on extreme cold weather gear, play in the snow, experiment with blubber and more.  
**N Gauge Model Train Show.** 1-4 p.m., Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Northern



**The Dixie Melody Boys perform Friday, Aug. 16 at Mt. Calvary Community Church in Springfield, bringing their Grammy-nominated four-part harmonies to the stage.**

Virginia NTRAK members (T-TRAK layout) hold a model train exhibit. Free, museum members and children under 4; \$4, adults 16 and over, \$2, children 5-15. 703-425-9225 or [www.fairfax-station.org](http://www.fairfax-station.org).

**Winnie the Pooh.** 1 p.m., W-3 Theatre, 9601 Ox Road, Lorton. A. A. Milne's characters encounter new neighbors and other adventures in the Hundred Acre Wood. \$8 for children under 12, \$12 for adults, runs 75 minutes with one intermission, appropriate for all ages, concessions available before the show and during intermission. [workhousearts.org/events/performing-arts/winnie-pooh](http://workhousearts.org/events/performing-arts/winnie-pooh)

**2nd Saturday Art Walk.** 6-9 p.m., Workhouse Arts Center, 9601 Ox Road, Lorton. This Walk showcases over 100 visual artists' work with tours of studio buildings, visitations from artists, refreshments, and music; free admission, campus-wide. [workhousearts.org/events/visual-arts/2nd-saturday-art-walk-11](http://workhousearts.org/events/visual-arts/2nd-saturday-art-walk-11)

**Lone Star and Laundry & Bourbon.** 6-9 p.m., W-3 Theatre at the Workhouse Arts Center, 9601 Ox Road, Lorton. Director Harrison G. Lee and HGL Productions presents James McLure's one-act plays "Lone Star" and "Laundry & Bourbon." \$25, will call and doors open 30 minutes before the show, cash bar and concessions available. [workhousearts.org/events/performing-arts/lone-star-and-laundry-bourbon-0](http://workhousearts.org/events/performing-arts/lone-star-and-laundry-bourbon-0)

**The United States Air Force Strolling Strings.** 7-8 p.m., at Workhouse Arts Center at Lorton, 9601 Ox Road, Lorton. Providing a multi-dimensional experience, these musicians surround the audience with music performed exclusively from memory and without the aid of a conductor. [www.usafband.af.mil](http://www.usafband.af.mil).

**SUNDAY/AUG. 11**

**Whiskey and Boots.** 7-11 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. Stephen Lee and Wesley Spangler present country music. \$10. [www.ampedandalive.com/eventdetails.aspx?eventId=1182](http://www.ampedandalive.com/eventdetails.aspx?eventId=1182).

**WEDNESDAY/AUG. 14**

**Civil War Forum.** 7:30 p.m., Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Civil War historian John McAnaw will present his talk, "Military Actions Around the Orange and Alexandria Railroad, 1862-1864." 703-425-9225 or [www.fairfax-station.org](http://www.fairfax-station.org).

**FRIDAY/AUG. 16**

**Cool Cow Comedy.** 7 and 9 p.m., W-3 Theatre at the Workhouse Arts Center, 9601 Ox Road, Lorton. Rahmein Mostafavi hosts five stand-up routines by touring comedians. \$15. <http://workhousearts.org/events/performing-arts/cool-cow-comedy-4>.

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# Meet New County Police Chief

Lt. Col. Edwin C. Roessler Jr. has served in every rank as he's moved up the ladder.

BY BONNIE HOBBS  
THE CONNECTION

**E**ffective Tuesday morning Aug. 6, a Centreville resident, Lt. Col. Edwin C. Roessler Jr., became Fairfax County's new chief of police. He was appointed July 30 by the county Board of Supervisors.

The position became vacant in October 2012, when former Chief Dave Rohrer was promoted to deputy county executive for public safety. Roessler has served as acting police chief since March 23, and his new job culminates a law-enforcement career spanning 24 years.

"It's a noble profession, I enjoy it and I look forward to being able to serve the men and women of the police department and the community," he said. "And what's really exciting is that I'm a member of the community, and it's an honor to serve my neighbors."

Originally from Brooklyn, N.Y., Roessler, 49, actually comes from a family of New York City firefighters. But a few uncles were police officers and, in high school, he decided to study criminal justice and go into law enforcement.

Then, after a stint with the New York City Department of Investigation, he and his wife moved to Virginia for a better lifestyle. While in college, Roessler did an internship at American University and got a taste of Fairfax County. And earlier, two cousins had moved here—one joining the police department and, the other, the fire department.

So he came to the county, too, and became a patrol officer. "Route 28 was one lane each way then, and there were three farms here when we first moved to Centreville, over 24 years ago," said Roessler.

**HE AND HIS WIFE**, a small-business owner, have three children. Their oldest daughter is in college, their youngest daughter is a high school senior and their son is starting middle school.

Over the years, Roessler's held several high-level, management positions. But as far as he's concerned, the highlight of his career was being a patrol officer.

"It's the satisfaction of helping someone in crisis or just lending them a hand when they need it," he explained. "Sometimes, you're doing something that changes their life. Patrol officers are given



Lt. Col. Edwin C. Roessler Jr.

the latitude, discretion and trust to help the community, and that's what drew me to the job."

But throughout every assignment, said Roessler, "It's a police family; the people I work with, we're a team. And in every county agency, I've had great mentors that allowed me to grow. It's a leadership style of always being willing to help each other out."

"You entrust your life to others so you can get home at the end of the day," he continued. "It's also about the working relationships you form. And what a terrific community this is—the support we get is a thrill." He said the residents and the county leadership are the police department's partners in making Fairfax County a safe place to live, work and play.

Roessler chose the supervision-and-command career path, within the department, and competed for each advancement, including deputy chief. However, he became acting chief based on his seniority. He then applied for the top job, and the supervisors and county executive conducted a national search over some six months.

Tuesday morning at 9:30 a.m., Roessler officially became chief, and he couldn't have been happier. "Being the chief, I feel like a cop on the street again. Being able to serve others, I feel content. This is a calling, and I'm just proud to be part of a great organization and county. The support from the community—and having terrific staff and volunteers—makes it fun."

As a longtime member of the department's senior management team, Roessler said "several great leaders have allowed us to develop innovative ideas to make us a Cadillac, cutting edge, law en-



Enjoying National Night Out in Sully Station II in August 2011 are (front row, from left) Jesse and Rose Plowchin, Lt. John Trace and Capt. Purvis Dawson of the Sully District Station, Kim Hines, Laura Elder and then Deputy Chief of Patrol E.C. Roessler; and (back row, from left) Paul Fraraccio and Eugene Larty of West Centreville Fire Station 38.

## Roessler's Resume With FCPD

Before Lt. Col. Edwin Roessler became acting and then full-fledged chief of police for Fairfax County, he served in every rank as he's moved up the ladder. Since 2010, he was deputy chief of patrol managing Animal Services, plus crime-fighting efforts across eight district stations.

Roessler also organized police emergency responses to a variety of natural disasters and tactical operational events. He deployed personnel to President Barack Obama's inauguration in January and managed patrol assets committed to solving several, multijurisdictional crimes. And he directed the Police Department's strategic-planning initiatives.

He received his undergraduate degree from Arizona State University and his graduate degree from George Washington University. He also graduated from a variety of professional-development-and-leadership programs.

forcement agency. It's high performance and fine tuned."

**HIS VISION** now is for the police to "continue ethical leadership with an engaged community so we can continue to build upon our ability to fight crime, enhance our culture of safety and keep pace with urbanization." He said the culture of safety includes developing safety protocols regarding how the police interact with the community.

As for urbanization, Roessler tied it to the 11 new police positions the supervisors approved as of July. Two will be animal control officers and nine will be the foundation of a new police station in Tysons Corner. Others will be needed in connection with county growth related to projects such as the Silver Line, rail to Dulles, the Springfield Mall redevelopment and the revitalization of Route 1,

South County and the Reston Town Center.

"So it'll take a new style of policing," he said. "For example, officers will go up a 30-story building or navigate a city-style environment in pairs." And when large crowds flock to places such as Fairfax Corner on the weekends, said Roessler, "We need to pay attention to make sure we have adequate staffing to meet future needs. All this will happen over decades, but we need to start planning now."

"We'll make five-year strategic plans, including staffing, budgets and program objectives, and tweak them," he said. In the current economy, said Roessler, "We're looking at where we can alter our business model, without sacrificing safety, to economize where we can. But as the economy improves, we'll be able to do more."

Looking back on his distinguished career, what he's proudest of is be-

As a senior commander, Roessler headed the Internal Affairs Bureau and the Criminal Justice Academy. He managed the department's budget and human resources and led a Patrol Bureau division overseeing the Crime Analysis Unit and the construction of the Sully District Station.

He also spearheaded efforts creating the Incident Support Services program serving department members and their families. And he both supervised and commanded the Civil Disturbance Unit. In addition, Roessler volunteered for assignments that would help increase and improve police services to the community.

He's currently a senior advisor to the International Association of Chiefs of Police for its international, police-education-and-training program. As Fairfax County's chief of police, his annual salary will be \$188,410.

— BONNIE HOBBS

ing a patrol officer. "And it's important for me to remember that," he added. "They're what the community sees every day; they're the first responders to 911 calls. They're the face of the Fairfax County Police Department and they're what makes our reputation."

Now leading 1,360 sworn officers, 352 non-sworn officers, plus a core of volunteers, Roessler takes his new position seriously. He said the toughest part of his job will be meeting the challenge of looking out for the employees' safety and welfare, including their pay and benefits, within budget constraints.

What will give him the greatest satisfaction, he said, is "being able to serve my fellow employees, volunteers and the community as a leader. I love Fairfax County. The motto is 'A great place to live, work, play and grow old,' and I'm living all that."

# SPORTS

## South County Grad Hampton to Play Basketball for CNU

The South County boys' basketball team ended the 2012-13 regular season with a 7-15 record and entered the Patriot District tournament as the No. 7 seed.

Despite having lost 11 of their last 13 games, the Stallions turned things around in the postseason, starting with an upset of No. 2-seed West Potomac in the district quarterfinals, which earned South County a berth in the regional tournament. The Stallions would reach the district championship game, where they lost to Lake Braddock. In the region tournament, South County defeated Mount Vernon and Chantilly before ending its season with a loss to eventual champion Woodson in the semifinals.

Leading the way for South County was 2013 graduate Justin Hampton, who ended his career as the program's all-time leading scorer. The 6-foot-5 Hampton was a threat to score anywhere on the court. He showed his perimeter touch during a Pohanka Classic contest, when he buried eight 3-pointers.

Hampton will continue his basketball career at Christopher Newport University.

❖ Connection: What made

Christopher Newport the right fit for you?

Hampton: I felt it had the best combination of athletics and academics for me.

❖ Connection: What will you study?

Hampton: I'm on track to major in business management and minor in computer science.

❖ Connection: What position will you play?

Hampton: I'm going to play their wing position, so like 2/3.

❖ Connection: What is your favorite memory of playing basketball at South County?

Hampton: Probably the home playoff game against Chantilly. I had as many points as they did at half time. I felt like I was on top of the world after that one.

❖ Connection: What is your career high for points in a game?

Hampton: I had 39 against TC.

❖ Connection: How many years were you on varsity?

Hampton: Just for two years.

❖ Connection: As a shooter/scorer, how would you describe your mentality on the court?

Hampton: Attack. I try to take advantage of every scoring opportunity possible.

❖ Connection: If you could go back and change one thing about



**Justin Hampton (1), a 2013 South County High School graduate, will play basketball for Christopher Newport University.**

your high school athletic career, what would it be?

Hampton: I would get serious earlier. I didn't really start working out on my own until the summer before my junior year.

❖ Connection: At what age did you start playing basketball? When did you realize playing college basketball was a possibility for you?

Hampton: When I was like 5,

probably. After my sophomore year when a lot of my friends started getting looks.

❖ Connection: Are you getting a scholarship? If so, what kind?

Hampton: I'm getting a Presidential Leadership Scholarship.

❖ Connection: What are you most looking forward to about the transition from high school to college?

Hampton: Hopefully less politics and more basketball.

❖ Connection: Who is your favorite musician? Why?

Hampton: I like Sonny Rollins; he's a jazz saxophonist. I was the first chair saxophonist for our band for three years.

❖ Connection: What's your favorite movie? Why?

Hampton: "Space Jam." It's just always been my favorite movie.

❖ Connection: What's your favorite food?

Hampton: Pizza.

❖ Connection: What is your favorite hobby outside of basketball?

Hampton: I play music and like video games.

❖ Connection: What location is the farthest you've traveled from the Washington, D.C. metro area?

Hampton: I've been to Cancun and Jamaica.

—JON ROETMAN

### SPORTS ROUNDUPS

#### NVSO Registrations Due in August

Registrations for the 2013 Northern Virginia Senior Olympics to be held Sept. 7-19 are due Aug. 23 by mail or Aug. 30 online. There is no onsite registration.

More than 50 events will take place at 17 different venues throughout Northern Virginia. Registration fee is \$12, which covers multiple events. Participants must be 50 years of age by Dec. 31 and live in a sponsoring jurisdiction.

Among the events offered are track, field, swimming, diving, tennis, table tennis, bowling, Wii bowling, eight ball pool, handball, racquetball, golf, miniature golf, badminton, pickleball, cribbage, scrabble, duplicate bridge, Mexican train dominoes, line dancing, yo-yo tricks and more. Information is available online at [www.nvso.us](http://www.nvso.us) or by calling 703-228-4721 or email, [nvso1982@gmail.com](mailto:nvso1982@gmail.com).

Sponsoring jurisdictions are the cities of Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William.

#### Soccer Tryout

Reston United 99 Blue, a U14 NCSL D5 team, is holding supplemental tryouts in August. Coach Kamal Ismail is a former professional player and has more than 20 years coaching experience. He currently coaches JV and varsity boys' soccer at South Lake High School. The

team has been in the NCSL since U9 and currently has players from Reston, Herndon, Ashburn and Chantilly. For more information, email Jay [atbirdintheyard@yahoo.com](mailto:atbirdintheyard@yahoo.com).

#### Lee High, Coach Girton Win 2013 Strength of America Award

Robert E. Lee High School and coach John Girton received the Strength of America Award from The National Strength and Conditioning Association (NSCA) and the President's Council on Fitness, Sports & Nutrition at the organizations' 36th annual conference and awards banquet July 12 in Las Vegas, N.V. The award recognizes high schools that have represented the gold standard in strength and conditioning programs.

Robert E. Lee High School was measured in four categories to receive the award: supervision, education, program and facilities. Selected from hundreds of eligible schools, Robert E. Lee HS was honored at the Paris Hilton and Casino, Las Vegas, N.V., during the conference awards banquet.

With the increasing numbers of inconsistent gym conditions and strength programs across the country, the NSCA and the President's Council work together to provide all high schools concise guidelines to improve their curricula.



**The coaches at the Washington Redskins High School Coaches Clinic, along with Redskins QB Robert Griffin III and Redskins legend, Joe Theismann. Theismann presented Griffin III with the Quarterback Award from the Quarterback Club of Washington.**

#### West Springfield's Laguna Meets Redskins

The Washington Redskins Charitable Foundation hosted the Washington Redskins High School Coaches Clinic Wednesday, July 31, along with Sheltering Arms Physical Rehabilitation Centers. Redskins Executive Vice President/General Manager Bruce Allen, head coach Mike

Shanahan and Redskins alumnus LaVar Arrington met with more than 250 high school coaches from Virginia, Maryland, Washington, D.C., West Virginia and North Carolina. Paul Laguna, Varsity WR coach at West Springfield High School, also attended.

# HOME SALES

In June 2013, 117 homes sold between \$1,250,100-\$130,000 in the Clifton, Fairfax Station and Lorton area. This week's list represents those homes sold in the \$1,250,100-\$651,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision
7820 MANOR HOUSE DR	4	4	0	FAIRFAX STATION	\$1,250,100	Detached	5.22	22039	THE ENGLISH HILLS ESTATE
9803 THORN BUSH DR	5	4	1	FAIRFAX STATION	\$1,230,000	Detached	5.21	22039	ESTATES AT ROSELAND
7131 TWELVE OAKS DR	4	5	1	FAIRFAX STATION	\$1,175,000	Detached	5.00	22039	TWELVE OAKS
13100 TWIN LAKES DR	3	3	1	CLIFTON	\$1,025,000	Detached	4.15	20124	TWIN LAKES
9040 SWANS CREEK WAY	4	4	1	LORTON	\$1,000,000	Detached	0.90	22079	GRANDALL RUN
9529 PENIWILL DR	5	4	1	LORTON	\$955,000	Detached	0.97	22079	OCCOQUAN OVERLOOK
6509 BRIARCROFT ST	4	4	1	CLIFTON	\$890,000	Detached	5.00	20124	BRIARCROFT
8112 VISTA POINT LN	4	4	1	FAIRFAX STATION	\$875,000	Detached	5.08	22039	SHADOWWALK
10611 DAYSAILER DR	4	3	1	FAIRFAX STATION	\$840,000	Detached	5.02	22039	BURKE LAKE CLUSTER
9318 HALLSTON CT	4	4	1	FAIRFAX STATION	\$825,000	Detached	0.26	22039	BARRINGTON
7116 LAKETREE CT	5	3	2	FAIRFAX STATION	\$820,000	Detached	0.58	22039	SOUTH RUN
8740 BITTERROOT CT	5	4	1	LORTON	\$807,000	Detached	0.23	22079	LAUREL HILL SOUTH
6601 NEWMAN RD	5	4	1	CLIFTON	\$805,000	Detached	5.00	20124	CHEQUERS OF CLIFTON
10726 FOURNIER DR	4	3	1	FAIRFAX STATION	\$800,000	Detached	1.31	22039	HUNT AT FAIRFAX STATION
7713 STONEY CREEK CT	5	4	1	FAIRFAX STATION	\$800,000	Detached	0.63	22039	SOUTH RUN
8404 CROSSLAKE DR	5	3	1	FAIRFAX STATION	\$800,000	Detached	0.38	22039	CROSSPOINTE
7519 WILDERNESS WAY	4	3	1	FAIRFAX STATION	\$799,900	Detached	0.58	22039	SOUTH RUN
13117 LAUREL GLEN RD	4	3	1	CLIFTON	\$795,000	Detached	5.00	20124	LAUREL GLEN
8001 EDDY BEND TRL	4	3	1	FAIRFAX STATION	\$775,000	Detached	5.00	22039	DOMINION VALLEY HUNT
8728 FOXHALL TER	4	4	1	FAIRFAX STATION	\$770,000	Detached	0.35	22039	CROSSPOINTE
9023 IGOE ST	4	3	1	LORTON	\$766,000	Detached	0.50	22079	LORFAX HEIGHTS
8865 WESTERN HEMLOCK WAY	4	3	1	LORTON	\$765,000	Detached	0.18	22079	LAUREL HILL LANDBAY
8496 SILVERVIEW CT	5	3	1	LORTON	\$759,900	Detached	0.29	22079	CROSSPOINTE
9017 VIRGINIA TER	5	3	1	LORTON	\$755,000	Detached	0.30	22079	JOHN LEARY
5806 THREE PENNY DR	5	3	0	FAIRFAX STATION	\$749,000	Detached	5.00	22039	TEN PENNY WOODS
9105 FOREST SHADOW WAY	5	3	1	FAIRFAX STATION	\$742,000	Detached	0.28	22039	CROSSPOINTE
6800 JEREMIAH CT	4	3	1	FAIRFAX STATION	\$740,000	Detached	0.69	22039	DONOVANS NINE
8629 OAK CHASE CIR	5	3	1	FAIRFAX STATION	\$740,000	Detached	0.27	22039	CROSSPOINTE
8949 CROSS CHASE CIR	5	3	1	LORTON	\$740,000	Detached	0.29	22079	CROSSPOINTE
11019 HIGHRIDGE ST	4	3	1	FAIRFAX STATION	\$733,500	Detached	0.62	22039	ARDMORE WOODS
6321 BARSKY CT	4	3	1	FAIRFAX STATION	\$730,000	Detached	0.78	22039	FAIRFAX STATION EAST
6842 CORDER LN	5	4	0	LORTON	\$730,000	Detached	0.39	22079	MOUNT AIR
8054 PAPER BIRCH DR	5	3	1	LORTON	\$726,000	Detached	0.16	22079	LAUREL HILL LANDBAY
12134 BRANTLEIGH PL	3	3	0	FAIRFAX STATION	\$722,900	Detached	2.01	22039	COLCHESTER HILLS
8148 AMERICAN HOLLY RD	5	4	1	LORTON	\$720,000	Detached	0.19	22079	LAUREL HILL LANDBAY
6169 POHICK STATION DR	4	2	1	FAIRFAX STATION	\$715,000	Detached	0.57	22039	POHICK STATION
6205 SIMPSON PATENT CT	4	3	1	FAIRFAX STATION	\$710,000	Detached	0.62	22039	FAIRFAX STATION
6101 EMMETT GUARDS CT	4	3	1	FAIRFAX STATION	\$700,000	Detached	0.48	22039	FAIRFAX STATION
9509 OAK STREAM CT	4	3	1	FAIRFAX STATION	\$690,000	Detached	0.31	22039	SOUTH RUN OAKS
13821 LAUREL ROCK CT	4	3	1	CLIFTON	\$685,000	Detached	0.26	20124	LITTLE ROCKY RUN
6501 ROCKLAND CT	4	3	1	CLIFTON	\$680,000	Detached	0.27	20124	LITTLE ROCKY RUN
8182 PAPER BIRCH DR	4	2	1	LORTON	\$680,000	Detached	0.15	22079	LAUREL HILL LANDBAY
9014 RIDGELY DR	4	3	1	LORTON	\$679,000	Detached	0.50	22079	LORFAX HEIGHTS
6731 BLANCHE DR	4	4	0	LORTON	\$675,000	Detached	0.26	22079	RACEWAY FARMS
11836 CLARA WAY	4	3	1	FAIRFAX STATION	\$669,000	Detached	0.51	22039	INNISVALE
6922 CLIFTON RD	4	3	1	CLIFTON	\$660,000	Detached	0.98	20124	CLIFTON
6605 ROCK CRYSTAL DR	5	3	1	CLIFTON	\$655,000	Detached	0.36	20124	LITTLE ROCKY RUN
7330 WAYFARER DR	4	2	1	FAIRFAX STATION	\$651,000	Detached	0.58	22039	FAIRFAX STATION WOODS

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## SCHOOL NOTES

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**Joanna Cruz** of Lorton has been placed as an intern for the summer of 2013 by the Virginia Space Grant Consortium, located at 600 Butler Farm Road, Suite 2253, Hampton, through the Commonwealth STEM Industry Internship Program. Cruz works as a Motorsports Racing Instruction intern at Camp Motorsport and studies at Virginia Tech, where she is earning a Bachelor of Science degree in aerospace, aeronautical, and astronautical/space engineering.

The following students are Scholarships for Military Children Program winners, all of whom received \$1,500 college scholarships, awarded at Fort Belvoir:

**Meredith Zettlemoyer** of Springfield, daughter of Mark and Gloria Zettlemoyer, plans to use the scholarship towards paying for her education at the University of Virginia.

**Molly MacDonald** of Fairfax Station, daughter of Anthony and Jennifer MacDonald, plans to use her scholarship towards paying for her education at High Point University.

**Rebecca Birke** of Springfield, a graduate of Annandale High School, received the Shippensburg University Foundation Scholarship and the Shippensburg University Scholarship for Outstanding Students to attend Shippensburg University.

**Ashley Daniella Pidal**, daughter of Mr. and Mrs. Fernando Pidal, of Fairfax Station, graduated from Radford University this spring with a Master of Science degree in corporate and professional communication.

**Hanna S. Sager** of Fairfax Station received a Bachelor of Arts degree in English, Cum Laude from Boston University this spring.

**Alexandra Hoenscheid**, daughter of Joe and Donna Hoenscheid of West Springfield, has been named to the president's list at the University of Mary Washington for the spring semester 2013 by attaining a 4.0 grade point average in her studies.

**Caroline Groves Rowley**, daughter of John and Lori Groves Rowley of Fairfax Station, majoring in economics and English, has been named to the dean's list for the second semester at the College of Holy Cross.

**Lindsay Gregg** of Springfield and West Springfield earned scholar-athlete recognition from the Pennsylvania State Athletic Conference.

**Nicolas Perilla**, graduate of Columbia University with a Master's in education, of Springfield completed the Congressional Hispanic Caucus Institute's Graduate Fellowship Program at the U.S. Senate Committee on Health, Education, Labor, & Pensions.

## BULLETIN BOARD

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

### SATURDAY/AUG. 17

**American Red Cross Blood Drive.** 9 a.m.-3 p.m. All Saints Episcopal Church-Sharon Chapel, 3421 Franconia Road, Franconia. The American Red Cross Greater Chesapeake and Potomac Blood Services Region is taking blood donations. Schedule a blood donation appointment at 1-800-733-2767 or [www.redcrossblood.org](http://www.redcrossblood.org).

Blood Services Region is taking blood donations. Schedule a blood donation appointment at 1-800-733-2767 or [www.redcrossblood.org](http://www.redcrossblood.org).

### TUESDAY/OCT. 8

**Meet Candidates for State Delegate from Lee District.** 7 p.m., at Franconia Government Center, 6121 Franconia Road, Alexandria. LDACO and League of Women Voters of Fairfax Area will co-host a meet and greet event for candidates for state delegate or their representative. LDACOva.org.

### SATURDAY/NOV. 2

**Bake and Craft Sale.** 9 a.m.-3 p.m., at the Lorton Senior Center, 7722 Gunston Plaza, Lorton. Browse 30 local artists, crafters and a terrific bake sale; bakers and crafters needed, reserve space now. 703-550-7195.

### ONGOING

**Mount Vernon Rep. Dan Storck Community Office Hours.** 10 a.m.-noon, at Lorton Library, 9520 Richmond Highway, Lorton. School Board Member and Mount Vernon District Representative Dan Storck hosts drop-in community office hours the second Saturday of each month. Dan.Storck@fcps.edu or Barbara.Larsen@fcps.edu.

### WEDNESDAY/AUG. 21

**American Red Cross Blood Drive.** 8:30 a.m.-2 p.m. Norman M. Cole Jr. Pollution Control Plant, 9299 Richmond Highway, Lorton. The American Red Cross Greater Chesapeake and Potomac

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**Fairfax Sta/South Run \$809,950 Sold in 1 Day**

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**21 Announcements**

**OBITUARY**

**DURHAM - Mr. Bobby Hunt** passed away Friday, July 26, 2013 at his home. He was born in Washington Co., FL to the late Raymond Jasper Hunt and Beatrice Culpepper Williams. He was also predeceased by his wife, Ida Ruth Hunt.

Mr. Hunt is survived by two sons, James Hunt and Kevin Hunt and wife, Perla; three grandchildren, Alan, Collin and Sofia Hunt; and brother, Charles Hunt.

A graveside service will be conducted Saturday, August 10, 2013 at 1:00 p.m. at Glenwood Cemetery in Chipley, FL.

Flowers are acceptable. Memorial contributions may be made to Lung Cancer Alliance, P.O. Box 418372, Boston, MA 02241 or online at [donate@lungcanceralliance.org](http://donate@lungcanceralliance.org).

The family is being assisted by Clements Funeral Service, Inc. in Durham and Brown Funeral Home in Chipley, FL. Online condolences may be made at [www.clementsfuneralservice.com](http://www.clementsfuneralservice.com).

**21 Announcements**

**TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE**

Improved by the premises known as  
14206 Beddingfield Way, Centreville, Virginia

In execution of a Deed of Trust from Anand Kumar Erungur Ramamurthy and Archana Saibaba, dated October 15, 2007, and recorded October 16, 2007, in Deed Book 1961 at page 2200 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on  
Monday, August 19, 2013 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:  
Lot 17, Section 3, Landbay 1-B, Centre Ridge, as the same appears duly dedicated, platted and recorded in Deed Book 9068 at page 1861, among the Land Records of Fairfax County, Virginia.

Commonly known as 14206 Beddingfield Way, Centreville, Virginia 20121.

TERMS OF SALE: A deposit of \$25,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 3.375 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

Sale is subject to post-sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale, as well as to post-sale confirmation and audit of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. This is a communication from a debt collector and any information obtained will be used for that purpose.

DAVID N. PRENSKY  
Substitute Trustee

FOR INFORMATION CONTACT:  
David N. Prensly  
Chasen & Chasen  
5225 Wisconsin Avenue, N.W. #500  
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**21 Announcements**

**5 Open House**

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**FAIRFAX STATION** Offered at \$1,445,000



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All brick exterior | true divided-light windows | Karastan carpet | Schonbek chandeliers | Kolbe millwork | outstanding freeform heated pool | covered porch | patio in private setting backing to Fountainhead Regional Park!

**FAIRFAX STATION**

**Exquisite English Hills Estate Home** is an amazing custom creation with over 9000 sq ft of luxury living (6 bedrooms, 6.5 baths) with endless amenities:  
Extensive professional landscaping | stone patios | huge deck | sprawling lawns | fabulous foyer with grand circular staircase | gracious formal areas | extensive moldings | sun room with stone fireplace | huge office with custom cabinetry | chef's granite & stainless kitchen | oversized master suite with sitting room, Juliet Balcony & luxury Italian ceramic-tiled bath | lower level with bonus room, bedroom, full bath & wet bar | custom 1500+ bottle wine cellar | 3-car, side-load garage | separate 2-car carriage house with studio/bedroom & full bath above | and more!

Offered at \$1,675,000



**FAIRFAX STATION** Offered at \$1,350,000



**Wonderfully Appointed Custom Home** on almost 5 acres near Fountainhead Park. You'll love the tranquil, backyard oasis with decks, patio, pool & spa — a real bonus!!  
Amenities include: An open, flowing floor plan | high ceilings | custom built-ins | hardwood flooring | new carpeting | tasteful finishing | lower level retreat | elegant master suite...the list goes on and on!

**FAIRFAX STATION**

**Custom Home** with elegant, sweeping dual staircases, huge kitchen, and family room with coffered ceiling in sought-after Shadowwalk on cul-de-sac with stream, custom pool and gazebo.

Offered at \$1,320,000



**CLIFTON**

**Pottery Barn Perfect Custom Home** with custom sunroom addition and updates galore on 5 glorious, wooded acres; minutes to downtown Clifton. Live the country life at its best!

Offered at \$1,000,000



**FAIRFAX STATION** Offered at \$1,095,000

**FAIRFAX STATION**

**Quality-Built, All-Brick Home** with large rooms, high ceilings, main level bedroom with bath...a total of 5 bedrooms, 5.5 baths. Beautiful wooded lot with pool & 3-car garage.

Offered at \$1,095,000



**CLIFTON**

**One Level Living** is easy and convenient in this sprawling all-brick rambler with delightful outdoor living space and pool. Easy entertaining and living in over 6,900 sq ft of space!

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**FAIRFAX STATION** Offered at \$880,000

**FAIRFAX STATION**

**Custom Deck House** with passive solar Solarium! 5-acre park-like setting. Covered patio. Vaulted cedar & mahogany ceilings. Amazing Viking Kitchen with 6-burner gas stove & granite.

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**CLIFTON**

**Little Rocky Run Gem!** Pristine home, lush landscaping, deck, patio & front porch make this a sought-after Colonial! Great floor plan with 4 bedrooms plus a loft on the upper level.

Offered at \$584,000



**FAIRFAX STATION** Offered at \$825,000

**FAIRFAX STATION**

**Custom Contemporary** on 6.37 wooded acres. Redwood exterior, soaring stone walls & fireplaces, Solarium, Rec Room with bar, 3-Car Garage plus New Furnace! Entertainment Deck!

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