



# The **Arlington** Connection

## Caring For History

PAGE 4

Jackie Quigley, leader of the Arlington House chapter of the Daughters of the American Revolution and Larry Danforth, Supervisor of Walker Chapel Cemetery

## Lost or Abandoned? Pets Need Homes

PAGE 8

SENIOR LIVING, PAGE 2 ♦ ENTERTAINMENT, PAGE 5 ♦ CLASSIFIEDS, PAGE 6

PHOTO BY SHIRLEY RUHE/THE CONNECTION



## Public Notice

### Updated weight limits on Virginia bridges and culverts

In accord with state and federal law, the Virginia Department of Transportation (VDOT) has imposed new or changed existing weight restrictions and installed new signage indicating the updated weight restrictions on the following bridges and culverts (structures) in Virginia within the last 30 days.

Jurisdiction	Fed Struc Id	Route #	Route Name	Crossing	Posted Date
GRAYSON	8756	58	HIGHLANDS PKY	HELTON CREEK	9/17/2024
DINWIDDIE	6066	642	CONTINENTAL ROAD	BUTTERWOOD CREEK	9/17/2024
PATRICK	13365	687	MICROFILM ROAD/ ROUTE 687	BLACKBERRY CREEK	9/11/2024
POWHATAN	13836	603	PETERSBURG ROAD	BUTTERWOOD CREEK	9/10/2024

The list above is not a comprehensive list of all structures with weight restrictions in the Commonwealth but shows only structures that have new or changed weight restrictions within the last 30 days. The list contains only basic structure identification and location information and the date the new or changed weight restriction and signage became effective.

For a full listing of all bridge and culvert weight restrictions with detailed information about specific structures, including location data and actual weight limits, visit [vdot.virginia.gov](http://vdot.virginia.gov) and navigate to Traffic and Travel/For freight operators/Truck restrictions. This page references a posted structures report and a GIS map tool that contain detailed information about restricted structures in Virginia. To receive email notifications regarding new or updated weight restrictions for structures statewide, complete the sign-up form on the web page.

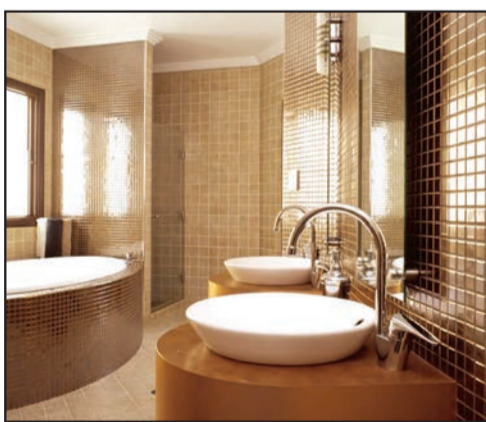
Notices regarding bridges and culverts with new or updated weight restrictions are published monthly by VDOT. For additional information or questions, please contact [haulingpermits@vdot.virginia.gov](mailto:haulingpermits@vdot.virginia.gov) or the Load Rating Program Manager, Manjil Devkota 804-786-4064.

The Virginia Department of Transportation is committed to ensuring that no person is excluded from participation in, be denied the benefits of, or be subjected to discrimination under any of its programs or activities on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on VDOT's Title VI Program or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Program Specialist at 804-786-2730 or [corina.herrera@vdot.virginia.gov](mailto:corina.herrera@vdot.virginia.gov).

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## SENIOR LIVING

### "Flourishing After 55"

Office of 55+ Programs  
Department of Parks and Recreation  
300 N. Park Dr., Arlington, VA  
22203 703-228-4747

55+ Programs are in person at 55+ Centers unless otherwise noted. A 55+ Pass is required to participate starting at a \$20 annual fee. To join or register, go to [registration.arlingtonva.us](http://registration.arlingtonva.us) or call 703-228-4747.

Total body fitness, vigorous full body workout to improve muscle strength, balance and flexibility, Mondays, 10 a.m. and Fridays, 10:15 a.m., Lubber Run 55+ Center. Cost \$60/15 session punch pass or \$4 drop-in pass. Purchase at Lubber Run front desk.

Full fitness exercise class, complete program combining warm-up, stretching and strength work, Tuesdays and Thursdays, 10 a.m., Lubber Run 55+ Center. Cost \$60/15 session punch pass or \$4 drop-in pass. Purchase at Lubber Run front desk.

Strength training class, Wednesdays and Fridays, 9 a.m., Lubber Run 55+ Center. Class works all major muscle groups. Cost \$60/15 session punch pass or \$4 drop-in pass. Purchase at Lubber Run front desk.

Eight week walking challenge, walk on your own or join weekly evening walks on Wednesdays beginning Sept. 25 through Nov. 13, 5:30 p.m., Arlington Mill 55+ Center. Led by Mary Dallao, Walk Arlington and others. Registration # 911106-19

Piano lounge and sing-along with Valerie Welsh highlighting October's theme: Singing in the Rain, Wednesday, Oct. 16, 4 p.m., Lubber Run 55+ Center. Registration # 911304-16.

Budgeting for the holidays, presented by Virginia Cooperative Extension Master Financial Education Volunteers, Wednesday, Oct. 16, 10 a.m., Arlington Mill 55+ Center. Registration # 911400-06.

Understanding probate with Elder Law Attorney Ed Zetlin, Wednesday, Oct. 16, 11 a.m., virtual. Registration # 911400-07.

Preparing to sell your home, what to expect, review the selling process, discuss valuable tips, Wednesday, Oct. 16, 1 p.m., Aurora Hills 55+ Center. Registration # 911404-06.

Opera appreciation group will discuss and hear musical selections from "I Puritani" by Italian opera composer Vincenzo Bellini, Wednesday, Oct. 16, 1:30 p.m., Lubber Run 55+ Center. Professional commentary by George Cecchetti. Registration # 911300-02.

Secret lives of famous fakers, biographies of well-known forgers and how they were caught, Thursday, Oct. 17, 9 a.m., virtual. Presented by Community Arts Programmer Jennifer Droblyen. Registration # 911302-14.

A fun and not so spooky seasonal cooking demonstration celebrating Halloween by Virginia

Cooperative Extension Master Food Volunteers, Thursday, Oct. 17, 11 a.m., Langston-Brown 55+ Center. Registration # 911501-04.

National Black Poetry Day program, learn about its history and why Black history resonates in Arlington, Thursday, Oct 17, 7 p.m., Walter Reed 55+ Center. Registration # 911400-17.

Hawks in Arlington and other birds of prey and how they survive in an urban habitat, Thursday, Oct. 17, 5 p.m., Langston-Brown. Presented by Bobby Farley, park naturalist from Long Branch Nature Center. Weather permitting group will enjoy a nature walk. Registration # 911400-43.

Retirement is more than numbers, explore preparedness, new identity, expectations, health issues and more, Thursday, Oct. 17, 6 p.m., Lubber Run 55+ Center. Sallie Wiley, experienced trainer and career counselor. Registration # 911404-07.

Explore mixed media art with Community Arts Programmer Jennifer Droblyen, Friday, Oct. 18, 1 p.m., Aurora Hills 55+ Center. Interactive session, no prior experience required; materials provided. Registration # 911303-06.

Trunk or Treat event at Lubber Run Community Center, Saturday, Oct. 19, 2 - 5 p.m. Members of the community decorate their vehicle trunk and hand out candy. Open to kids, parents, grandparents. Apply for a space by contacting Sidney Reid at [sreid@arlingtonva.us](mailto:sreid@arlingtonva.us).

55+ Travel group will be off to the Eastern Market, D.C., Saturday, Oct. 19. Cost \$11, Arlington resident; \$13, non-resident. Registration # 902410-09.

The origins of French Impressionism, presented by art educator Joan Hart will focus on Edgar Degas and Mary Cassatt, Monday, Oct. 21, 1 p.m., virtual, registration # 911302-12.

Step-by-step painting demonstration with community arts programmers, Monday, Oct. 21, 10:30 a.m., virtual. Registration # 911303-12.

55+ Travel to visit Maryland Live Casino and the Arundel Mill Outlets adjacent to the Casino, Tuesday, Oct. 22. Cost \$13, Arlington resident; \$15, non-resident. Registration # 902410-10.

Movie matinee, "Selena:" (1997) (PG), Tuesday, Oct. 22, 1 p.m., Lubber Run 55+ Center. Registration #911804-02.

It takes a village, Wendy Zenker, executive director of Arlington Neighborhood Village will describe the village concept and ways to get involved, Tuesday, Oct. 22, 11:30 a.m., Lubber Run 55+ Center, registration # 911400-01 or virtual, registration # 911400-02.

Haiku, learn the basics of this form of Japanese poetry with award-winning haiku poet and publisher, Rick Black, Tuesday, Oct. 22, 12

SEE FLOURISHING, PAGE 7  
[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

## Calling All Birds: Culpepper Garden Is for You

BY SHIRLEY RUHE  
ARLINGTON CONNECTION

A small group is gathered around the Migratory Bird Habitat at Culpepper Garden on a recent sunny Friday afternoon for the dedication of the new project. This garden was made possible from a grant awarded by Keep Virginia Beautiful to create a bird habitat.

Marta Hill Gray, Executive Director of the Arlington Retirement Housing Corporation (ARHC) that operates Culpepper Garden says, "This was the vision of one of our residents, Kit Britton who unfortunately died recently before he could see the completion of his dream. His vision was to attract birds."

Jasmine Witcher, V.P. for Development at Culpepper, says Balfour Beatty Gilbane Company was looking for a service project, "And it was perfect timing for us." She says, They came 6 weeks ago, during the rain of course, and volunteered their services all day building the water project."

Paul Timpane, Director of Property Operations at Culpepper, donated the rocks for the water garden from his residence. Timpane comments, "This made my wife happy because she had been on me to get rid of them for a long time."

The rock garden is surrounded by native plants that they are hoping will attract new birds to add to the cardinals, sparrows and bluejays that currently frequent the grounds.

Dee Bivens, a Culpepper resident since 2011, is the go-to person for advice on plants and shrubs around the property and helped choose which plants to put along the rock garden. She says she grew up in the Midwest, and one of the reasons she chose Culpepper was because of the beautiful grounds that make it a pleasure to be outside.

Sherwood Wile, another Culpepper resident, is the local bird (and squirrel) expert. He is hoping to attract some migrating warblers in the spring as well as some chickadees and other local birds. He is holding a purple bird notebook that has been given to every resident for recording the birds they see around the property. Witcher says they plan to have resident walks around the property to record the birds they see and then an event where the residents get together and share what they have found.

The Migratory Bird Garden is just one more addition to the restoration of the grounds which has



Marta Hill Gray, Executive Director of Arlington Retirement Housing Corporation (ARHC) that operates Culpepper Garden, welcomes the group to the dedication of a new Migratory Bird Habitat.



This sign commemorates Kit Britton who had the vision for the new bird garden but died before its completion.

PHOTOS BY SHIRLEY RUHE/THE CONNECTION



Sherwood Wile serves as the local bird expert at Culpepper Garden.



A group gathers at the commemoration of the Culpepper bird garden Friday, October 11.

been a dream of Marta Hill Gray since she became the Director in 2020. The garden path has been planted with hundreds of daffodils that turn the grounds into a yellow wonderland each spring

with new bulbs added each year. A First Responders Garden has been planted near the front of the building and is used to focus on the Arlington first responders in a special ceremony every year. The

path around the buildings has a number of spots to stop and read, eat a snack at a picnic table with visiting relatives, sit on a bench and enjoy the wildlife.

Culpepper Garden is an award

winning non-profit senior living residence for low and moderate income residents. It has 273 independent and 73 assisted living apartments and a waiting list of well over a year.

# DAR Service Project Preserves Stories for History

BY SHIRLEY RUHE  
ARLINGTON CONNECTION

**J**ackie Quigley, chapter leader of the Arlington House chapter of the Daughters of the American Revolution, sprays distilled water on a gravestone at the Walker Chapel Historic Cemetery and carefully scrubs off the lichen with a soft brush.

“Oct. 11 is the anniversary of the founding of the DAR in 1890 so all of the chapters have a service project. So our chapter chose cleaning gravestones at the historic Walker Chapel Cemetery.” DAR is a lineage-based non-profit service organization for women who are directly descended from a patriot of the American Revolutionary War.

Larry Danforth, supervisor of the Cemetery and a trustee at Walker Chapel United Methodist Church where the graveyard is located, has pointed out some gravestones to get the DAR members started. Danforth says there are 630 burials with 1100 gravesites at the Walker Chapel Cemetery. “You have to be a member of the church. But my goal for the last 7 years is to open the Cemetery to the public, and now we have 330 niches in our new columbarium and these are open to the public. The area will be dedicated on Nov. 3.”

Quigley continues, “This is a pretty interesting project. DAR is big into education, patriotism and historical preservation.” She points to a clean gravestone nearby. “Shipman is mostly done — it makes a big difference.”

Some of the gravestones are very old and get covered with lichen and eroded by pollution. Quigley explains, in addition, people used to do wax rubbings of the stones which was damaging.

Marianne Okal says her gravestone for Sarah Virginia Elliott is shaping up after working on it for nearly an hour. “And if we are able to clean it off, the descendants could actually read it.” She has put her finger carefully in the curve of the number etched into the stone to determine Sarah died in 1923, not 1928. After all that careful work, “My water bottle is completely used up. I’ll have to go refill.” She walks around to the back of the obelisk. “This design up here looks like it might be flowers. This is

a lovely obelisk.” She estimates it will probably take another hour to finish it off.

Quigley says the Day of Service is really important to the DAR. “Service is at the foundation of the DAR.” Quigley says the chapter does a lot of community projects including weeding at Arlington House and working on literacy with RAFF.

Members also recently participated in a naturalization ceremony for 16 new citizens at the Alexandria Courthouse. In addition, the chapter gives out annual medals to the best history student identified by the teachers at Williamsburg Middle School and Arlington Traditional. “They’re kind of a nice medal, too,” Quigley adds.

Nearby Sharla Rausch, DAR chapter reporting secretary, is working on James E. Cornwell who was born in 1859 and died in 1923. Next to him is Sarah Cornwell born in 1860 and died in 1948. Beside them is a granddaughter who was born in 1964 and died a month later in June. Down the row is a whole line of other members of the Cornwell family. Rausch says the cemetery is intermingled with plots of families who married each other.

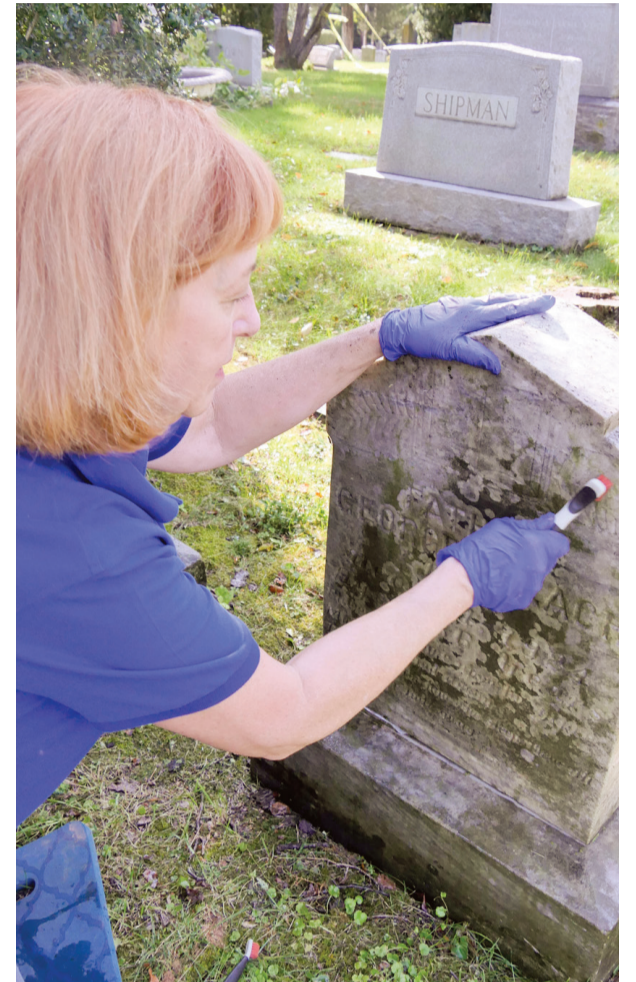
Rausch likes to speculate on the lives of the people in the cemetery. “We don’t want anyone’s story to be lost.” She points to another stone. “This one is making me curious. He was 33 years old and died in 1917.

I wonder if it was the influenza. I have to see if they have records.” Rausch says that some cemeteries have been well documented digitally but others haven’t made a record and when the stones have eroded, the information will be lost.

Quigley says their DAR chapter meets on the second Saturday of the month at the Northeastern University in Rosslyn. “I haven’t seen a better view of Arlington. Our current chapter has 84 members and we are always looking for people. We are always willing to help people look for documentation if they think they have a revolutionary connection.” Quigley says her ancestor is Simion Howard who was from Connecticut. “We have a chapter member we think was in the same community and they fought together. That is pretty neat.”



Jackie Quigley, leader of the Arlington House chapter of the Daughters of the American Revolution and Larry Danforth, Supervisor of Walker Chapel Cemetery.



Jackie Quigley carefully sprays a tombstone with distilled water and cleans with a soft brush at the DAR service day Oct. 13.



Shala Ravsth works carefully to preserve the story behind the life buried here at Walker Chapel.



Marianne Okal has spent an hour on the obelisk of Sarah Virginia Elliott (wife) who died in 1923.

# ENTERTAINMENT

## CENTERS FOR OPPORTUNITY ARLINGTON

The Centers for Opportunity Arlington is a safe, stigma-free place to spend time for those recovering from homelessness, substance use, and mental illness. It has a donation closet that needs adult clothing and shoes. Some participants at the Center are looking for jobs and need the proper attire. Located at 3219 Columbia Pike, Suite 101, Arlington. Contact Greg, Program Coordinator at 703-567-1346.

## VOLUNTEER FOR ARLINGTON'S COMMUNITY AMBASSADOR PROGRAM!

Arlington Neighborhood Village (ANV), in partnership with Arlington County and Marymount University, has started the Community Ambassador Program (CAP). CAP is a volunteer fueled system that identifies "Ambassadors" connected with civic associations, faith communities, senior centers, apartment buildings, etc. These individuals will be trained to be a reliable source of information about the many opportunities available to older adults in Arlington.

Ambassadors will spread the word about programs and support services, opportunities for social and civic engagement, and educational and enrichment activities for older adults in their own neighborhoods. They are actively recruiting ambassadors to act as a bridge between their community and the Arlington safety net, providing information and soliciting feedback to improve offerings that help older adults remain safe, independent, engaged, and connected to their community.

Contact [cap@anvarlington.org](mailto:cap@anvarlington.org) if this is something you are interested in or want to learn more. Let's work together to create a supported and connected community for all ages! Receive Support Services Are you a senior in Arlington? Do you need support services but don't know where to look? Are you looking for fun and enriching activities in Arlington? Email or call 703-509-8057 and they will connect you with an Ambassador!

## THURSDAYS THRU NOV. 21

**Ballston Farmers Market, Thursdays from 3-7 p.m.** At Welburn Square, near Ballston Metro, Arlington. More than 20 vendors in Ballston – both fan-favorites and newcomers. This year also sees the return of the Mega Markets – sponsored this season by VIDA Fitness. Mega Markets feature the addition of live music from local musicians and a Beer and Wine Garden.

## SEPT. 28 TO JAN. 26, 2025

**Assembly 2024: Horizon Scanning Exhibit.** At the Museum of Contemporary Art, Arlington. With Art After Hours, the opening celebration is Saturday, Oct. 5 from 4 p.m.-8 p.m. The exhibition is organized by MoCA Arlington Curator of Exhibitions Blair Murphy and guest curator Jared Packard. Launched in 2019, Assembly highlights current material and conceptual trends among contemporary artists. Since 2022, the exhibition has had a national focus, showcasing work by some of the country's rising stars and giving them a platform on the doorstep of the nation's capital.

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ARLINGTON  
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OCTOBER 14-21

ARLINGTON CHAMBER OF COMMERCE

Arlington Restaurant Week will take place Oct. 14-21, 2024 at participating restaurants in Arlington.

**Assembly 2024: Horizon Scanning** opens on the eve of the presidential election, four miles from the center of Washington, DC. In this time of multiple, overlapping, and seemingly perpetual crises, and with that proximity in mind, the exhibition brings together artists whose work can help us grapple with our tumultuous present by offering strategies to navigate and reimagine the future.

## FALL HORTICULTURE TOURS AT ARLINGTON NATIONAL CEMETERY

**Friday, Oct. 18, 9-11 a.m. – Memorial Arboretum Fall Color Tour**  
**Friday, Oct. 25, 9-11 a.m. – Plant Health Care Tour**

**Friday, Nov. 1, 10 a.m.-12 p.m. – Memorial Arboretum Shrub and Perennial Tour**

Visit <https://www.arlingtoncemetery.mil/Media/News/Post/13751/Fall-Horticulture-Tours> to learn more about each session.

## OCT. 14-21

**Arlington Restaurant Week.** Starting Monday, October 14, gather your family and friends to get a taste of some of the best food the area has to offer at special prices. Sponsored by the Arlington Chamber of Commerce, this week-long event features more than 60 restaurants, giving diners a chance to explore Arlington's diverse restaurant scene and discover new dining favorites. Visit the Arlington Chamber's website at [www.arlingtonchamber.org](http://www.arlingtonchamber.org) to view the exclusive specials and plan your week-long culinary journey.

## FRIDAY/OCT. 18

**Putting Your Garden to Bed.** 10-11:30 a.m. Online. It may be autumn, but it's not time to abandon the garden! This class offers easy tips for onsite composting, providing winter habitat and food for wildlife, and end-of-season care of tools and equipment. Did you know that fall is the ideal time to plant trees, shrubs, and perennials? They'll help you identify opportunities to learn from this year's successes and failures (we all have them) to lay the groundwork for next year. Speakers are Extension Master Gardeners (EMGs) Joan McIntyre, who leads the VCE-MGNV Neighborhood Champions program that offers gardening expertise to neighborhoods, and Molly Newling, who excels at teaching the fine points of pruning. Free. RSVP at <https://mgnv.org/rsvp-for-public-education-classes/> to receive a link to participate.

## OCT. 19-20

**NOVA Treasure Hunt.** This year's ride will start and end at the Arlington Mill Community Center Plaza (on Columbia Pike). You can choose to roll out on Saturday or Sunday of the event weekend. Registration will open at 10:00 a.m. and close at 5:30 p.m. both days, and you can get started on your adventure anytime between 10:00 a.m. and 3:00 p.m. NOVA Treasure Hunt will help you see our community with new eyes. Riders will use the new choose-your-own-adventure scavenger hunt game to navigate to fun hidden gems and delicious restaurants in NOVA. You'll learn the history behind each stop you choose to visit—and, if the location is also a restaurant, you'll sample a delicious treat. Interested in sponsoring this event? Reach out to Henry Dunbar at [henry@phoenixbikes.org](mailto:henry@phoenixbikes.org).

## MONDAY/OCT. 21

**"Empowering Voices: A Student-Led Diversity, Equity, and Inclusion Professional Development Workshop,"** with Monica Lozano Caldera, MA, DEI Coordinator, Arlington Career Center, Arlington Public Schools and Marlene Reyes, Senior, Arlington Tech/Arlington Career Center, DEI Student Leader and Recipient of The Princeton Prize in Race Relations 2024. From 7:00 – 8:30 p.m. at Lubber Run Community Center, 300 N. Park Drive, Arlington. Presented by Arlington AAUW.

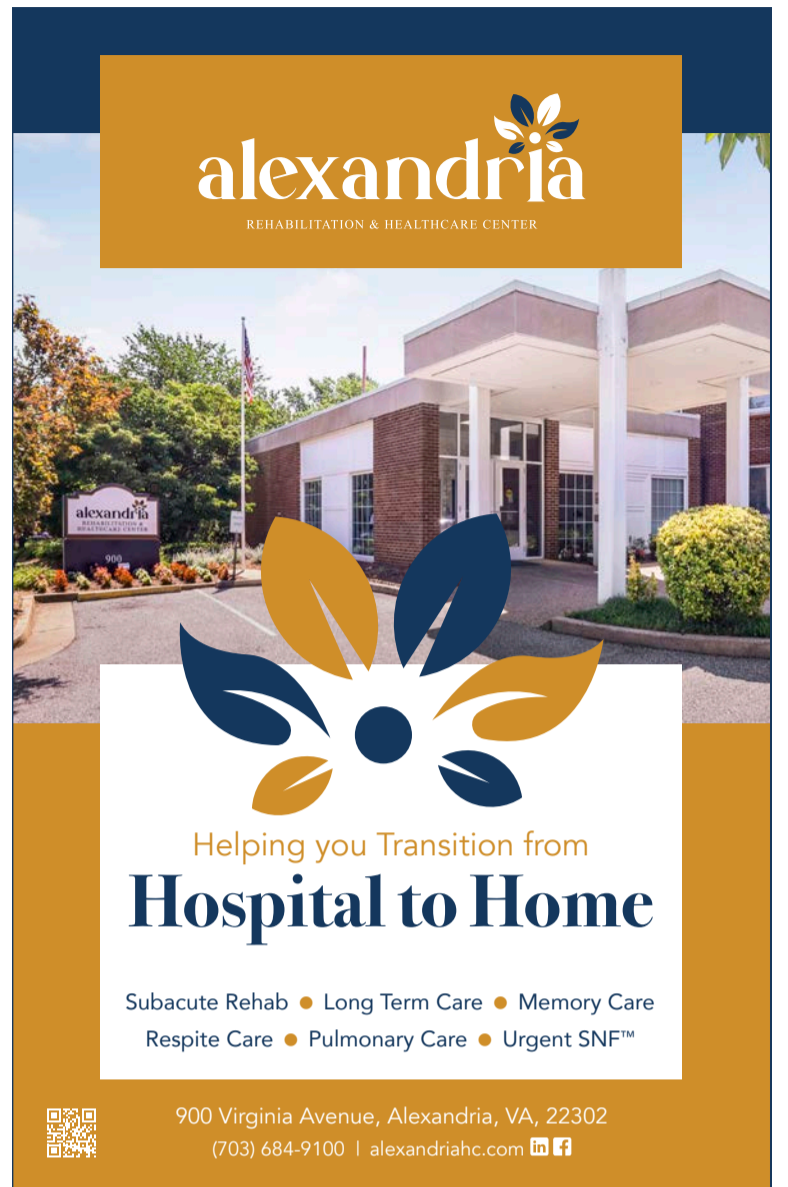
## THURSDAY/OCT. 24

**Crime Fiction Authors.** 6 p.m. At Busboys & Poets, 4251 Campbell Ave., in Shirlington, Arlington. Busboys & Poets in Shirlington welcomes three local, crime fiction authors — Edgar Award winner I.S. Berry, 2024 debut K.T. Nguyen, and John Wasowicz, author of the Old Town Loves Mystery series — for a discussion of espionage, suspense, and mystery. The program will be moderated by WETA Classical's Nicole Lacroix.

## FRIDAY/OCT. 25

**Howl-O-Ween.** 4:30-6:30 p.m. At Gateway Park Interim Dog Park, Arlington. Enjoy a Halloween-themed evening of dog-friendly tricks and treats. Check out pet-themed vendors, a beer and wine bar for pet parents, and an opportunity to dress up your furry friend to compete in a dog costume contest! Registration for the contest will be on-site at the Rosslyn BID table, and voting will take

SEE ENTERTAINMENT, PAGE 7




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**Legals**

**ABC LICENSE**  
Billiards Bites & Beverages Llc trading as Billiards Bites & Beverages LLC, 3200 WILSON BLVD, ARLINGTON, Arlington County, Virginia 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Retail Restaurant or Caterer Application - Restaurant, Wine, Beer, Mixed Beverages, Consumed On and Off Premises license to sell or manufacture alcoholic beverages. Sayed Kamal Ahmadzoy, owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or (800) 552-3200.

**Legals**

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ARLINGTON SOCIAL LLC, trading as RECESS, 2424 Wilson Blvd., Suite C, Arlington, VA, 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Retail Restaurant or Caterer, Restaurant, Wine, Beer, Mixed Beverages, Consumed On and Off Premises. Gary Ouellette, Owner NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**Legals**

**ABC LICENSE**  
Top Pot Arlington Inc. trading as Top Pot, 671 N Glebe Rd. #1275 Arlington, VA 22203. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Zong Chen & Jialu Liu, owner/The Veritas Law Firm. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**CALENDAR**

			1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	31		

**Let us know about an upcoming event**  
connectionnewspapers.com/Calendar

**Employment**

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# ENTERTAINMENT

FROM PAGE 5

place on social media, with a winner announced on Halloween (Thursday, Oct. 31).

## SATURDAY/OCT. 26

### Wine tasting at Osteria da Nino.

1-3 p.m. At Osteria da Nino, 2900 S. Quincy Street, Arlington. The Board of Lady Managers of Inova Alexandria Hospital and the restaurant Osteria da Nino will offer an Italian Wine Tasting. Admission is \$50 and includes wine tasting and hors d'oeuvres. Bottles of wine may be purchased onsite at special rates. There is ample free parking. Proceeds will benefit the hospital's Trauma Center. For info or reservations, go to <http://www.boardoflady-managers.org/donations/>.

## SATURDAY/OCT. 26

### Routes of Resilience Walk: From Enslavement to Freedom

**Along The Pike.** Join The Black Heritage Museum of Arlington, The Arlington Historical Society, and WalkArlington at 2 p.m. on Saturday, October 26, for a walk in the footsteps of 19th century free and enslaved Black people who lived along Columbia Pike. Learn about their lives, their struggles, and their great resilience, courage, and strength in the face of adversity. The 1.5-mile route also offers a preview of several sites that will be dedicated with bronze markers later this fall, as part of Arlington's Memorializing the Enslaved project. The Walk is free with RSVP. For details and to register, visit [www.walkarlington.com/events](http://www.walkarlington.com/events).

## SATURDAY/OCT. 26

**Spaghetti Dinner.** Seatings at 5 p.m. and 7 p.m. At Lyon Village Community House, Arlington.

## "FLOURISHING AFTER 55"

FROM PAGE 2

p.m., Lubber Run 55+ Center. Registration # 911300-10.

Name that Tune, songs from the 50s and 60s, live on the piano with Ken Schellenberg, Wednesday, Oct. 23, 11 a.m., Lubber Run 55+ Center. Registration # 911304-18.

HIV/AIDS in 2024, hear about substantive



Fall Horticulture Tours take place at Arlington National Cemetery.

This annual tradition brings members of the community together for a fun evening of food, friends, and fundraising. Proceeds from the event go towards the upkeep and maintenance of the LVCH, which required costly repairs to its iconic cupola earlier this year.

## SATURDAY/OCT. 26

**Lesson Zero Performs.** 8-11 p.m. At The Mussel Bar, 800 Glebe Rd., Arlington. Admission is free and parking is available. For more information see [www.youtube.com/lessonzero](http://www.youtube.com/lessonzero) and [www.reverbNation.com/lessonzero](http://www.reverbNation.com/lessonzero).

## WEDNESDAY/OCT. 30

**Open Hearts, Open Doors.** 5:30-8 p.m. At NRECA, 4301 Wilson Blvd., Arlington. An evening of

delicious eats, drinks, and great company – all to benefit Doorways. Help create pathways out of homelessness, domestic violence, and sexual assault. Give the gift of safe harbor, healing, and hope today. Contact Jan-Michael Sacharko, Director of Development, at 703-504-9291 or [jsacharko@doorwaysva.org](mailto:jsacharko@doorwaysva.org).

## SATURDAY/NOV. 9

**Comedy Karaoke Trivia Funtime Show.** 7:30 p.m. At Highline RxR, 2010 Crystal Drive, Arlington. Bring a team or fly solo and win prizes by dropping knowledge in a trivia competition, then duking it out in a karaoke battle. Hosted by Christian Hunt, this amazing experience features comedy from the DC area's finest comics. The headliner for November's show is the

hilarious Phil Mike!

## SATURDAY/NOV. 9

**The National Chamber Presents Hungarian Masterpieces.** 7:30 p.m. At Gunston Arts Center's Theater One, 2700 South Lang Street, Arlington. The National Chamber Ensemble (NCE) opens its 2024-2025 season with Hungarian Musical Masterpieces. This program marks the company's 18th year of live performances under the season theme of "Classical to Classics: 300 years of Memorable Music." This musical journey features works by Bela Bartok, Franz Liszt, Josef Haydn and Johannes Brahms and more performed by Ensemble members Leonid Sushansky (violin), Steven Honigberg (cello), and Carlos Cesar Rodríguez (piano).

Arlington musicians Phil Rosen and Ed Girovati, Wednesday, Oct. 23, 2 p.m., Langston-Brown 55+ Center. Registration # 911301-05.

Panama is fourth in a series about the history culture and travel destinations of Central and North American Spanish speaking countries, Thursday, Oct. 24, 1 p.m., virtual. Presented by Ashley Gomez, Lubber Run 55+ Center Director. Registration # 911400-32.

progress, scientific advancements and current challenges, Wednesday, Oct. 23, 10 a.m., Arlington Mill 55+ Center. Presented by Taj Morgan. Registration # 911400-48.

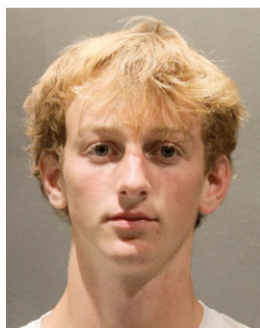
Local history group will discuss Arlington's rich past, Wednesday, Oct. 23, 1:30 p.m. Lubber Run 55+ Center. Registration # 911402-08.

Acoustic afternoon, live music performed by

## Arrest in Fatal Vehicle Crash in Tara-Leeway Heights

Arlington County Police made an arrest in a fatal vehicle crash that occurred during the early morning hours of Oct. 12, 2024. Brooks Bare, 18, of Arlington, Va. has been charged with DUI/Involuntary Manslaughter and Breath/Blood Test Refusal. He is being held without bond in the Arlington County Detention Facility.

At approximately 1:58 a.m., police and fire personnel were dispatched to the 2200 block of N. Harrison Street for



Brooks Bare

the report of a single vehicle crash. Upon arrival, medics immediately began rendering aid to a passenger suffering from life-threatening injuries and transported him to an area hospital where he was subsequently pronounced dead. He has been identified as Nicholas Rados, 19, of Arlington.

The preliminary investigation indicates the driver of the vehicle was traveling northbound on N. Harrison Street when he struck several parked, unoccupied vehicles on the side of the roadway, resulting in his vehicle

overturning. As a result of the on-scene investigation, alcohol is believed to be a factor in the crash.

The vehicle had a total of five occupants, the driver and four passengers. One passenger was transported to an area hospital with minor injuries and has been discharged. Medics evaluated the other two passengers and the driver on scene.

Anyone with information related to this incident is asked to contact Detective D. Gilmore at [dgilmore@arlingtonva.us](mailto:dgilmore@arlingtonva.us) or 703-228-4049. Information may also be reported anonymously through the Arlington County Crime Solvers hotline at 1-866-411-TIPS (8477).

## Not Having My Cake



By KENNETH B. LOURIE

It's been approximately two weeks since my last Entenmann's "Marshmallow Devils Food Iced Cake" purchase. And it's been not quite two weeks since my last bite finished the box. And believe it or not, I am able to still think clearly about my dessert options. Meaning, I think I need a break from my recent cake routine. As for this item no longer being purchased at the local Safeway, and Safeway no longer reordering them for me-ish - since I'm the one buying them, I feel I've satiated that urge and need to revisit some of my other standard dessert fare: Mallomars at the Safeway, Whoopie Pies from the Dutch Country Market and some heavily frosted cupcakes from anywhere. As they say in volleyball: it may be time to rotate. This is where my sister-in-law Vanessa usually chimes in as she has many times in the past to my brother Richard (her late husband) and me: "Boy, your mother did some job on the two of you." And we would all laugh because it's mostly true.

Be it "half-moons" from Feldman's Bakery in Newton Centre, Ma. or pastry from Eagerman's Bakery on Rte. 9 in Natick, or any variety of snack cakes and cookies from our neighborhood "Oak Hill Market," or the "Stop & Shop" supermarket, our mother, may her memory be a blessing, loaded Richard and I up on dessert morning, noon, mid-afternoon, evening and nighttime before bed. Richard and I were literally, having our cake and eating it too, maybe too much, but who knew? But as we have learned about our late mother, she was simply following advertising orders from television that said children needed to drink eight glasses of milk per day to help build strong bones and muscles. And since getting us to drink milk by itself was a challenge, she realized that drinking it with a dessert was not. Being Jewish, though not being kosher, still we never had milk with a meal, it had to be after, as in dessert. And so, it became the story of my life: Dessert, milk; dessert, milk; dessert, milk, and on and on and on.

Not that Richard or I ever resisted. But I think we might have been somewhat indoctrinated by mother's commitment to getting us to consume calcium/milk to help strengthen our bones growing up. You could say that getting her children to drink milk was a win-win: My mother got her two sons to drink upwards of eight glasses of milk per day - helping to build those strong bones; and for us two boys, we were eating sweets all the time, which naturally we'd do so with a glass of milk - or two.

Unfortunately for my wife Dina, and Vanessa (my late brother's widow), Richard and I never outgrew our milk and dessert habits. Dessert was always top of mind. Although, our respective dessert preferences diverged a bit when we grew up. I was still drawn to commercially baked products: Hostess, Drakes, Nabisco, Keebler's, Entenmann's, et cetera. Richard was more inclined to shop at bakeries on the street or in-store and buy fewer brand items than I did and more pastry. Though our dessert upbringing was the same, our adult choices were different. Nevertheless, we rarely strayed from our respective lanes. Whenever we did, however, it wasn't a hardship. I would say that between the two of us, we had the entire dessert inventory covered.

Now I'm on my own. Still focused on commercial products. But right now, after weeks of Entenmann's "Marshmallow Devils Food Iced Cake," I dare say, I need a change. Perhaps, in Richard's memory, I should go to a bakery.

*Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.*

# Lost, Abandoned Pets on the Rise

PHOTOS CONTRIBUTED

BY ASHLEY SIMPSON  
ARLINGTON CONNECTION

**A**nimal shelters across the country have recently been hit hard with lost and abandoned pets that never get reclaimed by their owners. These waves of displaced animals aren't slowing down.

Every year since 2020, the Animal Welfare League of Arlington (AWLA) has brought an increasing number of domestic animals — namely dogs — into its care. In 2024 already, the AWLA has taken in nearly 400 stray pets, and has to date only reunited 37 of them with their families.

"This is a nationwide issue right now," Chelsea Jones, Senior Communication Specialist for the AWLA, said. "Shelters across the country are taking in more abandoned and stray animals than they usually do. Our animal control of-

**"Our animal control officers find them in the field, some are turned in by people to our offices, and we've even had them tied to the side of the building."**

ficers find them in the field, some are turned in by people to our offices, and we've even had them tied to the side of the building."

A box of kittens might sound cute, but not when the kittens are being abandoned, like one box found at AWLA.

While the AWLA has always dealt with abandoned pets to some degree, the breed type of both dogs and cats that they encounter in their abandoned and strayed population has changed.

"We are taking in more purebred dogs like Corgis and doodles," Jones explained. "We did not typically see that in the past. Typically, purebred dogs or cats would be reclaimed in a day. We have been noticing that decreasing."

Shelter professionals attribute this uptick in displaced animals — the mixed breeds and purebreds alike — in part to the economic landscape of the last two years.

"The cost of living for everything, including for pet care, has gone up in the last couple of years," Jones said. "Some people have to now make a choice between food for their families and pet food. Veterinary care has also

gotten more expensive."

Related to the rising costs of veterinary care, the AWLA has found more lost animals to be intact (not neutered) — and without microchips — in the last couple years.

"The vast majority of strays that come in are not spayed or neutered, so they are more likely to roam and get lost," Jones said. "Then more people are not coming in to reclaim their animals. The reunions are just not happening as regularly as they used to."

If you have an animal that you are no longer able to take care of, the AWLA urges you to officially surrender your animal to their care. There is no surrender fee, and the AWLA team can initiate adoption processes for surrendered animals more quickly than they can if a pet comes in as abandoned or stray.

"When we don't know who the owner is, we by state law have to

wait six to ten days before we start the process of spay/neuter, which is the first step toward getting animals into new homes," Jones said. "However, if we are in touch with the pet's existing owners, we can

get them ready sooner. There is the misconception among people that they have to pay money to surrender their pet — or that they will get treated unfairly. We try to get people to understand that we are here to help if you can't keep your pet. We are never judgmental."

If you are unsure of whether or not you have the means to care for your animal, you can also reach out to the AWLA for support.

"When there are financial issues, we can support them," Jones said. "We are aware that, especially in our area, even spay and neutering is expensive. We can help; we want pets to be at home with families and we realize families take different shapes and are in different needs at different times."

For people who find a stray animal, best practices are to take basic actions to find the owners before bringing the pet in question to a shelter, which can be a chaotic, stressful environment for pets who are used to being in a home.

"We understand that people can't always do it, but we ask people to do due diligence," Jones said. "Knock on doors in the community where the animal is found,



This poor dog was found by an AWLA animal control officer.



This dog was left outside at the Animal Welfare League of Arlington with his bed and other items.



A box of kittens, abandoned at the facility.

and post on social media or Nextdoor if you can keep the animal in your care while you wait for responses. Most of the time, animals don't travel very far. We see stories of people reuniting with their pets after ten years, but that is few and far between. Of course, if an animal is in distress or exhibiting aggressive behavior, give us a

call. But for friendly strays, more often than not, doing some digging around the community works. More often than not, you will find the owner quickly."

As for stray cats, Jones said that the public should know to leave them be — that they usually make their way home on their own in due time.

The AWLA exists to empower everyone in Arlington to better take care of animals both in homes and those who have lost their way.

Contact the AWLA if you have any questions, whether it's about an animal you found in a concerning place or about one you have concerns about keeping at home. If shelters are made aware of an animal issue before the animal arrives at their facilities, they can more efficiently determine the best course of action.

To learn more, visit <https://www.awla.org/>.

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