



# Fairfax CONNECTION PET CONNECTION

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NEWS, PAGE 3

For a day, Pippin enjoyed exploring the office furniture at the Fairfax County Government Center. He is now at the Fairfax County Animal Shelter, waiting for his ‘perfect family.’

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## Bringing Home the Silver and Gold

**Fairfax Family, Career and Community Leaders of America students win at States and Nationals.**

BY BONNIE HOBBS  
THE CONNECTION

**S**tudents from Lanier Middle and Fairfax High schools came home from both the FCCLA State and National Leadership Conference with smiles on their faces and medals around their necks. FCCLA (Family, Career and Community Leaders of America) is a national, student organization that particularly focuses on family.

For the State competition, the students worked for several months preparing their STAR (Students Taking Action for Recognition) events, projects, portfolios and presentations. And four teams – eight students from Lanier and two from Fairfax – then earned the privilege of representing Fairfax City, FCPS and Virginia at Nationals.

“Last year, one team of three students made it to the FCCLA National Leadership Conference to compete,” said Susan von Schaack, Family and Consumer Science teacher at Lanier and FCCLA advisor at Fairfax. “This year, I took 10 students for the competition, plus the newly elected state officer, Fairfax High rising senior Laura Stravach. She’ll be Virginia FCCLA’s vice president of membership for the 2018-2019 school year.”

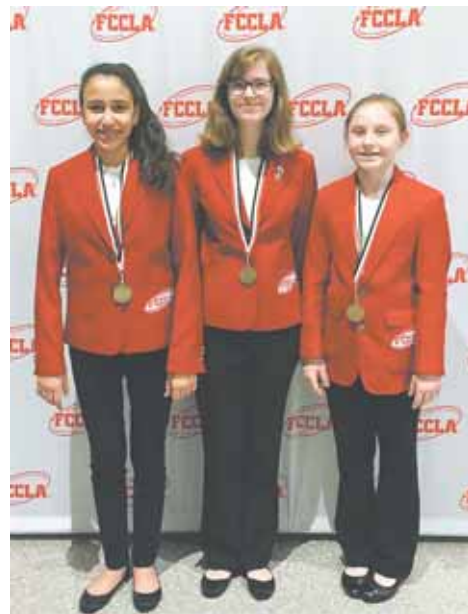
States were held in April in Virginia Beach, with City of Fairfax students capturing a slew of medals. In the Promote and

SEE WINNERS, PAGE 5



**City of Fairfax FCCLA members, from both Lanier Middle and Fairfax High schools, with a banner thanking their sponsor, ManTech. (From left) are Kayleigh Williams, Juli Luckabaugh, Miranda Cespedes, Naomi Daniels, Riley Sarber, Yale Kim, Emily Sarber, Hope Peters and Hana Ismail. (Not pictured: Diego Santiago).**

PHOTOS COURTESY OF SUSAN VON SCHAACK



**Promote and Publicize Team: (From left) are Hana Ismail, Juli Luckabaugh and Riley Sarber**



**Chapter Service Project Display Team: (From left) Kayleigh Williams and Naomi Daniels collected socks for the homeless in Fairfax and won silver medals.**



**Food Innovations Team: (From left) are Yale Kim, Miranda Cespedes and Emily Sarber.**



**Advocacy Team: Hope Peters presented solo at Nationals and received a silver medal.**

## ‘Innovative, Cost-Effective and Replicable’ Work

**Rebuilding Together honored for making seniors’ homes safer.**

BY BONNIE HOBBS  
THE CONNECTION

**I**t’s tough enough getting older, but senior citizens increasingly face danger from falling and suffering serious injuries in their own homes. And those on low incomes are hard pressed to be able to afford the needed repairs to prevent these mishaps in advance.

But that’s where the Fairfax City-based nonprofit, Rebuilding Together of Arlington/Fairfax/Falls Church, comes in. It’s new venture, RT Express, uses small teams of skilled volunteers to make targeted repairs that help seniors live safely in their homes so that they may age in place.

This program has proved extremely successful. Over the past two years, 75 RT Express projects were completed by teams of four to five trained volunteers. Via half-day projects, their work corrected 93 percent of the falling hazards and 90 percent of all hazards – at a cost of \$500 or less for materials per home.

SEE REBUILDING, PAGE 10



**With the Best Practices trophy and certificate are (from left) Daphne Lathouras, Don Ryan, Diana Paguaga, Richard Lindsay, Patti Klein, Marcy Bartlett and Fritz Sturz.**

BONNIE HOBBS/THE CONNECTION





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## NEWS

# Woody's Ice Cream Still Packing them in After 20 Years

**Family ice cream shop a mainstay in the City of Fairfax.**

PHOTOS BY MIKE SALMON/THE CONNECTION

BY MIKE SALMON  
THE CONNECTION

**O**ne night a week, Danielle Gilbert is in her kitchen baking several trays of her home made brownies that are the main ingredient in the brownie sundaes at Woody's Ice Cream in the center of Old Town Fairfax. In the twenty years that Woody's has been an ice cream favorite in Fairfax, it's this dedication to home baked, small business, family establishments that's kept Woody's an ice cream destination in the City of Fairfax.

"I'm a big believer in shop local and shop small, it's nice to have the community support," said Gilbert, owner and manager who took over when her grandfather Woody Lashley Jr. retired in 2010. Although she's added a few more bells and whistles at Woody's in the last eight years, like a computerized ordering system, a wider variety of toppings and hand-dipped ice cream, she's still seeing the same faces every year. "They're still coming here 20 years later, that's what's nice," Gilbert said. "When some of the customers come in, I know exactly what they want so I have their order ready," she added.

Allison and Andreas Moffett have been coming to Woody's since they were children, and still walk over from their home in the City. "I like that it's all local, that's fun," said Allison.

The Splash Park right across the street is a good combination on hot summer days. Ed Baroody Jr. was over at the park babysitting, and liked the fact that Woody's was so close. "I had vanilla that was really good," he said.

In 1998, when Woody's was in another location in the city, Gilbert was a senior at Fairfax High School, and came in a few times a week to help her grandfather out. At one point, he lived in the apartment over the shop, and they only had soft serve ice cream at that time, which they were known



**Now owner, Danielle Gilbert holds a cone of Woody's most popular flavor, the soft-serve vanilla-chocolate twist.**

for. He still comes in several times a week. "Fun That's Affordable" is the slogan that he made up, and their bargains start with a cone at \$3.15, and tee shirts at \$10.

The brownies are no secret either. "I make them from scratch, everyone knows, I sell out of them," she said. One of the current employees even branched out from the brownie sundae and made another version called the "dirty brownie," that is a big seller too. "One of the employees made that up," said Gilbert.

To keep with the hometown, ice cream theme, tunes from the 1950s are played over the sound system, and there is a large porch with tables that gets crowded every summer night. They are pet friendly too, serve "pup cups," with a small scoop in cup for the dog.

Woody's has a connection with the auto business that is coincidental, but makes Gilbert smile when it's brought up. Her grandfather started the business after retiring and selling "WT Auto Body," that he owned for years, and now his granddaughter owns Fairfax Towing, Quality Auto Body and Northern Virginia Auto Recycling with her husband. Woody's closes every year in late October and reopens in April. Gilbert takes a break then. "One less business I have to worry about," she said.



**Allison and Andreas Moffett have been fans of ice cream at Woody's since they were children.**

## Where & When

### WOODY'S ICE CREAM

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Sunday: noon-8 p.m.  
Monday-Thursday noon-9 p.m.  
Friday & Saturday: noon-10 p.m.



# NEWS Winners

FROM PAGE 3

Publicize category, Fairfax High freshman Juli Luckabaugh and Lanier seventh-graders Hana Ismail and Riley Sarber earned gold medals and first place in Virginia.

In Chapter Service Project Display, Lanier eighth-grader Kayleigh Williams and seventh-grader Naomi Daniels took second place and won silver medals. They were honored for their Toasty Toes service project collecting socks for homeless people in Fairfax.

Competing in Food Innovations, Fairfax freshman Miranda Cespedes and Lanier eighth-graders Yale Kim and Emily Sarber took home the gold. The Tropical Smoothie Cupcake created by this team earned a perfect score of 100 points for a first-place finish.

On the Advocacy team, Lanier eighth-graders Hope Peters and Diego Santiago garnered enough points to win silver medals for "Oh, No! GMO" STAR project, and were first in the state.

"Not only did the students assist with several fundraisers on weekends throughout the school year, but they gave up their free time and worked with their teammates on teacher workdays because they wanted to do their best at the National Leadership Conference in Atlanta," said von Schaack. They also needed to raise money for their trip and associated expenses, so the team co-presidents created a brochure and a donation proposal and made a presentation to ManTech. The company then gave them a contribution that paid for their uniform blazers, Virginia Delegation fee for Nationals, entry to the Atlanta Aquarium and 5K race entry fee.

FCCLA Nationals were held June 28-July 2, during which all students vied against other chapter members from across the country.

Fairfax City gold medal winners were Cespedes, Kim and Sarber in Food Innovations, plus Luckabaugh, Ismail and Riley Sarber in Promote and Publicize FCCLA. Earning silver medals were Peters in the Advocacy STAR event (Santiago was unable to attend), plus Daniels and Williams in Chapter Service Project Display.

Luckabaugh completed the ENGAGE Leadership Academy, and Peters and Emily Sarber earned the LAUNCH Leadership Academy certificates and medals.

"I'm really proud of how well all the teams did at the national conference," said von Schaack. "They are the true leaders of tomorrow and they're learning these skills by being a part of FCCLA."



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## PET CONNECTION



### Meet Chi Chi and Mia

From left — cats Chi Chi and Mia are not related but they were adopted on the same day in January 2017 from the Fairfax County Animal Shelter. They were surrendered by different owners. Now they are indoor cats who love to watch birds and squirrels, play with their cat toys, be brushed and follow their human around the house - writes Jennifer Smith of Fairfax.

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## PET CONNECTION



Pippin the climber

PHOTOS CONTRIBUTED

# Our 'Almost' Office Pet

BY SHARON BULOVA, CHAIRMAN  
FAIRFAX COUNTY BOARD OF SUPERVISOR

**A**n adorable gray and white cat showed up at my doorstep recently. My husband and I brought him inside. He gobbled down two big bowls of cat food and made himself at home.

We fell in love, bought him a collar and named him Pippin. Unfortunately our other two cats, Sam and Frodo, were not amused (an understatement).

For Pippin's safety, I brought him to my office at the Fairfax County Government

Center. For a day, he enjoyed exploring the office furniture (he is definitely a climber) and bonded with my staff. We wanted to keep Pippin at the office, but figured he would get lonely on the weekends and might surprise our custodial staff. Plus my Chief of Staff is allergic.

Pippin is now in the capable hands of the Fairfax County Animal Shelter, where I know he will soon meet the perfect family. If you are interested in adopting this sweet, playful and affectionate kitty who spent a day in the Chairman's Office, he is currently at 4500 West Ox Road, but hopefully not for long!



## Meet Cocoa

Cocoa of Lorton says, "I don't like posing for pictures so hurry up and take it so I can go back to relaxing."

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## Do Not Separate Children and Families

### What we have learned.

BY SEN. DAVE MARSDEN  
STATE SENATOR (D-37)

**T**he cruelty enacted by the Trump Administration in separating minor children from their parents is egregious on its face. What concerns me even more is that the science around the detention of young people is available and widely understood.

The science is clear, unless a child poses an imminent public safety risk or an imminent risk to themselves, alternatives to detention and separation from family should be pursued.

I spent part of my career as a probation officer making decisions around whether to remove young people from their families for their criminal behavior. Fortunately, in 1974, the Juvenile Justice and Delinquency Prevention Act prohibited the detention of status offenders — runaways, truants, incorrigibles — in secure, locked facilities. The rest of my career was spent as superintendent of Fairfax County's Juvenile Detention Center and a 2-and-half-year stint in Richmond as chief deputy and acting director of the Virginia Department of Juvenile Justice (DJJ) — which operated probation, parole, and confinement for 1,200 incarcerated delinquents convicted of criminal offenses. In the Fairfax Detention Center, I had as many as 137 children and 55 beds. We had to sleep kids on mattresses on the floor. Today we average 30-40 kids in the Fairfax Detention Center and have fewer than 300 in the DJJ. Why has the dramatic drop in populations occurred?

One factor for the dramatic drop in juvenile incarceration is that we now know better and

only detain or incarcerate those who are an imminent public safety risk. We now know that detained kids who are not public safety risks are only made worse by the experience. Children who are unnecessarily detained fall victim to the principle of “the self-fulfilling prophecy.” What this means is that children we thought we were teaching a lesson to were not learning how to behave but were rather having their worst feelings about themselves confirmed by the juvenile justice system — ultimately making them more likely to live a delinquent lifestyle.

In 2001, as acting director of the Department of Juvenile Justice, we initiated a best practice of creating structured decision-making or risk instruments to determine, on a more scientific basis, whether youngsters should be detained in local juvenile detention centers or could be released to their families on outreach detention or electronic monitoring pending their court dates.

#### COMMENTARY

We are making better decisions today because in the past we did not know the impact of our actions on these children and their families. We thought we were helping by teaching them a lesson but we were actually making things worse.

All of this is background for what is happening at the border and the damage that can be done to children in this thoughtless and ill-informed policy of separating these children and their families.

In 1997, the Adverse Child Experience Study (ACE) was completed by Kaiser Permanente and the Centers for Disease Control (CDC). What this study demonstrated for us is how critical a decision it is to separate a child from their family and the damage that is perpetrated on that child. All of us have the capacity to overcome a temporary negative experience.

What children often do not have the capacity to overcome is prolonged trauma that this separation inflicts on them. Detention itself can have traumatic impact even if families are together. Younger children who witness or experience abuse, violence, emotional mistreatment, and privation can fundamentally be psychologically rewired in ways that hinder their ability to handle normal life situations. The best example of this is a parable told by a psychiatrist from San Francisco I heard at a conference. She said, “Imagine yourself a child walking alone in the woods and coming across a bear. The child runs from the bear and is terrified but in the normal course of events, with comfort from the family, the frightening episode can be overcome and life can move on without permanent adverse impact. Now, imagine that you live with the bear.” Clearly, it is not only the separation from family itself but the duration of the separation that has dramatic impact on children.

This is the science and what we know about thoughtless interventions that may appear to solve our problems but rather damage others irrevocably. While some children are dangerous and do require confinement and treatment, almost no child taken from their parents at the U.S.-Mexico border fits this category.

Whether they are our children or children seeking asylum from another country, our obligations as people who know better, are clear. These children may end up staying in the United States under our asylum laws. Do we want them healthy and capable of contributing to society or traumatized and unable to function appropriately? This is an easy choice no matter how you feel about immigration. The science and our experience tells us not to separate children from their families. The unintended consequences can be serious.

## Protect Immigrant Students from ICE

BY DIANE BURKLEY ALEJANDRO

**F**airfax County is poised to improve its policy governing law enforcement in schools significantly, but the current draft fails to protect immigrant students, and must be changed.

The matter is urgent because the policy on deployment of armed police School Resource Officers (SROs) to all public middle and high schools in the county is being considered at the School Board working meeting on Monday, July 23 and will be voted on at the Thursday, 7 p.m. Board meeting. It will be implemented with the start of the school year next month.

Those who support making schools off limits to immigration authorities should send emails to their School Board member and, most importantly, attend these upcoming meetings, which are open to the public.

Forced separation of immigrant youth from their families is not just happening at the border. Police in schools throughout the country are feeding information to federal immigration authorities about undocumented students.

Some examples:

❖ In Long Island, N.Y.; SROs sent information to the Immigration and Customs Enforce-

ment (ICE) on undocumented students they couldn't arrest due to lack of evidence, leading to their arrest for deportation.

❖ The Boston school system was sued over its sharing students' info with ICE.

❖ A child in Durham, N.C. was arrested on his way into school.

Immigrant students in Fairfax public schools fear that it can happen to them, too. Students and school counselors have reported that many immigrants avoid reporting crimes against them, or stay away from school altogether.

Unfortunately, the draft agreement between the police and school system does not prevent them from helping ICE. The deficits in this proposed Memorandum of Understanding (MOU) between the police and public schools are two-fold:

❖ The MOU gives law enforcement access to students and their information if they have a “warrant.” This can be read to include not just warrants issued by judicial authorities but so-called warrants issued administratively by ICE itself.

❖ Police are not prohibited from giving information about students to ICE if it is included in “law enforcement records” created by SROs. These records are not subject to FERPA, the

privacy law protecting student records. Even directory information on students is dangerous, because ICE can use addresses and other contact information to track down students and their families.

To remedy these deficits, ACLU People Power together with National Korean American Service & Education Consortium (NAKASEC) propose that the School Board amend the draft MOU to require that ICE have a criminal warrant or subpoena issued by a court in order to:

- ❖ obtain student information, including non-public directory information that could be used to locate household members
- ❖ interview or search a student, or
- ❖ arrest any student or their household members on school property.

Other progressive school systems across the nation (including New Haven, Philadelphia, Chicago and Los Angeles) have already addressed this concern.

It is time for Fairfax public schools to do so as well. If you agree, please make your voice heard.

*Diane Burkley Alejandro is the lead advocate for ACLU People Power Fairfax. She was a member of the SRO Community Review Committee set up to provide input on the new MOU. This column first appeared in The BlueView, blueviewfairfax.com*

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Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday.

## CAMP

**Youth Arts Summer Camps.** At Workhouse Arts Center, 9518 Workhouse Road, Lorton. Multiple sessions available for ages 3-17. Themes include Doodle Tots (ages 3-5), Visual Arts Explorers (ages 6-10), Fine Arts Innovators (ages 11-13), Summer Arts Intensive for Young Adults (ages 14-17), Short Film, and Game Design. New Music and Theatre Camps include Let's Play Guitar Camp, Vocal Arts Camp, Performing Arts Summer Camp Challenge, and Experimental Theatre Project Camp. Visit [www.workhousearts.org](http://www.workhousearts.org).

**Summer Drama Camp.** Through Aug. 3, 9 a.m.-3 p.m. at Lanier Middle School, 3801 Jermantown Road, Fairfax. City of Fairfax Theater Company offers its Traditional Summer Drama Camp with week long sessions in July and August. The Summer Drama Camp teaches children to create a staged performance at the end of each week. \$170 per camper for any one-week session, \$600 per camper for all four sessions. Visit [www.fairfaxcitytheatre.org](http://www.fairfaxcitytheatre.org) for weekly themes and registration.

## ONGOING

**The Sunday Farmers' Market.** Through Oct. 21, 10 a.m.-2 p.m. at 10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit [www.fairfaxsundaymarket.com](http://www.fairfaxsundaymarket.com).

**Saturday Community Farmers' Market.** Through Oct. 27, 8 a.m.-1 p.m. at 10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit [www.fairfaxsaturdaymarket.com](http://www.fairfaxsaturdaymarket.com).

**Farmers Market.** Saturdays, 10 a.m.-2 p.m. at Springfield Town Center. 6699 Spring Mall Drive, Springfield. Visit [www.facebook.com/SpringfieldFoodworks/](http://www.facebook.com/SpringfieldFoodworks/).

## THURSDAY/JULY 26

**Evenings on the Ellipse with Tartan Terrors.** 5:30-7 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Evenings on the Ellipse summer concert series is a family-friendly event featuring a wide range of musical genres. Paradise Springs Winery and The Winery at Bull Run will be providing complimentary tastings; glasses of wine and full bottles available for purchase. A Farmers Market (2:30-6:30 p.m.) will also be on site selling fresh fruit and savory snacks. Rain or shine. Free. Visit [fairfaxcounty.gov/parks/performances](http://fairfaxcounty.gov/parks/performances).

## FRIDAY/JULY 27

**Rock the Block: My Hero Zero.** 6:30-9:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. Family-friendly free concert series, which features live bands, beer garden, and city restaurant vendor booths. Bring your own lawn chairs or blankets to sit on. Free. Call 703-385-7858 or visit [www.fairfaxva.gov/rocktheblock](http://www.fairfaxva.gov/rocktheblock).

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue



## ‘Good Dogs’

Class Act Players Theatre Company is staging a new play, “Good Dogs,” written by Morgan Smalley and directed by Maxwell Snyder (both of whom are students at George Mason University). Friday-Sunday, July 27-29, 7:30 p.m. at the Lorton Workhouse, 9518 Workhouse Road, Lorton. The show is rated PG-13 for language and subject matter. Tickets are \$15 for the general public and \$10 for students with ID. Visit [www.workhousearts.org/](http://www.workhousearts.org/) for more.

equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638.

**SpiritMind.** 7-9 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Cost is \$20. SpiritMind is a quarterly mind-body-heart-spirit experience involving chanting, singing, meditating, drumming, and mindful movement. Contact Rebecca Whitecotton at [comms@unityoffairfax.org](mailto:comms@unityoffairfax.org). Visit the website at: <https://www.unityoffairfax.org/spiritmind-sa>

## FRIDAY-SUNDAY/JULY 27-29

**“Good Dogs.”** 7:30 p.m. at the Lorton Workhouse, 9518 Workhouse Road, Lorton. Class Act Players Theatre Company is staging a new play, “Good Dogs,” written by Morgan Smalley and directed by Maxwell Snyder (both of whom are students at George Mason University). The show is rated PG-13 for language and subject matter. Tickets are \$15 for the general public and \$10 for students with ID. Visit [www.workhousearts.org/](http://www.workhousearts.org/).

## SATURDAY/JULY 28

**Artist’s Talk: Illuminated ‘Scapes.** 11:30 a.m. and 6 p.m. at Arches Gallery, Bldg. W-9, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring new work by Kathleen Best Gillmann. The first artist presentation will be at 11:30 a.m. with a repeat of the talk at 6 p.m. This is an opportunity to meet the artist and learn about Ms. Gillmann’s materials, techniques and inspiration. Visit online at [VeryBestFineArt.com](http://VeryBestFineArt.com) and on FB at “Kathleen Best Gillmann – Very Best Fine Art”.

## SUNDAY/JULY 29

**WVMGRS G-Scale Trains.** 11 a.m.-5 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Washington, Virginia & Maryland Garden Railway Society (WVMGRS) members will have a G-Scale train display running at the Fairfax Station Railroad Museum. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit

[www.fairfax-station.org](http://www.fairfax-station.org), [www.facebook.com/FFXSRR](https://www.facebook.com/FFXSRR), or call 703-425-9225.

**Everything Fairfax.** 3:30-5 p.m. at Pohick Regional Library, 6540 Sydenstricker Road, Burke. Susan Gray of the Fairfax Museum recounts the history of other places named Fairfax, along with a look at collectibles and ephemera from some of these places. Free. Visit [www.burkehistoricalsociety.org](http://www.burkehistoricalsociety.org).

**Peter Kater Concert.** 7 p.m. at Unity of Fairfax 2854 Hunter Mill Road, Oakton. Cost is \$20. See Grammy-winning pianist/composer, Peter Kater, in a rare and intimate live concert performance. Peter will play a 75–90 minute set with no intermission. Contact Rebecca Whitecotton at [comms@unityoffairfax.org](mailto:comms@unityoffairfax.org). Visit the website at <https://www.unityoffairfax.org/peter-kater-concert-s>

## TUESDAY/JULY 31

**Farm to Fairfax Market.** 10 a.m.-2 p.m. at Old Town Square, 10415 North St., Fairfax. The market, will be producers-only – meaning that all vendors at the market may only sell what they raise on their farms or make from scratch using local ingredients as much as possible. May-September, weather permitting. Call 703-385-7893.

**Erin’s Epic Stories.** 10:30 a.m. at Old Town Square, 10415 North St., Fairfax. A variety of children’s activities and entertainment in Old Town Square at the pergola, Tuesdays June-August. Weather permitting. Free. Visit [www.fairfaxva.gov/government/parks-recreation/old-town-square](http://www.fairfaxva.gov/government/parks-recreation/old-town-square).

## WEDNESDAY/AUG. 1

**Springfield Nights.** 7 p.m. at Burke Lake Park, 7315 Ox Road, Fairfax Station. Featuring: Ruthie & the Wranglers (American Roots). Bring a picnic dinner, blankets, your dog, and lawn chairs and relax with friends and family. Beer and food will be available for purchase. Call 703-451-8873.

**Kings Park Concert Band.** 7:30-8:30

p.m. at Mason District Park, 6621 Columbia Pike, Annandale. Kings Park Concert Band; program of marches, band classics, Broadway and movie show tunes. Seating provided in the amphitheater or bring your lawn chair. Free. Call 703-569-3090 or visit [kingsparkband.org](http://kingsparkband.org).

## WEDNESDAY-THURSDAY/AUG. 1-2

**Studio Ghibli: The Tale of Princess Kaguya.** Wednesday, 7 p.m. (Japanese with English subtitles); Thursday, 11 a.m. (English dubbed) at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. The Angelika Mosaic will feature animated films from the celebrated Studio Ghibli praised for their originality, stunning animation, and ambitious storytelling. All tickets are regular admission. Visit [www.AngleikaFilmCenter.com](http://www.AngleikaFilmCenter.com).

## THURSDAY/AUG. 2

**Bocce Picnic and Play.** 11 a.m.-1 p.m. at Green Acres Center, 4401 Sideburn Road, Fairfax. Featuring a free Bocce Picnic and Play event. Green Acres is the host site for the 2018 NVSO bocce competition scheduled on Thursday, Sept. 20. Medalists from past NVSO bocce competitions are expected to be on hand at the picnic Aug. 2 to help introduce bocce to those who might be new to the sport. Participants may also register for the NVSO at the picnic. All registration for the senior games ends Aug. 24 . You must be at least 50-years-old by Dec. 31, 2018, to compete in the NVSO. To register for the free RSVP picnic or to become a NVSO volunteer, call volunteer specialist Carly Hubicki at 703-403-5360 or visit [www.rsvpnova.org](http://www.rsvpnova.org).

**Evenings on the Ellipse with The Gibson Brothers.** 5:30-7 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Evenings on the Ellipse summer concert series is a family-friendly event featuring a wide range of musical genres. Paradise Springs Winery and The Winery at Bull Run will be providing complimentary tastings; glasses of wine and full bottles available for

purchase. A Farmers Market (2:30-6:30 p.m.) will also be on site selling fresh fruit and savory snacks. Rain or shine. Free. Visit [fairfaxcounty.gov/parks/performances](http://fairfaxcounty.gov/parks/performances).

## FRIDAY/AUG. 3

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638.

## SATURDAY/AUG. 4

**Workhouse Brewfest.** 1-8 p.m. at Workhouse Arts Center, 9518 Workhouse Way, Lorton. More than 30 Virginia craft breweries, artisan distilleries, and Virginia wineries will be on tap at the third annual Workhouse Brewfest, which will also feature live performances by 12 bands, food trucks, access to 12 air-conditioned art galleries and 65 artist studios. Visit [workhousebrewfest.org](http://workhousebrewfest.org) for tickets.

## AUG. 4-SEPT. 2

**Art Exhibit: Free Beer (and other lies).** At Arches Gallery at Workhouse Arts Center, Building 9, 9518 Workhouse Way., Lorton. Featuring works by John Hartt, who is known for his quirky oil paintings which have been described as strangely comforting. His latest kooky collection, “Free Beer (and other lies),” explores some of the concepts and stories surrounding beer, drunkenness and lies as only Hartt can interpret them. Visit [www.workhousearts.org](http://www.workhousearts.org). For more information about John Hartt, visit [www.jortt.com](http://www.jortt.com).

## SUNDAY/AUG. 5

**History Challenge Day.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Choose from a selection of quizzes on a variety of topics for a chance to win a prize. Different versions will be available for all ages and groups and interests. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfax-station.org](http://www.fairfax-station.org), [www.facebook.com/FFXSRR](https://www.facebook.com/FFXSRR), or call 703-425-9225.

**Ballet “Precedence.”** 2 p.m. at Ernst Community Cultural Center, NVCC Annandale Campus, 8333 Little River Turnpike, Annandale. Virginia Ballet Company and School will present a program that includes modern dance, ballet, and flamenco. All seats are reserved, and tickets are priced by location, with orchestra center \$30, orchestra sides \$20, and Balcony \$15 (all plus a \$3 processing fee). Tickets may be purchased at [www.vaballet.org](http://www.vaballet.org) or at the door. Call 703 249-8227.

## TUESDAY/AUG. 7

**Farm to Fairfax Market.** 10 a.m.-2 p.m. at Old Town Square, 10415 North St., Fairfax. The market, will be producers-only – meaning that all vendors at the market may only sell what they raise on their farms or make from scratch using local ingredients as much as possible. May-September, weather permitting. Call 703-385-7893.

**Erin’s Epic Stories.** 10:30 a.m. at Old Town Square, 10415 North St., Fairfax. A variety of children’s activities and entertainment in Old Town Square at the pergola, Tuesdays June-August. Weather permitting. Free. Visit [www.fairfaxva.gov/government/parks-recreation/old-town-square](http://www.fairfaxva.gov/government/parks-recreation/old-town-square).



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**Employment**

3Pillar Global seeks a Senior Systems Administrator in Fairfax, VA to provide insights, risks, concerns, and information to managers that lead to an informed decision. Reqs. MS & 3 yrs exp.; 25% travel req. For further reqs & to apply mail resume to: Jamie Whitacre, 3975 Fair Ridge Drive, Suite 200 South, Fairfax, VA 22033 Ref. Job Title: Senior Systems Administrator, Job ID: 198

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**News**

**Rebuilding Together is honored:**  
From left are Patti Klein, Diana Paguaga, Richard Lindsay, Mayor David Meyer, Amy Marschean, Linda Bufano and Caroline Blakely.



BONNIE HOBBS/  
THE CONNECTION

# Rebuilding Together Honored

FROM PAGE 3

Recognizing the importance and effectiveness of making surprisingly simple, low-cost repairs to correct these hazards, the Commonwealth Council on Aging recently presented Rebuilding Together with its first-place, "Best Practices" award for 2018.

**GIVEN TO A PROGRAM** that helps low-income homeowners age in their homes safely, the competitive award came with a \$5,000 prize funded by Dominion Energy. And Rebuilding Together officials, representatives and volunteers were honored during a ceremony in Old Town Hall in the City of Fairfax.

"We're thrilled to have Rebuilding Together in the City of Fairfax," said Mayor David Meyer.

He recalled how the organization helped fix the home of an elderly Fairfax woman and her son after a contractor she'd hired left it in shambles. Built in 1949, it had sustained serious water and termite damage over the years, so she tried to have it repaired.

But instead, the unscrupulous contractor gutted her house, left it uninhabitable, took her money and disappeared. Her home was then condemned, and she and her son had to rent a basement apartment elsewhere – for nearly two years – while still paying the mortgage in Fairfax.

However, after learning of their plight from the City, Rebuilding Together mobilized a team – with widespread community support and help – and pretty much rebuilt the decimated home from the ground up. Said Meyer: "We were very impressed with what Rebuilding Together did."

Richard Lindsay, chairman of the Best Practices Committee of the Commonwealth Council on Aging, also praised the organization. "Rebuilding Together is an amazing program," he said. "We get a tremendous number of applications [for our Best Practices award], each year. We look at innovation and whether the work is cost-effective and replicable."

He said Rebuilding Together provides a "tremendous service to people unable to make modifications in their homes. These things are critical, and they do it in a short period of time and for a modified cost for older people and the disabled."

"More than one in four older people fall each year – and one in five falls cause serious injuries, such as head injuries and hip fractures," explained Lindsay. "And falls are often followed by disabilities, so these

home repairs are important because they help prevent falls." He then called Rebuilding Together's program "a center for this type of innovative thinking that we need to have more of."

Stepping to the podium, Rebuilding Together Executive Director Patti Klein said, "It's indeed our honor to receive this award." She also thanked Christy Zeitz, executive director of the Fellowship Square Foundation, which nominated the organization for this recognition. The Foundation owns buildings where many low-income, older adults live, and Rebuilding Together's team installed 80 grab bars in their homes.

Caroline Blakely, CEO and president of Rebuilding Together's national organization, said, "We're very proud that we're strong and innovating. The national office and its affiliates – including our Arlington/Fairfax/Falls Church affiliate – created handbooks with scientifically based safety principles for rehabilitating a home."

Noting that more than 65 percent of the people her organization serves are senior citizens and veterans, she said, "I'm so excited that Patti was recognized for the great work she's doing here."

**STARTING IN 2015**, said Klein, her group began concentrating on making 30, standard repairs enabling older residents to remain in their homes safely and in a healthy environment.

They include: Installing double handrails on stairs, improving lighting, installing smoke and carbon-monoxide alarms, providing fire extinguishers, cleaning gutters and downspouts, repairing kitchen and bathroom exhaust fans, fixing defective clothes-dryer vents, sealing cracks and holes, repairing exterior doors and windows to lock securely, vacuuming refrigerator coils and sealing air leaks.

"We focus on four people working four hours and spending about \$400 making quick and specific repairs," said Klein. "We've now done over 75 such projects in three years. We want others to take advantage of the strategies we learned. But we did this as part of our communities and working together with others, including case workers and social workers."

She then thanked Meyer, the City of Fairfax, other people and entities and Rebuilding Together's "talented and passionate staff." Praising all the volunteers and RT Express team leaders, too, she said, "They work with the homeowners, obtain assessments on the homes, get the volunteer workers and do the paperwork. Together, we can do great things throughout the commonwealth."



# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## MENTAL HEALTH SERVICES

**The Fairfax-Falls Church Community Services Board's Merrifield Center** offers a new stand-up information kiosk. Part of a pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and seen by the next available staff member. For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

## VOLUNTEERS NEEDED

**Haven of Northern Virginia** is committed to offering, support, compassion, information and resources to the bereaved and seriously ill. Volunteers provide individual and group support to those suffering from a loss. Volunteers must participate in a 30 hour training. Training will be offered in October 2018. To volunteer, call Haven at 703-941-7000.

**Assistance League of Northern Virginia**, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at [gronbiz@aol.com](mailto:gronbiz@aol.com) or Program Coordinator Lynn Barron at [lynnieb517@verizon.net](mailto:lynnieb517@verizon.net).

## SATURDAY/JULY 28

**Journey Through Grief.** 2-4 p.m. at Haven, 4606 Ravensworth Road, Annandale. Registration requested for Journey Through Grief workshop. Free. Call 703-941-7000, email Haven at [havenofnova@verizon.net](mailto:havenofnova@verizon.net), or visit [www.havenofnova.org](http://www.havenofnova.org).

## TUESDAY/AUG. 7

**Lions Dinner Meeting.** 6:30-8:30 p.m. at American Legion Post 177, 3939 Oak St., Fairfax. Lions Club meets the 1st and 3rd Tuesdays of each month. Guests are welcome to learn about the mission of the Lions Clubs "We Serve," meet club members and learn to help serve the community. Free to first time guests. Email [fairfaxlions@cox.net](mailto:fairfaxlions@cox.net) or visit [www.fairfaxlions.org](http://www.fairfaxlions.org) for more.

## SUNDAY/AUG. 12

**Spiritual Prosperity Workshop.** 1:30-4 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Learn how to make changes in life using spiritual laws of abundance in this workshop with nationally-known author and speaker Edwene Gaines. Workshop is offered on a love offering (donation) basis. Call 703-281-1767 or visit [www.unityoffairfax.org/four-spiritual-laws-prosperity-workshop-s](http://www.unityoffairfax.org/four-spiritual-laws-prosperity-workshop-s) for more.

## AUG. 13-SEPT. 9

**Pool Closure: South Run RECenter.** Four Fairfax County Park Authority RECenter pools will be closing for regular, periodic cleaning and maintenance next month. Consider trying out another county pool during the temporary shutdown. RECenter passes are valid at all nine Park Authority RECenters. Dates are subject to change. Visit [www.fairfaxcounty.gov/parks/recenter](http://www.fairfaxcounty.gov/parks/recenter) for more.

## TUESDAY/AUG. 21

**Lions Dinner Meeting.** 6:30-8:30 p.m. at American Legion Post 177, 3939 Oak St., Fairfax. Lions Club meets the 1st and 3rd Tuesdays of each month. Guests are welcome to learn about the mission of the Lions Clubs "We Serve," meet club members and learn to help serve the community. Free to first time guests. Email [fairfaxlions@cox.net](mailto:fairfaxlions@cox.net) or visit [www.fairfaxlions.org](http://www.fairfaxlions.org) for more.

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<b>Find us on Facebook and become a fan!</b> <b>www.Facebook.com/connectionnewspapers</b> <b>THE CONNECTION</b> Newspapers & Online The Connection to Your Community <a href="http://www.connectionnewspapers.com">www.connectionnewspapers.com</a>		An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>		

## Phoning It In



By KENNETH B. LOURIE

For my next post-scan, face-to-face appointment with my oncologist, we won't in fact be seeing him face to face. Instead, we will be speaking with him phone to phone. This bothers or concerns me not in the least. "I only mention this in passing," ("The Exorcist," 1973) and as a topic for this week's column since I'm being CT-Scanned on Wednesday, July 25.

Typically, we would meet my oncologist in person a week or so after my scan to allow for proper reporting/interpreting of the scan. This appointment would have been made — or attempted to have been made, during the previous face-to-face appointment, three months prior. However, sometimes the computer program managing such scheduling doesn't provide the doctor's schedule so far in advance.

When this happens, the doctor/staff makes a note in the computer's margins, so to speak, to schedule me automatically when the appointments become available. Well, for some reason, that didn't happen this cycle. That became clear to me when, a few weeks before my presumptive appointment, I went online to see when my it had been "computerized." I noticed it hadn't. I immediately called oncology to make inquiries and to schedule this kind-of-important, post-scan appointment.

I spoke with one of the nurses — with whom I'm familiar, and explained my circumstances. She went on the computer, entered my member number and, if I understand the process correctly, typed in something like "next available appointment."

"Aug. 31," she said.

I said "What?? I usually see the doctor the week after my scan."

"That's the next available appointment," she repeated. (I'd mutter "incredible" to myself but I have some prior experience with such blips.)

Stammering as I gathered my thoughts, the nurse casually offered up the chance of a phone appointment. "Sure!," I said, (having received a similar offer once before).

The nurse said "How about Aug. 6?" 12 days post scan and much sooner than Aug. 31. (Normally we try to schedule the follow-up in-office appointment for the following Friday, 10 days after the Wednesday scan which ideally would have been Aug. 3).

"Perfect," I said, since I'm home on Mondays and my wife, Dina, coincidentally had already scheduled that day off from work. (The phone-appointment process involves putting the phone on speaker — so that all parties can participate, and exercising some patience. It's a little awkward but given the appointment unavailability, it's what we have to do.) Not stressing too much about this unexpected set of circumstances, I am now prepared to move forward and hope for the best — results.

The only semi concern I do have is what if the conversation, different than the previous phone-appointment conversation, involves some significant decision-making/discussing about Kenny's life treating forward. If the conversation is potentially life-altering, I'd rather look my oncologist in the eyes rather than hear his voice over the phone.

And, of course, being that there are very few guarantees in the cancer business, there is absolutely no assumption to be presumed that since I'm having a phone appointment that somehow that means all is well with yours truly. Hardly. I haven't even had my scan yet. It simply means that the doctor is already double-booked for the time frame in consideration.

However, on the totally-plus side: There's no 45 minute drive to and from. Once on site, there's no 15- to 20-minute wait in the reception area. Then there's no 10- to 20-minute wait/getting vital in the examining room until my oncologist comes in. And finally, there's no 30- to 45-minute appointment with my oncologist since there's no physical examination and no ability as well to computer-review the actual scan. It's simply questions and answers. This all works perfectly well when the scan shows "stable."

But, what if?

I don't do "what-ifs." I do what I do until I'm told otherwise (that's why I'm a good husband). Moreover, I don't worry about things I can't control. My scan is in 10 days and it will show what it shows.

In the interim, I will hope for the best and await further instructions.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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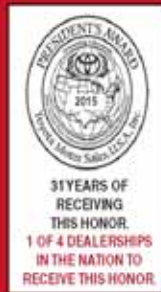
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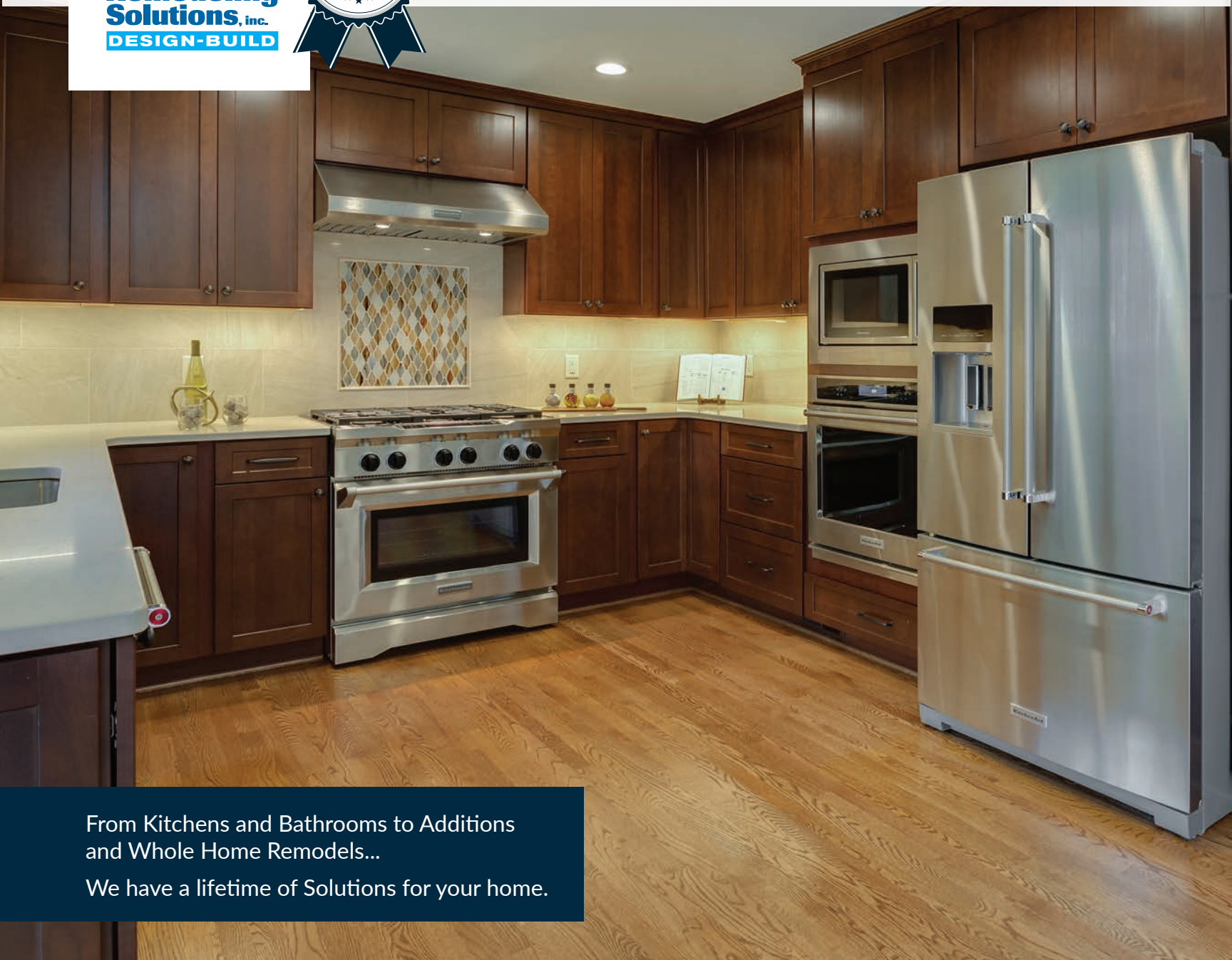
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