

Alexandria Gazette Packet

25 CENTS

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MAY 23, 2024

PHOTOS BY JANET BARNETT/GAZETTE PACKET

Off the Charts

Fundraiser benefits APD camps, K-9s.

BY JEANNE THEISMANN
GAZETTE PACKET

It was the battle of the hometown all stars as dignitaries and residents alike took to the stage for the Karaoke With Cops fundraiser May 19 at Rock It Grill in Old Town.

Sponsored by the Alexandria Police Foundation and presented by Greenhill, the event benefited programs for police officers, kids camps and care for APD K-9s.

"We were thrilled to return to

"I really enjoy the small-town community feeling of this event."

— APF board president Charlotte Hall

Rock It Grill for this fun and memorable event filled with community spirit," said APF board president Charlotte Hall.

Local celebrity battle rounds included Mayor Justin Wilson against AEDP's Stephanie Landrum, retired Sheriff Dana Lawhorne against John Porter, and Chadwick's Restaurant owner Trae Lamond against Bill Blackburn of the HomeGrown Restaurant Group.

Wilson, who is retiring as Mayor, bested Landrum with his rendition of "Take This Job and Shove It," while Lamond, dressing the part,

topped Blackburn singing "I'm Just Ken" from the Barbie movie.

Porter, the popular retired principal of T.C. Williams High School, did his best performing "Smoking In the Boys Room," but was edged out by Lawhorne, who was backed up by Sheriff Sean Casey and Interim Police Chief Raul Pedroso singing "Have You Seen Her?"

"They were all awesome and great sports to help us out," said APF board member Cathy Puskar, who organized the event.

Chief Pedroso was joined by retired APD officer Brunie Cofresi for a spirited rendition of "La Bamba," which was good enough for second place in the group category as judged by the audience. They were bested by City Council members Aliya Gaskins, Sarah Bagley and Del Ray Civic chair Katie Weynick.

"Council members Aliya Gaskins and Sarah Bagley joined with Del Ray Civic chair Katie Weynick and rocked upper King Street like there was no tomorrow," Hall added.

Individual winners judged by the audience included: 1st Prize - Michelle Milben; 2nd Prize - Sophie Puskar; 3rd Prize - Janet Barnett.

"I really enjoy the small-town community feeling of this event," said Hall. "It's a great benefit for our Police Foundation."

www.alexandriapolicefoundation.org



Alexandria Interim Police Chief Raul Pedroso, left, and retired APD officer Brunie Cofresi belt out "La Bamba" at the Karaoke With Cops fundraiser May 19 at Rock It Grill.



Mayor Justin Wilson sings "Take This Job and Shove It" at the Karaoke With Cops fundraiser May 19 at Rock It Grill.



Celine Dutzman holds a photo of her late father Capt. Carl Dutzman at the Karaoke With Cops fundraiser May 19 at Rock It Grill.



Alexandria Police Foundation board president Charlotte Hall, right, with APF board members Deborah Tompkins Johnson and Cathy Puskar at the Karaoke With Cops fundraiser May 19 at Rock It Grill.



Chadwick's Restaurant owner Trae Lamond, left, with Bill Blackburn of HomeGrown Restaurant Group square off at the Karaoke With Cops fundraiser May 19 at Rock It Grill.



Alexandria Police Foundation board president Charlotte Hall, left, with John Porter at the Karaoke With Cops fundraiser May 19 at Rock It Grill.



Retired Sheriff Dana Lawhorne, right, with back up singers that included Interim Police Chief Raul Pedroso and Sheriff Sean Casey, left, belts out "Have You Seen Her" at the Karaoke with Cops fundraiser May 19 at Rock It Grill.

Nothing compares to what's next.



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Remembering Rocky

West Point '59 classmates
visit Versace Plaza in Del Ray.

BY JEANNE THEISMANN
GAZETTE PACKET

Members of the West Point Class of 1959 gathered recently for a reunion in the DC area, making a special visit to pay their respects to their fallen classmate, Vietnam War Medal of Honor recipient Capt. Humbert "Rocky" Versace.

The group made a visit to Alexandria's Capt. Rocky Versace Plaza and Vietnam Veterans Memorial, located in Del Ray just blocks from where Versace grew up. The attendees included the West Point graduates along with their spouses and family members.

Friends of Rocky Versace representative Kevin Rue welcomed the attendees, providing a tour of the memorial along with its history. Some of those on-hand were present in July 2002 for the unveiling of the Versace statue and dedication of the plaza located in front of the Mount Vernon Recreation Center on Commonwealth Avenue. Many also attended the posthumous Medal of Honor Ceremony for Versace in the White House on July 8, 2002.

The Alexandria-based veterans' organization, the Friends of Rocky Versace, briefed the USMA classmates on the effort that began in 1999 to remember Versace and hon-



PHOTOS BY CONTRIBUTED

Members of the West Point class of 1959 are joined by their spouses and children during a visit to the Capt. Rocky Versace Plaza and Vietnam Memorial April 27 in Del Ray. Versace, a Medal of Honor recipient and Vietnam War POW/MIA, was a 1959 West Point graduate.

Vietnam War Veterans Plaque Dedication

Veterans of Foreign Wars Post 609 and American Legion Post 24, in partnership with the Office of Historic Alexandria, are memorializing Alexandrians who lost their lives in the Vietnam War with a plaque dedication ceremony on Memorial Day, Monday, May 27. The plaque will be installed at the city's Monument to its War Dead, located at Alexandria Union Station, 110 Callahan Drive.

"We must honor the bravery and sacrifice of our Vietnam War Veterans," said director of the Office of Historic Alexandria, Gretchen Bulova. "These new plaques serve as a permanent reminder of their service and our gratitude."

Officials will re-dedicate the "1940 Alexandria Monument to the City's War Dead in All Wars" and unveil the plaque honoring the City's 68 Veterans who died in the Vietnam War.

The memorial will take place at 9 a.m. rain or shine.

A second duplicate Vietnam War Veteran name plaque will be dedicated on the wall of the Gadsby's Tavern building at 400 Cameron Street on June 14 (Flag Day) at 6 p.m.

or the city's fallen heroes from the Vietnam War.

Rue emphasized the critical role played by then-city councilman David Speck, who guided the proposed memorial through the planning and approval process. He also pointed out the addition of the name of MIA 1LT Lawrence E. Lilly on the memorial benches in November 2018 and the information signs placed at the entrances to the Plaza in May 2021.

Both of these recent enhancements were made possible by Alexandria Recreation,



Medal of Honor recipient Humbert "Rocky" Versace as a cadet at West Point.

Parks and Cultural Activities Department Chief James Spengler, whose brother Capt. Henry Spengler was killed in Vietnam, and supervised by the Recreation Center Director, Elsie Akinbobola. In addition

to their visit to the Versace Plaza during their 65th reunion, the West Point classmates toured the National Museum of the U.S. Army on Fort Belvoir. A briefing on the "State of West Point" by USMA officials, a Memorial Service at the Fort Myer Chapel, as well as a farewell class dinner with entertainment by the West Point Alumni Glee Club were part of the reunion weekend.

The Capt. Rocky Versace Plaza and Vietnam Veterans Memorial will hold its annual Memorial Day ceremony Monday, May 27, at 11 a.m.



Friends of Rocky Versace representative Kevin Rue, left, greets classmates of Capt. Humbert "Rocky" Versace during a West Point class of 1959 reunion April 27 in Del Ray.



Congressman Don Beyer (D-8), left, addresses the crowd at the annual Flag Raising ceremony May 19 at the Old Dominion Boat Club. With him are ODBC president Steve Forehand and Commodore Art Barletta.



Army veteran and retired District of Maryland U.S. Marshall Johnny Hughes, right, raises the U.S. flag at the annual Flag Raising ceremony May 19 at the Old Dominion Boat Club. Looking on is ODBC Commodore Art Barletta.

Fair Winds and Following Seas

PHOTOS BY
JANET BARNETT/
GAZETTE PACKET

ODBC marks opening of boating season.

BY JEANNE THEISMANN
GAZETTE PACKET

The Old Dominion Boat Club, a waterfront institution in Alexandria since 1880, celebrated the start of the boating season with its annual flag raising ceremony May 19 along the Potomac River.

ODBC Commodore Art Barletta presided over the celebration at the foot of the club's mast, where the U.S., Virginia, and City of Alexandria flags were hoisted along with the organization's signature burgee.

U.S. Rep. Don Beyer (D-8) was on hand to raise the Commonwealth of Virginia flag with Mayor Justin Wilson hoisting the City of Alexandria flag.

The ceremony opened with the singing of the National Anthem by Keith Harmon and invocation by Rev. Edward Hathaway of the Basilica of Saint Mary. "Fair Winds and Following Seas" was the nautical blessing for safety during the boating season.

In addition to Wilson, dignitaries in attendance included Vice Mayor Amy Jackson and Council members Alyia Gaskins, Sarah Bagley, Canek Aguirre and Kirk McPike.

Now celebrating its 144th year, the organization was formed with a mission of "the promotion of charitable, community service, athletic, water-related activities and fellowship among its members." With more than 1,000 members, it is the second largest Boat Club in the state of Virginia.



With plumes of water from the Alexandria and D.C. fireboats in the background, ODBC president Steve Forehand raises the organization's burgee May 19 at the Old Dominion Boat Club.

The ODBC flag raising is a longstanding tradition in which the organization publicly shows its appreciation for "our city, our state and our country."

The Old Dominion Boat Club Foundation was established to carry out the philanthropic goals of the ODBC and has provided sup-



Attendees listen to remarks at the annual Flag Raising of the Old Dominion Boat Club May 19 along the Potomac River.

port to: the Scholarship Fund of Alexandria, Alexandria Crew Boosters, Campagna Center, Marine Toys for Tots, Alexandria Seaport Foundation, Alexandria Sportsman's Club, Potomac Conservancy, Potomac Riverkeepers Network, Leukemia & Lymphoma Society, and Sea Scout Ship 818.

Joining Beyer and Wilson in the ceremony were U.S. Army veteran and retired District of Maryland U.S. Marshall John-

ny Hughes, who raised the U.S. flag, and ODBC president Steve Forehand, who raised the ODBC burgee.

As each flag was run up the mast, former commodore Tom Whalen fired the club's signaling cannon. Just offshore, Alexandria and D.C. fireboats sent plumes of water skyward in a water demonstration marking the event.

www.olddominionboatclub.com

www.connectionnewspapers.com

NEWS BRIEFS

Share Your Experiences With Extreme Heat

The City of Alexandria is collaborating with George Mason University on a study of extreme heat and public health in Alexandria.

To help us learn more about community members' experiences, please consider completing this 30-question survey, which will help Mason's Virginia Climate Center study the way extreme heat episodes affect Alexandrians. This anonymous survey is open to any adult aged 18 or older who lives in Alexandria and should take around 15 minutes to complete. Your input is greatly appreciated!

For more information, contact the principal investigator for this project, Dr. MB Mitcham at mmitcha2@gmu.edu.

If you prefer communication in another language, free interpretation and translation services are available.. Please email LanguageAccess@alexandriava.gov or call 703.746.3960.

In Search of New Police Chief

The City of Alexandria has hired the International Association of Chiefs of Police to conduct an open, competitive search, which will begin with an online feedback form open only through May 31.

"We want to hear from the community as we work to identify the best candidate to lead the Alexandria Police Department," said City Manager James F. Parajon. "This process is beginning with an opportunity for feedback, because we want to make sure our candidates best align with our community's values."

The feedback form will be open through May 31. Participation is voluntary, and responses are confidential. The feedback form will take less than 5 minutes to complete.

The feedback form can be found using the following links:

- ❖ English
- ❖ Spanish
- ❖ Arabic
- ❖ Amharic

For more information about the process, please contact the IACP search team at AlexandriaVA@theIACP.org.

For reasonable disability accommodation, contact Gerry Dineros at Gerry.Dineros@alexandriava.gov, 703.746.3970, Virginia Relay 711.

Early Voting for June 18 Dual Primary

Early voting is underway for the June 18, 2024, Dual Primary Election in the City of Alexandria. The ballot will include contests for either the Democratic nominations for Mayor and City Council or Republican nomination for United States Senate. In a Dual Primary Election, qualified voters may vote in either

Primary, but not both. They must indicate their choice to the Pollbook officer and may not be challenged on their choice.

All registered voters in Virginia are eligible to vote by mail or in person.

VOTING IN PERSON

The deadline to vote early is Saturday, June 15, at 5 p.m. You can vote in person:

Office of Voter Registration & Elections, 132 N. Royal St., Suite 100

❖ Open Monday through Friday, 8 a.m. - 5 p.m. through June 14

❖ Closed Monday, May 27, 2024

Additional and Extended Hours:

❖ Saturday, June 8, 8 a.m. - 5 p.m.

❖ Sunday, June 9, 11 a.m.-3 p.m.

❖ Monday, June 10, 8 a.m.-7 p.m.

❖ Tuesday, June 11, 8 a.m.-7 p.m.

❖ Wednesday, June 12, 8 a.m.-7 p.m.

❖ Thursday, June 13, 8 a.m.-7 p.m.

❖ Saturday, June 15, 8 a.m.-5 p.m.

VOTING BY MAIL

Applications to request a mail-in ballot must be received in the Office of Voter Registration & Elections by 5 p.m., Friday, June 7. Access an application in one of the following ways:

❖ By visiting vote.elections.virginia.gov to submit an application online.

❖ By downloading the application available on the City's Elections webpage.

❖ By calling Voter Registration & Elections at 703.746.4050 to request that an application is mailed to you.

Completed ballots must be either returned to the Office of Voter Registration & Elections by 7 p.m. on Tuesday, June 18, or postmarked by June 18 and received in the office by noon on Friday, June 21. To vote in person, an application is not required. Applications should not be submitted before voting in person.

BALLOT DROP BOXES

Ballot drop boxes will be available at all polling places on June 18, from 6 a.m. to 7 p.m. A secure outdoor drop box, under video surveillance, is available in front of the Office of Voter Registration & Elections, 24 hours a day, through June 18 at 7 p.m.

REGISTERING TO VOTE

The deadline for the normal registration period for the June 18, 2024, Dual Primary Election is May 28. The Same Day Registration period begins May 29 and runs through Primary Election Day, June 18, 2024. Visit vote.elections.virginia.gov to register, check registration status, or update an existing registration.

Visit alexandriava.gov/Elections for complete election information, including voter registration requirements, sample ballots, precinct maps and ID requirements.

For more information, contact the Office of Voter Registration & Elections at voters@alexandriava.gov or 703.746.4050.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

WANT TO BE A CHANGE-MAKER?

A shout-out to young people who are aspirational change-makers is wanted in a new youth-led initiative to help address high rates of illiteracy within the

community. The Youth Ambassador role in Alexandria provides a young person with a platform to advocate and talk about the falling rates of reading skills and create increased community education and awareness about the vital importance of foundational literacy skills for lifelong benefits. Registration for the Youth Ambassador Program is now available. The 4-month youth leadership development initiative will provide training and support, plus connection to 600 other young

people around the world. Email: Ambassador@worldliteracyfoundation.org

VOLUNTEERS WANTED

ALIVE! Volunteers are needed to assist with multiple programs relating to their Food Program, ALIVE! House, and Alexandria Eviction Prevention Partnership Program will distribute food at Mobile Pop-ups and Truck to Trunk events, etc. <https://www.volunteeralx.com>

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Cars line the streets of Alexandria for the fifth annual Festival of Speed and Style May 19 in Old Town.



Larry Reaves in front of his 1941 Ford Super Deluxe two-door sedan.



Cars line the streets of Alexandria for the fifth annual Festival of Speed and Style May 19 in Old Town.

Takin' It to the Streets

Festival of Speed and Style returns to Old Town.

Fans of fast cars and sleek fashion converged on the streets of Alexandria as the fifth annual Old Town Festival of Speed and Style returned May 19 along King Street.

Tens of thousands of people were on hand to view more than 100 rare and exotic supercars and motorcycles from around the world.

Larry Reaves of Reston was one of the many car owners at the festival.

"This is a 1941 Super Deluxe Ford 2-Door Sedan," Reaves said. "It is a very special car. It is a pre-war car – no cars were being made up through around 1946 because of the war. The original color was a light green but the previous owner had it restored."

The event celebrates the speed and performance of exotic sports cars while emphasizing their design and style. A fashion show featured models dressed to match the style and elegance of the various cars on display.

"I've had my car for about a year but have decided to sell it," Reaves added. "I already bought a Corvette to replace it."

Presented by Burke & Herbert Bank, all proceeds from the event benefit ALIVE! and Community Lodgings.

www.festivalofspeedandstyle.com

— JEANNE THEISMANN

PHOTOS BY JANET BARNETT/
GAZETTE PACKET



Burke & Herbert Bank's mascot Runyon gives a hug to an attendee at the Festival of Speed and Style May 19 in Old Town.



Jon Miller, left, with Jason Yates of Yates Automotive.



A young kid checks out one of the cars on display on King Street.



Visitors admire a car on display as part of the May 19 Festival of Speed and Style.



An antique car is parked in front of Market Square during the Festival of Speed and Style May 19 in Old Town.



PHOTO BY ROBERT SMITH

George Washington Memorial Parkway Superintendent Charles Cuvelier hosted a ribbon cutting on May 19 for the bridge across Dyke Marsh on the Mount Vernon Trail, a bridge that replaces one that was nearing the end of its useful life. Glenda Booth, Supervisor Dan Storck (in yellow with bike helmet) and U.S. Rep. Don Beyer (in blue shirt) joined in.

Bridge 23 Reopens on the Mount Vernon Trail

During a ribbon-cutting ceremony on May 19, the National Park Service (NPS) officially reopened Bridge 23 on the Mount Vernon Trail, located within the Dyke Marsh Wildlife Preserve. Cyclists and pedestrians can now safely use the newly reconstructed bridge, which was damaged from prior floods.

Overlooking the wetland and out to the Potomac River, the 1,070-foot-long bridge is a popular site for studying marsh life like wetland plants, birds, dragonflies and other wildlife in the Dyke Marsh Wildlife Preserve.

Construction for Bridge 23 began in the summer of 2023, following the completion of neighboring Bridge 24. The NPS worked closely with community partners throughout the design and construction phases. The NPS replaced and widened Bridge 23, added new pedestrian safe handrails and an updated bench and overlook.

The National Park Service closed one of the northbound lanes on the south GW Memorial Parkway for a year during construction to divert the Mount Vernon Trail onto the road and replace the bridge. This caused some backups on the Parkway most weekdays. NPS officials say that these barriers will be removed in the coming weeks.

The bridge was constructed using an innovative method to minimize the footprint of the project and to prevent harm to the underlying marsh ecosystem. Each bridge section was built individually, with construction equipment on top of the previously installed sections. To eliminate the need for construction equipment to drive over the marsh, new sections were then added from the top of the bridge, bypass-



PHOTO BY GLENDA BOOTH

Bikers and walkers began to use newly-opened Bridge 23 immediately.

ing the standard approach of building up from the bottom.

The project was partially funded through President Biden's Bipartisan Infrastructure Law, and in partnership with the Federal Highway Administration.

Mount Vernon Trail is an 18-mile paved multi-use trail stretching from George Washington's Mount Vernon Estate to Theodore Roosevelt Island and is enjoyed by millions of visitors every year. The trail is a hub for recreational activity and connects with regional trails including the Potomac Heritage National Scenic Trail, Custis Trail, Rock Creek Park Multi-Use Trail, Four Mile Run Trail and Woodrow Wilson Bridge Trail.

The Infrastructure Investment and Jobs Act, also known as the Bipartisan Infrastructure Law, is a \$1 trillion investment in America's infrastructure and the single largest investment in road and bridge repair and reconstruction since the interstate highway system was built. The law allows the NPS to make strategic and significant investments to repair critical infrastructure as well as enhance conservation and recreation opportunities.

ENTERTAINMENT



The Mount Vernon Flea Market and Arts and Crafts Fair takes place on Saturday, May 25, 2024 at the Mount Vernon Masonic Lodge.



A Sunset Concert with Soulfire takes place on Thursday, May 30, 2024 at River Farm in Alexandria.

POTOMAC HARMONY OFFERS HARMONY & LEARNING!

School may be out in June, but the learning gets started on Wednesday nights at Potomac Harmony chorus rehearsals! Learn the art of 4-part harmony treble singing while experiencing the joy of ringing chords! Together, guests and members will rehearse new music and create harmonies lead by the expertise of our talented director Allison Lynskey. Potomac Harmony members are women and nonbinary individuals from all walks of life, live around the DMV, and have various levels of musical and singing experience. Rehearsals are Wednesday evenings, 7-9 p.m., at The View Alexandria, 5000 Fairbanks Avenue, Alexandria. Questions? Contact Jackie Bottash, backrowlead@aol.com.

WEDNESDAYS THROUGH SATURDAYS

Tours Aboard Tall Ship Providence and Sen. John Warner Maritime Heritage Center. 10 a.m. to 5 p.m. At Alexandria's Waterfront Park, 1A Prince Street, Alexandria. Guests of all ages are recruited into the Continental Navy aboard Tall Ship Providence with legendary Captain John Paul Jones. Recruits are assigned jobs on the ship, learn where they will work and live, how to load a cannon, etc... Tours conclude in the Naval History Theatre with a film about the ship. The Heritage center is a floating museum on the Alexandria waterfront. Visit <https://tallshipprovidence.org/>

MAY 3 TO JUNE 2

"The Art of Tea" exhibit at Del Ray Artisans gallery features art that explores themes and stories woven around this aromatic beverage. From tea cups and tea pots to the Mad Hatter or Boston Tea Party, this exhibit intrigues and delights. Del Ray Artisans Gallery, 2704 Mount Vernon Avenue, Alexandria VA. Reception: Friday, May 3, 7-9pm. Open Thursdays 12-6pm, Fridays 12-9pm, Saturdays & Sundays 12-6pm (June 2, 12-4pm). DelRayArtisans.org/exhibits

THURSDAY/MAY 23

Book Talk. At George Washington's Mount Vernon Estate, Mount Vernon. Hear from historian Talmage Boston on his new book, *How the Best Did It: Leadership Lessons from our Top Presidents*, on May 23rd. This book offers an insight-

ful explanation of how the most important leadership traits from America's eight greatest presidents can be implemented by today's leaders.

SATURDAY/MAY 25

Mount Vernon Flea Market and Arts and Crafts Fair. 8 a.m. to 1:30 p.m. At Mount Vernon Masonic Lodge #219, 8717 Fort Hunt Road, Alexandria. Up to 45 vendors, inside and outside, great variety, refreshments on site and inside the lodge. Crafters, Artisans, Antique, Vintage, Collectibles, and neighbors downsizing with practical items/household, furniture, misc. This event takes place every third Saturday of the month from March to December. Next Dates: May 25, June 15, July 20, August 17, September 21, October 19, November 16, December 21 (+ bonus holiday market Dec 7 or 14). Visit the website: <https://mountvernonflea-market.wordpress.com/>

SATURDAY/MAY 25

Singer Kate Campbell. 7:30 p.m. At St. Aidan's Episcopal Church, 8531 Riverside Road, Alexandria. Kate Campbell is a southern singer-songwriter who writes and sings memorable folk songs infused with undercurrents of delta blues, folk, pop, and country that originate from a musical landscape spanning the less-traveled back roads from Nashville to Muscle Shoals to Memphis. Over the course of 20+ years since her acclaimed debut album *Songs from the Levee*, she has resisted the temptation to follow musical trends but instead chooses to set the pace for her unique musical journey. Advance tickets \$25 at www.focusmusic.org, day-of \$30 (member / congregation as-applicable \$25 at the door) | webcast \$15 | Info: at rob@focusmusic.org or www.focusmusic.org.

THURSDAY/MAY 30

Sunset Concert with Soulfire. 6-8 p.m. At River Farm, 7931 E. Boulevard Dr., Alexandria. Get ready for a soulful evening to remember as the captivating band Soulfire takes the stage at River Farm, headquarters of the American Horticultural Society (AHS). This outdoor family-friendly concert promises an unforgettable evening of music, nature, and stunning views overlooking the Potomac River. The event is free. Donations are appreciated. Parking fee is \$20. For more information and to purchase

parking in advance, visit www.ahsgardening.org/sunsetconcert. For more information, call (703) 768-5700 ext. 114 or visit www.ahsgardening.org.

SATURDAY/JUNE 1

Dans Un Bois Solitaire. Songs by Mozart, Schubert, Fauré, Debussy, and Ravel. 6:30 p.m. At The Athenaeum, Alexandria. Join 28 Chairs concerts at the Athenaeum for a vocal recital of beloved and lesser-known art songs, performed by acclaimed French mezzo-soprano Anna Reinhold and accompanied by twice-Grammy-nominated keyboard artist Jory Vinikour on piano. One-hour program followed by a French wine, cheese and chocolate celebration with the artists.

SATURDAY/JUNE 1

Used Book Sale: 10 a.m. – 4 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane, Alexandria. Selection of over 20,000 gently used children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs and large paperbacks, and 25 cents for mass market paperbacks. Visit <https://www.fair-faxcounty.gov/library/branches/friends-of-sherwood-regional>.

SUNDAY/JUNE 2

15th Annual Taste of Del Ray. 1-3 p.m. At Mount Vernon Recreation Center fields. Ticket holders will enjoy a wide range of tastes from top Del Ray restaurants and can cast their votes for the People's Choice award. A VIP ticket option will also be offered, giving foodies the first bites! A VIP wine tasting will take place at the Del Ray Artisans gallery from 11:30 a.m. to 1 p.m., with early admission to the food festival starting at 12 p.m. Taste of Del Ray is sponsored by the Del Ray Business Association. For more information, visit visitdel-ray.com.

THURSDAY/JUNE 6

Celebrating 50 years of Guest House. 7-10 p.m. At ALX Community Atrium Rooftop, 277 S. Washington Street, Alexandria. Mocktails, music and memories. Join them as they celebrate 50 years of achievements helping 5,000 women reclaim their lives. This year's gala promises to be an evening filled with laughter, joy, and heartwarming moments as

we come together to support the incredible work of Friends of Guest House. With live music, delicious hors d'oeuvres, and captivating company, it's an event you won't want to miss!

JUNE 6 TO AUG. 26

"Nature's Spirit." Nina Tisara's mosaics and Steven Halperson's photographs and etched copper will be exhibited in the Estate House at River Farm, 7931 East Boulevard Drive, Alexandria. The public is invited to an Opening Reception on Sunday, June 23, 2-4 p.m. (RSVP: ninat@ninatisara.com). The Estate House is open to the public 9 a.m.-5 p.m., Monday - Friday and 9 a.m. – 1 p.m. on Saturdays. Since the Estate House will occasionally close for rental events the public is encouraged to call 703-768-5780, ext. 137, to be certain the exhibit is open for viewing.

JUNE 7-30

"All About Love" exhibit. At Del Ray Artisans Gallery, 2704 Mount Vernon Ave., Alexandria. Features art that explores love broadly: romantic love, love of family, love of pets, strong friendships, etc. Works by dozens of local artists will be on display and available for sale. Opening Reception: Friday, June 7, 7-9 p.m. Open Thursdays 12-6 p.m., Fridays 12-9 p.m., Saturdays & Sundays 12-6 p.m. DelRayArtisans.org/exhibits

SATURDAY/JUNE 8

Summer Huzzah. At George Washington's Mount Vernon Estate. Experience 18th-century life at the Summer Huzzah. This summer evening offers 18th-century entertainment, food, music, and more. A special VIP experience includes food and whiskey tastings.

SATURDAY/JUNE 8

Old Town Alexandria Arts & Crafts Fair. 10 a.m. – 6 p.m. At Waterfront Park, 1 Prince Street, Alexandria. Volunteer Alexandria is thrilled to present the Old Town Arts & Crafts Fair on June 8, 2024, at Waterfront Park located at 1 Prince Street on the Potomac River. The fair is free to attend and features local and regional artisans who showcase their pieces across various mediums including pottery, stationary, fabrics, paintings, jewelry, photography and more. Featuring more than 80-plus vendors including food and drink to purchase.

SATURDAY/JUNE 15

Columbia Pike Blues Festival. 1-8 p.m. At the intersection of South Walter Reed Drive and Columbia Pike in Arlington. This year the Festival celebrates women in blues with a lineup of all-women-fronted bands offering a full array of blues, R&B, and funk performers of national and regional note that includes: headliner Bette Smith, Eden Brent, Mama Moon & the Rump Shakers; The Stacy Brooks Band and the Honeylarks.

THE BIRCHMERE

At 3701 Mount Vernon Ave., Alexandria. All shows are at 7:30 p.m., unless otherwise noted. Tickets available at Ticketmaster.com. Contact The Birchmere at 703-549-7500 or www.Birchmere.com.

MAY

Thu. 23: Ruth Moody (of The Wailin' Jennys) \$35.00
Fri. 24: Chante' Moore \$79.50 SOLD OUT!
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Sun. 26: Maggie Rose: No One Gets Out Alive Tour w/ Fancy Hagood \$29.50
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Sat. 1: The Smithereens with Marshall Crenshaw \$45.00
Sun. 2: WMAL Free Speech Forum -7pm- \$55.00 SOLD OUT!
Tue. 4: The Allman Betts Band w/ J.D. Simo \$59.50 SOLD OUT!
Wed. 5: China Forbes (of Pink Martini) w/ Duo Caliente \$35.00
Fri. 7: Bill Kirchen & Too Much Fun and Dale Watson & The Lone Stars \$39.50
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Fri. 21: Tarsha Fitzgerald Prod. Presents Voices of Motown 'Anniversary Show' \$39.50
Sat. 22: Judy Collins w/ Oakland Rain \$59.50

WAPF Meeting on Thyroid Function

By Shirley Ruhe
Gazette Packet

Shep Saltzman's topic for his Weston A. Price Foundation (WAPF) presentation May 19 was Thyroid Function but his bottom line was, "You can't cookie cutter people. You have to get to know them because everyone is different and what works for one person doesn't work for another. There are so many patterns; it takes finesse to figure it out. I am very thorough."

In addition to discussion about thyroid function, there was an extended question and answer session about iodine deficiency.

Saltzman has been a registered nurse since 1973. He is a licensed acupuncturist, certified Chinese herbalist and became a family nurse practitioner with a Master's Degree in 2022.

The group attending the discussion were members of local chapters of the Weston A. Price Foundation. Audrey sits by the front door greeting visitors despite spending almost two hours in urgent care that morning after breaking her arm, she said. "Couldn't miss this."



About 30 members of the Alexandria chapter of the Weston A. Price Foundation meet to hear discussion focusing on low thyroid.

Hilda Gore runs Wise Traditions, the WAPF international weekly Monday podcast.

"We're in the top 100 in health and nutrition podcasts on Apple," Gore said. "I have been doing a series on cholesterol. Tomorrow's session is Nurturing Our Sons."

Alana Sugar, co-leader of the Alexandria chapter of the Weston A. Price Foundation and a nutritionist, shared her own journey to find worked for her particular body.

Janice Curtin, who is Alexandria WAPF chapter leader says, "The Foundation is dedicated to restoring

nutrient dense foods to the American diet through education, research, and activism. ... There are many popular diets today, but on this diet you can eat all traditional nutrient dense foods, properly prepared."

For more information: www.westonaprice.org.



Shep Saltzman discusses the complexities of thyroid function on Sunday, May 19 at the home of a Weston A. Price Foundation member.



Janice Curtin, Alexandria chapter leader for the Weston A. Price Foundation introduces Shep Saltzman, a nurse practitioner with an office in Reston whose topic for their Sunday meeting is low thyroid function.

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c/o Channing J. Martin
P.O. Box 1320
Richmond, VA 23218-1320
Information regarding this notice may be obtained by contacting Channing Martin at (804) 420-6422.

Legals

LEGAL NOTICE

Notice is hereby given to members of the American Society of Clinical Oncology and the Association for Clinical Oncology that their Annual Business Meetings will be held in Chicago, IL, in room S103 of the McCormick Place Convention Center, 2301 S. Dr. Martin Luther King Jr. (MLK) Drive, Chicago, IL, on Monday, June 3, 2024 at 12:00PM U.S. Central Time. Members with questions can email ascogovernance@asco.org.

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Obituary



Robert (Bob) Otto Bothwell died on May 7, 2024, of complications from Lewy Body Dementia. Bothwell was the first Executive Director of the National Committee for Responsive Philanthropy (NCRP) a role he served in for 22 years. NCRP's website says: "For more than three decades, the National Committee for Responsive Philanthropy has served as an advocate for nonprofits, a watchdog of foundations, an advisor to government, and a resource for the media. Through its efforts, NCRP continues to show the tremendous need for accountability, transparency, and dedication to social justice within the philanthropic sector."

Under Bothwell's direction, NCRP organized alternative community funds to compete with local United Ways to give more charities access to cost-effective workplace giving. Bothwell successfully organized a powerful 12-year coalition to open the Combined Federal Campaign for advocacy and social justice organizations. Congresswoman Pat Schroeder (D-CO) and Congressmen Barney Frank (D-MA) and Steny Hoyer (D-MD) were instrumental in this major win. In addition to creating alternative funds, NCRP-like coalitions were established in the US, Canada, Japan, and Bulgaria, to advocate for changes to the giving patterns of regional, state, and local foundations, United Ways, and governments.

Bothwell was an outspoken critic of traditional foundations and corporate grant-making. The joke about Bob Bothwell was that he was willing to "bite the hand that fed him" and on many occasions he did just that. During Bothwell's tenure, NCRP issued over 40 reports backed by intensive research on grant-making to nontraditional charities, and the rise of conservative think tanks at the state and local level. Many of NCRP's early predictions about these think tanks have played out in the last 20 years with a rise in conservative-driven gerrymandering and Republican control of state legislatures.

Bothwell was notorious for his temper and willingness to broach subjects that were considered taboo in the sometimes-hot house world of philanthropy. A list of NCRP's board of directors in 1981 is a "Who's Who" of social justice advocates across the spectrum, from Grey Panthers, to gay, women, and civil rights activists and organizers; NCRP was a powerful voice. Bothwell was a passionate believer in civil society, after leaving NCRP, he worked with US Supporters of Civil Society in Russia (funded in part by Alexi Navalny), along with Youth Today and Plexus.

Bothwell served in the US Navy after being in ROTC and resigned his commission in protest over the Vietnam War in 1965. In his later years, Bothwell recalled his time in the Navy quite fondly. Born in Cincinnati, OH, on September 17, 1937, Bothwell graduated from Western Hills High School as "Best Boy" as voted by the faculty for his combination of scholarship, athleticism, and community service. Bothwell was the city-wide tennis champion in Cincinnati in 1953 and the runner-up in 1955. Bothwell earned a BA in political science from Ohio State University, where he played varsity tennis all four years. Bothwell subsequently earned an MS in political science at Indiana University.

Out of graduate school, Bothwell did stints at NASA, then moved to the Office of Economic Opportunity (OEO) where his latent passion for supporting the marginalized, the poor, and the excluded ignited. At OEO, Bob worked closely with newly formed Community Action Agencies (CAAs) in several of the poorest counties in rural Eastern Kentucky and in Louisville, pushing them to involve and empower low-income residents. Countering resistance from one CAA, Bob designed and processed the first OEO grant ever made directly to a low-income grassroots group that sought to influence the CAA.

After stints with the National Urban Coalition and working on school finance reform to ensure poor children would no longer be marginalized, Bob became the first Executive Director of NCRP, a post he held for over 22 years. Bob's papers from NCRP are housed in the Archives of the Library at Indiana University.

In retirement, Bob continued his public service, feeding the homeless in Alexandria at The Carpenter's Shelter with his daughter, Maria, and his son-in-law, Jeff. In 2016, residents at the shelter nominated Maria and Bob to be the "shelter's team" for a benefit cookoff with over 20 restaurants in Alexandria. Ever fierce competitors, Maria, Bob, Jeff, and Suzy and Dave Slade won the Honorary Grand Prize of the competition as Café Carpenter.

Bob is survived by his wife of 42 years, Sharon Benjamin-Bothwell, PhD, his daughter, Maria Bothwell, son-in-law, Jeff Kline, daughter-in-law, Laurie Bothwell, MD, son-in-law, Keith Burgess, grandchildren, Max Kline and Amelia Bothwell, his sister Joyce Buch and her husband Mark Buch, and a host of nieces and nephews. Bob is predeceased by his son, Thomas Bothwell (2002), first wife Jill Schrote Pfeifer (2009), older brother, Harry Bothwell (2004), and sister Gloria Bothwell (1935). Bob loved dogs and lived with many, most notably, nine Irish Wolfhounds.

A memorial service will be held at the Athenaeum in Alexandria on June 3, 2024, at 11:00AM. There will be a private interment later.

In lieu of flowers, the family requests donations be made in Bob's honor to the Carpenter's Shelter in Alexandria, VA.

Obituary

"Drill Baby, Drill" ...



By KENNETH B. LOURIE

... is not what I was telling my dentist recently – during multiple visits (I use that term lightly). After years of dental neglect, I've finally had "some work done," as they say. And if I were to be saying anything, it would have been "pull, doctor, pull." But given the number of teeth extracted over two four-hour appointments, the dentist didn't need any encouragement from me. He was quite clear and determined to pull all the teeth fit to be removed. The number might have totaled a baker's dozen before all was "Novocained" and pulled.

This dental journey began with Dr. Frimm in Newton Centre, Ma. He was the family dentist that tended to all the Louries. From a young age then I was indoctrinated into the world/need for dentistry. Fast forward to the last few years. I had continued to be a regular visitor to the dentist until my long-time adult-era dentist died somewhat unexpectedly at his age 72. Though the practice sent out an email announcing his death, there were no referrals included. I was, in effect, set adrift-ish. As a result, me and my teeth were left to fend for themselves. With no more electronic reminders from a dentist, I had no reason/reminder to schedule an appointment with the dentist, if you know what I mean (barring any immediate teeth issues: crowns, root canals, sensitivity to hold or cold, et. cetera)?

As you might imagine, my teeth and gums suffered accordingly. The lack of enamel that finally broke Kenny's resistance was the failure of a main tooth (three from the center on the top left) to hold its respective place. If it were Halloween, I would have had the perfect look to go as a hockey player. I wouldn't say I looked like "The Great Eight," when he has his game face on (I believe his missing tooth is on the upper right); nevertheless, since it's not Halloween, the toothless look is not what I was after. Moreover, with crowns missing their tops and other teeth issues: teeth missing, teeth cracked) and the difficulty eating as I didn't have enough teeth – top or bottom to masticate (grind and chew) my food into small enough pieces, it was, as my late mother would say: "Enough already." Combine that with the dry-throat side effect from my cancer medicine and eating/swallowing not only became a challenge, it also became a fear, as food occasionally would get stuck in my throat. That meant of course, no air and no breathing, very scary. (It only needs to happen once before you know you never want it to happen again, so you begin to take precautions. After years of miscellaneous precautions, a visit to the dentist became an inevitability.)

I'm not exactly a shell of my former self but eating had taken on an entire new modus operandi. It was no longer about pleasure, it became more about avoiding pain – and death, if you want to know the truth? Death caused-by-blockage. Because I might not have had the required amount of patience – and teeth, quite frankly, while eating (trying to eat slowly and chew my food), I often ended up swallowing larger pieces of food that my mouth/throat couldn't quite handle. Soon, it became obvious, even to me that I couldn't ever take a bite of food without a glass of something nearby (as well as "bite-sizing" to very small portions). And the few times I neglected to take this precaution, like with a dessert, I nearly paid the ultimate price. After a year or two of this recurring difficulty, combined with the other teeth/dental issues I was experiencing, I bit the bullet (not really) and made the necessary dental arrangements which has led to this column. (As for the real pain: the cost of all this work and the meager coverage offered by your typical dental insurance policy covering up to \$1,000/\$1,500 per year, as an example, paying for this volume of repair and replace is something else that's been hard to swallow.)

It's been nearly a month now – and two payments since this dental journey began. I'm not quite home free yet, but I'm a lot closer to the promised land (although medical and dental procedures rarely come with promises) and a return to dental normalcy. Dental normalcy meaning – for me, that I can chew and swallow my food without fear, and without making absolutely sure there's glass of something nearby, just in case the not-unexpected thing happens. In addition, I'll have completed my dental payment plan so even though I may be cash poor, I'll be teeth rich. This dental business will address, finally, a situation I've been anticipating and worrying about for years. Using my cancer diagnosis as an excuse as in, why bother, it was easy to back-burner the dental demands until I looked like hell and had difficulty swallowing my food, so much so that mealtime had become fear time. And the last thing a cancer patient needs is additional fear. Cancer fear is more than enough on its own. Oddly enough, having my dental issues resolved seems to make dealing with my cancer easier in some respects. And easier will come at a time when my cancer issues may once again be rearing its very ugly head. As Rachel Maddow says: "Watch this space."

Kenny Lourie is an Advertising Representative for
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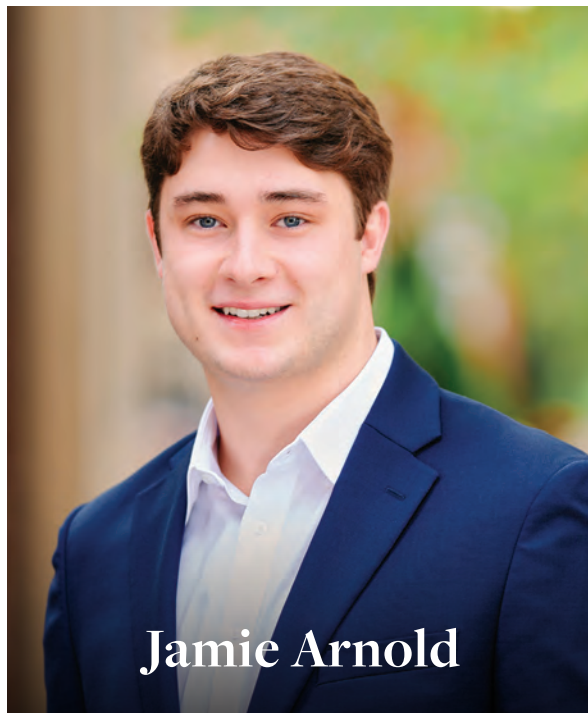


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